

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-19	<b>1</b>	Winona	Howe	<b>200</b>	1	0:34:56	100	100	200	1	1:00:31	100	100	200					
Female	16-19	<b>2</b>	Debbie	Ho	<b>195</b>	2	0:36:14	96	99	195	2	1:04:31	94	99	193					
Female	16-19	<b>3</b>	Jessica Angelique	Gabrielli	<b>191</b>						3	1:05:15	93	98	191					
Female	16-19	<b>3</b>	Sara	Ng	<b>187</b>	3	0:41:11	85	98	183	4	1:07:13	90	97	187					
Female	16-19	<b>5</b>	Samantha Qian Wei	Ho	<b>184</b>						5	1:08:57	88	96	184					
Female	16-19	<b>4</b>	Nicole	Ng	<b>180</b>	4	0:42:00	83	97	180										
Female	16-19	<b>5</b>	Yiew Huiling Cynthia	Yiew	<b>178</b>	5	0:42:31	82	96	178										
Female	16-19	<b>6</b>	Cheng Chia	Hsiang	<b>173</b>						6	1:17:06	78	95	173					
Female	16-19	<b>6</b>	Karin	Biese	<b>171</b>	6	0:45:56	76	95	171										
Female	16-19	<b>7</b>	Caitlin	Muller	<b>167</b>	7	0:47:49	73	94	167										
Female	16-19	<b>8</b>	Kai Hui	Lau	<b>161</b>	8	0:51:01	68	93	161	8	1:40:29	60	93	153					
Female	16-19	<b>7</b>	Jenevieve	Woon	<b>159</b>						7	1:33:08	65	94	159					
Female	16-19	<b>9</b>	Bavani	Palanivellu	<b>150</b>	9	0:59:43	58	92	150										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	20-29	1	Yolanda	Mace	200	1	0:40:21	100	100	200	1	1:02:13	100	100	200					
Female	20-29	2	Alice	Mckay	196						2	1:04:17	97	99	196					
Female	20-29	3	Lauren	Johan	195	2	0:42:05	96	99	195										
Female	20-29	4	Jiayi	Liaw	193	3	0:42:31	95	98	193										
Female	20-29	5	Hwee Li	Tay	192	4	0:42:35	95	97	192										
Female	20-29	6	Fabiana	Pizzali	189	5	0:43:51	92	96	188	3	1:08:44	91	98	189					
Female	20-29	7	Zhiling, Sharon	Koh	187	6	0:43:59	92	95	187										
Female	20-29	8	Jennifer	Bennett	186						4	1:10:04	89	97	186					
Female	20-29	9	Andreana	Ng	184	8	0:44:50	90	93	183	5	1:10:45	88	96	184					
Female	20-29	10	Hannah Keren	Griffiths	184	7	0:44:49	90	94	184	7	1:15:26	82	94	176					
Female	20-29	11	Leonie Isabel Kathar	Ralf	182						6	1:11:28	87	95	182					
Female	20-29	12	Tammi	Lim	180	9	0:45:50	88	92	180										
Female	20-29	13	Sarah May	Woodgate	178	10	0:46:17	87	91	178	9	1:18:15	80	92	172					
Female	20-29	14	Irene	Chua	177	11	0:46:34	87	90	177										
Female	20-29	15	Meifang	Lin	174	12	0:47:13	85	89	174	11	1:18:37	79	90	169					
Female	20-29	16	Pooi Yee Alicia	Ng	174	16	0:48:59	82	85	167	8	1:16:53	81	93	174					
Female	20-29	17	Eliane	Luthi Poirier	172	13	0:47:59	84	88	172	16	1:22:53	75	85	160					
Female	20-29	18	Joanne	Walker	171	14	0:48:16	84	87	171										
Female	20-29	19	Pey Ling	Chan	170	18	0:51:24	79	83	162	10	1:18:17	79	91	170					
Female	20-29	20	Rachel	Tonge	169	15	0:48:32	83	86	169										
Female	20-29	21	Xiat Lin Francesca	Chia	166						12	1:20:59	77	89	166					
Female	20-29	22	Elisabeth	Hammerberg	165	17	0:49:34	81	84	165										
Female	20-29	23	Felicia	Lam	164						13	1:21:43	76	88	164					
Female	20-29	24	Yingyow	Tan	163						14	1:22:00	76	87	163					
Female	20-29	25	Katherine	Farrell	162						15	1:22:19	76	86	162					
Female	20-29	26	Hua Yee	Ang	160	19	0:51:36	78	82	160										
Female	20-29	27	Shing Hui	Lim	158						17	1:24:30	74	84	158					
Female	20-29	28	Jingyi	Lim	157	20	0:53:04	76	81	157	24	1:37:45	64	77	141					
Female	20-29	29	Jie Ying	Ann	155	21	0:53:36	75	80	155	26	1:38:28	63	75	138					
Female	20-29	30	Laura	Rehberger	154	22	0:54:09	75	79	154										
Female	20-29	31	Ee Wey	Lim	152	23	0:54:33	74	78	152										
Female	20-29	32	Ee Min	Tan	151	27	0:56:38	71	74	145	18	1:31:17	68	83	151					
Female	20-29	33	Dilmini	Kalambaarachchi	149	26	0:56:04	72	75	147	19	1:32:40	67	82	149					
Female	20-29	34	Wong Ker Jin	Wong	149	24	0:55:50	72	77	149										
Female	20-29	35	Wei Kee	Teo	148	25	0:55:56	72	76	148	28	1:44:01	60	73	133					
Female	20-29	36	Nadeema	Ajihil	147						20	1:33:37	66	81	147					
Female	20-29	37	Janlex	Tan	146						21	1:33:38	66	80	146					
Female	20-29	38	Siew Ling	Lay	145						22	1:34:25	66	79	145					
Female	20-29	39	Lizda Riyana	Abdul Rashid	143	28	0:57:38	70	73	143										
Female	20-29	40	Jingjing	Xin	142						23	1:37:13	64	78	142					
Female	20-29	41	Chen	Sands	140	29	0:59:36	68	72	140										
Female	20-29	42	Haslinda Bte Hassan	Na	139						25	1:37:59	63	76	139					
Female	20-29	43	Kimberly	Lee	137	30	1:00:47	66	71	137										
Female	20-29	44	Lijuan	Zhao	137						27	1:39:06	63	74	137					
Female	20-29	45	Monica	Chong	132	31	1:05:10	62	70	132										

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon						
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	30-39	1	Janine	Denning	200					1	1:00:01	100	100	200						
Female	30-39	1	Trudy	Fawcett	200	1	0:33:22	100	100	200										
Female	30-39	3	Nicole	Gallagher	197	3	0:37:01	90	98	188	2	1:01:01	98	99	197					
Female	30-39	3	Rebecca	Hemphill	197	2	0:34:10	98	99	197										
Female	30-39	5	Sharyn	Porter	195	5	0:39:11	85	96	181	3	1:01:42	97	98	195					
Female	30-39	6	Stephanie	Condon	193						4	1:02:18	96	97	193					
Female	30-39	7	Megan	Kinder	191						5	1:03:04	95	96	191					
Female	30-39	8	Serena	Goh	189	4	0:39:01	86	97	183	6	1:03:51	94	95	189					
Female	30-39	9	Winnifred	Selukov	187	6	0:40:25	83	95	178	7	1:04:26	93	94	187					
Female	30-39	10	Teresa Marie	Soh	184	7	0:40:57	81	94	175	8	1:05:42	91	93	184					
Female	30-39	11	Rachel	Wright	182	12	0:42:11	79	89	168	9	1:06:47	90	92	182					
Female	30-39	12	Sarah	Clark	181						10	1:06:58	90	91	181					
Female	30-39	13	Lisa	Kilday	178	14	0:42:54	78	87	165	11	1:08:29	88	90	178					
Female	30-39	14	Miranda	Heck	177						12	1:08:33	88	89	177					
Female	30-39	15	Kit	Moller	175						13	1:09:06	87	88	175					
Female	30-39	16	Hollie Ann	Nethercleft	174	8	0:41:15	81	93	174	17	1:11:32	84	84	168					
Female	30-39	17	Rebecca	Dickson	174	17	0:44:06	76	84	160	14	1:09:10	87	87	174					
Female	30-39	18	Megan	Gray	172	9	0:41:52	80	92	172	18	1:11:47	84	83	167					
Female	30-39	19	Nicole	Roe	171						15	1:10:38	85	86	171					
Female	30-39	20	Robyn	Press	170	10	0:42:09	79	91	170										
Female	30-39	21	Angela	Ryan	169	11	0:42:10	79	90	169										
Female	30-39	22	Sara	Wallin	169	15	0:43:03	78	86	164	16	1:11:11	84	85	169					
Female	30-39	23	Archant	Catherine	167	13	0:42:18	79	88	167										
Female	30-39	24	Joanna	Morris	165	21	0:44:41	75	80	155	19	1:11:59	83	82	165					
Female	30-39	25	Pauline	Chong	164						20	1:12:00	83	81	164					
Female	30-39	26	Seow Huey	Yeo	163						21	1:12:24	83	80	163					
Female	30-39	27	Desiree	Koh	162						22	1:12:26	83	79	162					
Female	30-39	28	Jane	Loo	162	16	0:43:19	77	85	162										
Female	30-39	29	Bee Eng	Yong	160						23	1:13:07	82	78	160					
Female	30-39	30	Amabel Joy	Francisco	159	18	0:44:10	76	83	159										
Female	30-39	31	Kamun	Cheong	157						24	1:15:17	80	77	157					
Female	30-39	32	Nicole	White	157	19	0:44:28	75	82	157										
Female	30-39	33	Audrey	Wurtz	156	20	0:44:37	75	81	156										
Female	30-39	34	Norlinda	Zainuddin	155						25	1:15:46	79	76	155					
Female	30-39	35	Chiew Guat	Tay	153	28	0:47:08	71	73	144	26	1:16:39	78	75	153					
Female	30-39	36	Kerry Jane	Brown	153	22	0:45:21	74	79	153										
Female	30-39	37	Tracey	Pickford	150	23	0:46:22	72	78	150										
Female	30-39	38	Jiew Wan	Tan	149	50	0:53:27	62	51	113	27	1:20:18	75	74	149					
Female	30-39	39	Rebecca Dawn	Bertrand	149	24	0:46:34	72	77	149										
Female	30-39	40	Allison	Singer	148	25	0:46:36	72	76	148										
Female	30-39	41	Carolina	Antonini	147	34	0:48:01	69	67	136	28	1:21:12	74	73	147					
Female	30-39	42	Masami	Fukushima	146						29	1:21:12	74	72	146					
Female	30-39	43	Sips	Magali	146	26	0:46:41	71	75	146										
Female	30-39	44	Marisa	Hall	145	48	0:52:34	63	53	116	30	1:21:24	74	71	145					
Female	30-39	45	Natalie Kim	Yap	145	27	0:46:46	71	74	145										
Female	30-39	46	Rachel	Webb	144						31	1:21:34	74	70	144					
Female	30-39	47	Reehana	Shihab	143	29	0:47:11	71	72	143										

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Female	30-39	48	Irene Magdalena	Alisjahbana	142	51	0:54:18	61	50	111	32	1:22:04	73	69	142				
Female	30-39	49	Sanne	Lund	141	30	0:47:20	70	71	141									
Female	30-39	50	Gretchen	Clow	140	31	0:47:28	70	70	140									
Female	30-39	51	Williams	Lisa	140						33	1:23:17	72	68	140				
Female	30-39	52	Deirdre	Sim	139	32	0:47:29	70	69	139									
Female	30-39	53	Foong Har	Moo	139	64	0:58:44	57	37	94	34	1:23:46	72	67	139				
Female	30-39	54	Claudia	Buettner	138	61	0:56:53	59	40	99	35	1:23:49	72	66	138				
Female	30-39	55	Kate	Gray	138	33	0:47:53	70	68	138									
Female	30-39	56	Arlene	Rosborough	135	55	0:54:39	61	46	107	36	1:25:10	70	65	135				
Female	30-39	57	Xxx	Narmada	135	35	0:48:21	69	66	135									
Female	30-39	58	Guek Hiang Teresa	Tan	134						37	1:25:29	70	64	134				
Female	30-39	59	Kelly Kathleen	Fitzgerald	134	36	0:48:32	69	65	134	42	1:30:28	66	59	125				
Female	30-39	60	Bolderheij	Naomi	133	37	0:48:36	69	64	133	39	1:27:13	69	62	131				
Female	30-39	61	Shemaiah Ng Mein Yar	Ng	132						38	1:26:57	69	63	132				
Female	30-39	62	Lisa	Obrien	131	38	0:48:53	68	63	131									
Female	30-39	63	Chunhua	Ou	129	43	0:51:00	65	58	123	40	1:27:55	68	61	129				
Female	30-39	64	Kerensa	Cracknell	129	39	0:49:37	67	62	129									
Female	30-39	65	Rebecca	Gow	128	40	0:50:02	67	61	128									
Female	30-39	66	Wee Seng	Long	127	66	1:06:07	50	35	85	41	1:30:13	67	60	127				
Female	30-39	67	Selina	Abdul Aziz	126	41	0:50:23	66	60	126									
Female	30-39	68	Berna	Okten	124	42	0:50:58	65	59	124									
Female	30-39	69	Michelle	Matias	124						43	1:31:12	66	58	124				
Female	30-39	70	Jenina	Conradie	122	53	0:54:23	61	48	109	44	1:32:32	65	57	122				
Female	30-39	71	Lucy Marie	Criddle	121	44	0:51:50	64	57	121									
Female	30-39	72	Charlotte	Freeman	120						45	1:33:21	64	56	120				
Female	30-39	73	Heather	Phillips	120	45	0:51:51	64	56	120									
Female	30-39	74	Emi	Waddington	119	46	0:52:12	64	55	119									
Female	30-39	75	Natacha	Truche	119	63	0:57:56	58	38	96	46	1:34:08	64	55	119				
Female	30-39	76	Sherri	Williamson	118	47	0:52:14	64	54	118									
Female	30-39	77	Yan Ting	Yeo	117						47	1:35:00	63	54	117				
Female	30-39	78	Melissa	Luffman	116						48	1:35:54	63	53	116				
Female	30-39	79	Myia	Ross	115	49	0:53:18	63	52	115									
Female	30-39	80	Han Qi	Chen	114						49	1:36:16	62	52	114				
Female	30-39	81	Hwee Xuan	Lam	113						50	1:36:29	62	51	113				
Female	30-39	82	Carmen Sofia	Barrios Perez	110	62	0:57:45	58	39	97	51	1:39:13	60	50	110				
Female	30-39	83	Lay Kuan Mary	Ngo	110	52	0:54:19	61	49	110									
Female	30-39	84	Adelin	Lim	108	54	0:54:27	61	47	108									
Female	30-39	85	Yee Chern	Lam	107	65	1:02:27	53	36	89	52	1:43:21	58	49	107				
Female	30-39	86	Lisa	Guit	106	56	0:54:42	61	45	106									
Female	30-39	87	Mei Lan Christina	Chee	105	57	0:54:45	61	44	105									
Female	30-39	88	Khaini Fadhila	Mohamed	104						53	1:46:48	56	48	104				
Female	30-39	89	Kylie	Neary	104	58	0:54:48	61	43	104									
Female	30-39	90	Fiona	Lilford	103	59	0:55:07	61	42	103									
Female	30-39	91	Jean Lye Yee	Khong	102						54	1:48:23	55	47	102				
Female	30-39	92	Yoshie	Tanaka	101	60	0:55:20	60	41	101									
Female	30-39	93	Dhalia	Maccallum	98						55	1:54:36	52	46	98				
Female	30-39	94	Aye Lian	Quah	78	67	1:16:38	44	34	78									

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40-49	1	Suk Han	Chiu	200	1	0:34:55	100	100	200										
Female	40-49	1	Wendy	Wilcox	200						1	0:59:24	100	100	200					
Female	40-49	3	Antonia	Kidman	199	2	0:35:05	100	99	199	8	1:07:37	88	93	181					
Female	40-49	3	Harriette	Purchas	199	9	0:40:32	86	92	178	2	0:59:39	100	99	199					
Female	40-49	5	Jenelle	Cosgrove	196	6	0:39:51	88	95	183	3	1:00:54	98	98	196					
Female	40-49	6	Sheena	Ashford-Tait	194	3	0:36:30	96	98	194	4	1:03:20	94	97	191					
Female	40-49	7	Kim	Douglas	189	4	0:37:53	92	97	189										
Female	40-49	8	Enrica	Nicolini	187	17	0:43:31	80	84	164	5	1:05:27	91	96	187					
Female	40-49	9	Tracy	Quin	186	5	0:39:00	90	96	186										
Female	40-49	10	Ruth	Stubbs	184						6	1:06:45	89	95	184					
Female	40-49	11	Dudzik	Susanne	182	11	0:41:09	85	90	175	7	1:07:23	88	94	182					
Female	40-49	12	Natalie	Anderson	181	7	0:40:14	87	94	181										
Female	40-49	13	Judi	Clemie	180	8	0:40:19	87	93	180										
Female	40-49	14	Kim Eileen	Faure	180						9	1:07:45	88	92	180					
Female	40-49	15	Lorena	Ferreira	176	10	0:41:06	85	91	176	15	1:17:44	76	86	162					
Female	40-49	16	Josephine	Teow	174	29	0:48:43	72	72	144	10	1:11:34	83	91	174					
Female	40-49	17	Yee Tsann, Clarissa	Then	174	12	0:41:18	85	89	174										
Female	40-49	18	Kathryn	Heard	172	13	0:41:27	84	88	172										
Female	40-49	19	Sandra	Carlsson	171						11	1:12:54	81	90	171					
Female	40-49	20	Elizabeth	Mcdougall	169	24	0:47:06	74	77	151	12	1:14:34	80	89	169					
Female	40-49	21	Kathryn	Zastera	169	14	0:42:47	82	87	169	19	1:20:08	74	82	156					
Female	40-49	22	Poh Kuan	Toh	168						13	1:14:34	80	88	168					
Female	40-49	23	Michelle	Sawyer	167	15	0:42:56	81	86	167										
Female	40-49	24	Oonagh	Clarke	167						14	1:14:40	80	87	167					
Female	40-49	25	Yukari	Takesawa	166	16	0:43:15	81	85	166	17	1:18:23	76	84	160					
Female	40-49	26	Elizabeth	Reynolds	163	18	0:43:34	80	83	163										
Female	40-49	27	Victoria	Allen	162	19	0:43:42	80	82	162										
Female	40-49	28	Kim	Williams	161	20	0:43:51	80	81	161										
Female	40-49	29	Zaheera	Hashim	161	21	0:43:51	80	80	160	16	1:18:09	76	85	161					
Female	40-49	30	Mary Lynn	Bachman	158	22	0:44:01	79	79	158										
Female	40-49	31	Maureen	Thomson	158	27	0:48:20	72	74	146	18	1:18:41	75	83	158					
Female	40-49	32	Andrew	Mead	155						20	1:20:41	74	81	155					
Female	40-49	33	Celine Lo Sin Inn	Celine Lo Sin Inn	153						21	1:21:22	73	80	153					
Female	40-49	34	Karen	Taylor	153	23	0:46:49	75	78	153										
Female	40-49	35	Joanna	Lin	150						22	1:23:14	71	79	150					
Female	40-49	36	Angelina	Then	149	25	0:47:54	73	76	149										
Female	40-49	37	Katrina	O'Brien	149						23	1:23:39	71	78	149					
Female	40-49	38	Elizabeth	Faber	147	26	0:48:10	72	75	147										
Female	40-49	39	Khalijah	Masud	147	30	0:50:23	69	71	140	24	1:24:16	70	77	147					
Female	40-49	40	Debra	Hampton	146	28	0:48:38	72	73	145	25	1:24:22	70	76	146					
Female	40-49	41	Abigail	Smith	145						26	1:24:25	70	75	145					
Female	40-49	42	Spring	Tan	144	39	0:56:05	62	62	124	27	1:25:09	70	74	144					
Female	40-49	43	Marianne	Doele	141	42	0:57:48	60	59	119	28	1:27:27	68	73	141					
Female	40-49	44	Selina Soon Yee	Foong	139	31	0:50:56	69	70	139										
Female	40-49	45	Heenhiang	Hoh	138	38	0:55:38	63	63	126	29	1:30:08	66	72	138					
Female	40-49	46	Valerie	Brett	137						30	1:30:28	66	71	137					
Female	40-49	47	Yiu Lien, Lorraine	Kwek	137	32	0:51:22	68	69	137										

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon					Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40-49	<b>48</b>	Vanessa	Montgomerie	<b>136</b>						31	1:30:41	66	70	136					
Female	40-49	<b>49</b>	Agnes	Voon Yew Wern	<b>135</b>	33	0:51:52	67	68	135										
Female	40-49	<b>50</b>	Gillian	Lim	<b>134</b>	34	0:52:08	67	67	134										
Female	40-49	<b>51</b>	Jane	Oconnell	<b>133</b>	45	1:01:40	57	56	113	32	1:32:53	64	69	133					
Female	40-49	<b>52</b>	Marie Oi Mei	Tham	<b>132</b>	35	0:52:35	66	66	132										
Female	40-49	<b>53</b>	Tanneke	Zeeuw	<b>131</b>	44	0:58:28	60	57	117	33	1:34:07	63	68	131					
Female	40-49	<b>54</b>	Cecilia	Voon Yew Mei	<b>130</b>	36	0:53:19	65	65	130										
Female	40-49	<b>55</b>	Beverly Siew Yoon	Chin	<b>129</b>	37	0:53:50	65	64	129										
Female	40-49	<b>56</b>	Rosarie Clare	Keane	<b>129</b>	47	1:09:28	50	54	104	34	1:35:16	62	67	129					
Female	40-49	<b>57</b>	Mary-Anne	Phillips	<b>128</b>						35	1:35:48	62	66	128					
Female	40-49	<b>58</b>	Lisa Jane Mills	Mills	<b>125</b>						36	1:39:37	60	65	125					
Female	40-49	<b>59</b>	Lynette	Ong	<b>123</b>	40	0:56:19	62	61	123										
Female	40-49	<b>60</b>	Salawaty	Buzari	<b>122</b>	41	0:56:34	62	60	122	37	1:50:17	54	64	118					
Female	40-49	<b>61</b>	Delia	Kang Ting Ling	<b>118</b>	43	0:57:57	60	58	118										
Female	40-49	<b>62</b>	Kendall	Brothers	<b>109</b>	46	1:04:11	54	55	109										
Female	40-49	<b>63</b>	Mastura	Yaacob	<b>99</b>	48	1:16:19	46	53	99										

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon						
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	50+	1	Alison	Sharp	200	1	0:46:34	100	100	200	2	1:11:02	97	99	196					
Female	50+	1	Pauline	Yong	200						1	1:08:38	100	100	200					
Female	50+	3	Audrey Christine	Gentry	191	2	0:51:01	91	99	190	3	1:13:30	93	98	191					
Female	50+	4	Lai Wah Jenny	Chui	185	3	0:53:43	87	98	185	4	1:21:58	84	97	181					
Female	50+	5	Heather	Lim	179	4	0:56:41	82	97	179	5	1:24:58	81	96	177					

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	16-19	1	Charlie	Quin	200	1	0:29:53	100	100	200									
Male	16-19	1	Jan	Hejl	200	2	0:31:10	96	99	195	1	0:54:11	100	100	200				
Male	16-19	3	Jun Da Benjamin	Khoo	199	4	0:33:19	90	97	187	2	0:54:21	100	99	199				
Male	16-19	4	Aldrich Lim	Jing Hong	191	3	0:32:02	93	98	191									
Male	16-19	5	Jun Zhen Edwin	Teng	188						3	1:00:13	90	98	188				
Male	16-19	6	Yi Shu	Ng	186	8	0:37:23	80	93	173	4	1:00:39	89	97	186				
Male	16-19	7	Jiayu	Tan	185	9	0:37:45	79	92	171	5	1:00:45	89	96	185				
Male	16-19	8	Koon Wei David	Goh	185	5	0:33:26	89	96	185	6	1:02:46	86	95	181				
Male	16-19	9	Jonathan	Quin	181	6	0:34:48	86	95	181									
Male	16-19	10	Harry	Grosvenor	180						7	1:03:14	86	94	180				
Male	16-19	11	Eugene Lim Yi Sheng	Lim	178	7	0:36:38	82	94	176	8	1:03:24	85	93	178				
Male	16-19	12	Ming Fai, Gael	Woon	172	11	0:38:23	78	90	168	9	1:07:32	80	92	172				
Male	16-19	13	Rodrigo	Zorrilla Gonzalez	170	10	0:37:55	79	91	170									
Male	16-19	14	Thomas Mark	De Silva	170	15	0:45:59	65	86	151	10	1:08:35	79	91	170				
Male	16-19	15	Yi Jun	Thung	167						11	1:10:18	77	90	167				
Male	16-19	16	Yeo Yi Wen	Adrian	163						12	1:12:58	74	89	163				
Male	16-19	17	Darren	Sim	162						13	1:13:06	74	88	162				
Male	16-19	18	Tan Sheng Li James	Tan	157	12	0:43:58	68	89	157									
Male	16-19	19	Jonathan	Lee	156						14	1:18:25	69	87	156				
Male	16-19	20	Yew Fei	Wong	156	13	0:44:04	68	88	156									
Male	16-19	21	Keng Yeen Joel	Lee	154	14	0:44:53	67	87	154									
Male	16-19	22	Navinraj	Navinraj	142						15	1:36:37	56	86	142				



Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon						
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	1	Bastian	Dohling	200						1	0:51:32	100	100	200					
Male	20-29	1	Hannes Frieder	Ruoff	200	1	0:32:04	100	100	200	13	0:56:26	91	88	179					
Male	20-29	3	Liew Wei Yen Ashley	Liew	198	2	0:32:30	99	99	198	2	0:51:54	99	99	198					
Male	20-29	4	Dex	Cheong	196						3	0:52:23	98	98	196					
Male	20-29	5	Ewin	Teo	195	3	0:32:57	97	98	195	5	0:53:58	95	96	191					
Male	20-29	6	Derek	Li	193						4	0:53:28	96	97	193					
Male	20-29	7	Andy	Lordianto	193	4	0:33:29	96	97	193										
Male	20-29	8	Brendan	Lee	190	7	0:35:41	90	94	184	6	0:54:02	95	95	190					
Male	20-29	9	Lim Cheng Gui	Lim	188	10	0:36:16	88	91	179	7	0:54:44	94	94	188					
Male	20-29	10	Ryan	Tonge	187	5	0:35:10	91	96	187										
Male	20-29	11	Haamat	Hassan	186						8	0:55:07	93	93	186					
Male	20-29	12	Benjamin	Lau	186	6	0:35:20	91	95	186	12	0:56:10	92	89	181					
Male	20-29	13	Wong Ken Mun	Wong	185						9	0:55:41	93	92	185					
Male	20-29	14	Norman	Koh	183	11	0:36:26	88	90	178	10	0:55:46	92	91	183					
Male	20-29	15	Daniel	Grillo	182	13	0:36:42	87	88	175	11	0:56:06	92	90	182					
Male	20-29	16	Sean	Wong	182	8	0:35:52	89	93	182										
Male	20-29	17	Shaun	Ong	181	9	0:35:54	89	92	181										
Male	20-29	18	Mark	Cheong	178						14	0:56:48	91	87	178					
Male	20-29	19	Thomas	Lee	177						15	0:56:51	91	86	177					
Male	20-29	20	Daniel	Shroyer	177	12	0:36:37	88	89	177										
Male	20-29	21	Gerald	Manceau	176						16	0:56:53	91	85	176					
Male	20-29	22	Alexander	Dadak	174	27	0:39:01	82	74	156	17	0:57:20	90	84	174					
Male	20-29	23	Jeffrey	Ranta	173	14	0:37:16	86	87	173										
Male	20-29	24	Ryan	Tan	172	15	0:37:17	86	86	172	19	0:58:42	88	82	170					
Male	20-29	25	Tingfu	Goh	171						18	0:58:22	88	83	171					
Male	20-29	26	Scott	Larsen	171	16	0:37:21	86	85	171										
Male	20-29	27	Matthew	Law	169	17	0:37:48	85	84	169										
Male	20-29	28	Donald	Piret	168	24	0:38:36	83	77	160	20	0:58:55	87	81	168					
Male	20-29	29	Daryl	Ang	168	18	0:37:53	85	83	168	34	1:03:53	81	67	148					
Male	20-29	30	Zavier Ong Xin Yu	Ong	167	30	0:39:31	81	71	152	21	0:59:10	87	80	167					
Male	20-29	31	Yeoh Keong Yeow	Yeoh	166	28	0:39:08	82	73	155	22	0:59:27	87	79	166					
Male	20-29	32	Calvin	Ong	166	19	0:37:57	84	82	166										
Male	20-29	33	Heiko	Aydt	165	20	0:38:01	84	81	165										
Male	20-29	34	Jeremy Wei Ming	Yeap	164	37	0:41:06	78	64	142	23	0:59:48	86	78	164					
Male	20-29	35	Ian	Vanderput	164	21	0:38:03	84	80	164										
Male	20-29	36	Newman	Loh	163	29	0:39:22	81	72	153	24	1:00:01	86	77	163					
Male	20-29	37	Leonard	Ong	163	22	0:38:09	84	79	163										
Male	20-29	38	Bi'ao Brandon	Tung	162	31	0:39:45	81	70	151	25	1:00:16	86	76	162					
Male	20-29	39	Ian	Hall	162	23	0:38:09	84	78	162										
Male	20-29	40	Roy	Xu	159						26	1:01:04	84	75	159					
Male	20-29	41	Theodore	Lin	159	25	0:38:40	83	76	159										
Male	20-29	42	Hong Taa	Tan	158						27	1:01:22	84	74	158					
Male	20-29	43	Yanming	Huang	158	26	0:38:42	83	75	158										
Male	20-29	44	Ganesh S/O Sivaraj	Sivaraj	156	80	0:49:35	65	21	86	28	1:01:56	83	73	156					
Male	20-29	45	Muhammad Hafiz	Jumahat	155						29	1:01:58	83	72	155					
Male	20-29	46	Thomas	Archer	154	48	0:43:23	74	53	127	30	1:02:02	83	71	154					
Male	20-29	47	Nicholas	Lange	153	59	0:45:12	71	42	113	31	1:02:10	83	70	153					

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	20-29	48	Chuan-Yao	Ling	151						32	1:02:33	82	69	151				
Male	20-29	49	Zonghan	Chua	150	32	0:39:48	81	69	150									
Male	20-29	50	Wei Lie	Li	149						33	1:03:29	81	68	149				
Male	20-29	51	Joe Fong Keng Wah	Joe	148	33	0:39:59	80	68	148									
Male	20-29	52	Ching Hao	Lim	147						35	1:03:58	81	66	147				
Male	20-29	53	Tan Louis Stevenson	Tan	147	34	0:40:19	80	67	147									
Male	20-29	54	John Yik Ann	Tan	145						36	1:04:37	80	65	145				
Male	20-29	55	Loong Wye	Kwan	145	35	0:40:37	79	66	145									
Male	20-29	56	Kai Wen Shawn	Tan	144						37	1:04:48	80	64	144				
Male	20-29	57	Wai Loon	Leong	143	36	0:41:05	78	65	143	48	1:10:12	73	53	126				
Male	20-29	58	Colin	Dunlop	142						38	1:05:07	79	63	142				
Male	20-29	59	Lim Ee Loong	Lim	141	40	0:42:04	76	61	137	39	1:05:11	79	62	141				
Male	20-29	60	Sixuan	Chiam	141	38	0:41:08	78	63	141									
Male	20-29	61	Ko	Kelvin	140	39	0:41:13	78	62	140									
Male	20-29	62	Su Aik, Jonathan	Lim	139	46	0:43:20	74	55	129	40	1:06:14	78	61	139				
Male	20-29	63	Hong Yi	Toh	138						41	1:06:18	78	60	138				
Male	20-29	64	Syed Muhammad	Haffizullah	136						42	1:07:00	77	59	136				
Male	20-29	65	Karsten	Cramer	136	41	0:42:20	76	60	136									
Male	20-29	66	Silvester Dan Sibal	Samonte	135	44	0:42:52	75	57	132	43	1:07:11	77	58	135				
Male	20-29	67	Yang Sheng	Chan	135	42	0:42:21	76	59	135	62	1:15:04	69	39	108				
Male	20-29	68	Muhammad Nabil	Bin Samhudi	133	63	0:45:48	70	38	108	44	1:07:56	76	57	133				
Male	20-29	69	Wei-Yang	Loh	133	43	0:42:43	75	58	133									
Male	20-29	70	Timothy	Hwang	131						45	1:08:23	75	56	131				
Male	20-29	71	Timothy	Olsen	130	45	0:43:09	74	56	130									
Male	20-29	72	Thomas	Hine	129						46	1:09:22	74	55	129				
Male	20-29	73	Lionel	Dorai	128						47	1:10:02	74	54	128				
Male	20-29	74	Jourdan Roy	Rosell	128	47	0:43:21	74	54	128									
Male	20-29	75	Kenny	Low Ka Hao	126	49	0:43:32	74	52	126									
Male	20-29	76	Tan Yang Cai Terence	Tan	124						49	1:11:25	72	52	124				
Male	20-29	77	Wei Liang Justin	Lee	124	50	0:44:00	73	51	124	53	1:12:29	71	48	119				
Male	20-29	78	Kia Song	Huan	123	81	0:51:11	63	20	83	50	1:11:37	72	51	123				
Male	20-29	79	Marc	Gurman	123	51	0:44:02	73	50	123									
Male	20-29	80	Vikram	Balasubramanian	122	52	0:44:05	73	49	122									
Male	20-29	81	Jacky	Lo	121						51	1:12:15	71	50	121				
Male	20-29	82	Zhi Quan	Chang	121	53	0:44:13	73	48	121									
Male	20-29	83	Jason	Lin	120						52	1:12:20	71	49	120				
Male	20-29	84	Jared	Wong	119	54	0:44:17	72	47	119									
Male	20-29	85	Hornng Sen Alvin	Low	118						54	1:12:39	71	47	118				
Male	20-29	86	Beale	Liu	118	55	0:44:27	72	46	118	63	1:15:38	68	38	106				
Male	20-29	87	Wen Wei Elvin	Teo	117	71	0:47:32	67	30	97	55	1:12:45	71	46	117				
Male	20-29	88	Cedric	Si Poh Nguan	117	56	0:44:29	72	45	117									
Male	20-29	89	Yaosheng	Huang	116						56	1:12:45	71	45	116				
Male	20-29	90	Bharadwaj	Krishnan	116	57	0:44:31	72	44	116									
Male	20-29	91	Rajpal	Singh	115	70	0:47:31	67	31	98	57	1:12:45	71	44	115				
Male	20-29	92	David	Trench	115	58	0:44:46	72	43	115									
Male	20-29	93	Liyang	Sim	113	69	0:46:49	68	32	100	58	1:13:10	70	43	113				
Male	20-29	94	Lee Keng Song	Lee	112						59	1:13:44	70	42	112				

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	20-29	<b>95</b>	Kristopher	Hammerberg	<b>111</b>	60	0:45:31	70	41	111										
Male	20-29	<b>96</b>	Vince Edward	Banzon	<b>110</b>						60	1:14:13	69	41	110					
Male	20-29	<b>97</b>	Shih Haur	Hwang	<b>110</b>	61	0:45:44	70	40	110	64	1:16:05	68	37	105					
Male	20-29	<b>98</b>	Zhuan Meng	Tan	<b>109</b>						61	1:14:56	69	40	109					
Male	20-29	<b>99</b>	Adam	Johan Iskandar	<b>109</b>	62	0:45:48	70	39	109	74	1:21:15	63	27	90					
Male	20-29	<b>100</b>	Nicholas Eugenius	Lim	<b>107</b>	64	0:45:57	70	37	107										
Male	20-29	<b>101</b>	Noor Azam Kasiri	Azam	<b>106</b>	65	0:45:59	70	36	106										
Male	20-29	<b>102</b>	Joel	Lee	<b>105</b>	66	0:46:00	70	35	105										
Male	20-29	<b>103</b>	Bryan	Yoong	<b>104</b>						65	1:16:07	68	36	104					
Male	20-29	<b>104</b>	Mohamad Hafiz	Hasim	<b>104</b>	67	0:46:04	70	34	104										
Male	20-29	<b>105</b>	Darren	Goh	<b>103</b>	94	0:56:09	57	7	64	66	1:16:10	68	35	103					
Male	20-29	<b>106</b>	Huankun, Andre	Ye	<b>102</b>	68	0:46:40	69	33	102										
Male	20-29	<b>107</b>	Adrian	Lim	<b>101</b>	78	0:48:24	66	23	89	67	1:16:50	67	34	101					
Male	20-29	<b>108</b>	Darryl	Tan	<b>100</b>	88	0:53:41	60	13	73	68	1:16:50	67	33	100					
Male	20-29	<b>109</b>	Jay Rommel	Basco	<b>99</b>						69	1:17:09	67	32	99					
Male	20-29	<b>110</b>	Muhamad Raihan Bin	Sudirman	<b>97</b>						70	1:18:24	66	31	97					
Male	20-29	<b>111</b>	Tuck Sing Terence	Siew	<b>96</b>	72	0:47:44	67	29	96										
Male	20-29	<b>112</b>	Maheswaran S/O Jayab	Maheswaran	<b>95</b>						71	1:18:43	65	30	95					
Male	20-29	<b>113</b>	Chen Kuo Ted	Low	<b>95</b>	73	0:47:54	67	28	95										
Male	20-29	<b>114</b>	Yiping	Jin	<b>94</b>	74	0:48:06	67	27	94	79	1:37:10	53	22	75					
Male	20-29	<b>115</b>	Salihin	Bin Sinai	<b>93</b>						72	1:20:34	64	29	93					
Male	20-29	<b>116</b>	Kenneth	Teo	<b>93</b>	75	0:48:07	67	26	93										
Male	20-29	<b>117</b>	Gerald	Ng	<b>92</b>						73	1:20:45	64	28	92					
Male	20-29	<b>118</b>	Po Yew	Teng	<b>92</b>	76	0:48:13	67	25	92										
Male	20-29	<b>119</b>	Julian You Jie	Wong	<b>90</b>	77	0:48:17	66	24	90										
Male	20-29	<b>120</b>	Yongkang	Ng	<b>88</b>	79	0:48:46	66	22	88										
Male	20-29	<b>121</b>	Zheng De	Choo	<b>85</b>						75	1:27:21	59	26	85					
Male	20-29	<b>122</b>	Jun Yuan	Ong	<b>83</b>	91	0:55:08	58	10	68	76	1:29:32	58	25	83					
Male	20-29	<b>123</b>	Kartik	Parmar	<b>82</b>						77	1:29:32	58	24	82					
Male	20-29	<b>124</b>	Yow Wei, Alvin	Tan	<b>81</b>	82	0:52:02	62	19	81	80	1:41:43	51	21	72					
Male	20-29	<b>125</b>	Gary	Chen	<b>79</b>	97	1:02:52	51	4	55	78	1:32:11	56	23	79					
Male	20-29	<b>126</b>	Luca	Dotti	<b>79</b>	83	0:52:14	61	18	79										
Male	20-29	<b>127</b>	Jiwei	Huang	<b>78</b>	84	0:52:21	61	17	78										
Male	20-29	<b>128</b>	Stephen	Heng	<b>77</b>	85	0:52:54	61	16	77										
Male	20-29	<b>129</b>	Dennis	Ang	<b>75</b>	86	0:53:01	60	15	75										
Male	20-29	<b>130</b>	Wei Siang, Regan	Sim	<b>74</b>	87	0:53:11	60	14	74										
Male	20-29	<b>131</b>	Bo Yin	Lim	<b>71</b>						81	1:42:01	51	20	71					
Male	20-29	<b>132</b>	Cheng Boon	Fok	<b>71</b>	89	0:54:29	59	12	71										
Male	20-29	<b>133</b>	Weili	Chen	<b>70</b>	90	0:54:31	59	11	70										
Male	20-29	<b>134</b>	Jian Sheng	Ho	<b>68</b>						82	1:44:27	49	19	68					
Male	20-29	<b>135</b>	Lee	Rivera	<b>67</b>	92	0:55:15	58	9	67										
Male	20-29	<b>136</b>	Zhe	Fu	<b>65</b>	93	0:55:51	57	8	65										
Male	20-29	<b>137</b>	Matthew	Sim	<b>59</b>	95	0:59:57	53	6	59										
Male	20-29	<b>138</b>	Josiah	Ee	<b>56</b>	96	1:02:51	51	5	56										
Male	20-29	<b>139</b>	Bevan	Tey	<b>50</b>						83	2:40:40	32	18	50					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	1	Evan	Gallagher	200	1	0:31:13	100	100	200	3	0:52:47	98	98	196					
Male	30-39	1	Per	Roed	200						1	0:51:45	100	100	200					
Male	30-39	3	Dave	Lommen	198						2	0:52:04	99	99	198					
Male	30-39	4	David	Edwards	197	2	0:31:44	98	99	197										
Male	30-39	5	Robert	Hensby	194						4	0:53:09	97	97	194					
Male	30-39	6	Dean	Pearce	193	4	0:33:15	94	97	191	5	0:53:32	97	96	193					
Male	30-39	7	Robert	Dahlberg	192	3	0:33:09	94	98	192										
Male	30-39	8	Timothy	Cosulich	192						6	0:53:35	97	95	192					
Male	30-39	9	Ermanno	Ciarrocchi	189	5	0:33:25	93	96	189										
Male	30-39	10	Trent	Standen	187	13	0:35:59	87	88	175	7	0:55:40	93	94	187					
Male	30-39	11	Andrew	Reeve	186	6	0:34:15	91	95	186	13	0:58:02	89	88	177					
Male	30-39	12	Fahmy	Ismail	185						8	0:56:30	92	93	185					
Male	30-39	13	Desmond	Kao	183	7	0:34:57	89	94	183										
Male	30-39	14	Kevin	Hill	183						9	0:56:38	91	92	183					
Male	30-39	15	Mark	Lyons	182	8	0:35:02	89	93	182	14	0:58:25	89	87	176					
Male	30-39	16	Beltrame	Cedric	181						10	0:57:31	90	91	181					
Male	30-39	17	Oh	Hee Peng	181	9	0:35:16	89	92	181	17	0:59:22	87	84	171					
Male	30-39	18	Stephen	Courts	180	22	0:37:36	83	79	162	11	0:57:35	90	90	180					
Male	30-39	19	James	Clark	179	19	0:37:07	84	82	166	12	0:57:45	90	89	179					
Male	30-39	20	James	Stewart	179	10	0:35:22	88	91	179										
Male	30-39	21	Henry	Goodwin	178	11	0:35:23	88	90	178										
Male	30-39	22	Julian	Hudson	177	12	0:35:28	88	89	177										
Male	30-39	23	Matthew	Pinkston	174						15	0:58:31	88	86	174					
Male	30-39	24	Adrian	Ooi	173	14	0:36:11	86	87	173										
Male	30-39	25	Wouter Jan	Kleinlugtenbelt	173	17	0:36:51	85	84	169	16	0:58:47	88	85	173					
Male	30-39	26	Michael	Schubert	171	15	0:36:38	85	86	171	19	1:00:20	86	82	168					
Male	30-39	27	Andre	Sousa	170	16	0:36:46	85	85	170	44	1:03:32	81	57	138					
Male	30-39	28	Heath	Buggs	170	86	0:42:55	73	15	88	18	0:59:40	87	83	170					
Male	30-39	29	Jonathan	Roe	167						20	1:00:20	86	81	167					
Male	30-39	30	Per-Robert	Jacobsen	167	18	0:36:59	84	83	167	29	1:01:56	84	72	156					
Male	30-39	31	Christoph	Schmidt	165	20	0:37:13	84	81	165										
Male	30-39	32	Felix	Fischer	165						21	1:00:43	85	80	165					
Male	30-39	33	Andrew	Gillan	164						22	1:00:47	85	79	164					
Male	30-39	34	Atsushi	Ishitsuka	163	21	0:37:34	83	80	163										
Male	30-39	35	Pierre Paul Jean-Lou	Vignaud	163	75	0:42:16	74	26	100	23	1:00:59	85	78	163					
Male	30-39	36	Thomas	Burford-Taylor	162	24	0:37:52	82	77	159	24	1:01:12	85	77	162					
Male	30-39	37	Andreas	Behrens	161	23	0:37:44	83	78	161										
Male	30-39	38	Fabian Raj	William	160						25	1:01:28	84	76	160					
Male	30-39	39	Alastair Andrew	Reed	159	66	0:41:52	75	35	110	26	1:01:39	84	75	159					
Male	30-39	40	Serge	Handjian	158	25	0:37:53	82	76	158										
Male	30-39	41	Stefan	Backeljauw	158						27	1:01:41	84	74	158					
Male	30-39	42	Emmanuel	Andre	157	26	0:38:01	82	75	157										
Male	30-39	43	Wayne	Goh	157	67	0:41:56	74	34	108	28	1:01:55	84	73	157					
Male	30-39	44	Hendrik	Liebenberg	156	27	0:38:04	82	74	156										
Male	30-39	45	Jeremy	Round	155	28	0:38:06	82	73	155										
Male	30-39	46	Christophe	Knaub	154	29	0:38:14	82	72	154										
Male	30-39	47	Plichard	Christophe	154						30	1:02:16	83	71	154					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	48	Leonard	Yuen	153	30	0:38:15	82	71	153										
Male	30-39	49	Nicolas	Clerc	153						31	1:02:18	83	70	153					
Male	30-39	50	Julien	Pescheux	152	63	0:41:44	75	38	113	32	1:02:24	83	69	152					
Male	30-39	51	David	Szu	151	31	0:38:23	81	70	151										
Male	30-39	52	Edward John	Sanderson	151	36	0:39:18	79	65	144	33	1:02:27	83	68	151					
Male	30-39	53	Andrew Chee Kiat	Chang	150	109	0:44:33	70		70	34	1:02:33	83	67	150					
Male	30-39	54	Nathan	Slack	150	32	0:38:27	81	69	150	52	1:04:41	80	49	129					
Male	30-39	55	Byron	Rienstra	149	33	0:38:41	81	68	149	36	1:02:37	83	65	148					
Male	30-39	56	Delard De Rigouliere	Damien	149	44	0:40:14	78	57	135	35	1:02:37	83	66	149					
Male	30-39	57	Johann Ulrich	Ried	147	34	0:38:59	80	67	147										
Male	30-39	58	Abdul Halim	Muhamat Yusof	146	35	0:39:03	80	66	146	47	1:03:55	81	54	135					
Male	30-39	59	Jason	Brownell	146	46	0:40:30	77	55	132	37	1:02:46	82	64	146					
Male	30-39	60	Mazlan	Hassan	145	138	0:46:33	67		67	38	1:02:53	82	63	145					
Male	30-39	61	Nicholas	Froude	144	136	0:46:20	67		67	39	1:02:58	82	62	144					
Male	30-39	62	Philip	Archer	143	37	0:39:22	79	64	143										
Male	30-39	63	Wan Wei Hong, Colin	Wan	143	96	0:43:33	72	5	77	40	1:03:11	82	61	143					
Male	30-39	64	Andrew	Benjamin	142	38	0:39:23	79	63	142	68	1:06:23	78	33	111					
Male	30-39	65	James	Heffernan	142	93	0:43:15	72	8	80	41	1:03:19	82	60	142					
Male	30-39	66	Chek Siang	Foo	141	39	0:39:25	79	62	141	178	1:24:15	61		61					
Male	30-39	67	Choon Wei	Poh	141	56	0:41:08	76	45	121	42	1:03:23	82	59	141					
Male	30-39	68	James	Wherrett	140						43	1:03:28	82	58	140					
Male	30-39	69	Li Meng Mark	Lo	140	40	0:39:34	79	61	140										
Male	30-39	70	Phillip	Hall	139	41	0:39:35	79	60	139										
Male	30-39	71	Carl	Chua	137						45	1:03:33	81	56	137					
Male	30-39	72	Sanjeev	Palar	137	42	0:39:50	78	59	137	93	1:08:46	75	8	83					
Male	30-39	73	Matthew	Clugston	136						46	1:03:39	81	55	136					
Male	30-39	74	Sze	Kian Chuan	136	43	0:40:11	78	58	136										
Male	30-39	75	Sebastien	Lay	134	140	0:46:35	67		67	48	1:04:03	81	53	134					
Male	30-39	76	Scott Alan	Smiley	133	45	0:40:26	77	56	133	82	1:07:35	77	19	96					
Male	30-39	77	Koert	Breebaart	132	139	0:46:34	67		67	49	1:04:24	80	52	132					
Male	30-39	78	Gregory John	Playfoot	131						50	1:04:27	80	51	131					
Male	30-39	79	Joseph Jean Jacques	Bruntz	131	47	0:40:36	77	54	131										
Male	30-39	80	Alvin	Lim	130	57	0:41:22	75	44	119	51	1:04:29	80	50	130					
Male	30-39	81	Justin	Back	130	48	0:40:37	77	53	130	115	1:11:23	72		72					
Male	30-39	82	Makoto	Nakahara	129	49	0:40:38	77	52	129										
Male	30-39	83	Jorge	Maluquer De Motes	128	74	0:42:10	74	27	101	53	1:04:53	80	48	128					
Male	30-39	84	David	Knott	127						54	1:04:56	80	47	127					
Male	30-39	85	Hsia Yang	Hsu	127	50	0:40:52	76	51	127										
Male	30-39	86	Adriano	Niro	126	102	0:43:50	71		71	55	1:05:02	80	46	126					
Male	30-39	87	Edward	Barrow	126	51	0:40:56	76	50	126	136	1:13:45	70		70					
Male	30-39	88	Raymond	Ng	125	131	0:45:55	68		68	56	1:05:03	80	45	125					
Male	30-39	89	Yann	Bacon	125	52	0:41:00	76	49	125										
Male	30-39	90	Jordi	Costa Torre	124	53	0:41:04	76	48	124										
Male	30-39	91	Benjamin	Vella	123	54	0:41:06	76	47	123										
Male	30-39	92	Desmond	Chan	123	112	0:44:46	70		70	57	1:05:13	79	44	123					
Male	30-39	93	Aik Liang	Heng	122						58	1:05:16	79	43	122					
Male	30-39	94	Steven	Hunter	122	55	0:41:06	76	46	122										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	95	Sergio Jorge Miguel	Consen	121						59	1:05:25	79	42	121					
Male	30-39	96	Raymond Kok Yew	Chan	120						60	1:05:26	79	41	120					
Male	30-39	97	Jonathon	Mccarthy	119						61	1:05:30	79	40	119					
Male	30-39	98	Romarc	Chardonneau	118	58	0:41:24	75	43	118	80	1:07:29	77	21	98					
Male	30-39	99	Simon	Bembridge	118						62	1:05:30	79	39	118					
Male	30-39	100	Graham	Wright	117	59	0:41:29	75	42	117										
Male	30-39	101	Paul	Cowie	117	83	0:42:40	73	18	91	63	1:05:55	79	38	117					
Male	30-39	102	Samuel Gavin	Baxendale	116	60	0:41:34	75	41	116										
Male	30-39	103	Jens	Poehlker	115						64	1:06:01	78	37	115					
Male	30-39	104	Peter Francis	Roche	115	61	0:41:37	75	40	115										
Male	30-39	105	Szer Khee	Lim	114	62	0:41:40	75	39	114										
Male	30-39	106	Thomas	Wallin	114	68	0:41:56	74	33	107	65	1:06:02	78	36	114					
Male	30-39	107	Wei Seng Mark	Mu	113	100	0:43:38	72	1	73	66	1:06:07	78	35	113					
Male	30-39	108	Brandon Koh Chi Ping	Koh	112	64	0:41:44	75	37	112										
Male	30-39	109	John	Dalton	112						67	1:06:09	78	34	112					
Male	30-39	110	Too Sheng	Tan	111	65	0:41:48	75	36	111	146	1:15:29	69		69					
Male	30-39	111	Juan Martin	Carballo Pozzi	110	132	0:46:08	68		68	69	1:06:25	78	32	110					
Male	30-39	112	Thomas	Rindlisbacher	109						70	1:06:34	78	31	109					
Male	30-39	113	Julian	Chester	108	79	0:42:21	74	22	96	71	1:06:46	78	30	108					
Male	30-39	114	Andrew	Phillips	106	69	0:41:57	74	32	106										
Male	30-39	115	Nicholas	Price	106						72	1:06:48	77	29	106					
Male	30-39	116	Nicolas	Van Huffel	105	130	0:45:52	68		68	73	1:06:52	77	28	105					
Male	30-39	117	Sven	Hobbie	105	70	0:41:59	74	31	105	116	1:11:24	72		72					
Male	30-39	118	Ronald	Heng	104	91	0:43:12	72	10	82	74	1:06:55	77	27	104					
Male	30-39	119	Tim	Jones	104	71	0:42:01	74	30	104										
Male	30-39	120	George	Horsington	103						75	1:07:07	77	26	103					
Male	30-39	121	Soh	Tiam Kee	103	72	0:42:05	74	29	103										
Male	30-39	122	Hsia Khai	Hsu	102	73	0:42:09	74	28	102										
Male	30-39	123	Patrik Claudio	Pizzali	102	115	0:44:52	70		70	76	1:07:10	77	25	102					
Male	30-39	124	Mathew	Frichot	101						77	1:07:23	77	24	101					
Male	30-39	125	Michal	Naglowski	100	135	0:46:19	67		67	78	1:07:28	77	23	100					
Male	30-39	126	Daniel John	Reinecke	99	80	0:42:25	74	21	95	79	1:07:28	77	22	99					
Male	30-39	127	Eric Yuik Sing	Ting	99	76	0:42:19	74	25	99										
Male	30-39	128	Ian	Hallo	98	77	0:42:20	74	24	98										
Male	30-39	129	Christopher	Gill	97	78	0:42:20	74	23	97										
Male	30-39	130	Stuart	Harrison	97	99	0:43:37	72	2	74	81	1:07:35	77	20	97					
Male	30-39	131	Adriaan	Groot	94	81	0:42:34	73	20	93	83	1:07:44	76	18	94					
Male	30-39	132	Ricominoroy	Pornamah	93	107	0:44:21	70		70	84	1:07:46	76	17	93					
Male	30-39	133	Liam	Mccance	92	82	0:42:39	73	19	92	96	1:09:16	75	5	80					
Male	30-39	134	Patrick	Schwing	92						85	1:07:46	76	16	92					
Male	30-39	135	Teng Shan Jonathan	Hew	91						86	1:07:53	76	15	91					
Male	30-39	136	John	Anthony	90						87	1:08:11	76	14	90					
Male	30-39	137	Shi Hao	Kwok	90	84	0:42:48	73	17	90										
Male	30-39	138	Gianluca	Lozzi	89						88	1:08:20	76	13	89					
Male	30-39	139	Matthieu	Chapeleau	89	85	0:42:54	73	16	89										
Male	30-39	140	Justin	Hotton	87	87	0:42:58	73	14	87										
Male	30-39	141	Yong Yeow Philip	Lai	87	173	0:50:54	61		61	89	1:08:42	75	12	87					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	142	Nickolas	Merritt	86	88	0:43:01	73	13	86	117	1:11:33	72		72					
Male	30-39	143	Stuart	Walker	86	111	0:44:41	70		70	90	1:08:42	75	11	86					
Male	30-39	144	Glyn	Carroll	85	89	0:43:03	73	12	85										
Male	30-39	145	Julius	Bautista	85	92	0:43:12	72	9	81	91	1:08:42	75	10	85					
Male	30-39	146	Benjamin	Jones	84	98	0:43:34	72	3	75	92	1:08:45	75	9	84					
Male	30-39	147	Daniel	He	83	90	0:43:08	72	11	83										
Male	30-39	148	Jun	Nakajima	82						94	1:09:01	75	7	82					
Male	30-39	149	Yucheng Eugene	Lin	81						95	1:09:06	75	6	81					
Male	30-39	150	Dexter	Loo	79	142	0:47:01	66		66	97	1:09:16	75	4	79					
Male	30-39	151	Robert	Dobler	79	94	0:43:15	72	7	79										
Male	30-39	152	Yip	Tuck Soon	78	95	0:43:22	72	6	78										
Male	30-39	153	Yew Weng	Lee	77						98	1:09:34	74	3	77					
Male	30-39	154	Kartai	Koh	76	123	0:45:30	69		69	99	1:09:35	74	2	76					
Male	30-39	155	Lee	Wai Teck Victor	76	97	0:43:34	72	4	76										
Male	30-39	156	Tze Yang	Soon	75	118	0:45:06	69		69	100	1:09:41	74	1	75					
Male	30-39	157	Ahmad	Hilmy	74						102	1:09:49	74		74					
Male	30-39	158	Andrew	Carnie	74	160	0:49:43	63		63	103	1:09:56	74		74					
Male	30-39	159	Micheal	Lim	74	128	0:45:42	68		68	107	1:10:15	74		74					
Male	30-39	160	Seng Keong Alvan	Koh	74	183	0:51:49	60		60	104	1:10:02	74		74					
Male	30-39	161	Swee Nam	Ong	74						105	1:10:08	74		74					
Male	30-39	162	Wun-Li Mark Spencer	Looi	74	165	0:50:08	62		62	106	1:10:12	74		74					
Male	30-39	163	Zhenwei, Leo	Feng	74	149	0:47:44	65		65	101	1:09:45	74		74					
Male	30-39	164	Daniel	Foreman	73	166	0:50:19	62		62	108	1:10:25	73		73					
Male	30-39	165	David	Gowdey	73	181	0:51:42	60		60	112	1:10:51	73		73					
Male	30-39	166	Duncan	Porter	73						113	1:10:58	73		73					
Male	30-39	167	Kian Soon	Lee	73						114	1:11:05	73		73					
Male	30-39	168	Mohd Dzar Shahrullah	Mohd Shafi	73	133	0:46:15	67		67	109	1:10:25	73		73					
Male	30-39	169	Seng Kiat	Ching	73						110	1:10:41	73		73					
Male	30-39	170	Stephen Joshua	Hee	73	163	0:49:50	63		63	111	1:10:43	73		73					
Male	30-39	171	Andrew Woon Hau	Seow	72						120	1:12:01	72		72					
Male	30-39	172	Francis Benjie L	Castro	72	162	0:49:49	63		63	122	1:12:12	72		72					
Male	30-39	173	Jeremy	Yap	72	145	0:47:16	66		66	121	1:12:09	72		72					
Male	30-39	174	Nicholas	Reynolds	72						118	1:11:52	72		72					
Male	30-39	175	See Chian	Lim	72	155	0:49:00	64		64	119	1:11:55	72		72					
Male	30-39	176	Aaron	Simmons	71	101	0:43:49	71		71										
Male	30-39	177	Chong Siong Jeremy	Foo	71	103	0:43:51	71		71										
Male	30-39	178	Denver	Scott	71						126	1:13:05	71		71					
Male	30-39	179	Iain	Anderson	71						130	1:13:20	71		71					
Male	30-39	180	Kevin	Bennett	71	125	0:45:34	69		69	127	1:13:11	71		71					
Male	30-39	181	Kok Hooi	Lim	71						125	1:12:48	71		71					
Male	30-39	182	Kok Kiang	Lee	71	104	0:44:12	71		71	139	1:14:15	70		70					
Male	30-39	183	Mark	Moore	71						124	1:12:30	71		71					
Male	30-39	184	Regis	Covey	71	180	0:51:33	61		61	129	1:13:18	71		71					
Male	30-39	185	Ross	Maree	71	105	0:44:16	71		71	132	1:13:30	70		70					
Male	30-39	186	Wei Siang	Chua	71						123	1:12:25	71		71					
Male	30-39	187	Yu Chiang Daniel	Tan	71	164	0:50:07	62		62	128	1:13:15	71		71					
Male	30-39	188	Alexandre Lluis	Bosch Susagna	70						138	1:14:14	70		70					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	189	Brice	Rebsamen	70	108	0:44:25	70	70											
Male	30-39	190	Clerc	Nicolas	70	110	0:44:34	70	70											
Male	30-39	191	Daniel	Mcnaire	70	113	0:44:46	70	70											
Male	30-39	192	Gregory	Daniel	70	114	0:44:50	70	70	145	1:15:15	69	69							
Male	30-39	193	Guan Koon	Heng	70					140	1:14:17	70	70							
Male	30-39	194	Kevin	Luffman	70					134	1:13:41	70	70							
Male	30-39	195	Leong Yeow	Lee	70					137	1:13:46	70	70							
Male	30-39	196	Malek	Ismail	70					131	1:13:29	70	70							
Male	30-39	197	Mohamed Azri	Juma'At	70					135	1:13:44	70	70							
Male	30-39	198	Mohd Fauzil	Hussin	70					133	1:13:36	70	70							
Male	30-39	199	Wei Reng Galven	Tan	70	146	0:47:29	66	66	141	1:14:20	70	70							
Male	30-39	200	Zhen Shan	Kuah	70	106	0:44:18	70	70											
Male	30-39	201	Aidil	Idris	69	121	0:45:20	69	69	190	1:33:42	55	55							
Male	30-39	202	Bradley	Mearns	69	124	0:45:30	69	69	166	1:19:50	65	65							
Male	30-39	203	Chit Seng Andrew	Chng	69	116	0:44:56	69	69											
Male	30-39	204	Dror	Zalika	69	175	0:51:06	61	61	142	1:14:47	69	69							
Male	30-39	205	Gohe	Stephane	69	122	0:45:29	69	69											
Male	30-39	206	Jeffrey Aaron	Hallmark	69	176	0:51:11	61	61	143	1:14:52	69	69							
Male	30-39	207	Kwok Wai	Tan	69	117	0:45:00	69	69	160	1:17:51	66	66							
Male	30-39	208	Peng Khien	Peh	69	120	0:45:13	69	69	182	1:25:49	60	60							
Male	30-39	209	Sow Wee Alex	Tan	69	168	0:50:23	62	62	144	1:15:10	69	69							
Male	30-39	210	Stefan	Priemer	69	119	0:45:09	69	69											
Male	30-39	211	Andreas	Uhde	68	127	0:45:39	68	68											
Male	30-39	212	Ee Lin Jarod	Ong	68	156	0:49:03	64	64	150	1:16:40	68	68							
Male	30-39	213	Howe Cheng	Tan	68					148	1:16:02	68	68							
Male	30-39	214	Markus	Hartmann	68	129	0:45:49	68	68											
Male	30-39	215	William	Berney	68	172	0:50:37	62	62	149	1:16:35	68	68							
Male	30-39	216	Xavier	Faurens	68	126	0:45:37	68	68	156	1:17:23	67	67							
Male	30-39	217	Yung Shang	Wang	68					147	1:15:56	68	68							
Male	30-39	218	Alexander	Patterson	67					153	1:17:04	67	67							
Male	30-39	219	Ernest	Lim	67					151	1:16:49	67	67							
Male	30-39	220	Fulmer	Rubaton	67					157	1:17:27	67	67							
Male	30-39	221	Jinhui Gary	Ho	67	134	0:46:16	67	67											
Male	30-39	222	Lars	Heinig	67	141	0:46:46	67	67											
Male	30-39	223	Lee Tat Joseph	Tan	67					155	1:17:18	67	67							
Male	30-39	224	Michael Weng Meng	Kwok	67	137	0:46:20	67	67											
Male	30-39	225	Miinhow	Lee	67	143	0:47:13	66	66	154	1:17:14	67	67							
Male	30-39	226	Peter	Wan	67	151	0:48:18	65	65	158	1:17:37	67	67							
Male	30-39	227	Wahab	Mohd Wari	67					159	1:17:49	67	67							
Male	30-39	228	Yongleng	Lim	67					152	1:16:58	67	67							
Male	30-39	229	Hong Guan	Sim	66	178	0:51:26	61	61	163	1:18:23	66	66							
Male	30-39	230	Ian Wurn	Lee	66					161	1:18:03	66	66							
Male	30-39	231	Smiek	Ng	66	186	0:52:18	60	60	162	1:18:07	66	66							
Male	30-39	232	Steven	Baxter	66	144	0:47:16	66	66											
Male	30-39	233	Wee Lee	Tan	66	195	0:54:38	57	57	164	1:18:38	66	66							
Male	30-39	234	Alexander	Ballard	65	148	0:47:42	65	65											
Male	30-39	235	Francisco	Palop	65	147	0:47:40	65	65											



Category			First Name	Last Name	POINTS	Aquathlon				Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	30-39	236	Kuntal Rasiklal	Joshi	65					165	1:19:45	65	65						
Male	30-39	237	Timothy	Neary	65	152	0:48:18	65	65										
Male	30-39	238	Wei Kin	Wong	65					167	1:20:07	65	65						
Male	30-39	239	Yeok Hien	Lim	65	150	0:47:48	65	65										
Male	30-39	240	Antony	Lomas	64	154	0:48:42	64	64										
Male	30-39	241	Brian Sze Hien	Sim	64	179	0:51:27	61	61	169	1:20:27	64	64						
Male	30-39	242	Chun Chuin	Seah	64	153	0:48:26	64	64										
Male	30-39	243	Frank	Kellens	64					168	1:20:25	64	64						
Male	30-39	244	Kris Aidil Abdullah	Abdullah	64					170	1:20:41	64	64						
Male	30-39	245	Marvin	Lee	64	189	0:52:42	59	59	172	1:20:59	64	64						
Male	30-39	246	Richard	O'Brien	64					171	1:20:55	64	64						
Male	30-39	247	Tan	Boon Tee	64	157	0:49:07	64	64										
Male	30-39	248	Adrian, Beng Leong	Fong	63	201	0:58:42	53	53	174	1:21:50	63	63						
Male	30-39	249	Dominic	Loh Yoke Hoe	63	158	0:49:34	63	63										
Male	30-39	250	Francis Exequiel	Sazon	63					173	1:21:44	63	63						
Male	30-39	251	Mark	Portlock	63	159	0:49:38	63	63										
Male	30-39	252	Say Lee	Chow	63					175	1:22:02	63	63						
Male	30-39	253	Tiong Hin Alan	Ler	63	161	0:49:44	63	63										
Male	30-39	254	Benedict	Manzano	62	169	0:50:26	62	62										
Male	30-39	255	Daniel	Gan	62	167	0:50:20	62	62	176	1:23:47	62	62						
Male	30-39	256	Francois-Dominique	Doll	62	170	0:50:26	62	62										
Male	30-39	257	Joel	Cook	62	171	0:50:29	62	62										
Male	30-39	258	Patrick	Lin	62					177	1:23:55	62	62						
Male	30-39	259	Brett	Woodwiss	61	177	0:51:19	61	61	183	1:26:15	60	60						
Male	30-39	260	Kar Leong	Chng	61	174	0:50:58	61	61										
Male	30-39	261	Sze Yong	Kong	61					181	1:25:01	61	61						
Male	30-39	262	Terence Heng	Heng	61					179	1:24:57	61	61						
Male	30-39	263	Zurairi	Bin Samsuddin	61	194	0:54:29	57	57	180	1:24:59	61	61						
Male	30-39	264	Isa	Ismail	60	185	0:52:02	60	60										
Male	30-39	265	Jose Paolo	Lontoc	60	184	0:52:00	60	60	184	1:26:48	60	60						
Male	30-39	266	Neil	Bowyer	60	182	0:51:46	60	60										
Male	30-39	267	Yeo	Kim Song	60					185	1:26:49	60	60						
Male	30-39	268	Alex Boon Hian	Tay	59	188	0:52:35	59	59										
Male	30-39	269	Jorasmi	Gagarin	59	191	0:53:06	59	59										
Male	30-39	270	Khai Yang	Koh	59	190	0:52:43	59	59										
Male	30-39	271	Kheng Sit	Lim	59	187	0:52:31	59	59										
Male	30-39	272	Mavin	Singh	59					187	1:28:01	59	59						
Male	30-39	273	Yong Thiam	Wang	59					186	1:27:38	59	59						
Male	30-39	274	Eng Chong	Lim	58	192	0:53:32	58	58										
Male	30-39	275	Felix	Teo	58	193	0:53:47	58	58										
Male	30-39	276	Boon Teck Jerry	Tan	57	196	0:55:05	57	57										
Male	30-39	277	Hidayat	Abdul Hamid	57					188	1:31:13	57	57						
Male	30-39	278	Jin Son	Cheong	56	197	0:55:32	56	56										
Male	30-39	279	John Christian	Lee Sunga	56					189	1:32:43	56	56						
Male	30-39	280	Mohamed Ismail	B.M.S.	56	198	0:55:43	56	56										
Male	30-39	281	Kevin	Ho	55					191	1:33:55	55	55						
Male	30-39	282	Lup Mun	Yee	54	199	0:58:20	54	54	196	1:49:04	47	47						

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	30-39	<b>283</b>	Chin Yen	Wong	<b>53</b>	200	0:58:38	53		53										
Male	30-39	<b>284</b>	Wenceslao Teddy	David	<b>53</b>						192	1:38:21	53		53					
Male	30-39	<b>285</b>	Rodney Quintin	Pereira	<b>52</b>						193	1:38:59	52		52					
Male	30-39	<b>286</b>	Siang Wee	Tey	<b>52</b>	202	1:08:03	46		46	194	1:39:15	52		52					
Male	30-39	<b>287</b>	Hun Wei	Sing	<b>51</b>						195	1:42:03	51		51					
Male	30-39	<b>288</b>	Fairoz S/O A.Kareem	S7530590G	<b>46</b>						197	1:51:56	46		46					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	1	Patrick	Poetzsch	200	3	0:31:40	97	98	195	1	0:51:03	100	100	200					
Male	40-49	1	Stefan	Judex	200	1	0:30:49	100	100	200										
Male	40-49	3	Arnaud	Selukov	198	2	0:31:04	99	99	198										
Male	40-49	4	William	Allen	197	8	0:33:48	91	93	184	2	0:52:08	98	99	197					
Male	40-49	5	Fraser	Morrison	195						3	0:52:52	97	98	195					
Male	40-49	6	Jan	Zastera	191	9	0:34:36	89	92	181	4	0:54:03	94	97	191					
Male	40-49	7	Liam	Winston	190	4	0:33:01	93	97	190	7	0:55:58	91	94	185					
Male	40-49	8	Juergen	Doerr	189						5	0:54:53	93	96	189					
Male	40-49	9	Allan	Norton	188	5	0:33:36	92	96	188	8	0:56:07	91	93	184					
Male	40-49	10	Alan	Grant	187	13	0:35:56	86	88	174	6	0:55:31	92	95	187					
Male	40-49	11	Martin	Reynolds	186	6	0:33:44	91	95	186										
Male	40-49	12	Matthew	Quin	185	7	0:33:46	91	94	185										
Male	40-49	13	Steven	Joyce	183						9	0:56:19	91	92	183					
Male	40-49	14	Sante	Scartozzi	181	17	0:37:04	83	84	167	10	0:56:43	90	91	181					
Male	40-49	15	Thorsten	Bals	180	10	0:34:44	89	91	180										
Male	40-49	16	Adrian	Seath	178						11	0:57:54	88	90	178					
Male	40-49	17	Jozsef	Zopcsak	178	11	0:35:05	88	90	178										
Male	40-49	18	Emanuele Arnaldo	Baroni	177						12	0:58:12	88	89	177					
Male	40-49	19	Ole Jacob	Irgens	176	12	0:35:16	87	89	176										
Male	40-49	20	Mathias Benno Lothar	Deubel	174	30	0:40:35	76	71	147	13	0:59:27	86	88	174					
Male	40-49	21	Craig	Marran	173	24	0:39:00	79	77	156	14	0:59:28	86	87	173					
Male	40-49	22	Byron	Nifakis	172	80	0:44:45	69	21	90	15	0:59:37	86	86	172					
Male	40-49	23	Andrew Jonathan	Douglas	171	14	0:36:31	84	87	171										
Male	40-49	24	Andrew	Clough	170	15	0:36:43	84	86	170										
Male	40-49	25	Stuart	Mcintosh	170						16	1:00:21	85	85	170					
Male	40-49	26	Trond	Kaalsaaas	169	16	0:36:45	84	85	169										
Male	40-49	27	Stephen	Boyd	168	18	0:37:21	83	83	166	17	1:00:40	84	84	168					
Male	40-49	28	Grant	Pithie	167						18	1:01:04	84	83	167					
Male	40-49	29	Ian	Wright	166	29	0:40:23	76	72	148	19	1:01:08	84	82	166					
Male	40-49	30	Peter Wolfgang	Schulz	164	63	0:43:38	71	38	109	20	1:01:24	83	81	164					
Male	40-49	31	Louis	Legault	163	19	0:37:56	81	82	163										
Male	40-49	32	Gary	Constantine	162	55	0:43:17	71	46	117	21	1:02:21	82	80	162					
Male	40-49	33	Scott	Mckenzie	162	20	0:38:03	81	81	162	35	1:03:53	80	66	146					
Male	40-49	34	Massimo	Nanni	161	21	0:38:13	81	80	161										
Male	40-49	35	Roberto	Forzese	161						22	1:02:25	82	79	161					
Male	40-49	36	Sai Keong	Leong	160	26	0:39:24	78	75	153	23	1:02:34	82	78	160					
Male	40-49	37	Steven	Tucker	160	22	0:38:13	81	79	160										
Male	40-49	38	John	Sullivan	159						24	1:02:37	82	77	159					
Male	40-49	39	Anthony	Campbell-Brown	158	117	0:49:14	63		63	25	1:02:38	82	76	158					
Male	40-49	40	Graeme	Lees	158	23	0:38:44	80	78	158										
Male	40-49	41	Jose	Nicolas	156						26	1:02:41	81	75	156					
Male	40-49	42	Duncan	Ashford	155	32	0:40:46	76	69	145	27	1:02:44	81	74	155					
Male	40-49	43	Jonathan	Thurlow	154	25	0:39:21	78	76	154	57	1:07:09	76	44	120					
Male	40-49	44	Stuart	Mort	154	31	0:40:43	76	70	146	28	1:02:48	81	73	154					
Male	40-49	45	Simon	Myers	153	34	0:41:09	75	67	142	29	1:02:52	81	72	153					
Male	40-49	46	David	Ruffle	152						30	1:03:07	81	71	152					
Male	40-49	47	Christian	Stauffer	151						31	1:03:20	81	70	151					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	48	Steffen	Wolf	151	27	0:39:46	77	74	151										
Male	40-49	49	David	Marren	150	28	0:39:52	77	73	150										
Male	40-49	50	Shunsuke	Kimura	150	66	0:43:43	70	35	105	32	1:03:21	81	69	150					
Male	40-49	51	Kian Hua	Khua	148	56	0:43:18	71	45	116	33	1:03:25	80	68	148					
Male	40-49	52	Robert	Garman	147	49	0:42:57	72	52	124	34	1:03:45	80	67	147					
Male	40-49	53	Jit Khoon	Tan	144	51	0:42:59	72	50	122	36	1:04:16	79	65	144					
Male	40-49	54	Justin Edward	Mullany	143						37	1:04:21	79	64	143					
Male	40-49	55	Seng Hoe	Tan	143	33	0:41:03	75	68	143	38	1:04:37	79	63	142					
Male	40-49	56	Edward	Webb	141	35	0:41:18	75	66	141										
Male	40-49	57	Nicholas	Mace	141	44	0:42:29	73	57	130	39	1:04:51	79	62	141					
Male	40-49	58	Raymond	Howe	140	47	0:42:38	72	54	126	40	1:04:57	79	61	140					
Male	40-49	59	Gerald Thomas	Beauregard	139	36	0:41:32	74	65	139	42	1:05:00	79	59	138					
Male	40-49	60	Tom	O'Brien	139						41	1:04:58	79	60	139					
Male	40-49	61	Michael	Williams	138	37	0:41:36	74	64	138										
Male	40-49	62	Lim	Tong Peng	137	38	0:41:39	74	63	137	55	1:06:44	76	46	122					
Male	40-49	63	Andrew	Robertson	136	48	0:42:46	72	53	125	43	1:05:10	78	58	136					
Male	40-49	64	Tetsuya	Kawai	136	39	0:41:45	74	62	136										
Male	40-49	65	Kelvin	Kok	135	88	0:45:42	67	13	80	44	1:05:11	78	57	135					
Male	40-49	66	Stephen	Carr	135	40	0:41:49	74	61	135	112	1:14:54	68		68					
Male	40-49	67	Berger	Michael	134	43	0:42:27	73	58	131	45	1:05:26	78	56	134					
Male	40-49	68	Gregory	Mittman	133	41	0:41:57	73	60	133	47	1:05:37	78	54	132					
Male	40-49	69	Sek Tim	Tan	133						46	1:05:33	78	55	133					
Male	40-49	70	Paraic	Mcgrath	132	42	0:42:07	73	59	132										
Male	40-49	71	Andrew	Poole	131						48	1:05:51	78	53	131					
Male	40-49	72	Eric	Pesik	129	77	0:44:40	69	24	93	49	1:05:58	77	52	129					
Male	40-49	73	Laurent	Auzanneau	128	96	0:46:07	67	5	72	50	1:06:09	77	51	128					
Male	40-49	74	Sean	Sutton	128	45	0:42:35	72	56	128	71	1:08:38	74	30	104					
Male	40-49	75	David	Cook	127						51	1:06:16	77	50	127					
Male	40-49	76	Warren	Sperry	127	46	0:42:37	72	55	127										
Male	40-49	77	Pierre Francois	Tremblay	126						52	1:06:20	77	49	126					
Male	40-49	78	Neil	Paddy	125						53	1:06:22	77	48	125					
Male	40-49	79	Tony	Horne	124	84	0:45:21	68	17	85	54	1:06:23	77	47	124					
Male	40-49	80	Hong Yew	Leong	123	50	0:42:58	72	51	123										
Male	40-49	81	Boon Tiong	Sim	121	52	0:43:04	72	49	121	121	1:18:48	65		65					
Male	40-49	82	Sean Chee Hong	Chong	121	74	0:44:16	70	27	97	56	1:07:02	76	45	121					
Male	40-49	83	Gregory	Bachman	119	53	0:43:09	71	48	119										
Male	40-49	84	Marcus	Hall	119	94	0:45:56	67	7	74	58	1:07:10	76	43	119					
Male	40-49	85	Jean-Robert	Strele	118	58	0:43:27	71	43	114	59	1:07:11	76	42	118					
Male	40-49	86	Jeffery	Mortimer	118	54	0:43:17	71	47	118										
Male	40-49	87	Kok Yong	Ng	117						60	1:07:17	76	41	117					
Male	40-49	88	Christian	Fey	116						61	1:07:27	76	40	116					
Male	40-49	89	Tuck Wai Alex	Poon	115	57	0:43:19	71	44	115										
Male	40-49	90	Choon-Yee Francis	Chan	114	129	0:50:53	61		61	62	1:07:39	75	39	114					
Male	40-49	91	Beng Heng	Lim	113	59	0:43:27	71	42	113										
Male	40-49	92	Dudzik	Sven	113	85	0:45:28	68	16	84	63	1:07:56	75	38	113					
Male	40-49	93	Gregory	Pong	112	60	0:43:34	71	41	112	64	1:07:57	75	37	112					
Male	40-49	94	Mun Chong	Wong	111	61	0:43:34	71	40	111	85	1:10:22	73	16	89					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	95	Richard	St John	111	81	0:44:53	69	20	89	65	1:08:08	75	36	111					
Male	40-49	96	Michael	James	110	62	0:43:37	71	39	110	75	1:09:00	74	26	100					
Male	40-49	97	Wee Loon	Yong	110	91	0:45:50	67	10	77	66	1:08:16	75	35	110					
Male	40-49	98	Peter	Tierney	109						67	1:08:16	75	34	109					
Male	40-49	99	Josep	Garcia	108	64	0:43:38	71	37	108										
Male	40-49	100	Lian Hoe	Ong	107	65	0:43:41	71	36	107	99	1:12:50	70	2	72					
Male	40-49	101	Mohd Khalid	Mazlan	107	139	0:53:28	58		58	68	1:08:32	74	33	107					
Male	40-49	102	Teck Boon Lawrence	Wong	106	71	0:44:09	70	30	100	69	1:08:32	74	32	106					
Male	40-49	103	Swee Hoe Simon	Tay	105	112	0:48:29	64		64	70	1:08:38	74	31	105					
Male	40-49	104	Kenichiro	Ueda	104	67	0:43:46	70	34	104										
Male	40-49	105	Carl	Hemus	103						72	1:08:48	74	29	103					
Male	40-49	106	Juay Oh	Lim	103	68	0:43:50	70	33	103										
Male	40-49	107	Devin	Kimble	102	69	0:43:56	70	32	102										
Male	40-49	108	William	Johnston	102	90	0:45:49	67	11	78	73	1:08:54	74	28	102					
Male	40-49	109	Alan	Gall	101						74	1:08:56	74	27	101					
Male	40-49	110	Sean	Daniels	101	70	0:44:03	70	31	101										
Male	40-49	111	Ivan	Ferraroni	99	120	0:49:54	62		62	76	1:09:02	74	25	99					
Male	40-49	112	Yoichi	Takesawa	99	72	0:44:09	70	29	99	118	1:17:50	66		66					
Male	40-49	113	Andrew	Paddock	98	73	0:44:12	70	28	98										
Male	40-49	114	Wouter	Lindner	98						77	1:09:02	74	24	98					
Male	40-49	115	David	Phillips	97						78	1:09:08	74	23	97					
Male	40-49	116	Vincent	Cosgrove	96	121	0:49:58	62		62	79	1:09:17	74	22	96					
Male	40-49	117	Jonathan	Grosvenor	95	75	0:44:25	69	26	95	80	1:09:25	74	21	95					
Male	40-49	118	Derek	Leong	94	76	0:44:36	69	25	94	102	1:13:24	70		70					
Male	40-49	119	Guy	Whitcher	93						81	1:09:39	73	20	93					
Male	40-49	120	Kiat Seng	Lim	92						82	1:09:42	73	19	92					
Male	40-49	121	Paul	Fleetwood	92	78	0:44:40	69	23	92	137	1:29:21	57		57					
Male	40-49	122	Robert	Thibeault	91	79	0:44:42	69	22	91										
Male	40-49	123	Stephen	Blakeman	91						83	1:09:47	73	18	91					
Male	40-49	124	Gavin	Aitken	90						84	1:09:49	73	17	90					
Male	40-49	125	Masayoshi	Yamamoto	87						86	1:10:28	72	15	87					
Male	40-49	126	Simon	Herriott	87	82	0:45:03	68	19	87	94	1:12:15	71	7	78					
Male	40-49	127	Jee Meng	Loh	86	83	0:45:10	68	18	86										
Male	40-49	128	Kok Wai	Lee	86						87	1:10:59	72	14	86					
Male	40-49	129	David	Duns	85	100	0:46:56	66	1	67	88	1:11:17	72	13	85					
Male	40-49	130	Aznan	Ghazali	84	136	0:52:36	59		59	89	1:11:20	72	12	84					
Male	40-49	131	Kah Whye	Lee	83	86	0:45:33	68	15	83										
Male	40-49	132	Adnan	Imsirovic	82	87	0:45:38	68	14	82	97	1:12:36	70	4	74					
Male	40-49	133	Daryl	Chan	82						90	1:11:27	71	11	82					
Male	40-49	134	Chee Kuan	Ang	81						91	1:11:47	71	10	81					
Male	40-49	135	Patrick	Lee	80	98	0:46:48	66	3	69	92	1:11:59	71	9	80					
Male	40-49	136	Izhar	Merhavi	79	89	0:45:42	67	12	79										
Male	40-49	137	Jean-Marc	Bauquin	79						93	1:12:08	71	8	79					
Male	40-49	138	Yann Pbor	Goh	77	126	0:50:35	61		61	95	1:12:20	71	6	77					
Male	40-49	139	Suet Ron	Lim	76	92	0:45:51	67	9	76										
Male	40-49	140	Chih Ming	Lam	75						96	1:12:31	70	5	75					
Male	40-49	141	Richard	Boggs	75	93	0:45:52	67	8	75	122	1:19:02	65		65					

Category			First Name	Last Name	POINTS	Aquathlon				Duathlon				Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank
Male	40-49	142	Claude	Verly	73						98	1:12:41	70	3	73				
Male	40-49	143	Sunari	Kateni	73	95	0:46:05	67	6	73									
Male	40-49	144	Chen Yo	Loh	71						100	1:12:50	70	1	71				
Male	40-49	145	Guan Bee	Yeo	70						103	1:13:27	70		70				
Male	40-49	146	Irvin	Ong	70	97	0:46:39	66	4	70									
Male	40-49	147	Liang Chiang	Seah	70	110	0:48:23	64		64	101	1:13:24	70		70				
Male	40-49	148	Chern Chou	Yeow	69						105	1:13:42	69		69				
Male	40-49	149	David	Joseph	69						108	1:14:24	69		69				
Male	40-49	150	Guy	Ofek	69						106	1:13:43	69		69				
Male	40-49	151	Kee Tar	Lee	69	134	0:51:47	60		60	104	1:13:33	69		69				
Male	40-49	152	Tan	Ah Kow	69	102	0:47:00	66		66	107	1:14:10	69		69				
Male	40-49	153	Cheow How	Tan	68	99	0:46:54	66	2	68									
Male	40-49	154	Chong-Han	Boo	68	101	0:46:56	66		66	109	1:14:36	68		68				
Male	40-49	155	Heath	Beazley	68						110	1:14:42	68		68				
Male	40-49	156	Kok Wee Edward	Chan	68	116	0:49:00	63		63	111	1:14:53	68		68				
Male	40-49	157	Koon Leong	Goh	68						114	1:15:26	68		68				
Male	40-49	158	Rutger-Jan	Oudejans	68						113	1:14:58	68		68				
Male	40-49	159	Mohamed Farik	Omar	67						116	1:16:11	67		67				
Male	40-49	160	Thomas	Christensen	67	105	0:47:27	65		65	115	1:16:10	67		67				
Male	40-49	161	Adam	Butterworth	66						117	1:17:36	66		66				
Male	40-49	162	Joseph	Kung	66	103	0:47:02	66		66									
Male	40-49	163	Andrew	Swan	65	104	0:47:20	65		65									
Male	40-49	164	David	Curran	65	106	0:47:28	65		65									
Male	40-49	165	Kah Wu Paul	Lim	65	146	0:57:04	54		54	120	1:18:24	65		65				
Male	40-49	166	Khoon Seah	Chua	65	107	0:47:32	65		65									
Male	40-49	167	Peter	Maccallum	65	124	0:50:07	61		61	119	1:18:16	65		65				
Male	40-49	168	David	Stephenson	64						124	1:19:50	64		64				
Male	40-49	169	Hsin-Shan	Liu	64	140	0:53:51	57		57	125	1:20:13	64		64				
Male	40-49	170	Kok Liang, Patrick	Chiang	64	111	0:48:25	64		64									
Male	40-49	171	Mark	Laming	64	108	0:48:09	64		64									
Male	40-49	172	Pramod	Balakrishnan	64						123	1:19:14	64		64				
Male	40-49	173	Steven Jerome	Krebsbach	64	109	0:48:11	64		64									
Male	40-49	174	Andrew	Loh	63	115	0:48:56	63		63									
Male	40-49	175	Jonathan	Chua	63	114	0:48:52	63		63	128	1:21:02	63		63				
Male	40-49	176	Michael	Orefice	63	113	0:48:49	63		63									
Male	40-49	177	Niels	De Boer	63	123	0:50:06	62		62	127	1:20:50	63		63				
Male	40-49	178	Samuel, Yiap Seng	Wee	63	144	0:55:29	56		56	129	1:21:10	63		63				
Male	40-49	179	Yew Fai	Wan	63						126	1:20:35	63		63				
Male	40-49	180	Cher Kuan	Lo	62						131	1:22:28	62		62				
Male	40-49	181	Eugene	Seah	62						133	1:22:48	62		62				
Male	40-49	182	Jeremy	Vallance	62						130	1:21:53	62		62				
Male	40-49	183	Kary Lim Eng Kee	Lim	62	122	0:49:58	62		62									
Male	40-49	184	Kok Mun Osbert	Tham	62	118	0:49:30	62		62									
Male	40-49	185	Shing Howe	Cheam	62	119	0:49:50	62		62									
Male	40-49	186	Stephen	Bylo	62	142	0:55:06	56		56	132	1:22:48	62		62				
Male	40-49	187	Adrian	Porter	61	128	0:50:44	61		61									
Male	40-49	188	Seh Cheng	Ang	61	125	0:50:29	61		61									

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40-49	189	Win Hong	Mah	61	127	0:50:37	61		61										
Male	40-49	190	Choon Seng	Chan	60	132	0:51:25	60		60										
Male	40-49	191	Guan Feng	Chen	60	133	0:51:33	60		60										
Male	40-49	192	Lawrence	Ang	60	130	0:51:02	60		60	136	1:26:30	59		59					
Male	40-49	193	Phang	Kong Fo	60	131	0:51:04	60		60										
Male	40-49	194	Ping Boon	Chia	60	147	0:58:12	53		53	134	1:24:40	60		60					
Male	40-49	195	Chee Wah	Koh	59						135	1:26:12	59		59					
Male	40-49	196	Sze Sen	Low	59	135	0:52:30	59		59										
Male	40-49	197	Anthony	Press	58	137	0:53:16	58		58										
Male	40-49	198	Wei Hong Daniel	Yong	58	138	0:53:16	58		58										
Male	40-49	199	Hui Kian	Teo	57	152	1:06:27	46		46	138	1:30:12	57		57					
Male	40-49	200	Shamshul	Bin Eman	57	141	0:54:19	57		57										
Male	40-49	201	Adrian	Daniels	56						139	1:30:43	56		56					
Male	40-49	202	Yani Bin Mohamed Nor	Mohamed Nor	56	143	0:55:23	56		56										
Male	40-49	203	Ah Seng	Neo	55						140	1:32:53	55		55					
Male	40-49	204	Clement	Ong	54	145	0:56:57	54		54										
Male	40-49	205	Neng See	Yap	54						141	1:33:50	54		54					
Male	40-49	206	Yeoh Guan Beng	Yeoh	53	148	0:58:20	53		53										
Male	40-49	207	Wai Mun Brian	Lui	52	149	0:59:44	52		52	142	1:43:28	49		49					
Male	40-49	208	Freddy	Wee	51	150	1:00:30	51		51										
Male	40-49	209	Siow Wei	Ong	48	151	1:03:46	48		48										
Male	40-49	210	Tan Kok Keong	Tan	47						143	1:48:36	47		47					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	50+	1	Malcolm	Elley	200	1	0:34:48	100	100	200										
Male	50+	1	Michael	Lyons	200	2	0:37:39	92	99	191	1	0:59:12	100	100	200					
Male	50+	3	Colin	Ryan	194						2	1:02:10	95	99	194					
Male	50+	4	Koju	Okano	188	3	0:38:32	90	98	188										
Male	50+	5	Stuart	Nichols	186	7	0:42:27	82	94	176	3	1:07:16	88	98	186					
Male	50+	6	Mark	Speciale	185	4	0:39:26	88	97	185										
Male	50+	7	Ranjith	Wijayaratna	181	18	0:47:54	73	83	156	4	1:10:34	84	97	181					
Male	50+	8	Sean	Rooney	180	5	0:41:17	84	96	180										
Male	50+	9	Martin Thomas	Allain	179						5	1:10:54	83	96	179					
Male	50+	10	Richard	Mcfetridge	178	6	0:42:01	83	95	178	6	1:12:33	82	95	177					
Male	50+	11	Mauricio	Luz	174	8	0:43:11	81	93	174										
Male	50+	12	Soon Hin	Tay	174						7	1:14:08	80	94	174					
Male	50+	13	Yiu Beng	Teng	173						8	1:14:08	80	93	173					
Male	50+	14	Michael	Mehaffey	172	9	0:43:21	80	92	172	12	1:15:43	78	89	167					
Male	50+	15	Saripin Samingan	Saripin	172	22	0:54:36	64	79	143	9	1:14:24	80	92	172					
Male	50+	16	Gen	Yasuda	170	15	0:46:23	75	86	161	10	1:15:12	79	91	170					
Male	50+	17	Keng Nee	Chan	170	10	0:43:48	79	91	170										
Male	50+	18	Jeffrey	Milne	168	20	0:49:32	70	81	151	11	1:15:26	78	90	168					
Male	50+	19	Puay Hwee	Lim	167	11	0:45:16	77	90	167										
Male	50+	20	Nasser	Mansor	166						13	1:16:01	78	88	166					
Male	50+	21	Stephen	Barnes	166	12	0:45:26	77	89	166										
Male	50+	22	Colin	Alexander	165	13	0:45:26	77	88	165										
Male	50+	23	Neo Ah Seng	Neo	163	14	0:45:53	76	87	163										
Male	50+	24	Ravindran	Retnam	161	21	0:51:57	67	80	147	14	1:19:52	74	87	161					
Male	50+	25	Kuen Wai	Teong	159						15	1:21:31	73	86	159					
Male	50+	26	Richard	Vargo	159	16	0:46:59	74	85	159										
Male	50+	27	Joe	Omar	157	17	0:47:48	73	84	157										
Male	50+	28	Pieter	Van Houten	156	24	0:56:04	62	77	139	16	1:23:10	71	85	156					
Male	50+	29	Siew Meng Steven	Lee	154						17	1:24:01	70	84	154					
Male	50+	30	Graham	Bennett	153	19	0:48:42	71	82	153										
Male	50+	31	Stephen	Cunningham	153						18	1:24:18	70	83	153					
Male	50+	32	Van	Weng Koon	151						19	1:25:39	69	82	151					
Male	50+	33	Michael	Parker	148						20	1:28:15	67	81	148					
Male	50+	34	Chee Meng	Lum	141	23	0:55:32	63	78	141										
Male	50+	35	Hing Lee	Cheam	131	25	1:03:32	55	76	131										
Male	50+	36	Ser Meng	Tan	129	26	1:04:11	54	75	129										



Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	Team	1	Team	Falcon	200						1	0:55:08	100	100	200					
Male	Team	1	Team	Johor Chinese Runne	200	1	0:32:43	100	100	200										
Male	Team	3	Team	SMUSIM	191						2	0:59:39	92	99	191					
Male	Team	4	Team	Leben am Rande	187						3	1:02:11	89	98	187					
Male	Team	5	Team	Fats	185						4	1:02:55	88	97	185					
Male	Team	6	Team	Sporty Mummies	183	2	0:38:57	84	99	183										
Male	Team	7	Team	TEAM DAFFODILS	180						5	1:05:27	84	96	180					
Male	Team	8	Team	Tri Amigos	177	3	0:41:27	79	98	177	7	1:11:30	77	94	171					
Male	Team	9	Team	Verrie Kiwi	173						6	1:10:58	78	95	173					
Male	Team	10	Team	Alu2Win	172	4	0:43:39	75	97	172										
Male	Team	11	Team	Champagne Charlie	169	5	0:44:57	73	96	169										
Male	Team	12	Team	TEAM JM-KJ	168						8	1:13:36	75	93	168					
Male	Team	13	Team	AIKON-WAYS	167						9	1:13:55	75	92	167					
Male	Team	14	Team	Kok Yeang Chow	167	6	0:45:33	72	95	167										
Male	Team	15	Team	Cjp	164	7	0:46:57	70	94	164										
Male	Team	16	Team	KARAKATAU	158						10	1:22:17	67	91	158					
Male	Team	17	Team	ERH...	156						11	1:23:01	66	90	156					
Male	Team	18	Team	Ysquare	153	8	0:54:57	60	93	153										
Male	Team	19	Team	Falcon Strikers	150						12	1:30:30	61	89	150					
Male	Team	20	Team	Rauff And Me	150	9	0:55:56	58	92	150										
Male	Team	21	Team	Swee Hong 1	145	10	1:00:32	54	91	145										
Male	Team	22	Team	L&M	136						13	1:54:41	48	88	136					
Male	Team	23	Team	Swee Hong 5	130	11	1:20:50	40	90	130										
Male	Team	24	Team	Swee Hong 2	125	12	1:29:47	36	89	125										