

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-19	1	Lauren nicole	Smith	400	1	0:39:59	100	100	200	2	1:05:19	98	99	197	1	1:14:59	100	100	200
Female	16-19	2	Sara	Ng	376	4	0:48:12	83	97	180	3	1:10:33	91	98	189	2	1:24:45	88	99	187
Female	16-19	3	Seraphina	Chew	369	6	0:49:05	81	95	176	4	1:10:45	90	97	187	3	1:29:07	84	98	182
Female	16-19	4	Caitlin	Muller	356	5	0:48:46	82	96	178	5	1:16:00	84	96	180	5	1:33:37	80	96	176
Female	16-19	5	Intan krishanty	Wirayadi	345	7	0:50:47	79	94	173	7	1:29:55	71	94	165	6	1:37:44	77	95	172
Female	16-19	6	Ching yee	Ng nicole	200	2	0:40:56	98	99	197	1	1:03:56	100	100	200					
Female	16-19	7	Carina	Chow	182	3	0:47:24	84	98	182										
Female	16-19	8	Karin	Biese	178											4	1:32:05	81	97	178
Female	16-19	9	Lauren nicole	Felice	169											7	1:39:46	75	94	169
Female	16-19	10	Catherine	Wikstrom	166	8	0:56:18	71	93	164	6	1:29:42	71	95	166					
Female	16-19	11	Nerissa	Ng	159						8	1:37:09	66	93	159					
Female	16-19	12	See jia yin belinda	See	157						9	1:38:17	65	92	157					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	20-29	1	Jina	Woo	372	8	0:47:16	80	93	173	6	1:16:42	89	95	184	3	1:27:05	90	98	188
Female	20-29	2	Lorna	Mclaren	369	11	0:49:02	77	90	167	3	1:12:49	93	98	191	7	1:32:49	84	94	178
Female	20-29	3	Hannah keren	Griffiths	360	19	0:52:34	72	82	154	5	1:16:35	89	96	185	9	1:34:14	83	92	175
Female	20-29	4	Shirlene nepacina	Liew	345	23	0:55:55	68	78	146	10	1:21:06	84	91	175	11	1:37:47	80	90	170
Female	20-29	5	Jane	Loo	337	13	0:50:09	76	88	164						10	1:35:06	82	91	173
Female	20-29	6	Wai ling	Chan	326	33	1:03:08	60	68	128	11	1:24:46	80	90	170	18	1:47:11	73	83	156
Female	20-29	7	Chunhua	Ou	321	24	0:55:55	68	77	145	15	1:31:33	74	86	160	15	1:44:40	75	86	161
Female	20-29	8	Shay	De silva	303	32	1:02:38	61	69	130	16	1:34:17	72	85	157	23	1:54:57	68	78	146
Female	20-29	9	Camellia	Lee lin lin	300	25	0:56:29	67	76	143						17	1:47:02	73	84	157
Female	20-29	10	Amanda	Chong	291	26	0:57:08	66	75	141						22	1:50:03	71	79	150
Female	20-29	11	Chiew hua	Ng	286	38	1:22:39	46	63	109	18	1:40:18	68	83	151	24	2:14:01	58	77	135
Female	20-29	12	Pui shan	Chen	200											1	1:18:10	100	100	200
Female	20-29	13	Rebecca	Hempnill	200	1	0:37:54	100	100	200										
Female	20-29	14	Zhiyun	Lin	200						1	1:07:59	100	100	200					
Female	20-29	15	Silvana	Gomez	195	7	0:46:18	82	94	176	2	1:10:42	96	99	195					
Female	20-29	16	Yolanda	Catton	194											2	1:21:58	95	99	194
Female	20-29	17	Krista	Patlovich	191	2	0:41:02	92	99	191										
Female	20-29	18	Evangeline	Chueng	186	3	0:42:51	88	98	186										
Female	20-29	19	Qing xiu	Lim	186						4	1:16:09	89	97	186					
Female	20-29	20	Suzanna jane	Dalton	185											4	1:28:29	88	97	185
Female	20-29	21	Jessica	Cheng	184											5	1:28:52	88	96	184
Female	20-29	22	Sing yun	Lim	182	14	0:50:27	75	87	162	7	1:17:26	88	94	182					
Female	20-29	23	Boon hui	Koh	181	4	0:45:04	84	97	181										
Female	20-29	24	Patricia	Kwok	180											6	1:31:55	85	95	180
Female	20-29	25	Adeline	Leow	179	5	0:45:52	83	96	179										
Female	20-29	26	Vanessa	Lange	178	20	0:53:47	70	81	151	8	1:19:52	85	93	178					
Female	20-29	27	Pei shan jessica	Chiang	177	6	0:46:14	82	95	177										
Female	20-29	28	Hannah	Parker	177						9	1:20:06	85	92	177					
Female	20-29	29	Ellena	Quek	177											8	1:33:06	84	93	177
Female	20-29	30	Manda	Foo	170	9	0:48:39	78	92	170										
Female	20-29	31	Jie shi	Neo	169	10	0:48:44	78	91	169										
Female	20-29	32	Nadia	Nizamudin	168											12	1:38:31	79	89	168
Female	20-29	33	"ng su lin, yvonne"	Ng	167						12	1:27:35	78	89	167					
Female	20-29	34	Ang	Lydia	166											13	1:40:10	78	88	166
Female	20-29	35	Lim	Zheng fang audrey	165	12	0:50:00	76	89	165	13	1:28:49	77	88	165					
Female	20-29	36	Jie ying	Ann	163											14	1:42:45	76	87	163
Female	20-29	37	Priscilla	Chen	162						14	1:30:18	75	87	162					
Female	20-29	38	Heather	Hunt	161	15	0:50:37	75	86	161										
Female	20-29	39	Kristen	Lim Hui Yi	159											16	1:46:18	74	85	159
Female	20-29	40	Chelsie	Tan	159	16	0:50:55	74	85	159										
Female	20-29	41	Hwee li	Tay	158	17	0:51:16	74	84	158										
Female	20-29	42	"en jie, celine"	Tan	157	18	0:51:33	74	83	157										
Female	20-29	43	Samantha	Yeo	155											19	1:47:23	73	82	155
Female	20-29	44	Ong yew wei	Marianne	153											20	1:48:10	72	81	153
Female	20-29	45	Yan ting	Yeo	153						17	1:38:23	69	84	153					
Female	20-29	46	Leonie isabel kathar	Ralf	151											21	1:49:30	71	80	151
Female	20-29	47	Meifang	Lin	150	21	0:53:55	70	80	150										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	20-29	48	Stamatia	Cotsakou	149	22	0:54:21	70	79	149										
Female	20-29	49	Joan limin	Hung	144						19	1:48:58	62	82	144					
Female	20-29	50	Meiji	Yeap	138						20	1:58:43	57	81	138					
Female	20-29	51	Diana	Liew	137	27	0:59:53	63	74	137										
Female	20-29	52	Jie ying penny	Koo	136	28	1:00:00	63	73	136										
Female	20-29	53	Xx0351528	Rosell	135	29	1:00:25	63	72	135										
Female	20-29	54	Jade anne	Hagen	133	30	1:01:02	62	71	133										
Female	20-29	55	Lee teng	Tay	131	31	1:01:45	61	70	131										
Female	20-29	56	Goh may ling sharon	Goh	122	34	1:08:48	55	67	122										
Female	20-29	57	Insiyah mansoor s.	Amiruddeen	121	35	1:08:54	55	66	121										
Female	20-29	58	Shariene	Lim	115	36	1:15:45	50	65	115										
Female	20-29	59	Kimberly	Lee	114	37	1:16:06	50	64	114										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	30-39	1	Natasha	Buckley	392	2	0:37:14	94	99	193	2	0:58:26	96	99	195	2	1:14:57	98	99	197
Female	30-39	2	Vanessa	Smith	383	3	0:38:41	90	98	188						3	1:15:32	97	98	195
Female	30-39	3	Sharyn	Edwards	376	5	0:41:57	83	96	179	4	1:03:22	88	97	185	4	1:18:14	94	97	191
Female	30-39	4	Jessica	Roed	360	7	0:43:23	80	94	174						5	1:21:00	90	96	186
Female	30-39	5	Ami marie	Angell	358	17	0:46:22	75	84	159	6	1:06:18	85	95	180	11	1:23:25	88	90	178
Female	30-39	6	Hannah sian	Sullivan	353	11	0:44:42	78	90	168						6	1:21:04	90	95	185
Female	30-39	7	Megan	Kinder	345	16	0:45:42	76	85	161						7	1:21:19	90	94	184
Female	30-39	8	Sussanah	Osborne	340	33	0:49:17	71	68	139	11	1:09:39	80	90	170	16	1:26:36	85	85	170
Female	30-39	9	Astrid	Schell	334	40	0:51:07	68	61	129	16	1:11:39	78	85	163	15	1:25:43	85	86	171
Female	30-39	10	Hollie ann	Nethercleft	333	13	0:45:16	77	88	165	20	1:12:39	77	81	158	17	1:27:30	84	84	168
Female	30-39	11	Sara	Walín	328						14	1:11:35	78	87	165	21	1:28:40	83	80	163
Female	30-39	12	Gillie	Gunn	321						19	1:12:36	77	82	159	22	1:28:43	83	79	162
Female	30-39	13	Victoria	Chandler	320	28	0:48:20	72	73	145	24	1:13:54	76	77	153	18	1:27:34	84	83	167
Female	30-39	14	Chi teng	Tan	318	29	0:48:23	72	72	144	18	1:12:30	77	83	160	25	1:29:50	82	76	158
Female	30-39	15	Harriette	Mann	310						26	1:14:06	76	75	151	24	1:29:25	82	77	159
Female	30-39	16	Joanne	Pizel	310	22	0:47:29	73	79	152	21	1:13:12	77	80	157	27	1:32:36	79	74	153
Female	30-39	17	Sofia	Leong	309	41	0:51:13	68	60	128						9	1:22:14	89	92	181
Female	30-39	18	Viviana	Rimoldi	304						33	1:18:25	71	68	139	19	1:27:45	83	82	165
Female	30-39	19	Josephine	Teow	303	32	0:49:05	71	69	140	28	1:14:49	75	73	148	26	1:31:41	80	75	155
Female	30-39	20	Sonya grace	Perez	302	43	0:51:44	67	58	125	25	1:14:06	76	76	152	29	1:33:26	78	72	150
Female	30-39	21	Oonagh	Clarke	295	39	0:50:45	69	62	131						20	1:28:26	83	81	164
Female	30-39	22	Christina	Chee	293						37	1:21:02	69	64	133	23	1:28:57	82	78	160
Female	30-39	23	Monique	Bellevue	285	46	0:53:06	66	55	121	30	1:16:30	73	71	144	37	1:35:38	77	64	141
Female	30-39	24	Julie	Kenny	281	37	0:50:36	69	64	133						31	1:33:48	78	70	148
Female	30-39	25	Yi ming serene	Lee	275						31	1:16:41	73	70	143	44	1:38:06	75	57	132
Female	30-39	26	Tracey	Pickford	273	42	0:51:41	68	59	127						33	1:33:56	78	68	146
Female	30-39	27	Melissa	Luffman	272	51	0:54:44	64	50	114	36	1:20:31	70	65	135	40	1:36:52	76	61	137
Female	30-39	28	Arlene	Rosborough	269						41	1:25:35	66	60	126	35	1:34:31	77	66	143
Female	30-39	29	Anna	Woodwiss	242	52	0:54:46	64	49	113						46	1:38:58	74	55	129
Female	30-39	30	Fung si	Yee	234	63	1:00:06	58	38	96	42	1:26:41	65	59	124	60	1:46:06	69	41	110
Female	30-39	31	Yuxuan jenny	Wu	228	59	0:57:49	60	42	102						48	1:40:50	73	53	126
Female	30-39	32	Cecilia	Handel	223	65	1:01:43	57	36	93	49	1:35:50	59	52	111	58	1:45:27	69	43	112
Female	30-39	33	Lichern	Chan	222	58	0:57:49	60	43	103						53	1:42:42	71	48	119
Female	30-39	34	Siu lin sharen	Png	222	60	0:57:51	60	41	101	45	1:31:19	61	56	117	63	1:50:05	67	38	105
Female	30-39	35	Natalie kim	Yap	216	57	0:57:27	61	44	105						59	1:45:40	69	42	111
Female	30-39	36	Rebecca	Lannin	214	62	0:58:35	60	39	99						56	1:44:22	70	45	115
Female	30-39	37	Ching yin	Chin	207	66	1:02:18	56	35	91						55	1:44:01	70	46	116
Female	30-39	38	Adelin	Lim	202	69	1:04:38	54	32	86	50	1:36:40	58	51	109	70	1:59:03	62	31	93
Female	30-39	39	Trudy	Fawcett	200	1	0:34:54	100	100	200	1	0:56:04	100	100	200					
Female	30-39	40	Nicole	Gallagher	200											1	1:13:14	100	100	200
Female	30-39	41	Natacha	Truche	189	70	1:05:12	54	31	85						64	1:50:06	67	37	104
Female	30-39	42	Antonia	Kidman	187	4	0:38:47	90	97	187	15	1:11:35	78	86	164					
Female	30-39	43	Christina	Ledig	187	36	0:50:01	70	65	135	3	1:02:42	89	98	187					
Female	30-39	44	Janine	Denning	183	6	0:43:20	81	95	176	5	1:04:16	87	96	183					
Female	30-39	45	Orla	Gilmore	183											8	1:21:46	90	93	183
Female	30-39	46	Su-lynn	Choy	180	71	1:05:28	53	30	83						67	1:55:41	63	34	97
Female	30-39	47	Rachel	Kitchener	179											10	1:23:16	88	91	179

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Female	30-39	48	Moraig	Beattie	176										12	1:23:46	87	89	176
Female	30-39	49	Beatrice	Joliot	176	35	0:49:52	70	66	136	7	1:08:27	82	94	176				
Female	30-39	50	Ann	Jennes	175	26	0:48:10	72	75	147	8	1:08:47	82	93	175				
Female	30-39	51	Anita	Stansell	175										13	1:24:01	87	88	175
Female	30-39	52	Kirsten	Koh	174										14	1:24:30	87	87	174
Female	30-39	53	Enrica	Nicolini	173	23	0:47:32	73	78	151	9	1:08:54	81	92	173				
Female	30-39	54	Donnelle	Glen	172	8	0:44:04	79	93	172									
Female	30-39	55	Kit	Moller	172						10	1:09:01	81	91	172				
Female	30-39	56	Lucie	Benito	170	9	0:44:30	78	92	170	22	1:13:32	76	79	155				
Female	30-39	57	Wai-yan	Cheung	169	10	0:44:36	78	91	169									
Female	30-39	58	Allison	Singer	169	21	0:47:26	74	80	154	12	1:10:05	80	89	169				
Female	30-39	59	Stella	Chua	167						13	1:11:17	79	88	167				
Female	30-39	60	Anne	Rozenauers	167	12	0:44:56	78	89	167									
Female	30-39	61	Maria	Green	164	14	0:45:23	77	87	164									
Female	30-39	62	Anne	Nikkel	163	15	0:45:26	77	86	163									
Female	30-39	63	Rebecca	Dickson	162	18	0:46:29	75	83	158	17	1:12:07	78	84	162				
Female	30-39	64	Petrina	HU	157	19	0:46:45	75	82	157									
Female	30-39	65	Maria	Moylan	155	20	0:47:15	74	81	155									
Female	30-39	66	Catharine	Heyring	154	30	0:48:24	72	71	143	23	1:13:51	76	78	154				
Female	30-39	67	Desiree	Koh	152										28	1:33:16	79	73	152
Female	30-39	68	Noelia	Mayorgas	150	24	0:47:47	73	77	150									
Female	30-39	69	Seow huey	Yeo	150						27	1:14:15	76	74	150				
Female	30-39	70	Claire	Kosior	149	25	0:47:53	73	76	149									
Female	30-39	71	Samantha	Vasiliadis	149										30	1:33:29	78	71	149
Female	30-39	72	Chew ling	Lee	147										32	1:33:51	78	69	147
Female	30-39	73	Finna	Huang	146	27	0:48:19	72	74	146									
Female	30-39	74	Maureen	Thomson	146	45	0:51:53	67	56	123	29	1:16:02	74	72	146				
Female	30-39	75	Lina chiaw ling	Yeo	145										34	1:34:21	78	67	145
Female	30-39	76	Alison	Battisson	142	31	0:48:40	72	70	142									
Female	30-39	77	Fia	Permadi	142										36	1:35:29	77	65	142
Female	30-39	78	Lorna	Ryan	142						32	1:17:18	73	69	142				
Female	30-39	79	Poh yan juvian	Cheah	139										38	1:36:42	76	63	139
Female	30-39	80	Claudia	Buettner	138										39	1:36:44	76	62	138
Female	30-39	81	Jayne	Mander	138	50	0:54:34	64	51	115	34	1:18:31	71	67	138				
Female	30-39	82	Chiew guat	Tay	138	34	0:49:19	71	67	138									
Female	30-39	83	Sanne	Lund	137						35	1:19:30	71	66	137				
Female	30-39	84	Mary	Dean	135										41	1:37:02	75	60	135
Female	30-39	85	Alexandra	Fohn	134										42	1:37:44	75	59	134
Female	30-39	86	Siew ling	Tan	133										43	1:37:53	75	58	133
Female	30-39	87	Kerensa	Cracknell	132	38	0:50:44	69	63	132									
Female	30-39	88	Chiu lian	Quek	132						38	1:21:27	69	63	132				
Female	30-39	89	Helen	Newman	130										45	1:38:46	74	56	130
Female	30-39	90	Dung	Ngo	130						39	1:22:14	68	62	130				
Female	30-39	91	Masami	Fukushima	128						40	1:24:12	67	61	128				
Female	30-39	92	Julie	Steele	127										47	1:40:07	73	54	127
Female	30-39	93	Sharon	Poh	124										49	1:41:18	72	52	124
Female	30-39	94	Marta	Rojo alonso	124	44	0:51:50	67	57	124									

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	30-39	95	Jocelyn	Kok	123										50	1:41:33	72	51	123	
Female	30-39	96	Fleur	Glover	122										51	1:42:03	72	50	122	
Female	30-39	97	Boon yian	Ng	122						43	1:27:53	64	58	122					
Female	30-39	98	Jennifer	Bodner	121						44	1:27:58	64	57	121					
Female	30-39	99	Lili	Teh	120										52	1:42:34	71	49	120	
Female	30-39	100	Tara	Baker	119	47	0:53:19	65	54	119										
Female	30-39	101	Natalia	Tan	118										54	1:43:00	71	47	118	
Female	30-39	102	Suzie	Mitchell	117	48	0:54:18	64	53	117										
Female	30-39	103	Christine	Tan	116	49	0:54:24	64	52	116										
Female	30-39	104	Ma. laarni camalig	Pascua	115	79	1:17:13	45	22	67	46	1:32:46	60	55	115					
Female	30-39	105	Eliza	Hoh	114										57	1:44:39	70	44	114	
Female	30-39	106	Zuhailah	Kassim	114						47	1:33:34	60	54	114					
Female	30-39	107	Janise	Tan	112						48	1:35:02	59	53	112					
Female	30-39	108	Pei ching	Lim	111	53	0:55:25	63	48	111										
Female	30-39	109	Rebecca dawn	Bertrand	110	54	0:55:26	63	47	110										
Female	30-39	110	Melissa evelyn yong	Kuek	108	55	0:56:42	62	46	108										
Female	30-39	111	Gwen	Lee Swee Ling	107										61	1:48:49	67	40	107	
Female	30-39	112	Kamun	Cheong	106						51	1:40:00	56	50	106					
Female	30-39	113	Chantelle sek cheng	Wong	106										62	1:49:16	67	39	106	
Female	30-39	114	Andrea	Yuen	106	56	0:57:00	61	45	106										
Female	30-39	115	Khaini fadhila	Mohamed	105						52	1:40:12	56	49	105					
Female	30-39	116	Corinne	Doong	102										65	1:50:30	66	36	102	
Female	30-39	117	Airani	Ramli	102						53	1:42:58	54	48	102					
Female	30-39	118	Kwee fong	Teo	101										66	1:50:30	66	35	101	
Female	30-39	119	Siew lee	Thong	100						54	1:46:35	53	47	100					
Female	30-39	120	Jennifer	White	100	61	0:58:09	60	40	100										
Female	30-39	121	Elena	Lim	95										68	1:58:20	62	33	95	
Female	30-39	122	Susan	Suh	95	64	1:00:25	58	37	95										
Female	30-39	123	Har moo	Foong	94										69	1:58:44	62	32	94	
Female	30-39	124	Melanie	Oliveiro	91						55	2:03:56	45	46	91					
Female	30-39	125	Pauline	Chong	90										71	2:01:38	60	30	90	
Female	30-39	126	Virginie	Panhard	90	67	1:02:34	56	34	90										
Female	30-39	127	Gwendolyn	Cheong	88	68	1:03:48	55	33	88										
Female	30-39	128	Hwee koon	Low	87										72	2:06:06	58	29	87	
Female	30-39	129	Siti nurhayati binte	Jamaludin	82										73	2:16:25	54	28	82	
Female	30-39	130	Foong har	Moo	82	72	1:05:39	53	29	82										
Female	30-39	131	Heidi kathryn	Rafman	81	73	1:05:43	53	28	81										
Female	30-39	132	Sophia	Lim	78										74	2:24:12	51	27	78	
Female	30-39	133	Mei yin	Siew	78	74	1:08:11	51	27	78										
Female	30-39	134	Delia	Kang ting ling	77	75	1:08:30	51	26	77										
Female	30-39	135	Hui eng	Toh	75	76	1:10:25	50	25	75										
Female	30-39	136	Salawaty	Buzari	72	77	1:12:08	48	24	72										
Female	30-39	137	Su wei	Lee	69	78	1:15:46	46	23	69										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40-49	1	Kim	Douglas	399	4	0:41:21	93	97	190	1	1:02:36	100	100	200	2	1:15:12	100	99	199
Female	40-49	2	Harriette	Purchas	391	7	0:42:48	89	94	183	2	1:02:38	100	99	199	4	1:19:05	95	97	192
Female	40-49	3	Wendy	Wilcox	385	6	0:42:38	90	95	185						1	1:15:04	100	100	200
Female	40-49	4	Sheena	Ashford-tait	385	2	0:40:08	95	99	194	3	1:04:24	97	98	195	5	1:19:29	94	96	190
Female	40-49	5	Suk han	Chiu	381	1	0:38:15	100	100	200						10	1:23:21	90	91	181
Female	40-49	6	Elsebeth dalsgaard	Spangsberg	380	5	0:42:31	90	96	186						3	1:17:53	96	98	194
Female	40-49	7	Tracy	Quin	376	8	0:43:13	89	93	182	5	1:05:58	95	96	191	7	1:22:17	91	94	185
Female	40-49	8	Jenelle	Cosgrove	367	12	0:44:57	85	89	174	8	1:09:00	91	93	184	9	1:22:51	91	92	183
Female	40-49	9	Gillian	Kenny	367	10	0:44:21	86	91	177	6	1:06:24	94	95	189	12	1:24:41	89	89	178
Female	40-49	10	Elizabeth	Reynolds	361	14	0:46:04	83	87	170	9	1:09:45	90	92	182	11	1:24:12	89	90	179
Female	40-49	11	Lorena	Ferreira	348	9	0:44:14	86	92	178	13	1:14:40	84	88	172	16	1:28:50	85	85	170
Female	40-49	12	Megan	Whittemore	348	20	0:48:53	78	81	159	10	1:12:44	86	91	177	15	1:28:23	85	86	171
Female	40-49	13	Kathryn	Zastera	336	18	0:47:28	81	83	164						14	1:28:16	85	87	172
Female	40-49	14	Kaoru	Parkinson	328	30	0:53:54	71	71	142	11	1:14:27	84	90	174	23	1:38:13	76	78	154
Female	40-49	15	Tracy	Ivinson	316	28	0:53:21	72	73	145	21	1:22:18	76	80	156	20	1:34:46	79	81	160
Female	40-49	16	Siew yoon beverly	Chin	315	35	0:57:08	67	66	133	18	1:19:39	79	83	162	24	1:38:16	76	77	153
Female	40-49	17	Kim	Williams	315						23	1:25:51	73	78	151	17	1:33:23	80	84	164
Female	40-49	18	Patricia mui hoon	Pang	314	24	0:52:01	74	77	151						18	1:33:39	80	83	163
Female	40-49	19	Karen lisa	Fallon	304	27	0:52:50	72	74	146						21	1:36:18	78	80	158
Female	40-49	20	Heenhiang	Hoh	284	37	1:01:04	63	64	127	27	1:32:58	67	74	141	27	1:47:15	70	73	143
Female	40-49	21	Jane	Oconnell	272	39	1:10:48	54	62	116	28	1:35:25	66	73	139	30	1:59:07	63	70	133
Female	40-49	22	Stize hwa stephanie	Teo	272	36	0:58:51	65	65	130						28	1:47:32	70	72	142
Female	40-49	23	Mandy	Neil	193						4	1:04:55	96	97	193					
Female	40-49	24	Lynda	Scott	191	3	0:41:10	93	98	191										
Female	40-49	25	Pauline mary	Yong	188											6	1:20:40	93	95	188
Female	40-49	26	Ruth	Stubbs	187	17	0:47:22	81	84	165	7	1:07:29	93	94	187					
Female	40-49	27	Dudzik	Susanne	184											8	1:22:38	91	93	184
Female	40-49	28	Valerie	Gurle	175	11	0:44:47	85	90	175										
Female	40-49	29	Zaheera	Hashim	174											13	1:27:42	86	88	174
Female	40-49	30	Alisa	Burke	173						12	1:14:33	84	89	173					
Female	40-49	31	Angeline	Poon	171	13	0:46:01	83	88	171										
Female	40-49	32	Carolyn	Soemarjono	170						14	1:15:43	83	87	170					
Female	40-49	33	Elizabeth	Faber	168	15	0:46:28	82	86	168										
Female	40-49	34	"yee tsann, clarissa	Then	167	16	0:46:48	82	85	167										
Female	40-49	35	Poh kuan	Toh	167						15	1:17:14	81	86	167					
Female	40-49	36	Deborah	Milne	166						16	1:17:21	81	85	166					
Female	40-49	37	Sin inn celine	Lo	163	32	0:55:54	68	69	137	17	1:19:29	79	84	163					
Female	40-49	38	Trish	Connolly	162											19	1:34:08	80	82	162
Female	40-49	39	Alethea	Lim	161	19	0:48:42	79	82	161										
Female	40-49	40	Louise	Wikstrom	160	22	0:49:29	77	79	156	19	1:20:12	78	82	160					
Female	40-49	41	Lay hoon	Ng	159	29	0:53:46	71	72	143	20	1:20:38	78	81	159					
Female	40-49	42	Angelina	Then	158	21	0:48:59	78	80	158										
Female	40-49	43	Elena	Nazvanova	157											22	1:36:51	78	79	157
Female	40-49	44	Catrin	Huxtable	153	34	0:56:59	67	67	134	22	1:24:46	74	79	153					
Female	40-49	45	Jan	Mccabe	153	23	0:50:55	75	78	153										
Female	40-49	46	Yiu lien lorraine	Kwek	150											25	1:41:08	74	76	150
Female	40-49	47	Lynne	Koch	149	25	0:52:27	73	76	149										

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Female	40-49	48	Yelena	Savenkova	149										26	1:41:53	74	75	149
Female	40-49	49	Li hoong	Heng	148	26	0:52:29	73	75	148									
Female	40-49	50	Joanna	Lin	148						24	1:28:20	71	77	148				
Female	40-49	51	Yen yen	Tan	148										27	1:42:07	74	74	148
Female	40-49	52	"nyuk yin, heather"	Lim	146						25	1:28:55	70	76	146				
Female	40-49	53	Suet kian	Chua	142						26	1:32:51	67	75	142				
Female	40-49	54	Melissa	Tuffley	141	31	0:54:01	71	70	141									
Female	40-49	55	Lay tin	Toh	139										29	1:50:36	68	71	139
Female	40-49	56	Gillian	Lim	136	33	0:56:32	68	68	136									
Female	40-49	57	Mastura	Yaacob	135	38	1:06:58	57	63	120	29	1:39:07	63	72	135				

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon						
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	50+	1	Jeannie	Smith	400	1	0:46:10	100	100	200	1	1:08:30	100	100	200	1	1:22:26	100	100	200
Female	50+	2	Yeem young pauline	Cheong	173											2	1:50:43	74	99	173
Female	50+	3	Siew lan	Tan	161											3	2:11:09	63	98	161

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-19	1	Joel wang	Wang	400	1	0:32:12	100	100	200					1	1:11:48	100	100	200	
Male	16-19	2	Sufiyah hadi	Armita	381						5	1:01:11	87	96	183	3	1:11:57	100	98	198
Male	16-19	3	Zachery	Lim	372	9	0:42:07	76	92	168	7	1:03:52	83	94	177	4	1:13:32	98	97	195
Male	16-19	4	Nicholas	Lim	363	7	0:40:01	80	94	174	12	1:07:21	79	89	168	7	1:15:54	95	94	189
Male	16-19	5	Thomas mark	De silva	350	13	0:44:23	73	88	161	9	1:05:20	81	92	173	10	1:23:49	86	91	177
Male	16-19	6	Tan yi lei	Tan	335	8	0:40:17	80	93	173	15	1:08:13	78	86	164	13	1:37:06	74	88	162
Male	16-19	7	Wenhui	Tham	307	20	0:55:17	58	81	139	18	1:19:30	67	83	150	14	1:43:12	70	87	157
Male	16-19	8	Si ian	Tan	291	19	0:53:34	60	82	142					16	1:52:35	64	85	149	
Male	16-19	9	Bo qing isaiah	Lee	285	21	1:01:51	52	80	132					15	1:46:40	67	86	153	
Male	16-19	10	Travis joshua	Woodford	200						1	0:53:05	100	100	200					
Male	16-19	11	Eugene	Lim	199										2	1:11:49	100	99	199	
Male	16-19	12	Lianhan	Loh	196	2	0:33:12	97	99	196										
Male	16-19	13	Raphael	Chew	195						2	0:55:07	96	99	195					
Male	16-19	15	Jan	Hejl	191	3	0:34:27	93	98	191										
Male	16-19	16	Joe	Phan	190										6	1:15:35	95	95	190	
Male	16-19	17	Wenchun	Low	187						3	0:59:32	89	98	187					
Male	16-19	18	Tan	Jiayu	185						4	1:00:02	88	97	185					
Male	16-19	19	Jun da benjamin	Khoo	185	4	0:36:43	88	97	185										
Male	16-19	20	Jianghan	Loh	184	5	0:36:45	88	96	184										
Male	16-19	21	Matias paul	Biese	181										8	1:21:49	88	93	181	
Male	16-19	22	Ben wee	Chu	179						6	1:03:22	84	95	179					
Male	16-19	23	Jun xiang	Ang	178										9	1:23:02	86	92	178	
Male	16-19	24	Jonathan	Quin	176	6	0:39:39	81	95	176										
Male	16-19	25	Ernest	Tan	175						8	1:04:50	82	93	175					
Male	16-19	26	Timothy	Siew	171						10	1:06:15	80	91	171					
Male	16-19	27	Shen	Poh	171										11	1:28:54	81	90	171	
Male	16-19	28	Chen chow chin	Chen	170						11	1:06:34	80	90	170					
Male	16-19	29	Jamie	Lim	167										12	1:31:40	78	89	167	
Male	16-19	30	Muhd faizullah	A gaffa	166						13	1:07:49	78	88	166					
Male	16-19	31	Lim zhi xiang melvin	Lim	166	10	0:43:00	75	91	166	14	1:08:11	78	87	165					
Male	16-19	32	Vincent	Gurle	165	11	0:43:13	75	90	165										
Male	16-19	33	Yong hao joe	Phan	163	12	0:43:24	74	89	163	16	1:08:32	77	85	162					
Male	16-19	34	Lei kiat leon	Heng	158	14	0:45:31	71	87	158										
Male	16-19	35	Joshua	Lim	157						17	1:12:47	73	84	157					
Male	16-19	36	Lim shen jun ian	Lim	156	15	0:45:56	70	86	156										
Male	16-19	37	Bi'ao brandon	Tung	154	16	0:46:28	69	85	154										
Male	16-19	38	Lim yu xiang amos	Lim	153	17	0:46:55	69	84	153										
Male	16-19	39	Kian tiong nicholas	Soh	145	18	0:52:13	62	83	145										
Male	16-19	40	Soh qin wen gordon	Soh	137						19	1:35:54	55	82	137					

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon						
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	1	Bastian	Doehling	396						1	0:52:19	100	100	200	2	1:05:54	97	99	196
Male	20-29	2	Clement	Chow	375	3	0:33:56	86	98	184						4	1:08:12	94	97	191
Male	20-29	3	Ewin	Teo	361	5	0:35:38	82	96	178						7	1:11:52	89	94	183
Male	20-29	4	Arnaud	Clement	360	9	0:39:47	73	92	165	8	0:59:44	88	93	181	9	1:13:28	87	92	179
Male	20-29	5	Alexander	Dadak	351	14	0:41:29	70	87	157	6	0:58:50	89	95	184	16	1:17:47	82	85	167
Male	20-29	6	Daryl	Chan	350	40	0:45:29	64	61	125	4	0:58:26	90	97	187	18	1:19:45	80	83	163
Male	20-29	7	Neo chi jin darren	Neo	347	23	0:42:53	68	79	147	12	1:00:53	86	89	175	13	1:15:51	84	88	172
Male	20-29	8	Jensen	Toh	346	7	0:38:49	75	94	169						10	1:14:53	86	91	177
Male	20-29	9	Joshua	Guam	325	28	0:43:58	66	74	140	15	1:01:38	85	86	171	25	1:21:38	78	76	154
Male	20-29	10	Heiko	Aydt	321	31	0:44:23	65	70	135	26	1:04:46	81	75	156	17	1:19:17	81	84	165
Male	20-29	11	Andrew Silgel	KWOK	315	24	0:42:54	68	78	146						15	1:17:32	83	86	169
Male	20-29	12	Owain	Rowat	311	19	0:42:24	69	83	152	23	1:03:53	82	78	160	28	1:22:21	78	73	151
Male	20-29	13	Kai wen john	Chew	308	64	0:51:22	57	37	94	17	1:02:32	84	84	168	36	1:25:44	75	65	140
Male	20-29	14	Hanxiang	Ong	297	46	0:47:04	62	55	117	29	1:05:25	80	72	152	32	1:24:42	76	69	145
Male	20-29	15	Chin huat	Goh	288						36	1:07:57	77	65	142	31	1:24:29	76	70	146
Male	20-29	16	Cedric	Si poh nguan	288	42	0:45:53	63	59	122	27	1:05:08	80	74	154	41	1:26:56	74	60	134
Male	20-29	17	Wang	Jie	285	44	0:46:33	62	57	119	35	1:07:36	77	66	143	34	1:24:59	75	67	142
Male	20-29	18	Aaron stevenson	Lee	266	49	0:47:37	61	52	113	25	1:04:28	81	76	157	60	1:33:52	68	41	109
Male	20-29	19	Wai loong eugene	Wan	266	37	0:45:02	65	64	129	40	1:09:14	76	61	137	45	1:27:55	73	56	129
Male	20-29	20	Daryl	Ang	262	36	0:45:01	65	65	130						42	1:27:29	73	59	132
Male	20-29	21	Benjamin	Lim	258						20	1:03:41	82	81	163	70	1:40:03	64	31	95
Male	20-29	22	Dimitrios	Maroulis	251	30	0:44:05	66	71	137						56	1:32:12	69	45	114
Male	20-29	23	Jonathan raphacis	Chua	242	57	0:50:15	58	44	102	49	1:15:25	69	52	121	51	1:30:06	71	50	121
Male	20-29	24	Mark	Godson	240	45	0:46:38	62	56	118						50	1:29:54	71	51	122
Male	20-29	25	Mohammad ridzwan	Leman	236	63	0:51:15	57	38	95	47	1:13:37	71	54	125	58	1:33:29	68	43	111
Male	20-29	26	Kia song	Huan	235	70	0:53:04	55	31	86	46	1:12:36	72	55	127	61	1:34:34	68	40	108
Male	20-29	27	Pei ming	Chung	225	47	0:47:18	61	54	115	43	1:11:07	74	58	132	71	1:40:52	63	30	93
Male	20-29	28	Wei jun kenneth	Low	217						52	1:16:01	69	49	118	67	1:38:33	65	34	99
Male	20-29	29	Scott	Larsen	200											1	1:04:02	100	100	200
Male	20-29	30	Daniel	Plews	200	1	0:29:04	100	100	200										
Male	20-29	31	Salihin	Sinai	198	75	0:54:59	53	26	79	70	1:37:09	54	31	85	57	1:33:20	69	44	113
Male	20-29	32	Julian you jie	Wong	196	53	0:49:43	58	48	106						74	1:42:04	63	27	90
Male	20-29	33	Spencer	Driscoll	194	4	0:34:06	85	97	182	2	0:54:58	95	99	194					
Male	20-29	34	Marius	Askautrud	193											3	1:07:40	95	98	193
Male	20-29	35	Melvin	Wong	189											5	1:08:38	93	96	189
Male	20-29	36	Jun jie kerry	Lau	188						3	0:57:50	90	98	188					
Male	20-29	37	Matthew	Sim	187	86	1:02:47	46	15	61	62	1:22:33	63	39	102	77	1:44:18	61	24	85
Male	20-29	38	Hannes frieder	Ruoff	186	2	0:33:33	87	99	186										
Male	20-29	39	Gerald tan han jie	Tan	186	50	0:48:01	61	51	112						85	1:50:08	58	16	74
Male	20-29	40	Tan sungmoh francis	Tan	186											6	1:10:16	91	95	186
Male	20-29	41	Too sheng	Tan	186	79	0:58:51	49	17	66	56	1:19:12	66	45	111	84	1:50:04	58	17	75
Male	20-29	42	Zhiguang	Teo	186						57	1:20:00	65	44	109	83	1:48:55	59	18	77
Male	20-29	43	Huw	Tranter	185	13	0:40:14	72	88	160	5	0:58:49	89	96	185					
Male	20-29	44	Chong ping thomas	Lee	182						7	0:59:39	88	94	182					
Male	20-29	45	Kelvin richards	Khong	181						63	1:22:48	63	38	101	81	1:46:56	60	20	80
Male	20-29	46	Chen kuo ted	Low	180	61	0:50:51	57	40	97						78	1:45:52	60	23	83
Male	20-29	47	Mohamed fazlee zain	Zain	180											8	1:13:23	87	93	180

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	48	Jean-francois	Benard	178						9	1:00:38	86	92	178					
Male	20-29	49	Farron	Blanc	177	20	0:42:28	68	82	150	10	1:00:41	86	91	177					
Male	20-29	50	Rohan	Davies	176											10	1:15:01	85	91	176
Male	20-29	51	Daniel andreas	Wyss	176	32	0:44:24	65	69	134	11	1:00:49	86	90	176					
Male	20-29	52	Ian	Hall	175											11	1:15:10	85	90	175
Male	20-29	53	Lim cheng gui	Lim	174						13	1:00:54	86	88	174					
Male	20-29	54	Si jiun	Queck	174											12	1:15:34	85	89	174
Male	20-29	55	Thomas	Austen	173	6	0:38:06	76	95	171	14	1:00:58	86	87	173					
Male	20-29	56	Yusra	Yusoff	173						71	1:42:11	51	30	81	72	1:41:20	63	29	92
Male	20-29	57	Andrew	Mathes	171											14	1:16:29	84	87	171
Male	20-29	58	Eduard	Moix gomez	169	26	0:43:32	67	76	143	16	1:02:00	84	85	169					
Male	20-29	59	Shawn shuo yu	Su	167	16	0:44:03	66	72	138	18	1:02:32	84	83	167					
Male	20-29	60	Chris	Colahan	166	8	0:39:35	73	93	166										
Male	20-29	61	Jeremy zhi wei	Sng	166						19	1:02:34	84	82	166					
Male	20-29	62	Pigé jérémie	Jérémie	164	10	0:39:53	73	91	164										
Male	20-29	63	Kwang hwee	Ang	163	71	0:53:08	55	30	85	65	1:27:09	60	36	96	90	1:55:10	56	11	67
Male	20-29	64	Yi- ru leon	Tan	163	11	0:39:58	73	90	163										
Male	20-29	65	Kenneth	Letterle	162											19	1:20:07	80	82	162
Male	20-29	66	Calvin	Ong	162	12	0:40:05	73	89	162										
Male	20-29	67	Michael	Venzke	162						21	1:03:50	82	80	162					
Male	20-29	68	Adrian	Liew	161	52	0:48:35	60	49	109	22	1:03:53	82	79	161					
Male	20-29	69	John lim kian hong	Lim	160											20	1:20:41	79	81	160
Male	20-29	70	Zhengyu	Pan	159											21	1:20:49	79	80	159
Male	20-29	71	Andrew	Nelson	158											22	1:21:18	79	79	158
Male	20-29	72	Yuvaraj	Turiahdassu	158	33	0:44:24	65	68	133	24	1:04:27	81	77	158					
Male	20-29	73	Sheng lin	Tan	157											23	1:21:25	79	78	157
Male	20-29	74	Chwee	Bo ee bernard	155	15	0:41:55	69	86	155										
Male	20-29	75	Leong jia-le eric	Leong	155											24	1:21:37	78	77	155
Male	20-29	76	Wei yang daniel	Heng	154	17	0:42:06	69	85	154										
Male	20-29	77	Qingbin	Huang	153	18	0:42:07	69	84	153										
Male	20-29	78	Richard	Smith	153											26	1:21:39	78	75	153
Male	20-29	79	Nicholas	Teo	153						28	1:05:12	80	73	153					
Male	20-29	80	Kok keng	Koh	152											27	1:22:16	78	74	152
Male	20-29	81	Derrick	Lim	151						30	1:05:42	80	71	151					
Male	20-29	82	Emmanuel	Andre	149	21	0:42:35	68	81	149										
Male	20-29	83	Mun yu fabian	Hui	149						68	1:34:37	55	33	88	93	2:01:31	53	8	61
Male	20-29	84	Ei dun	Tan	149						31	1:05:54	79	70	149					
Male	20-29	85	Maarten	Van Dromme	149											29	1:22:52	77	72	149
Male	20-29	86	Muhammad rushdi	Bin ab kahar	148						32	1:06:26	79	69	148					
Male	20-29	87	Glen	Liang	148											30	1:23:30	77	71	148
Male	20-29	88	Lionel	Su	148	22	0:42:41	68	80	148										
Male	20-29	89	Yao huang johnson	Lee	147						33	1:06:38	79	68	147					
Male	20-29	90	Sherman	Chen	145	24	0:43:13	67	78	145										
Male	20-29	91	Yong peng jason	Chia	145						34	1:06:44	78	67	145					
Male	20-29	92	Danson	Cheong	144											33	1:24:48	76	68	144
Male	20-29	93	Thomy	LEE	144	25	0:43:13	67	77	144										
Male	20-29	94	Ng junming benjamin	Ng	142						73	1:43:34	51	28	79	92	1:57:32	54	9	63

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	95	Yiwei	Lau	141	82	0:57:31	51	20	71					88	1:52:55	57	13	70	
Male	20-29	96	Hua seng	Tan	141										35	1:25:00	75	66	141	
Male	20-29	97	Wei sheng edward	Wee	141	27	0:43:45	66	75	141										
Male	20-29	98	Marc	Pereira	140						37	1:08:28	76	64	140					
Male	20-29	99	Paesold	Martin konrad	139	29	0:43:59	66	73	139										
Male	20-29	100	Jeremy	Tan	139						38	1:09:05	76	63	139					
Male	20-29	101	Franco diego	Juliano	138										37	1:26:23	74	64	138	
Male	20-29	102	Marcus	Too	138						39	1:09:07	76	62	138					
Male	20-29	103	Wei xiang wilson	Ng	137										38	1:26:41	74	63	137	
Male	20-29	104	Shane	Irwin	136										39	1:26:46	74	62	136	
Male	20-29	105	Thomas	Hine	135						41	1:09:32	75	60	135					
Male	20-29	106	Kah wei	Koh	135										40	1:26:54	74	61	135	
Male	20-29	107	Hornng sen alvin	Low	133						42	1:10:38	74	59	133					
Male	20-29	108	Litai jeremiah	Chen	132	34	0:44:34	65	67	132	50	1:15:41	69	51	120					
Male	20-29	109	Jesper rosenlund	Nielsen	131										43	1:27:48	73	58	131	
Male	20-29	110	Kenneth	Teo	131	35	0:44:57	65	66	131										
Male	20-29	111	Vijay xavier	Luiz	130						44	1:11:15	73	57	130					
Male	20-29	112	Shew mien	Wong	130										44	1:27:51	73	57	130	
Male	20-29	113	Nicholas	Lange	129	67	0:51:54	56	34	90	45	1:11:29	73	56	129					
Male	20-29	114	Yeow how	Tan	127										46	1:28:35	72	55	127	
Male	20-29	115	Yongcen	Tang	127	38	0:45:13	64	63	127										
Male	20-29	116	Viswanathan	Subramanian	126	39	0:45:15	64	62	126										
Male	20-29	117	Wai pang kenneth	Taw	126										47	1:28:47	72	54	126	
Male	20-29	118	Mohammad rafiuddin	Bin Samsudin	125										48	1:29:29	72	53	125	
Male	20-29	119	Matthew	Gipson	124	41	0:45:31	64	60	124										
Male	20-29	120	Song 'en silas	Huang	124										49	1:29:29	72	52	124	
Male	20-29	121	Weiliang	Zhang	124						48	1:13:53	71	53	124					
Male	20-29	122	Chee meng	Low	121	43	0:46:20	63	58	121										
Male	20-29	123	Tuck sing terence	Siew	120										52	1:30:24	71	49	120	
Male	20-29	124	Andrew	Cheah	119										53	1:30:47	71	48	119	
Male	20-29	125	Roozaimy	Omar	119						51	1:15:48	69	50	119					
Male	20-29	126	Reginald	Mittlesdorf	118										54	1:30:48	71	47	118	
Male	20-29	127	Nicholas	De cruz	117						53	1:16:05	69	48	117					
Male	20-29	128	Matthieu	Chapeleau	116										55	1:31:04	70	46	116	
Male	20-29	129	Edwin	Shen	116						54	1:16:10	69	47	116					
Male	20-29	130	Lo jia en benedict	Lo	114	48	0:47:19	61	53	114										
Male	20-29	131	Budiman	Osman	113						55	1:17:56	67	46	113					
Male	20-29	132	Biao da	Foo	110										59	1:33:46	68	42	110	
Male	20-29	133	Groenewoud	Vincent	110	51	0:48:19	60	50	110										
Male	20-29	134	Calvin	Yang	107						58	1:21:07	64	43	107					
Male	20-29	135	Muhamad raihan bin	Sudirman	106						59	1:21:15	64	42	106					
Male	20-29	136	Qing feng joel	Jiang	105	54	0:50:05	58	47	105										
Male	20-29	137	Timothy	Lee	105						60	1:21:30	64	41	105					
Male	20-29	138	Yee siang	Lim	105										62	1:36:34	66	39	105	
Male	20-29	139	Maheswaran s/o jayab	Maheswaran	104						61	1:22:13	64	40	104					
Male	20-29	140	Nick	Scott	104										63	1:36:40	66	38	104	
Male	20-29	141	Teo	Zhiguang	104	55	0:50:08	58	46	104										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	142	Dao xian	Chiam	103	56	0:50:11	58	45	103										
Male	20-29	143	Kenny roger wong	Wong	103										64	1:37:08	66	37	103	
Male	20-29	144	Su ming	Chia	102										65	1:37:10	66	36	102	
Male	20-29	145	Diego h	Martinez	101	58	0:50:16	58	43	101										
Male	20-29	146	Chang jie	Yeo	100										66	1:38:10	65	35	100	
Male	20-29	147	Chin aik	Ang	99	59	0:50:45	57	42	99										
Male	20-29	148	Foong siew weng	Foong	98	87	1:03:18	46	14	60	64	1:25:47	61	37	98					
Male	20-29	149	Zhi hao	Loy	98	60	0:50:50	57	41	98										
Male	20-29	150	Jiren	Long	97										68	1:39:51	64	33	97	
Male	20-29	151	Yixian	Ong	96	62	0:51:02	57	39	96										
Male	20-29	152	Matthew	Tan	96										69	1:39:52	64	32	96	
Male	20-29	153	Randy chan	Chan	94						66	1:28:04	59	35	94					
Male	20-29	154	Kah sum	Choo	93	65	0:51:25	57	36	93										
Male	20-29	155	Jabril	Toh	91	66	0:51:28	56	35	91										
Male	20-29	156	Weikang	Huang	91										73	1:41:47	63	28	91	
Male	20-29	157	Muhammad rizal	Juhari	90						67	1:33:31	56	34	90					
Male	20-29	158	Barry	Lim	89										75	1:42:08	63	26	89	
Male	20-29	159	Mun joe	Chan	88	68	0:52:27	55	33	88										
Male	20-29	160	Timothy low hsien mi	Low	87										76	1:43:28	62	25	87	
Male	20-29	161	Shuquan	Tang	87	69	0:53:03	55	32	87										
Male	20-29	162	Prashanthan	Balakrishnan	86						69	1:36:02	54	32	86					
Male	20-29	163	William	Southwell	83	72	0:54:04	54	29	83										
Male	20-29	164	Pok thim	Leong	82										79	1:46:38	60	22	82	
Male	20-29	165	Baowei aldric	Chen	81	73	0:54:37	53	28	81										
Male	20-29	166	Pizzali	Patrik	81										80	1:46:45	60	21	81	
Male	20-29	167	Weichun	Huang	80						72	1:42:32	51	29	80					
Male	20-29	168	"sheng wei, eddy"	Goh	80	74	0:54:52	53	27	80										
Male	20-29	169	Wei-yang	Loh	78										82	1:48:30	59	19	78	
Male	20-29	170	Benjamin	Schatzl	78	76	0:55:21	53	25	78										
Male	20-29	171	Patrik	Pizzali	76	77	0:55:41	52	24	76										
Male	20-29	172	Lau kah soon charles	Lau	75	78	0:55:54	52	23	75										
Male	20-29	173	Carlo	Riveral	73										86	1:50:34	58	15	73	
Male	20-29	174	Jeffrey	Teow	73	80	0:56:58	51	22	73										
Male	20-29	175	Hong wee	Lee	72										87	1:51:19	58	14	72	
Male	20-29	176	Weixin	Sun	72	81	0:57:14	51	21	72										
Male	20-29	177	Desmond	Goh	69	83	0:57:56	50	19	69										
Male	20-29	178	Ray-ryan	Garduque	68										89	1:53:44	56	12	68	
Male	20-29	179	Wen kai edwin	Koh	68	84	0:58:05	50	18	68										
Male	20-29	180	Shivram	Anantha Raman	65										91	1:56:07	55	10	65	
Male	20-29	181	Tze hao	Sung	63	85	1:01:29	47	16	63										
Male	20-29	182	Yan chong	Chew	58	88	1:04:02	45	13	58										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	1	Sebastien	Calle	400	1	0:32:46	100	100	200	1	0:51:08	100	100	200	1	1:02:51	100	100	200
Male	30-39	2	Gregoire	Sauve	372	8	0:36:09	91	93	184	18	0:57:51	88	83	171	4	1:09:12	91	97	188
Male	30-39	3	Trent	Standen	369	18	0:39:15	83	83	166	9	0:56:10	91	92	183	5	1:09:43	90	96	186
Male	30-39	4	Donald	Bain	366						8	0:55:51	92	93	185	9	1:10:52	89	92	181
Male	30-39	5	Gilles	Daumas	362	11	0:37:31	87	90	177	19	0:58:13	88	82	170	6	1:09:47	90	95	185
Male	30-39	6	Per cato	Roed	358	14	0:38:31	85	87	172	16	0:57:09	89	85	174	7	1:10:06	90	94	184
Male	30-39	7	Michael	Pizel	348	52	0:43:00	76	49	125	12	0:56:50	90	89	179	17	1:14:08	85	84	169
Male	30-39	8	Neil	Van heerden	345						13	0:56:58	90	88	178	19	1:14:13	85	82	167
Male	30-39	9	Tommi	Pitka	341	20	0:40:02	82	81	163						11	1:11:47	88	90	178
Male	30-39	10	Lyons	Mark	337	12	0:37:58	86	89	175	15	0:57:08	89	86	175	23	1:15:00	84	78	162
Male	30-39	11	John paul	Mccann	334	22	0:40:27	81	79	160	25	1:00:20	85	76	161	14	1:13:01	86	87	173
Male	30-39	12	Alex	Leal soares de alber	330	21	0:40:06	82	80	162						18	1:14:12	85	83	168
Male	30-39	13	Oh	Hee peng	325	23	0:40:37	81	78	159	22	0:59:55	85	79	164	24	1:15:02	84	77	161
Male	30-39	14	Kevin	Pethe	321	25	0:40:48	80	76	156	29	1:00:54	84	72	156	20	1:14:31	84	81	165
Male	30-39	15	John	Newman	320	87	0:46:01	71	14	85	39	1:01:50	83	62	145	13	1:12:36	87	88	175
Male	30-39	16	Byron	Rienstra	316	24	0:40:42	81	77	158						26	1:15:51	83	75	158
Male	30-39	17	Todd	Steele	316	29	0:41:02	80	72	152						21	1:14:46	84	80	164
Male	30-39	18	Tuffli	Nguyen	315	102	0:46:35	70		70	21	0:59:49	85	80	165	32	1:17:26	81	69	150
Male	30-39	19	Alex	Monck	314						23	1:00:17	85	78	163	31	1:17:14	81	70	151
Male	30-39	20	Hendrik	Liebenberg	312	26	0:40:51	80	75	155						27	1:16:01	83	74	157
Male	30-39	21	Patrick	Moulay	311	57	0:43:43	75	44	119	42	1:02:07	82	59	141	16	1:14:02	85	85	170
Male	30-39	22	Leonard	YUEN	310	39	0:42:26	77	62	139	24	1:00:17	85	77	162	34	1:17:36	81	67	148
Male	30-39	23	Andrew	Reeve	303	16	0:38:38	85	85	170	26	1:00:23	85	75	160	47	1:19:43	79	54	133
Male	30-39	24	Patrick nanik alcuaz	Metharam	301	55	0:43:32	75	46	121	35	1:01:21	83	66	149	30	1:17:11	81	71	152
Male	30-39	25	Wayne	Goh	298	118	0:47:54	68		68	14	0:57:03	90	87	177	58	1:21:05	78	43	121
Male	30-39	26	Stuart	Mort	295	31	0:41:11	80	70	150						37	1:17:59	81	64	145
Male	30-39	27	Phillip	Hall	293	34	0:41:34	79	67	146	43	1:02:30	82	58	140	35	1:17:40	81	66	147
Male	30-39	28	Steve	Knabl	291	42	0:42:29	77	59	136	45	1:02:55	81	55	136	28	1:16:27	82	73	155
Male	30-39	29	Richard	Peterson	283	60	0:43:52	75	41	116	33	1:01:14	84	68	152	49	1:19:48	79	52	131
Male	30-39	30	Jonathon	Cocks	277						55	1:05:04	79	45	124	29	1:17:11	81	72	153
Male	30-39	31	Sven	Hobbie	271	27	0:40:52	80	74	154						61	1:21:35	77	40	117
Male	30-39	32	Benjamin	Ho	267	127	0:48:08	68		68	46	1:02:56	81	54	135	48	1:19:45	79	53	132
Male	30-39	33	Simon	Street	265	44	0:42:37	77	57	134	38	1:01:49	83	63	146	59	1:21:08	77	42	119
Male	30-39	34	Neil	Davey	257	135	0:48:50	67		67	60	1:06:06	77	40	117	41	1:18:40	80	60	140
Male	30-39	35	Aidan	Bailey	256	136	0:48:51	67		67	57	1:05:38	78	43	121	45	1:19:26	79	56	135
Male	30-39	36	S7827521i	Lim	254	33	0:41:19	79	68	147	41	1:02:05	82	60	142	70	1:22:22	76	31	107
Male	30-39	37	Christopher	Gill	250	90	0:46:11	71	11	82	48	1:03:53	80	52	132	60	1:21:12	77	41	118
Male	30-39	38	Muhammad	Bin abd rahman	245	38	0:42:19	77	63	140	37	1:01:46	83	64	147	78	1:23:17	75	23	98
Male	30-39	39	Mark	Byrne	245	35	0:41:47	78	66	144						76	1:23:01	76	25	101
Male	30-39	40	Jen kin gerald	Ang	244						49	1:04:06	80	51	131	65	1:22:01	77	36	113
Male	30-39	41	Tim	Jones	240	47	0:42:47	77	54	131	59	1:05:52	78	41	119	68	1:22:11	76	33	109
Male	30-39	42	Paul	Mclaren	240	48	0:42:52	76	53	129						67	1:22:09	77	34	111
Male	30-39	43	Michael	Obling	239	99	0:46:24	71	2	73	62	1:06:30	77	38	115	55	1:20:38	78	46	124
Male	30-39	44	Edouard	Goetgheluck	237	69	0:44:27	74	32	106	63	1:06:39	77	37	114	56	1:20:57	78	45	123
Male	30-39	45	Dennis lip fong	Tan	237						54	1:04:59	79	46	125	66	1:22:02	77	35	112
Male	30-39	46	Choon wei	Poh	235	71	0:44:46	73	30	103	58	1:05:50	78	42	120	63	1:21:48	77	38	115
Male	30-39	47	Alvin	Lim	233						51	1:04:52	79	49	128	72	1:22:31	76	29	105

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	48	Stuart	Mosby	227	76	0:45:25	72	25	97	47	1:03:12	81	53	134	83	1:23:42	75	18	93
Male	30-39	49	Kevin	Ang	211	51	0:42:56	76	50	126					91	1:24:15	75	10	85	
Male	30-39	50	Daniel	Chandler	211	36	0:42:01	78	65	143					174	1:31:56	68		68	
Male	30-39	51	Eric	Ong	203	61	0:44:01	74	40	114					87	1:23:58	75	14	89	
Male	30-39	52	Andrew chee kiat	Chang	201	131	0:48:40	67		67	64	1:06:45	77	36	113	88	1:24:10	75	13	88
Male	30-39	53	Wai hong	Yip	201	124	0:48:05	68		68	50	1:04:32	79	50	129	133	1:27:45	72		72
Male	30-39	54	Adrian	Foo	200	94	0:46:18	71	7	78					57	1:21:04	78	44	122	
Male	30-39	55	David	Edwards	197	2	0:33:20	98	99	197	2	0:52:19	98	99	197					
Male	30-39	56	Michael	Liberatore	196										2	1:05:03	97	99	196	
Male	30-39	57	Robert	Hensby	194	10	0:36:42	89	91	180	3	0:53:04	96	98	194					
Male	30-39	58	Paul	Simkiss	194	73	0:45:20	72	28	100					82	1:23:42	75	19	94	
Male	30-39	59	Brett	Verschoor	193	3	0:34:40	95	98	193	6	0:55:21	92	95	187					
Male	30-39	60	Dean	Pearce	192	4	0:35:05	93	97	190	4	0:53:59	95	97	192					
Male	30-39	61	Pascal	Aeschlimann	190						5	0:54:27	94	96	190					
Male	30-39	62	Alexander	Hascher	190										3	1:08:16	92	98	190	
Male	30-39	63	Leighton	Matheson	189	5	0:35:17	93	96	189										
Male	30-39	64	Cameron	Bryant	187	6	0:35:34	92	95	187										
Male	30-39	65	Ian	Hallo	187	81	0:45:42	72	20	92					81	1:23:34	75	20	95	
Male	30-39	66	Mazlan	Hassan	186	140	0:49:09	67		67	78	1:08:53	74	22	96	86	1:23:56	75	15	90
Male	30-39	67	Rowdie	Loughlin	186						7	0:55:30	92	94	186					
Male	30-39	68	Yong wee	Ho	185						69	1:07:20	76	31	107	97	1:24:26	74	4	78
Male	30-39	69	Neil	Wendover	185	7	0:36:00	91	94	185										
Male	30-39	70	Chit siong	Koh	183	70	0:44:42	73	31	104	81	1:08:56	74	19	93	96	1:24:23	74	5	79
Male	30-39	71	Kia liang	Fua	182	65	0:44:16	74	36	110	108	1:13:12	70		70	130	1:27:22	72		72
Male	30-39	72	Justin	Hareb	182										8	1:10:39	89	93	182	
Male	30-39	73	Duncan	Semmens	182	15	0:38:36	85	86	171	10	0:56:16	91	91	182					
Male	30-39	74	Kyle	Williams	182	9	0:36:27	90	92	182										
Male	30-39	75	Shueh liang	Goh	181	155	0:50:07	65		65	68	1:07:13	76	32	108	120	1:26:39	73		73
Male	30-39	76	Matthew	Tench	181	13	0:38:28	85	88	173	11	0:56:20	91	90	181					
Male	30-39	77	Johann ulrich	Ried	179										10	1:11:25	88	91	179	
Male	30-39	78	Kok hooi	Lim	177	110	0:47:29	69		69	71	1:08:16	75	29	104	119	1:26:25	73		73
Male	30-39	79	Kevin	Luffman	177	106	0:46:56	70		70	77	1:08:49	74	23	97	95	1:24:23	74	6	80
Male	30-39	80	Fabien	Dugue	176										12	1:12:09	87	89	176	
Male	30-39	81	Jean-philippe	Lionnet	174						89	1:11:05	72	11	83	85	1:23:56	75	16	91
Male	30-39	82	Wei seng mark	Mu	173	84	0:45:50	71	17	88	73	1:08:30	75	27	102	141	1:28:41	71		71
Male	30-39	83	Matthew	De plater	173	95	0:46:19	71	6	77					80	1:23:31	75	21	96	
Male	30-39	84	Per	Lindeberg	173	32	0:41:16	79	69	148	17	0:57:11	89	84	173					
Male	30-39	85	Sean michael	Bailey	171										15	1:13:34	85	86	171	
Male	30-39	86	Matthew	Ashcroft	168	17	0:39:00	84	84	168	36	1:01:24	83	65	148					
Male	30-39	87	Pascal	Loux	167						20	0:59:41	86	81	167					
Male	30-39	88	Jiwen	Xu	166						80	1:08:55	74	20	94	123	1:26:46	72		72
Male	30-39	89	Ben	Goodburn	165	19	0:39:30	83	82	165										
Male	30-39	90	Alexander	Ballard	163	149	0:49:52	66		66					79	1:23:20	75	22	97	
Male	30-39	91	Say lee	Chow	163										22	1:14:48	84	79	163	
Male	30-39	92	Kevin	Bennett	159						86	1:10:25	73	14	87	122	1:26:44	72		72
Male	30-39	93	Whiteoak	Lee	159										25	1:15:37	83	76	159	
Male	30-39	94	William	Foster	158	28	0:40:55	80	73	153	27	1:00:33	84	74	158					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	95	George	Norris	158	85	0:45:56	71	16	87					138	1:28:30	71		71	
Male	30-39	96	Lee tat joseph	Tan	158	86	0:46:01	71	15	86	100	1:12:21	71		129	1:27:21	72		72	
Male	30-39	97	Thomas	Treadwell	157						28	1:00:53	84	73	157					
Male	30-39	98	Steven	Baxter	155	143	0:49:27	66		66	87	1:10:44	72	13	85	146	1:29:14	70		70
Male	30-39	99	Paul	Prendergast	155	41	0:42:27	77	60	137	30	1:01:06	84	71	155					
Male	30-39	100	Muhammad ash'ari	Ismail	154	89	0:46:06	71	12	83					134	1:28:01	71		71	
Male	30-39	101	Frederic	Lemaire	154						31	1:01:06	84	70	154					
Male	30-39	102	Abraham	Van hulsen	154	119	0:47:54	68		68					90	1:24:13	75	11	86	
Male	30-39	103	Brett	Frazer	153						32	1:01:07	84	69	153					
Male	30-39	104	Daniel	Guter	152	115	0:47:45	69		69					93	1:24:21	75	8	83	
Male	30-39	105	Matthew	Straw	151	30	0:41:03	80	71	151										
Male	30-39	106	Rafael	Melo	150	96	0:46:20	71	5	76					109	1:25:25	74		74	
Male	30-39	107	Edward john	Sanderson	150	56	0:43:33	75	45	120	34	1:01:18	83	67	150					
Male	30-39	108	Ricomino roy	Pornamah	149	93	0:46:17	71	8	79	129	1:16:56	66		158	1:30:14	70		70	
Male	30-39	109	Ka lok chris	Chan	148	175	0:52:41	62		62	93	1:11:50	71	7	78	150	1:29:33	70		70
Male	30-39	110	Peter	Wan	147	145	0:49:34	66		66	96	1:11:58	71	4	75	128	1:27:10	72		72
Male	30-39	111	Sze-tek terence	Ho	147	97	0:46:23	71	4	75					125	1:26:59	72		72	
Male	30-39	112	Kian soon	Lee	146	191	0:54:40	60		60	90	1:11:21	72	10	82	217	1:38:54	64		64
Male	30-39	113	Mathew	Lawtie	146										36	1:17:42	81	65	146	
Male	30-39	114	Terence	Ho	146	100	0:46:24	71	1	72					103	1:25:01	74		74	
Male	30-39	115	Lawrence	Remedios	145	108	0:47:08	70		70					100	1:24:45	74	1	75	
Male	30-39	116	Jeremy	Yap	144	178	0:52:56	62		62	98	1:12:01	71	2	73	140	1:28:41	71		71
Male	30-39	117	Christopher	Colman	144	103	0:46:37	70		70	101	1:12:23	71		71	115	1:26:07	73		73
Male	30-39	118	Miang chneh	Teo	144										38	1:18:03	81	63	144	
Male	30-39	119	Brad	Tyson	144						40	1:01:51	83	61	144					
Male	30-39	120	Yong yeow philip	Lai	143						97	1:11:58	71	3	74	161	1:30:29	69		69
Male	30-39	121	Jorge	Maluquer De Motes	143										39	1:18:04	81	62	143	
Male	30-39	122	James	Brodie	142	37	0:42:05	78	64	142										
Male	30-39	123	Eu keong	Chan	142	117	0:47:49	69		69					113	1:25:49	73		73	
Male	30-39	124	Francis benjie l	Castro	141	105	0:46:48	70		70					145	1:28:49	71		71	
Male	30-39	125	Shin	Hamanaka	141										40	1:18:14	80	61	141	
Male	30-39	126	Kok kiang	Lee	139	161	0:50:43	65		65	110	1:13:27	70		70	162	1:30:36	69		69
Male	30-39	127	Luke	Mace	139										42	1:18:41	80	59	139	
Male	30-39	128	Tien beng	Phua	139	162	0:50:43	65		65	102	1:12:26	71		71	187	1:33:04	68		68
Male	30-39	129	Ryan	Mejia	139						44	1:02:36	82	57	139					
Male	30-39	130	Joel	Cook	138	206	0:56:13	58		58	138	1:20:06	64		64	108	1:25:25	74		74
Male	30-39	131	Mohamad zulkifli	Hanafi	138	116	0:47:46	69		69					170	1:31:19	69		69	
Male	30-39	132	Sanjeev	Palar	138	40	0:42:26	77	61	138										
Male	30-39	133	Kim kiang	Tan	138										43	1:18:44	80	58	138	
Male	30-39	134	Merzinger	Frank michael	137						44	1:02:49	81	56	137					
Male	30-39	135	Dominic	Loh yoke hoe	137	153	0:50:03	65		65	128	1:16:43	67		67	147	1:29:15	70		70
Male	30-39	136	Mark	Laming	136	159	0:50:34	65		65					142	1:28:43	71		71	
Male	30-39	137	Hock guan rayson	Lim	136	189	0:54:36	60		60	124	1:16:01	67		67	163	1:30:46	69		69
Male	30-39	138	Brian sze hien	Sim	136	179	0:53:07	62		62	111	1:13:41	69		69	191	1:33:26	67		67
Male	30-39	139	Teck nguong	Tang	136	148	0:49:45	66		66					156	1:29:51	70		70	
Male	30-39	140	Johannes	Van Der Broek	136										44	1:19:22	79	57	136	
Male	30-39	141	Wong kin heng daniel	Wong	136	122	0:48:00	68		68					179	1:32:28	68		68	

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	142	Rowdy	Boeyink	135	111	0:49:32	66		66					166	1:30:58	69		69	
Male	30-39	143	Andrew	Fallon	135	43	0:42:32	77	58	135										
Male	30-39	144	Francis	Desjardins	134										46	1:19:42	79	55	134	
Male	30-39	145	Nicholas	Fang	134	183	0:53:58	61		61	136	1:19:14	65	65	164	1:30:46	69		69	
Male	30-39	146	Syed salim	Syed	134	157	0:50:25	65		65	114	1:14:42	68	68	197	1:35:15	66		66	
Male	30-39	147	Kar leong	Chng	133	171	0:52:22	63		63	119	1:15:28	68	68	202	1:36:20	65		65	
Male	30-39	148	Dinesh	Shree kumar	133	132	0:48:40	67		67					196	1:35:01	66		66	
Male	30-39	149	Malcolm	Soh	133	164	0:51:03	64		64	125	1:16:06	67	67	199	1:35:42	66		66	
Male	30-39	150	John	Spencer	133	45	0:42:42	77	56	133										
Male	30-39	151	Fhairoz	Khan	132	197	0:55:04	60		60	115	1:14:52	68	68	214	1:38:25	64		64	
Male	30-39	152	Stefano	Mazzalai	132	46	0:42:45	77	55	132										
Male	30-39	153	Yong keng	Yeow	132	166	0:51:16	64		64					185	1:32:57	68		68	
Male	30-39	154	Didier	Severac	131	217	0:59:16	55		55	120	1:15:31	68	68	219	1:39:32	63		63	
Male	30-39	155	Hong sheng	Tan	131	147	0:49:43	66		66					205	1:36:49	65		65	
Male	30-39	156	Torben	Winther	131	169	0:51:45	63		63					181	1:32:37	68		68	
Male	30-39	157	Matthew	Talbot	130										50	1:19:52	79	51	130	
Male	30-39	158	Liang	Tan	130	142	0:49:13	67		67	123	1:15:54	67	67	218	1:39:12	63		63	
Male	30-39	159	Wei meng	See	129	152	0:50:02	65		65					215	1:38:43	64		64	
Male	30-39	160	Martin	Jackson	128										51	1:20:08	78	50	128	
Male	30-39	161	Lee	Wai teck victor	128	49	0:42:52	76	52	128										
Male	30-39	162	Sze	Kian chuan	127	74	0:45:23	72	27	99	52	1:04:54	79	48	127					
Male	30-39	163	Jonathan	Roe	127										52	1:20:17	78	49	127	
Male	30-39	164	John	Kilburn	126						53	1:04:55	79	47	126					
Male	30-39	165	Tze choong	Hew	126	209	0:58:07	56		56	133	1:17:45	66	66	237	1:44:57	60		60	
Male	30-39	166	Hock poh	Peh	126										53	1:20:35	78	48	126	
Male	30-39	167	Felix	Teo	125	190	0:54:38	60		60	140	1:20:28	64	64	233	1:43:37	61		61	
Male	30-39	168	Jerome	Tricot	125										54	1:20:38	78	47	125	
Male	30-39	169	Terence	Yung	125						143	1:21:29	63	63	230	1:42:07	62		62	
Male	30-39	170	Nicholas	Froude	124	53	0:43:00	76	48	124										
Male	30-39	171	Jeffrey aaron	Hallmark	124	223	1:00:52	54		54	148	1:25:15	60	60	213	1:38:21	64		64	
Male	30-39	172	Nam hwee	Huan	124	230	1:08:58	48		48	147	1:24:51	60	60	212	1:38:10	64		64	
Male	30-39	173	Paul	Rachmadi	123	137	0:48:58	67		67					245	1:53:00	56		56	
Male	30-39	174	Shen wen	Wee	123	177	0:52:51	62		62					232	1:43:13	61		61	
Male	30-39	175	Soh	Tiam kee	122	91	0:46:13	71	10	81	56	1:05:27	78	44	122					
Male	30-39	176	Daniel	Gan	122	219	1:00:30	54		54	151	1:27:05	59	59	224	1:40:25	63		63	
Male	30-39	177	Hann ran	Lee	122	54	0:43:30	75	47	122										
Male	30-39	178	Anthony kwan wee	Chew	121	144	0:49:30	66		66	153	1:28:50	58	58	247	1:54:18	55		55	
Male	30-39	179	Yeok hien	Lim	121	216	0:59:07	55		55					193	1:34:33	66		66	
Male	30-39	180	Antony	Lomas	121	192	0:54:50	60		60					231	1:42:50	61		61	
Male	30-39	181	Liwen	Ong	121	218	0:59:37	55		55	150	1:26:14	59	59	229	1:41:52	62		62	
Male	30-39	182	Shahrul	Abd razak	119	198	0:57:04	57		57					228	1:41:09	62		62	
Male	30-39	183	Anthony	Herbert	118	58	0:43:45	75	43	118										
Male	30-39	184	Kum weng wein	Ng	118	208	0:56:37	58		58					238	1:45:16	60		60	
Male	30-39	185	Kok mun osbert	Tham	118	203	0:55:52	59		59	149	1:25:30	60	60	240	1:47:47	58		58	
Male	30-39	186	Hidenori	Fujii	117	59	0:43:51	75	42	117										
Male	30-39	187	Jonathan	Selisana	117	226	1:04:20	51		51	152	1:27:15	59	59	242	1:48:06	58		58	
Male	30-39	188	Sebastien	Perotti	116						61	1:06:26	77	39	116					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	189	Alphonsus	Ong	116										62	1:21:35	77	39	116	
Male	30-39	190	David	Padgett	114										64	1:21:53	77	37	114	
Male	30-39	191	Leonard	Wong	114	214	0:58:32	56	56						243	1:48:07	58		58	
Male	30-39	192	Anthony	Tan	113	62	0:44:03	74	39	113										
Male	30-39	193	Herng yee	Lee	112						142	1:21:15	63	63	251	2:07:50	49		49	
Male	30-39	194	Joseph	Lim	112	63	0:44:05	74	38	112										
Male	30-39	195	Siang wee	Tey	112	229	1:08:07	48	48	48	154	1:28:59	57	57	246	1:53:33	55		55	
Male	30-39	196	Desmond	Seah	111						65	1:06:59	76	35	111					
Male	30-39	197	Juan	Huerta	111	64	0:44:10	74	37	111										
Male	30-39	198	Julian	Chester	110						66	1:07:01	76	34	110					
Male	30-39	199	Jason	Chan	109	123	0:48:03	68	68	68	67	1:07:01	76	33	109					
Male	30-39	200	Yap	Leng hua	109	66	0:44:22	74	35	109										
Male	30-39	201	Andrew	Benjamin	108										69	1:22:19	76	32	108	
Male	30-39	202	Makoto	Nakahara	108	67	0:44:22	74	34	108										
Male	30-39	203	Hsia yang	Hsu	107	68	0:44:23	74	33	107										
Male	30-39	204	B.shanmugam	B.Shanmugam	106										71	1:22:25	76	30	106	
Male	30-39	205	Pierre	Poignant	105						70	1:08:15	75	30	105					
Male	30-39	206	Michael	Flynn	104										73	1:22:38	76	28	104	
Male	30-39	207	Nam hin terence	Chen	103	78	0:45:39	72	23	95	72	1:08:18	75	28	103					
Male	30-39	208	Chauffaille	Samuel	103										74	1:22:41	76	27	103	
Male	30-39	209	Cedric	Parent	102	72	0:44:50	73	29	102	76	1:08:42	74	24	98					
Male	30-39	210	Courtney	Wild	102										75	1:22:50	76	26	102	
Male	30-39	211	Denver	Scott	101	121	0:47:59	68	68	68	74	1:08:36	75	26	101					
Male	30-39	212	Damien	Koen	100										77	1:23:10	76	24	100	
Male	30-39	213	Chong yee kenny	Wong	100	231	1:10:38	46	46	46					249	1:56:50	54		54	
Male	30-39	214	Craig	Beattie	99	129	0:48:17	68	68	68	75	1:08:41	74	25	99					
Male	30-39	215	Andrew	Thake	98	75	0:45:23	72	26	98										
Male	30-39	216	Jason	Castello	96	77	0:45:30	72	24	96										
Male	30-39	217	George	Wall	95	182	0:53:54	61	61	61	79	1:08:54	74	21	95					
Male	30-39	218	Sean	OH	94	79	0:45:41	72	22	94										
Male	30-39	219	Stephen	Hopkins	93	80	0:45:41	72	21	93										
Male	30-39	220	Aqsa	Subhan	92						82	1:09:16	74	18	92					
Male	30-39	221	Brian	Dean	92										84	1:23:47	75	17	92	
Male	30-39	222	Christopher	Ngoh	91	82	0:45:43	72	19	91										
Male	30-39	223	Yucheng eugene	Lin	90						83	1:09:41	73	17	90					
Male	30-39	224	Takashi	Hara	90	83	0:45:47	72	18	90										
Male	30-39	225	Mark	Woodruff	89	112	0:47:34	69	69	69	84	1:09:54	73	16	89					
Male	30-39	226	Nicholas	Bacchus	88	120	0:47:57	68	68	68	85	1:10:15	73	15	88					
Male	30-39	227	Tor	Halvorsen	87										89	1:24:10	75	12	87	
Male	30-39	228	Nicholas sia ming	Tan	84						88	1:10:59	72	12	84					
Male	30-39	229	William	Brennan	84	88	0:46:05	71	13	84										
Male	30-39	230	Thuan kee daniel	Cheng	84										92	1:24:17	75	9	84	
Male	30-39	231	Chew fah	Kok	82										94	1:24:21	75	7	82	
Male	30-39	232	Malek	Ismail	81						91	1:11:23	72	9	81					
Male	30-39	233	Herman prasetya	Sutanto	80						92	1:11:30	72	8	80					
Male	30-39	234	Kok pin	Tan	80	92	0:46:14	71	9	80										
Male	30-39	235	Mohd dzar shahrullah	Mohd shafi	77	154	0:50:04	65	65	65	94	1:11:54	71	6	77					

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	30-39	236	Ansley	Ng	77										98	1:24:36	74	3	77
Male	30-39	237	Rasol	Saptu	76						95	1:11:54	71	5	76				
Male	30-39	238	Rajlingam	Sokalingam	76										99	1:24:38	74	2	76
Male	30-39	239	Alastair	Cullen	74	98	0:46:23	71	3	74									
Male	30-39	240	Federico	D'Inca	74										105	1:25:04	74		74
Male	30-39	241	Jonathan	Drury	74										104	1:25:02	74		74
Male	30-39	242	Miles	Gooseman	74										102	1:24:51	74		74
Male	30-39	243	Kian meng	Lee	74										101	1:24:50	74		74
Male	30-39	244	Edgar	Pang	74										107	1:25:24	74		74
Male	30-39	245	Henry	Syrett	74										106	1:25:14	74		74
Male	30-39	246	Stanley	Wee	74										110	1:25:27	74		74
Male	30-39	247	Steven	Cain	73										112	1:25:37	73		73
Male	30-39	248	Mark grenville	Fisher	73										116	1:26:10	73		73
Male	30-39	249	Grant	Knisely	73										114	1:26:05	73		73
Male	30-39	250	Joselito	Macapagal	73										111	1:25:35	73		73
Male	30-39	251	Oscar	Peralta	73										118	1:26:24	73		73
Male	30-39	252	Chin kin	Quah	73										121	1:26:40	73		73
Male	30-39	253	Matthew	Whiting	73										117	1:26:18	73		73
Male	30-39	254	Adrian hock beng	Loo	72						99	1:12:08	71	1	72				
Male	30-39	255	Ken	Chua	72										124	1:26:56	72		72
Male	30-39	256	Sebastian	Giebel	72										132	1:27:27	72		72
Male	30-39	257	Markus	Hartmann	72										127	1:27:06	72		72
Male	30-39	258	Choon wah	Koh	72										131	1:27:24	72		72
Male	30-39	259	Keng chung	Wong	72										126	1:27:04	72		72
Male	30-39	260	Chian hon danny	Chan	71										139	1:28:32	71		71
Male	30-39	261	Seow aik desmond	Chong	71										137	1:28:24	71		71
Male	30-39	262	Chun long	Goh	71										144	1:28:46	71		71
Male	30-39	263	Galven	Tan	71										136	1:28:18	71		71
Male	30-39	264	Wee ching	Tan	71										135	1:28:16	71		71
Male	30-39	265	Gabor	Vida	71										143	1:28:44	71		71
Male	30-39	266	Mohd fahmi	Aliman	70	200	0:55:12	59		59	106	1:13:05	70		70				
Male	30-39	267	Iain	Anderson	70										151	1:29:33	70		70
Male	30-39	268	Kok siang	Ang	70	104	0:46:43	70		70									
Male	30-39	269	David	Chee	70										148	1:29:21	70		70
Male	30-39	270	Jean-philippe	Emmanuel	70						104	1:12:56	70		70				
Male	30-39	271	Stephan	Ghys	70										159	1:30:22	70		70
Male	30-39	272	Ahmad	Hilmy	70						103	1:12:43	70		70				
Male	30-39	273	Mohd fauzil	Hussin	70						109	1:13:15	70		70				
Male	30-39	274	Farid	Jafarov	70										154	1:29:39	70		70
Male	30-39	275	Kee tar	Lee	70	170	0:52:18	63		63	105	1:13:03	70		70				
Male	30-39	276	Lim wei siong joseph	Lim	70	201	0:55:12	59		59	107	1:13:06	70		70				
Male	30-39	277	George	Mcferran	70										155	1:29:42	70		70
Male	30-39	278	Ong kah chuan	Ong	70	107	0:47:03	70		70									
Male	30-39	279	Michael luis	Piek	70										149	1:29:31	70		70
Male	30-39	280	Nicholas	Reynolds	70										157	1:30:01	70		70
Male	30-39	281	Nathan	Ross	70										153	1:29:38	70		70
Male	30-39	282	Nathan	Slack	70										152	1:29:36	70		70

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	283	Gim hoe	Soh	70	101	0:46:35	70		70										
Male	30-39	284	Chek yang	Ang	69										168	1:31:17	69		69	
Male	30-39	285	Choon meng	Chan	69										171	1:31:30	69		69	
Male	30-39	286	Joo jin	Chua	69						113	1:13:56	69	69						
Male	30-39	287	Claudiu	Georgescu	69						112	1:13:41	69	69						
Male	30-39	288	Lui	Hwee Boon	69										172	1:31:32	69		69	
Male	30-39	289	Chang y	Lim	69	113	0:47:41	69		69										
Male	30-39	290	Richard	Powell	69										169	1:31:18	69		69	
Male	30-39	291	Boon kiat kenneth	Tan	69										165	1:30:56	69		69	
Male	30-39	292	Casey	Tan	69										160	1:30:26	69		69	
Male	30-39	293	Yip	Tuck soon	69	109	0:47:25	69		69										
Male	30-39	294	Benjamin	Wong	69	114	0:47:43	69		69										
Male	30-39	295	Jeffrey wee teck	Yeo	69										167	1:31:05	69		69	
Male	30-39	296	Hiang kiat vincent	Chan	68										180	1:32:31	68		68	
Male	30-39	297	Chew sern	Chia	68										173	1:31:46	68		68	
Male	30-39	298	Seng kiat	Ching	68										176	1:32:23	68		68	
Male	30-39	299	Weng kin darren	Chow	68						118	1:15:23	68	68						
Male	30-39	300	Ramesh	Dharma	68										182	1:32:41	68		68	
Male	30-39	301	Noridin	Hussin	68										177	1:32:26	68		68	
Male	30-39	302	Hong yew	Leong	68	125	0:48:07	68		68										
Male	30-39	303	Damien	Maccord	68						117	1:15:22	68	68						
Male	30-39	304	Paul	Mandry	68										186	1:33:04	68		68	
Male	30-39	305	Mark	Moore	68						121	1:15:35	68	68						
Male	30-39	306	Ghee hin	Ong	68						116	1:15:00	68	68						
Male	30-39	307	Stanislas	Panhard	68	128	0:48:09	68		68										
Male	30-39	308	Adithya	Sari	68	126	0:48:07	68		68										
Male	30-39	309	Say chong	Teo	68										184	1:32:48	68		68	
Male	30-39	310	Edward raj	Vesuwasam	68										178	1:32:27	68		68	
Male	30-39	311	Julian	Wallace	68						122	1:15:42	68	68						
Male	30-39	312	G6210614q	Weaver	68										175	1:32:06	68		68	
Male	30-39	313	Jerome	Wright	68										183	1:32:42	68		68	
Male	30-39	314	Kirk	Drage	67	138	0:48:59	67		67										
Male	30-39	315	Max a. h.	Hartvigsen	67	139	0:49:02	67		67										
Male	30-39	316	Hsia khai	Hsu	67	141	0:49:12	67		67										
Male	30-39	317	Raj	Jeyaraj	67						126	1:16:13	67	67						
Male	30-39	318	Yeo	Kim song	67						127	1:16:28	67	67						
Male	30-39	319	Peng joo	Lee	67	130	0:48:38	67		67										
Male	30-39	320	Cedric kong hiong	Puah Neo	67										188	1:33:08	67		67	
Male	30-39	321	Gmira	Sabri	67	134	0:48:49	67		67										
Male	30-39	322	Kiah hong	Steve Chia	67										189	1:33:08	67		67	
Male	30-39	323	Ah keong	Tan	67	133	0:48:43	67		67	134	1:18:00	66	66						
Male	30-39	324	James	Tyrie	67										190	1:33:14	67		67	
Male	30-39	325	Sun yih sunny	Yang	67										192	1:34:07	67		67	
Male	30-39	326	Ong swee huat	Andrew	66										194	1:34:34	66		66	
Male	30-39	327	Wee jin	Ang	66	146	0:49:40	66		66										
Male	30-39	328	Choo kock	Chua	66	151	0:50:00	66		66										
Male	30-39	329	Tuan liang	Goh	66	196	0:54:59	60		60	132	1:17:35	66	66						

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	330	Szer khee	Lim	66	150	0:50:00	66	66											
Male	30-39	331	Peter	Maccallum	66										198	1:35:35	66		66	
Male	30-39	332	Bernard	Tan	66										195	1:34:49	66		66	
Male	30-39	333	Joon kiang	Tay	66					130	1:17:28	66	66							
Male	30-39	334	Wei kin	Wong	66					131	1:17:29	66	66							
Male	30-39	335	Ohmarkely	Ambrosio	65										204	1:36:37	65		65	
Male	30-39	336	Raphael	Chong	65										201	1:36:19	65		65	
Male	30-39	337	Adam	Hashidy	65	158	0:50:31	65	65											
Male	30-39	338	Terence heng	Heng	65					135	1:19:10	65	65							
Male	30-39	339	Ahmad muzzamir	Ismail	65										200	1:35:59	65		65	
Male	30-39	340	Michael weng meng	Kwok	65	160	0:50:36	65	65											
Male	30-39	341	Jonathan	Lau	65	156	0:50:16	65	65											
Male	30-39	342	Vijandran	Rathakrishnan	65										203	1:36:28	65		65	
Male	30-39	343	Sin hui	Yeoh	65										206	1:37:11	65		65	
Male	30-39	344	Shing howe	Cheam	64	163	0:50:55	64	64											
Male	30-39	345	Dennis	Hammer	64										208	1:37:42	64		64	
Male	30-39	346	James	Jackson	64										216	1:38:50	64		64	
Male	30-39	347	Praveen	Kumar S/O Velayudha	64										209	1:37:50	64		64	
Male	30-39	348	Choon hoong	Leong	64										210	1:38:02	64		64	
Male	30-39	349	Adrian	Moss	64	211	0:58:17	56	56	139	1:20:27	64	64							
Male	30-39	350	Guy	Ofek	64	195	0:54:58	60	60	137	1:19:19	64	64							
Male	30-39	351	Miguel	Pallares	64										211	1:38:06	64		64	
Male	30-39	352	Cheong	Roland	64										207	1:37:37	64		64	
Male	30-39	353	Kiat kiang	Tay	64	167	0:51:17	64	64											
Male	30-39	354	Pierre paul jean-lou	Vignaud	64	165	0:51:12	64	64											
Male	30-39	355	Chee kuan tat	Chee	63										226	1:40:32	63		63	
Male	30-39	356	Daniel	Cheng	63										225	1:40:28	63		63	
Male	30-39	357	Jeremy	Lee seow poh	63					141	1:20:51	63	63							
Male	30-39	358	Tim	Schubert	63	172	0:52:23	63	63											
Male	30-39	359	Kelvin han khiang	Tay	63										223	1:40:24	63		63	
Male	30-39	360	Kwok kee	Tay	63										221	1:40:00	63		63	
Male	30-39	361	"wang han jie, jason	Wang	63	168	0:51:40	63	63											
Male	30-39	362	Chia liang	Wong	63										220	1:39:50	63		63	
Male	30-39	363	Lien feng	Wong	63										222	1:40:18	63		63	
Male	30-39	364	Shiu min desmond	Chow	62	173	0:52:26	62	62											
Male	30-39	365	Chay wee	Tang	62					144	1:21:57	62	62							
Male	30-39	366	Teck beng	Ting	62										227	1:40:49	62		62	
Male	30-39	367	Woo kit mun nicholas	Woo	62	194	0:54:54	60	60	145	1:22:11	62	62							
Male	30-39	368	Brett	Woodwiss	62	174	0:52:41	62	62											
Male	30-39	369	Wei hong daniel	Yong	62	176	0:52:50	62	62											
Male	30-39	370	Kian woon	Ching	61	184	0:54:04	61	61											
Male	30-39	371	Wei siang	Chua	61					146	1:24:04	61	61							
Male	30-39	372	"choon han, adrian"	Ee	61	180	0:53:25	61	61											
Male	30-39	373	Kok lam	Ng	61	185	0:54:06	61	61											
Male	30-39	374	Chee fong	Siow	61	181	0:53:35	61	61											
Male	30-39	375	Duncan	Craig	60	186	0:54:25	60	60											
Male	30-39	376	Eric desmond	Francis	60										236	1:44:50	60		60	

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	377	Samuel goh meng hwee	Goh	60										235	1:44:46	60		60	
Male	30-39	378	Erik	Lai	60										234	1:44:22	60		60	
Male	30-39	379	Eng chong	Lim	60	187	0:54:34	60		60										
Male	30-39	380	Adam hafidz	Tembrevilla	60	193	0:54:53	60		60										
Male	30-39	381	Desmond	Yew	60	188	0:54:36	60		60										
Male	30-39	382	Genaro ii	Inting	59	202	0:55:13	59		59										
Male	30-39	383	James teck khim	Lee	59	199	0:55:05	59		59										
Male	30-39	384	Jeffrey	Tan Ngjap Kwan	59										239	1:46:59	59		59	
Male	30-39	385	Brandon	Blau	58										241	1:47:48	58		58	
Male	30-39	386	Chong kah chin	Chong	58	205	0:56:05	58		58										
Male	30-39	387	Desmond	Ho	58	204	0:56:04	58		58										
Male	30-39	388	Guan tat	Pek	58										244	1:48:32	58		58	
Male	30-39	389	Ju jin john albert	S7720472e	58	207	0:56:26	58		58										
Male	30-39	390	Kuntal	Joshi	57						155	1:29:29	57		57					
Male	30-39	391	Hoi wing	Yung	56	212	0:58:23	56		56										
Male	30-39	392	Trevor	Lim	56	215	0:58:46	56		56										
Male	30-39	393	Boon teck jerry	Tan	56	210	0:58:08	56		56										
Male	30-39	394	Mohammad firdaus	Wahid	56	213	0:58:27	56		56										
Male	30-39	395	Yee siong	Chin	55										248	1:55:17	55		55	
Male	30-39	396	Ronnie	Wan	55						156	1:32:28	55		55					
Male	30-39	397	Norishaam	Adam	54	222	1:00:46	54		54										
Male	30-39	398	Timothy	Jones	54	221	1:00:41	54		54										
Male	30-39	399	Joe jee	Ooi	54						157	1:34:00	54		54					
Male	30-39	400	Wee hian	Yeo	54	220	1:00:37	54		54										
Male	30-39	401	Meng wah	Chia	53										250	1:58:30	53		53	
Male	30-39	402	Ng jui seng	Ng	53	224	1:01:30	53		53										
Male	30-39	403	Chi kan	Lau	51	225	1:03:44	51		51										
Male	30-39	404	Chee Seng	Por	49	227	1:07:01	49		49										
Male	30-39	405	Shorne	Lim	47	228	1:09:03	47		47										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	1	Arnaud	Selukov	400	1	0:33:10	100	100	200	3	0:53:37	96	98	194	1	1:04:42	100	100	200
Male	40-49	2	Kevin	Timmons	395	2	0:34:01	98	99	197						2	1:05:21	99	99	198
Male	40-49	3	Ned	Phillips	387	12	0:37:18	89	89	178	2	0:52:58	98	99	197	7	1:07:15	96	94	190
Male	40-49	4	Matthew	Quin	386	9	0:36:42	90	92	182	4	0:53:41	96	97	193	5	1:06:35	97	96	193
Male	40-49	5	Jan	Zastera	373	5	0:35:50	93	96	189						10	1:09:23	93	91	184
Male	40-49	6	Steven	Joyce	372	18	0:38:14	87	83	170	8	0:56:38	91	93	184	8	1:08:26	95	93	188
Male	40-49	7	Allan	Norton	361	6	0:36:33	91	95	186	14	0:59:19	87	87	174	16	1:12:15	90	85	175
Male	40-49	8	Christian franck m	Stauffer	360	10	0:36:59	90	91	181	17	0:59:53	86	84	170	13	1:11:11	91	88	179
Male	40-49	9	Juergen	Doerr	358	15	0:38:08	87	86	173	6	0:56:04	92	95	187	19	1:12:36	89	82	171
Male	40-49	10	Mark	Jones	357	17	0:38:12	87	84	171	13	0:58:46	88	88	176	12	1:10:15	92	89	181
Male	40-49	11	Sante	Scartozzi	353	16	0:38:12	87	85	172	7	0:56:19	92	94	186	22	1:13:25	88	79	167
Male	40-49	12	Andrew jonathan	Douglas	346	13	0:37:39	88	88	176	10	0:57:29	90	91	181	24	1:13:35	88	77	165
Male	40-49	13	Emanuele	Baroni	345	14	0:37:51	88	87	175						20	1:12:43	89	81	170
Male	40-49	14	James	Mccurrach	340	21	0:40:27	82	80	162	11	0:57:44	90	90	180	27	1:14:55	86	74	160
Male	40-49	15	Craig	Marran	334	23	0:40:41	82	78	160	20	1:01:10	85	81	166	21	1:13:08	88	80	168
Male	40-49	16	Duncan	Ashford	332	35	0:43:03	77	66	143	28	1:03:28	81	73	154	14	1:11:23	91	87	178
Male	40-49	17	Scott	Mckenzie	331	24	0:40:42	81	77	158						17	1:12:28	89	84	173
Male	40-49	18	Seng hoe	Tan	319	41	0:43:56	75	60	135	18	1:00:15	86	83	169	35	1:16:46	84	66	150
Male	40-49	19	Paul	Dalton	305						33	1:04:05	81	68	149	31	1:15:27	86	70	156
Male	40-49	20	Andreas	Goros	303	26	0:41:18	80	75	155	45	1:06:22	78	56	134	37	1:17:15	84	64	148
Male	40-49	21	Richard clark	Nicholas	303						27	1:03:13	82	74	156	38	1:17:24	84	63	147
Male	40-49	22	Andrew	Robertson	302						19	1:00:48	85	82	167	47	1:20:04	81	54	135
Male	40-49	23	Warren	Sperry	300	43	0:44:13	75	58	133	26	1:02:57	82	75	157	41	1:17:56	83	60	143
Male	40-49	24	Jonathan	Symes	299						24	1:02:29	83	77	160	44	1:18:57	82	57	139
Male	40-49	25	Jit khoon	Tan	298	27	0:41:19	80	74	154						40	1:17:52	83	61	144
Male	40-49	26	Ying whye stephen	Choy	287	46	0:44:39	74	55	129	22	1:01:59	83	79	162	55	1:21:50	79	46	125
Male	40-49	27	Glenn	De buf	287	32	0:42:44	78	69	147	25	1:02:49	82	76	158	52	1:20:53	80	49	129
Male	40-49	28	Jonathan	Grosvenor	286	44	0:44:17	75	57	132	32	1:04:05	81	69	150	46	1:19:59	81	55	136
Male	40-49	29	Justin	Mullany	284						31	1:03:56	81	70	151	49	1:20:18	81	52	133
Male	40-49	30	Graeme	Lees	282	33	0:42:50	77	68	145						45	1:19:28	81	56	137
Male	40-49	31	Ian	Wright	272	48	0:44:59	74	53	127						39	1:17:30	83	62	145
Male	40-49	32	Stephen	Keane	262						50	1:07:07	77	51	128	48	1:20:14	81	53	134
Male	40-49	33	James	Haensly	261	49	0:45:03	74	52	126	16	0:59:52	86	85	171	86	1:25:51	75	15	90
Male	40-49	34	Michael	Connolly	260						46	1:06:33	78	55	133	54	1:21:18	80	47	127
Male	40-49	35	Kah whye	Lee	259	74	0:48:11	69	27	96	43	1:06:10	78	58	136	57	1:21:58	79	44	123
Male	40-49	36	Lawrence	Byrne	258						42	1:06:02	78	59	137	59	1:22:06	79	42	121
Male	40-49	37	Christopher	Nikkel	258	58	0:46:10	72	44	116						42	1:18:12	83	59	142
Male	40-49	38	Stephen	Carr	257	40	0:43:36	76	61	137	76	1:10:56	73	25	98	60	1:22:14	79	41	120
Male	40-49	39	Tony	Horne	255	76	0:48:31	68	25	93	23	1:02:03	83	78	161	83	1:25:30	76	18	94
Male	40-49	40	Martin	Henz	250	42	0:44:04	75	59	134						63	1:22:51	78	38	116
Male	40-49	41	Kok liang patrick	Chiang	246	80	0:48:55	68	21	89	53	1:07:45	76	48	124	58	1:22:02	79	43	122
Male	40-49	42	Teck jin alvin	Voon	246	59	0:46:14	72	43	115						50	1:20:25	80	51	131
Male	40-49	43	Jonathan	Thurlow	244	39	0:43:32	76	62	138	105	1:17:46	66		66	72	1:23:55	77	29	106
Male	40-49	44	Hussain hassan	Ali	240	115	0:53:28	62		62	36	1:04:51	80	65	145	82	1:25:23	76	19	95
Male	40-49	45	Kim wah	Leong	239	25	0:40:52	81	76	157	61	1:09:15	75	40	115	94	1:26:38	75	7	82
Male	40-49	46	Lim	Tong peng	238	67	0:47:25	70	35	105	39	1:05:37	79	62	141	80	1:25:05	76	21	97
Male	40-49	47	Peter	Bennett	237	30	0:42:01	79	71	150						89	1:26:16	75	12	87

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	48	Kwok keat clarence	Chan	230	97	0:51:09	65	4	69	47	1:06:38	78	54	132	79	1:24:57	76	22	98
Male	40-49	49	Peter wolfgang	Schulz	228	50	0:45:08	73	51	124	37	1:04:53	80	64	144	92	1:26:30	75	9	84
Male	40-49	50	Robert	Lee	226						68	1:09:53	74	33	107	61	1:22:14	79	40	119
Male	40-49	51	Edward	Webb	224	61	0:46:17	72	41	113	67	1:09:47	74	34	108	67	1:23:34	77	34	111
Male	40-49	52	Raymond	Howe	223						56	1:08:14	76	45	121	76	1:24:18	77	25	102
Male	40-49	53	Koen	Van praet	218						44	1:06:18	78	57	135	93	1:26:38	75	8	83
Male	40-49	54	Brian	Eisenach	214	64	0:46:41	71	38	109					73	1:23:59	77	28	105	
Male	40-49	55	William	Johnston	212	78	0:48:39	68	23	91	72	1:10:23	73	29	102	68	1:23:37	77	33	110
Male	40-49	56	Eric	Pesik	209	94	0:50:42	65	7	72	78	1:11:07	73	23	96	66	1:23:23	78	35	113
Male	40-49	57	Sek tim	Tan	207	45	0:44:36	74	56	130	49	1:07:00	77	52	129	98	1:26:53	74	3	77
Male	40-49	58	Mun chong	Wong	205	60	0:46:15	72	42	114	120	1:21:47	63		63	85	1:25:43	75	16	91
Male	40-49	59	Michael scott	Mercer	204	105	0:51:43	64		64	58	1:08:44	75	43	118	90	1:26:19	75	11	86
Male	40-49	60	Mark	Macdonald	203	47	0:44:48	74	54	128	48	1:06:54	77	53	130	109	1:28:24	73		73
Male	40-49	61	Patrick	Poetzsch	200						1	0:51:42	100	100	200					
Male	40-49	62	Bobby	Bostic	196											3	1:06:18	98	98	196
Male	40-49	63	William	Allen	194											4	1:06:34	97	97	194
Male	40-49	64	Wee loon	Yong	194						57	1:08:28	76	44	120	104	1:27:42	74		74
Male	40-49	65	James	Clarke	193	3	0:34:45	95	98	193										
Male	40-49	66	Andrew	Martin	192											6	1:06:44	97	95	192
Male	40-49	67	Jose	Alberto	191	82	0:49:03	68	19	87	59	1:08:50	75	42	117	101	1:27:11	74		74
Male	40-49	68	Fraser stuart	Morrison	191	4	0:35:27	94	97	191	5	0:54:52	94	96	190					
Male	40-49	69	Ranjith	Wijayaratna	191	108	0:52:15	63		63	71	1:10:22	73	30	103	88	1:26:15	75	13	88
Male	40-49	70	Vincent	Cosgrove	189	98	0:51:09	65	3	68	60	1:09:00	75	41	116	114	1:28:52	73		73
Male	40-49	71	Michael	James	188	90	0:49:58	66	11	77	75	1:10:45	73	26	99	87	1:26:10	75	14	89
Male	40-49	72	Kevin	Mcgregor	186											9	1:08:46	94	92	186
Male	40-49	73	Dirk	Nicolay	185	7	0:36:36	91	94	185										
Male	40-49	74	Mark	Tidy	184	71	0:47:41	70	31	101	64	1:09:30	74	37	111	115	1:28:59	73		73
Male	40-49	75	Jon	Attenburrow	183											11	1:09:44	93	90	183
Male	40-49	76	Gary	Baker	183	8	0:36:41	90	93	183										
Male	40-49	77	Christopher	Mccormick	182						9	0:57:26	90	92	182					
Male	40-49	78	Graham	Ross	181	144	1:03:52	52		52	70	1:10:10	74	31	105	99	1:27:05	74	2	76
Male	40-49	79	Paul	Fleetwood	180	66	0:47:18	70	36	106						103	1:27:28	74		74
Male	40-49	80	Mark	Clay	179	11	0:37:09	89	90	179										
Male	40-49	81	Nelson	Ng	178	34	0:43:01	77	67	144	12	0:58:11	89	89	178					
Male	40-49	82	Leonardus	Coolen	176											15	1:11:52	90	86	176
Male	40-49	83	Paul	Sung	174	70	0:47:36	70	32	102						120	1:29:35	72		72
Male	40-49	84	Massimo	Nanni	173						15	0:59:34	87	86	173					
Male	40-49	85	Adrian	Seath	172											18	1:12:28	89	83	172
Male	40-49	86	Martin	Reynolds	168	19	0:38:26	86	82	168	77	1:10:58	73	24	97					
Male	40-49	87	Robin	Bresser	166											23	1:13:31	88	78	166
Male	40-49	88	George	Attard	164											25	1:13:36	88	76	164
Male	40-49	89	Jozsef	Zopcsak	164	20	0:39:53	83	81	164										
Male	40-49	90	Roderick	Dickson	163	63	0:46:39	71	39	110	21	1:01:55	83	80	163					
Male	40-49	91	Aznan	Ghazali	163	56	0:47:55	69	29	98	111	1:18:55	66		66	173	1:39:12	65		65
Male	40-49	92	Patrick choon hua	Ong	163	89	0:49:51	67	12	79	82	1:12:17	72	19	91	117	1:29:19	72		72
Male	40-49	93	Michael	Williams	163						80	1:11:44	72	21	93	140	1:31:57	70		70
Male	40-49	94	Jonathan neil cowdy	Cowdy	162	75	0:48:21	69	26	95						159	1:36:18	67		67

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	95	Christopher	Ivinson	162	81	0:48:57	68	20	88					107	1:28:00	74		74	
Male	40-49	96	Thomas	Kennedy	162										26	1:13:59	87	75	162	
Male	40-49	97	Mark	Wakeford	161	22	0:40:32	82	79	161										
Male	40-49	98	Wee kwan	Kang	160	77	0:48:36	68	24	92					156	1:35:20	68		68	
Male	40-49	99	David	Marren	159										28	1:14:55	86	73	159	
Male	40-49	100	Bernard lin jun shen	Lin	158	102	0:51:31	64		64	86	1:12:53	71	15	86	122	1:29:50	72	72	
Male	40-49	101	Mark	Rees	158										29	1:15:05	86	72	158	
Male	40-49	102	Franciscus	Delnoij	157										30	1:15:22	86	71	157	
Male	40-49	103	Robert	Nash	156	84	0:49:14	67	17	84					118	1:29:27	72		72	
Male	40-49	104	Stephen	Swatton	155										32	1:15:36	86	69	155	
Male	40-49	105	Wai choon	Chang	154	93	0:50:18	66	8	74	87	1:12:57	71	14	85	147	1:33:32	69	69	
Male	40-49	106	David	Gledhill	154	85	0:49:18	67	16	83					129	1:30:35	71		71	
Male	40-49	107	Malcolm	Harrow	153	28	0:41:43	80	73	153										
Male	40-49	108	Richard	Offer	153										33	1:15:42	85	68	153	
Male	40-49	109	Steve	Scola	153						91	1:13:48	70	10	80	108	1:28:16	73	73	
Male	40-49	110	Ted	Wikstrom	153	37	0:43:19	77	64	141	29	1:03:41	81	72	153					
Male	40-49	111	Simon	Brown	152										34	1:16:07	85	67	152	
Male	40-49	112	Michael	Little	152	87	0:49:36	67	14	81	90	1:13:27	70	11	81	135	1:31:19	71	71	
Male	40-49	113	Jose	Nicolas	152						30	1:03:52	81	71	152					
Male	40-49	114	Christophe	Le yoanc	151	29	0:41:47	79	72	151										
Male	40-49	115	Laurent	Auzanneau	150	133	0:56:34	59		59	92	1:13:52	70	9	79	133	1:31:14	71	71	
Male	40-49	116	Yeow kuan eddy	Lee	150	92	0:50:08	66	9	75	89	1:13:22	70	12	82	154	1:34:36	68	68	
Male	40-49	117	Franciscus w	Kok	149	88	0:49:44	67	13	80					151	1:33:58	69		69	
Male	40-49	118	Carlos	Monterde Millan	149										36	1:16:57	84	65	149	
Male	40-49	119	Simon	Herriott	148						97	1:15:07	69	4	73	100	1:27:08	74	1	75
Male	40-49	120	Ricardo	Sanchez-moreno	148	31	0:42:23	78	70	148										
Male	40-49	121	Maisonnavé	Christophe	147	51	0:45:19	73	50	123	34	1:04:25	80	67	147					
Male	40-49	122	Craig	Mcturk	146						35	1:04:26	80	66	146					
Male	40-49	123	Carl	Skadiang	145	99	0:51:18	65	2	67	94	1:14:32	69	7	76	146	1:33:29	69	69	
Male	40-49	124	Kenichiro	Ueda	145	104	0:51:36	64		64					95	1:26:45	75	6	81	
Male	40-49	126	Andrew	Paddock	144	127	0:55:38	60		60	98	1:15:24	69	3	72	119	1:29:31	72	72	
Male	40-49	127	Sebastian	Chapman	142	36	0:43:14	77	65	142										
Male	40-49	128	Simon	Dale	142	121	0:53:43	62		62	95	1:14:43	69	6	75	160	1:36:34	67	67	
Male	40-49	129	Gregory	Pong	142	79	0:48:53	68	22	90	38	1:05:36	79	63	142					
Male	40-49	130	Swee hoe simon	Tay	142	96	0:51:08	65	5	70	113	1:19:41	65		65	124	1:29:58	72	72	
Male	40-49	131	Francis	James	140	95	0:50:48	65	6	71	110	1:18:52	66		66	153	1:34:06	69	69	
Male	40-49	132	Amestoy	Laurent	140										43	1:18:36	82	58	140	
Male	40-49	133	Daren	Pickford	140	38	0:43:20	77	63	140										
Male	40-49	134	Brian peter	Verlaan	140						40	1:05:44	79	61	140					
Male	40-49	135	Sean	Daniels	139						107	1:18:01	66		66	111	1:28:33	73	73	
Male	40-49	136	Craig	Pattison	139	57	0:46:01	72	45	117	41	1:05:51	79	60	139					
Male	40-49	137	Kanagarajah	Nadarajah	138	101	0:51:29	64		64					105	1:27:46	74		74	
Male	40-49	138	Jean-robert	Strele	137						115	1:19:47	65		65	123	1:29:55	72	72	
Male	40-49	139	Khoon seah	Chua	135						104	1:17:20	67		67	158	1:35:51	68	68	
Male	40-49	140	Niels peter	De boer	134	136	0:58:11	57		57	101	1:16:13	68		68	168	1:37:55	66	66	
Male	40-49	141	Sunari	Kateni	132	109	0:54:15	61		61					138	1:31:41	71		71	
Male	40-49	142	Otto	Kee	132						109	1:18:51	66		66	166	1:37:31	66	66	

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	40-49	143	Raymond	Borromeo	130										51	1:20:39	80	50	130
Male	40-49	144	Keok kee	Pwoh	129	112	0:52:49	63	63						165	1:37:22	66		66
Male	40-49	145	Tan	Ah kow	128	114	0:53:17	62	62						171	1:38:44	66		66
Male	40-49	146	Hsin-shan	Liu	128	113	0:53:11	62	62	122	1:22:57	62		62	170	1:38:18	66		66
Male	40-49	147	Jeffrey	Smith	128										53	1:21:10	80	48	128
Male	40-49	148	Kian hua	Khua	127					51	1:07:11	77	50	127					
Male	40-49	149	Samuel yiap seng	Wee	127	138	0:59:01	56	56	129	1:24:30	61		61	169	1:37:58	66		66
Male	40-49	150	Kok wee edward	Chan	126	131	0:56:23	59	59						162	1:36:36	67		67
Male	40-49	151	Jonathan	Chua	125	128	0:56:07	59	59	127	1:24:28	61		61	179	1:41:18	64		64
Male	40-49	152	Fredrik ct	Lindeberg	125					52	1:07:41	76	49	125					
Male	40-49	153	Kian loo	Ng	125	111	0:52:21	63	63						186	1:44:18	62		62
Male	40-49	154	David	Cook	124										56	1:21:51	79	45	124
Male	40-49	155	See kong	Ng	124	141	1:00:14	55	55	131	1:25:52	60		60	176	1:40:29	64		64
Male	40-49	156	Sim	P. k. david	123	55	0:45:52	72	46	118	54	1:07:49	76	47	123				
Male	40-49	157	Phillip	Chamberlain	122	135	0:57:12	58	58						177	1:40:37	64		64
Male	40-49	158	Graham	Ford	122					55	1:07:53	76	46	122					
Male	40-49	159	Robert	Garman	122	52	0:45:22	73	49	122									
Male	40-49	160	Kok wah samuel	Sim	121	129	0:56:12	59	59						187	1:44:26	62		62
Male	40-49	161	Tuan yeow	Tay	121	130	0:56:19	59	59	132	1:27:04	59		59	188	1:44:29	62		62
Male	40-49	162	Yih chon eric	Wong	121	53	0:45:32	73	48	121									
Male	40-49	163	Adnan	Imsirovic	120	54	0:45:38	73	47	120	74	1:10:29	73	27	100				
Male	40-49	164	Terence	Tan	118										62	1:22:19	79	39	118
Male	40-49	165	Gerard	Teo	116	134	0:57:00	58	58	136	1:30:52	57		57	190	1:51:47	58		58
Male	40-49	166	Paul	Tynan	115										64	1:22:56	78	37	115
Male	40-49	167	David	Duns	114	68	0:47:25	70	34	104	62	1:09:17	75	39	114				
Male	40-49	168	David	Waller	114										65	1:23:12	78	36	114
Male	40-49	169	Ayub	Bin hasbi	113					63	1:09:21	75	38	113					
Male	40-49	170	Teng yian	Ho	113	139	0:59:02	56	56	133	1:28:52	58		58	192	1:57:19	55		55
Male	40-49	171	Irvin ong ai pin	Ong	111	62	0:46:24	71	40	111									
Male	40-49	172	Wai mun brian	Lui	110	143	1:01:44	54	54						191	1:56:31	56		56
Male	40-49	173	Rodelio	Patalinghog	110					65	1:09:37	74	36	110					
Male	40-49	174	Robert	Chatwin	109										69	1:23:42	77	32	109
Male	40-49	175	Lian hoe	Ong	109	69	0:47:33	70	33	103	66	1:09:41	74	35	109				
Male	40-49	176	Peter	Kerger	108										70	1:23:42	77	31	108
Male	40-49	177	Chien min conrad	Yeo	108	65	0:46:52	71	37	108									
Male	40-49	178	Scott william edward	Williamson	107										71	1:23:44	77	30	107
Male	40-49	179	Kiam wee	Chiang	106					69	1:09:53	74	32	106					
Male	40-49	180	Simon jack	Hamer	105	146	1:04:51	51	51	140	1:36:02	54		54	194	2:06:09	51		51
Male	40-49	181	Mark	Lewis	104										74	1:24:13	77	27	104
Male	40-49	182	Kay teck	Lim	103	145	1:04:13	52	52	141	1:38:46	52		52	195	2:06:45	51		51
Male	40-49	183	David	Ruffle	103										75	1:24:15	77	26	103
Male	40-49	184	Jason	Phui	101					73	1:10:25	73	28	101					
Male	40-49	185	Simon	Prosser	101										77	1:24:33	77	24	101
Male	40-49	186	Craig	Bannister	99	72	0:47:44	69	30	99									
Male	40-49	187	Chwee huat	Lee	99										78	1:24:51	76	23	99
Male	40-49	188	Suet ron	Lim	97	73	0:48:10	69	28	97	79	1:11:23	72	22	94				
Male	40-49	189	Takeo	Kitaura	96										81	1:25:21	76	20	96

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	190	John	Machulski	93										84	1:25:36	76	17	93	
Male	40-49	191	Boon tiong	Sim	92	103	0:51:34	64		64	81	1:11:46	72	20	92					
Male	40-49	192	Azman	Johan	89						83	1:12:27	71	18	89					
Male	40-49	193	S6871277g	Eu kong ping	88						84	1:12:29	71	17	88					
Male	40-49	194	David	Curran	87						85	1:12:41	71	16	87					
Male	40-49	195	Chin chye	Teo	86	83	0:49:08	68	18	86	88	1:13:04	71	13	84					
Male	40-49	196	Barry	Daniels	85										91	1:26:23	75	10	85	
Male	40-49	197	Maurice	Humphries	82	86	0:49:25	67	15	82										
Male	40-49	198	Sian leng	Chan	80										96	1:26:48	75	5	80	
Male	40-49	199	Phillip	Belling	79										97	1:26:50	75	4	79	
Male	40-49	200	John joseph	Fogarty	78	100	0:51:26	64	1	65	93	1:14:11	70	8	78					
Male	40-49	201	Andrew	Poole	76	91	0:49:59	66	10	76										
Male	40-49	202	Brian	Bergen-Aurand	74										102	1:27:14	74		74	
Male	40-49	203	Eng khong clement	Goh	74										106	1:27:46	74		74	
Male	40-49	204	Koon wee jeremy	Lim	74	125	0:54:58	60		60	96	1:15:02	69	5	74					
Male	40-49	205	Gerald thomas	Beauregard	73										110	1:28:27	73		73	
Male	40-49	206	Eng ham	Lee	73										113	1:28:52	73		73	
Male	40-49	207	Ivan	Ng	73										112	1:28:41	73		73	
Male	40-49	208	David	Tan	73										116	1:29:13	73		73	
Male	40-49	209	Brent	Alcock	72										121	1:29:39	72		72	
Male	40-49	210	Christopher	Lee	72										125	1:30:21	72		72	
Male	40-49	211	Sze chong	Toh	72										127	1:30:26	72		72	
Male	40-49	212	Mark	Wallace	72										126	1:30:24	72		72	
Male	40-49	213	Walter guy	Whitcher	72										128	1:30:29	72		72	
Male	40-49	214	Anders tore joakim	Eicsson	71										130	1:30:48	71		71	
Male	40-49	215	Andy	Lim	71										134	1:31:18	71		71	
Male	40-49	216	Choon ping	Loke	71										132	1:31:06	71		71	
Male	40-49	217	Michael	Pear	71										136	1:31:21	71		71	
Male	40-49	218	Patrick	Staedler	71										137	1:31:38	71		71	
Male	40-49	219	Gary	Tang	71										131	1:31:05	71		71	
Male	40-49	220	Tze juen	Fang	70						99	1:15:58	68	2	70					
Male	40-49	221	Liow koh chuan	Liow	70										139	1:31:57	70		70	
Male	40-49	222	Andrew	O'Regan	70										144	1:32:22	70		70	
Male	40-49	223	Kelvin	Phua	70										145	1:32:41	70		70	
Male	40-49	224	Dennis hong kai	Quek	70										142	1:32:04	70		70	
Male	40-49	225	Zainal abidin	Shukor	70										141	1:32:00	70		70	
Male	40-49	226	Tan bak kim	Tan	70										143	1:32:17	70		70	
Male	40-49	227	Hui hoong c r	Chen	69										148	1:33:52	69		69	
Male	40-49	228	Shung seng	Dunn	69										152	1:34:02	69		69	
Male	40-49	229	Chi ming	Ma	69										149	1:33:56	69		69	
Male	40-49	230	Dennis weng leong	Mark	69										150	1:33:57	69		69	
Male	40-49	231	Siew chuan	Phoon	69						100	1:16:02	68	1	69					
Male	40-49	232	Ee koon	Chua	68										155	1:34:54	68		68	
Male	40-49	233	Kok hung	Yap	68										157	1:35:21	68		68	
Male	40-49	234	Peng cheng	Loo	67						102	1:16:37	67		67					
Male	40-49	235	Christopher	Marshall	67										163	1:36:55	67		67	
Male	40-49	236	Gary	Miles	67						103	1:17:13	67		67					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	237	Ong yew san leslie	Ong	67										164	1:37:11	67		67	
Male	40-49	238	Hock chye	Teo	67										161	1:36:34	67		67	
Male	40-49	239	Koon leong	Goh	66					108	1:18:21	66		66						
Male	40-49	240	Magnus	Lundgren	66										167	1:37:35	66		66	
Male	40-49	241	Lindsay	Maddock	66					106	1:17:55	66		66						
Male	40-49	242	Alexandros	Athanasiou	65					112	1:19:22	65		65						
Male	40-49	243	Yee	Chee Khuan Francis	65										175	1:40:17	65		65	
Male	40-49	244	Nicolas	Domeyko	65										172	1:39:07	65		65	
Male	40-49	245	Mohd azhar bin	Jamak	65					114	1:19:47	65		65						
Male	40-49	246	Tai wai	Tang	65										174	1:39:34	65		65	
Male	40-49	247	Lawrence	Ang	64	122	0:53:57	61		61	116	1:20:12	64		64					
Male	40-49	248	Raja	Bose	64										178	1:40:56	64		64	
Male	40-49	249	Robert eric louis	Cormier	64										180	1:41:48	64		64	
Male	40-49	250	Mark	Hemstedt	64	132	0:56:34	59		59	119	1:21:25	64		64					
Male	40-49	251	Phang	Kong fo	64	106	0:51:57	64		64										
Male	40-49	252	Jeffrey	Milne	64						117	1:20:58	64		64					
Male	40-49	253	Tan	Yoke chang	64						118	1:21:11	64		64					
Male	40-49	254	Stephen	Bylo	63										182	1:42:34	63		63	
Male	40-49	255	Kum kong	Chan	63										184	1:43:27	63		63	
Male	40-49	256	Mark tan	Chin Yong	63										181	1:42:32	63		63	
Male	40-49	257	Jacob	Lieu	63										183	1:42:38	63		63	
Male	40-49	258	Leong poon	Soh	63	110	0:52:15	63		63										
Male	40-49	259	Kevin	Burke	62						125	1:23:06	62		62					
Male	40-49	260	Andrew	Cheong	62	116	0:53:28	62		62	126	1:23:19	62		62					
Male	40-49	261	Arcangelo	Dellanno	62	142	1:00:37	55		55	121	1:22:46	62		62					
Male	40-49	262	Loon Meng	Huang	62	118	0:53:38	62		62										
Male	40-49	263	Saifudin	Hussein	62	120	0:53:42	62		62										
Male	40-49	264	Andrew	Loh	62	119	0:53:38	62		62										
Male	40-49	265	Virgilio	Madrid	62						123	1:22:59	62		62					
Male	40-49	266	Jack	Ong	62										185	1:43:50	62		62	
Male	40-49	267	Kok ming	Tan	62						124	1:22:59	62		62					
Male	40-49	268	Gen	Yasuda	62	117	0:53:35	62		62										
Male	40-49	269	Kok poi	Chua	61						130	1:24:36	61		61					
Male	40-49	270	Sang ha	Leigh	61	124	0:54:34	61		61										
Male	40-49	271	Wei yi samuel	Lim	61	123	0:54:22	61		61	128	1:24:29	61		61					
Male	40-49	272	Yew hock	Chia	60	126	0:55:12	60		60										
Male	40-49	273	Christopher	Lim	60										189	1:47:52	60		60	
Male	40-49	274	Krishnamoorthy	Ramoo	57	147	1:06:10	50		50	134	1:30:01	57		57					
Male	40-49	275	Adrian	Roman	57						135	1:30:14	57		57					
Male	40-49	276	"heng ning, kevin"	Wong	57	137	0:58:16	57		57										
Male	40-49	277	Neng see	Yap	56						137	1:31:58	56		56					
Male	40-49	278	Anwar	Abu hashim	55						138	1:33:58	55		55					
Male	40-49	279	Mitchell	Denny	55	140	0:59:58	55		55										
Male	40-49	280	Paul	Heavey	55						139	1:34:47	55		55					
Male	40-49	281	Sing khong	Lau	54										193	1:59:04	54		54	
Male	40-49	282	Khey soo	Lim	51						142	1:40:36	51		51					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	50+	1	Malcolm	Elley	396	2	0:37:15	96	99	195	2	0:56:12	97	99	196	1	1:07:03	100	100	200
Male	50+	2	Brian	McGovern	395	1	0:35:37	100	100	200	1	0:54:23	100	100	200	2	1:09:35	96	99	195
Male	50+	3	Michael	Lyons	379	3	0:39:01	91	98	189	3	0:59:45	91	98	189	3	1:13:16	92	98	190
Male	50+	4	Colin	Ryan	363	6	0:42:58	83	95	178						4	1:16:18	88	97	185
Male	50+	5	Colin	Alexander	353	7	0:44:29	80	94	174	6	1:05:33	83	95	178	7	1:22:51	81	94	175
Male	50+	6	Norbert	Woebs	353	9	0:44:57	79	92	171	4	1:05:10	83	97	180	8	1:23:46	80	93	173
Male	50+	7	Michel	Beaugier	348						5	1:05:30	83	96	179	9	1:26:56	77	92	169
Male	50+	8	Chan	Keng nee	330	12	0:47:13	75	89	164	9	1:12:52	75	92	167	12	1:31:01	74	89	163
Male	50+	9	Ban seng robert	Tan	311	15	0:52:11	68	86	154						15	1:34:24	71	86	157
Male	50+	10	Chee meng	Lum	287	16	1:00:13	59	85	144						19	1:50:11	61	82	143
Male	50+	11	Mark	Speciale	184	4	0:40:51	87	97	184										
Male	50+	12	Joachim	Diederich	180											5	1:19:32	84	96	180
Male	50+	13	Iain	Maidment	180	5	0:42:17	84	96	180										
Male	50+	14	Jeffrey melbourne	Bradford	177						7	1:05:35	83	94	177					
Male	50+	15	Rainer	Tenius	176											6	1:22:36	81	95	176
Male	50+	16	Richard	Reid	173	8	0:44:45	80	93	173										
Male	50+	17	Jonathon	Gould	172						8	1:08:47	79	93	172					
Male	50+	18	Chew teck	Chua	170	10	0:45:21	79	91	170	14	1:39:25	55	87	142					
Male	50+	19	Wing soon	Chia	168											10	1:27:27	77	91	168
Male	50+	20	Hans ludwig	Bock	166											11	1:28:36	76	90	166
Male	50+	21	David	Kolpak	166	11	0:46:45	76	90	166										
Male	50+	22	Robert	Johnson	165	14	0:51:36	69	87	156	10	1:13:36	74	91	165					
Male	50+	23	Soon hin	Tay	162						11	1:15:41	72	90	162					
Male	50+	24	Weng hing	Taw	161											13	1:32:24	73	88	161
Male	50+	25	Stephen	Settle	159	13	0:50:18	71	88	159										
Male	50+	26	Ben soong	Lee	158											14	1:33:54	71	87	158
Male	50+	27	"siew meng, steven"	Lee	156						12	1:21:04	67	89	156					
Male	50+	28	Van	Weng koon	152						13	1:24:39	64	88	152					
Male	50+	29	Zoher	Motiwalla	151											16	1:41:40	66	85	151
Male	50+	30	Govind	Bhandari	150											17	1:41:55	66	84	150
Male	50+	31	Hwai kiang	Tan	146											18	1:45:58	63	83	146
Male	50+	32	John	Justus	138											20	1:57:03	57	81	138

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	Team	1	Team	Tri to be...	381	2	0:38:46	89	99	188	3	1:01:40	85	102	187	3	1:11:32	95	98	193
Male	Team	2	Team	Mapletree @ JCR	371	1	0:34:30	100	100	200	2	0:54:54	96	101	197	11	1:22:51	82	89	171
Male	Team	3	Team	NHOB	354	3	0:40:10	86	98	184	5	1:09:38	76	104	180	12	1:22:55	82	88	170
Male	Team	4	Team	Tri Amigos	353	6	0:45:11	76	95	171	4	1:09:29	76	103	179	9	1:21:56	83	91	174
Male	Team	5	Team	Kim and Emma	329	10	0:50:51	68	91	159	11	1:18:10	67	110	177	22	1:32:34	74	78	152
Male	Team	6	Team	Muffintops	314						13	1:24:19	62	112	174	28	1:40:09	68	72	140
Male	Team	7	Team	lpg Force One	200											1	1:08:15	100	100	200
Male	Team	8	Team	SMU	200						1	0:52:41	100	100	200					
Male	Team	9	Team	Led	195											2	1:11:02	96	99	195
Male	Team	10	Team	Indigo	190											4	1:13:08	93	97	190
Male	Team	11	Team	Team Sapphire	185											5	1:16:49	89	96	185
Male	Team	12	Team	Lycra Delights	182											5	1:18:08	87	95	182
Male	Team	13	Team	Team jensen	181						7	1:10:19	75	106	181					
Male	Team	14	Team	On pedal !! a	180						6	1:10:13	75	105	180					
Male	Team	15	Team	Pirates	180	4	0:41:49	83	97	180										
Male	Team	16	Team	Ga	179											6	1:20:00	85	94	179
Male	Team	17	Team	Buccaneers	177	5	0:42:26	81	96	177										
Male	Team	18	Team	M-MAN	177	9	0:48:29	71	92	163	10	1:17:13	68	109	177					
Male	Team	19	Team	Team1	177											7	1:21:19	84	93	177
Male	Team	20	Team	Jab	176											8	1:21:38	84	92	176
Male	Team	21	Team	Leapfrog	176						9	1:17:02	68	108	176					
Male	Team	22	Team	MOHD SALEEM	176						12	1:21:14	65	111	176					
Male	Team	23	Team	On pedal	176						8	1:16:23	69	107	176					
Male	Team	24	Team	Rhincodon Typus	173											10	1:22:43	83	90	173
Male	Team	25	Team	Brown eyes	172						14	1:29:20	59	113	172					
Male	Team	26	Team	Team zoo	171						15	1:33:07	57	114	171					
Male	Team	27	Team	Cnn	167											13	1:25:10	80	87	167
Male	Team	28	Team	GEMs	167	7	0:47:17	73	94	167										
Male	Team	29	Team	Raving Rabbits	165											14	1:26:20	79	86	165
Male	Team	30	Team	Endurance Sports 2	164											15	1:26:21	79	85	164
Male	Team	31	Team	Outshine	164	8	0:48:24	71	93	164										
Male	Team	32	Team	Aikon	163											16	1:26:33	79	84	163
Male	Team	33	Team	Atomic	162											17	1:26:39	79	83	162
Male	Team	34	Team	Outa Gas	161											18	1:26:47	79	82	161
Male	Team	35	Team	Endurance Sports 1	159											19	1:27:39	78	81	159
Male	Team	36	Team	The Locks	157	11	0:51:31	67	90	157										
Male	Team	37	Team	Ndp	155											20	1:30:35	75	80	155
Male	Team	38	Team	Pigs can fly	155	12	0:52:33	66	89	155										
Male	Team	39	Team	Team Kona	154											21	1:31:16	75	79	154
Male	Team	40	Team	Flowersgro	151	13	0:55:00	63	88	151										
Male	Team	41	Team	The Incredibles	150											23	1:33:22	73	77	150
Male	Team	42	Team	The Heyring	149											24	1:33:50	73	76	149
Male	Team	43	Team	Nerd Stars	147	14	0:57:38	60	87	147										
Male	Team	44	Team	The Macdonalds	146											25	1:36:40	71	75	146
Male	Team	45	Team	lpg Challenger	143											26	1:38:18	69	74	143
Male	Team	46	Team	Jaj	142											27	1:39:20	69	73	142
Male	Team	47	Team	F.c.t	133											29	1:49:52	62	71	133

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	Team	48	Team	Angels	129										30	1:55:53	59	70	129
Male	Team	49	Team	HP-MOM	125										31	2:02:29	56	69	125
Male	Team	50	Team	Soeasy	123										32	2:03:11	55	68	123