

# Triathlon Participant List



| Race        | Category      | Bib No. | First Name | Last Name         | Wave       | Team Name | Club Name                            |
|-------------|---------------|---------|------------|-------------------|------------|-----------|--------------------------------------|
| <b>Kids</b> | <b>F08-09</b> |         |            |                   |            |           |                                      |
| Kids        | F08-09        | 1299    | Anna       | Mcnamara          | 26 / 11:30 |           | Dover Court International School     |
| Kids        | F08-09        | 1302    | Annie      | Newmarch          | 26 / 11:30 |           | Tanglin Trust School                 |
| Kids        | F08-09        | 1294    | Bella      | Timms             | 26 / 11:30 |           | Dulwich College Singapore            |
| Kids        | F08-09        | 1304    | Calia      | Rice              | 26 / 11:30 |           | Dover Court International School     |
| Kids        | F08-09        | 1297    | Charlotte  | Ruhs              | 26 / 11:30 |           |                                      |
| Kids        | F08-09        | 1301    | Jisha      | Jain              | 26 / 11:30 |           | Singapore American School            |
| Kids        | F08-09        | 1293    | Kaiani     | Su                | 26 / 11:30 |           |                                      |
| Kids        | F08-09        | 1291    | Maximilian | Schilling         | 26 / 11:30 |           |                                      |
| Kids        | F08-09        | 1298    | Mila       | Barbagallo        | 26 / 11:30 |           | Dulwich College Singapore            |
| Kids        | F08-09        | 1303    | Reina      | Sethi             | 26 / 11:30 |           |                                      |
| Kids        | F08-09        | 1295    | Ryan       | Tan               | 26 / 11:30 |           | Gravity                              |
| Kids        | F08-09        | 1292    | Sara Kate  | Wong              | 26 / 11:30 |           |                                      |
| Kids        | F08-09        | 1296    | Shivani    | Reddy             | 26 / 11:30 |           | Dulwich College Singapore            |
| Kids        | F08-09        | 1300    | Tessa      | Forbes            | 26 / 11:30 |           | UWCSEA Dover                         |
| <b>Kids</b> | <b>F10-11</b> |         |            |                   |            |           |                                      |
| Kids        | F10-11        | 1241    | Akshita    | Sharma            | 24 / 11:10 |           |                                      |
| Kids        | F10-11        | 1236    | Ariel      | Ha                | 24 / 11:10 |           | Paya Lebar Methodist Girls Primary S |
| Kids        | F10-11        | 1245    | Belen      | Cabanel Verrocchi | 24 / 11:10 |           | Lycee Francais de Singapore          |
| Kids        | F10-11        | 1234    | Celeste    | Boers             | 24 / 11:10 |           |                                      |
| Kids        | F10-11        | 1248    | Elise      | Roache            | 24 / 11:10 |           | Dover Court International School     |
| Kids        | F10-11        | 1251    | Fuyubi     | Langendorf        | 24 / 11:10 |           |                                      |
| Kids        | F10-11        | 1242    | Heli       | Meehan            | 24 / 11:10 |           | Singapore American School            |
| Kids        | F10-11        | 1249    | Isla       | Bowman            | 24 / 11:10 |           | Dover Court International School     |

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|-------------|---------------|---------|----------------|---------------|------------|-----------|-------------------------------------|
| Kids        | F10-11        | 1250    | Jasmin         | Roder         | 24 / 11:10 |           | Singapore American School           |
| Kids        | F10-11        | 1239    | Jennifer Maria | Mascrenhas    | 24 / 11:10 |           |                                     |
| Kids        | F10-11        | 1247    | Joselle        | Koh           | 24 / 11:10 |           |                                     |
| Kids        | F10-11        | 1232    | Laureline      | Petitdemange  | 24 / 11:10 |           |                                     |
| Kids        | F10-11        | 1244    | Lile           | Tierney       | 24 / 11:10 |           | Tanglin Trust School                |
| Kids        | F10-11        | 1235    | Lucy           | Butler        | 24 / 11:10 |           |                                     |
| Kids        | F10-11        | 1233    | Miho           | Tanaka        | 24 / 11:10 |           | Dulwich College Singapore           |
| Kids        | F10-11        | 1246    | Nur Isabella   | Schiering     | 24 / 11:10 |           | Fishlike Singapore                  |
| Kids        | F10-11        | 1240    | Pippa          | Hall          | 24 / 11:10 |           |                                     |
| Kids        | F10-11        | 1231    | Savannah       | Orme          | 24 / 11:10 |           | Dulwich College Singapore           |
| Kids        | F10-11        | 1237    | Tanya          | Chainani      | 24 / 11:10 |           | St Joseph Institution International |
| Kids        | F10-11        | 1243    | Zara Ava       | Serrao Araujo | 24 / 11:10 |           | Tanglin Trust School                |
| Kids        | F10-11        | 1238    | Zoe            | Brooks        | 24 / 11:10 |           | Dulwich College Singapore           |
| <b>Kids</b> | <b>M08-09</b> |         |                |               |            |           |                                     |
| Kids        | M08-09        | 1263    | Ali            | Begimkulov    | 25 / 11:20 |           | 360 Gravity Fitness                 |
| Kids        | M08-09        | 1270    | Baptiste       | Le Goff       | 25 / 11:20 |           |                                     |
| Kids        | M08-09        | 1261    | Ben            | Bacon         | 25 / 11:20 |           | MetaSport Club                      |
| Kids        | M08-09        | 1271    | Bilis          | Tang          | 25 / 11:20 |           | Fishlike Singapore                  |
| Kids        | M08-09        | 1269    | Carter         | Wallis        | 25 / 11:20 |           | UWCSEA East                         |
| Kids        | M08-09        | 1262    | Felix          | Lepez         | 25 / 11:20 |           |                                     |
| Kids        | M08-09        | 1275    | Flynn          | Kehoe         | 25 / 11:20 |           |                                     |
| Kids        | M08-09        | 1274    | Henry          | Kehoe         | 25 / 11:20 |           |                                     |
| Kids        | M08-09        | 1266    | Isaac          | Timms         | 25 / 11:20 |           | Dulwich College Singapore           |
| Kids        | M08-09        | 1279    | Jiro           | Katayama      | 25 / 11:20 |           | Gravity                             |

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|-------------|---------------|---------|---------------------|---------------------|------------|-----------|---------------------------|
| Kids        | M08-09        | 1268    | Kaize               | Lin                 | 25 / 11:20 |           | Team Cicada               |
| Kids        | M08-09        | 1276    | Keith               | Chan                | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1278    | Kian                | Daga                | 25 / 11:20 |           | Fishlike swim school      |
| Kids        | M08-09        | 1265    | Mahé                | Douay               | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1277    | Matthew             | Rake                | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1273    | Maximilian          | Gilmour             | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1281    | Nico                | Verlaine            | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1272    | Nirvaan             | Kothari             | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1280    | Sean David Teng Jin | Khoo                | 25 / 11:20 |           | FISHLIKE SINGAPORE        |
| Kids        | M08-09        | 1264    | Victor              | Tomballe            | 25 / 11:20 |           |                           |
| Kids        | M08-09        | 1267    | Yu Bin              | Chun                | 25 / 11:20 |           |                           |
| <b>Kids</b> | <b>M10-11</b> |         |                     |                     |            |           |                           |
| Kids        | M10-11        | 1201    | Alfie               | Nicholson           | 23 / 11:00 |           | Dulwich College Singapore |
| Kids        | M10-11        | 1285    | Antoine             | Trombetta           | 25 / 11:20 |           | Chatsworth                |
| Kids        | M10-11        | 1203    | Archer              | Lim                 | 23 / 11:00 |           | Qifa Primary School       |
| Kids        | M10-11        | 1284    | Arif Liu Zhi Xiang  | Bin Mohamed Shahrul | 25 / 11:20 |           |                           |
| Kids        | M10-11        | 1208    | Atticus             | Bocquet             | 23 / 11:00 |           |                           |
| Kids        | M10-11        | 1219    | Benjamin            | Lester              | 23 / 11:00 |           |                           |
| Kids        | M10-11        | 1287    | Blake               | Allender            | 25 / 11:20 |           |                           |
| Kids        | M10-11        | 1282    | Boqian              | Wang                | 25 / 11:20 |           |                           |
| Kids        | M10-11        | 1215    | Caleb               | Bowman              | 23 / 11:00 |           |                           |
| Kids        | M10-11        | 1216    | Carter              | Kneale              | 23 / 11:00 |           | Dulwich College Singapore |
| Kids        | M10-11        | 1204    | Daiki               | Tomita              | 23 / 11:00 |           |                           |
| Kids        | M10-11        | 1207    | Ezra                | Dowey               | 23 / 11:00 |           |                           |

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|------|----------|---------|------------|--------------|------------|-----------|----------------------------------|
| Kids | M10-11   | 1218    | Finn       | Stokes       | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1220    | Jack       | Mcnamara     | 23 / 11:00 |           | Dover Court International School |
| Kids | M10-11   | 1209    | James      | Hurley       | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1227    | Jasper     | Morgan-Cheng | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1230    | Jean       | Tomballe     | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1288    | Jonas      | Pierobon     | 25 / 11:20 |           |                                  |
| Kids | M10-11   | 1228    | Jun Jie    | Chen         | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1286    | Kai        | Brown        | 25 / 11:20 |           | Matador racing                   |
| Kids | M10-11   | 1202    | Khush      | Kumar        | 23 / 11:00 |           | Fishlike                         |
| Kids | M10-11   | 1205    | Leo        | Crow         | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1225    | Luke       | Hegarty      | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1226    | Manveer    | Dodani       | 23 / 11:00 |           | NPS International                |
| Kids | M10-11   | 1223    | Meet       | Bhanushali   | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1283    | Noah       | Vijverberg   | 25 / 11:20 |           | MetaSport Club                   |
| Kids | M10-11   | 1214    | Pranav     | Bakshi       | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1213    | Raakesh555 | Kanagarajah  | 23 / 11:00 |           | Tri Makkal                       |
| Kids | M10-11   | 1222    | Rafe       | Forbes       | 23 / 11:00 |           | UWCSEA Dover                     |
| Kids | M10-11   | 1217    | Rahul      | O'Dwyer      | 23 / 11:00 |           | Singapore American School        |
| Kids | M10-11   | 1229    | Rufus      | Denton       | 23 / 11:00 |           | Tanglin Trust School             |
| Kids | M10-11   | 1210    | William    | Kim          | 23 / 11:00 |           | UWCSEA East                      |
| Kids | M10-11   | 1212    | William    | Litt         | 23 / 11:00 |           |                                  |
| Kids | M10-11   | 1221    | William    | Clark        | 23 / 11:00 |           | Dover Court International School |
| Kids | M10-11   | 1224    | Zac        | Gladstone    | 23 / 11:00 |           | Dover Court International School |
| Kids | M10-11   | 1206    | Zafeerul   | Ilhan        | 23 / 11:00 |           |                                  |

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|--------------|---------------|---------|---------------|------------|------------|-----------|--------------------------------------|
| Kids         | M10-11        | 1211    | Zubin         | Khanna     | 23 / 11:00 |           |                                      |
| <b>Youth</b> | <b>F12-13</b> |         |               |            |            |           |                                      |
| Youth        | F12-13        | 952     | Amaria        | Peel       | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 965     | Antonia       | Hall       | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 953     | Charlotte     | Bateman    | 18 / 10:10 |           | Australian International School      |
| Youth        | F12-13        | 955     | Janine        | Ha         | 18 / 10:10 |           | Paya Lebar Methodist Girls Primary S |
| Youth        | F12-13        | 956     | Layla         | Dural      | 18 / 10:10 |           | UWCSEA Dover                         |
| Youth        | F12-13        | 959     | Lola          | Barbagallo | 18 / 10:10 |           | Dulwich College Singapore            |
| Youth        | F12-13        | 951     | Louise        | Sauve      | 18 / 10:10 |           | International French School          |
| Youth        | F12-13        | 960     | Luisa         | Palmer     | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 964     | Mia           | Bowman     | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 961     | Mikayla       | Ng         | 18 / 10:10 |           | Singapore Womens Triathlon Club      |
| Youth        | F12-13        | 962     | Ruby          | Brooks     | 18 / 10:10 |           | Dulwich College Singapore            |
| Youth        | F12-13        | 963     | Shloka        | Kartik     | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 957     | Skye          | Dowey      | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 954     | Zhou          | Luye       | 18 / 10:10 |           |                                      |
| Youth        | F12-13        | 958     | Zilin (Freja) | Lu         | 18 / 10:10 |           |                                      |
| <b>Youth</b> | <b>F14-15</b> |         |               |            |            |           |                                      |
| Youth        | F14-15        | 972     | Anelotte      | Espeskog   | 18 / 10:10 |           |                                      |
| Youth        | F14-15        | 971     | Astrid        | Møller     | 18 / 10:10 |           | Dover Court International School     |
| Youth        | F14-15        | 974     | Clara         | Kim        | 18 / 10:10 |           | UWCSEA East                          |
| Youth        | F14-15        | 969     | Eloise        | Kerleroux  | 18 / 10:10 |           | A4 SPORTS                            |
| Youth        | F14-15        | 970     | Flora         | Denton     | 18 / 10:10 |           | Tanglin Trust School                 |
| Youth        | F14-15        | 973     | Georgina      | Harrison   | 18 / 10:10 |           |                                      |

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|--------------|---------------|---------|------------|-------------|------------|-----------|----------------------------------|
| Youth        | F14-15        | 966     | Keira Liu  | Hauske      | 18 / 10:10 |           |                                  |
| Youth        | F14-15        | 967     | Mirthe     | Gaytant     | 18 / 10:10 |           |                                  |
| Youth        | F14-15        | 968     | Ruby       | Barbagallo  | 18 / 10:10 |           | Dulwich College Singapore        |
| <b>Youth</b> | <b>M12-13</b> |         |            |             |            |           |                                  |
| Youth        | M12-13        | 1003    | Asher      | Quah        | 19 / 10:20 |           | Nanyang Primary School           |
| Youth        | M12-13        | 1014    | Aziz       | Begimkulov  | 19 / 10:20 |           | 360 Gravity Fitness              |
| Youth        | M12-13        | 1021    | Benjamin   | Tan         | 19 / 10:20 |           | Atlas Racing                     |
| Youth        | M12-13        | 1001    | Elio       | Bonnet      | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1005    | Emil       | Faehnders   | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1011    | Ethan      | Kwan        | 19 / 10:20 |           | Well Bred Tri                    |
| Youth        | M12-13        | 1008    | Harvey     | Bocquet     | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1002    | Hugo       | Tan         | 19 / 10:20 |           | TeamTime                         |
| Youth        | MXXXXX        | 1050    | Iskandar   | Moollan     | 19 / 10:20 |           | A4 SPORTS                        |
| Youth        | M12-13        | 1024    | Jaiveer    | Somaya      | 19 / 10:20 |           | Dover Court International School |
| Youth        | M12-13        | 1013    | Joseph     | Kastanis    | 19 / 10:20 |           | A4 SPORTS                        |
| Youth        | M12-13        | 1016    | Kaveesh555 | Kanagarajah | 19 / 10:20 |           | Tri Makkal                       |
| Youth        | M12-13        | 1010    | Keiki      | Tanaka      | 19 / 10:20 |           | A4 SPORTS                        |
| Youth        | M12-13        | 1019    | Leehann    | Kim         | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1023    | Liam       | Hu          | 19 / 10:20 |           | Elevate Performance Coaching     |
| Youth        | M12-13        | 1015    | Maxime     | Kerleroux   | 19 / 10:20 |           | A4 SPORTS                        |
| Youth        | M12-13        | 1006    | Reyhan     | Mishra      | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1020    | Rocco      | Rotheram    | 19 / 10:20 |           | Tanglin Trust School             |
| Youth        | M12-13        | 1004    | Ryutaro    | Katayama    | 19 / 10:20 |           | Gravity                          |
| Youth        | M12-13        | 1022    | Samuel     | Gazal       | 19 / 10:20 |           |                                  |

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|--------------|---------------|---------|------------------|----------------|------------|-----------|----------------------------------|
| Youth        | M12-13        | 1017    | Santiago         | Juarez Gil     | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1018    | Soma             | Kaneko         | 19 / 10:20 |           | Nexus International School       |
| Youth        | M12-13        | 1007    | William          | Kim            | 19 / 10:20 |           | UWCSEA East                      |
| Youth        | M12-13        | 1012    | Yannis           | Gomes Da Rosa  | 19 / 10:20 |           |                                  |
| Youth        | M12-13        | 1009    | Zachary          | Wong           | 19 / 10:20 |           |                                  |
| <b>Youth</b> | <b>M14-15</b> |         |                  |                |            |           |                                  |
| Youth        | M14-15        | 910     | Aarya            | Mishra         | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 920     | Albert           | Bullworthy     | 17 / 10:00 |           | Dover Court International School |
| Youth        | M14-15        | 907     | Alexander        | Novikov        | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 917     | Christian        | Catlin         | 17 / 10:00 |           | TriRacing                        |
| Youth        | M14-15        | 927     | David            | Goh            | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 924     | Dharmik555       | Kanagarajah    | 17 / 10:00 |           | Tri Makkal                       |
| Youth        | M14-15        | 928     | Dheeraj          | Prakash        | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 925     | Dhilan           | Kundamal       | 17 / 10:00 |           | Gravity                          |
| Youth        | M14-15        | 901     | Edan             | Hiew           | 17 / 10:00 |           | Tribal Triathlon Singapore       |
| Youth        | M14-15        | 912     | Ethan            | Chan           | 17 / 10:00 |           | Elevate Performance Coaching     |
| Youth        | M14-15        | 915     | Ethan, Yik Chong | Tan            | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 908     | George           | Brennan        | 17 / 10:00 |           | Dover Court International School |
| Youth        | M14-15        | 921     | Hongyu           | Xu             | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 926     | Krit             | Chaipatamanont | 17 / 10:00 |           | Tribal Triathlon Singapore       |
| Youth        | M14-15        | 918     | Kyan             | Low            | 17 / 10:00 |           | Atlas Racing                     |
| Youth        | M14-15        | 909     | Lucas            | Araujo         | 17 / 10:00 |           |                                  |
| Youth        | M14-15        | 929     | Lucas            | Bateman        | 17 / 10:00 |           | Australian International School  |
| Youth        | M14-15        | 922     | Martin           | Lepez          | 17 / 10:00 |           |                                  |

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|------------------|---------------|---------|-------------------------|----------------|------------|-----------|-------------------------------------|
| Youth            | M14-15        | 911     | Max                     | Carlbom        | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 905     | Mike                    | Lee            | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 903     | Miles                   | Cuthbert       | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 916     | Muhammad Akid           | Muhammad Najib | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 904     | Oliver                  | Parkin         | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 902     | Ranveer                 | Lalwani        | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 914     | Samuel                  | Bowman         | 17 / 10:00 |           | Dover Court International School    |
| Youth            | M14-15        | 930     | Tanmay                  | Rai            | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 913     | Val                     | Schweitzer     | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 906     | Xuhao                   | Lin            | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 923     | Zachary                 | Tan            | 17 / 10:00 |           |                                     |
| Youth            | M14-15        | 919     | Zoilo Miguel Iv Losaria | Castrillo      | 17 / 10:00 |           | St Joseph Institution International |
| <b>Discovery</b> | <b>F16-39</b> |         |                         |                |            |           |                                     |
| Discovery        | F16-39        | 1178    | Angeline                | Yong           | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1200    | Ariel                   | Mccormack      | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1158    | Cadence                 | Chang          | 21 / 10:40 |           | Tribal Triathlon Singapore          |
| Discovery        | F16-39        | 1171    | Christina               | Teo            | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1170    | Clarisse                | Lavenant       | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1151    | Elaine                  | Ng             | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1162    | Ellyse                  | Chong          | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1172    | Emer                    | Dolan          | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1174    | Gercelane               | Dioquino       | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1166    | Gwendelyn               | Ong            | 21 / 10:40 |           |                                     |
| Discovery        | F16-39        | 1156    | Iona                    | Bevan          | 21 / 10:40 |           | Nexus International School          |



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|------------------|-------------|---------|-----------------------|-------------|------------|-----------|--|
| Discovery        | F16-39      | 1177    | Josephine             | Ho Xiuying  | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1176    | Kimberley             | Macdonald   | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1160    | Kira                  | Bailey      | 21 / 10:40 |           | Dover Court International School       |
| Discovery        | F16-39      | 1175    | Lilla                 | Nyisalovits | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1168    | Mayada                | Demashkieh  | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1161    | Nikki                 | Lovati      | 21 / 10:40 |           | Tribal Triathlon Singapore             |
| Discovery        | F16-39      | 1173    | Nikki                 | Macgregor   | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1179    | Nor Azura Binte Moha- |             | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1169    | Rita                  | Loh         | 21 / 10:40 |           | Atomic26                               |
| Discovery        | F16-39      | 1159    | Samantha              | Buchan      | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1150    | Sarah                 | Gowdey      | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1163    | Tatiana               | Mueller     | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1167    | Valerie               | Foo         | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1152    | Willyn                | Goh         | 21 / 10:40 |           |  |
| Discovery        | F16-39      | 1157    | Yuma                  | Kaneko      | 21 / 10:40 |           | Nexus International School             |
| Discovery        | F16-39      | 1165    | Yun Ting              | Ong         | 21 / 10:40 |           | Tribal Triathlon Singapore             |
| Discovery        | F16-39      | 1164    | Zeya                  | Ding        | 21 / 10:40 |           | National University of Singapore (NUS) |
| <b>Discovery</b> | <b>F40+</b> |         |                       |             |            |           |  |
| Discovery        | F40+        | 1180    | Amandine              | Lecoustre   | 21 / 10:40 |           |  |
| Discovery        | F40+        | 1193    | Andrea                | Hall        | 21 / 10:40 |           |  |
| Discovery        | F40+        | 1181    | Carol                 | Tan         | 21 / 10:40 |           |  |
| Discovery        | F40+        | 1190    | Caroline              | Litt        | 21 / 10:40 |           |  |
| Discovery        | F40+        | 1188    | Cheryl                | Chan        | 21 / 10:40 |           |  |
| Discovery        | F40+        | 1185    | Efthymia              | Pavlidou    | 21 / 10:40 |           |  |

# Triathlon Participant List

| Race             | Category      | Bib No. | First Name        | Last Name        | Wave       | Team Name | Club Name                        |
|------------------|---------------|---------|-------------------|------------------|------------|-----------|----------------------------------|
| Discovery        | F40+          | 1198    | Elizabeth         | Haenle           | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1199    | Ellen             | Blondeau-Freuler | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1196    | Foong Leng Debbie | Wong             | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1184    | Gillian           | Bowman           | 21 / 10:40 |           | Sport Ready Netball Academy      |
| Discovery        | F40+          | 1194    | Ivy               | Li               | 21 / 10:40 |           | Well Bred Tri                    |
| Discovery        | F40+          | 1192    | Joanna            | Bevan            | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1187    | Joanne            | Ng               | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1195    | Josephine         | Tay              | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1197    | Kara              | Owen             | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1191    | Karin             | Nilsdotter       | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1155    | Kayo              | Ikeda            | 21 / 10:40 |           | Tribe Singapore                  |
| Discovery        | F40+          | 1182    | Laurence          | Beuker           | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1154    | Manuela           | Fremy            | 21 / 10:40 |           | A4 SPORTS                        |
| Discovery        | F40+          | 1186    | Miyuki            | Yoshizumi        | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1153    | Nastasha          | Anthony          | 21 / 10:40 |           | MetaSport Club                   |
| Discovery        | F40+          | 1189    | Siew Peng         | Lim Agnes        | 21 / 10:40 |           |                                  |
| Discovery        | F40+          | 1183    | Tsara             | Chiappini        | 21 / 10:40 |           | Dulwich College Singapore        |
| <b>Discovery</b> | <b>M16-39</b> |         |                   |                  |            |           |                                  |
| Discovery        | M16-39        | 1059    | Boyan             | Lai              | 20 / 10:30 |           |                                  |
| Discovery        | M16-39        | 1067    | Divyanshu         | Arora            | 20 / 10:30 |           |                                  |
| Discovery        | M16-39        | 1066    | Duong             | Van Doan         | 20 / 10:30 |           |                                  |
| Discovery        | M16-39        | 1057    | Elijah Mark       | Chua             | 20 / 10:30 |           | Club Breakaway                   |
| Discovery        | M16-39        | 1106    | Erwan             | Kermaïdic        | 20 / 10:30 |           | Dover Court International School |
| Discovery        | M16-39        | 1056    | Ian               | Loh              | 20 / 10:30 |           |                                  |

# Triathlon Participant List



| Race             | Category    | Bib No. | First Name       | Last Name   | Wave       | Team Name | Club Name                           |
|------------------|-------------|---------|------------------|-------------|------------|-----------|-------------------------------------|
| Discovery        | M16-39      | 1107    | Jacob            | Kiwanuka    | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1072    | Jerome           | Schneider   | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1069    | John Dominic     | Crisostomo  | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1068    | Jon              | Ne Win      | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1052    | Ken              | Liew        | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1054    | Kobe             | Gaytant     | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1055    | Koh              | Sheng Kai   | 20 / 10:30 |           | Tribal Triathlon Singapore          |
| Discovery        | M16-39      | 1061    | Max              | Lam         | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1070    | Muhammad         | Jazlan      | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1071    | Muhammad Firdaus | Bin Ramli   | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1063    | Muhammad Sufi    | Mohd Hussin | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1051    | Nicholas         | Tang        | 20 / 10:30 |           | St Joseph Institution International |
| Discovery        | M16-39      | 1060    | Ramadhan         | Rajab       | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1064    | Sam              | Gan         | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1065    | Thorsten         | Schaeff     | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1062    | Yong Cheng       | Low         | 20 / 10:30 |           |                                     |
| Discovery        | M16-39      | 1058    | Yu Han           | Chua        | 20 / 10:30 |           |                                     |
| <b>Discovery</b> | <b>M40+</b> |         |                  |             |            |           |                                     |
| Discovery        | M40+        | 1075    | Aidil            | Ishak       | 20 / 10:30 |           |                                     |
| Discovery        | M40+        | 1095    | Akira            | Goto        | 20 / 10:30 |           |                                     |
| Discovery        | M40+        | 1073    | Allen            | Tan         | 20 / 10:30 |           |                                     |
| Discovery        | M40+        | 1079    | Aries            | Lozano      | 20 / 10:30 |           |                                     |
| Discovery        | M40+        | 1096    | Bachtiar Husnean | Thamrin     | 20 / 10:30 |           |                                     |
| Discovery        | M40+        | 1092    | Damien York Wai  | Hon         | 20 / 10:30 |           |                                     |

# Triathlon Participant List

| Race      | Category | Bib No. | First Name    | Last Name       | Wave       | Team Name | Club Name                    |
|-----------|----------|---------|---------------|-----------------|------------|-----------|------------------------------|
| Discovery | M40+     | 1081    | Daniel        | Gustavsson      | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1094    | Dennis        | Tay             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1099    | Edwin         | Seah            | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1085    | Eugene        | Beh             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1105    | Frederick     | Francis         | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1078    | Gabriel       | Kaprielian      | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1077    | Gibson        | Ang             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1090    | Gregory       | Low             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1098    | Indra Bahadur | Gurung          | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1053    | Ivan          | Perfiliev       | 20 / 10:30 |           | Tribal                       |
| Discovery | M40+     | 1083    | Jef           | Hu              | 20 / 10:30 |           | Elevate Performance Coaching |
| Discovery | M40+     | 1086    | John          | Ng              | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1084    | Kaytha Ya     | Maw             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1087    | Ken           | Lie             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1091    | Kenneth       | Tan             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1076    | Kris          | Martenstyn      | 20 / 10:30 |           | Newbie Triathletes           |
| Discovery | M40+     | 1089    | Lionel        | Gomes Da Rosa   | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1103    | Meng Hue      | Chu             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1088    | Michael       | Goh             | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1102    | Paul          | Haenle          | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1093    | Prakash       | Thirunavakarasu | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1100    | Robert        | Quek            | 20 / 10:30 |           |                              |
| Discovery | M40+     | 1097    | Ronald        | Gillies         | 20 / 10:30 |           | JS Athletics                 |
| Discovery | M40+     | 1074    | Shinya        | Tomita          | 20 / 10:30 |           |                              |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name | Last Name    | Wave       | Team Name | Club Name                  |
|---------------|---------------|---------|------------|--------------|------------|-----------|----------------------------|
| Discovery     | M40+          | 1082    | Sylvester  | Chong        | 20 / 10:30 |           |                            |
| Discovery     | M40+          | 1101    | Takayuki   | Kaneko       | 20 / 10:30 |           |                            |
| Discovery     | M40+          | 1104    | Tan        | Yoke Chang   | 20 / 10:30 |           |                            |
| Discovery     | M40+          | 1080    | Thomas     | Mann         | 20 / 10:30 |           |                            |
| <b>Sprint</b> | <b>F16-19</b> |         |            |              |            |           |                            |
| Sprint        | F16-19        | 610     | Clemence   | Chomienne    | 12 / 9:00  |           |                            |
| Sprint        | F16-19        | 17      | Janel      | Susastra     | 1 / 7:15   |           | Well Bred Triathlon        |
| <b>Sprint</b> | <b>F20-24</b> |         |            |              |            |           |                            |
| Sprint        | F20-24        | 253     | Bernice    | Tan          | 6 / 8:00   |           |                            |
| Sprint        | F20-24        | 602     | Jillian    | See          | 12 / 9:00  |           |                            |
| Sprint        | F20-24        | 254     | Jing Min   | Tan          | 6 / 8:00   |           |                            |
| Sprint        | F20-24        | 14      | Regine     | Goh          | 1 / 7:15   |           |                            |
| Sprint        | F20-24        | 252     | Tiffany    | Leng         | 6 / 8:00   |           |                            |
| <b>Sprint</b> | <b>F25-29</b> |         |            |              |            |           |                            |
| Sprint        | F25-29        | 181     | Alissa     | Lim          | 5 / 7:50   |           |                            |
| Sprint        | F25-29        | 671     | Amanda     | Ang          | 13 / 9:10  |           |                            |
| Sprint        | F25-29        | 259     | Annabelle  | Johnson      | 6 / 8:00   |           |                            |
| Sprint        | F25-29        | 258     | Chloe      | Matthews     | 6 / 8:00   |           |                            |
| Sprint        | F25-29        | 137     | Gladys     | Molino       | 4 / 7:40   |           |                            |
| Sprint        | F25-29        | 256     | Hilary     | Samuels      | 6 / 8:00   |           | Dulwich College Singapore  |
| Sprint        | F25-29        | 121     | Isabella   | Rudd Rossler | 4 / 7:40   |           |                            |
| Sprint        | F25-29        | 554     | Jess       | Barnes       | 11 / 8:50  |           |                            |
| Sprint        | F25-29        | 260     | Jocelyn    | Kessels      | 6 / 8:00   |           |                            |
| Sprint        | F25-29        | 438     | Joy        | Phan         | 9 / 8:30   |           | Tribal Triathlon Singapore |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name      | Last Name       | Wave      | Team Name | Club Name                        |
|---------------|---------------|---------|-----------------|-----------------|-----------|-----------|----------------------------------|
| Sprint        | F25-29        | 20      | Meryl           | Zucco           | 1 / 7:15  |           |                                  |
| Sprint        | F25-29        | 255     | Rachel          | Hew             | 6 / 8:00  |           | Tribal Triathlon Singapore       |
| Sprint        | F25-29        | 611     | Rocío           | Salazar Casajus | 12 / 9:00 |           |                                  |
| <b>Sprint</b> | <b>F30-34</b> |         |                 |                 |           |           |                                  |
| Sprint        | F30-34        | 15      | Aimee           | Pink            | 1 / 7:15  |           | Coached                          |
| Sprint        | F30-34        | 375     | Anastasia       | Potter          | 8 / 8:20  |           |                                  |
| Sprint        | F30-34        | 612     | Anastasija      | Horoscuka       | 12 / 9:00 |           |                                  |
| Sprint        | F30-34        | 182     | Andrea          | Tongco          | 5 / 7:50  |           |                                  |
| Sprint        | F30-34        | 262     | Ee Von          | Loo             | 6 / 8:00  |           | Elevate Performance Coaching     |
| Sprint        | F30-34        | 362     | Hayley          | Reid            | 8 / 8:20  |           | Singapore Womens Triathlon Club  |
| Sprint        | F30-34        | 376     | Jeanette        | Lek             | 8 / 8:20  |           |                                  |
| Sprint        | F30-34        | 11      | Jennifer        | Henderson       | 1 / 7:15  |           |                                  |
| Sprint        | F30-34        | 601     | Jolene          | Ng              | 12 / 9:00 |           | MetaSport Club                   |
| Sprint        | F30-34        | 613     | Lidia           | Cammack         | 12 / 9:00 |           |                                  |
| Sprint        | F30-34        | 555     | Lilla           | Nyisalovits     | 11 / 8:50 |           |                                  |
| Sprint        | F30-34        | 672     | Lisa Bloksgaard | Markussen       | 13 / 9:10 |           |                                  |
| Sprint        | F30-34        | 122     | Mc              | Delorme         | 4 / 7:40  |           | ANZA                             |
| Sprint        | F30-34        | 61      | Niamh           | Walsh           | 3 / 7:30  |           |                                  |
| Sprint        | F30-34        | 242     | Priscilla       | Goh             | 6 / 8:00  |           | Tribal Triathlon Singapore       |
| Sprint        | F30-34        | 70      | Samantha        | Lindars         | 3 / 7:30  |           | Dover Court International School |
| Sprint        | F30-34        | 263     | Shafira         | Zailani         | 6 / 8:00  |           |                                  |
| Sprint        | F30-34        | 439     | Shauna          | Bull            | 9 / 8:30  |           |                                  |
| Sprint        | F30-34        | 361     | Stefanie        | Mehl            | 8 / 8:20  |           |                                  |
| Sprint        | F30-34        | 241     | Stephanie       | Chin            | 6 / 8:00  |           | Elevate Performance Coaching     |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name       | Last Name | Wave      | Team Name | Club Name                       |
|---------------|---------------|---------|------------------|-----------|-----------|-----------|---------------------------------|
| Sprint        | F30-34        | 261     | Ting Fang        | Ho        | 6 / 8:00  |           |                                 |
| <b>Sprint</b> | <b>F35-39</b> |         |                  |           |           |           |                                 |
| Sprint        | F35-39        | 141     | Alma Joy         | Madalo    | 4 / 7:40  |           | Triathlon Philippines           |
| Sprint        | F35-39        | 615     | Anni             | Wang      | 12 / 9:00 |           | Singapore Womens Triathlon Club |
| Sprint        | F35-39        | 267     | April            | Porteous  | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 603     | Brigid           | Deacon    | 12 / 9:00 |           |                                 |
| Sprint        | F35-39        | 268     | Chrystella       | Chai      | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 71      | Dorothy          | Peng      | 3 / 7:30  |           |                                 |
| Sprint        | F35-39        | 363     | Hollie           | Gunn      | 8 / 8:20  |           | Singapore Womens Triathlon Club |
| Sprint        | F35-39        | 194     | Jen              | Chai      | 5 / 7:50  |           |                                 |
| Sprint        | F35-39        | 269     | Joanna           | Mycroft   | 6 / 8:00  |           | MetaSport Club                  |
| Sprint        | F35-39        | 271     | Kamilla          | Yu        | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 266     | Karen            | Yau       | 6 / 8:00  |           | Coached                         |
| Sprint        | F35-39        | 243     | Lena             | Brantmark | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 62      | Lindsey          | Weller    | 3 / 7:30  |           |                                 |
| Sprint        | F35-39        | 821     | Lydia            | Myers     | 15 / 9:30 |           | Elevate Performance Coaching    |
| Sprint        | F35-39        | 13      | Man Yun          | Yong      | 1 / 7:15  |           |                                 |
| Sprint        | F35-39        | 673     | Maria Bloksgaard | Markussen | 13 / 9:10 |           |                                 |
| Sprint        | F35-39        | 605     | Maureen          | Lim       | 12 / 9:00 |           |                                 |
| Sprint        | F35-39        | 19      | Melanie          | Speet     | 1 / 7:15  |           | ANZA                            |
| Sprint        | F35-39        | 265     | Nicole           | Iman      | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 270     | Niken            | Ritnani   | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 614     | Nur Yusrina      | Yaakob    | 12 / 9:00 |           |                                 |
| Sprint        | F35-39        | 193     | Rebecca          | Hatten    | 5 / 7:50  |           | Singapore Womens Triathlon Club |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name    | Last Name       | Wave      | Team Name | Club Name                       |
|---------------|---------------|---------|---------------|-----------------|-----------|-----------|---------------------------------|
| Sprint        | F35-39        | 272     | Siti Noorimah | Mohd Salleh     | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 264     | Stellar       | Chauhan         | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 556     | Stephanie     | Chan            | 11 / 8:50 |           |                                 |
| Sprint        | F35-39        | 608     | Sumiko        | Tan             | 12 / 9:00 |           |                                 |
| Sprint        | F35-39        | 2       | Suzie         | Bacon           | 1 / 7:15  |           | MetaSport Club                  |
| Sprint        | F35-39        | 273     | Tan           | Grace           | 6 / 8:00  |           |                                 |
| Sprint        | F35-39        | 6       | Ung           | Socheata        | 1 / 7:15  |           | West Coast Riders               |
| <b>Sprint</b> | <b>F40-44</b> |         |               |                 |           |           |                                 |
| Sprint        | F40-44        | 440     | Adeline       | Goh             | 9 / 8:30  |           |                                 |
| Sprint        | F40-44        | 675     | Alena         | Fournier Carrie | 13 / 9:10 |           |                                 |
| Sprint        | F40-44        | 184     | Alice         | Braesch         | 5 / 7:50  |           | ANZA                            |
| Sprint        | F40-44        | 1       | April         | Rice            | 1 / 7:15  |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 274     | Catherine     | Epinat          | 6 / 8:00  |           |                                 |
| Sprint        | F40-44        | 72      | Claire        | Dacombe         | 3 / 7:30  |           |                                 |
| Sprint        | F40-44        | 244     | Claire        | Jedrek          | 6 / 8:00  |           |                                 |
| Sprint        | F40-44        | 4       | Crystal       | Madsen          | 1 / 7:15  |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 604     | Debbie        | Egeland         | 12 / 9:00 |           |                                 |
| Sprint        | F40-44        | 142     | Eleri         | Connor          | 4 / 7:40  |           |                                 |
| Sprint        | F40-44        | 280     | Emma          | Graham          | 6 / 8:00  |           |                                 |
| Sprint        | F40-44        | 277     | Germain       | Goh             | 6 / 8:00  |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 616     | Ida           | Hermidha        | 12 / 9:00 |           |                                 |
| Sprint        | F40-44        | 489     | Irina         | Ermeneanu       | 10 / 8:40 |           |                                 |
| Sprint        | F40-44        | 279     | Katie         | Peace           | 6 / 8:00  |           | MetaSport Club                  |
| Sprint        | F40-44        | 278     | Mae           | Ong Gmira       | 6 / 8:00  |           | Elevate Performance Coaching    |



# Triathlon Participant List

| Race          | Category      | Bib No. | First Name      | Last Name       | Wave      | Team Name | Club Name                       |
|---------------|---------------|---------|-----------------|-----------------|-----------|-----------|---------------------------------|
| Sprint        | F40-44        | 9       | Marie-Louise    | Philippe        | 1 / 7:15  |           | COS Coaching                    |
| Sprint        | F40-44        | 18      | Mary            | Moran           | 1 / 7:15  |           |                                 |
| Sprint        | F40-44        | 312     | Mary Bernadette | Espina          | 7 / 8:10  |           |                                 |
| Sprint        | F40-44        | 606     | Meagan          | Walsh           | 12 / 9:00 |           | MetaSport Club                  |
| Sprint        | F40-44        | 557     | Meilanih        | Benjamin        | 11 / 8:50 |           |                                 |
| Sprint        | F40-44        | 275     | Natalya         | Marusich        | 6 / 8:00  |           |                                 |
| Sprint        | F40-44        | 195     | Nov             | Oscar           | 5 / 7:50  |           |                                 |
| Sprint        | F40-44        | 276     | Rashmi          | Ramakrishnan    | 6 / 8:00  |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 607     | Reina           | Murai           | 12 / 9:00 |           |                                 |
| Sprint        | F40-44        | 183     | Sarah           | Aldous          | 5 / 7:50  |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 674     | Silvia          | Bordoni         | 13 / 9:10 |           | Singapore Womens Triathlon Club |
| Sprint        | F40-44        | 377     | Tsara           | Chiappini       | 8 / 8:20  |           | Dulwich College Singapore       |
| Sprint        | F40-44        | 245     | Tse Chi         | Grace           | 6 / 8:00  |           |                                 |
| <b>Sprint</b> | <b>F45-49</b> |         |                 |                 |           |           |                                 |
| Sprint        | F45-49        | 247     | Adriana         | Viejo           | 6 / 8:00  |           |                                 |
| Sprint        | F45-49        | 287     | Ali             | Lott            | 6 / 8:00  |           | Singapore Womens Triathlon Club |
| Sprint        | F45-49        | 617     | Caroline        | Chomienne       | 12 / 9:00 |           |                                 |
| Sprint        | F45-49        | 196     | Daniela         | Monteiro        | 5 / 7:50  |           |                                 |
| Sprint        | F45-49        | 284     | Florie          | Mancel          | 6 / 8:00  |           |                                 |
| Sprint        | F45-49        | 784     | Jessica         | So              | 15 / 9:30 |           |                                 |
| Sprint        | F45-49        | 441     | Jinella         | Chua            | 9 / 8:30  |           | Singapore Womens Triathlon Club |
| Sprint        | F45-49        | 676     | Jose Andres     | Pascual Sendino | 13 / 9:10 |           |                                 |
| Sprint        | F45-49        | 8       | Juliana         | Lustosa         | 1 / 7:15  |           |                                 |
| Sprint        | F45-49        | 490     | Kelli           | Shoemaker       | 10 / 8:40 |           |                                 |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name    | Last Name   | Wave      | Team Name | Club Name                       |
|---------------|---------------|---------|---------------|-------------|-----------|-----------|---------------------------------|
| Sprint        | F45-49        | 12      | Lena          | Bodewein    | 1 / 7:15  |           | Singapore Womens Triathlon Club |
| Sprint        | F45-49        | 282     | Lesley        | Roache      | 6 / 8:00  |           |                                 |
| Sprint        | F45-49        | 283     | Linda         | Lim         | 6 / 8:00  |           | Elevate Performance Coaching    |
| Sprint        | F45-49        | 301     | Lotta         | Patrickson  | 7 / 8:10  |           |                                 |
| Sprint        | F45-49        | 285     | Marcela       | Mihanovich  | 6 / 8:00  |           |                                 |
| Sprint        | F45-49        | 286     | Marliny       | Abdul Samad | 6 / 8:00  |           | MetaSport Club                  |
| Sprint        | F45-49        | 3       | Mireille      | Couture     | 1 / 7:15  |           | MetaSport Club                  |
| Sprint        | F45-49        | 10      | Natalie       | Ritchie     | 1 / 7:15  |           | Singapore Shufflers             |
| Sprint        | F45-49        | 281     | Pei Loo       | Ang         | 6 / 8:00  |           |                                 |
| Sprint        | F45-49        | 246     | Rebecca       | Fowler      | 6 / 8:00  |           | MetaSport Club                  |
| Sprint        | F45-49        | 185     | Silvia        | Meloni      | 5 / 7:50  |           | Coached                         |
| Sprint        | F45-49        | 442     | Sook          | Havercroft  | 9 / 8:30  |           |                                 |
| <b>Sprint</b> | <b>F50-54</b> |         |               |             |           |           |                                 |
| Sprint        | F50-54        | 618     | April         | Cheong      | 12 / 9:00 |           |                                 |
| Sprint        | F50-54        | 16      | Christelle    | Foucalt     | 1 / 7:15  |           | FIT (Friends in Triathlon)      |
| Sprint        | F50-54        | 144     | Delaena       | Ganske      | 4 / 7:40  |           |                                 |
| Sprint        | F50-54        | 248     | Karin         | Kariya      | 6 / 8:00  |           |                                 |
| Sprint        | F50-54        | 288     | Katherine     | Fleming     | 6 / 8:00  |           |                                 |
| Sprint        | F50-54        | 123     | Khoon Hsing   | Ling        | 4 / 7:40  |           | MetaSport Club                  |
| Sprint        | F50-54        | 313     | Marcella      | Pesce       | 7 / 8:10  |           |                                 |
| Sprint        | F50-54        | 5       | Natalie       | Anderson    | 1 / 7:15  |           | Elevate Performance Coaching    |
| Sprint        | F50-54        | 302     | Pamela Min Ya | Chua        | 7 / 8:10  |           |                                 |
| Sprint        | F50-54        | 559     | Rebecca       | Herbst      | 11 / 8:50 |           |                                 |
| Sprint        | F50-54        | 289     | Serene        | Kwek        | 6 / 8:00  |           |                                 |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name | Last Name  | Wave      | Team Name | Club Name                              |
|---------------|---------------|---------|------------|------------|-----------|-----------|--|
| Sprint        | F50-54        | 558     | Talia      | Webb       | 11 / 8:50 |           |  |
| <b>Sprint</b> | <b>F55-59</b> |         |            |            |           |           |  |
| Sprint        | F55-59        | 249     | Angeline   | Poon       | 6 / 8:00  |           |  |
| Sprint        | F55-59        | 292     | Sarah      | Tan        | 6 / 8:00  |           | Elevate Performance Coaching           |
| Sprint        | F55-59        | 291     | Sharon     | Wright     | 6 / 8:00  |           |  |
| Sprint        | F55-59        | 197     | Sonja      | Eastment   | 5 / 7:50  |           |  |
| Sprint        | F55-59        | 290     | Susan      | Logan      | 6 / 8:00  |           | National University of Singapore (NUS) |
| Sprint        | F55-59        | 293     | Tanya      | Lee-Parker | 6 / 8:00  |           | Singapore Womens Triathlon Club        |
| Sprint        | F55-59        | 677     | Yukari     | Takesawa   | 13 / 9:10 |           |  |
| <b>Sprint</b> | <b>F60-64</b> |         |            |            |           |           |  |
| Sprint        | F60-64        | 294     | Louise     | Donaldson  | 6 / 8:00  |           | ANZA                                   |
| Sprint        | F60-64        | 295     | Margaret   | Sine       | 6 / 8:00  |           |  |
| <b>Sprint</b> | <b>F65-69</b> |         |            |            |           |           |  |
| Sprint        | F65-69        | 296     | Sowfong    | Lee        | 6 / 8:00  |           | Elevate Performance Coaching           |
| <b>Sprint</b> | <b>M16-19</b> |         |            |            |           |           |  |
| Sprint        | M16-19        | 443     | Asher      | Poh        | 9 / 8:30  |           |  |
| Sprint        | M16-19        | 378     | David      | Choo       | 8 / 8:20  |           |  |
| Sprint        | M16-19        | 379     | Jayden     | Lim        | 8 / 8:20  |           |  |
| Sprint        | MXXXXX        | 56      | Lachlan    | El-Ansary  | 2 / 7:20  |           | Nexus International School             |
| Sprint        | M16-19        | 53      | Lucas      | Eichaker   | 2 / 7:20  |           | A4 SPORTS                              |
| Sprint        | M16-19        | 55      | Sean       | Patrick    | 2 / 7:20  |           |  |
| Sprint        | M16-19        | 314     | Win        | Liu        | 7 / 8:10  |           |  |
| <b>Sprint</b> | <b>M20-24</b> |         |            |            |           |           |  |
| Sprint        | M20-24        | 740     | Andrew     | Edds       | 14 / 9:20 |           |  |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name | Last Name        | Wave      | Team Name | Club Name                              |
|---------------|---------------|---------|------------|------------------|-----------|-----------|--|
| Sprint        | M20-24        | 44      | Cedric     | Chua             | 2 / 7:20  |           | Club Breakaway                         |
| Sprint        | M20-24        | 763     | Changhao   | Tian             | 14 / 9:20 |           | Nanyang Technological University       |
| Sprint        | M20-24        | 560     | Chua       | Wei Jie Max      | 11 / 8:50 |           | National University of Singapore (NUS) |
| Sprint        | M20-24        | 57      | Crispin    | Hu               | 2 / 7:20  |           | Well Bred Tri                          |
| Sprint        | M20-24        | 58      | Dylan      | Ang              | 2 / 7:20  |           | Well Bred Triathlon                    |
| Sprint        | M20-24        | 315     | Eesan      | Lee              | 7 / 8:10  |           |  |
| Sprint        | M20-24        | 562     | Eugene     | Hadjisophocleous | 11 / 8:50 |           |  |
| Sprint        | M20-24        | 52      | Fang Yu    | Hoo              | 2 / 7:20  |           | Club Breakaway                         |
| Sprint        | M20-24        | 446     | James      | Kartadinata      | 9 / 8:30  |           | Tribal Triathlon Singapore             |
| Sprint        | M20-24        | 445     | Jeffery    | Lau              | 9 / 8:30  |           | Tribal Triathlon Singapore             |
| Sprint        | M20-24        | 492     | Jethwee    | Toh              | 10 / 8:40 |           |  |
| Sprint        | M20-24        | 316     | Jun De     | Koay             | 7 / 8:10  |           | Elevate Performance Coaching           |
| Sprint        | M20-24        | 198     | Liam       | Chan             | 5 / 7:50  |           | National University of Singapore (NUS) |
| Sprint        | M20-24        | 33      | Luke       | Chua             | 2 / 7:20  |           | New Moon KHcycle                       |
| Sprint        | M20-24        | 444     | Marc       | Ong              | 9 / 8:30  |           | Tribal Triathlon Singapore             |
| Sprint        | M20-24        | 561     | Nicholas   | Halim            | 11 / 8:50 |           | National University of Singapore (NUS) |
| Sprint        | M20-24        | 34      | Nicholas   | Rachmadi         | 2 / 7:20  |           | Tribal Triathlon Singapore             |
| Sprint        | M20-24        | 59      | Tan        | Jiahao           | 2 / 7:20  |           | Club Breakaway                         |
| Sprint        | M20-24        | 380     | Xin Yang   | Soo              | 8 / 8:20  |           | Nanyang Technological University       |
| Sprint        | M20-24        | 491     | Xunuo      | Zheng            | 10 / 8:40 |           | National University of Singapore (NUS) |
| Sprint        | M20-24        | 563     | Yao Zhu    | Ng               | 11 / 8:50 |           | Tribal Triathlon Singapore             |
| <b>Sprint</b> | <b>M25-29</b> |         |            |                  |           |           |  |
| Sprint        | M25-29        | 450     | Aaron      | Phua             | 9 / 8:30  |           | Tribal Triathlon Singapore             |
| Sprint        | M25-29        | 152     | Aaron      | Seah             | 4 / 7:40  |           |  |

# Triathlon Participant List



| Race   | Category | Bib No. | First Name    | Last Name    | Wave      | Team Name | Club Name                         |
|--------|----------|---------|---------------|--------------|-----------|-----------|-----------------------------------|
| Sprint | M25-29   | 147     | Andre         | Cheow        | 4 / 7:40  |           |                                   |
| Sprint | M25-29   | 43      | Benoit        | Besnier      | 2 / 7:20  |           | The Tribe                         |
| Sprint | M25-29   | 32      | Bryce         | Chong        | 2 / 7:20  |           | Club Breakaway                    |
| Sprint | M25-29   | 447     | Chin Chee     | Ho           | 9 / 8:30  |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 680     | Chin Yong     | Tan          | 13 / 9:10 |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 76      | Ed            | Barker       | 3 / 7:30  |           |                                   |
| Sprint | M25-29   | 494     | Frank         | Wu           | 10 / 8:40 |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 448     | Glenn         | Lee          | 9 / 8:30  |           |                                   |
| Sprint | M25-29   | 150     | Haseeb        | Ahmed        | 4 / 7:40  |           | MetaSport Club                    |
| Sprint | M25-29   | 566     | Jacob Timothy | Burgess      | 11 / 8:50 |           |                                   |
| Sprint | M25-29   | 149     | Johnson       | Cheah        | 4 / 7:40  |           | Singapore Institute of Management |
| Sprint | M25-29   | 423     | Justin        | Tan          | 9 / 8:30  |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 681     | Kai Shou      | Chng         | 13 / 9:10 |           |                                   |
| Sprint | M25-29   | 151     | Kamalesh      | Logarajan    | 4 / 7:40  |           |                                   |
| Sprint | M25-29   | 679     | Kenn          | Kurzbock     | 13 / 9:10 |           |                                   |
| Sprint | M25-29   | 381     | Kenny         | Ang          | 8 / 8:20  |           |                                   |
| Sprint | M25-29   | 682     | Kun Rong      | Li           | 13 / 9:10 |           |                                   |
| Sprint | M25-29   | 449     | Leonard       | Ng           | 9 / 8:30  |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 678     | Manivannan    | Devendran    | 13 / 9:10 |           |                                   |
| Sprint | M25-29   | 802     | Matthew       | Rumsby       | 15 / 9:30 |           |                                   |
| Sprint | M25-29   | 318     | Myke          | Wong         | 7 / 8:10  |           |                                   |
| Sprint | M25-29   | 75      | Nicholas      | Tan Chin Hui | 3 / 7:30  |           | Tribal Triathlon Singapore        |
| Sprint | M25-29   | 481     | Owen          | Chambers     | 10 / 8:40 |           |                                   |
| Sprint | M25-29   | 493     | Qin Ming      | Chin         | 10 / 8:40 |           |                                   |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name | Last Name | Wave      | Team Name | Club Name                    |
|---------------|---------------|---------|------------|-----------|-----------|-----------|------------------------------|
| Sprint        | M25-29        | 60      | Raphael    | Chau      | 2 / 7:20  |           | Well Bred Triathlon          |
| Sprint        | M25-29        | 568     | Samuel     | Lim       | 11 / 8:50 |           |                              |
| Sprint        | M25-29        | 424     | Samuel     | Wong      | 9 / 8:30  |           | Hwa Chong Institution        |
| Sprint        | M25-29        | 684     | Shao Tao   | Tan       | 13 / 9:10 |           |                              |
| Sprint        | M25-29        | 564     | Soh        | Gerald    | 11 / 8:50 |           |                              |
| Sprint        | M25-29        | 201     | Sulaimi    | Thaqif    | 5 / 7:50  |           |                              |
| Sprint        | M25-29        | 683     | Tajul      | Isfahan   | 13 / 9:10 |           |                              |
| Sprint        | M25-29        | 565     | Toby       | Seah      | 11 / 8:50 |           |                              |
| Sprint        | M25-29        | 567     | Tze Chien  | Wong      | 11 / 8:50 |           |                              |
| Sprint        | M25-29        | 49      | Wei Quan   | Ng        | 2 / 7:20  |           | SMU Aquathlon                |
| Sprint        | M25-29        | 153     | Yi Heng    | Chew      | 4 / 7:40  |           | Tribal Triathlon Singapore   |
| Sprint        | M25-29        | 317     | Zachary    | Goh       | 7 / 8:10  |           |                              |
| <b>Sprint</b> | <b>M30-34</b> |         |            |           |           |           |                              |
| Sprint        | M30-34        | 154     | Adam       | Smith     | 4 / 7:40  |           |                              |
| Sprint        | M30-34        | 382     | Adrian     | Tam       | 8 / 8:20  |           |                              |
| Sprint        | M30-34        | 78      | Ahmad      | Mimi      | 3 / 7:30  |           |                              |
| Sprint        | M30-34        | 597     | Alan       | Lai       | 11 / 8:50 |           |                              |
| Sprint        | M30-34        | 303     | Alden      | Toh       | 7 / 8:10  |           | Elevate Performance Coaching |
| Sprint        | M30-34        | 125     | Alex       | Pilgrim   | 4 / 7:40  |           | Dulwich College Singapore    |
| Sprint        | M30-34        | 320     | Alexander  | Kotzev    | 7 / 8:10  |           |                              |
| Sprint        | M30-34        | 727     | Alfred     | Lua       | 14 / 9:20 |           |                              |
| Sprint        | M30-34        | 202     | Amos       | Chew      | 5 / 7:50  |           |                              |
| Sprint        | M30-34        | 63      | Andrew     | Harvey    | 3 / 7:30  |           | MetaSport Club               |
| Sprint        | M30-34        | 384     | Avner      | Shultz    | 8 / 8:20  |           |                              |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name  | Last Name   | Wave      | Team Name | Club Name                    |
|--------|----------|---------|-------------|-------------|-----------|-----------|------------------------------|
| Sprint | M30-34   | 51      | Ben         | Khoo        | 2 / 7:20  |           | New Moon KHcycle             |
| Sprint | M30-34   | 425     | Bervyn      | Ng          | 9 / 8:30  |           | Tribal Triathlon Singapore   |
| Sprint | M30-34   | 156     | Chong Ming  | Teo         | 4 / 7:40  |           |                              |
| Sprint | M30-34   | 685     | Chong Soon  | Ng          | 13 / 9:10 |           |                              |
| Sprint | M30-34   | 541     | Dan         | Lim         | 11 / 8:50 |           |                              |
| Sprint | M30-34   | 81      | David       | Evans       | 3 / 7:30  |           |                              |
| Sprint | M30-34   | 126     | Dwayne      | Stewart     | 4 / 7:40  |           | New Moon KHcycle             |
| Sprint | M30-34   | 203     | Gabriel     | Goh         | 5 / 7:50  |           | Well Bred Triathlon          |
| Sprint | M30-34   | 364     | Hexun       | Lee         | 8 / 8:20  |           |                              |
| Sprint | M30-34   | 426     | James       | Farley      | 9 / 8:30  |           | Tribal Triathlon Singapore   |
| Sprint | M30-34   | 451     | James       | Winderam    | 9 / 8:30  |           | Elevate Performance Coaching |
| Sprint | M30-34   | 497     | Jeremy      | Chan        | 10 / 8:40 |           |                              |
| Sprint | M30-34   | 571     | June Liang  | Lim         | 11 / 8:50 |           |                              |
| Sprint | M30-34   | 795     | Kenneth     | Pang        | 15 / 9:30 |           |                              |
| Sprint | M30-34   | 80      | Kien        | Tran        | 3 / 7:30  |           | Faber X                      |
| Sprint | M30-34   | 453     | Kok Wei     | Ng          | 9 / 8:30  |           | Tribal Triathlon Singapore   |
| Sprint | M30-34   | 454     | Kristijonas | Kabasinskas | 9 / 8:30  |           |                              |
| Sprint | M30-34   | 79      | Leong Sheng | Chong       | 3 / 7:30  |           |                              |
| Sprint | M30-34   | 798     | Lukasz      | Lamparski   | 15 / 9:30 |           |                              |
| Sprint | M30-34   | 570     | Marc        | Westgate    | 11 / 8:50 |           |                              |
| Sprint | M30-34   | 800     | Mark        | Yeo         | 15 / 9:30 |           |                              |
| Sprint | M30-34   | 804     | Maurice     | Lee         | 15 / 9:30 |           |                              |
| Sprint | M30-34   | 383     | Maximilian  | Tenius      | 8 / 8:20  |           |                              |
| Sprint | M30-34   | 158     | Mikhail     | Manuel      | 4 / 7:40  |           |                              |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name    | Last Name   | Wave      | Team Name | Club Name                      |
|---------------|---------------|---------|---------------|-------------|-----------|-----------|--------------------------------|
| Sprint        | M30-34        | 805     | Muhammad Ayub | Mohd Sahari | 15 / 9:30 |           |                                |
| Sprint        | M30-34        | 809     | Nicholas      | Yale        | 15 / 9:30 |           |                                |
| Sprint        | M30-34        | 495     | Nick          | Kehoe       | 10 / 8:40 |           |                                |
| Sprint        | M30-34        | 813     | Robert        | Fields      | 15 / 9:30 |           |                                |
| Sprint        | M30-34        | 319     | Ronn          | Hipolito    | 7 / 8:10  |           |                                |
| Sprint        | M30-34        | 496     | Salihin       | Juma'At     | 10 / 8:40 |           |                                |
| Sprint        | M30-34        | 569     | Sam           | Gan         | 11 / 8:50 |           |                                |
| Sprint        | M30-34        | 385     | Shamus        | Tung        | 8 / 8:20  |           |                                |
| Sprint        | M30-34        | 124     | Stefan        | Rossler     | 4 / 7:40  |           |                                |
| Sprint        | M30-34        | 816     | Taylor        | Johnson     | 15 / 9:30 |           |                                |
| Sprint        | M30-34        | 686     | Thomas        | Allen       | 13 / 9:10 |           |                                |
| Sprint        | M30-34        | 741     | Tom           | Weaving     | 14 / 9:20 |           |                                |
| Sprint        | M30-34        | 427     | Vianney       | Graffan     | 9 / 8:30  |           |                                |
| Sprint        | M30-34        | 452     | Wei Chong     | Yap         | 9 / 8:30  |           |                                |
| Sprint        | M30-34        | 482     | Wei Nian      | Chan        | 10 / 8:40 |           |                                |
| Sprint        | M30-34        | 155     | Wouter        | Duyck       | 4 / 7:40  |           | COS Coaching                   |
| Sprint        | M30-34        | 688     | Yinghui       | Phua        | 13 / 9:10 |           |                                |
| Sprint        | M30-34        | 157     | Yong Sheng    | Koh         | 4 / 7:40  |           |                                |
| <b>Sprint</b> | <b>M35-39</b> |         |               |             |           |           |                                |
| Sprint        | M35-39        | 390     | Abhishek      | Kothari     | 8 / 8:20  |           |                                |
| Sprint        | M35-39        | 209     | Aden          | Seow        | 5 / 7:50  |           |                                |
| Sprint        | M35-39        | 89      | Adler         | Sho         | 3 / 7:30  |           |                                |
| Sprint        | M35-39        | 574     | Alexander     | Beazley     | 11 / 8:50 |           | GEMS World Academy (Singapore) |
| Sprint        | M35-39        | 721     | Alexandre     | Parlange    | 14 / 9:20 |           |                                |



# Triathlon Participant List

| Race   | Category | Bib No. | First Name  | Last Name  | Wave      | Team Name | Club Name      |
|--------|----------|---------|-------------|------------|-----------|-----------|----------------|
| Sprint | M35-39   | 577     | Alexis      | Lhoyer     | 11 / 8:50 |           |                |
| Sprint | M35-39   | 503     | Allen       | Chote      | 10 / 8:40 |           |                |
| Sprint | M35-39   | 692     | Ammiel      | Poh        | 13 / 9:10 |           |                |
| Sprint | M35-39   | 159     | Anders      | Jonsson    | 4 / 7:40  |           | Equinor        |
| Sprint | M35-39   | 428     | Andrew      | Ng         | 9 / 8:30  |           | MetaSport Club |
| Sprint | M35-39   | 511     | Arib        | Muhammad   | 10 / 8:40 |           |                |
| Sprint | M35-39   | 575     | Ashwin      | Batra      | 11 / 8:50 |           |                |
| Sprint | M35-39   | 305     | Bastien     | Touzeau    | 7 / 8:10  |           | UFIT           |
| Sprint | M35-39   | 208     | Baz         | Lee        | 5 / 7:50  |           |                |
| Sprint | M35-39   | 429     | Ben         | Hanrahan   | 9 / 8:30  |           |                |
| Sprint | M35-39   | 218     | Benjamin    | Phey       | 5 / 7:50  |           |                |
| Sprint | M35-39   | 572     | Billy       | Desmoulins | 11 / 8:50 |           |                |
| Sprint | M35-39   | 206     | Bo          | Zhang      | 5 / 7:50  |           |                |
| Sprint | M35-39   | 88      | Brady       | Ambler     | 3 / 7:30  |           |                |
| Sprint | M35-39   | 764     | Cheong Heng | Chan       | 14 / 9:20 |           |                |
| Sprint | M35-39   | 500     | Christophe  | Vantet     | 10 / 8:40 |           |                |
| Sprint | M35-39   | 215     | Clement     | Parazon    | 5 / 7:50  |           |                |
| Sprint | M35-39   | 389     | Daniel      | Heng       | 8 / 8:20  |           |                |
| Sprint | M35-39   | 129     | David       | Prigent    | 4 / 7:40  |           |                |
| Sprint | M35-39   | 386     | Dennis      | Lampe      | 8 / 8:20  |           |                |
| Sprint | M35-39   | 392     | Ding He     | Chia       | 8 / 8:20  |           |                |
| Sprint | M35-39   | 742     | Eng Pin     | Loo        | 14 / 9:20 |           |                |
| Sprint | M35-39   | 455     | Faisal      | Roslee     | 9 / 8:30  |           | Tri E Fitness  |
| Sprint | M35-39   | 691     | Federico    | Vassallo   | 13 / 9:10 |           |                |

# Triathlon Participant List



| Race   | Category | Bib No. | First Name     | Last Name       | Wave      | Team Name | Club Name                  |
|--------|----------|---------|----------------|-----------------|-----------|-----------|----------------------------|
| Sprint | M35-39   | 204     | Filippo        | Lombardi        | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 128     | Fin            | Macrae          | 4 / 7:40  |           |                            |
| Sprint | M35-39   | 499     | Gareth         | Jones           | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 40      | Gen Lin        | Foo             | 2 / 7:20  |           |                            |
| Sprint | M35-39   | 217     | Gin Meng       | Toh             | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 130     | Guaika         | Rodriguez       | 4 / 7:40  |           | EQUINOR                    |
| Sprint | M35-39   | 64      | Guillaume      | Lannes          | 3 / 7:30  |           |                            |
| Sprint | M35-39   | 207     | Guillem        | Segarra         | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 502     | Hairul         | Nizam           | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 507     | Haiyu          | Dong            | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 498     | Husayn         | Reza            | 10 / 8:40 |           | Tribal Triathlon Singapore |
| Sprint | M35-39   | 662     | Iliya          | Slavchev        | 13 / 9:10 |           |                            |
| Sprint | M35-39   | 322     | James          | Grummitt        | 7 / 8:10  |           |                            |
| Sprint | M35-39   | 394     | Jeffry         | Jeffry          | 8 / 8:20  |           |                            |
| Sprint | M35-39   | 186     | Jerko          | Grom            | 5 / 7:50  |           | COS Coaching               |
| Sprint | M35-39   | 785     | Jesher         | Loi             | 15 / 9:30 |           |                            |
| Sprint | M35-39   | 216     | John           | Glynn           | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 501     | Jonas          | Thuerig         | 10 / 8:40 |           | COS Coaching               |
| Sprint | M35-39   | 393     | Jonathan       | Chen            | 8 / 8:20  |           |                            |
| Sprint | M35-39   | 85      | Joseph Zezeong | Tan             | 3 / 7:30  |           | Newbie Triathletes         |
| Sprint | M35-39   | 46      | Joshua         | Li              | 2 / 7:20  |           | New Moon KHcycle           |
| Sprint | M35-39   | 483     | Juan Miguel    | Martinez Arroyo | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 533     | Kalaivanan     | Balakrishnan    | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 794     | Kenichiro      | Kubo            | 15 / 9:30 |           |                            |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name     | Last Name    | Wave      | Team Name | Club Name      |
|--------|----------|---------|----------------|--------------|-----------|-----------|----------------|
| Sprint | M35-39   | 786     | Kenny          | Liao         | 15 / 9:30 |           |                |
| Sprint | M35-39   | 743     | Keshav         | Sishta       | 14 / 9:20 |           |                |
| Sprint | M35-39   | 38      | Kyle           | Arnold       | 2 / 7:20  |           | COS Coaching   |
| Sprint | M35-39   | 542     | Kyle           | Junkin       | 11 / 8:50 |           |                |
| Sprint | M35-39   | 663     | Laurens        | Koppelaar    | 13 / 9:10 |           |                |
| Sprint | M35-39   | 689     | Marc           | De Megille   | 13 / 9:10 |           |                |
| Sprint | M35-39   | 694     | Marco          | Milanesi     | 13 / 9:10 |           |                |
| Sprint | M35-39   | 213     | Mark           | Crennan      | 5 / 7:50  |           | MetaSport Club |
| Sprint | M35-39   | 321     | Marlon         | Sy           | 7 / 8:10  |           |                |
| Sprint | M35-39   | 87      | Martin         | Lawrence     | 3 / 7:30  |           |                |
| Sprint | M35-39   | 211     | Mathieu        | Braconnier   | 5 / 7:50  |           | Coached        |
| Sprint | M35-39   | 509     | Matt           | Farrington   | 10 / 8:40 |           |                |
| Sprint | M35-39   | 86      | Matteo         | Vezzosi      | 3 / 7:30  |           |                |
| Sprint | M35-39   | 803     | Matthew        | Baker        | 15 / 9:30 |           | MetaSport Club |
| Sprint | M35-39   | 31      | Michael        | Cassinides   | 2 / 7:20  |           | Brave Coaching |
| Sprint | M35-39   | 127     | Michael        | Ford         | 4 / 7:40  |           |                |
| Sprint | M35-39   | 543     | Michel         | Petitdemange | 11 / 8:50 |           | ANZA           |
| Sprint | M35-39   | 510     | Mike           | Babiy        | 10 / 8:40 |           | MetaSport Club |
| Sprint | M35-39   | 214     | Muhammad       | Fairuz       | 5 / 7:50  |           | Wellbred Tri   |
| Sprint | M35-39   | 504     | Muhammad Rauff | Razali       | 10 / 8:40 |           |                |
| Sprint | M35-39   | 806     | Mun Foong      | Yap          | 15 / 9:30 |           |                |
| Sprint | M35-39   | 83      | Nathaniel      | Tan          | 3 / 7:30  |           |                |
| Sprint | M35-39   | 808     | Nerijus        | Zemgulys     | 15 / 9:30 |           |                |
| Sprint | M35-39   | 576     | Nicholas       | Chia         | 11 / 8:50 |           |                |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name    | Last Name         | Wave      | Team Name | Club Name                  |
|--------|----------|---------|---------------|-------------------|-----------|-----------|----------------------------|
| Sprint | M35-39   | 459     | Nicholas      | Chukiat           | 9 / 8:30  |           | Tribal Triathlon Singapore |
| Sprint | M35-39   | 391     | Nicholas      | Chun              | 8 / 8:20  |           |                            |
| Sprint | M35-39   | 48      | Nicholas      | Van Breda         | 2 / 7:20  |           |                            |
| Sprint | M35-39   | 84      | Nishant       | Tyagi             | 3 / 7:30  |           |                            |
| Sprint | M35-39   | 212     | Orlando Jr    | Chimicag          | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 366     | Owen          | Reid              | 8 / 8:20  |           | Singapore Shufflers        |
| Sprint | M35-39   | 460     | Philip        | Bazany            | 9 / 8:30  |           |                            |
| Sprint | M35-39   | 508     | Philip        | Steggals          | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 505     | Pierre-Eliott | Roussel-Corbineau | 10 / 8:40 |           | Well Bred Tri              |
| Sprint | M35-39   | 387     | Rahmat Idris  | Mangga Barani     | 8 / 8:20  |           |                            |
| Sprint | M35-39   | 812     | Rajamani      | Kandasamy         | 15 / 9:30 |           |                            |
| Sprint | M35-39   | 219     | Reuben        | Tan               | 5 / 7:50  |           |                            |
| Sprint | M35-39   | 54      | Rich          | Bacon             | 2 / 7:20  |           | MetaSport Club             |
| Sprint | M35-39   | 695     | Roc           | Harry             | 13 / 9:10 |           |                            |
| Sprint | M35-39   | 210     | Russell       | De Chernatony     | 5 / 7:50  |           | MetaSport Club             |
| Sprint | M35-39   | 388     | Samuel        | Dennis            | 8 / 8:20  |           |                            |
| Sprint | M35-39   | 693     | Saurabh       | Gupta             | 13 / 9:10 |           | ANZA                       |
| Sprint | M35-39   | 512     | Shimon        | Sakai             | 10 / 8:40 |           |                            |
| Sprint | M35-39   | 506     | Sinisa        | Martincevic       | 10 / 8:40 |           | COS Coaching               |
| Sprint | M35-39   | 598     | Sky           | Cheng             | 11 / 8:50 |           |                            |
| Sprint | M35-39   | 82      | Stephen       | Honey             | 3 / 7:30  |           | Dulwich College Singapore  |
| Sprint | M35-39   | 457     | Steve         | Ward              | 9 / 8:30  |           |                            |
| Sprint | M35-39   | 304     | Tanguy        | De La Sablière    | 7 / 8:10  |           |                            |
| Sprint | M35-39   | 573     | Vikram        | Bala              | 11 / 8:50 |           |                            |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name      | Last Name   | Wave      | Team Name | Club Name      |
|---------------|---------------|---------|-----------------|-------------|-----------|-----------|----------------|
| Sprint        | M35-39        | 456     | Wei Hoong       | Yong        | 9 / 8:30  |           |                |
| Sprint        | M35-39        | 365     | Will            | Kerr        | 8 / 8:20  |           |                |
| Sprint        | M35-39        | 367     | Wille           | Loo         | 8 / 8:20  |           | MetaSport Club |
| Sprint        | M35-39        | 205     | Yong Quan       | Tan         | 5 / 7:50  |           |                |
| Sprint        | M35-39        | 822     | Zhengtong       | Wei         | 15 / 9:30 |           |                |
| Sprint        | M35-39        | 395     | Zhenyuan        | Han         | 8 / 8:20  |           |                |
| Sprint        | M35-39        | 458     | Zhi Jian Marcus | Teo         | 9 / 8:30  |           |                |
| <b>Sprint</b> | <b>M40-44</b> |         |                 |             |           |           |                |
| Sprint        | M40-44        | 465     | Aaric           | Yeo         | 9 / 8:30  |           |                |
| Sprint        | M40-44        | 788     | Adrian          | Bennett     | 15 / 9:30 |           |                |
| Sprint        | M40-44        | 42      | Adrian          | Ooi         | 2 / 7:20  |           |                |
| Sprint        | M40-44        | 697     | Adrian          | Steel       | 13 / 9:10 |           |                |
| Sprint        | M40-44        | 462     | Aleksei         | Maslov      | 9 / 8:30  |           |                |
| Sprint        | M40-44        | 588     | Alexander       | Novikov     | 11 / 8:50 |           |                |
| Sprint        | M40-44        | 580     | Altaz           | Dagha       | 11 / 8:50 |           |                |
| Sprint        | M40-44        | 330     | Alvin           | Teo         | 7 / 8:10  |           |                |
| Sprint        | M40-44        | 585     | Alvin           | Tan         | 11 / 8:50 |           |                |
| Sprint        | M40-44        | 463     | Andrew          | Cox         | 9 / 8:30  |           |                |
| Sprint        | M40-44        | 581     | Andrew          | Smith       | 11 / 8:50 |           |                |
| Sprint        | M40-44        | 402     | Andrew          | Talbot      | 8 / 8:20  |           |                |
| Sprint        | M40-44        | 790     | Andrew          | Ward Curran | 15 / 9:30 |           |                |
| Sprint        | M40-44        | 516     | Andy            | Cropp       | 10 / 8:40 |           |                |
| Sprint        | M40-44        | 746     | Andy            | Reynolds    | 14 / 9:20 |           |                |
| Sprint        | M40-44        | 307     | Andy            | Teo         | 7 / 8:10  |           |                |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name      | Last Name | Wave      | Team Name | Club Name                  |
|--------|----------|---------|-----------------|-----------|-----------|-----------|----------------------------|
| Sprint | M40-44   | 587     | Andy            | Lee       | 11 / 8:50 |           |                            |
| Sprint | M40-44   | 397     | Anna            | Fritz     | 8 / 8:20  |           |                            |
| Sprint | M40-44   | 101     | Asa             | Mendoza   | 3 / 7:30  |           |                            |
| Sprint | M40-44   | 108     | Ashton          | Hansen    | 3 / 7:30  |           | Tribal Triathlon Singapore |
| Sprint | M40-44   | 90      | Atsushi         | Seki      | 3 / 7:30  |           |                            |
| Sprint | M40-44   | 226     | Aurelien        | Bonnet    | 5 / 7:50  |           |                            |
| Sprint | M40-44   | 760     | Ben             | Deacon    | 14 / 9:20 |           |                            |
| Sprint | M40-44   | 326     | Benedict        | Saw       | 7 / 8:10  |           |                            |
| Sprint | M40-44   | 400     | Boaz            | Wibowo    | 8 / 8:20  |           | Terai Melayu               |
| Sprint | M40-44   | 515     | Brandon         | Loke      | 10 / 8:40 |           |                            |
| Sprint | M40-44   | 220     | Carlos          | Estrada   | 5 / 7:50  |           |                            |
| Sprint | M40-44   | 332     | Chee Tiong      | Lim       | 7 / 8:10  |           |                            |
| Sprint | M40-44   | 160     | Chin Him        | Lee       | 4 / 7:40  |           |                            |
| Sprint | M40-44   | 696     | Chivy           | Chan      | 13 / 9:10 |           |                            |
| Sprint | M40-44   | 161     | Choon Hoe       | Ho        | 4 / 7:40  |           |                            |
| Sprint | M40-44   | 699     | Christopher     | Lanaway   | 13 / 9:10 |           |                            |
| Sprint | M40-44   | 698     | Chua            | Songhao   | 13 / 9:10 |           |                            |
| Sprint | M40-44   | 766     | Damien Benedict | Chan      | 14 / 9:20 |           |                            |
| Sprint | M40-44   | 702     | Dan             | Hicks     | 13 / 9:10 |           |                            |
| Sprint | M40-44   | 91      | Danial          | Phua      | 3 / 7:30  |           | Newbie Triathletes         |
| Sprint | M40-44   | 65      | Daniel          | Allender  | 3 / 7:30  |           |                            |
| Sprint | M40-44   | 334     | Daniel          | Knohl     | 7 / 8:10  |           |                            |
| Sprint | M40-44   | 97      | Darren          | Ma        | 3 / 7:30  |           | ANZA                       |
| Sprint | M40-44   | 100     | David           | Mullins   | 3 / 7:30  |           |                            |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name      | Last Name      | Wave      | Team Name | Club Name                 |
|--------|----------|---------|-----------------|----------------|-----------|-----------|---------------------------|
| Sprint | M40-44   | 224     | David           | Vincent Daniel | 5 / 7:50  |           | Thaarumaaru Runners       |
| Sprint | M40-44   | 767     | David           | Wong           | 14 / 9:20 |           |                           |
| Sprint | M40-44   | 164     | Doo Bo          | Chung          | 4 / 7:40  |           |                           |
| Sprint | M40-44   | 732     | Edward          | Carter         | 14 / 9:20 |           |                           |
| Sprint | M40-44   | 106     | Ee Poh          | Ong            | 3 / 7:30  |           | COS Coaching              |
| Sprint | M40-44   | 464     | Egis            | Rimkus         | 9 / 8:30  |           |                           |
| Sprint | M40-44   | 431     | Erwin Rommel    | Espinosa       | 9 / 8:30  |           | Sugarcane                 |
| Sprint | M40-44   | 95      | Étienne         | Kasperczyk     | 3 / 7:30  |           |                           |
| Sprint | M40-44   | 163     | Ewen            | Plougastel     | 4 / 7:40  |           |                           |
| Sprint | M40-44   | 45      | Ewin            | Teo            | 2 / 7:20  |           | New Moon KHcycle          |
| Sprint | M40-44   | 327     | Fadzly          | Othman         | 7 / 8:10  |           | Terai Melayu              |
| Sprint | M40-44   | 93      | Flavio Marco    | Rusconi        | 3 / 7:30  |           |                           |
| Sprint | M40-44   | 583     | Francois-Xavier | Douay          | 11 / 8:50 |           |                           |
| Sprint | M40-44   | 104     | Gary            | Lam            | 3 / 7:30  |           |                           |
| Sprint | M40-44   | 368     | Hafiz           | Osman          | 8 / 8:20  |           |                           |
| Sprint | M40-44   | 37      | Haythem         | El-Ansary      | 2 / 7:20  |           | ANZA                      |
| Sprint | M40-44   | 96      | Ian             | Stewart        | 3 / 7:30  |           | Dulwich College Singapore |
| Sprint | M40-44   | 223     | James           | Field          | 5 / 7:50  |           |                           |
| Sprint | M40-44   | 325     | Jan-Viggo       | Johansen       | 7 / 8:10  |           |                           |
| Sprint | M40-44   | 586     | Jonathan        | Rake           | 11 / 8:50 |           |                           |
| Sprint | M40-44   | 514     | Josselin        | Pitard         | 10 / 8:40 |           |                           |
| Sprint | M40-44   | 704     | Julian          | Lim            | 13 / 9:10 |           | ANZA                      |
| Sprint | M40-44   | 225     | Karhoe          | Chan           | 5 / 7:50  |           | MetaSport Club            |
| Sprint | M40-44   | 403     | Ken             | Forbes         | 8 / 8:20  |           | ANZA                      |

# Triathlon Participant List



| Race   | Category | Bib No. | First Name      | Last Name        | Wave      | Team Name | Club Name                  |
|--------|----------|---------|-----------------|------------------|-----------|-----------|----------------------------|
| Sprint | M40-44   | 324     | Kenneth         | Cheung           | 7 / 8:10  |           |                            |
| Sprint | M40-44   | 399     | Kevin           | Slack            | 8 / 8:20  |           |                            |
| Sprint | M40-44   | 162     | Kwok Wern       | Ho               | 4 / 7:40  |           |                            |
| Sprint | M40-44   | 396     | Louis           | Teo              | 8 / 8:20  |           |                            |
| Sprint | M40-44   | 736     | Luke            | Diaz             | 14 / 9:20 |           |                            |
| Sprint | M40-44   | 584     | Manoj           | Mishra           | 11 / 8:50 |           |                            |
| Sprint | M40-44   | 105     | Mark            | Castrey          | 3 / 7:30  |           |                            |
| Sprint | M40-44   | 737     | Masayuki        | Kanayama         | 14 / 9:20 |           |                            |
| Sprint | M40-44   | 430     | Matthew         | Brown            | 9 / 8:30  |           | Singapore Shufflers        |
| Sprint | M40-44   | 787     | Milton          | Tan              | 15 / 9:30 |           |                            |
| Sprint | M40-44   | 791     | Minendra        | Bhattarai        | 15 / 9:30 |           |                            |
| Sprint | M40-44   | 745     | Mohamed Shahrul | Bin Mohamed Diah | 14 / 9:20 |           |                            |
| Sprint | M40-44   | 401     | Mun Kit         | Chong            | 8 / 8:20  |           | Tribal Triathlon Singapore |
| Sprint | M40-44   | 329     | Navarro         | Regie Lape       | 7 / 8:10  |           |                            |
| Sprint | M40-44   | 703     | Nicholas        | Padgalskas       | 13 / 9:10 |           |                            |
| Sprint | M40-44   | 47      | Nicolas         | Maes             | 2 / 7:20  |           | ANZA                       |
| Sprint | M40-44   | 39      | Nicolas         | Philippe         | 2 / 7:20  |           | 859                        |
| Sprint | M40-44   | 35      | Nikolai         | Jenkins          | 2 / 7:20  |           | Arrivo Primo Singapura     |
| Sprint | M40-44   | 103     | Pavel           | Suchy            | 3 / 7:30  |           |                            |
| Sprint | M40-44   | 333     | Peter           | Farnsworth       | 7 / 8:10  |           | COS Coaching               |
| Sprint | M40-44   | 789     | Pierre          | Kolko Epinat     | 15 / 9:30 |           |                            |
| Sprint | M40-44   | 132     | Pierre-Louis    | Migairou         | 4 / 7:40  |           |                            |
| Sprint | M40-44   | 701     | Richard         | Brooks           | 13 / 9:10 |           | Dulwich College Singapore  |
| Sprint | M40-44   | 582     | Richard         | Williams         | 11 / 8:50 |           |                            |



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| Race          | Category      | Bib No. | First Name | Last Name    | Wave      | Team Name | Club Name                    |
|---------------|---------------|---------|------------|--------------|-----------|-----------|------------------------------|
| Sprint        | M40-44        | 484     | Ruud       | Langeveld    | 10 / 8:40 |           |                              |
| Sprint        | M40-44        | 398     | Sami       | Nazar        | 8 / 8:20  |           | Decathlon                    |
| Sprint        | M40-44        | 328     | Sebastien  | Borne        | 7 / 8:10  |           |                              |
| Sprint        | M40-44        | 700     | Sicris Rey | Embay        | 13 / 9:10 |           |                              |
| Sprint        | M40-44        | 107     | Sin        | Peng Hwee    | 3 / 7:30  |           |                              |
| Sprint        | M40-44        | 66      | Stephen    | Banfield     | 3 / 7:30  |           | Elevate Performance Coaching |
| Sprint        | M40-44        | 306     | Swami      | Ganesh       | 7 / 8:10  |           |                              |
| Sprint        | M40-44        | 222     | Thomas     | Choi         | 5 / 7:50  |           |                              |
| Sprint        | M40-44        | 221     | Thomas     | Verotte      | 5 / 7:50  |           |                              |
| Sprint        | M40-44        | 131     | Tien       | Tan          | 4 / 7:40  |           |                              |
| Sprint        | M40-44        | 187     | Tim        | Maiden       | 5 / 7:50  |           |                              |
| Sprint        | M40-44        | 99      | Tuomas     | Peltoniemi   | 3 / 7:30  |           |                              |
| Sprint        | M40-44        | 513     | Tze Wen    | Chong        | 10 / 8:40 |           |                              |
| Sprint        | M40-44        | 404     | Vincent    | Kok          | 8 / 8:20  |           |                              |
| Sprint        | M40-44        | 578     | Vincent    | Lerouvillois | 11 / 8:50 |           |                              |
| Sprint        | M40-44        | 579     | Vladislav  | Tsyryuk      | 11 / 8:50 |           |                              |
| Sprint        | M40-44        | 744     | Wesley     | Boers        | 14 / 9:20 |           |                              |
| Sprint        | M40-44        | 331     | Yeow Siang | Ng           | 7 / 8:10  |           |                              |
| Sprint        | M40-44        | 461     | Yosuke     | Arai         | 9 / 8:30  |           |                              |
| Sprint        | M40-44        | 722     | Yuki       | Hamada       | 14 / 9:20 |           |                              |
| Sprint        | M40-44        | 323     | Yuki       | Yamamoto     | 7 / 8:10  |           |                              |
| <b>Sprint</b> | <b>M45-49</b> |         |            |              |           |           |                              |
| Sprint        | M45-49        | 758     | Aaron      | Hallmark     | 14 / 9:20 |           |                              |
| Sprint        | M45-49        | 749     | Alexander  | Harrison     | 14 / 9:20 |           | Tanglin Trust School         |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name     | Last Name | Wave      | Team Name | Club Name                  |
|--------|----------|---------|----------------|-----------|-----------|-----------|----------------------------|
| Sprint | M45-49   | 67      | Alexandre      | Dardel    | 3 / 7:30  |           | MetaSport Club             |
| Sprint | M45-49   | 728     | Alister        | Beck      | 14 / 9:20 |           |                            |
| Sprint | M45-49   | 729     | Andreas        | Enderlin  | 14 / 9:20 |           |                            |
| Sprint | M45-49   | 473     | Andrew         | Nurney    | 9 / 8:30  |           |                            |
| Sprint | M45-49   | 782     | Andy           | Meehan    | 15 / 9:30 |           | Coached                    |
| Sprint | M45-49   | 189     | Andy           | Williams  | 5 / 7:50  |           | COS Coaching               |
| Sprint | M45-49   | 519     | Ben            | Munroe    | 10 / 8:40 |           |                            |
| Sprint | M45-49   | 474     | Beng Sue David | Gan       | 9 / 8:30  |           |                            |
| Sprint | M45-49   | 724     | Bertrand       | Garnier   | 14 / 9:20 |           |                            |
| Sprint | M45-49   | 230     | Boo Beng       | Khoo      | 5 / 7:50  |           | FISHLIKE SINGAPORE         |
| Sprint | M45-49   | 761     | Brian          | O'Dwyer   | 14 / 9:20 |           | Singapore American School  |
| Sprint | M45-49   | 664     | Bruno          | Pierobon  | 13 / 9:10 |           |                            |
| Sprint | M45-49   | 470     | Budi           | Akbarsjah | 9 / 8:30  |           |                            |
| Sprint | M45-49   | 762     | Carlos         | Clavel    | 14 / 9:20 |           | ANZA                       |
| Sprint | M45-49   | 468     | Cedric         | Humblot   | 9 / 8:30  |           |                            |
| Sprint | M45-49   | 521     | Chang          | Kim Huat  | 10 / 8:40 |           |                            |
| Sprint | M45-49   | 173     | Chee Kuan      | Tang      | 4 / 7:40  |           |                            |
| Sprint | M45-49   | 335     | Cheng Hoo      | Lim       | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 412     | Chian Yong     | Gui       | 8 / 8:20  |           |                            |
| Sprint | M45-49   | 432     | Choonmoon      | Jeon      | 9 / 8:30  |           |                            |
| Sprint | M45-49   | 467     | Chor Yik       | Tan       | 9 / 8:30  |           | Tribal Triathlon Singapore |
| Sprint | M45-49   | 544     | Chris          | Feret     | 11 / 8:50 |           |                            |
| Sprint | M45-49   | 765     | Christian      | Westbeld  | 14 / 9:20 |           |                            |
| Sprint | M45-49   | 545     | Chung Kiat     | Poon      | 11 / 8:50 |           |                            |

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| Race   | Category | Bib No. | First Name | Last Name  | Wave      | Team Name | Club Name             |
|--------|----------|---------|------------|------------|-----------|-----------|-----------------------|
| Sprint | M45-49   | 165     | Clement    | Ahiepor    | 4 / 7:40  |           |                       |
| Sprint | M45-49   | 344     | Daniel     | Gan        | 7 / 8:10  |           | MacRitchie Runners 25 |
| Sprint | M45-49   | 341     | David      | Han        | 7 / 8:10  |           |                       |
| Sprint | M45-49   | 706     | David      | Lacherade  | 13 / 9:10 |           |                       |
| Sprint | M45-49   | 471     | David      | Oh         | 9 / 8:30  |           |                       |
| Sprint | M45-49   | 466     | Deke       | Pedrick    | 9 / 8:30  |           | MetaSport Club        |
| Sprint | M45-49   | 170     | Don        | Stokes     | 4 / 7:40  |           |                       |
| Sprint | M45-49   | 546     | Duncan     | Howard     | 11 / 8:50 |           | ANZA                  |
| Sprint | M45-49   | 479     | Enrique    | Patrickson | 9 / 8:30  |           |                       |
| Sprint | M45-49   | 475     | Fariz      | Tajularus  | 9 / 8:30  |           |                       |
| Sprint | M45-49   | 705     | Gerald     | Araujo     | 13 / 9:10 |           |                       |
| Sprint | M45-49   | 232     | Geran      | Guerrero   | 5 / 7:50  |           |                       |
| Sprint | M45-49   | 433     | Gilles     | Pascual    | 9 / 8:30  |           |                       |
| Sprint | M45-49   | 41      | Gregoire   | Sauve      | 2 / 7:20  |           |                       |
| Sprint | M45-49   | 110     | Hiroyuki   | Miyake     | 3 / 7:30  |           |                       |
| Sprint | M45-49   | 518     | Hugo       | Heitling   | 10 / 8:40 |           |                       |
| Sprint | M45-49   | 707     | Jackie     | Chen       | 13 / 9:10 |           |                       |
| Sprint | M45-49   | 338     | James      | Hewitt     | 7 / 8:10  |           |                       |
| Sprint | M45-49   | 308     | Jamie      | Morgan     | 7 / 8:10  |           |                       |
| Sprint | M45-49   | 228     | Jason      | Yai        | 5 / 7:50  |           | Newbie Triathletes    |
| Sprint | M45-49   | 174     | Jeffrey    | Pruis      | 4 / 7:40  |           | ANZA                  |
| Sprint | M45-49   | 408     | Jeffrey    | Wong       | 8 / 8:20  |           | Newbie Triathletes    |
| Sprint | M45-49   | 734     | Joe        | Tan        | 14 / 9:20 |           |                       |
| Sprint | M45-49   | 229     | Joey       | Veloso     | 5 / 7:50  |           |                       |

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| Race   | Category | Bib No. | First Name    | Last Name   | Wave      | Team Name | Club Name                              |
|--------|----------|---------|---------------|-------------|-----------|-----------|--|
| Sprint | M45-49   | 405     | Justin        | Tan         | 8 / 8:20  |           |  |
| Sprint | M45-49   | 166     | Keisuke       | Ogawa       | 4 / 7:40  |           |  |
| Sprint | M45-49   | 434     | Kentaro       | Mochizuki   | 9 / 8:30  |           | Tribal Triathlon Singapore             |
| Sprint | M45-49   | 406     | Khin Chuen    | Gerald Yong | 8 / 8:20  |           | Team SL                                |
| Sprint | M45-49   | 343     | Klaus         | Mueller     | 7 / 8:10  |           |  |
| Sprint | M45-49   | 109     | Kum Kuen      | Fong        | 3 / 7:30  |           |  |
| Sprint | M45-49   | 797     | Leo           | Chan        | 15 / 9:30 |           |  |
| Sprint | M45-49   | 435     | Leslie        | Chew        | 9 / 8:30  |           | Elevate Performance Coaching           |
| Sprint | M45-49   | 823     | Luke          | Millar      | 15 / 9:30 |           | Elevate Performance Coaching           |
| Sprint | M45-49   | 799     | M             | Faizul      | 15 / 9:30 |           |  |
| Sprint | M45-49   | 801     | Mark          | Dolan       | 15 / 9:30 |           | MetaSport Club                         |
| Sprint | M45-49   | 171     | Mark          | Fisher      | 4 / 7:40  |           |  |
| Sprint | M45-49   | 36      | Mark          | Jansen      | 2 / 7:20  |           |  |
| Sprint | M45-49   | 169     | Mark Wei Seng | Mu          | 4 / 7:40  |           |  |
| Sprint | M45-49   | 409     | Masri         | Mohamed     | 8 / 8:20  |           | COS Coaching                           |
| Sprint | M45-49   | 747     | Matthew       | Latham      | 14 / 9:20 |           | ANZA                                   |
| Sprint | M45-49   | 748     | Matthieu      | Pere        | 14 / 9:20 |           |  |
| Sprint | M45-49   | 665     | Mauro         | Pravettoni  | 13 / 9:10 |           | National University of Singapore (NUS) |
| Sprint | M45-49   | 469     | Max           | Ng          | 9 / 8:30  |           |  |
| Sprint | M45-49   | 413     | Mehul         | Khimasia    | 8 / 8:20  |           |  |
| Sprint | M45-49   | 708     | Mustaqim      | Mohamed     | 13 / 9:10 |           | Coached                                |
| Sprint | M45-49   | 472     | Nicholas      | Fang        | 9 / 8:30  |           |  |
| Sprint | M45-49   | 738     | Nick          | Jonsson     | 14 / 9:20 |           |  |
| Sprint | M45-49   | 517     | Paul          | Abrey       | 10 / 8:40 |           | Coached                                |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name | Last Name      | Wave      | Team Name | Club Name                  |
|--------|----------|---------|------------|----------------|-----------|-----------|----------------------------|
| Sprint | M45-49   | 233     | Paul       | Cameron        | 5 / 7:50  |           |                            |
| Sprint | M45-49   | 723     | Paul       | Simpson        | 14 / 9:20 |           |                            |
| Sprint | M45-49   | 167     | Peter      | Cuthbert       | 4 / 7:40  |           |                            |
| Sprint | M45-49   | 411     | Phillip    | Hall           | 8 / 8:20  |           |                            |
| Sprint | M45-49   | 68      | Regis      | Paumier        | 3 / 7:30  |           |                            |
| Sprint | M45-49   | 436     | Renaud     | Joly           | 9 / 8:30  |           | Coached                    |
| Sprint | M45-49   | 410     | Rene       | Hillig         | 8 / 8:20  |           |                            |
| Sprint | M45-49   | 168     | Rico       | Teo            | 4 / 7:40  |           |                            |
| Sprint | M45-49   | 407     | Roushan    | Hussain        | 8 / 8:20  |           |                            |
| Sprint | M45-49   | 309     | Roy        | Lee            | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 336     | Rsii       | Matanguihan    | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 342     | Russell    | Van Der Water  | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 231     | Salvador   | Alarcon Alacio | 5 / 7:50  |           | Arrivo Primo Singapura     |
| Sprint | M45-49   | 340     | Sebastien  | Cabanel        | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 590     | Shekhar    | Dhanvijay      | 11 / 8:50 |           | MetaSport Club             |
| Sprint | M45-49   | 591     | Shoji      | Sakai          | 11 / 8:50 |           |                            |
| Sprint | M45-49   | 227     | Siew Kwan  | Tang           | 5 / 7:50  |           | Fishlike Singapore         |
| Sprint | M45-49   | 783     | Simon      | Bailey         | 15 / 9:30 |           |                            |
| Sprint | M45-49   | 188     | Simon      | Gardiner       | 5 / 7:50  |           |                            |
| Sprint | M45-49   | 666     | Simon      | Mercer         | 13 / 9:10 |           |                            |
| Sprint | M45-49   | 476     | Simone     | Lovati         | 9 / 8:30  |           | Tribal Triathlon Singapore |
| Sprint | M45-49   | 337     | Stefan     | Kinscher       | 7 / 8:10  |           |                            |
| Sprint | M45-49   | 520     | Vincent    | Lee            | 10 / 8:40 |           |                            |
| Sprint | M45-49   | 818     | Wajit      | Ali            | 15 / 9:30 |           |                            |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name   | Last Name     | Wave      | Team Name | Club Name                         |
|---------------|---------------|---------|--------------|---------------|-----------|-----------|-----------------------------------|
| Sprint        | M45-49        | 589     | Wesley       | Kim           | 11 / 8:50 |           |                                   |
| Sprint        | M45-49        | 781     | Yann         | Le Goff       | 15 / 9:30 |           |                                   |
| Sprint        | M45-49        | 339     | Yeok Koon    | Quak          | 7 / 8:10  |           |                                   |
| <b>Sprint</b> | <b>M50-54</b> |         |              |               |           |           |                                   |
| Sprint        | M50-54        | 759     | Alex         | Manson        | 14 / 9:20 |           |                                   |
| Sprint        | M50-54        | 50      | Andrew       | Fleming       | 2 / 7:20  |           |                                   |
| Sprint        | M50-54        | 714     | Andrew       | Kiwanuka      | 13 / 9:10 |           |                                   |
| Sprint        | M50-54        | 477     | Ang          | Mh            | 9 / 8:30  |           |                                   |
| Sprint        | M50-54        | 594     | Arran        | Brennan       | 11 / 8:50 |           |                                   |
| Sprint        | M50-54        | 715     | Axel         | Schweitzer    | 13 / 9:10 |           |                                   |
| Sprint        | M50-54        | 369     | Brett        | Hayes         | 8 / 8:20  |           | MetaSport Club                    |
| Sprint        | M50-54        | 236     | Brian        | Lam           | 5 / 7:50  |           |                                   |
| Sprint        | M50-54        | 710     | Chee Pheng   | Lim           | 13 / 9:10 |           |                                   |
| Sprint        | M50-54        | 113     | Chris        | Shie          | 3 / 7:30  |           |                                   |
| Sprint        | M50-54        | 112     | Chun Wai     | Leong         | 3 / 7:30  |           | Newbie Triathletes                |
| Sprint        | M50-54        | 593     | Colin        | Clark         | 11 / 8:50 |           |                                   |
| Sprint        | M50-54        | 667     | Damian       | Buckley       | 13 / 9:10 |           |                                   |
| Sprint        | M50-54        | 190     | Dean         | Pearce        | 5 / 7:50  |           | MetaSport Club                    |
| Sprint        | M50-54        | 235     | Deo          | Patron        | 5 / 7:50  |           |                                   |
| Sprint        | M50-54        | 177     | Dr Francisco | Salcido-Ochoa | 4 / 7:40  |           | OLYMPIA Lifestyle by Dr Francisco |
| Sprint        | M50-54        | 414     | Edwin        | Hooy          | 8 / 8:20  |           |                                   |
| Sprint        | M50-54        | 712     | Favid        | Szmukler      | 13 / 9:10 |           |                                   |
| Sprint        | M50-54        | 111     | Frederic     | Devos         | 3 / 7:30  |           |                                   |
| Sprint        | M50-54        | 485     | Gurvan       | Robineau      | 10 / 8:40 |           |                                   |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name  | Last Name   | Wave      | Team Name | Club Name                       |
|--------|----------|---------|-------------|-------------|-----------|-----------|---------------------------------|
| Sprint | M50-54   | 769     | Guy         | Markham     | 14 / 9:20 |           |                                 |
| Sprint | M50-54   | 346     | Hans        | Nasemann    | 7 / 8:10  |           |                                 |
| Sprint | M50-54   | 547     | Herve       | Conseil     | 11 / 8:50 |           |                                 |
| Sprint | M50-54   | 176     | Hse Ming    | Chan        | 4 / 7:40  |           | Elevate Performance Coaching    |
| Sprint | M50-54   | 709     | James       | Lester      | 13 / 9:10 |           |                                 |
| Sprint | M50-54   | 523     | John        | Shoemaker   | 10 / 8:40 |           |                                 |
| Sprint | M50-54   | 524     | Jonathan    | Wilkinson   | 10 / 8:40 |           |                                 |
| Sprint | M50-54   | 752     | Kanagarajah | Nadarajah   | 14 / 9:20 |           | tri makal                       |
| Sprint | M50-54   | 824     | Kok Chuan   | Chua        | 15 / 9:30 |           |                                 |
| Sprint | M50-54   | 796     | Kurt        | Bridge      | 15 / 9:30 |           |                                 |
| Sprint | M50-54   | 352     | Lee         | Teck Lim    | 7 / 8:10  |           | Elevate Performance Coaching    |
| Sprint | M50-54   | 349     | Leek Ooi    | Tan         | 7 / 8:10  |           |                                 |
| Sprint | M50-54   | 751     | Luki        | Soeradinata | 14 / 9:20 |           |                                 |
| Sprint | M50-54   | 178     | Marcelo     | Cosas       | 4 / 7:40  |           | Singapore Womens Triathlon Club |
| Sprint | M50-54   | 350     | Martin      | Hauske      | 7 / 8:10  |           |                                 |
| Sprint | M50-54   | 592     | Matthew     | Grey        | 11 / 8:50 |           |                                 |
| Sprint | M50-54   | 792     | Matthew     | Maguire     | 15 / 9:30 |           |                                 |
| Sprint | M50-54   | 711     | Mikko       | Soh         | 13 / 9:10 |           | Newbie Triathletes              |
| Sprint | M50-54   | 713     | Mohd Firoze | Hashim      | 13 / 9:10 |           |                                 |
| Sprint | M50-54   | 348     | Morandi     | Simone      | 7 / 8:10  |           |                                 |
| Sprint | M50-54   | 353     | Mun Tat     | Chan        | 7 / 8:10  |           |                                 |
| Sprint | M50-54   | 118     | Murray      | Higgs       | 3 / 7:30  |           |                                 |
| Sprint | M50-54   | 415     | Neil        | Bowyer      | 8 / 8:20  |           |                                 |
| Sprint | M50-54   | 668     | Nick        | Gray        | 13 / 9:10 |           |                                 |

# Triathlon Participant List

| Race          | Category      | Bib No. | First Name | Last Name    | Wave      | Team Name | Club Name      |
|---------------|---------------|---------|------------|--------------|-----------|-----------|----------------|
| Sprint        | M50-54        | 810     | Nick       | Lim          | 15 / 9:30 |           |                |
| Sprint        | M50-54        | 811     | Patrick    | Hopkins      | 15 / 9:30 |           |                |
| Sprint        | M50-54        | 525     | Pin        | Chen         | 10 / 8:40 |           |                |
| Sprint        | M50-54        | 549     | Po Yu      | Huang        | 11 / 8:50 |           | MetaSport Club |
| Sprint        | M50-54        | 347     | Ray        | Yew          | 7 / 8:10  |           |                |
| Sprint        | M50-54        | 179     | Richard    | Ireland      | 4 / 7:40  |           |                |
| Sprint        | M50-54        | 750     | Richard    | Schippers    | 14 / 9:20 |           |                |
| Sprint        | M50-54        | 416     | Robbie     | Chana        | 8 / 8:20  |           |                |
| Sprint        | M50-54        | 814     | Romain     | Voog         | 15 / 9:30 |           |                |
| Sprint        | M50-54        | 548     | Scott      | Dunn         | 11 / 8:50 |           |                |
| Sprint        | M50-54        | 345     | Sin-Huat   | Koh          | 7 / 8:10  |           |                |
| Sprint        | M50-54        | 134     | Si         | T            | 4 / 7:40  |           |                |
| Sprint        | M50-54        | 180     | Stuart     | Klein        | 4 / 7:40  |           | MetaSport Club |
| Sprint        | M50-54        | 417     | Terence    | Tan          | 8 / 8:20  |           |                |
| Sprint        | M50-54        | 817     | Todd       | Whittemore   | 15 / 9:30 |           |                |
| Sprint        | M50-54        | 351     | Vinay      | Chainani     | 7 / 8:10  |           | MetaSport Club |
| Sprint        | M50-54        | 234     | Wai Sum    | Chan         | 5 / 7:50  |           |                |
| Sprint        | M50-54        | 725     | Wee Kian   | Teo          | 14 / 9:20 |           |                |
| Sprint        | M50-54        | 133     | Yoichi     | Kanzaki      | 4 / 7:40  |           |                |
| Sprint        | M50-54        | 522     | Yoong Whye | Johnny Leong | 10 / 8:40 |           |                |
| <b>Sprint</b> | <b>M55-59</b> |         |            |              |           |           |                |
| Sprint        | M55-59        | 730     | Andreas    | Kohn         | 14 / 9:20 |           |                |
| Sprint        | M55-59        | 753     | Au         | Ai Seng      | 14 / 9:20 |           |                |
| Sprint        | M55-59        | 115     | Brent      | Morgans      | 3 / 7:30  |           | COS Coaching   |



# Triathlon Participant List



| Race          | Category      | Bib No. | First Name | Last Name     | Wave      | Team Name | Club Name   |
|---------------|---------------|---------|------------|---------------|-----------|-----------|-------------|
| Sprint        | M55-59        | 551     | Chew Choon | Tan           | 11 / 8:50 |           |             |
| Sprint        | M55-59        | 718     | Fernando   | Salazar       | 13 / 9:10 |           |             |
| Sprint        | M55-59        | 529     | Francois   | De Repentigny | 10 / 8:40 |           |             |
| Sprint        | M55-59        | 372     | Frank      | Courtney-Jay  | 8 / 8:20  |           | ANZA        |
| Sprint        | M55-59        | 370     | Guy        | Losson        | 8 / 8:20  |           |             |
| Sprint        | M55-59        | 527     | Hideki     | Mochizuki     | 10 / 8:40 |           |             |
| Sprint        | M55-59        | 716     | Hideki     | Mochizuki     | 13 / 9:10 |           |             |
| Sprint        | M55-59        | 717     | Ichiro     | Kawada        | 13 / 9:10 |           |             |
| Sprint        | M55-59        | 669     | Jan        | Zastera       | 13 / 9:10 |           | Team Fabian |
| Sprint        | M55-59        | 354     | Kah Whye   | Lee           | 7 / 8:10  |           |             |
| Sprint        | M55-59        | 238     | Kavin      | Phillips      | 5 / 7:50  |           |             |
| Sprint        | M55-59        | 114     | Koh Chuan  | Liow          | 3 / 7:30  |           |             |
| Sprint        | M55-59        | 239     | Lloyd      | Eastment      | 5 / 7:50  |           |             |
| Sprint        | M55-59        | 726     | Mathias    | Deubel        | 14 / 9:20 |           |             |
| Sprint        | M55-59        | 754     | Mike       | Molloy        | 14 / 9:20 |           |             |
| Sprint        | M55-59        | 528     | Patrick    | Staedler      | 10 / 8:40 |           |             |
| Sprint        | M55-59        | 526     | Paul       | Bradshaw      | 10 / 8:40 |           |             |
| Sprint        | M55-59        | 371     | Peter      | Tierney       | 8 / 8:20  |           |             |
| Sprint        | M55-59        | 478     | Sagi       | Karni         | 9 / 8:30  |           |             |
| Sprint        | M55-59        | 355     | Scott      | Lyall         | 7 / 8:10  |           | Coached     |
| Sprint        | M55-59        | 815     | Stephane   | Pautard       | 15 / 9:30 |           |             |
| Sprint        | M55-59        | 550     | Tomoyuki   | Kato          | 11 / 8:50 |           |             |
| Sprint        | M55-59        | 418     | Tong Peng  | Lim           | 8 / 8:20  |           |             |
| <b>Sprint</b> | <b>M60-64</b> |         |            |               |           |           |             |

# Triathlon Participant List



| Race          | Category      | Bib No. | First Name      | Last Name   | Wave      | Team Name | Club Name         |
|---------------|---------------|---------|-----------------|-------------|-----------|-----------|-------------------|
| Sprint        | M60-64        | 719     | Andrew          | Ladd        | 13 / 9:10 |           | MetaSport Club    |
| Sprint        | M60-64        | 356     | Bertrand        | Tellier     | 7 / 8:10  |           |                   |
| Sprint        | M60-64        | 731     | Carl            | Skadian     | 14 / 9:20 |           |                   |
| Sprint        | M60-64        | 530     | David John      | Smith       | 10 / 8:40 |           |                   |
| Sprint        | M60-64        | 768     | Eric            | Roose       | 14 / 9:20 |           |                   |
| Sprint        | M60-64        | 191     | Francois        | Lancon      | 5 / 7:50  |           |                   |
| Sprint        | M60-64        | 357     | Harold          | Or          | 7 / 8:10  |           |                   |
| Sprint        | M60-64        | 116     | Hiroyuki        | Tanaka      | 3 / 7:30  |           |                   |
| Sprint        | M60-64        | 532     | Hong Tat        | Puah        | 10 / 8:40 |           |                   |
| Sprint        | M60-64        | 373     | Ian             | Wright      | 8 / 8:20  |           |                   |
| Sprint        | M60-64        | 755     | Jean-Christophe | Serkumian   | 14 / 9:20 |           |                   |
| Sprint        | M60-64        | 552     | Joachim         | Ackermann   | 11 / 8:50 |           |                   |
| Sprint        | M60-64        | 419     | Johan Lau       | Diderichsen | 8 / 8:20  |           |                   |
| Sprint        | M60-64        | 735     | Jonathan        | Earnshaw    | 14 / 9:20 |           |                   |
| Sprint        | M60-64        | 756     | Kay Chuan       | Tan         | 14 / 9:20 |           |                   |
| Sprint        | M60-64        | 807     | Murray          | Alldritt    | 15 / 9:30 |           |                   |
| Sprint        | M60-64        | 69      | Patrick         | De Moustier | 3 / 7:30  |           |                   |
| Sprint        | M60-64        | 486     | Peaceful        | Warrior     | 10 / 8:40 |           | MetaSport Club    |
| Sprint        | M60-64        | 595     | Tuck Meng       | Yang        | 11 / 8:50 |           | MetaSport Club    |
| Sprint        | M60-64        | 531     | Yoichi          | Takesawa    | 10 / 8:40 |           |                   |
| <b>Sprint</b> | <b>M65-69</b> |         |                 |             |           |           |                   |
| Sprint        | M65-69        | 757     | Chris           | Bray        | 14 / 9:20 |           |                   |
| Sprint        | M65-69        | 117     | Peter           | Allen       | 3 / 7:30  |           | West Coast Riders |
| Sprint        | M65-69        | 420     | Rainer          | Tenius      | 8 / 8:20  |           |                   |

# Triathlon Participant List



| Race          | Category            | Bib No. | First Name  | Last Name     | Wave      | Team Name        | Club Name                       |
|---------------|---------------------|---------|-------------|---------------|-----------|------------------|---------------------------------|
| <b>Sprint</b> | <b>M70+</b>         |         |             |               |           |                  |                                 |
| Sprint        | M70-74              | 825     | Hans        | Bock          | 15 / 9:30 |                  |                                 |
| Sprint        | M70-74              | 596     | Peter       | Ng Ngiap Kui  | 11 / 8:50 |                  | Newbie Triathletes              |
| <b>Sprint</b> | <b>Women's Team</b> |         |             |               |           |                  |                                 |
| Sprint        | Team F              | 136     | Cristina    | Capaldi-Cosas | 4 / 7:40  | Cee-Vees         | Singapore Womens Triathlon Club |
| Sprint        | Team F              | 136     | Veronica    | Travesani     | /         | Cee-Vees         | Singapore Womens Triathlon Club |
| Sprint        | Team F              | 250     | Hanim       | Hamzah        | 6 / 8:00  | Internal Inferno |                                 |
| Sprint        | Team F              | 250     | Louise      | Lai           | /         | Internal Inferno |                                 |
| Sprint        | Team F              | 250     | Rossana     | Abueva        | /         | Internal Inferno |                                 |
| Sprint        | Team F              | 819     | Lina        | Rahman        | 15 / 9:30 | On X On          |                                 |
| Sprint        | Team F              | 819     | Nazimah     | Aziz          | /         | On X On          |                                 |
| Sprint        | Team F              | 819     | Nicole      | Iman          | /         | On X On          |                                 |
| Sprint        | Team F              | 257     | Alice       | Budisatrijo   | 6 / 8:00  | Team Ams         |                                 |
| Sprint        | Team F              | 257     | Melba       | Pria          | /         | Team Ams         |                                 |
| Sprint        | Team F              | 257     | Wan Sie     | Lee           | /         | Team Ams         |                                 |
| Sprint        | Team F              | 143     | El Fuon     | Yap           | 4 / 7:40  | the 3 musketeers |                                 |
| Sprint        | Team F              | 143     | Hooi Yee    | Tan           | /         | the 3 musketeers |                                 |
| Sprint        | Team F              | 143     | May Ling    | Yang          | /         | the 3 musketeers |                                 |
| Sprint        | Team F              | 609     | Emma        | Noguchi       | 12 / 9:00 | WONDER           |                                 |
| Sprint        | Team F              | 609     | Patricia    | Lee           | /         | WONDER           |                                 |
| Sprint        | Team F              | 609     | Simone      | Baldwin       | /         | WONDER           |                                 |
| <b>Sprint</b> | <b>Men's Team</b>   |         |             |               |           |                  |                                 |
| Sprint        | Team M              | 553     | Muhammad    | Nur Ismaik    | 11 / 8:50 | ASCOM            |                                 |
| Sprint        | Team M              | 553     | Rudy Elfian | Sapri         | /         | ASCOM            |                                 |

# Triathlon Participant List

| Race   | Category | Bib No. | First Name | Last Name        | Wave      | Team Name           | Club Name                  |
|--------|----------|---------|------------|------------------|-----------|---------------------|----------------------------|
| Sprint | Team M   | 553     | Zulkifli   | Masri            | /         | ASCOM               |                            |
| Sprint | Team M   | 73      | Andrew     | Peck             | 3 / 7:30  | EmAndTaz            |                            |
| Sprint | Team M   | 374     | Muhammad   | Sadikin Nurfaqih | /         | Heavy Truckers      |                            |
| Sprint | Team M   | 374     | Muhammad   | Zarie            | 8 / 8:20  | Heavy Truckers      |                            |
| Sprint | Team M   | 374     | Sallehin   | Rakim            | /         | Heavy Truckers      |                            |
| Sprint | Team M   | 661     | Paul       | Carpenter        | 13 / 9:10 | In it for the Craic |                            |
| Sprint | Team M   | 301     | Orcun      | Tezel            | /         | iRonORPete          |                            |
| Sprint | Team M   | 301     | Peter      | Bocquet          | /         | iRonORPete          |                            |
| Sprint | Team M   | 301     | Ron        | Wang             | /         | iRonORPete          |                            |
| Sprint | Team M   | 92      | Anubhav    | Mehrotra         | 3 / 7:30  | Pixoken             | SwimSmooth Singapore       |
| Sprint | Team M   | 92      | Tariq      | Ebrahim          | /         | Pixoken             |                            |
| Sprint | Team M   | 94      | Anthony    | Brown            | /         | Red Dot Running Com | Dulwich College Singapore  |
| Sprint | Team M   | 94      | Chris      | Timms            | 3 / 7:30  | Red Dot Running Com | Dulwich College Singapore  |
| Sprint | Team M   | 94      | Ethan      | Lee              | /         | Red Dot Running Com | Dulwich College Singapore  |
| Sprint | Team M   | 98      | Azri       | Yusof            | /         | SPS                 |                            |
| Sprint | Team M   | 98      | Yong Heng  | Cher             | /         | SPS                 |                            |
| Sprint | Team M   | 98      | Zainul     | Arrifin          | 3 / 7:30  | SPS                 |                            |
| Sprint | Team M   | 311     | Eric       | Loo              | /         | Team EEL            |                            |
| Sprint | Team M   | 311     | Eugene     | Seah             | 7 / 8:10  | Team EEL            |                            |
| Sprint | Team M   | 311     | Leon       | Leow             | /         | Team EEL            |                            |
| Sprint | Team M   | 422     | Chee Kiong | Goh              | 9 / 8:30  | TRIBAL 2            | Tribal Triathlon Singapore |
| Sprint | Team M   | 422     | Jerron     | Chua             | /         | TRIBAL 2            | Tribal Triathlon Singapore |
| Sprint | Team M   | 422     | Lenith     | Cheng            | /         | TRIBAL 2            | Tribal Triathlon Singapore |
| Sprint | Team M   | 488     | Christian  | Low              | /         | TRIBAL Team 4       | Tribal Triathlon Singapore |

# Triathlon Participant List



| Race          | Category          | Bib No. | First Name | Last Name   | Wave      | Team Name            | Club Name                    |
|---------------|-------------------|---------|------------|-------------|-----------|----------------------|------------------------------|
| Sprint        | Team M            | 488     | Julian     | Wong        | 10 / 8:40 | TRIBAL Team 4        | Tribal Triathlon Singapore   |
| Sprint        | Team M            | 488     | Yong Heng  | Chew        | /         | TRIBAL Team 4        | Tribal Triathlon Singapore   |
| <b>Sprint</b> | <b>Mixed Team</b> |         |            |             |           |                      |                              |
| Sprint        | Team X            | 421     | Rob        | Fisher      | 9 / 8:30  | Barras Barracudas    |                              |
| Sprint        | Team X            | 421     | Scarlett   | Fisher      | /         | Barras Barracudas    |                              |
| Sprint        | Team X            | 135     | Howie      | Tan         | /         | Battlefront Crossfit |                              |
| Sprint        | Team X            | 135     | Jo Lynn    | Teh         | 4 / 7:40  | Battlefront Crossfit |                              |
| Sprint        | Team X            | 135     | Todd       | Chiang      | /         | Battlefront Crossfit |                              |
| Sprint        | Team X            | 138     | Irene      | Chia        | /         | Dynamic Trio         |                              |
| Sprint        | Team X            | 138     | Lili       | Gan         | /         | Dynamic Trio         |                              |
| Sprint        | Team X            | 138     | Peter      | Chua        | 4 / 7:40  | Dynamic Trio         |                              |
| Sprint        | Team X            | 251     | Ana Fides  | Delos Reyes | 6 / 8:00  | IRONMAN              |                              |
| Sprint        | Team X            | 251     | Leo        | Bayrante    | /         | IRONMAN              |                              |
| Sprint        | Team X            | 251     | Michael    | Natural     | /         | IRONMAN              |                              |
| Sprint        | Team X            | 77      | Bob        | Ang         | /         | JOKERS               | Newbie Triathletes           |
| Sprint        | Team X            | 77      | Claudia    | Lim         | /         | JOKERS               | Elevate Performance Coaching |
| Sprint        | Team X            | 77      | Ken        | Wu          | 3 / 7:30  | JOKERS               | Newbie Triathletes           |
| Sprint        | Team X            | 310     | Baptiste   | Debove      | /         | Les Biloutes         |                              |
| Sprint        | Team X            | 310     | Julie      | Debove      | /         | Les Biloutes         |                              |
| Sprint        | Team X            | 310     | Vincent    | Debove      | 7 / 8:10  | Les Biloutes         |                              |
| Sprint        | Team X            | 139     | Chor Meng  | Er          | /         | Perfect Strangers    |                              |
| Sprint        | Team X            | 139     | Duah       | Corinne     | /         | Perfect Strangers    |                              |
| Sprint        | Team X            | 139     | Kai Yang   | Tay         | 4 / 7:40  | Perfect Strangers    |                              |
| Sprint        | Team X            | 820     | Clara      | Neden       | /         | Spr[in]ters          |                              |

# Triathlon Participant List



| Race   | Category | Bib No. | First Name    | Last Name        | Wave      | Team Name         | Club Name                  |
|--------|----------|---------|---------------|------------------|-----------|-------------------|----------------------------|
| Sprint | Team X   | 820     | Eddyman       | Kharma           | 15 / 9:30 | Spr[in]ters       | UFIT                       |
| Sprint | Team X   | 820     | Pamela        | Ibarra           | /         | Spr[in]ters       |                            |
| Sprint | Team X   | 140     | Ajay          | Gundecha         | 4 / 7:40  | Taboo             |                            |
| Sprint | Team X   | 140     | Rupal         | Khimasia         | /         | Taboo             |                            |
| Sprint | Team X   | 487     | Bennett       | Tan              | /         | Team GVB          | Tribal Triathlon Singapore |
| Sprint | Team X   | 487     | Gin Wen       | Yeo              | 10 / 8:40 | Team GVB          | Tribal Triathlon Singapore |
| Sprint | Team X   | 487     | Vimal         | P                | /         | Team GVB          | Tribal Triathlon Singapore |
| Sprint | Team X   | 670     | Tridaddy Gil  | Perez            | 13 / 9:10 | Team Perez        |                            |
| Sprint | Team X   | 670     | Trimama Chris | Perez            | /         | Team Perez        |                            |
| Sprint | Team X   | 145     | Ren Jie       | Kang             | /         | THE FAT BUOYS     |                            |
| Sprint | Team X   | 145     | Sarah Grace   | Gaurani          | 4 / 7:40  | THE FAT BUOYS     |                            |
| Sprint | Team X   | 145     | Wing Tong     | Leung            | /         | THE FAT BUOYS     |                            |
| Sprint | Team X   | 146     | Kenny         | Wong             | /         | The Young Ones    |                            |
| Sprint | Team X   | 146     | Paulyn        | Lee              | /         | The Young Ones    |                            |
| Sprint | Team X   | 146     | Vivian        | Chee             | 4 / 7:40  | The Young Ones    |                            |
| Sprint | Team X   | 148     | Agustina      | Agustina         | /         | Three's A Company |                            |
| Sprint | Team X   | 148     | Lee Lian      | Ang              | 4 / 7:40  | Three's A Company |                            |
| Sprint | Team X   | 148     | Nizam         | Bin Senawi       | /         | Three's A Company |                            |
| Sprint | Team X   | 437     | Lester        | Tan              | 9 / 8:30  | TRIBAL Team One   | Tribal Triathlon Singapore |
| Sprint | Team X   | 437     | Lim           | Chee Yean Adrian | /         | TRIBAL Team One   |                            |
| Sprint | Team X   | 437     | Wei Qian      | Chew             | /         | TRIBAL Team One   | Tribal Triathlon Singapore |
| Sprint | Team X   | 172     | Argyrios      | Daskalopoulos    | /         | Tripple Brownies  |                            |
| Sprint | Team X   | 172     | Janice        | Ng               | 4 / 7:40  | Tripple Brownies  |                            |
| Sprint | Team X   | 172     | Syafiq        | Tan              | /         | Tripple Brownies  |                            |

# Triathlon Participant List

METASPRINT  
SERIES SINGAPORE



| Race   | Category | Bib No. | First Name | Last Name | Wave     | Team Name          | Club Name |
|--------|----------|---------|------------|-----------|----------|--------------------|-----------|
| Sprint | Team X   | 192     | Adrian     | Pang      | /        | Two And A Half Men |           |
| Sprint | Team X   | 192     | Grace      | Ng        | 5 / 7:50 | Two And A Half Men |           |
| Sprint | Team X   | 192     | Ryan       | Chin      | /        | Two And A Half Men |           |
| Sprint | Team X   | 175     | Gisela     | Yin       | /        | Yinerlogy          |           |
| Sprint | Team X   | 175     | Ian        | Chia      | /        | Yinerlogy          |           |
| Sprint | Team X   | 175     | Reslie     | Yin       | 4 / 7:40 | Yinerlogy          |           |
| Sprint | Team X   | 102     | George     | Yin       | /        | Yinology           |           |
| Sprint | Team X   | 102     | Glenys     | Yin       | /        | Yinology           |           |
| Sprint | Team X   | 102     | Ryn        | Chee      | 3 / 7:30 | Yinology           |           |