

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	16-19	1	0001	Winona	Howe	72	0:12:25	1	0:00:53	3	0:35:42	1	0:00:58	3	0:14:54	1	1:04:54	100.0
Female	16-19	2	0004	Su Yin Denise	Chia	185	0:13:35	2	0:00:45	1	0:38:44	2	0:00:46	2	0:16:54	3	1:10:45	91.7
Female	16-19	3	1003	Thaddea	Chua	236	0:13:52	3	0:00:52	2	0:40:55	3	0:00:42	1	0:16:49	2	1:13:12	88.7
Female	16-19	4	0002	Fiona	Toh	561	0:17:34	4	0:02:29	4	0:42:03	4	0:02:06	4	0:22:13	4	1:26:28	75.1

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Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	20-29	1	1005	Yiwei	Luo	190	0:13:59	3	0:01:08	2	0:38:29	2	0:01:06	6	0:16:17	3	1:11:00	100.0
Female	20-29	2	0012	Elizabeth	Hodges	192	0:14:35	5	0:01:17	4	0:37:47	1	0:01:06	5	0:16:24	5	1:11:10	99.8
Female	20-29	3	0033	J-Ing	Goh	201	0:13:29	1	0:01:10	3	0:40:27	4	0:00:48	1	0:15:51	2	1:11:48	98.9
Female	20-29	4	0007	Ling Zhi Grace	Wee	213	0:13:46	2	0:01:34	16	0:39:01	3	0:01:30	18	0:16:18	4	1:12:10	98.4
Female	20-29	5	1018	Nina	Pearse - Hawkins	274	0:14:36	6	0:01:36	18	0:41:16	9	0:01:41	23	0:15:47	1	1:14:58	94.7
Female	20-29	6	1009	Claire	Davis	284	0:14:11	4	0:01:33	13	0:41:15	8	0:01:04	4	0:17:10	6	1:15:15	94.4
Female	20-29	7	0016	Helen	Cooke	346	0:15:48	11	0:01:34	17	0:40:37	5	0:01:36	22	0:17:49	7	1:17:27	91.7
Female	20-29	8	0022	Elaine	Gallacher	382	0:15:07	7	0:02:00	23	0:41:54	10	0:01:36	21	0:17:51	8	1:18:30	90.4
Female	20-29	9	0009	Gemma	Wolfe	423	0:15:23	8	0:01:22	8	0:43:03	11	0:01:19	12	0:18:54	13	1:20:02	88.7
Female	20-29	10	0027	Shi Qi Veronica	Tang	435	0:16:13	12	0:01:59	22	0:40:41	7	0:01:27	16	0:20:02	17	1:20:25	88.3
Female	20-29	11	0029	Gin Ni	Chan	470	0:16:23	13	0:01:36	19	0:43:39	13	0:01:09	7	0:19:22	15	1:22:11	86.4
Female	20-29	12	1011	Carly	Pearl	503	0:16:42	15	0:01:03	1	0:46:10	15	0:00:56	2	0:18:48	11	1:23:41	84.8
Female	20-29	13	0032	Xin Yin	Chin	516	0:17:26	19	0:02:42	29	0:40:38	6	0:01:57	27	0:21:21	21	1:24:06	84.4
Female	20-29	14	0030	Marianne	Wong	563	0:17:09	17	0:01:33	14	0:47:47	19	0:01:33	19	0:18:32	10	1:26:37	82.0
Female	20-29	15	1012	Cheryl May Guzman	Ng	566	0:18:38	23	0:02:24	28	0:43:17	12	0:01:51	26	0:20:39	19	1:26:51	81.8
Female	20-29	16	1016	Renette	Thom	595	0:17:42	20	0:01:24	11	0:46:15	16	0:01:11	10	0:21:37	22	1:28:11	80.5
Female	20-29	17	0023	Julianne	Webster	596	0:16:41	14	0:01:20	5	0:48:45	21	0:01:10	9	0:20:19	18	1:28:17	80.4
Female	20-29	18	0021	Elaine	Young	625	0:15:25	9	0:01:33	15	0:53:29	27	0:01:35	20	0:18:48	12	1:30:52	78.1
Female	20-29	19	0014	Lee Yoong	Ch Ng	626	0:17:04	16	0:01:40	20	0:52:05	24	0:01:11	11	0:18:54	14	1:30:56	78.1
Female	20-29	20	0017	Christina	Raplinger	631	0:15:38	10	0:01:22	9	0:55:02	29	0:01:10	8	0:17:56	9	1:31:10	77.9
Female	20-29	21	1019	Danielle	Nesbitt	659	0:19:18	25	0:01:21	7	0:47:27	18	0:01:28	17	0:24:02	25	1:33:38	75.8
Female	20-29	22	1008	Jennifer	Macapagal	661	0:17:48	21	0:01:20	6	0:48:30	20	0:01:21	14	0:24:47	28	1:33:47	75.7
Female	20-29	23	0015	Janlex	Tan	668	0:20:47	28	0:02:06	24	0:44:17	14	0:01:51	25	0:25:41	29	1:34:43	75.0
Female	20-29	24	1014	Nadhirah	Ahmad Naser	672	0:17:51	22	0:02:20	27	0:49:53	22	0:01:20	13	0:23:55	24	1:35:21	74.5
Female	20-29	25	1017	Catherine	Tannos	682	0:19:04	24	0:01:31	12	0:53:08	26	0:01:23	15	0:21:18	20	1:36:26	73.6
Female	20-29	26	1006	Jennifer	Lien	693	0:17:10	18	0:01:22	10	0:58:51	31	0:01:01	3	0:19:28	16	1:37:54	72.5
Female	20-29	27	1004	Norsafinaz	Samsudin	708	0:19:31	26	0:03:03	30	0:46:36	17	0:06:39	31	0:24:15	26	1:40:05	70.9
Female	20-29	28	0011	Shirlene Nepacina	Liew	729	0:22:19	30	0:03:09	31	0:50:41	23	0:02:13	29	0:24:26	27	1:42:50	69.0
Female	20-29	29	1173	Lay Hong	Pang	732	0:21:32	29	0:02:09	25	0:52:19	25	0:01:50	24	0:25:45	30	1:43:37	68.5
Female	20-29	30	0024	Xinyi	Lim	737	0:20:44	27	0:01:46	21	0:54:59	28	0:04:03	30	0:23:09	23	1:44:44	67.8
Female	20-29	31	0028	Huifang	Chen	758	0:24:43	31	0:02:16	26	0:55:49	30	0:02:10	28	0:29:38	31	1:54:39	61.9

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Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	30-39	1	0098	Winnifred	Selukov	76	0:12:51	4	0:00:57	2	0:35:58	5	0:00:53	2	0:14:23	2	1:05:04	100.0
Female	30-39	2	0149	Fabiana	Pizzali	84	0:12:50	3	0:01:03	5	0:35:49	4	0:01:02	7	0:15:02	5	1:05:48	98.9
Female	30-39	3	0115	Sarah	Clark	90	0:13:50	9	0:01:22	16	0:34:30	3	0:01:06	12	0:15:14	8	1:06:03	98.5
Female	30-39	4	1030	Amandine	Fetaud	125	0:12:49	1	0:00:54	1	0:39:17	12	0:00:50	1	0:14:22	1	1:08:14	95.4
Female	30-39	5	0132	Rowena Jayne	De Belligny	131	0:13:24	6	0:01:05	7	0:37:20	6	0:01:19	22	0:15:12	7	1:08:22	95.2
Female	30-39	6	0100	Victoria	Hill	140	0:13:25	7	0:01:20	14	0:38:11	10	0:01:18	21	0:14:29	3	1:08:45	94.6
Female	30-39	7	0122	Juliet	Otto	181	0:13:27	8	0:01:23	18	0:37:54	7	0:01:35	34	0:16:06	9	1:10:26	92.4
Female	30-39	8	0114	Gemma	Needham	193	0:13:23	5	0:01:06	8	0:40:47	16	0:00:56	5	0:15:05	6	1:11:18	91.3
Female	30-39	9	0135	Petra	Schuler	218	0:14:29	10	0:01:01	3	0:38:42	11	0:00:54	3	0:17:15	12	1:12:21	89.9
Female	30-39	10	0136	Alice	Mckay	233	0:12:50	2	0:01:23	19	0:42:02	19	0:01:37	39	0:15:02	4	1:12:56	89.2
Female	30-39	11	0108	Joanna	Morris	303	0:15:50	17	0:01:20	12	0:39:22	13	0:01:06	13	0:18:22	16	1:16:01	85.6
Female	30-39	12	1029	Theresa	Hudson	304	0:16:09	20	0:02:08	52	0:38:11	9	0:01:31	30	0:18:02	13	1:16:02	85.6
Female	30-39	13	0112	Rebecca	Lewis	307	0:15:31	15	0:01:05	6	0:40:03	14	0:01:08	15	0:18:19	14	1:16:08	85.5
Female	30-39	14	0110	Chin	Shi Yin	329	0:17:26	33	0:01:35	29	0:38:09	8	0:01:23	25	0:18:22	15	1:16:57	84.6
Female	30-39	15	0095	Lara	Boyd	384	0:15:01	12	0:01:32	26	0:42:06	20	0:01:13	17	0:18:43	19	1:18:37	82.8
Female	30-39	16	0113	Pauline	Chong	390	0:15:23	14	0:02:07	50	0:40:06	15	0:01:30	29	0:19:37	23	1:18:46	82.6
Female	30-39	17	0147	Amanda	Barros	391	0:14:32	11	0:01:24	21	0:44:54	25	0:01:00	6	0:16:55	10	1:18:47	82.6
Female	30-39	18	0096	Meredith	Overbury	418	0:17:02	28	0:01:28	23	0:41:33	18	0:01:15	19	0:18:28	17	1:19:47	81.6
Female	30-39	19	1041	Melissa	Baron	434	0:15:02	13	0:01:35	31	0:42:40	23	0:01:25	28	0:19:40	25	1:20:24	80.9
Female	30-39	20	1056	Carolyn	Levin	464	0:16:04	19	0:01:50	41	0:41:30	17	0:01:19	23	0:21:11	33	1:21:56	79.4
Female	30-39	21	1039	Deirdre	Sim	493	0:17:31	34	0:01:35	30	0:42:27	21	0:01:21	24	0:20:02	29	1:22:58	78.4
Female	30-39	22	0146	Lena	Brantmark	509	0:16:22	26	0:01:20	13	0:45:40	28	0:01:03	8	0:19:25	22	1:23:51	77.6
Female	30-39	23	0131	Jasmine	Tan	536	0:17:41	35	0:01:08	9	0:42:38	22	0:01:04	9	0:22:38	39	1:25:11	76.4
Female	30-39	24	0120	Sonoko	Mamiya	546	0:16:19	25	0:01:38	36	0:45:01	27	0:01:55	48	0:20:45	30	1:25:40	76.0
Female	30-39	25	1058	Alison Marion	Snodgrass	562	0:16:01	18	0:01:03	4	0:51:32	45	0:00:55	4	0:16:59	11	1:26:31	75.2
Female	30-39	26	0118	Helen Bonny	Morris	583	0:17:08	31	0:01:13	10	0:48:27	33	0:01:04	10	0:19:38	24	1:27:31	74.3
Female	30-39	27	1036	Kamun	Cheong	585	0:16:16	22	0:01:53	43	0:48:34	34	0:01:37	38	0:19:14	20	1:27:36	74.3
Female	30-39	28	0148	Siti Nurhidayati	Mohd Said	592	0:17:06	29	0:01:42	38	0:47:42	32	0:01:34	33	0:19:53	26	1:27:58	74.0
Female	30-39	29	1065	Foong Har	Moo	616	0:18:34	42	0:01:36	32	0:46:00	29	0:01:36	35	0:22:21	35	1:30:09	72.2
Female	30-39	30	0137	Amelia Justina	Lim	620	0:16:33	27	0:01:34	27	0:49:42	39	0:01:43	41	0:20:59	32	1:30:33	71.9
Female	30-39	31	0107	Geraldine	Tey	633	0:19:12	47	0:01:55	45	0:44:37	24	0:02:36	55	0:22:57	40	1:31:20	71.2
Female	30-39	32	0099	Adriana	Viejo	640	0:16:18	24	0:01:30	25	0:54:16	49	0:01:17	20	0:18:34	18	1:31:57	70.8
Female	30-39	33	0141	Dilmini	Kalambaarachchi	644	0:19:20	48	0:01:50	42	0:50:11	41	0:01:24	26	0:19:22	21	1:32:08	70.6
Female	30-39	34	1026	Low Lin Da Haslinda	Low Bte Roslan	647	0:18:22	38	0:02:08	51	0:44:57	26	0:01:50	45	0:25:06	47	1:32:25	70.4
Female	30-39	35	1023	Alicia	Chia	649	0:18:40	43	0:01:29	24	0:51:28	44	0:01:09	16	0:20:01	28	1:32:48	70.1
Female	30-39	36	0140	Maelle Marie	Ternot	655	0:18:47	44	0:02:22	55	0:46:04	30	0:01:50	44	0:24:08	43	1:33:12	69.8
Female	30-39	37	0102	Teik Sim	Chan	658	0:19:06	46	0:02:00	47	0:46:13	31	0:01:53	46	0:24:23	45	1:33:37	69.5
Female	30-39	38	1044	May Ling Yvonne	Low	660	0:18:09	37	0:02:04	49	0:51:06	42	0:01:24	27	0:20:56	31	1:33:41	69.5
Female	30-39	39	0116	Sunita	Mudeliar	666	0:19:55	51	0:01:22	17	0:49:09	36	0:01:33	32	0:22:28	38	1:34:29	68.9
Female	30-39	40	1025	Sze Sze	Ong	674	0:17:18	32	0:01:36	33	0:49:17	37	0:02:02	51	0:25:16	48	1:35:32	68.1
Female	30-39	41	1028	Keryn	Zambrowski	677	0:18:52	45	0:01:23	20	0:52:14	46	0:01:07	14	0:22:28	37	1:36:06	67.7
Female	30-39	42	0130	Victoria	Alexander	699	0:17:52	36	0:01:26	22	0:58:00	55	0:01:05	11	0:20:00	27	1:38:25	66.1
Female	30-39	43	1043	Zahrina	Abdullah	709	0:19:32	50	0:03:04	59	0:51:09	43	0:02:03	53	0:24:14	44	1:40:05	65.0
Female	30-39	44	1060	Yoko	Jane	711	0:15:49	16	0:01:49	40	0:56:00	52	0:02:00	49	0:24:41	46	1:40:21	64.8

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Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	30-39	45	1040	Junainah	Binte Mohamed Eusuff	712	0:21:26	55	0:02:21	54	0:48:59	35	0:01:45	42	0:25:48	49	1:40:21	64.8
Female	30-39	46	1051	Li Ling Sarah	Ee	715	0:18:29	40	0:02:29	56	0:55:52	51	0:02:03	52	0:21:36	34	1:40:30	64.7
Female	30-39	47	1048	Charlene	Fang	726	0:21:30	56	0:01:34	28	0:50:00	40	0:01:13	18	0:27:56	53	1:42:16	63.6
Female	30-39	48	1031	Xing	Ji	728	0:17:06	30	0:02:32	57	0:55:32	50	0:01:45	43	0:25:53	50	1:42:49	63.3
Female	30-39	49	1034	G6202059N	Polestico	733	0:19:27	49	0:01:37	35	0:57:22	54	0:01:43	40	0:23:35	42	1:43:46	62.7
Female	30-39	50	1055	Aurelia Irina	Miu	739	0:20:37	52	0:01:18	11	0:53:06	47	0:01:54	47	0:28:04	54	1:45:01	62.0
Female	30-39	51	0119	Schmoker	Claire	740	0:20:54	53	0:01:22	15	0:54:01	48	0:01:37	37	0:27:34	52	1:45:30	61.7
Female	30-39	52	1063	Jack	Chan	751	0:21:19	54	0:02:00	46	0:56:51	53	0:02:01	50	0:26:45	51	1:48:58	59.7
Female	30-39	53	0134	Kavita	Rajput	756	0:18:33	41	0:01:55	44	1:01:10	56	0:02:17	54	0:28:13	55	1:52:10	58.0
Female	30-39	54	1024	Willyn	Goh	765	0:22:42	57	0:01:48	39	1:03:52	57	0:01:36	36	0:30:05	56	2:00:05	54.2
Female	30-39		1062	Ee Wei Ling Rachel	Ee		0:23:38	59	0:02:01	48	1:12:59	58						
Female	30-39		1032	Ee Swee Li Marlene	Ee		0:23:02	58	0:02:34	58								
Female	30-39		1307	Rohani Binte	Mohamed Ibrahim		0:16:14	21	0:01:37	34	0:21:24	1	0:01:31	31	0:22:22	36	1:03:10	
Female	30-39		0117	Jody	Perkins		0:16:17	23	0:02:11	53	0:23:40	2	0:03:46	56	0:23:07	41	1:09:03	
Female	30-39		0151	Annalissa	Devos		0:18:26	39	0:01:39	37	0:49:39	38						

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Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	40-49	1	0078	Tia	Roberts	57	0:12:51	1	0:01:07	4	0:35:00	2	0:01:01	4	0:13:48	1	1:03:49	100.0
Female	40-49	2	0053	Beatrice	Joliot	138	0:14:04	5	0:01:01	2	0:36:02	3	0:01:07	8	0:16:20	10	1:08:36	93.0
Female	40-49	3	0057	Vanessa	Lodge	149	0:13:39	2	0:01:14	8	0:37:46	10	0:01:08	9	0:15:16	2	1:09:04	92.4
Female	40-49	4	0037	Judith	Clemie	160	0:13:55	3	0:01:05	3	0:37:41	9	0:01:15	15	0:15:47	5	1:09:44	91.5
Female	40-49	5	1071	Anne	Lavandon	164	0:13:58	4	0:01:23	17	0:37:31	6	0:01:19	18	0:15:37	4	1:09:49	91.4
Female	40-49	6	0063	Megan	Kinder	184	0:15:12	14	0:01:18	14	0:36:26	4	0:01:07	7	0:16:37	11	1:10:41	90.3
Female	40-49	7	0061	Teresa Marie	Soh	196	0:15:01	12	0:01:13	6	0:37:57	11	0:01:05	5	0:16:06	7	1:11:23	89.4
Female	40-49	8	0046	Natalie	Anderson	212	0:14:42	10	0:01:11	5	0:37:38	8	0:01:19	19	0:17:19	14	1:12:10	88.4
Female	40-49	9	0045	Belinda	Sircombe-Jellett	227	0:14:19	7	0:01:14	7	0:39:55	14	0:00:56	2	0:16:16	9	1:12:42	87.8
Female	40-49	10	0059	Pel Nam	Low	239	0:14:54	11	0:00:54	1	0:39:43	13	0:00:51	1	0:17:01	12	1:13:25	86.9
Female	40-49	11	0065	Megan	Gray	243	0:14:22	8	0:01:15	11	0:40:40	16	0:01:09	10	0:16:11	8	1:13:39	86.6
Female	40-49	12	0090	Ruth	Stubbs	259	0:15:47	18	0:01:27	21	0:36:53	5	0:01:29	28	0:18:33	23	1:14:11	86.0
Female	40-49	13	1080	Kim Eileen	Faure	308	0:15:05	13	0:01:28	24	0:37:36	7	0:01:42	34	0:20:17	31	1:16:10	83.8
Female	40-49	14	0047	Judy	Harman	328	0:15:15	15	0:01:41	33	0:40:39	15	0:01:25	23	0:17:52	16	1:16:54	83.0
Female	40-49	15	0075	Geok Pheng	Tan	342	0:14:30	9	0:01:25	18	0:44:28	29	0:01:40	33	0:15:19	3	1:17:22	82.5
Female	40-49	16	0086	Emma Louise	Jeffery	344	0:15:34	17	0:01:14	9	0:41:26	20	0:01:15	14	0:17:54	17	1:17:24	82.5
Female	40-49	17	0040	Khoon Hsing	Ling	379	0:16:06	21	0:01:37	29	0:40:50	17	0:01:25	22	0:18:31	22	1:18:29	81.3
Female	40-49	18	0056	Maureen	Thomson	389	0:15:47	19	0:01:38	30	0:41:05	18	0:01:46	36	0:18:27	20	1:18:44	81.1
Female	40-49	19	0060	Lina	Yeo	420	0:15:29	16	0:01:41	32	0:42:51	22	0:01:20	20	0:18:27	21	1:19:50	79.9
Female	40-49	20	1086	Poh Kuan	Toh	427	0:16:39	28	0:01:14	10	0:41:13	19	0:00:58	3	0:20:00	29	1:20:05	79.7
Female	40-49	21	0070	Louise	Sarup	440	0:16:25	26	0:01:45	36	0:41:55	21	0:01:20	21	0:19:18	25	1:20:45	79.0
Female	40-49	22	0076	Louisa	Gregory	441	0:16:36	27	0:01:59	40	0:42:56	24	0:01:33	30	0:17:44	15	1:20:49	79.0
Female	40-49	23	0042	Lee Lian	Ang	452	0:16:24	25	0:01:52	37	0:43:10	25	0:01:19	17	0:18:50	24	1:21:36	78.2
Female	40-49	24	1089	Karen	Taylor	488	0:16:22	24	0:01:16	13	0:43:40	26	0:01:14	12	0:20:14	30	1:22:47	77.1
Female	40-49	25	1084	Susie	Nesbitt	495	0:14:13	6	0:01:16	12	0:49:20	37	0:01:05	6	0:17:13	13	1:23:08	76.8
Female	40-49	26	1083	Yukari	Takesawa	502	0:16:55	29	0:02:10	42	0:44:39	30	0:01:18	16	0:18:24	19	1:23:28	76.5
Female	40-49	27	0062	Alexandra	Collingridge	513	0:15:58	20	0:01:34	27	0:46:53	32	0:01:13	11	0:18:21	18	1:24:00	76.0
Female	40-49	28	1073	Karen	Fallon	515	0:16:56	30	0:01:22	16	0:44:27	28	0:01:26	24	0:19:52	28	1:24:05	75.9
Female	40-49	29	0048	Eleonora	Ghivarello	534	0:17:28	33	0:01:44	35	0:43:42	27	0:01:40	32	0:20:23	32	1:24:58	75.1
Female	40-49	30	0087	Claire	Leetham	535	0:18:05	36	0:01:27	20	0:39:32	12	0:01:45	35	0:24:14	40	1:25:05	75.0
Female	40-49	31	0051	Ah Hong	Sng	571	0:18:01	35	0:02:32	43	0:42:53	23	0:02:12	43	0:21:18	35	1:26:58	73.4
Female	40-49	32	0055	Helen Elizabeth	Soulsby	574	0:16:57	31	0:01:27	22	0:47:49	34	0:01:14	13	0:19:33	27	1:27:03	73.3
Female	40-49	33	0079	Nicola	Quinn	601	0:18:28	38	0:01:30	25	0:45:37	31	0:01:49	39	0:21:20	36	1:28:47	71.9
Female	40-49	34	1081	Suzanne	Sweerman	605	0:17:03	32	0:01:19	15	0:48:22	36	0:01:26	26	0:20:50	34	1:29:02	71.7
Female	40-49	35	1079	Lucy Tarina	Lee	613	0:17:30	34	0:01:55	39	0:47:07	33	0:01:26	25	0:21:54	37	1:29:54	71.0
Female	40-49	36	0080	Joanna	Barron	624	0:16:12	22	0:01:28	23	0:52:16	40	0:01:26	27	0:19:26	26	1:30:49	70.3
Female	40-49	37	0052	Jane	Barron	651	0:19:38	40	0:01:25	19	0:49:32	39	0:01:33	29	0:20:39	33	1:32:49	68.8
Female	40-49	38	1082	Vanessa	Bossino	653	0:18:25	37	0:01:31	26	0:48:02	35	0:01:47	37	0:23:19	38	1:33:06	68.5
Female	40-49	39	1077	Catherine	Yohn	691	0:19:47	41	0:01:55	38	0:49:25	38	0:02:23	45	0:24:00	39	1:37:32	65.4
Female	40-49	40	1078	Elisabeth	Low	734	0:20:30	42	0:01:41	34	0:54:50	42	0:02:09	42	0:24:43	42	1:43:55	61.4
Female	40-49	41	0073	Lene	Ho	745	0:19:25	39	0:02:40	45	0:57:40	44	0:02:08	41	0:24:25	41	1:46:20	60.0
Female	40-49	42	1075	Christine Joy	Vargas	747	0:21:05	43	0:01:41	31	0:53:39	41	0:02:15	44	0:28:41	44	1:47:22	59.4
Female	40-49	43	1067	Lillian	Wang	753	0:22:31	44	0:01:35	28	0:57:07	43	0:01:36	31	0:28:23	43	1:51:13	57.4
Female	40-49	44	0044	Hwee Mian Doreen	Go	762	0:22:50	45	0:02:37	44	0:58:04	45	0:01:48	38	0:33:18	45	1:58:38	53.8

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	40-49		1070	Jeynelle	Lee		0:16:17	23	0:02:03	41	0:28:18	1	0:01:57	40	0:16:01	6	1:04:37	

Result Sprint Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	50-59	1	1092	Wendy	Wilcox	78	0:13:54	1	0:00:53	1	0:34:46	1	0:01:04	1	0:14:38	1	1:05:17	100.0
Female	50-59	2	0085	Audrey	Gentry	446	0:17:38	6	0:01:16	6	0:41:29	2	0:01:24	6	0:19:21	3	1:21:09	80.4
Female	50-59	3	0083	Caryn	Dawson	476	0:17:13	4	0:01:58	7	0:41:48	3	0:01:57	7	0:19:28	4	1:22:25	79.2
Female	50-59	4	1091	Sian	Brook Gillies	492	0:15:54	2	0:01:08	2	0:46:57	5	0:01:21	4	0:17:35	2	1:22:57	78.7
Female	50-59	5	0084	Debra	Hampton	499	0:17:43	8	0:01:16	5	0:42:26	4	0:01:18	2	0:20:39	6	1:23:22	78.3
Female	50-59	6	0082	Elizabeth Jane	Greenwood	627	0:16:13	3	0:01:15	4	0:49:35	6	0:01:24	5	0:22:35	8	1:31:03	71.7
Female	50-59	7	0081	Diana	Fox	638	0:17:17	5	0:02:04	8	0:50:33	7	0:02:07	8	0:19:51	5	1:31:53	71.1
Female	50-59	8	1093	Veronica	Mccann	727	0:17:41	7	0:01:11	3	0:59:58	8	0:01:21	3	0:22:16	7	1:42:29	63.7

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Female	60+	1	1094	Ellen Dee	Smith	471	0:15:30	1	0:01:02	1	0:46:28	1	0:01:12	1	0:17:59	1	1:22:13	100.0

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	16-19	1	1108	Rikigoro	Shinozuka	8	0:10:34	2	0:00:44	4	0:33:10	2	0:00:49	6	0:12:09	1	0:57:28	100.0
Male	16-19	2	1105	Bret	Izzo	20	0:10:30	1	0:00:41	1	0:35:01	5	0:00:59	14	0:12:20	2	0:59:32	96.5
Male	16-19	3	1111	Shern Mun Benedict J	Lee	23	0:11:12	4	0:01:08	18	0:32:00	1	0:00:52	9	0:14:49	5	1:00:04	95.7
Male	16-19	4	0662	Tan Zhong Ching	Tan	41	0:11:12	5	0:00:44	5	0:35:28	6	0:00:41	4	0:14:05	3	1:02:12	92.4
Male	16-19	5	0666	Tang Jing Yuan Ivan	Tang	62	0:12:02	6	0:00:55	11	0:36:26	7	0:00:37	2	0:14:05	4	1:04:07	89.6
Male	16-19	6	1116	Faias	F Muhammad	85	0:12:08	7	0:00:51	7	0:36:27	8	0:00:39	3	0:15:43	8	1:05:50	87.3
Male	16-19	7	1099	Wei Zen	Chong	91	0:12:57	10	0:01:02	14	0:34:04	3	0:01:36	22	0:16:24	10	1:06:04	87.0
Male	16-19	8	1118	Muhammad Azhar	Muhammad	108	0:12:16	8	0:00:42	2	0:38:08	12	0:00:37	1	0:15:26	6	1:07:10	85.6
Male	16-19	9	1117	Choong He Rong Samue	Choong	137	0:13:07	13	0:00:58	13	0:36:44	9	0:00:53	10	0:16:51	11	1:08:35	83.8
Male	16-19	10	1107	Chuah	Junler	148	0:13:00	11	0:01:12	19	0:34:30	4	0:01:18	17	0:19:02	17	1:09:04	83.2
Male	16-19	11	0668	Leo	Sirieix	167	0:13:32	15	0:00:57	12	0:37:14	10	0:00:56	12	0:17:19	13	1:10:00	82.1
Male	16-19	12	1113	Ray	Kiew	169	0:13:07	12	0:00:54	10	0:37:40	11	0:00:50	7	0:17:34	14	1:10:07	82.0
Male	16-19	13	0664	Goh Koon Wei	David	220	0:13:34	16	0:00:45	6	0:41:30	17	0:00:51	8	0:15:41	7	1:12:23	79.4
Male	16-19	14	0667	Jonathan	Tay	258	0:13:32	14	0:00:54	9	0:42:24	18	0:01:05	15	0:16:13	9	1:14:10	77.5
Male	16-19	15	1115	Chin Yen Bing Arthur	Chin	262	0:14:27	19	0:01:31	22	0:39:11	15	0:00:58	13	0:18:11	15	1:14:21	77.3
Male	16-19	16	0669	Koon Hong Daniel	Goh	288	0:15:13	20	0:00:42	3	0:40:18	16	0:00:46	5	0:18:29	16	1:15:29	76.1
Male	16-19	17	1112	Fraser	Morrison	295	0:12:52	9	0:01:08	17	0:43:05	19	0:01:17	16	0:17:19	12	1:15:42	75.9
Male	16-19	18	0663	Xuan You	Tan	361	0:16:16	23	0:01:31	21	0:39:09	14	0:01:31	21	0:19:15	19	1:17:43	73.9
Male	16-19	19	1102	Danial	Eddie	474	0:14:07	17	0:01:54	25	0:45:01	22	0:01:20	19	0:19:57	20	1:22:21	69.8
Male	16-19	20	1106	Bryan	Lee	480	0:14:09	18	0:01:43	24	0:44:28	21	0:01:43	23	0:20:33	21	1:22:36	69.6
Male	16-19	21	1098	Joseph	Vitoria	483	0:15:57	21	0:01:06	15	0:45:28	23	0:00:55	11	0:19:12	18	1:22:41	69.5
Male	16-19	22	1110	Muhd Shazry	Azman	501	0:16:04	22	0:01:07	16	0:44:17	20	0:01:21	20	0:20:34	22	1:23:25	68.9
Male	16-19	23	1114	Marshall	Teo	665	0:17:14	24	0:01:22	20	0:50:33	24	0:01:19	18	0:23:54	23	1:34:24	60.9
Male	16-19		1095	Gabriel	Gay		0:19:01	25	0:01:42	23	0:38:34	13						
Male	16-19		0671	Bryce	Chong		0:10:58	3	0:00:52	8								

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	20-29	1	0616	Dex	Cheong	5	0:10:40	2	0:00:32	1	0:32:21	4	0:00:36	5	0:12:05	2	0:56:16	100.0
Male	20-29	2	1138	Ng	Zhaomu	18	0:11:39	8	0:00:41	8	0:34:19	10	0:00:48	22	0:11:47	1	0:59:15	95.0
Male	20-29	3	0577	Francis	Tan	21	0:11:44	9	0:00:38	3	0:31:57	3	0:01:01	47	0:14:14	11	0:59:35	94.4
Male	20-29	4	1135	Bi'ao Brandon	Tung	26	0:11:33	6	0:00:41	7	0:33:54	7	0:00:46	20	0:13:49	7	1:00:45	92.6
Male	20-29	5	0602	Zhongyi Joshua	Li	28	0:10:36	1	0:00:35	2	0:36:41	23	0:00:38	9	0:12:25	4	1:00:56	92.3
Male	20-29	6	0675	Eden	Kang	34	0:10:58	3	0:00:42	10	0:35:47	17	0:00:39	11	0:13:16	5	1:01:24	91.6
Male	20-29	7	1161	Cheng Gui	Lim	38	0:12:07	15	0:00:54	29	0:33:43	5	0:00:55	39	0:14:11	10	1:01:53	90.9
Male	20-29	8	0676	Dwayne	Stewart	49	0:12:23	16	0:00:40	4	0:33:45	6	0:00:44	14	0:15:30	26	1:03:03	89.2
Male	20-29	9	1139	Gerald	Soo	52	0:11:34	7	0:01:07	49	0:34:04	9	0:01:15	70	0:15:19	21	1:03:21	88.8
Male	20-29	10	1188	Enping	Cheow	54	0:12:02	13	0:00:58	36	0:33:55	8	0:01:07	55	0:15:28	25	1:03:32	88.6
Male	20-29	11	0584	Donald	Piret	63	0:13:32	29	0:00:55	32	0:34:45	12	0:00:54	35	0:14:00	9	1:04:08	87.7
Male	20-29	12	1168	Andy	Lordianto	64	0:13:34	31	0:01:03	42	0:35:10	14	0:00:54	34	0:13:30	6	1:04:13	87.6
Male	20-29	13	0607	Lemin	Liang	65	0:12:05	14	0:00:40	5	0:36:12	19	0:00:31	1	0:14:44	14	1:04:13	87.6
Male	20-29	14	1136	Thomas Hamilton	Chia	66	0:12:00	12	0:00:44	11	0:36:24	20	0:00:35	4	0:14:32	13	1:04:17	87.5
Male	20-29	15	1120	Hafiz	Muhamad Bin Fe	70	0:11:45	10	0:01:11	56	0:35:27	16	0:01:09	60	0:15:05	17	1:04:39	87.0
Male	20-29	16	1121	Yi Heng	Chew	73	0:13:40	36	0:00:46	16	0:34:44	11	0:00:55	38	0:14:50	15	1:04:58	86.6
Male	20-29	17	1144	Muhammad Irsyad	Marican Bin Abdullah	88	0:13:51	41	0:01:01	39	0:34:48	13	0:01:13	68	0:14:59	16	1:05:54	85.4
Male	20-29	18	1143	Ee Loong	Lim	93	0:11:08	5	0:01:09	52	0:38:59	43	0:01:00	43	0:13:51	8	1:06:09	85.1
Male	20-29	19	1134	Sean	Lau	109	0:13:01	22	0:00:54	27	0:37:04	25	0:00:51	25	0:15:22	23	1:07:13	83.7
Male	20-29	20	0686	Javier	Goh	116	0:12:29	18	0:00:46	15	0:37:47	32	0:00:45	17	0:15:57	33	1:07:46	83.0
Male	20-29	21	1156	Jean Roger Rene	Vendange	118	0:13:03	23	0:00:49	22	0:37:52	33	0:00:44	15	0:15:25	24	1:07:55	82.8
Male	20-29	22	1132	Bi Jie	Lim	119	0:12:51	20	0:00:55	31	0:37:09	28	0:00:54	33	0:16:06	37	1:07:57	82.8
Male	20-29	23	0619	Muhammad Nabil	Bin Samhudi	124	0:14:50	67	0:00:48	19	0:35:49	18	0:00:37	6	0:16:03	36	1:08:08	82.6
Male	20-29	24	1154	Syed Muhammad	Haffizullah	127	0:11:59	11	0:01:00	38	0:39:02	44	0:01:08	58	0:15:05	18	1:08:16	82.4
Male	20-29	25	0589	Alan	Chiang	130	0:12:24	17	0:00:54	30	0:38:06	37	0:01:00	44	0:15:54	31	1:08:21	82.3
Male	20-29	26	0596	Hilmar	Hahn	141	0:13:37	33	0:00:46	14	0:36:38	21	0:00:39	10	0:17:04	46	1:08:45	81.8
Male	20-29	27	1131	Ming Quan Alson	Tay	162	0:13:04	24	0:00:45	12	0:40:09	59	0:00:37	7	0:15:10	20	1:09:46	80.6
Male	20-29	28	1476	Renze	Banawa	172	0:13:31	28	0:01:16	62	0:39:51	57	0:01:06	51	0:14:29	12	1:10:15	80.1
Male	20-29	29	1122	Tang Yi Fan	Derwin	177	0:13:41	38	0:00:57	34	0:37:04	26	0:00:48	21	0:17:53	58	1:10:24	79.9
Male	20-29	30	0687	Christopher	Brook	179	0:14:13	52	0:01:43	92	0:37:58	34	0:01:10	64	0:15:19	22	1:10:25	79.9
Male	20-29	31	1163	Kang Han	Chng	186	0:13:08	25	0:01:06	47	0:39:57	58	0:01:00	45	0:15:35	27	1:10:48	79.5
Male	20-29	32	1150	Zonghao	Ong	197	0:14:14	53	0:01:58	103	0:38:14	39	0:01:49	97	0:15:08	19	1:11:24	78.8
Male	20-29	33	1167	Ahmad Syaadiq	Mohammed Musni	198	0:13:40	37	0:01:37	84	0:37:38	30	0:01:53	99	0:16:36	41	1:11:26	78.8
Male	20-29	34	0601	Ahmad Ridhwan	Dahlan	202	0:14:00	46	0:01:05	45	0:39:37	54	0:01:10	62	0:15:57	32	1:11:51	78.3
Male	20-29	35	0609	Muhammad Shahrul	Pungut	203	0:13:58	45	0:01:13	59	0:39:19	48	0:01:20	78	0:16:02	34	1:11:54	78.3
Male	20-29	36	1140	Daryl	Ang	208	0:12:56	21	0:01:20	71	0:36:41	22	0:02:12	106	0:18:53	64	1:12:04	78.1
Male	20-29	37	1178	Lian Qui Alan	Sim	211	0:13:32	30	0:00:46	13	0:41:17	64	0:00:42	12	0:15:51	30	1:12:10	78.0
Male	20-29	38	0608	Alexander	Bagdasaryan	222	0:13:22	26	0:00:49	21	0:41:37	69	0:00:33	2	0:16:10	38	1:12:33	77.6
Male	20-29	39	0685	Edwin	Liam	232	0:13:39	35	0:00:42	9	0:38:05	36	0:02:44	109	0:17:44	54	1:12:55	77.2
Male	20-29	40	0586	Chai Jian	Lye	237	0:13:27	27	0:01:42	90	0:39:25	50	0:01:21	80	0:17:20	51	1:13:18	76.8
Male	20-29	41	0595	Alvin		241	0:15:25	75	0:00:54	28	0:39:09	45	0:00:55	37	0:17:12	48	1:13:37	76.4
Male	20-29	42	0597	Yu Poh	Foo	242	0:15:21	74	0:01:09	51	0:38:14	40	0:01:05	50	0:17:47	56	1:13:38	76.4
Male	20-29	43	0681	Ganeshkumar	M	250	0:14:11	50	0:01:49	98	0:39:26	51	0:02:37	108	0:15:50	29	1:13:54	76.1
Male	20-29	44	0603	Martin	Hein	252	0:14:43	63	0:01:38	85	0:38:09	38	0:01:21	79	0:18:04	61	1:13:57	76.1

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race		Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	20-29	45	1147	Lee Rui Zhi Daniel	Lee	255	0:13:57	44	0:01:00	37	0:38:27	41	0:00:48	24	0:19:50	70	1:14:03	76.0
Male	20-29	46	0605	Arthur	Tong	256	0:15:10	71	0:01:07	48	0:37:39	31	0:00:53	30	0:19:13	66	1:14:04	76.0
Male	20-29	47	0599	Thomas	Grau	260	0:14:43	65	0:01:33	79	0:35:24	15	0:01:22	81	0:21:08	80	1:14:12	75.8
Male	20-29	48	0600	Jeff Russell	Sandoval	264	0:14:43	64	0:01:24	74	0:40:19	61	0:01:27	82	0:16:30	40	1:14:25	75.6
Male	20-29	49	1171	Norhalim	Nordin	265	0:14:21	55	0:01:46	96	0:39:13	46	0:01:11	65	0:17:56	59	1:14:29	75.5
Male	20-29	50	1181	Zainal	Agus	273	0:12:30	19	0:01:36	82	0:42:06	70	0:01:07	56	0:17:35	52	1:14:57	75.1
Male	20-29	51	0652	Jun Wei Joseph	Ng	275	0:14:57	68	0:01:41	89	0:36:48	24	0:01:40	91	0:19:51	71	1:14:59	75.0
Male	20-29	52	1124	Ng Kang Jie Bervyn	Ng	277	0:13:39	34	0:00:41	6	0:38:04	35	0:01:08	59	0:21:29	82	1:15:03	75.0
Male	20-29	53	0604	Bjorn Wei Loong	Wong	282	0:16:04	81	0:01:25	75	0:37:08	27	0:00:59	42	0:19:37	68	1:15:14	74.8
Male	20-29	54	0593	Maguet	Rémi	286	0:13:52	42	0:00:47	17	0:39:36	53	0:00:52	29	0:20:07	74	1:15:17	74.7
Male	20-29	55	0575	Bahiyudin	Abas	291	0:13:55	43	0:01:13	60	0:42:13	74	0:00:58	40	0:17:15	49	1:15:37	74.4
Male	20-29	56	0673	Muhd Afiq Sharhan	Afiq	322	0:14:37	60	0:01:04	44	0:41:23	67	0:00:51	27	0:18:37	63	1:16:34	73.5
Male	20-29	57	1137	Amir	Yusof	325	0:15:15	73	0:01:08	50	0:42:34	75	0:00:51	26	0:16:54	43	1:16:44	73.3
Male	20-29	58	0654	Bohan	Wu	327	0:14:17	54	0:01:45	94	0:43:01	77	0:01:43	93	0:16:02	35	1:16:51	73.2
Male	20-29	59	1145	Md Ridzuan B Malik Y	Yee	341	0:14:03	47	0:01:40	88	0:43:35	78	0:01:01	46	0:17:02	45	1:17:22	72.7
Male	20-29	60	0674	Junsheng	Lee	354	0:15:42	77	0:01:12	57	0:38:57	42	0:01:47	96	0:19:57	73	1:17:36	72.5
Male	20-29	61	0576	Chi Choy Sean	Chan	358	0:14:05	48	0:02:24	108	0:41:23	66	0:02:34	107	0:17:11	47	1:17:38	72.5
Male	20-29	62	1151	Muhammad Bukhary	Abu Bakar	365	0:13:46	40	0:01:12	58	0:40:33	63	0:01:17	73	0:20:59	79	1:17:49	72.3
Male	20-29	63	0688	Shahaizan	Jamal	374	0:14:42	62	0:01:10	55	0:41:21	65	0:01:08	57	0:19:52	72	1:18:15	71.9
Male	20-29	64	0610	Clement	Monnet	377	0:13:36	32	0:00:49	20	0:47:39	89	0:00:35	3	0:15:40	28	1:18:20	71.8
Male	20-29	65	1159	Hamritpal Singh	Singh	396	0:16:20	84	0:01:44	93	0:41:36	68	0:01:36	88	0:17:44	55	1:19:03	71.2
Male	20-29	66	0678	Nicholas Eugenius	Eugenius	399	0:14:29	58	0:01:37	83	0:45:01	81	0:01:05	49	0:16:56	44	1:19:10	71.1
Male	20-29	67	1141	Kamarulzaman	Kamal	402	0:16:23	85	0:01:27	77	0:39:16	47	0:01:18	77	0:20:49	78	1:19:14	71.0
Male	20-29	68	0683	Khairulanwar	Abdul Rahim	433	0:15:59	80	0:01:54	100	0:39:31	52	0:01:42	92	0:21:12	81	1:20:19	70.1
Male	20-29	69	0680	Jian Kai Josias	Goh	439	0:15:11	72	0:01:22	73	0:39:19	49	0:01:38	89	0:23:10	92	1:20:42	69.7
Male	20-29	70	0613	Franz	Dakoykoy	444	0:16:10	83	0:01:01	40	0:43:44	79	0:00:55	36	0:19:17	67	1:21:08	69.4
Male	20-29	71	0657	Cheng Hung	Chang	447	0:14:45	66	0:01:17	64	0:46:04	83	0:01:10	63	0:18:03	60	1:21:20	69.2
Male	20-29	72	0598	Raymund	Tienzo	489	0:17:18	92	0:01:38	86	0:40:09	60	0:01:13	67	0:22:28	89	1:22:47	68.0
Male	20-29	73	1130	Kaixin	Zhang	497	0:15:09	70	0:00:55	33	0:48:42	92	0:01:06	52	0:17:20	50	1:23:14	67.6
Male	20-29	74	1125	Zhiming	Zhang	498	0:14:10	49	0:01:17	63	0:50:06	95	0:00:53	31	0:16:53	42	1:23:19	67.5
Male	20-29	75	0656	Liew Pok Ming Marcus	Liew	500	0:15:47	78	0:01:54	101	0:42:06	71	0:01:51	98	0:21:43	84	1:23:22	67.5
Male	20-29	76	1174	Muhammad Idris	Bin Ismail	523	0:18:14	99	0:01:27	78	0:40:27	62	0:01:29	84	0:22:45	91	1:24:24	66.7
Male	20-29	77	0672	Xuan Fan	Tan	525	0:13:42	39	0:01:19	69	0:50:15	97	0:01:06	53	0:18:05	62	1:24:29	66.6
Male	20-29	78	0578	Mario	Acchiardo	526	0:14:39	61	0:01:36	81	0:48:25	91	0:02:01	103	0:17:48	57	1:24:30	66.6
Male	20-29	79	1148	Adam James	Dunn	529	0:17:47	94	0:01:19	68	0:42:09	73	0:01:17	75	0:22:10	86	1:24:45	66.4
Male	20-29	80	1172	Shiva	Raj	531	0:14:35	59	0:01:39	87	0:50:44	99	0:01:32	85	0:16:17	39	1:24:49	66.3
Male	20-29	81	0594	Mads	Holm	544	0:17:53	96	0:01:43	91	0:37:22	29	0:01:59	102	0:26:37	103	1:25:36	65.7
Male	20-29	82	1175	Alvin	Manahan	560	0:17:29	93	0:02:03	105	0:39:38	55	0:02:04	104	0:25:10	100	1:26:26	65.1
Male	20-29	83	0592	Joo Song	Low	564	0:16:36	87	0:02:01	104	0:43:48	80	0:01:44	94	0:22:28	90	1:26:39	64.9
Male	20-29	84	1158	Sebastian	Yeo Koh	567	0:15:51	79	0:01:54	99	0:47:27	86	0:01:15	69	0:20:24	76	1:26:53	64.8
Male	20-29	85	1119	Hiang Teck	Ng	569	0:17:55	97	0:01:25	76	0:42:52	76	0:01:18	76	0:23:22	93	1:26:54	64.7
Male	20-29	86	1149	Mitchell	Yeo	573	0:17:08	89	0:01:15	61	0:48:44	93	0:00:54	32	0:18:56	65	1:27:00	64.7
Male	20-29	87	0694	Matthew	Sim	610	0:20:26	108	0:01:02	41	0:39:42	56	0:01:15	71	0:27:01	104	1:29:27	62.9
Male	20-29	88	0591	Karim	Cherhabil	614	0:15:35	76	0:00:52	23	0:51:14	101	0:09:49	110	0:12:25	3	1:29:55	62.6

Result Sprint Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	20-29	89	1164	Kok Loong	Shue	619	0:19:11	105	0:01:46	95	0:42:08	72	0:01:45	95	0:25:23	101	1:30:15	62.3
Male	20-29	90	1126	Zhengyi	Zhou	621	0:14:24	56	0:01:22	72	0:53:14	103	0:01:17	74	0:20:15	75	1:30:34	62.1
Male	20-29	91	0611	Mohamed Ridzuan Bin	Haron	628	0:16:24	86	0:00:53	25	0:49:12	94	0:00:46	19	0:23:49	96	1:31:06	61.8
Male	20-29	92	1187	Dustin	Harbert	630	0:16:06	82	0:02:32	109	0:50:28	98	0:02:11	105	0:19:50	69	1:31:09	61.7
Male	20-29	93	1155	Rosanno Jc	De Dios	634	0:17:49	95	0:01:09	53	0:47:38	88	0:01:12	66	0:23:37	94	1:31:27	61.5
Male	20-29	94	1162	Adam	Bin Abdul Rahman	642	0:18:18	100	0:01:48	97	0:47:35	87	0:00:38	8	0:23:42	95	1:32:03	61.1
Male	20-29	95	0696	Zia Ul Hakim	Bin Mahmud Said	667	0:19:20	106	0:01:17	65	0:48:17	90	0:00:52	28	0:24:48	98	1:34:36	59.5
Male	20-29	96	0583	Michael James	Sepulveda	675	0:18:40	101	0:01:06	46	0:50:45	100	0:01:15	72	0:23:49	97	1:35:38	58.8
Male	20-29	97	0612	Clint Mark	Gono	683	0:19:11	104	0:00:53	24	0:46:10	84	0:00:46	18	0:29:31	106	1:36:31	58.3
Male	20-29	98	1170	Muhammad Fa'iz	Bin Malik	696	0:19:25	107	0:01:04	43	0:45:50	82	0:00:45	16	0:31:13	107	1:38:19	57.2
Male	20-29	99	0682	Elliott Chen Liang	Tan	698	0:27:04	111	0:02:05	106	0:46:53	85	0:01:34	86	0:20:45	77	1:38:22	57.2
Male	20-29	100	0698	Toh Ming Chong Kenne	Toh	701	0:17:57	98	0:01:20	70	0:56:48	105	0:01:03	48	0:21:38	83	1:38:48	57.0
Male	20-29	101	1179	Edwin	Vivek	702	0:17:01	88	0:02:20	107	0:55:41	104	0:01:54	100	0:22:14	88	1:39:12	56.7
Male	20-29	102	1177	Muhamad Azri	Subari	704	0:17:15	91	0:01:18	67	0:52:27	102	0:01:59	101	0:26:25	102	1:39:26	56.6
Male	20-29	103	1184	Yee Vui	Wong	718	0:14:25	57	0:00:58	35	1:02:52	107	0:01:09	61	0:22:03	85	1:41:29	55.4
Male	20-29	104	1185	Dominic	Heng	723	0:17:12	90	0:01:10	54	0:50:15	96	0:01:28	83	0:31:35	108	1:41:42	55.3
Male	20-29	105	1123	Weng Lum	Wong	736	0:19:09	103	0:01:17	66	0:58:11	106	0:00:48	23	0:25:03	99	1:44:30	53.8
Male	20-29	106	0695	Wai Sing	Ong	760	0:19:03	102	0:01:58	102	1:07:01	110	0:00:58	41	0:27:42	105	1:56:44	48.2
Male	20-29	107	1182	Vikneshwaran	Veeran	767	0:24:02	110	0:05:25	110	1:05:05	108	0:01:39	90	0:33:21	109	2:09:34	43.4
Male	20-29	108	1186	Sharan Kumar	Stephen	768	0:24:00	109	0:05:28	111	1:05:07	109	0:01:35	87	0:33:23	110	2:09:35	43.4
Male	20-29		1176	Md Abdul Alim	Alim		0:14:12	51	0:00:48	18	0:28:21	2	0:00:43	13	0:17:39	53	1:01:44	
Male	20-29		0653	Chen Hwee Edwin	Chua		0:14:57	69	0:01:35	80	0:22:11	1	0:01:07	54	0:22:13	87	1:02:05	
Male	20-29		0606	Jeanchristophe	Cavanna		0:10:59	4	0:00:54	26								

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	1	0384	Aj	Anderson	3	0:10:25	2	0:00:41	7	0:32:26	6	0:00:50	26	0:11:09	1	0:55:32	100.0
Male	30-39	2	1192	Gen Lin	Foo	4	0:10:05	1	0:00:37	4	0:32:52	10	0:00:39	6	0:11:39	2	0:55:54	99.3
Male	30-39	3	1477	Timothy	Kelsall	6	0:10:39	4	0:00:59	48	0:32:39	8	0:00:53	37	0:11:48	3	0:56:59	97.5
Male	30-39	4	0444	Clifford	Scott	7	0:10:33	3	0:00:38	5	0:33:12	13	0:00:41	7	0:12:21	5	0:57:27	96.7
Male	30-39	5	0435	Derek	Li	9	0:10:58	6	0:00:48	20	0:32:38	7	0:00:48	21	0:12:22	7	0:57:35	96.4
Male	30-39	6	0386	Sylvain	Labattu	14	0:11:11	7	0:00:43	8	0:33:33	15	0:00:37	4	0:12:44	8	0:58:49	94.4
Male	30-39	7	1228	Timothy	Cosulich	15	0:11:44	17	0:00:51	31	0:32:21	5	0:00:45	16	0:13:14	11	0:58:57	94.2
Male	30-39	8	0385	James	Clark	24	0:11:54	19	0:00:58	43	0:33:07	12	0:00:43	10	0:13:39	15	1:00:22	92.0
Male	30-39	9	0377	Philip	Le Pelley	25	0:12:31	29	0:00:34	1	0:32:11	4	0:00:34	2	0:14:48	32	1:00:40	91.5
Male	30-39	10	1266	Michael	Baulch	30	0:11:18	9	0:00:53	32	0:34:37	26	0:00:41	8	0:13:28	13	1:00:58	91.1
Male	30-39	11	0515	Jonathan	Calver	31	0:11:30	12	0:00:39	6	0:34:54	30	0:00:36	3	0:13:22	12	1:01:03	91.0
Male	30-39	12	0547	Peter	Beer	32	0:11:32	13	0:00:45	12	0:35:09	33	0:00:44	12	0:12:55	10	1:01:07	90.9
Male	30-39	13	0466	Julien	Guienne	33	0:11:21	10	0:01:08	79	0:33:47	17	0:00:44	13	0:14:07	19	1:01:09	90.8
Male	30-39	14	0549	Trent	Standen	35	0:12:42	39	0:00:44	9	0:32:50	9	0:00:45	15	0:14:26	23	1:01:29	90.3
Male	30-39	15	0570	Benn	Wilson	36	0:11:25	11	0:01:01	56	0:34:33	23	0:01:01	55	0:13:48	16	1:01:49	89.8
Male	30-39	16	0476	Johan	Dulat	43	0:12:06	22	0:00:47	19	0:34:30	22	0:00:50	28	0:14:08	20	1:02:24	89.0
Male	30-39	17	0419	Daryl	Chan	44	0:12:18	25	0:00:44	10	0:33:34	16	0:00:39	5	0:15:07	33	1:02:25	89.0
Male	30-39	18	0398	Patrik	Pizzali	45	0:11:36	14	0:01:07	76	0:34:52	29	0:00:52	33	0:14:01	17	1:02:31	88.8
Male	30-39	19	0542	Andrew	Ward Curran	46	0:12:17	24	0:00:45	11	0:34:39	27	0:00:42	9	0:14:17	22	1:02:41	88.6
Male	30-39	20	1207	Kenneth	Gan	48	0:12:41	37	0:00:50	25	0:32:54	11	0:00:52	29	0:15:35	41	1:02:54	88.3
Male	30-39	21	0556	Donald	Bain	51	0:11:46	18	0:00:47	17	0:34:17	19	0:00:47	19	0:15:31	40	1:03:09	87.9
Male	30-39	22	0406	Daniel	Allender	56	0:11:17	8	0:00:35	2	0:39:09	96	0:00:27	1	0:12:17	4	1:03:47	87.1
Male	30-39	23	1246	Vijay	Gk	59	0:11:58	20	0:01:20	121	0:34:49	28	0:01:34	162	0:14:08	21	1:03:51	87.0
Male	30-39	24	1298	Paul	Baron	60	0:12:36	32	0:00:46	15	0:35:03	31	0:00:54	42	0:14:37	28	1:03:57	86.8
Male	30-39	25	0416	David	Watson	71	0:12:07	23	0:01:05	72	0:37:48	68	0:00:50	27	0:12:54	9	1:04:46	85.7
Male	30-39	26	0407	Ian	Lee	74	0:12:42	38	0:01:19	118	0:36:17	44	0:01:13	101	0:13:28	14	1:05:01	85.4
Male	30-39	27	0365	Marcin	Szot	77	0:12:55	45	0:00:57	42	0:34:19	21	0:00:57	48	0:16:05	50	1:05:15	85.1
Male	30-39	28	1209	Gerald	Manceau	81	0:12:34	30	0:01:08	78	0:36:28	46	0:01:04	67	0:14:27	24	1:05:43	84.5
Male	30-39	29	0430	Kian Chong	Tan	82	0:12:46	40	0:01:13	96	0:34:33	24	0:01:07	79	0:16:03	49	1:05:44	84.5
Male	30-39	30	0447	Richard	Mason	83	0:11:41	15	0:00:50	26	0:36:47	57	0:00:46	17	0:15:39	43	1:05:45	84.5
Male	30-39	31	1235	John Carl	Roldan	87	0:13:04	48	0:01:13	93	0:34:04	18	0:01:11	98	0:16:18	57	1:05:53	84.3
Male	30-39	32	0434	Scott	Larsen	92	0:12:28	27	0:00:35	3	0:35:23	36	0:00:53	41	0:16:45	69	1:06:07	84.0
Male	30-39	33	1256	Choon Hong Sebastian	Teo	95	0:13:08	51	0:00:54	34	0:34:18	20	0:01:03	63	0:17:06	78	1:06:31	83.5
Male	30-39	34	0485	Derek	Too	98	0:12:56	46	0:01:00	54	0:35:24	37	0:01:38	170	0:15:45	47	1:06:45	83.2
Male	30-39	35	0361	Recordon	Simon	99	0:11:42	16	0:01:27	151	0:36:41	52	0:01:40	178	0:15:14	36	1:06:46	83.2
Male	30-39	36	0392	Simon	Jones	100	0:12:00	21	0:01:11	86	0:37:52	71	0:01:03	65	0:14:39	29	1:06:47	83.2
Male	30-39	37	1314	Sek Horng	Ho	103	0:12:52	43	0:01:39	187	0:33:31	14	0:01:27	140	0:17:23	86	1:06:55	83.0
Male	30-39	38	0565	James	Heffernan	105	0:13:26	59	0:00:56	40	0:36:12	42	0:01:01	58	0:15:19	38	1:06:57	82.9
Male	30-39	39	1290	Mark	Barnett	106	0:12:52	42	0:01:12	92	0:34:35	25	0:01:22	129	0:16:54	74	1:06:57	82.9
Male	30-39	40	0400	Matthew	King	110	0:13:03	47	0:01:03	64	0:35:16	34	0:01:30	151	0:16:31	61	1:07:25	82.4
Male	30-39	41	1224	David	Perry	117	0:13:08	52	0:01:18	112	0:36:38	50	0:01:04	69	0:15:44	45	1:07:54	81.8
Male	30-39	42	0504	Michael	Schubert	121	0:12:38	35	0:01:24	139	0:36:43	54	0:01:00	52	0:16:16	55	1:08:02	81.6
Male	30-39	43	1240	Damien	Lavin	126	0:12:35	31	0:00:50	27	0:37:58	73	0:01:05	70	0:15:44	46	1:08:14	81.4
Male	30-39	44	1195	Owen Joseph	Belliveau	132	0:12:48	41	0:00:51	29	0:39:19	100	0:00:49	24	0:14:34	27	1:08:23	81.2

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	45	0408	Cyril	Daccord	133	0:14:49	101	0:01:13	98	0:36:47	56	0:01:07	82	0:14:28	25	1:08:27	81.1
Male	30-39	46	0395	Shou Qin	Phoon	134	0:13:30	63	0:01:02	58	0:38:02	76	0:00:44	14	0:15:11	34	1:08:30	81.1
Male	30-39	47	0393	Martin	King	136	0:13:40	68	0:01:03	65	0:36:47	55	0:01:26	139	0:15:36	42	1:08:34	81.0
Male	30-39	48	0532	Wouter	Van Rij	142	0:13:07	50	0:01:15	106	0:37:06	60	0:01:05	73	0:16:12	54	1:08:48	80.7
Male	30-39	49	0389	Craig	Lygoe	147	0:14:15	81	0:01:07	77	0:35:32	40	0:01:20	122	0:16:40	65	1:08:56	80.6
Male	30-39	50	0540	Thomas	Rindlisbacher	151	0:13:25	58	0:01:12	91	0:37:46	66	0:01:03	64	0:15:41	44	1:09:09	80.3
Male	30-39	51	0512	Micheal	Lim	152	0:13:12	53	0:01:30	156	0:37:37	65	0:01:07	84	0:15:56	48	1:09:23	80.0
Male	30-39	52	0368	Razali	Rahim	154	0:12:36	33	0:01:18	116	0:39:52	110	0:00:52	32	0:14:47	31	1:09:27	80.0
Male	30-39	53	1270	Andrew	Gillan	156	0:12:23	26	0:01:04	70	0:39:54	112	0:00:55	44	0:15:17	37	1:09:35	79.8
Male	30-39	54	0528	Alan James	Koh	157	0:14:47	99	0:01:13	99	0:35:32	39	0:01:07	81	0:16:57	75	1:09:38	79.8
Male	30-39	55	0440	Jason	Lin	159	0:13:16	54	0:01:23	132	0:37:17	61	0:01:08	85	0:16:36	63	1:09:41	79.7
Male	30-39	56	0468	Samuel	Carew-Jones	163	0:14:29	89	0:01:12	90	0:35:18	35	0:01:32	158	0:17:15	84	1:09:48	79.6
Male	30-39	57	0472	Stuart	Jones	165	0:14:13	79	0:01:22	126	0:36:14	43	0:01:18	120	0:16:45	67	1:09:54	79.4
Male	30-39	58	0363	Thiam Poh	Yow	174	0:12:54	44	0:01:37	185	0:37:59	74	0:01:23	132	0:16:22	60	1:10:17	79.0
Male	30-39	59	0574	Alister	Beck	178	0:14:55	106	0:01:21	125	0:36:39	51	0:01:11	96	0:16:16	56	1:10:24	78.9
Male	30-39	60	0480	Souvan	Kim	182	0:14:59	109	0:01:24	141	0:36:24	45	0:01:27	144	0:16:21	58	1:10:38	78.6
Male	30-39	61	0418	Jimin	Toh	187	0:13:24	57	0:00:57	41	0:38:46	89	0:00:52	30	0:16:49	71	1:10:50	78.4
Male	30-39	62	1308	Declan	Starrs	191	0:14:35	92	0:01:20	122	0:37:04	59	0:01:28	146	0:16:39	64	1:11:08	78.1
Male	30-39	63	0489	Paul	Judge	199	0:12:29	28	0:01:43	195	0:41:09	134	0:01:32	156	0:14:32	26	1:11:28	77.7
Male	30-39	64	1271	Choon Tat Sean	Tan	204	0:13:43	70	0:01:19	119	0:36:01	41	0:01:14	105	0:19:36	143	1:11:55	77.2
Male	30-39	65	0422	Chai Kee	Lim	206	0:13:27	60	0:01:22	128	0:37:46	67	0:01:09	91	0:18:13	106	1:11:59	77.1
Male	30-39	66	1283	Yi Yu	Low	207	0:14:16	82	0:01:04	69	0:38:01	75	0:01:01	56	0:17:36	93	1:12:00	77.1
Male	30-39	67	0523	Carl	Chua	210	0:14:14	80	0:00:46	16	0:36:43	53	0:00:53	34	0:19:31	142	1:12:09	77.0
Male	30-39	68	0451	Christopher	Hewett	214	0:14:12	78	0:01:28	154	0:39:50	109	0:01:11	97	0:15:27	39	1:12:10	77.0
Male	30-39	69	0482	Scott	Gorman	215	0:14:21	86	0:01:16	110	0:37:53	72	0:01:07	80	0:17:34	92	1:12:13	76.9
Male	30-39	70	0510	Hanns	Valentin	216	0:14:20	85	0:01:09	81	0:36:28	47	0:01:25	135	0:18:50	123	1:12:14	76.9
Male	30-39	71	1301	Peh Khee	Tan	217	0:12:41	36	0:01:36	180	0:42:07	151	0:01:10	93	0:14:44	30	1:12:19	76.8
Male	30-39	72	0493	Lee Robert	Boden	219	0:13:37	65	0:00:56	39	0:39:42	107	0:01:22	128	0:16:43	66	1:12:21	76.8
Male	30-39	73	0569	Jonjasper	Quevada	221	0:14:45	95	0:00:50	28	0:36:33	49	0:01:16	113	0:19:02	129	1:12:28	76.6
Male	30-39	74	0522	Phang Hei	Wong	225	0:13:42	69	0:01:27	150	0:40:00	115	0:01:21	126	0:16:06	52	1:12:37	76.5
Male	30-39	75	0452	Avet	Bagdasaryan	230	0:13:22	56	0:01:35	178	0:41:30	142	0:01:07	77	0:15:11	35	1:12:47	76.3
Male	30-39	76	1219	Jundeb Andre	Esquivel	238	0:15:24	132	0:01:03	66	0:35:29	38	0:01:01	54	0:20:23	163	1:13:22	75.7
Male	30-39	77	0428	Willem Jan	Peters	240	0:14:02	76	0:03:35	241	0:36:33	48	0:01:24	133	0:17:51	99	1:13:26	75.6
Male	30-39	78	1325	James	Bastock	249	0:14:46	98	0:01:10	83	0:39:59	114	0:01:06	75	0:16:50	73	1:13:53	75.2
Male	30-39	79	1294	Yong Meng Leslie	Lon	251	0:15:04	115	0:01:42	191	0:37:49	70	0:01:18	118	0:18:02	102	1:13:56	75.1
Male	30-39	80	0380	Lee Wei John	Ng	254	0:13:57	72	0:00:58	47	0:41:31	143	0:00:49	22	0:16:45	68	1:14:02	75.0
Male	30-39	81	0517	Wei Seng Mark	Mu	257	0:14:45	96	0:01:12	89	0:39:42	106	0:01:01	57	0:17:26	88	1:14:07	74.9
Male	30-39	82	1205	Jian Wen Colin	Chu	269	0:14:17	83	0:01:26	145	0:38:51	94	0:01:06	76	0:19:00	128	1:14:41	74.4
Male	30-39	83	0456	Sheng Min	Wong	271	0:13:33	64	0:01:00	50	0:41:13	136	0:01:33	159	0:17:28	89	1:14:49	74.2
Male	30-39	84	0415	Jia Chuen	Ho	279	0:13:38	66	0:01:26	146	0:41:39	145	0:01:02	61	0:17:24	87	1:15:11	73.9
Male	30-39	85	0450	Arnon	Wee	280	0:14:56	107	0:01:14	101	0:40:32	124	0:01:38	171	0:16:49	70	1:15:11	73.9
Male	30-39	86	0503	Benjamin	Jones	289	0:14:01	75	0:01:42	192	0:40:37	127	0:01:51	202	0:17:18	85	1:15:31	73.5
Male	30-39	87	0553	Jesper	Lindgaard Soerensen	292	0:15:20	128	0:01:31	164	0:38:19	82	0:01:28	148	0:18:57	126	1:15:38	73.4
Male	30-39	88	1248	Mohamed Hanafi	Rahim	294	0:15:27	135	0:01:58	219	0:39:10	97	0:01:51	203	0:17:13	83	1:15:40	73.4

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	89	0410	Theodorus Johannes	Oostinjen	296	0:14:48	100	0:01:36	183	0:38:15	80	0:01:20	124	0:19:49	149	1:15:50	73.2
Male	30-39	90	1300	Choon Kiat	Ang	300	0:13:39	67	0:01:18	115	0:42:04	150	0:01:05	71	0:17:47	97	1:15:55	73.2
Male	30-39	91	1245	Mohammad Zaki	As'at	301	0:15:16	124	0:01:10	82	0:38:49	91	0:01:14	103	0:19:26	139	1:15:56	73.1
Male	30-39	92	1263	Jarkko	Hautamaki	305	0:16:42	177	0:01:35	175	0:39:34	103	0:01:20	123	0:16:50	72	1:16:02	73.0
Male	30-39	93	1320	Tiong Hin Alan	Ler	309	0:15:51	150	0:01:34	172	0:37:27	62	0:02:07	219	0:19:11	134	1:16:12	72.9
Male	30-39	94	0492	Heath	Dacre	311	0:16:06	156	0:01:28	152	0:38:32	87	0:01:26	137	0:18:40	118	1:16:14	72.8
Male	30-39	95	1200	Sien Hee	Wong	312	0:14:26	88	0:01:43	194	0:38:26	83	0:01:24	134	0:20:14	159	1:16:15	72.8
Male	30-39	96	1317	Wayne	Goh	317	0:16:10	160	0:00:50	24	0:35:03	32	0:01:28	147	0:22:53	196	1:16:25	72.7
Male	30-39	97	0373	Bradley	Lodge	320	0:14:52	105	0:00:51	30	0:42:50	162	0:00:48	20	0:17:08	81	1:16:31	72.6
Male	30-39	98	1331	Csaba Viktor	Eber	321	0:15:04	116	0:01:00	49	0:42:26	156	0:00:53	38	0:17:07	80	1:16:32	72.6
Male	30-39	99	0372	Fendilato	Mohamad Tahir	323	0:15:37	142	0:01:25	143	0:38:31	86	0:01:56	207	0:19:06	131	1:16:37	72.5
Male	30-39	100	0544	Jean Francois	Michel	326	0:14:23	87	0:01:31	160	0:40:04	118	0:02:28	229	0:18:19	109	1:16:47	72.3
Male	30-39	101	1225	Tobias	Wilson	330	0:16:30	169	0:01:32	165	0:39:28	101	0:01:19	121	0:18:08	105	1:16:58	72.2
Male	30-39	102	0438	Jonathan Leo	Ng	331	0:15:40	145	0:01:19	117	0:37:35	64	0:01:41	179	0:20:42	168	1:16:59	72.1
Male	30-39	103	1253	Hai Wei	Poh	332	0:15:54	151	0:00:55	37	0:41:49	148	0:00:53	36	0:17:28	90	1:17:00	72.1
Male	30-39	104	1237	Pierre-Etienne	De Montgrand	334	0:16:27	167	0:01:31	162	0:38:58	95	0:01:47	191	0:18:21	110	1:17:05	72.0
Male	30-39	105	1222	Chue Meng	Teo	335	0:13:05	49	0:01:00	55	0:45:37	186	0:01:01	60	0:16:21	59	1:17:06	72.0
Male	30-39	106	0356	Sanjay	Gour	337	0:14:40	94	0:01:30	158	0:42:39	158	0:01:16	114	0:17:04	77	1:17:11	71.9
Male	30-39	107	1269	Alfonso	Lopez	338	0:13:50	71	0:00:58	46	0:43:48	171	0:00:57	47	0:17:36	95	1:17:12	71.9
Male	30-39	108	0396	Zhi Wei	Huang	339	0:15:13	122	0:01:02	59	0:42:50	163	0:00:59	51	0:17:09	82	1:17:15	71.9
Male	30-39	109	1254	Kwok Hong Jimmy	Wong	345	0:15:35	140	0:01:38	186	0:38:37	88	0:01:18	119	0:20:16	160	1:17:26	71.7
Male	30-39	110	0445	Yao Yang	Toong	350	0:13:58	73	0:01:13	94	0:44:22	178	0:01:22	131	0:16:35	62	1:17:32	71.6
Male	30-39	111	1289	Stephen	Carroll	351	0:15:09	119	0:01:56	216	0:40:08	122	0:01:33	161	0:18:44	120	1:17:32	71.6
Male	30-39	112	0488	Nicholas	Cordeiro	352	0:15:32	139	0:01:36	181	0:38:16	81	0:01:15	108	0:20:53	171	1:17:33	71.6
Male	30-39	113	1291	Faizal	Bin Zainal	353	0:15:20	126	0:01:00	52	0:40:55	129	0:01:37	168	0:18:41	119	1:17:34	71.6
Male	30-39	114	0382	Tiang Wo	Sim	356	0:15:09	118	0:01:40	188	0:41:04	132	0:02:07	218	0:17:36	94	1:17:38	71.5
Male	30-39	115	0498	Budi Aditya	Akbarsjah	359	0:15:51	149	0:01:24	140	0:37:48	69	0:01:34	163	0:21:01	175	1:17:40	71.5
Male	30-39	116	0563	Michael Chris	Wenceslao	360	0:15:03	114	0:01:34	174	0:38:27	84	0:01:45	188	0:20:52	170	1:17:43	71.5
Male	30-39	117	1191	Heng Feng	Lim	362	0:16:25	166	0:01:55	214	0:38:14	79	0:01:13	102	0:19:56	152	1:17:44	71.4
Male	30-39	118	0439	Hsien Ming	Ang	366	0:14:39	93	0:01:26	147	0:41:19	138	0:01:40	176	0:18:47	121	1:17:52	71.3
Male	30-39	119	1329	Ian	Willis	373	0:14:50	104	0:01:37	184	0:38:51	93	0:01:54	205	0:21:01	173	1:18:15	71.0
Male	30-39	120	0501	Astapura	Ibrahim	375	0:17:14	193	0:01:22	129	0:38:02	77	0:01:01	59	0:20:37	166	1:18:18	70.9
Male	30-39	121	1310	Shun Yan	Yu	376	0:16:55	184	0:01:46	201	0:37:31	63	0:01:26	138	0:20:39	167	1:18:18	70.9
Male	30-39	122	0518	Hoong Man	Ng	378	0:15:20	127	0:01:22	130	0:42:12	152	0:01:08	88	0:18:23	111	1:18:29	70.8
Male	30-39	123	0441	Chunrui	Fu	381	0:16:00	154	0:01:33	169	0:39:54	111	0:01:04	66	0:19:58	154	1:18:30	70.7
Male	30-39	124	1316	Bertrand	Chupin	383	0:17:18	196	0:01:04	68	0:41:41	147	0:01:21	127	0:17:06	79	1:18:32	70.7
Male	30-39	125	0427	Junxiang	Wang	385	0:14:32	90	0:00:54	33	0:43:19	165	0:01:14	106	0:18:38	116	1:18:38	70.6
Male	30-39	126	0539	Yucheng Eugene	Lin	387	0:16:16	164	0:01:14	102	0:40:06	120	0:01:22	130	0:19:41	145	1:18:42	70.6
Male	30-39	127	0520	Aiden	Hopfner	388	0:13:29	62	0:00:48	23	0:43:22	167	0:00:50	25	0:20:11	156	1:18:42	70.6
Male	30-39	128	1287	Joshua	Knowles	392	0:15:31	138	0:00:48	22	0:43:21	166	0:01:09	90	0:17:59	101	1:18:50	70.4
Male	30-39	129	0516	Tan	Wee Lee	397	0:15:55	152	0:01:16	109	0:42:23	154	0:01:03	62	0:18:26	112	1:19:04	70.2
Male	30-39	130	0388	Edward	Barrow	400	0:13:28	61	0:00:45	14	0:49:51	208	0:00:59	49	0:14:07	18	1:19:12	70.1
Male	30-39	131	0449	Justin	Wong	401	0:15:24	131	0:01:58	221	0:40:33	125	0:01:36	166	0:19:40	144	1:19:13	70.1
Male	30-39	132	0526	Alexander	Alejaga	404	0:16:32	170	0:02:15	230	0:38:51	92	0:02:27	227	0:19:17	136	1:19:24	69.9

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	133	1255	Marlon	Ancheta	405	0:15:18	125	0:02:05	224	0:41:19	137	0:01:32	157	0:19:09	132	1:19:24	69.9
Male	30-39	134	0375	James	Mythen	413	0:14:35	91	0:02:38	237	0:40:03	117	0:02:04	216	0:20:11	157	1:19:33	69.8
Male	30-39	135	1259	Alvin	Tan	414	0:15:10	120	0:01:52	208	0:42:26	157	0:02:00	210	0:18:04	103	1:19:33	69.8
Male	30-39	136	0093	Luck Choon	Chew	421	0:16:40	174	0:01:59	222	0:39:35	104	0:02:15	222	0:19:27	140	1:19:56	69.5
Male	30-39	137	0403	Aylwin	Chee	422	0:16:51	183	0:01:28	153	0:40:28	123	0:01:43	184	0:19:29	141	1:20:01	69.4
Male	30-39	138	1220	Paul	Banday	424	0:17:01	187	0:01:22	131	0:41:23	140	0:01:27	141	0:18:48	122	1:20:03	69.4
Male	30-39	139	1223	Wen Kai	Chan	428	0:16:11	161	0:01:46	202	0:41:57	149	0:01:39	175	0:18:30	113	1:20:05	69.3
Male	30-39	140	0443	Zhenyao Anthony	Li	431	0:15:36	141	0:01:46	200	0:39:45	108	0:02:17	224	0:20:49	169	1:20:14	69.2
Male	30-39	141	0426	Rothschild	Chee	432	0:15:11	121	0:01:10	85	0:42:40	159	0:01:31	152	0:19:43	147	1:20:17	69.2
Male	30-39	142	0381	Mohamed Fhaizal	Bin Othman	437	0:15:38	143	0:01:34	173	0:41:04	131	0:01:17	116	0:21:01	174	1:20:35	68.9
Male	30-39	143	0495	Desmond	Lim	438	0:16:08	158	0:00:58	44	0:40:06	119	0:01:15	109	0:22:07	187	1:20:36	68.9
Male	30-39	144	1208	Marcus	Too	442	0:14:07	77	0:01:31	163	0:47:47	197	0:01:25	136	0:16:11	53	1:21:02	68.5
Male	30-39	145	0362	Ping Foong Alvin	Chia	449	0:15:23	130	0:00:56	38	0:44:19	175	0:00:54	43	0:19:54	151	1:21:28	68.2
Male	30-39	146	1306	Gilles	Pascual	450	0:15:01	111	0:01:23	135	0:41:12	135	0:01:27	142	0:22:24	192	1:21:29	68.2
Male	30-39	147	0502	Wei Siang	Chua	451	0:16:56	185	0:01:04	67	0:38:48	90	0:01:16	111	0:23:28	200	1:21:33	68.1
Male	30-39	148	0425	Matthew	Nortcliff	455	0:17:18	195	0:01:55	213	0:41:40	146	0:01:31	153	0:19:15	135	1:21:40	68.0
Male	30-39	149	0507	Jens	Poehlker	456	0:17:05	190	0:02:13	228	0:41:25	141	0:01:47	192	0:19:09	133	1:21:41	68.0
Male	30-39	150	0446	Muhammad Alif	Bin Abu Bakar	459	0:13:19	55	0:00:45	13	0:46:59	192	0:00:47	18	0:19:53	150	1:21:45	67.9
Male	30-39	151	0554	Kenni	Goldenbeck	462	0:15:02	112	0:01:56	218	0:39:16	98	0:02:08	220	0:23:27	199	1:21:51	67.8
Male	30-39	152	0560	Sow Wee Alex	Tan	465	0:15:07	117	0:01:54	211	0:43:33	169	0:02:28	228	0:18:54	125	1:21:58	67.8
Male	30-39	153	1262	Chee Mun	Yuen	468	0:16:14	163	0:01:50	206	0:42:21	153	0:02:18	225	0:19:21	137	1:22:06	67.6
Male	30-39	154	1322	Saharudin	Abu	469	0:16:13	162	0:02:07	226	0:39:17	99	0:01:44	187	0:22:43	195	1:22:07	67.6
Male	30-39	155	1286	Terry	Steele	472	0:15:21	129	0:01:26	149	0:43:26	168	0:01:38	172	0:20:23	164	1:22:16	67.5
Male	30-39	156	1261	Kok Kiong	Seah	475	0:14:46	97	0:01:44	196	0:47:12	193	0:01:07	78	0:17:33	91	1:22:23	67.4
Male	30-39	157	0470	Wei Loong	Lee	477	0:19:01	218	0:01:24	138	0:38:27	85	0:01:14	104	0:22:18	190	1:22:26	67.4
Male	30-39	158	0546	Lars Fredrik	Karlsson	479	0:18:19	213	0:02:06	225	0:38:03	78	0:01:40	177	0:22:23	191	1:22:34	67.3
Male	30-39	159	1324	Jefre	Albarracin	486	0:16:37	172	0:02:59	239	0:37:02	58	0:02:32	231	0:23:31	202	1:22:42	67.2
Male	30-39	160	1217	Jia	Xu	487	0:15:03	113	0:01:03	63	0:53:25	220	0:00:52	31	0:12:21	6	1:22:46	67.1
Male	30-39	161	0477	Julian	Seah	504	0:17:04	189	0:01:00	51	0:40:08	121	0:01:08	86	0:24:25	212	1:23:47	66.3
Male	30-39	162	0661	Brett	Van Norman	505	0:17:35	200	0:00:54	36	0:43:55	172	0:01:08	89	0:20:12	158	1:23:47	66.3
Male	30-39	163	1260	Zainal Abidin	Amat	507	0:15:45	146	0:02:20	233	0:46:21	189	0:01:32	155	0:17:52	100	1:23:51	66.2
Male	30-39	164	1234	Mohd Taufikh B Hamid	Taufikh	510	0:15:29	136	0:01:18	113	0:44:46	179	0:02:03	215	0:20:18	161	1:23:56	66.2
Male	30-39	165	0414	Guan Hang Reuben	Phng	511	0:15:01	110	0:01:03	62	0:48:18	200	0:01:00	53	0:18:35	114	1:23:59	66.1
Male	30-39	166	1231	Arne	Smemo	517	0:17:25	198	0:01:15	104	0:44:57	181	0:01:05	72	0:19:24	138	1:24:07	66.0
Male	30-39	167	1214	Yong Chong	Tang	518	0:17:34	199	0:02:17	231	0:40:42	128	0:02:16	223	0:21:17	177	1:24:08	66.0
Male	30-39	168	1293	Mohamed	Nur Azli	521	0:16:47	179	0:01:24	142	0:43:33	170	0:02:00	211	0:20:29	165	1:24:15	65.9
Male	30-39	169	0364	Dominic	Say	522	0:17:06	191	0:01:41	190	0:39:40	105	0:01:51	201	0:24:02	208	1:24:22	65.8
Male	30-39	170	0157	Chee Siang	Tan	528	0:15:48	147	0:01:23	133	0:44:05	174	0:01:49	197	0:21:37	181	1:24:44	65.5
Male	30-39	171	1313	Antony	Linden	532	0:16:47	181	0:01:19	120	0:45:55	187	0:01:06	74	0:19:43	146	1:24:52	65.4
Male	30-39	172	1244	Barry	Headridge	533	0:17:18	194	0:01:20	124	0:46:41	191	0:01:43	185	0:17:50	98	1:24:54	65.4
Male	30-39	173	0529	Siew Kwan	Tang	538	0:16:18	165	0:01:18	111	0:47:16	194	0:01:16	110	0:19:06	130	1:25:15	65.1
Male	30-39	174	0460	Alisdair	Gillies	539	0:15:30	137	0:01:02	57	0:49:35	207	0:00:53	39	0:18:14	107	1:25:16	65.1
Male	30-39	175	1309	Siang How Terence	Lim	540	0:17:52	204	0:01:42	193	0:39:58	113	0:01:47	193	0:23:54	207	1:25:16	65.1
Male	30-39	176	1258	Hong Kia	Ang	541	0:14:20	84	0:02:20	234	0:51:46	215	0:00:49	23	0:16:05	51	1:25:21	65.1

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	177	0374	James	Marshall	542	0:17:03	188	0:01:03	61	0:44:01	173	0:01:42	181	0:21:39	183	1:25:30	65.0
Male	30-39	178	0475	James	Hutchison	545	0:16:50	182	0:01:49	205	0:40:58	130	0:01:49	199	0:24:11	210	1:25:39	64.8
Male	30-39	179	0545	Ming Xi	Tong	547	0:18:02	208	0:01:53	210	0:41:20	139	0:02:14	221	0:22:11	189	1:25:41	64.8
Male	30-39	180	0371	Chin Joo	Chua	549	0:15:40	144	0:01:11	87	0:48:12	199	0:01:47	190	0:18:59	127	1:25:51	64.7
Male	30-39	181	1297	Kim Song	Yeo	550	0:16:44	178	0:01:33	167	0:44:20	177	0:01:36	167	0:21:39	182	1:25:54	64.6
Male	30-39	182	1323	Sadikin	Chekman	551	0:17:08	192	0:01:41	189	0:39:30	102	0:02:01	213	0:25:34	217	1:25:55	64.6
Male	30-39	183	1276	Muhammad Faizal	Bin Abdul Rahman	552	0:16:06	155	0:01:55	215	0:45:00	182	0:01:35	164	0:21:25	178	1:26:02	64.5
Male	30-39	184	0458	Zhihao Sky	Khoo	553	0:14:00	74	0:01:18	114	0:52:30	216	0:01:16	115	0:17:01	76	1:26:06	64.5
Male	30-39	185	1311	Voon Ching Terence	Lee	556	0:18:46	217	0:01:55	212	0:41:07	133	0:01:49	196	0:22:36	194	1:26:14	64.4
Male	30-39	186	0506	Mark	Needham	572	0:16:41	175	0:01:07	75	0:42:47	161	0:01:10	94	0:25:12	215	1:26:59	63.8
Male	30-39	187	1243	William	Berney	582	0:19:56	230	0:01:51	207	0:40:02	116	0:01:53	204	0:23:40	205	1:27:25	63.5
Male	30-39	188	0455	Zayed Bin Abdul Aziz	Talib	588	0:16:47	180	0:01:05	71	0:45:30	184	0:00:59	50	0:23:29	201	1:27:51	63.2
Male	30-39	189	0467	Rajasekhar	Vuppu	589	0:18:12	211	0:01:44	197	0:40:35	126	0:02:31	230	0:24:47	214	1:27:52	63.2
Male	30-39	190	0448	Cheng How	Tan	590	0:16:09	159	0:01:58	220	0:44:52	180	0:01:15	107	0:23:41	206	1:27:57	63.1
Male	30-39	191	1274	Danny	Lee	591	0:18:23	214	0:01:45	199	0:42:24	155	0:01:44	186	0:23:40	204	1:27:57	63.1
Male	30-39	192	1304	Gautam	Khurana	594	0:17:00	186	0:00:54	35	0:50:17	210	0:01:16	112	0:18:40	117	1:28:08	63.0
Male	30-39	193	1199	Reggie	Maraviles	598	0:14:58	108	0:01:02	60	0:53:14	218	0:00:53	40	0:18:19	108	1:28:29	62.8
Male	30-39	194	0499	Miinhov	Lee	603	0:15:58	153	0:01:22	127	0:48:30	201	0:01:29	149	0:21:32	179	1:28:53	62.5
Male	30-39	195	0555	Yoong Hao Gabriel	Lim	604	0:18:43	216	0:01:31	161	0:42:55	164	0:01:48	194	0:24:03	209	1:29:01	62.4
Male	30-39	196	0429	Shengwei Ervine	Lin	608	0:19:31	223	0:01:53	209	0:44:19	176	0:01:30	150	0:22:10	188	1:29:25	62.1
Male	30-39	197	1204	Christian Ernel	Regoso	609	0:17:54	205	0:01:12	88	0:46:29	190	0:05:45	237	0:18:05	104	1:29:25	62.1
Male	30-39	198	0511	Jatin	Rajput	615	0:15:48	148	0:01:13	100	0:48:07	198	0:01:31	154	0:23:21	198	1:30:03	61.7
Male	30-39	199	1202	Yiliang	Ore	622	0:16:08	157	0:01:56	217	0:47:38	195	0:03:09	235	0:21:42	184	1:30:34	61.3
Male	30-39	200	0463	Nicholas	Reynolds	623	0:15:15	123	0:01:49	204	0:53:24	219	0:01:42	182	0:18:37	115	1:30:49	61.1
Male	30-39	201	1239	Raymond	Tan	635	0:17:57	207	0:01:36	179	0:49:57	209	0:01:42	180	0:20:19	162	1:31:32	60.7
Male	30-39	202	0536	Ju Jin John Albert	Gaw	636	0:19:07	220	0:01:24	137	0:42:45	160	0:01:58	209	0:26:26	223	1:31:42	60.6
Male	30-39	203	0402	Chee How Lanx	Goh	639	0:17:22	197	0:02:14	229	0:48:47	204	0:01:57	208	0:21:33	180	1:31:54	60.4
Male	30-39	204	1277	Seah	Su-Hong	648	0:16:33	171	0:00:48	21	0:54:09	222	0:01:13	100	0:19:57	153	1:32:40	59.9
Male	30-39	205	0527	Tay Cheng Hong	Tay	656	0:20:49	236	0:02:21	235	0:41:35	144	0:01:48	195	0:26:47	225	1:33:22	59.5
Male	30-39	206	1196	Chris	San Buenaventura	663	0:19:03	219	0:01:32	166	0:49:10	206	0:02:02	214	0:22:01	185	1:33:50	59.2
Male	30-39	207	1315	Wawan	Setiawan	678	0:19:17	222	0:02:59	238	0:45:59	188	0:02:22	226	0:25:42	220	1:36:21	57.6
Male	30-39	208	1264	Dennis	Ocampo	679	0:16:42	176	0:01:34	170	0:56:44	226	0:01:39	174	0:19:43	148	1:36:23	57.6
Male	30-39	209	1284	Louie Andrew	Hernandez	680	0:17:52	203	0:01:26	144	0:54:00	221	0:01:04	68	0:22:01	186	1:36:24	57.6
Male	30-39	210	0497	Eric	Sto Domingo	686	0:19:52	228	0:01:06	74	0:48:38	202	0:01:07	83	0:25:49	221	1:36:34	57.5
Male	30-39	211	1330	Kian Meng	Ong	687	0:20:25	234	0:01:14	103	0:45:30	185	0:01:12	99	0:28:20	228	1:36:43	57.4
Male	30-39	212	1212	Gregor	Thomson	690	0:18:33	215	0:01:06	73	0:51:00	213	0:01:10	92	0:25:35	218	1:37:25	57.0
Male	30-39	213	1197	Edward John	Tumaneng	700	0:19:51	227	0:01:34	171	0:50:25	212	0:01:50	200	0:24:46	213	1:38:27	56.4
Male	30-39	214	1333	Kai Loon Jasper	Tan	703	0:21:02	237	0:02:02	223	0:47:41	196	0:01:54	206	0:26:43	224	1:39:23	55.9
Male	30-39	215	0376	Zurairi	Bin Samsuddin	705	0:21:30	239	0:02:10	227	0:48:44	203	0:02:05	217	0:25:17	216	1:39:47	55.7
Male	30-39	216	0411	Mun Yu Fabian	Hui	706	0:21:15	238	0:01:45	198	0:45:06	183	0:02:59	233	0:28:55	231	1:40:01	55.5
Male	30-39	217	1189	Andree Lukito	Lukito	717	0:14:50	103	0:01:35	177	1:04:35	236	0:00:53	35	0:18:51	124	1:40:46	55.1
Male	30-39	218	1206	Jeremy	Aruldoss	719	0:19:17	221	0:01:15	108	0:56:08	225	0:01:35	165	0:23:13	197	1:41:29	54.7
Male	30-39	219	1193	Hun Kok	Loo	720	0:18:07	209	0:01:24	136	0:51:29	214	0:01:10	95	0:29:20	233	1:41:31	54.7
Male	30-39	220	1257	Kean Choun	Koh	721	0:15:26	134	0:01:10	84	0:56:46	227	0:00:56	45	0:27:11	226	1:41:31	54.7

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	30-39	221	1250	Gim Lee	Lim	722	0:17:38	201	0:01:20	123	0:59:47	228	0:01:45	189	0:21:06	176	1:41:38	54.6
Male	30-39	222	1190	Dzahri	Dzulkifly	735	0:19:36	224	0:01:00	53	0:53:08	217	0:00:44	11	0:29:51	234	1:44:20	53.2
Male	30-39	223	1236	Mohammad Zubir	Samsudin	742	0:21:46	240	0:02:19	232	0:50:19	211	0:03:00	234	0:28:19	227	1:45:45	52.5
Male	30-39	224	1321	Lip Wui	Chee	743	0:19:55	229	0:01:30	157	1:01:41	231	0:01:49	198	0:20:57	172	1:45:54	52.4
Male	30-39	225	1285	Antony Sahayaraj	Singarayar	744	0:16:29	168	0:01:23	134	1:02:52	232	0:01:42	183	0:23:32	203	1:46:01	52.4
Male	30-39	226	1242	Aaron	Costello	746	0:17:50	202	0:01:36	182	1:01:15	229	0:01:28	145	0:24:20	211	1:46:30	52.1
Male	30-39	227	1203	Wai Pang	Chow	748	0:20:32	235	0:01:15	107	0:55:14	223	0:01:20	125	0:29:13	232	1:47:36	51.6
Male	30-39	228	1326	Johnny Jojo	Taguiam	749	0:20:12	232	0:03:16	240	0:55:52	224	0:03:20	236	0:25:39	219	1:48:21	51.3
Male	30-39	229	1201	Teck Hooi	Yap	750	0:18:17	212	0:01:15	105	1:04:22	235	0:02:00	212	0:22:36	193	1:48:33	51.2
Male	30-39	230	1238	Indra Zareen	Bin Mortar	752	0:18:09	210	0:01:29	155	1:03:16	233	0:01:08	87	0:26:20	222	1:50:23	50.3
Male	30-39	231	1303	Kannan	S/O Kalliya Perumal	754	0:17:57	206	0:01:48	203	1:01:40	230	0:01:27	143	0:28:27	229	1:51:21	49.9
Male	30-39	232	1230	Gnana Seela Rao	Pooli	761	0:19:50	226	0:01:33	168	1:04:10	234	0:01:37	169	0:29:55	235	1:57:07	47.4
Male	30-39	233	1233	Eric	Kuah	763	0:20:11	231	0:01:30	159	1:04:48	237	0:01:39	173	0:31:06	237	1:59:15	46.6
Male	30-39	234	1218	Cynthia	Tjong	764	0:20:13	233	0:01:26	148	1:04:57	238	0:01:33	160	0:31:06	236	1:59:16	46.6
Male	30-39		1226	Archie	Cancio		0:16:38	173	0:02:32	236	0:21:13	1	0:02:47	232	0:19:58	155	1:03:10	
Male	30-39		1251	Paulo Bien	Mercado		0:19:45	225	0:00:58	45	0:27:59	2	0:00:57	46	0:28:48	230	1:18:28	
Male	30-39		1280	Robert	White		0:14:50	102	0:01:08	80								
Male	30-39		1265	Saravanan	Govindasamy		0:22:54	241	0:01:35	176								
Male	30-39		1312	Raymond	Alina		1:13:10	242	743:08:31		0:49:05	205					0:19:29	
Male	30-39		0413	Ewin	Teo		0:10:57	5	0:00:47	18								
Male	30-39		0417	Wing Fung	Tse		0:15:25	133	0:01:13	97	0:28:35	3	0:01:17	117	0:17:46	96	1:04:18	
Male	30-39		0533	John	O'shea		0:12:38	34	0:01:13	95								

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	40-49	1	0334	Arnaud	Selukov	1	0:10:14	1	0:00:38	6	0:30:16	5	0:00:41	10	0:12:39	3	0:54:29	100.0
Male	40-49	2	0176	James	Middleditch	2	0:10:39	2	0:00:55	41	0:30:32	6	0:00:50	31	0:12:04	1	0:55:01	99.0
Male	40-49	3	0301	Ned	Phillips	10	0:10:56	4	0:00:53	32	0:32:32	10	0:00:49	30	0:12:42	4	0:57:54	94.1
Male	40-49	4	0206	Kyle	Williams	11	0:10:52	3	0:00:42	12	0:33:06	12	0:00:38	5	0:13:03	5	0:58:23	93.3
Male	40-49	5	0330	Richard	Waddington	13	0:11:15	5	0:00:43	14	0:33:08	13	0:01:01	59	0:12:33	2	0:58:41	92.8
Male	40-49	6	0351	Alan	Grant	17	0:11:56	10	0:01:10	78	0:30:53	7	0:01:02	62	0:14:10	15	0:59:13	92.0
Male	40-49	7	0238	Stefan	Leijdekkers	19	0:11:57	11	0:00:43	13	0:31:40	8	0:00:43	17	0:14:21	19	0:59:25	91.7
Male	40-49	8	0352	Jan	Zastera	22	0:11:54	9	0:00:51	28	0:32:48	11	0:00:44	20	0:13:33	7	0:59:51	91.0
Male	40-49	9	0310	Dai	Matsui	27	0:12:47	21	0:00:34	1	0:32:32	9	0:00:41	9	0:14:11	16	1:00:47	89.6
Male	40-49	10	0188	Dean	Pearce	29	0:11:52	8	0:00:38	5	0:34:31	25	0:00:36	3	0:13:19	6	1:00:58	89.4
Male	40-49	11	0169	Colin	Ives	37	0:12:17	16	0:00:35	2	0:34:08	19	0:00:36	2	0:14:12	18	1:01:50	88.1
Male	40-49	12	0307	Dean	Campbell	39	0:12:22	17	0:01:04	70	0:33:49	16	0:00:48	28	0:13:57	11	1:02:03	87.8
Male	40-49	13	0312	Sante	Scartozzi	40	0:11:15	6	0:00:49	26	0:35:30	37	0:00:52	37	0:13:34	8	1:02:03	87.8
Male	40-49	14	0280	John Gregor	Tomnay	42	0:12:13	14	0:00:36	3	0:33:48	15	0:00:43	19	0:14:59	28	1:02:21	87.4
Male	40-49	15	0186	Robert	Flynn	47	0:13:28	40	0:00:38	7	0:33:55	18	0:00:37	4	0:14:02	12	1:02:43	86.9
Male	40-49	16	0309	Martin	Reynolds	53	0:12:51	22	0:00:56	48	0:34:40	26	0:01:04	69	0:13:52	9	1:03:25	85.9
Male	40-49	17	1437	Stephen	Blakeman	55	0:11:45	7	0:00:51	27	0:35:49	44	0:01:03	63	0:14:07	14	1:03:36	85.7
Male	40-49	18	1334	Plichard	Christophe	58	0:12:13	15	0:00:42	11	0:34:44	27	0:00:42	11	0:15:27	34	1:03:50	85.4
Male	40-49	19	0161	Po Yu	Huang	61	0:12:12	13	0:00:58	53	0:34:53	29	0:00:52	36	0:15:01	29	1:03:58	85.2
Male	40-49	20	0209	Alexander	Kolb	67	0:13:37	43	0:00:52	31	0:33:45	14	0:00:51	34	0:15:11	30	1:04:18	84.7
Male	40-49	21	1389	Steve	Davidson	68	0:12:57	26	0:01:02	65	0:34:19	22	0:01:15	102	0:14:50	24	1:04:26	84.6
Male	40-49	22	1414	Roberto	Forzese	69	0:12:47	20	0:01:24	125	0:34:20	23	0:01:07	78	0:14:47	23	1:04:26	84.6
Male	40-49	23	1374	Javier	De La Flor	75	0:13:10	33	0:01:02	64	0:35:09	34	0:00:57	47	0:14:42	21	1:05:02	83.8
Male	40-49	24	0195	Mark Denis	Lyons	79	0:12:30	19	0:00:37	4	0:34:53	28	0:00:48	26	0:16:36	61	1:05:26	83.3
Male	40-49	25	0285	Jervis	Tilly	80	0:13:44	45	0:00:42	10	0:35:06	33	0:00:39	7	0:15:27	35	1:05:40	83.0
Male	40-49	26	1382	Hisashi	Miyagawa	86	0:13:22	35	0:00:47	18	0:33:55	17	0:00:58	50	0:16:47	66	1:05:51	82.7
Male	40-49	27	0202	Arran	Brennan	94	0:13:23	36	0:00:52	30	0:37:27	66	0:00:41	8	0:14:06	13	1:06:30	81.9
Male	40-49	28	0324	Boon Tiong	Low	96	0:13:38	44	0:01:17	107	0:35:09	35	0:01:36	158	0:14:56	27	1:06:38	81.8
Male	40-49	29	0212	Anthony	Barr	97	0:13:10	32	0:01:06	73	0:36:57	54	0:00:43	18	0:14:44	22	1:06:42	81.7
Male	40-49	30	0235	Brett	Woodwiss	101	0:12:55	24	0:01:30	143	0:35:42	40	0:01:06	75	0:15:35	36	1:06:49	81.5
Male	40-49	31	1387	Chris	Faddy	102	0:12:02	12	0:01:44	169	0:37:44	70	0:01:05	72	0:14:12	17	1:06:49	81.5
Male	40-49	32	0227	Sebastien	Normand	104	0:13:34	41	0:00:57	49	0:36:25	47	0:01:08	80	0:14:51	25	1:06:56	81.4
Male	40-49	33	1415	John	Fullick	107	0:13:23	37	0:01:23	121	0:35:05	31	0:01:17	110	0:15:50	45	1:07:00	81.3
Male	40-49	34	0240	Nathan	Slack	111	0:13:05	30	0:01:00	57	0:35:39	39	0:00:57	46	0:16:45	65	1:07:27	80.8
Male	40-49	35	1441	Peter Lees	Nesbitt	112	0:13:02	28	0:01:43	167	0:36:36	50	0:01:36	160	0:14:27	20	1:07:27	80.8
Male	40-49	36	0278	Mathias Benno Lothar	Deubel	113	0:13:07	31	0:01:29	138	0:36:36	49	0:01:13	99	0:15:14	31	1:07:41	80.5
Male	40-49	37	0328	John	Stewart	114	0:14:22	74	0:00:48	23	0:35:45	42	0:01:00	57	0:15:44	40	1:07:41	80.5
Male	40-49	38	1417	Danilo	Balandra	115	0:13:57	52	0:01:04	68	0:35:59	45	0:00:47	25	0:15:53	48	1:07:42	80.5
Male	40-49	39	0182	Stephen	Boyd	122	0:12:51	23	0:01:13	92	0:37:03	60	0:01:06	73	0:15:48	43	1:08:02	80.1
Male	40-49	40	0337	Daniel	Geary	123	0:13:25	39	0:01:18	112	0:35:06	32	0:01:34	152	0:16:42	64	1:08:06	80.0
Male	40-49	41	0229	Charles	Mckenna	128	0:14:31	80	0:01:12	87	0:35:15	36	0:01:22	125	0:15:54	49	1:08:16	79.8
Male	40-49	42	0269	Nicholas	Price	129	0:13:00	27	0:01:13	94	0:37:41	68	0:00:57	48	0:15:25	33	1:08:18	79.8
Male	40-49	43	1391	Kimberly	Douglas	135	0:14:11	65	0:01:13	93	0:35:33	38	0:00:58	49	0:16:36	60	1:08:32	79.5
Male	40-49	44	0174	Patrick	Cohen	139	0:14:14	68	0:01:11	85	0:34:12	20	0:01:17	108	0:17:47	88	1:08:43	79.3

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	40-49	45	0166	Choon Meng	Boo	143	0:13:54	50	0:00:49	25	0:37:08	62	0:00:50	32	0:16:06	51	1:08:48	79.2
Male	40-49	46	0247	Steven	Baxter	145	0:14:07	62	0:00:57	50	0:36:27	48	0:01:34	151	0:15:44	41	1:08:51	79.1
Male	40-49	47	0239	Eric	Aubry	146	0:14:12	67	0:01:20	115	0:35:43	41	0:01:15	100	0:16:26	55	1:08:56	79.0
Male	40-49	48	1338	Andrew Nathan Harris	Patterson	150	0:14:11	66	0:01:22	120	0:37:24	65	0:01:17	106	0:14:53	26	1:09:08	78.8
Male	40-49	49	1392	Andrew	Harris	153	0:12:24	18	0:02:12	198	0:39:01	94	0:01:50	176	0:13:55	10	1:09:24	78.5
Male	40-49	50	0331	Dominic	Johnson	158	0:14:20	73	0:00:56	46	0:37:40	67	0:00:51	35	0:15:51	46	1:09:38	78.2
Male	40-49	51	0192	Chester	Sullivan-Manders	161	0:14:24	77	0:00:46	17	0:36:47	53	0:00:42	13	0:17:05	75	1:09:46	78.1
Male	40-49	52	1346	Leong Yeow	Lee	166	0:14:00	54	0:01:14	97	0:34:29	24	0:01:20	118	0:18:50	110	1:09:54	77.9
Male	40-49	53	0216	Paul	Young	168	0:13:53	49	0:01:21	118	0:37:48	74	0:01:23	128	0:15:39	37	1:10:06	77.7
Male	40-49	54	0273	Christophe	Petitjean	170	0:13:35	42	0:01:18	111	0:36:59	55	0:01:12	96	0:17:06	76	1:10:12	77.6
Male	40-49	55	0333	Michael	Williams	171	0:14:17	71	0:00:43	15	0:37:45	72	0:00:36	1	0:16:50	68	1:10:12	77.6
Male	40-49	56	0292	Carlos	Monterde Millan	173	0:14:08	63	0:01:20	117	0:36:39	51	0:00:48	27	0:17:20	80	1:10:17	77.5
Male	40-49	57	0170	Boon Loong David	Ho	176	0:14:06	59	0:01:14	95	0:35:46	43	0:01:17	109	0:17:55	92	1:10:19	77.5
Male	40-49	58	0231	Michiel	Van Selm	180	0:13:51	47	0:01:11	86	0:38:34	84	0:01:01	60	0:15:47	42	1:10:26	77.4
Male	40-49	59	0291	Mun Chong	Wong	183	0:14:33	83	0:01:14	96	0:38:48	90	0:00:46	23	0:15:17	32	1:10:40	77.1
Male	40-49	60	0343	David	Phillips	188	0:13:49	46	0:00:42	9	0:40:01	121	0:00:39	6	0:15:39	38	1:10:52	76.9
Male	40-49	61	0275	John	Patava	189	0:14:22	75	0:00:53	35	0:37:45	71	0:00:54	40	0:16:57	72	1:10:54	76.8
Male	40-49	62	1413	Kent	Chaplin	194	0:14:57	91	0:01:18	110	0:37:01	59	0:01:10	90	0:16:53	70	1:11:21	76.4
Male	40-49	63	0336	Peter	Richardson	195	0:15:16	99	0:00:44	16	0:36:41	52	0:00:43	15	0:17:57	94	1:11:23	76.3
Male	40-49	64	0254	Harland	Baraquero	200	0:14:41	87	0:00:51	29	0:37:54	75	0:00:55	44	0:17:19	79	1:11:42	76.0
Male	40-49	65	0250	Andrew	Western	205	0:14:01	56	0:01:25	126	0:39:10	101	0:01:01	61	0:16:19	53	1:11:59	75.7
Male	40-49	66	0252	Lawrence	Remedios	209	0:14:27	78	0:01:30	146	0:37:42	69	0:01:34	154	0:16:53	69	1:12:08	75.5
Male	40-49	67	1375	Damien	Artru	223	0:13:04	29	0:01:54	183	0:40:02	122	0:01:37	164	0:15:55	50	1:12:34	75.1
Male	40-49	68	0245	Byron	Rienstra	224	0:15:18	100	0:01:16	103	0:36:16	46	0:01:10	89	0:18:34	107	1:12:36	75.0
Male	40-49	69	0344	Nathan	Cowen	226	0:13:53	48	0:01:31	148	0:39:27	107	0:01:24	133	0:16:25	54	1:12:41	75.0
Male	40-49	70	1423	Eddi	Apriyadi	229	0:13:57	51	0:00:41	8	0:39:07	99	0:01:04	68	0:17:56	93	1:12:46	74.9
Male	40-49	71	0290	Simon	Allen	231	0:16:05	126	0:01:40	166	0:34:58	30	0:01:49	174	0:18:20	99	1:12:54	74.7
Male	40-49	72	0270	Toby	Forrest	235	0:14:01	55	0:00:58	55	0:40:03	123	0:01:09	86	0:16:55	71	1:13:08	74.5
Male	40-49	73	0348	David Andrew	Brandt	244	0:15:33	108	0:00:57	52	0:39:29	109	0:01:04	67	0:16:38	62	1:13:44	73.9
Male	40-49	74	1384	Anthony	Clairmont	247	0:15:43	117	0:01:10	82	0:38:08	77	0:01:16	105	0:17:31	83	1:13:50	73.8
Male	40-49	75	0276	Matthew Nicholas	Cannon	248	0:14:15	69	0:01:23	124	0:40:14	127	0:01:29	141	0:16:29	57	1:13:52	73.8
Male	40-49	76	0268	Matthew James	Hansard	253	0:14:18	72	0:00:54	36	0:39:04	96	0:00:45	22	0:18:56	114	1:13:59	73.6
Male	40-49	77	0288	Olivier	De Poulpiquet	261	0:14:58	93	0:01:35	159	0:39:38	113	0:01:22	124	0:16:42	63	1:14:16	73.4
Male	40-49	78	0349	Stuart	Harrison	263	0:15:41	115	0:01:14	100	0:38:34	85	0:01:33	150	0:17:18	78	1:14:21	73.3
Male	40-49	79	1343	Andrew John	Aubry	266	0:15:31	107	0:01:49	175	0:39:14	102	0:01:44	169	0:16:16	52	1:14:36	73.0
Male	40-49	80	0253	Peter	Mutton	267	0:14:07	60	0:00:56	47	0:41:23	143	0:00:53	39	0:17:17	77	1:14:39	73.0
Male	40-49	81	1339	Sven	Hergemoeller	268	0:15:40	114	0:01:18	114	0:37:01	58	0:01:17	107	0:19:22	123	1:14:41	73.0
Male	40-49	82	0296	Meng Chye	Teo	272	0:15:19	101	0:01:10	83	0:38:26	81	0:01:35	157	0:18:18	98	1:14:50	72.8
Male	40-49	83	0329	Nicholas	Mace	276	0:15:36	110	0:00:56	44	0:39:03	95	0:00:58	51	0:18:26	102	1:15:01	72.6
Male	40-49	84	1421	Sin Soon	Lim	278	0:14:05	58	0:01:13	91	0:42:05	150	0:01:07	79	0:16:32	58	1:15:04	72.6
Male	40-49	85	0267	Gil Michael	Perez	281	0:15:06	96	0:01:16	102	0:39:30	110	0:01:10	91	0:18:07	95	1:15:11	72.5
Male	40-49	86	0225	Stuart	Walker	283	0:13:58	53	0:00:54	38	0:39:19	104	0:01:18	112	0:19:44	135	1:15:15	72.4
Male	40-49	87	0299	Lim	Tong Peng	285	0:15:55	124	0:01:18	109	0:37:04	61	0:01:04	66	0:19:53	139	1:15:15	72.4
Male	40-49	88	1406	Damien	Fitzpatrick	287	0:15:42	116	0:01:58	186	0:39:21	105	0:01:51	177	0:16:28	56	1:15:21	72.3

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	40-49	89	1386	Chian Haur	Teo	290	0:16:06	127	0:02:08	193	0:37:12	63	0:01:37	163	0:18:31	105	1:15:36	72.1
Male	40-49	90	0345	Daniel	Morris	293	0:15:29	104	0:01:36	163	0:39:53	119	0:00:55	42	0:17:45	86	1:15:40	72.0
Male	40-49	91	1379	David Michael	Hickman	297	0:15:40	113	0:01:10	77	0:38:14	78	0:01:22	123	0:19:24	124	1:15:51	71.8
Male	40-49	92	0204	Wun-Li Mark Spencer	Looi	298	0:14:37	85	0:01:12	88	0:39:44	116	0:01:09	85	0:19:07	119	1:15:51	71.8
Male	40-49	93	0233	Albert	Roux	302	0:14:38	86	0:01:26	128	0:40:35	135	0:00:55	41	0:18:24	101	1:15:59	71.7
Male	40-49	94	0279	William	Johnston	306	0:15:30	106	0:00:54	39	0:39:05	97	0:01:08	83	0:19:25	125	1:16:05	71.6
Male	40-49	95	1365	Jit Yaw	Lim	310	0:14:32	82	0:02:07	192	0:39:25	106	0:01:46	172	0:18:21	100	1:16:13	71.5
Male	40-49	96	1371	John	Livingstone	313	0:14:29	79	0:01:06	72	0:39:43	115	0:01:22	122	0:19:36	131	1:16:18	71.4
Male	40-49	97	1373	Graham	Owens	318	0:16:38	147	0:01:34	157	0:37:47	73	0:01:07	77	0:19:20	122	1:16:27	71.3
Male	40-49	98	0184	Adrian	Dharsan	319	0:14:04	57	0:01:52	178	0:40:18	128	0:02:06	192	0:18:08	96	1:16:30	71.2
Male	40-49	99	0326	Axel	Johansson	324	0:16:36	145	0:01:01	62	0:39:54	120	0:01:19	116	0:17:47	87	1:16:39	71.1
Male	40-49	100	0277	Chun Guan	Lek	333	0:16:31	139	0:00:55	42	0:38:35	86	0:00:42	14	0:20:16	145	1:17:01	70.7
Male	40-49	101	1390	Halimi	Ramli	340	0:14:15	70	0:01:14	99	0:42:38	155	0:01:30	146	0:17:40	85	1:17:19	70.5
Male	40-49	102	0177	Matthew	Barron	343	0:15:15	98	0:01:12	90	0:38:31	83	0:01:10	92	0:21:13	162	1:17:24	70.4
Male	40-49	103	0230	Matthew	Moody	348	0:16:42	151	0:01:10	80	0:38:50	91	0:01:13	98	0:19:31	128	1:17:28	70.3
Male	40-49	104	1433	Michael	Hogan	349	0:14:57	92	0:01:15	101	0:40:47	140	0:01:15	101	0:19:16	121	1:17:32	70.3
Male	40-49	105	0246	Markus	Hartmann	355	0:15:30	105	0:01:32	149	0:40:32	133	0:01:21	121	0:18:40	109	1:17:37	70.2
Male	40-49	106	0217	Alexander	Patterson	357	0:16:24	136	0:01:23	122	0:38:36	87	0:01:18	111	0:19:55	141	1:17:38	70.2
Male	40-49	107	1432	Paul	Hughes	363	0:12:56	25	0:01:18	108	0:46:14	185	0:01:24	132	0:15:52	47	1:17:45	70.1
Male	40-49	108	0242	Jeffrey Aaron	Hallmark	364	0:15:53	123	0:02:16	201	0:38:28	82	0:01:39	166	0:19:27	127	1:17:45	70.1
Male	40-49	109	1436	Michael	Zink	369	0:14:36	84	0:01:17	104	0:43:32	162	0:01:30	142	0:17:04	74	1:18:00	69.9
Male	40-49	110	0257	Adil	Limbuwalla	370	0:15:12	97	0:01:45	170	0:39:38	114	0:01:29	140	0:19:56	142	1:18:02	69.8
Male	40-49	111	1357	Md. Khusni	Jumadi	371	0:17:19	170	0:00:53	33	0:38:24	79	0:01:12	95	0:20:15	144	1:18:04	69.8
Male	40-49	112	0256	Brian Sze Hien	Sim	372	0:17:05	166	0:00:48	22	0:39:09	100	0:00:43	16	0:20:22	146	1:18:09	69.7
Male	40-49	113	0244	Teck Nguong	Tang	380	0:17:20	173	0:00:58	54	0:40:14	126	0:00:50	33	0:19:06	118	1:18:30	69.4
Male	40-49	114	0321	Abdul Aziz	Agil	386	0:14:50	89	0:01:09	76	0:44:03	167	0:01:10	88	0:17:27	82	1:18:41	69.2
Male	40-49	115	1362	Whun Chee	Tan	394	0:14:58	95	0:01:06	71	0:44:53	175	0:01:06	76	0:16:50	67	1:18:55	69.0
Male	40-49	116	0226	Aik Kiat Kelvin	Teh	395	0:13:25	38	0:01:50	176	0:45:10	178	0:01:32	148	0:16:59	73	1:18:58	69.0
Male	40-49	117	0197	Derek	Spychalski	398	0:15:47	121	0:01:07	74	0:39:36	112	0:01:21	120	0:21:13	161	1:19:07	68.9
Male	40-49	118	1377	Shane	Hall	403	0:15:47	120	0:01:25	127	0:40:36	136	0:02:25	203	0:19:01	117	1:19:16	68.7
Male	40-49	119	1424	Kiat Seng	Lim	407	0:16:17	131	0:00:48	19	0:39:05	98	0:01:03	64	0:22:10	169	1:19:25	68.6
Male	40-49	120	0305	Samuel Yiap Seng	Wee	408	0:16:19	134	0:01:23	123	0:39:51	118	0:01:19	115	0:20:32	151	1:19:26	68.6
Male	40-49	121	0318	David	Duns	409	0:17:11	167	0:01:03	66	0:40:34	134	0:01:08	81	0:19:33	129	1:19:30	68.5
Male	40-49	122	0262	Richard	Duncan	410	0:14:32	81	0:01:30	147	0:43:26	161	0:01:28	139	0:18:32	106	1:19:30	68.5
Male	40-49	123	0313	Rijk	Broekhuis	411	0:16:12	130	0:01:20	116	0:42:59	159	0:01:09	84	0:17:51	89	1:19:32	68.5
Male	40-49	124	0350	Marc	Pelet	412	0:14:55	90	0:01:52	180	0:39:50	117	0:01:56	181	0:20:58	155	1:19:33	68.5
Male	40-49	125	1385	Xavier	Lee	415	0:16:21	135	0:01:29	139	0:40:24	129	0:01:30	144	0:19:48	136	1:19:34	68.5
Male	40-49	126	0327	Richard	Leenheer	416	0:16:35	144	0:01:34	156	0:37:01	57	0:01:50	175	0:22:35	175	1:19:38	68.4
Male	40-49	127	0293	Jonathan	Chua	417	0:15:39	112	0:01:33	152	0:40:04	124	0:01:27	138	0:20:58	156	1:19:44	68.3
Male	40-49	128	0183	Jason	Humphreys	419	0:16:40	150	0:01:21	119	0:40:28	132	0:01:24	130	0:19:54	140	1:19:49	68.3
Male	40-49	129	0214	Edward	Mcshane	425	0:18:20	192	0:01:46	173	0:39:29	108	0:01:52	178	0:18:36	108	1:20:04	68.0
Male	40-49	130	1425	Hiroshi	Okumura	426	0:16:29	138	0:02:05	190	0:38:00	76	0:02:18	200	0:21:11	160	1:20:04	68.0
Male	40-49	131	0179	Garry Jason	Kersey	429	0:14:58	94	0:01:17	106	0:42:03	149	0:01:23	127	0:20:24	147	1:20:06	68.0
Male	40-49	132	0255	Kok Leong Ivan	Tan	430	0:17:00	164	0:01:10	79	0:41:34	147	0:01:24	131	0:18:59	116	1:20:08	68.0

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	40-49	133	1398	Wan Mahmood	Wan Hussin	436	0:16:34	143	0:01:11	84	0:39:18	103	0:00:58	52	0:22:28	174	1:20:31	67.7
Male	40-49	134	0258	Roger Dean Mcgregor	Grant	443	0:19:25	203	0:00:48	21	0:39:33	111	0:01:32	149	0:19:43	133	1:21:03	67.2
Male	40-49	135	1340	Mohamad Norizan Bin	Salim	448	0:16:32	140	0:00:54	40	0:40:44	139	0:01:00	56	0:22:15	170	1:21:27	66.9
Male	40-49	136	1395	Liang Piak Richard	Tan	453	0:17:27	175	0:01:29	140	0:37:00	56	0:01:26	137	0:24:15	190	1:21:38	66.7
Male	40-49	137	0272	Mark Geong Yeow	Poh	454	0:16:43	152	0:01:39	165	0:40:05	125	0:01:30	143	0:21:39	166	1:21:38	66.7
Male	40-49	138	1442	Alexandre	Gentot	457	0:17:40	182	0:02:09	194	0:42:00	148	0:01:59	185	0:17:53	91	1:21:43	66.7
Male	40-49	139	1405	Joo Teck Marvin	Wee	458	0:17:24	174	0:01:39	164	0:34:12	21	0:01:43	168	0:26:44	203	1:21:44	66.7
Male	40-49	140	1396	Hai Teck	Goh	460	0:16:54	160	0:01:00	60	0:40:24	130	0:01:19	114	0:22:09	168	1:21:48	66.6
Male	40-49	141	0317	Ross	Syminton	461	0:15:52	122	0:00:48	20	0:46:21	188	0:00:53	38	0:17:53	90	1:21:49	66.6
Male	40-49	142	0249	Nelson	Pomentil	463	0:15:22	102	0:01:51	177	0:44:23	172	0:01:48	173	0:18:28	103	1:21:54	66.5
Male	40-49	143	1074	Gordon	Hirons	466	0:14:42	88	0:01:14	98	0:45:16	180	0:01:11	94	0:19:38	132	1:22:04	66.4
Male	40-49	144	0094	Pramod	Balakrishnan	473	0:17:14	169	0:01:27	130	0:41:29	144	0:01:45	171	0:20:25	148	1:22:21	66.2
Male	40-49	145	1478	David	Tyndall	481	0:17:20	171	0:01:28	133	0:42:39	156	0:01:19	117	0:19:50	137	1:22:38	65.9
Male	40-49	146	1443	Koon Leong	Goh	484	0:17:40	183	0:01:44	168	0:40:36	137	0:01:37	162	0:21:02	158	1:22:41	65.9
Male	40-49	147	0190	Pierre	Laurent	485	0:14:23	76	0:01:28	135	0:46:32	190	0:01:23	129	0:18:54	112	1:22:42	65.9
Male	40-49	148	1380	Kee Tar	Lee	490	0:17:44	184	0:01:30	145	0:38:58	93	0:01:30	145	0:23:04	180	1:22:48	65.8
Male	40-49	149	0281	Wah Soon	Tan	494	0:16:32	141	0:01:34	158	0:42:47	157	0:01:34	153	0:20:32	150	1:23:02	65.6
Male	40-49	150	0302	Gim Ann	Tan	496	0:15:58	125	0:00:55	43	0:47:04	194	0:00:42	12	0:18:30	104	1:23:11	65.5
Male	40-49	151	1400	Jae H	Park	508	0:16:07	128	0:03:34	218	0:42:49	158	0:03:58	217	0:17:22	81	1:23:51	65.0
Male	40-49	152	1347	Michael	Hickey	512	0:16:39	149	0:02:48	214	0:37:24	64	0:03:18	212	0:23:49	186	1:23:59	64.9
Male	40-49	153	0187	Roy	Lim Wu Tick	514	0:17:12	168	0:01:30	144	0:41:18	142	0:04:08	218	0:19:52	138	1:24:02	64.8
Male	40-49	154	1337	Mikhail	Dilag	519	0:17:04	165	0:01:18	113	0:43:38	163	0:01:36	161	0:20:33	152	1:24:11	64.7
Male	40-49	155	1420	Guan Bee	Yeo	520	0:16:45	154	0:02:06	191	0:44:04	168	0:02:06	193	0:19:09	120	1:24:12	64.7
Male	40-49	156	0261	Johannes	Greve	524	0:15:33	109	0:01:04	69	0:44:02	166	0:01:06	74	0:22:37	176	1:24:25	64.5
Male	40-49	157	0164	Young	Huh	530	0:16:58	163	0:01:12	89	0:42:30	154	0:01:05	71	0:23:02	179	1:24:48	64.2
Male	40-49	158	1345	Ahmad	Hilmy	537	0:17:59	188	0:01:32	151	0:38:37	88	0:01:52	179	0:25:10	194	1:25:12	63.9
Male	40-49	159	1341	Craig	Norwood	543	0:16:44	153	0:01:00	59	0:47:54	198	0:00:59	53	0:18:56	113	1:25:34	63.7
Male	40-49	160	0314	Bryan	Shillabeer	548	0:19:09	199	0:01:32	150	0:40:38	138	0:01:19	113	0:23:10	182	1:25:49	63.5
Male	40-49	161	0298	Lawrence	Ang	554	0:16:17	132	0:01:27	129	0:46:45	193	0:01:16	103	0:20:26	149	1:26:13	63.2
Male	40-49	162	0274	Seow San Sidney	Lim	555	0:16:53	159	0:02:25	205	0:38:57	92	0:02:05	190	0:25:52	198	1:26:13	63.2
Male	40-49	163	1422	Wei Cheng Dict	Koh	557	0:16:10	129	0:01:29	142	0:44:05	169	0:02:05	191	0:22:25	172	1:26:17	63.1
Male	40-49	164	0306	Chu Sing	Lee	558	0:16:39	148	0:02:12	199	0:41:29	145	0:02:00	186	0:23:57	188	1:26:19	63.1
Male	40-49	165	1366	Fong Swee Alvin	Cheong	559	0:16:18	133	0:02:43	213	0:42:22	151	0:02:41	208	0:22:17	171	1:26:23	63.1
Male	40-49	166	0325	Anthony	Campbell-Brown	565	0:16:55	161	0:02:31	208	0:42:29	153	0:03:34	215	0:21:17	163	1:26:47	62.8
Male	40-49	167	1426	Dominique	Albero	568	0:17:35	178	0:01:55	185	0:40:28	131	0:01:58	183	0:24:56	193	1:26:53	62.7
Male	40-49	168	0342	Win Hong	Mah	575	0:16:49	157	0:02:32	209	0:46:18	186	0:02:30	204	0:18:54	111	1:27:05	62.6
Male	40-49	169	0223	Matthew	Collingridge	576	0:18:04	189	0:00:59	56	0:46:19	187	0:00:49	29	0:20:52	154	1:27:06	62.6
Male	40-49	170	0205	Teck King	Lim	577	0:16:38	146	0:01:36	161	0:47:57	199	0:02:02	188	0:18:57	115	1:27:11	62.5
Male	40-49	171	1431	Chee Kong	Cheah	579	0:16:33	142	0:00:57	51	0:51:09	209	0:01:03	65	0:17:33	84	1:27:16	62.4
Male	40-49	172	1352	Johnny Song Hui	Ng	580	0:16:25	137	0:00:54	37	0:44:16	171	0:01:08	82	0:24:35	191	1:27:20	62.4
Male	40-49	173	0236	Gregory	Karpinski	581	0:26:10	219	0:02:10	195	0:38:25	80	0:01:10	87	0:19:27	126	1:27:22	62.4
Male	40-49	174	1361	Limozin	Jerome	584	0:17:57	187	0:01:34	154	0:38:45	89	0:02:11	196	0:27:06	208	1:27:34	62.2
Male	40-49	175	1335	Fabrice P.A.P.M.	Marcotty	597	0:16:46	156	0:01:08	75	0:43:41	164	0:01:21	119	0:25:26	195	1:28:23	61.6
Male	40-49	176	1359	Christopher	Marquez	599	0:18:55	196	0:02:31	207	0:42:26	152	0:02:16	198	0:22:28	173	1:28:38	61.5

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	40-49	177	1372	Ridzwan	Idris	602	0:18:05	190	0:01:02	63	0:47:31	197	0:00:59	55	0:21:08	159	1:28:47	61.4
Male	40-49	178	1353	Ernest	Lim	606	0:17:35	180	0:01:29	141	0:44:51	174	0:01:25	136	0:23:49	185	1:29:11	61.1
Male	40-49	179	0220	Marius	Weehuizen	611	0:17:52	185	0:03:45	219	0:41:30	146	0:02:44	209	0:23:47	184	1:29:39	60.8
Male	40-49	180	1393	Kah Wu Paul	Lim	612	0:19:41	204	0:02:36	210	0:43:16	160	0:02:40	207	0:21:30	165	1:29:46	60.7
Male	40-49	181	0178	Shing Howe	Cheam	617	0:18:49	194	0:01:46	174	0:47:24	195	0:02:08	194	0:20:02	143	1:30:11	60.4
Male	40-49	182	1408	Yong Soon	Jang	618	0:17:40	181	0:01:28	136	0:48:48	202	0:01:16	104	0:21:00	157	1:30:14	60.4
Male	40-49	183	1367	Kai Meng	Tang	632	0:16:50	158	0:02:42	212	0:46:00	184	0:02:09	195	0:23:27	183	1:31:10	59.8
Male	40-49	184	1401	Zainudin	Ismail	637	0:20:12	207	0:01:54	182	0:41:04	141	0:02:01	187	0:26:35	201	1:31:47	59.4
Male	40-49	185	1394	Muliadi	Mohammed Said	641	0:18:07	191	0:01:27	131	0:45:10	179	0:02:39	206	0:24:36	192	1:32:02	59.2
Male	40-49	186	1470	Peter	Hodgson	643	0:17:54	186	0:01:00	58	0:52:45	210	0:00:44	21	0:19:43	134	1:32:08	59.1
Male	40-49	187	1419	Lindsay	Maddock	645	0:15:43	118	0:01:58	187	0:50:51	208	0:01:31	147	0:22:04	167	1:32:10	59.1
Male	40-49	188	1402	Chee Seng	Wong	646	0:18:52	195	0:01:28	132	0:48:00	200	0:00:59	54	0:22:57	178	1:32:18	59.0
Male	40-49	189	1428	Matthew	Cross	650	0:17:35	179	0:01:53	181	0:43:45	165	0:01:44	170	0:27:50	209	1:32:48	58.7
Male	40-49	190	0265	Emerson Duncan	Howard	654	0:19:48	205	0:00:56	45	0:44:30	173	0:01:00	58	0:26:53	206	1:33:09	58.5
Male	40-49	191	0287	Ping Boon	Chia	657	0:19:56	206	0:03:03	216	0:44:58	176	0:02:32	205	0:23:05	181	1:33:35	58.2
Male	40-49	192	1446	Jacobus	Van Lint	662	0:17:20	172	0:01:59	188	0:47:31	196	0:02:47	210	0:24:09	189	1:33:48	58.1
Male	40-49	193	0347	Tzu Kiat	Tan	664	0:15:45	119	0:00:48	24	0:56:58	214	0:00:47	24	0:19:35	130	1:33:55	58.0
Male	40-49	194	1336	Elmer	Flores	669	0:19:21	202	0:01:45	171	0:46:40	191	0:01:23	126	0:25:36	197	1:34:47	57.5
Male	40-49	195	0354	Darren	Geldard	670	0:17:31	177	0:01:55	184	0:46:22	189	0:02:25	202	0:26:44	204	1:34:59	57.4
Male	40-49	196	1342	Philippe	Chomienne	671	0:16:57	162	0:02:19	202	0:53:05	211	0:02:04	189	0:20:48	153	1:35:15	57.2
Male	40-49	197	1358	Yusman	Mat Sidik	684	0:18:34	193	0:01:28	134	0:49:23	207	0:01:34	155	0:25:29	196	1:36:31	56.4
Male	40-49	198	0264	Daniel	Gan	688	0:21:35	209	0:01:29	137	0:48:21	201	0:01:42	167	0:23:53	187	1:37:01	56.2
Male	40-49	199	0162	Kenneth	Tay	689	0:19:04	198	0:01:17	105	0:49:18	205	0:00:56	45	0:26:44	205	1:37:20	56.0
Male	40-49	200	1399	Mark Alan	Revita	692	0:20:29	208	0:02:11	196	0:44:16	170	0:03:01	211	0:27:54	210	1:37:54	55.7
Male	40-49	201	1440	David	Jane	694	0:19:18	201	0:01:10	81	0:46:43	192	0:01:56	182	0:28:44	213	1:37:54	55.7
Male	40-49	202	0320	Ban Hock	Neo	695	0:22:05	214	0:02:28	206	0:45:51	182	0:01:39	165	0:26:08	200	1:38:13	55.5
Male	40-49	203	1412	Wai How	Yew	697	0:16:45	155	0:01:04	67	0:53:39	212	0:00:55	43	0:25:57	199	1:38:22	55.4
Male	40-49	204	1376	Jer Huei	Choa	707	0:19:02	197	0:01:36	162	0:56:51	213	0:01:04	70	0:21:27	164	1:40:02	54.5
Male	40-49	205	1438	Vincent Vinu Edward	Edward	713	0:22:14	215	0:02:41	211	0:45:04	177	0:02:25	201	0:28:01	211	1:40:27	54.2
Male	40-49	206	0260	Christopher	Lee	714	0:21:54	213	0:02:00	189	0:45:55	183	0:01:25	135	0:29:13	214	1:40:29	54.2
Male	40-49	207	0283	Stephen	Conway	716	0:19:18	200	0:02:11	197	0:49:08	204	0:03:18	213	0:26:41	202	1:40:38	54.1
Male	40-49	208	0203	Yee Hern	Lee	724	0:21:46	210	0:01:52	179	0:48:58	203	0:02:16	199	0:26:53	207	1:41:47	53.5
Male	40-49	209	1370	Choong Yew	Wong	731	0:17:28	176	0:03:08	217	0:57:55	215	0:01:59	184	0:22:42	177	1:43:13	52.8
Male	40-49	210	0221	Daniel	Cheng	738	0:23:47	217	0:02:21	204	0:45:26	181	0:02:12	197	0:31:04	216	1:44:52	52.0
Male	40-49	211	1369	Narendra Kumar	Bansod	755	0:21:52	212	0:01:35	160	0:58:42	216	0:01:13	97	0:28:40	212	1:52:04	48.6
Male	40-49	212	1381	Mohammed Nazim	Elmi	757	0:25:27	218	0:02:15	200	0:49:21	206	0:03:28	214	0:32:07	217	1:52:40	48.4
Male	40-49	213	0196	Andrew J	Hill	759	0:23:14	216	0:01:34	155	1:00:12	217	0:01:36	159	0:29:46	215	1:56:24	46.8
Male	40-49	214	1407	John Martin R.	Nieva	766	0:13:19	34	0:02:54	215	1:11:34	218	0:03:57	216	0:34:22	218	2:06:08	43.2
Male	40-49		1439	Vannaan	V R		0:21:50	211	0:02:20	203								
Male	40-49		1434	Anastasios	Galantomos		0:14:10	64	0:01:45	172	0:19:04	1	0:01:35	156	0:15:50	44	0:52:26	
Male	40-49		0295	Seng Hoe	Tan		0:15:38	111	0:01:33	153	0:28:44	4	0:01:53	180	0:16:34	59	1:04:24	
Male	40-49		0340	Andrea	Geat		0:15:24	103	0:00:53	34	0:22:45	2	0:01:25	134	0:18:16	97	0:58:45	
Male	40-49		0319	Miles	Griffiths		0:14:07	61	0:01:01	61	0:26:40	3	0:01:10	93	0:15:41	39	0:58:41	

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	50-59	1	0631	Jeremy	Snoad	12	0:12:01	1	0:00:48	3	0:32:06	3	0:00:47	2	0:12:53	1	0:58:38	100.0
Male	50-59	2	0647	Gavin	Mortlock	16	0:12:02	2	0:00:47	1	0:32:06	2	0:00:43	1	0:13:23	2	0:59:02	99.3
Male	50-59	3	0640	Joern	Lunde	50	0:12:33	3	0:01:15	18	0:34:28	4	0:01:00	7	0:13:47	3	1:03:05	92.9
Male	50-59	4	0634	David	Marren	89	0:12:34	4	0:00:59	6	0:35:54	6	0:01:01	8	0:15:33	5	1:06:03	88.8
Male	50-59	5	0648	Mark	Wakeford	120	0:13:33	6	0:01:01	7	0:36:49	9	0:00:59	6	0:15:38	6	1:08:02	86.2
Male	50-59	6	1469	Michael	Lyons	144	0:15:06	14	0:00:51	4	0:35:20	5	0:00:50	4	0:16:40	10	1:08:49	85.2
Male	50-59	7	1462	Michael	Davies	155	0:13:46	7	0:01:27	22	0:36:41	8	0:01:24	19	0:16:13	9	1:09:33	84.3
Male	50-59	8	1473	Alastair	Morrison	175	0:14:10	9	0:01:27	23	0:37:05	10	0:01:39	27	0:15:56	8	1:10:18	83.4
Male	50-59	9	0638	Daniel	Ong	228	0:13:17	5	0:02:07	40	0:41:00	24	0:01:57	38	0:14:22	4	1:12:44	80.6
Male	50-59	10	1455	Chi Meng Colli	Ng	234	0:14:02	8	0:00:54	5	0:38:45	15	0:01:08	12	0:18:12	18	1:13:03	80.3
Male	50-59	11	0644	Sek Tim	Tan	245	0:14:55	12	0:01:30	25	0:37:45	11	0:01:38	26	0:17:56	17	1:13:46	79.5
Male	50-59	12	1450	Wee Kwang	Koh	246	0:15:17	15	0:01:48	32	0:38:25	14	0:01:16	16	0:16:59	11	1:13:46	79.5
Male	50-59	13	0651	Wen Hsian	Han	270	0:15:18	16	0:00:47	2	0:40:29	22	0:00:48	3	0:17:22	12	1:14:46	78.4
Male	50-59	14	0623	Colin	Swan	299	0:14:19	10	0:01:52	34	0:38:59	17	0:01:51	33	0:18:48	20	1:15:51	77.3
Male	50-59	15	0649	Gregory	Pong	314	0:14:56	13	0:01:08	12	0:38:54	16	0:01:42	29	0:19:37	22	1:16:18	76.8
Male	50-59	16	0620	Keng Nee	Chan	315	0:14:27	11	0:01:53	35	0:42:22	28	0:01:52	34	0:15:44	7	1:16:19	76.8
Male	50-59	17	1459	Christopher	Sykes	316	0:16:56	29	0:01:14	17	0:36:29	7	0:01:24	20	0:20:16	27	1:16:20	76.8
Male	50-59	18	1460	Simon	Grose-Hodge	336	0:16:10	24	0:01:26	21	0:38:25	13	0:01:10	14	0:19:56	23	1:17:10	76.0
Male	50-59	19	0628	Jonathan Guy	Grundy	367	0:15:27	17	0:01:07	10	0:42:14	27	0:01:25	21	0:17:43	16	1:17:56	75.2
Male	50-59	20	1454	Yoichi	Takesawa	368	0:15:56	22	0:01:07	9	0:42:30	29	0:00:57	5	0:17:27	13	1:17:58	75.2
Male	50-59	21	0659	Say Chong	Koh	393	0:16:50	28	0:01:22	19	0:39:00	18	0:01:39	28	0:19:58	24	1:18:51	74.4
Male	50-59	22	0658	David Andrew	Malligan	406	0:16:30	26	0:01:38	29	0:40:37	23	0:01:31	24	0:19:07	21	1:19:25	73.8
Male	50-59	23	1451	Isao	Komoriya	445	0:15:51	20	0:01:52	33	0:43:17	31	0:01:50	32	0:18:18	19	1:21:09	72.3
Male	50-59	24	0637	Siew Hong	Lam	467	0:15:54	21	0:01:03	8	0:42:40	30	0:01:28	23	0:20:57	30	1:22:04	71.4
Male	50-59	25	1457	Lawrence	Lee	478	0:17:35	36	0:01:39	30	0:41:40	26	0:01:27	22	0:20:09	26	1:22:31	71.1
Male	50-59	26	1458	Boon Leong	Neo	482	0:15:36	19	0:01:07	11	0:43:37	33	0:01:12	15	0:21:03	31	1:22:39	70.9
Male	50-59	27	1467	Soon Hin	Tay	491	0:18:04	38	0:01:25	20	0:39:55	20	0:01:03	9	0:22:24	38	1:22:52	70.8
Male	50-59	28	0632	Brian	Gillies	506	0:17:24	32	0:02:56	45	0:40:05	21	0:01:56	37	0:21:25	33	1:23:48	70.0
Male	50-59	29	1466	Yong Nang	Tan	527	0:16:41	27	0:02:05	38	0:43:59	35	0:01:33	25	0:20:22	28	1:24:42	69.2
Male	50-59	30	0633	Christian	Kleeberg	570	0:18:41	41	0:01:53	36	0:38:16	12	0:01:54	36	0:26:10	42	1:26:56	67.4
Male	50-59	31	0621	Philip	Hall	578	0:18:32	39	0:01:31	26	0:43:39	34	0:01:53	35	0:21:38	35	1:27:14	67.2
Male	50-59	32	0635	Tan	Ah Kow	586	0:16:11	25	0:02:02	37	0:44:43	38	0:03:49	45	0:20:51	29	1:27:38	66.9
Male	50-59	33	1452	Foo Onn	Yong	587	0:17:25	33	0:01:27	24	0:44:15	37	0:01:21	17	0:23:14	39	1:27:43	66.8
Male	50-59	34	0650	Richard H.	Pollard	593	0:18:54	42	0:02:46	44	0:39:03	19	0:02:33	43	0:24:46	41	1:28:03	66.6
Male	50-59	35	0629	Cary	Pang	600	0:17:12	30	0:01:31	27	0:46:11	39	0:01:49	31	0:21:59	36	1:28:44	66.1
Male	50-59	36	1465	Matthew	Vitoria	607	0:15:58	23	0:01:10	13	0:50:47	43	0:01:22	18	0:20:00	25	1:29:18	65.7
Male	50-59	37	1447	Asbjoern	Bakke	629	0:18:41	40	0:02:10	42	0:41:35	25	0:02:06	39	0:26:35	44	1:31:09	64.3
Male	50-59	38	1471	Tee Kwong Steve	Wong	652	0:20:43	45	0:01:14	16	0:47:43	42	0:01:46	30	0:21:27	34	1:32:54	63.1
Male	50-59	39	1474	Siew Meng Steven	Lee	673	0:17:30	34	0:03:17	46	0:47:31	41	0:02:27	42	0:24:35	40	1:35:22	61.5
Male	50-59	40	0636	David	Lim	676	0:15:35	18	0:01:11	14	1:00:15	46	0:01:09	13	0:17:36	14	1:35:49	61.2
Male	50-59	41	1472	Bruce Leonard	Gorchitza	681	0:19:17	43	0:02:31	43	0:52:08	44	0:01:08	11	0:21:18	32	1:36:25	60.8
Male	50-59	42	1456	Kevin	Bossino	685	0:18:02	37	0:01:36	28	0:47:13	40	0:02:22	40	0:27:16	45	1:36:31	60.7
Male	50-59	43	0622	Steven	Baggott	710	0:17:33	35	0:01:42	31	0:57:40	45	0:01:05	10	0:22:13	37	1:40:15	58.5
Male	50-59	44	0646	Terence	Goh	725	0:25:24	47	0:03:39	47	0:44:10	36	0:02:25	41	0:26:30	43	1:42:10	57.4

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

Category			Race		Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	50-59	45	1449	Hee Toon Richard	Foo	730	0:24:03	46	0:02:06	39	0:43:24	32	0:02:45	44	0:30:44	46	1:43:06	56.9
Male	50-59		0645	Keith	Moore		0:19:19	44	0:02:07	41								
Male	50-59		0642	Matthew	Kuhn		0:17:13	31	0:01:13	15	0:02:49	1	0:34:50	46	0:17:39	15	1:13:45	

Result Sprint Duathlon - by Category
Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Category			Race			Total	Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Cat.	Pos.	No.	First Name	Last Name	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Pos	Time	Points
Male	60+	1	1475	Hans	Bock	347	0:15:55	1	0:01:04	1	0:42:27	1	0:00:56	1	0:17:04	1	1:17:27	100.0
Male	60+	2	0660	Ngiap Kui	Ng	741	0:31:25	2	0:01:21	2	0:47:09	2	0:01:41	2	0:23:57	2	1:45:35	73.4