

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | | Transition 1 | | | | | Bike | | | | | Transition 2 | | | | | Run 2 | | | | |
|-----------|----------|------------|-----------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------|--------------|-------|-------|-------|---------|-------|-------|-------|-------|---------|--------------|-------|-------|---------|-------|-------|-------|--------|--|--|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km | | |
| 1 | 784 | Daniel | Plews | 0:45:38 | 20-29 | 1 | Male | 1 | 0:09:58 | 1 | 1 | 1 | 03:19 | 0:01:02 | 1 | 1 | 1 | 0:23:18 | 1 | 1 | 1 | 38.63 | 0:01:08 | 9 | 4 | 7 | 0:10:10 | 3 | 1 | 3 | 03:38 | | |
| 2 | 166 | David | Edwards | 0:48:18 | 30-39 | 1 | Male | 2 | 0:10:00 | 2 | 1 | 2 | 03:20 | 0:01:13 | 8 | 3 | 7 | 0:25:57 | 30 | 11 | 28 | 34.68 | 0:02:09 | 369 | 118 | 286 | 0:08:57 | 1 | 1 | 1 | 03:12 | | |
| 3 | 418 | Chuan Rong | Loo | 0:48:32 | 20-29 | 2 | Male | 3 | 0:10:44 | 8 | 3 | 7 | 03:35 | 0:01:09 | 4 | 2 | 3 | 0:25:15 | 10 | 4 | 10 | 35.64 | 0:01:05 | 5 | 3 | 4 | 0:10:16 | 5 | 2 | 5 | 03:40 | | |
| 4 | 211 | Melvin | Wong | 0:49:09 | 20-29 | 3 | Male | 4 | 0:10:06 | 3 | 2 | 3 | 03:22 | 0:01:12 | 6 | 3 | 5 | 0:26:00 | 32 | 5 | 30 | 34.62 | 0:01:15 | 16 | 6 | 12 | 0:10:32 | 6 | 3 | 6 | 03:46 | | |
| 5 | 407 | Bobby | Bostic | 0:49:16 | 40-49 | 1 | Male | 5 | 0:10:50 | 9 | 1 | 8 | 03:37 | 0:01:21 | 18 | 3 | 16 | 0:24:35 | 5 | 2 | 5 | 36.61 | 0:01:20 | 33 | 7 | 27 | 0:11:07 | 12 | 2 | 10 | 03:58 | | |
| 6 | 657 | Ng | Zhaomu | 0:49:20 | <20 | 1 | Male | 6 | 0:10:27 | 6 | 3 | 6 | 03:29 | 0:01:23 | 21 | 3 | 19 | 0:25:25 | 13 | 1 | 13 | 35.41 | 0:01:23 | 46 | 3 | 39 | 0:10:38 | 7 | 2 | 7 | 03:48 | | |
| 7 | 287 | Dirk | Sandrock | 0:50:03 | 40-49 | 2 | Male | 7 | 0:11:04 | 15 | 5 | 14 | 03:41 | 0:01:21 | 19 | 4 | 17 | 0:24:19 | 3 | 1 | 3 | 37.01 | 0:01:22 | 42 | 9 | 35 | 0:11:54 | 28 | 5 | 24 | 04:15 | | |
| 8 | 833 | Anton | Kort | 0:50:06 | 30-39 | 2 | Male | 8 | 0:10:58 | 12 | 2 | 11 | 03:39 | 0:01:05 | 2 | 1 | 2 | 0:25:01 | 7 | 2 | 7 | 35.98 | 0:01:07 | 6 | 1 | 5 | 0:11:53 | 23 | 8 | 20 | 04:15 | | |
| 9 | 41 | Dean | Pearce | 0:50:14 | 30-39 | 3 | Male | 9 | 0:11:01 | 13 | 3 | 12 | 03:40 | 0:01:33 | 57 | 18 | 46 | 0:25:24 | 12 | 4 | 12 | 35.43 | 0:02:11 | 384 | 122 | 294 | 0:10:03 | 2 | 2 | 2 | 03:35 | | |
| 10 | 549 | William | Allen | 0:50:30 | 40-49 | 3 | Male | 10 | 0:10:51 | 10 | 2 | 9 | 03:37 | 0:01:33 | 55 | 12 | 44 | 0:25:42 | 23 | 8 | 22 | 35.02 | 0:01:22 | 43 | 10 | 36 | 0:10:59 | 9 | 1 | 9 | 03:55 | | |
| 11 | 687 | Arnaud | Selukov | 0:50:33 | 40-49 | 4 | Male | 11 | 0:10:56 | 11 | 3 | 10 | 03:39 | 0:01:33 | 56 | 13 | 45 | 0:25:36 | 17 | 5 | 16 | 35.16 | 0:01:09 | 10 | 1 | 8 | 0:11:16 | 17 | 4 | 14 | 04:01 | | |
| 12 | 473 | Robert | Hensby | 0:50:34 | 30-39 | 4 | Male | 12 | 0:11:33 | 21 | 6 | 19 | 03:51 | 0:01:26 | 28 | 9 | 25 | 0:24:30 | 4 | 1 | 4 | 36.73 | 0:01:11 | 11 | 3 | 9 | 0:11:52 | 22 | 7 | 19 | 04:14 | | |
| 13 | 315 | Halligan | Quin | 0:51:01 | <20 | 2 | Male | 13 | 0:10:23 | 4 | 1 | 4 | 03:28 | 0:01:21 | 17 | 2 | 15 | 0:27:39 | 91 | 5 | 81 | 32.55 | 0:01:24 | 52 | 5 | 43 | 0:10:10 | 4 | 1 | 4 | 03:38 | | |
| 14 | 674 | Kevin | Timmons | 0:51:01 | 40-49 | 5 | Male | 14 | 0:11:53 | 35 | 7 | 33 | 03:58 | 0:01:19 | 12 | 1 | 11 | 0:24:38 | 6 | 3 | 6 | 36.54 | 0:01:14 | 14 | 2 | 11 | 0:11:55 | 29 | 6 | 25 | 04:15 | | |
| 15 | 730 | Raphael | Chew | 0:51:08 | <20 | 3 | Male | 15 | 0:10:24 | 5 | 2 | 5 | 03:28 | 0:01:19 | 11 | 1 | 10 | 0:27:09 | 66 | 3 | 63 | 33.15 | 0:00:59 | 1 | 1 | 1 | 0:11:15 | 14 | 4 | 11 | 04:01 | | |
| 16 | 106 | Arjan | Roukema | 0:51:34 | 30-39 | 5 | Male | 16 | 0:11:36 | 27 | 9 | 25 | 03:52 | 0:01:40 | 100 | 32 | 85 | 0:25:23 | 11 | 3 | 11 | 35.46 | 0:01:21 | 37 | 9 | 30 | 0:11:31 | 18 | 4 | 15 | 04:07 | | |
| 17 | 149 | Donald | Bain | 0:51:43 | 30-39 | 6 | Male | 17 | 0:11:08 | 16 | 4 | 15 | 03:43 | 0:01:28 | 35 | 11 | 30 | 0:25:39 | 18 | 7 | 17 | 35.09 | 0:01:19 | 29 | 6 | 24 | 0:12:07 | 33 | 11 | 29 | 04:20 | | |
| 18 | 761 | Francis | Tan | 0:51:46 | 20-29 | 4 | Male | 18 | 0:11:16 | 18 | 4 | 16 | 03:45 | 0:01:38 | 84 | 17 | 70 | 0:25:04 | 9 | 3 | 9 | 35.90 | 0:01:33 | 98 | 22 | 79 | 0:12:12 | 45 | 11 | 39 | 04:21 | | |
| 19 | 283 | Desmond | Kao | 0:51:49 | 30-39 | 7 | Male | 19 | 0:11:35 | 25 | 8 | 23 | 03:52 | 0:01:27 | 31 | 10 | 27 | 0:26:15 | 37 | 16 | 35 | 34.29 | 0:01:15 | 17 | 4 | 13 | 0:11:15 | 15 | 3 | 12 | 04:01 | | |
| 20 | 433 | Lawrence | Ng | 0:52:09 | 30-39 | 8 | Male | 20 | 0:11:33 | 22 | 7 | 20 | 03:51 | 0:01:36 | 73 | 23 | 61 | 0:25:40 | 20 | 8 | 19 | 35.06 | 0:01:20 | 34 | 7 | 28 | 0:11:57 | 30 | 10 | 26 | 04:16 | | |
| 21 | 1 | Sante | Scartozzi | 0:52:25 | 40-49 | 6 | Male | 21 | 0:11:01 | 14 | 4 | 13 | 03:40 | 0:01:48 | 145 | 39 | 119 | 0:26:36 | 43 | 14 | 41 | 33.83 | 0:01:42 | 170 | 41 | 134 | 0:11:15 | 16 | 3 | 13 | 04:01 | | |
| 22 | 469 | Trudy | Fawcett | 0:52:30 | 30-39 | 1 | Female | 1 | 0:11:09 | 17 | 1 | 1 | 03:43 | 0:01:30 | 40 | 2 | 4 | 0:27:19 | 73 | 4 | 4 | 32.95 | 0:01:29 | 77 | 6 | 8 | 0:10:59 | 11 | 1 | 1 | 03:55 | | |
| 23 | 998 | Team | Loi Huat | 0:53:11 | Team | 1 | Team | 1 | 0:12:42 | 83 | 4 | 4 | 04:14 | 0:01:05 | 3 | 1 | 1 | 0:25:56 | 29 | 2 | 2 | 34.70 | 0:01:15 | 15 | 3 | 3 | 0:12:11 | 43 | 5 | 5 | 04:21 | | |
| 24 | 381 | John | Tomnay | 0:53:19 | 40-49 | 7 | Male | 22 | 0:11:59 | 40 | 10 | 37 | 04:00 | 0:01:35 | 67 | 14 | 55 | 0:25:40 | 19 | 6 | 18 | 35.06 | 0:01:29 | 74 | 17 | 62 | 0:12:33 | 66 | 13 | 57 | 04:29 | | |
| 25 | 666 | Neil | Van Heerden | 0:53:25 | 30-39 | 9 | Male | 23 | 0:12:08 | 50 | 16 | 47 | 04:03 | 0:01:33 | 58 | 19 | 47 | 0:25:28 | 14 | 5 | 14 | 35.34 | 0:01:58 | 293 | 93 | 229 | 0:12:16 | 48 | 14 | 42 | 04:33 | | |
| 26 | 49 | Juergen | Doerr | 0:53:26 | 40-49 | 8 | Male | 24 | 0:11:34 | 24 | 6 | 22 | 03:51 | 0:01:42 | 108 | 29 | 90 | 0:25:51 | 26 | 10 | 25 | 34.82 | 0:02:08 | 363 | 76 | 280 | 0:12:08 | 35 | 8 | 31 | 04:30 | | |
| 27 | 450 | Trent | Standen | 0:53:33 | 30-39 | 10 | Male | 25 | 0:12:50 | 90 | 31 | 82 | 04:17 | 0:01:33 | 59 | 20 | 48 | 0:25:41 | 22 | 9 | 21 | 35.04 | 0:01:07 | 8 | 2 | 6 | 0:12:18 | 50 | 15 | 44 | 04:33 | | |
| 28 | 32 | Tai | Chen Lye Andrew | 0:53:36 | 20-29 | 5 | Male | 26 | 0:11:46 | 32 | 9 | 30 | 03:55 | 0:01:46 | 135 | 23 | 111 | 0:26:50 | 55 | 8 | 53 | 33.54 | 0:01:17 | 24 | 9 | 19 | 0:11:54 | 27 | 6 | 23 | 04:24 | | |
| 29 | 648 | Mark | Jones | 0:53:41 | 40-49 | 9 | Male | 27 | 0:13:10 | 115 | 24 | 102 | 04:23 | 0:01:32 | 52 | 11 | 42 | 0:25:03 | 8 | 4 | 8 | 35.93 | 0:01:27 | 63 | 13 | 52 | 0:12:26 | 57 | 11 | 50 | 04:36 | | |
| 30 | 555 | Lee | Alvin | 0:53:43 | <20 | 4 | Male | 28 | 0:11:52 | 34 | 6 | 32 | 03:57 | 0:01:38 | 85 | 6 | 71 | 0:26:41 | 50 | 2 | 48 | 33.73 | 0:01:23 | 48 | 4 | 41 | 0:12:06 | 32 | 6 | 28 | 04:29 | | |
| 31 | 385 | Brett | Verschoor | 0:53:48 | 30-39 | 11 | Male | 29 | 0:12:04 | 46 | 14 | 43 | 04:01 | 0:01:44 | 119 | 36 | 98 | 0:26:37 | 45 | 19 | 43 | 33.81 | 0:01:49 | 236 | 69 | 188 | 0:11:31 | 19 | 5 | 16 | 04:16 | | |
| 32 | 409 | Malcolm | Elley | 0:53:54 | 50+ | 1 | Male | 30 | 0:12:28 | 65 | 1 | 62 | 04:09 | 0:01:27 | 32 | 1 | 28 | 0:25:52 | 27 | 1 | 26 | 34.79 | 0:01:30 | 81 | 1 | 65 | 0:12:35 | 69 | 1 | 59 | 04:40 | | |
| 33 | 216 | Paride | Della Rosa | 0:53:58 | 30-39 | 12 | Male | 31 | 0:12:23 | 62 | 24 | 59 | 04:08 | 0:01:37 | 81 | 26 | 67 | 0:25:59 | 31 | 12 | 29 | 34.64 | 0:01:23 | 47 | 12 | 40 | 0:12:33 | 65 | 21 | 56 | 04:39 | | |
| 34 | 336 | Fraser | Morrison | 0:53:58 | 40-49 | 10 | Male | 32 | 0:12:13 | 53 | 13 | 50 | 04:04 | 0:01:19 | 13 | 2 | 12 | 0:26:44 | 52 | 17 | 50 | 33.67 | 0:01:15 | 18 | 3 | 14 | 0:12:25 | 55 | 10 | 48 | 04:36 | | |
| 35 | 448 | Chwee | Bo Ee Bernard | 0:53:59 | 20-29 | 6 | Male | 33 | 0:11:33 | 23 | 5 | 21 | 03:51 | 0:01:31 | 46 | 10 | 37 | 0:27:03 | 62 | 9 | 59 | 33.27 | 0:01:18 | 26 | 11 | 21 | 0:12:33 | 64 | 15 | 55 | 04:39 | | |
| 36 | 293 | Slava | Krimatat | 0:54:10 | 30-39 | 13 | Male | 34 | 0:11:58 | 39 | 12 | 36 | 03:59 | 0:01:29 | 38 | 12 | 32 | 0:26:57 | 58 | 24 | 56 | 33.40 | 0:01:25 | 56 | 13 | 46 | 0:12:19 | 51 | 16 | 45 | 04:34 | | |
| 37 | 116 | Gregoire | Sauve | 0:54:13 | 30-39 | 14 | Male | 35 | 0:11:37 | 28 | 10 | 26 | 03:52 | 0:01:48 | 146 | 46 | 120 | 0:27:01 | 60 | 25 | 57 | 33.31 | 0:01:34 | 105 | 29 | 85 | 0:12:10 | 40 | 12 | 35 | 04:30 | | |
| 38 | 95 | Victor | Seah | 0:54:15 | 30-39 | 15 | Male | 36 | 0:12:14 | 54 | 19 | 51 | 04:05 | 0:01:38 | 86 | 27 | 72 | 0:26:02 | 33 | 13 | 31 | 34.57 | 0:01:21 | 39 | 10 | 32 | 0:12:57 | 87 | 27 | 76 | 04:48 | | |
| 39 | 605 | Brian | Tan | 0:54:21 | 20-29 | 7 | Male | 37 | 0:11:43 | 30 | 8 | 28 | 03:54 | 0:01:53 | 181 | 27 | 145 | 0:26:39 | 49 | 7 | 47 | 33.77 | 0:01:34 | 104 | 23 | 84 | 0:12:30 | 60 | 14 | 52 | 04:38 | | |
| 40 | 662 | Kalevi | Kostiainen | 0:54:22 | 40-49 | 11 | Male | 38 | 0:12:03 | 44 | 12 | 41 | 04:01 | 0:01:36 | 74 | 17 | 62 | 0:27:02 | 61 | 20 | 58 | 33.29 | 0:01:31 | 85 | 20 | 68 | 0:12:08 | 34 | 7 | 30 | 04:30 | | |
| 41 | 454 | Scott | Mckenzie | 0:54:31 | 40-49 | 12 | Male | 39 | 0:11:53 | 36 | 8 | 34 | 03:58 | 0:01:39 | 93 | 25 | 78 | 0:27:06 | 63 | 21 | 60 | 33.21 | 0:01:40 | 150 | 36 | 117 | 0:12:12 | 46 | 9 | 40 | 04:31 | | |
| 42 | 749 | Damian | Barrett | 0:54:42 | 30-39 | 16 | Male | 40 | 0:12:26 | 63 | 25 | 60 | 04:09 | 0:01:48 | 147 | 47 | 121 | 0:25:33 | 16 | 6 | 15 | 35.23 | 0:01:34 | 103 | 28 | 83 | 0:13:18 | 117 | 40 | 102 | 04:56 | | |
| 43 | 395 | Daniel | Allender | 0:54:44 | 20-29 | 8 | Male | 41 | 0:12:19 | 58 | 12 | 55 | 04:06 | 0:01:12 | 7 | 4 | 6 | 0:27:58 | 108 | 17 | 96 | 32.18 | 0:01:02 | 3 | 1 | 2 | 0:12:11 | 42 | 10 | 37 | 04:31 | | |
| 44 | 439 | Duncan | Semmens | 0:54:46 | 30-39 | 17 | Male | 42 | 0:12:09 | 51 | 17 | 48 | 04:03 | 0:01:23 | 22 | 7 | 20 | 0:27:07 | 64 | 26 | 61 | 33.19 | 0:01:27 | 64 | 16 | 53 | 0:12:37 | 71 | 22 | 61 | 04:40 | | |
| 45 | 424 | Gregory | Reynen | 0:54:48 | 30-39 | 18 | Male | 43 | 0:12:22 | 59 | | | | | | | | | | | | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009
Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|------------------|-----------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 57 | 52 | Arnaud | Clement | 0:55:59 | 20-29 | 10 | Male | 54 | 0:12:30 | 69 | 13 | 66 | 04:10 | 0:01:24 | 26 | 7 | 23 | 0:27:53 | 104 | 15 | 92 | 32.28 | 0:01:22 | 44 | 14 | 37 | 0:12:48 | 75 | 17 | 65 | 04:44 |
| 58 | 432 | Christian | Werner | 0:56:03 | 50+ | 2 | Male | 55 | 0:13:16 | 130 | 2 | 116 | 04:25 | 0:02:07 | 283 | 6 | 221 | 0:25:54 | 28 | 2 | 27 | 34.75 | 0:01:59 | 302 | 4 | 235 | 0:12:45 | 73 | 2 | 63 | 04:43 |
| 59 | 588 | Atsushi | Tamura | 0:56:06 | 30-39 | 22 | Male | 56 | 0:11:45 | 31 | 11 | 29 | 03:55 | 0:01:52 | 175 | 54 | 142 | 0:27:51 | 100 | 34 | 89 | 32.32 | 0:01:32 | 93 | 26 | 74 | 0:13:02 | 92 | 30 | 81 | 04:50 |
| 60 | 215 | Glenn | De Buf | 0:56:07 | 40-49 | 17 | Male | 57 | 0:13:18 | 133 | 31 | 119 | 04:26 | 0:01:26 | 30 | 6 | 26 | 0:27:07 | 65 | 22 | 62 | 33.19 | 0:01:16 | 22 | 4 | 17 | 0:12:57 | 86 | 20 | 75 | 04:48 |
| 61 | 73 | Dirk | Nicolay | 0:56:11 | 40-49 | 18 | Male | 58 | 0:13:11 | 118 | 25 | 105 | 04:24 | 0:01:49 | 159 | 43 | 130 | 0:26:12 | 36 | 11 | 34 | 34.35 | 0:01:38 | 130 | 28 | 101 | 0:13:18 | 118 | 25 | 103 | 04:56 |
| 62 | 480 | Michael | Pizel | 0:56:15 | 30-39 | 23 | Male | 59 | 0:12:29 | 66 | 27 | 63 | 04:10 | 0:01:44 | 120 | 37 | 99 | 0:27:28 | 80 | 29 | 73 | 32.77 | 0:01:27 | 67 | 17 | 55 | 0:13:04 | 99 | 33 | 86 | 04:50 |
| 63 | 563 | Toh | Yongming | 0:56:24 | 20-29 | 11 | Male | 60 | 0:11:35 | 26 | 6 | 24 | 03:52 | 0:01:14 | 9 | 5 | 8 | 0:30:20 | 224 | 32 | 196 | 29.67 | 0:01:03 | 4 | 2 | 3 | 0:12:09 | 36 | 7 | 32 | 04:30 |
| 64 | 53 | Carlos | Monterde Millan | 0:56:25 | 40-49 | 19 | Male | 61 | 0:12:39 | 77 | 16 | 73 | 04:13 | 0:01:23 | 23 | 5 | 21 | 0:27:57 | 106 | 33 | 94 | 32.20 | 0:01:19 | 30 | 5 | 25 | 0:13:05 | 101 | 23 | 88 | 04:51 |
| 65 | 393 | Harriette | Purchas | 0:56:33 | 40-49 | 1 | Female | 2 | 0:12:40 | 80 | 1 | 2 | 04:13 | 0:01:48 | 148 | 3 | 17 | 0:27:52 | 103 | 3 | 10 | 32.30 | 0:01:41 | 162 | 4 | 25 | 0:12:30 | 62 | 1 | 3 | 04:38 |
| 66 | 209 | Ling Er | Choo | 0:56:37 | 20-29 | 1 | Female | 3 | 0:12:48 | 88 | 2 | 4 | 04:16 | 0:01:45 | 129 | 4 | 15 | 0:27:38 | 90 | 1 | 8 | 32.57 | 0:01:30 | 83 | 2 | 10 | 0:12:53 | 82 | 2 | 5 | 04:46 |
| 67 | 398 | Steven | Joyce | 0:56:41 | 40-49 | 20 | Male | 62 | 0:13:09 | 114 | 23 | 101 | 04:23 | 0:01:32 | 51 | 10 | 41 | 0:26:29 | 41 | 12 | 39 | 33.98 | 0:01:38 | 131 | 29 | 102 | 0:13:50 | 161 | 38 | 142 | 05:07 |
| 68 | 246 | Nicole | Gallagher | 0:56:43 | 30-39 | 2 | Female | 4 | 0:13:24 | 142 | 6 | 10 | 04:28 | 0:01:31 | 49 | 4 | 6 | 0:27:16 | 70 | 3 | 3 | 33.01 | 0:01:27 | 65 | 4 | 6 | 0:13:03 | 95 | 3 | 6 | 04:50 |
| 69 | 326 | Byron | Rienstra | 0:56:43 | 30-39 | 24 | Male | 63 | 0:12:53 | 95 | 33 | 86 | 04:18 | 0:01:44 | 121 | 38 | 100 | 0:25:42 | 24 | 10 | 23 | 35.02 | 0:01:54 | 268 | 83 | 209 | 0:14:28 | 207 | 65 | 178 | 05:21 |
| 70 | 206 | Pan | Yancai | 0:56:51 | 20-29 | 12 | Male | 64 | 0:12:59 | 101 | 23 | 91 | 04:20 | 0:01:41 | 106 | 19 | 88 | 0:27:50 | 99 | 14 | 88 | 32.34 | 0:01:29 | 78 | 18 | 64 | 0:12:50 | 77 | 18 | 67 | 04:45 |
| 71 | 101 | Wendy | Wilcox | 0:56:52 | 40-49 | 2 | Female | 5 | 0:13:32 | 159 | 3 | 12 | 04:31 | 0:01:29 | 39 | 1 | 3 | 0:27:20 | 74 | 1 | 5 | 32.93 | 0:01:23 | 49 | 1 | 4 | 0:13:04 | 98 | 2 | 7 | 04:50 |
| 72 | 119 | Allan | Norton | 0:56:52 | 40-49 | 21 | Male | 65 | 0:11:55 | 38 | 9 | 35 | 03:58 | 0:01:43 | 115 | 32 | 95 | 0:29:06 | 155 | 50 | 140 | 30.93 | 0:01:34 | 106 | 24 | 86 | 0:12:30 | 61 | 12 | 53 | 04:38 |
| 73 | 301 | Darren | Tham | 0:56:57 | 30-39 | 25 | Male | 66 | 0:12:22 | 60 | 22 | 57 | 04:07 | 0:01:14 | 10 | 4 | 9 | 0:29:35 | 185 | 71 | 165 | 30.42 | 0:01:34 | 107 | 30 | 87 | 0:12:10 | 41 | 13 | 36 | 04:30 |
| 74 | 184 | Bransby | Whitton | 0:57:00 | 30-39 | 26 | Male | 67 | 0:13:16 | 131 | 41 | 117 | 04:25 | 0:01:48 | 150 | 48 | 122 | 0:27:16 | 71 | 28 | 66 | 33.01 | 0:01:36 | 117 | 33 | 93 | 0:13:01 | 91 | 29 | 80 | 04:49 |
| 75 | 346 | Jonathan Leonard | Pereira | 0:57:00 | 30-39 | 27 | Male | 68 | 0:12:37 | 75 | 28 | 71 | 04:12 | 0:01:24 | 27 | 8 | 24 | 0:29:04 | 152 | 56 | 137 | 30.96 | 0:01:28 | 71 | 20 | 59 | 0:12:25 | 56 | 19 | 49 | 04:36 |
| 76 | 457 | Thomas | Foster | 0:57:01 | 20-29 | 13 | Male | 69 | 0:13:14 | 126 | 29 | 112 | 04:25 | 0:01:54 | 190 | 32 | 154 | 0:26:25 | 39 | 6 | 37 | 34.07 | 0:01:55 | 277 | 53 | 217 | 0:13:31 | 140 | 30 | 122 | 05:00 |
| 77 | 248 | Alex | Monck | 0:57:02 | 30-39 | 28 | Male | 70 | 0:12:07 | 49 | 15 | 46 | 04:02 | 0:02:03 | 252 | 74 | 195 | 0:28:28 | 127 | 44 | 114 | 31.62 | 0:01:31 | 86 | 22 | 69 | 0:12:50 | 78 | 23 | 68 | 04:45 |
| 78 | 529 | Ming Yao | Lim | 0:57:02 | 20-29 | 14 | Male | 71 | 0:12:47 | 87 | 19 | 80 | 04:16 | 0:02:06 | 276 | 42 | 215 | 0:27:26 | 78 | 10 | 71 | 32.81 | 0:01:38 | 133 | 29 | 104 | 0:13:02 | 93 | 20 | 82 | 04:50 |
| 79 | 167 | Sharyn | Edwards | 0:57:03 | 30-39 | 3 | Female | 6 | 0:13:11 | 119 | 4 | 8 | 04:24 | 0:01:28 | 37 | 1 | 2 | 0:27:31 | 84 | 5 | 6 | 32.71 | 0:01:35 | 109 | 10 | 14 | 0:13:16 | 116 | 5 | 9 | 04:55 |
| 80 | 428 | Paul | Dalton | 0:57:03 | 30-39 | 29 | Male | 72 | 0:11:59 | 42 | 13 | 39 | 04:00 | 0:01:53 | 182 | 55 | 146 | 0:28:42 | 140 | 49 | 125 | 31.36 | 0:01:31 | 88 | 23 | 70 | 0:12:55 | 85 | 26 | 74 | 04:47 |
| 81 | 984 | Team | Gt | 0:57:03 | Team | 3 | Team | 3 | 0:12:36 | 73 | 3 | 3 | 04:12 | 0:01:45 | 128 | 8 | 8 | 0:29:23 | 176 | 3 | 3 | 30.63 | 0:01:24 | 53 | 6 | 6 | 0:11:53 | 24 | 3 | 3 | 04:24 |
| 82 | 649 | Scott | Bales | 0:57:12 | 20-29 | 15 | Male | 73 | 0:12:57 | 97 | 21 | 87 | 04:19 | 0:01:44 | 122 | 20 | 101 | 0:27:27 | 79 | 11 | 72 | 32.79 | 0:01:38 | 134 | 30 | 105 | 0:13:23 | 128 | 28 | 113 | 04:57 |
| 83 | 196 | Ian | Hall | 0:57:15 | 20-29 | 16 | Male | 74 | 0:12:36 | 74 | 15 | 70 | 04:12 | 0:01:50 | 164 | 26 | 133 | 0:27:56 | 105 | 16 | 93 | 32.22 | 0:01:40 | 152 | 32 | 119 | 0:13:12 | 111 | 25 | 97 | 04:53 |
| 84 | 182 | Willie | Smit | 0:57:16 | 30-39 | 30 | Male | 75 | 0:12:11 | 52 | 18 | 49 | 04:04 | 0:01:39 | 94 | 30 | 79 | 0:28:23 | 121 | 40 | 108 | 31.71 | 0:01:54 | 271 | 84 | 212 | 0:13:07 | 104 | 35 | 91 | 04:51 |
| 85 | 84 | Vincent | Tan Choon Yong | 0:57:17 | 30-39 | 31 | Male | 76 | 0:13:28 | 151 | 47 | 135 | 04:29 | 0:01:38 | 88 | 28 | 73 | 0:26:04 | 34 | 14 | 32 | 34.53 | 0:01:35 | 108 | 31 | 88 | 0:14:29 | 211 | 66 | 181 | 05:22 |
| 86 | 468 | Edward | Sadler | 0:57:18 | 40-49 | 22 | Male | 77 | 0:13:13 | 124 | 27 | 110 | 04:24 | 0:01:44 | 124 | 34 | 103 | 0:26:38 | 47 | 16 | 45 | 33.79 | 0:01:44 | 195 | 43 | 152 | 0:13:57 | 172 | 42 | 152 | 05:10 |
| 87 | 124 | Mark | Rees | 0:57:29 | 40-49 | 23 | Male | 78 | 0:13:14 | 127 | 29 | 113 | 04:25 | 0:01:49 | 160 | 44 | 131 | 0:27:16 | 72 | 24 | 67 | 33.01 | 0:01:27 | 66 | 14 | 54 | 0:13:39 | 150 | 32 | 132 | 05:03 |
| 88 | 344 | Wei Feng Eric | So | 0:57:30 | 40-49 | 24 | Male | 79 | 0:12:39 | 78 | 17 | 74 | 04:13 | 0:01:28 | 36 | 7 | 31 | 0:28:05 | 111 | 36 | 99 | 32.05 | 0:01:19 | 31 | 6 | 26 | 0:13:55 | 166 | 41 | 147 | 05:09 |
| 89 | 403 | Benjamin | Quin | 0:57:35 | <20 | 7 | Male | 80 | 0:11:27 | 19 | 4 | 17 | 03:49 | 0:01:24 | 25 | 4 | 22 | 0:32:25 | 327 | 17 | 279 | 27.76 | 0:01:27 | 69 | 8 | 57 | 0:10:49 | 8 | 3 | 8 | 04:00 |
| 90 | 297 | Kelly | Ingham | 0:57:40 | 30-39 | 4 | Female | 7 | 0:13:45 | 181 | 8 | 14 | 04:35 | 0:01:56 | 201 | 21 | 30 | 0:27:00 | 59 | 1 | 1 | 33.33 | 0:01:29 | 76 | 5 | 7 | 0:13:27 | 135 | 7 | 11 | 04:59 |
| 91 | 430 | Paul | Absalom | 0:57:44 | 30-39 | 32 | Male | 81 | 0:12:41 | 81 | 29 | 76 | 04:14 | 0:01:10 | 5 | 2 | 4 | 0:28:14 | 116 | 38 | 103 | 31.88 | 0:01:59 | 303 | 95 | 236 | 0:13:37 | 147 | 51 | 129 | 05:03 |
| 92 | 506 | Warren | Sperry | 0:57:51 | 40-49 | 25 | Male | 82 | 0:14:02 | 202 | 50 | 178 | 04:41 | 0:01:36 | 77 | 19 | 65 | 0:26:37 | 44 | 15 | 42 | 33.81 | 0:01:30 | 82 | 19 | 66 | 0:14:04 | 175 | 44 | 154 | 05:13 |
| 93 | 558 | Dan | Bennett | 0:57:52 | 30-39 | 33 | Male | 83 | 0:13:00 | 103 | 35 | 93 | 04:20 | 0:01:46 | 136 | 41 | 112 | 0:27:32 | 86 | 31 | 78 | 32.69 | 0:01:55 | 278 | 88 | 218 | 0:13:38 | 148 | 52 | 130 | 05:03 |
| 94 | 394 | Andrew | Robertson | 0:57:55 | 40-49 | 26 | Male | 84 | 0:12:39 | 79 | 18 | 75 | 04:13 | 0:01:50 | 165 | 45 | 134 | 0:27:28 | 81 | 27 | 74 | 32.77 | 0:01:46 | 213 | 47 | 168 | 0:14:09 | 183 | 45 | 158 | 05:14 |
| 95 | 475 | Michael | Irwin Vidal | 0:57:59 | 20-29 | 17 | Male | 85 | 0:12:00 | 43 | 10 | 40 | 04:00 | 0:01:34 | 63 | 13 | 51 | 0:31:16 | 263 | 44 | 232 | 28.78 | 0:01:18 | 27 | 12 | 22 | 0:11:48 | 21 | 4 | 18 | 04:22 |
| 96 | 180 | Berend | Deiters | 0:58:03 | 30-39 | 34 | Male | 86 | 0:12:14 | 55 | 20 | 52 | 04:05 | 0:01:39 | 95 | 31 | 80 | 0:29:24 | 177 | 67 | 159 | 30.61 | 0:02:20 | 437 | 139 | 327 | 0:12:23 | 54 | 18 | 47 | 04:35 |
| 97 | 799 | Anthony | Edgar | 0:58:05 | 30-39 | 35 | Male | 87 | 0:13:50 | 186 | 63 | 165 | 04:37 | 0:02:20 | 372 | 115 | 287 | 0:27:41 | 93 | 32 | 83 | 32.51 | 0:01:42 | 174 | 45 | 138 | 0:12:30 | 63 | 20 | 54 | 04:38 |
| 98 | 361 | Matthew | Quin | 0:58:17 | 40-49 | 27 | Male | 88 | 0:12:32 | 70 | 15 | 67 | 04:11 | 0:01:30 | 41 | 8 | 33 | 0:30:00 | 206 | 59 | 182 | 30.00 | 0:01:22 | 45 | 11 | 38 | 0:12:50 | 76 | 17 | 66 | 04:45 |
| 99 | 444 | S78275211 | Lim | 0:58:19 | 30-39 | 36 | Male | 89 | 0:11:31 | 20 | 5 | 18 | 03:50 | 0:02:03 | 251 | 73 | 194 | 0:31:05 | 256 | 92 | 225 | 28.95 | 0:01:43 | 191 | 53 | 149 | 0:11:53 | 25 | 9 | 21 | 04:24 |
| 100 | 191 | Winston | Cervantes | 0:58:20 | 40-49 | 28 | Male | 90 | 0:13:31 | 158 | 39 | 141 | 04:30 | | | | | | | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|----------------------|--------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 112 | 147 | Steve | Knabl | 0:58:49 | 30-39 | 41 | Male | 101 | 0:13:46 | 182 | 60 | 162 | 04:35 | 0:01:42 | 112 | 34 | 93 | 0:26:42 | 51 | 21 | 49 | 33.71 | 0:01:49 | 237 | 70 | 189 | 0:14:47 | 244 | 80 | 210 | 05:29 |
| 113 | 139 | Luke | Millar | 0:58:50 | 30-39 | 42 | Male | 102 | 0:13:39 | 170 | 55 | 152 | 04:33 | 0:01:47 | 140 | 43 | 115 | 0:28:27 | 125 | 42 | 119 | 31.63 | 0:01:51 | 251 | 77 | 199 | 0:13:02 | 244 | 31 | 83 | 04:50 |
| 114 | 626 | Donnelle | Glen | 0:58:57 | 30-39 | 6 | Female | 9 | 0:14:20 | 228 | 13 | 20 | 04:47 | 0:01:30 | 44 | 3 | 5 | 0:27:42 | 94 | 6 | 9 | 32.49 | 0:01:25 | 57 | 3 | 5 | 0:13:56 | 168 | 9 | 14 | 05:10 |
| 115 | 692 | Lee | Tong Loon | 0:58:58 | 20-29 | 20 | Male | 103 | 0:17:21 | 490 | 84 | 393 | 05:47 | 0:01:56 | 206 | 34 | 163 | 0:23:56 | 2 | 2 | 2 | 37.60 | 0:01:17 | 23 | 8 | 18 | 0:14:25 | 202 | 44 | 173 | 05:20 |
| 116 | 24 | Federico | D'Inca | 0:58:59 | 30-39 | 43 | Male | 104 | 0:13:59 | 196 | 66 | 173 | 04:40 | 0:02:20 | 373 | 116 | 288 | 0:26:44 | 53 | 22 | 51 | 33.67 | 0:01:38 | 132 | 35 | 103 | 0:14:15 | 190 | 59 | 164 | 05:17 |
| 117 | 286 | Luis | Suarez | 0:59:02 | 40-49 | 31 | Male | 105 | 0:13:27 | 149 | 37 | 133 | 04:29 | 0:02:36 | 455 | 96 | 342 | 0:27:22 | 75 | 25 | 68 | 32.89 | 0:01:54 | 269 | 57 | 210 | 0:13:41 | 151 | 33 | 133 | 05:04 |
| 118 | 68 | Celine | Ragazzoni | 0:59:04 | 30-39 | 7 | Female | 10 | 0:13:19 | 135 | 5 | 9 | 04:26 | 0:01:42 | 110 | 9 | 13 | 0:29:16 | 167 | 10 | 15 | 30.75 | 0:01:20 | 35 | 2 | 3 | 0:13:24 | 130 | 6 | 10 | 04:58 |
| 119 | 162 | Brett | Frazer | 0:59:08 | 30-39 | 44 | Male | 106 | 0:13:52 | 190 | 65 | 169 | 04:37 | 0:01:45 | 132 | 40 | 108 | 0:26:28 | 40 | 18 | 38 | 34.01 | 0:01:48 | 229 | 66 | 182 | 0:15:12 | 282 | 98 | 241 | 05:38 |
| 120 | 812 | Russell | Gripper | 0:59:10 | 40-49 | 32 | Male | 107 | 0:13:13 | 125 | 28 | 111 | 04:24 | 0:02:03 | 253 | 64 | 196 | 0:28:57 | 149 | 49 | 134 | 31.09 | 0:02:10 | 376 | 78 | 290 | 0:12:45 | 74 | 16 | 64 | 04:43 |
| 121 | 295 | Sheena | Ashford-Tait | 0:59:13 | 40-49 | 3 | Female | 11 | 0:13:30 | 155 | 2 | 11 | 04:30 | 0:01:47 | 139 | 2 | 16 | 0:28:33 | 131 | 4 | 12 | 31.52 | 0:01:36 | 120 | 3 | 18 | 0:13:43 | 154 | 3 | 13 | 05:05 |
| 122 | 612 | Duncan | Ashford | 0:59:13 | 40-49 | 33 | Male | 108 | 0:13:25 | 145 | 35 | 129 | 04:28 | 0:01:48 | 152 | 41 | 124 | 0:27:33 | 87 | 29 | 79 | 32.67 | 0:01:40 | 151 | 37 | 118 | 0:14:44 | 239 | 57 | 205 | 05:27 |
| 123 | 610 | Goh | Soon Lee | 0:59:26 | 20-29 | 21 | Male | 109 | 0:12:50 | 91 | 20 | 83 | 04:17 | 0:01:41 | 105 | 18 | 87 | 0:31:25 | 274 | 46 | 242 | 28.65 | 0:01:18 | 28 | 13 | 23 | 0:12:09 | 37 | 8 | 33 | 04:30 |
| 124 | 194 | Ooi Junming | Ronald | 0:59:29 | 20-29 | 22 | Male | 110 | 0:13:00 | 104 | 24 | 94 | 04:20 | 0:02:11 | 325 | 51 | 254 | 0:29:28 | 179 | 27 | 160 | 30.54 | 0:01:40 | 154 | 33 | 121 | 0:13:08 | 105 | 21 | 92 | 04:52 |
| 125 | 435 | Brian | Sheehan | 0:59:33 | 40-49 | 34 | Male | 111 | 0:13:24 | 143 | 33 | 127 | 04:28 | 0:02:01 | 237 | 59 | 183 | 0:28:26 | 124 | 41 | 111 | 31.65 | 0:01:45 | 201 | 45 | 157 | 0:13:54 | 165 | 40 | 146 | 05:09 |
| 126 | 417 | Elisebeth | Spangenberg | 0:59:34 | 30-39 | 8 | Female | 12 | 0:12:56 | 96 | 3 | 6 | 04:19 | 0:01:40 | 102 | 6 | 10 | 0:30:03 | 212 | 18 | 24 | 29.95 | 0:01:42 | 177 | 16 | 26 | 0:13:10 | 107 | 4 | 8 | 04:53 |
| 127 | 779 | Scott | Wilson | 0:59:36 | 20-29 | 23 | Male | 112 | 0:13:19 | 136 | 30 | 121 | 04:26 | 0:02:10 | 313 | 50 | 245 | 0:28:39 | 135 | 18 | 121 | 31.41 | 0:02:14 | 400 | 67 | 305 | 0:13:11 | 110 | 24 | 96 | 04:53 |
| 128 | 461 | Yang | Changxing | 0:59:40 | 40-49 | 35 | Male | 113 | 0:12:58 | 99 | 20 | 89 | 04:19 | 0:02:01 | 236 | 58 | 182 | 0:29:50 | 198 | 57 | 174 | 30.17 | 0:01:25 | 58 | 12 | 47 | 0:13:23 | 127 | 28 | 112 | 04:57 |
| 129 | 802 | Sze Min | Yue | 0:59:40 | 40-49 | 36 | Male | 114 | 0:13:38 | 167 | 41 | 149 | 04:33 | 0:02:00 | 232 | 56 | 178 | 0:28:16 | 119 | 39 | 106 | 31.84 | 0:01:59 | 304 | 61 | 237 | 0:13:44 | 155 | 35 | 136 | 05:05 |
| 130 | 111 | Justin | Hotton | 0:59:43 | 30-39 | 45 | Male | 115 | 0:13:21 | 138 | 43 | 123 | 04:27 | 0:02:00 | 231 | 70 | 177 | 0:28:24 | 123 | 41 | 110 | 31.69 | 0:01:51 | 250 | 76 | 198 | 0:14:04 | 176 | 56 | 155 | 05:13 |
| 131 | 545 | Miranda | Heck | 0:59:43 | 20-29 | 22 | Female | 13 | 0:12:44 | 86 | 1 | 3 | 04:15 | 0:01:20 | 16 | 1 | 1 | 0:32:01 | 306 | 4 | 38 | 28.11 | 0:01:13 | 13 | 1 | 1 | 0:12:23 | 53 | 1 | 2 | 04:35 |
| 132 | 652 | Andrew | Kwok | 0:59:47 | 30-39 | 46 | Male | 116 | 0:13:15 | 128 | 40 | 114 | 04:25 | 0:02:27 | 414 | 130 | 316 | 0:28:50 | 146 | 53 | 131 | 31.21 | 0:01:48 | 230 | 67 | 183 | 0:13:24 | 131 | 44 | 115 | 04:58 |
| 133 | 289 | Jit Khoon | Tan | 0:59:49 | 40-49 | 37 | Male | 117 | 0:14:00 | 200 | 48 | 176 | 04:40 | 0:01:39 | 99 | 28 | 84 | 0:28:24 | 122 | 40 | 109 | 31.69 | 0:02:01 | 322 | 64 | 246 | 0:13:42 | 152 | 34 | 134 | 05:04 |
| 134 | 487 | Wendel | Medina | 0:59:53 | 30-39 | 47 | Male | 118 | 0:13:41 | 175 | 56 | 156 | 04:34 | 0:02:09 | 305 | 95 | 239 | 0:28:44 | 142 | 51 | 127 | 31.32 | 0:01:43 | 188 | 51 | 146 | 0:13:35 | 146 | 50 | 128 | 05:02 |
| 135 | 408 | Phillip | Lynch | 0:59:57 | 40-49 | 38 | Male | 119 | 0:13:37 | 164 | 40 | 146 | 04:32 | 0:01:38 | 89 | 22 | 74 | 0:28:35 | 133 | 44 | 119 | 31.49 | 0:01:46 | 215 | 48 | 169 | 0:14:18 | 194 | 48 | 168 | 05:18 |
| 136 | 597 | Gregory | Pong | 1:00:03 | 40-49 | 39 | Male | 120 | 0:13:56 | 192 | 45 | 170 | 04:39 | 0:01:39 | 98 | 27 | 83 | 0:28:45 | 143 | 47 | 128 | 31.30 | 0:01:53 | 262 | 56 | 205 | 0:13:47 | 159 | 36 | 140 | 05:06 |
| 137 | 206 | Michael | Lyons | 1:00:06 | 50+ | 3 | Male | 121 | 0:15:03 | 297 | 8 | 252 | 05:01 | 0:02:02 | 245 | 3 | 189 | 0:26:38 | 48 | 3 | 46 | 33.79 | 0:01:42 | 171 | 2 | 135 | 0:14:39 | 234 | 6 | 200 | 05:26 |
| 138 | 402 | Matthew | De Plater | 1:00:07 | 30-39 | 48 | Male | 122 | 0:13:29 | 154 | 49 | 138 | 04:30 | 0:01:31 | 50 | 16 | 40 | 0:30:02 | 210 | 78 | 185 | 29.97 | 0:01:47 | 224 | 63 | 177 | 0:13:15 | 114 | 38 | 100 | 04:54 |
| 139 | 643 | Christopher | Chng | 1:00:08 | 30-39 | 49 | Male | 123 | 0:12:22 | 61 | 23 | 58 | 04:07 | 0:01:21 | 20 | 6 | 18 | 0:33:21 | 364 | 128 | 304 | 26.99 | 0:01:20 | 36 | 8 | 29 | 0:11:43 | 20 | 6 | 17 | 04:20 |
| 140 | 237 | Richard | Nicholas | 1:00:10 | 40-49 | 40 | Male | 124 | 0:15:09 | 304 | 68 | 259 | 05:03 | 0:01:58 | 218 | 54 | 170 | 0:26:54 | 56 | 18 | 54 | 33.46 | 0:01:40 | 149 | 35 | 116 | 0:14:25 | 205 | 50 | 176 | 05:20 |
| 141 | 717 | Lee | Jiahe Steven | 1:00:17 | 20-29 | 24 | Male | 125 | 0:12:34 | 71 | 14 | 68 | 04:11 | 0:02:10 | 312 | 49 | 244 | 0:28:57 | 150 | 19 | 135 | 31.09 | 0:02:40 | 529 | 82 | 392 | 0:13:53 | 164 | 36 | 145 | 05:09 |
| 142 | 123 | Colin | Ryan | 1:00:19 | 40-49 | 41 | Male | 126 | 0:13:20 | 137 | 32 | 122 | 04:27 | 0:01:45 | 131 | 36 | 107 | 0:30:27 | 232 | 67 | 204 | 29.56 | 0:01:41 | 164 | 40 | 128 | 0:13:03 | 96 | 21 | 84 | 04:50 |
| 143 | 383 | Ben | Mitchell | 1:00:20 | 30-39 | 50 | Male | 127 | 0:14:26 | 242 | 87 | 212 | 04:49 | 0:02:27 | 415 | 131 | 317 | 0:27:11 | 67 | 27 | 64 | 33.11 | 0:01:52 | 255 | 78 | 202 | 0:14:22 | 200 | 63 | 171 | 05:19 |
| 144 | 831 | David Wai Lun | Ng | 1:00:21 | 40-49 | 42 | Male | 128 | 0:13:40 | 174 | 43 | 155 | 04:33 | 0:01:35 | 69 | 15 | 57 | 0:30:04 | 214 | 61 | 187 | 29.93 | 0:01:40 | 155 | 38 | 122 | 0:13:20 | 126 | 27 | 111 | 04:56 |
| 145 | 23 | Anne | Rozenausers | 1:00:22 | 30-39 | 9 | Female | 14 | 0:14:27 | 243 | 14 | 22 | 04:49 | 0:01:49 | 161 | 12 | 20 | 0:28:05 | 112 | 7 | 11 | 32.05 | 0:01:46 | 214 | 21 | 33 | 0:14:12 | 186 | 11 | 18 | 05:16 |
| 146 | 198 | Dwayne | Tan | 1:00:33 | 20-29 | 25 | Male | 129 | 0:13:02 | 107 | 25 | 97 | 04:21 | 0:01:53 | 183 | 28 | 147 | 0:29:20 | 172 | 26 | 155 | 30.68 | 0:02:29 | 482 | 76 | 357 | 0:13:46 | 157 | 33 | 138 | 05:06 |
| 147 | 758 | Jonathan | Quin | 1:00:33 | <20 | 10 | Male | 130 | 0:12:29 | 68 | 11 | 65 | 04:10 | 0:01:39 | 96 | 7 | 81 | 0:31:12 | 258 | 12 | 227 | 28.85 | 0:01:45 | 203 | 13 | 159 | 0:13:25 | 132 | 13 | 116 | 04:58 |
| 148 | 656 | Dennis | Tee | 1:00:34 | 30-39 | 51 | Male | 131 | 0:13:06 | 109 | 38 | 98 | 04:22 | 0:02:14 | 340 | 106 | 263 | 0:29:32 | 183 | 70 | 164 | 30.47 | 0:01:42 | 175 | 46 | 139 | 0:13:57 | 171 | 55 | 151 | 05:10 |
| 149 | 818 | Patrick Nanik Alcuaz | Metharam | 1:00:34 | 30-39 | 52 | Male | 132 | 0:13:37 | 165 | 53 | 147 | 04:32 | 0:01:43 | 116 | 35 | 96 | 0:28:50 | 145 | 52 | 130 | 31.21 | 0:01:39 | 142 | 37 | 112 | 0:14:42 | 236 | 78 | 202 | 05:27 |
| 150 | 231 | Marc | Probst | 1:00:37 | 30-39 | 53 | Male | 133 | 0:13:42 | 177 | 58 | 158 | 04:34 | 0:01:47 | 141 | 44 | 116 | 0:29:12 | 161 | 61 | 145 | 30.82 | 0:01:38 | 135 | 36 | 106 | 0:14:15 | 191 | 60 | 165 | 05:17 |
| 151 | 359 | Tan | Keng Boon | 1:00:46 | 20-29 | 26 | Male | 134 | 0:13:23 | 140 | 32 | 125 | 04:28 | 0:02:31 | 429 | 67 | 325 | 0:29:18 | 170 | 24 | 153 | 30.72 | 0:02:13 | 398 | 66 | 303 | 0:13:19 | 123 | 27 | 108 | 04:56 |
| 152 | 125 | Thomas | Rees | 1:00:49 | <20 | 11 | Male | 135 | 0:11:50 | 33 | 5 | 31 | 03:57 | 0:01:51 | 170 | 13 | 138 | 0:31:58 | 304 | 15 | 261 | 28.15 | 0:02:06 | 351 | 21 | 272 | 0:13:00 | 90 | 10 | 79 | 04:49 |
| 153 | 78 | Richard | Reid | 1:00:50 | 50+ | 4 | Male | 136 | 0:13:50 | 187 | 3 | 166 | 04:37 | 0:02:30 | 425 | 10 | 324 | 0:27:51 | 101 | 5 | 90 | 32.32 | 0:02:02 | 326 | 5 | 250 | 0:14:34 | 225 | 4 | 191 | 05:24 |
| 154 | 445 | Mohd Zulkiifi Masri | Masri | 1:00:50 | 20-29 | 27 | | | | | | | | | | | | | | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009
Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|--------------------|-------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 168 | 839 | Horatius | Hwang | 1:01:16 | 30-39 | 57 | Male | 149 | 0:13:30 | 166 | 50 | 139 | 04:30 | 0:02:19 | 366 | 114 | 283 | 0:29:20 | 174 | 65 | 157 | 30.68 | 0:02:35 | 515 | 164 | 382 | 0:13:29 | 137 | 47 | 120 | 05:00 |
| 169 | 620 | Shane | Yeap | 1:01:19 | <20 | 12 | Male | 150 | 0:13:18 | 134 | 16 | 120 | 04:26 | 0:01:59 | 222 | 15 | 172 | 0:28:15 | 177 | 7 | 104 | 31.86 | 0:02:01 | 321 | 20 | 245 | 0:15:43 | 329 | 18 | 270 | 05:49 |
| 170 | 623 | Jonathan | Grundy | 1:01:26 | 40-49 | 50 | Male | 151 | 0:14:00 | 201 | 49 | 177 | 04:40 | 0:01:38 | 90 | 23 | 75 | 0:29:50 | 197 | 56 | 173 | 30.17 | 0:01:39 | 144 | 33 | 113 | 0:14:17 | 193 | 47 | 167 | 05:17 |
| 171 | 311 | Muhammad Sallehan | Zainuddin | 1:01:29 | 20-29 | 28 | Male | 152 | 0:12:06 | 48 | 11 | 45 | 04:02 | 0:01:34 | 65 | 14 | 53 | 0:34:01 | 401 | 64 | 334 | 26.46 | 0:01:17 | 25 | 10 | 20 | 0:12:28 | 58 | 13 | 51 | 04:37 |
| 172 | 737 | Marc Olivier | Franq | 1:01:30 | 30-39 | 58 | Male | 153 | 0:14:08 | 208 | 70 | 183 | 04:43 | 0:02:11 | 328 | 103 | 257 | 0:27:43 | 96 | 33 | 85 | 32.47 | 0:01:43 | 186 | 49 | 144 | 0:15:42 | 325 | 112 | 269 | 05:49 |
| 173 | 463 | Jason | Humphries | 1:01:37 | 30-39 | 59 | Male | 154 | 0:13:44 | 178 | 59 | 159 | 04:35 | 0:02:06 | 277 | 84 | 216 | 0:28:44 | 141 | 50 | 126 | 31.32 | 0:02:23 | 453 | 145 | 337 | 0:14:38 | 233 | 76 | 199 | 05:25 |
| 174 | 155 | Tan | Gary | 1:01:38 | 20-29 | 29 | Male | 155 | 0:13:21 | 139 | 31 | 124 | 04:27 | 0:02:02 | 243 | 38 | 187 | 0:30:15 | 219 | 31 | 191 | 29.75 | 0:01:43 | 189 | 40 | 147 | 0:14:15 | 192 | 42 | 166 | 05:17 |
| 175 | 108 | Lee | Ian Lee Jun Wei | 1:01:39 | 20-29 | 30 | Male | 156 | 0:13:33 | 160 | 34 | 142 | 04:31 | 0:02:47 | 508 | 77 | 376 | 0:30:37 | 236 | 37 | 208 | 29.40 | 0:01:47 | 225 | 48 | 178 | 0:12:52 | 80 | 19 | 70 | 04:46 |
| 176 | 375 | Jorge | Maluquer De Motes | 1:01:41 | 30-39 | 60 | Male | 157 | 0:14:16 | 215 | 73 | 189 | 04:45 | 0:02:14 | 343 | 107 | 266 | 0:29:06 | 156 | 58 | 141 | 30.93 | 0:01:41 | 163 | 40 | 127 | 0:14:22 | 199 | 62 | 170 | 05:19 |
| 177 | 774 | Benedikt | Heintel | 1:01:41 | 20-29 | 31 | Male | 158 | 0:12:42 | 84 | 18 | 78 | 04:14 | 0:01:20 | 15 | 6 | 14 | 0:30:44 | 240 | 38 | 211 | 29.28 | 0:01:54 | 272 | 52 | 213 | 0:14:58 | 260 | 50 | 222 | 05:33 |
| 178 | 282 | Cheng Kiang | Teo | 1:01:42 | 20-29 | 32 | Male | 159 | 0:13:38 | 168 | 37 | 150 | 04:33 | 0:02:14 | 342 | 54 | 265 | 0:30:57 | 250 | 42 | 219 | 29.08 | 0:01:23 | 50 | 15 | 42 | 0:13:27 | 134 | 29 | 118 | 04:59 |
| 179 | 233 | David | Perring | 1:01:44 | 30-39 | 61 | Male | 160 | 0:13:50 | 188 | 64 | 167 | 04:37 | 0:01:53 | 186 | 56 | 150 | 0:29:54 | 201 | 74 | 177 | 30.10 | 0:01:31 | 90 | 24 | 72 | 0:14:34 | 221 | 70 | 187 | 05:24 |
| 180 | 143 | Simon | Street | 1:01:46 | 20-29 | 33 | Male | 161 | 0:14:24 | 237 | 45 | 208 | 04:48 | 0:02:06 | 279 | 43 | 218 | 0:29:04 | 153 | 20 | 138 | 30.96 | 0:01:44 | 196 | 42 | 153 | 0:14:25 | 206 | 45 | 177 | 05:20 |
| 181 | 616 | Sarvin | Patel | 1:01:46 | 30-39 | 62 | Male | 162 | 0:13:34 | 161 | 52 | 143 | 04:31 | 0:01:57 | 209 | 63 | 166 | 0:31:17 | 266 | 97 | 235 | 28.77 | 0:01:45 | 204 | 57 | 160 | 0:13:11 | 109 | 36 | 95 | 04:53 |
| 182 | 325 | Joanna | Morris | 1:01:48 | 30-39 | 12 | Female | 17 | 0:13:39 | 171 | 7 | 13 | 04:33 | 0:01:51 | 171 | 14 | 22 | 0:30:57 | 249 | 22 | 28 | 29.08 | 0:01:49 | 240 | 23 | 36 | 0:13:31 | 139 | 8 | 12 | 05:00 |
| 183 | 356 | Yuvaraj | Turiahdassu | 1:01:48 | 20-29 | 34 | Male | 163 | 0:13:10 | 117 | 28 | 104 | 04:23 | 0:02:49 | 516 | 79 | 382 | 0:31:57 | 303 | 47 | 260 | 28.17 | 0:01:55 | 279 | 54 | 219 | 0:11:53 | 26 | 5 | 22 | 04:24 |
| 184 | 815 | Hannah | Sullivan | 1:01:50 | 30-39 | 13 | Female | 18 | 0:14:03 | 203 | 11 | 17 | 04:41 | 0:02:01 | 238 | 29 | 42 | 0:29:33 | 184 | 11 | 17 | 30.46 | 0:02:06 | 347 | 37 | 64 | 0:14:04 | 177 | 10 | 15 | 05:13 |
| 185 | 401 | Edouard | Goetheluck | 1:01:52 | 30-39 | 63 | Male | 164 | 0:14:06 | 205 | 68 | 180 | 04:42 | 0:01:57 | 210 | 64 | 167 | 0:28:41 | 138 | 48 | 123 | 31.38 | 0:02:06 | 346 | 109 | 268 | 0:14:59 | 262 | 87 | 223 | 05:33 |
| 186 | 357 | Bastiaan | Van Buuren | 1:01:53 | 30-39 | 64 | Male | 165 | 0:12:58 | 100 | 34 | 90 | 04:19 | 0:02:50 | 520 | 166 | 386 | 0:31:35 | 284 | 101 | 247 | 28.50 | 0:02:07 | 361 | 114 | 279 | 0:12:20 | 52 | 17 | 46 | 04:34 |
| 187 | 492 | Kenneth | Tan | 1:01:54 | <20 | 13 | Male | 166 | 0:13:11 | 120 | 14 | 106 | 04:24 | 0:02:58 | 540 | 24 | 404 | 0:30:01 | 209 | 11 | 184 | 29.98 | 0:02:08 | 366 | 22 | 283 | 0:13:32 | 142 | 14 | 124 | 05:01 |
| 188 | 131 | Michael | Hilzinger | 1:02:00 | 40-49 | 51 | Male | 167 | 0:14:52 | 282 | 63 | 240 | 04:57 | 0:01:37 | 83 | 21 | 69 | 0:27:52 | 102 | 32 | 91 | 32.30 | 0:01:36 | 118 | 25 | 94 | 0:16:01 | 350 | 81 | 287 | 05:56 |
| 189 | 43 | Colin | Alexander | 1:02:05 | 50+ | 6 | Male | 168 | 0:14:15 | 214 | 4 | 188 | 04:45 | 0:02:12 | 332 | 7 | 259 | 0:29:41 | 192 | 6 | 170 | 30.32 | 0:01:58 | 296 | 3 | 232 | 0:13:56 | 169 | 3 | 149 | 05:10 |
| 190 | 641 | Pascal | Loux | 1:02:08 | 30-39 | 65 | Male | 169 | 0:14:48 | 275 | 97 | 234 | 04:56 | 0:02:07 | 287 | 86 | 225 | 0:28:31 | 130 | 45 | 117 | 31.56 | 0:01:43 | 187 | 50 | 145 | 0:14:56 | 258 | 86 | 220 | 05:32 |
| 191 | 686 | Kevin | Poh Chu Kiat | 1:02:20 | 20-29 | 35 | Male | 170 | 0:13:36 | 163 | 36 | 145 | 04:32 | 0:01:53 | 185 | 30 | 149 | 0:29:16 | 168 | 23 | 151 | 30.75 | 0:02:23 | 454 | 72 | 338 | 0:15:10 | 278 | 52 | 238 | 05:37 |
| 192 | 207 | Tan | Eliza | 1:02:22 | 20-29 | 3 | Female | 19 | 0:13:08 | 113 | 3 | 7 | 04:23 | 0:01:38 | 87 | 2 | 9 | 0:31:54 | 297 | 3 | 36 | 28.21 | 0:01:31 | 91 | 3 | 12 | 0:14:09 | 182 | 3 | 17 | 05:14 |
| 193 | 483 | Ruth | Stubbs | 1:02:22 | 40-49 | 4 | Female | 20 | 0:14:42 | 266 | 4 | 29 | 04:54 | 0:01:59 | 226 | 5 | 40 | 0:27:34 | 88 | 2 | 7 | 32.65 | 0:02:09 | 370 | 12 | 69 | 0:15:55 | 345 | 10 | 51 | 05:54 |
| 194 | 472 | Gomoiu | Alexandru | 1:02:25 | 30-39 | 66 | Male | 171 | 0:13:47 | 185 | 62 | 164 | 04:36 | 0:02:25 | 397 | 125 | 306 | 0:29:16 | 169 | 64 | 152 | 30.75 | 0:02:05 | 344 | 108 | 266 | 0:14:49 | 250 | 82 | 215 | 05:29 |
| 195 | 197 | Luc | Serviant | 1:02:28 | 40-49 | 52 | Male | 172 | 0:13:07 | 111 | 22 | 100 | 04:22 | 0:01:55 | 196 | 51 | 158 | 0:31:11 | 257 | 71 | 226 | 28.86 | 0:01:39 | 145 | 34 | 114 | 0:14:34 | 223 | 54 | 189 | 05:24 |
| 196 | 447 | Stephen | Barnes | 1:02:28 | 40-49 | 53 | Male | 173 | 0:15:13 | 313 | 72 | 268 | 05:04 | 0:01:43 | 118 | 33 | 97 | 0:29:15 | 165 | 52 | 149 | 30.77 | 0:01:31 | 89 | 21 | 71 | 0:14:44 | 238 | 56 | 204 | 05:27 |
| 197 | 535 | Paul | Comerford | 1:02:30 | 30-39 | 67 | Male | 174 | 0:15:08 | 302 | 107 | 257 | 05:03 | 0:02:07 | 288 | 87 | 226 | 0:28:38 | 134 | 47 | 120 | 31.43 | 0:02:25 | 461 | 147 | 343 | 0:14:10 | 184 | 57 | 159 | 05:15 |
| 198 | 13 | Lim | Tong Peng | 1:02:32 | 40-49 | 54 | Male | 175 | 0:15:50 | 372 | 90 | 319 | 05:17 | 0:02:01 | 240 | 61 | 185 | 0:27:25 | 77 | 26 | 70 | 32.83 | 0:01:52 | 256 | 55 | 203 | 0:15:21 | 295 | 70 | 251 | 05:41 |
| 199 | 35 | Peng Joo | Lee | 1:02:36 | 30-39 | 68 | Male | 176 | 0:13:23 | 141 | 44 | 126 | 04:28 | 0:02:11 | 326 | 102 | 255 | 0:31:04 | 253 | 90 | 222 | 28.97 | 0:01:59 | 305 | 96 | 238 | 0:13:56 | 170 | 54 | 150 | 05:10 |
| 200 | 252 | Hyung Joo (Robert) | Kim | 1:02:37 | 30-39 | 69 | Male | 177 | 0:13:27 | 150 | 46 | 134 | 04:29 | 0:02:23 | 389 | 123 | 300 | 0:30:56 | 248 | 87 | 218 | 29.09 | 0:02:06 | 350 | 111 | 271 | 0:13:42 | 153 | 53 | 135 | 05:04 |
| 201 | 18 | Ann | Jennes | 1:02:46 | 30-39 | 14 | Female | 21 | 0:13:46 | 183 | 9 | 15 | 04:35 | 0:01:56 | 202 | 22 | 31 | 0:30:39 | 237 | 20 | 26 | 29.36 | 0:01:29 | 79 | 7 | 9 | 0:14:54 | 256 | 18 | 29 | 05:31 |
| 202 | 719 | Cinderella | Dermawan | 1:02:47 | 30-39 | 15 | Female | 22 | 0:13:54 | 191 | 10 | 16 | 04:38 | 0:01:58 | 217 | 24 | 35 | 0:29:41 | 191 | 13 | 19 | 30.32 | 0:01:37 | 126 | 13 | 21 | 0:15:34 | 311 | 24 | 40 | 05:46 |
| 203 | 442 | Anthony | Tan | 1:02:48 | 20-29 | 36 | Male | 178 | 0:14:49 | 276 | 52 | 235 | 04:56 | 0:02:00 | 233 | 36 | 179 | 0:30:24 | 227 | 34 | 199 | 29.61 | 0:01:40 | 156 | 34 | 123 | 0:13:53 | 163 | 35 | 144 | 05:09 |
| 204 | 189 | Ong | Boon Han | 1:02:50 | 20-29 | 37 | Male | 179 | 0:13:59 | 197 | 41 | 174 | 04:40 | 0:02:25 | 398 | 63 | 307 | 0:31:04 | 254 | 43 | 223 | 28.97 | 0:01:24 | 54 | 16 | 44 | 0:13:55 | 167 | 37 | 148 | 05:09 |
| 205 | 704 | Nicole | Stanners | 1:02:52 | 30-39 | 16 | Female | 23 | 0:14:34 | 251 | 17 | 25 | 04:51 | 0:01:59 | 224 | 27 | 38 | 0:29:39 | 189 | 12 | 18 | 30.35 | 0:01:39 | 143 | 14 | 22 | 0:14:59 | 261 | 19 | 30 | 05:33 |
| 206 | 222 | Christophe | Le Yoanc | 1:02:53 | 40-49 | 55 | Male | 180 | 0:14:18 | 224 | 53 | 196 | 04:46 | 0:02:39 | 468 | 99 | 351 | 0:30:41 | 238 | 69 | 209 | 29.33 | 0:02:19 | 430 | 86 | 323 | 0:12:52 | 81 | 18 | 71 | 04:46 |
| 207 | 810 | Chee Hock | Tan | 1:02:59 | 30-39 | 70 | Male | 181 | 0:14:13 | 212 | 72 | 187 | 04:44 | 0:02:39 | | | | 0:21:39 | | | | 41.57 | 0:02:10 | 375 | 120 | 289 | 0:15:21 | 296 | 104 | 252 | 05:41 |
| 208 | 630 | Johan Weihe | Esbensen | 1:03:02 | 30-39 | 71 | Male | 182 | 0:13:30 | 157 | 51 | 140 | 04:30 | 0:02:45 | 498 | 159 | 370 | 0:31:14 | 262 | 95 | 231 | 28.82 | 0:02:15 | 408 | 129 | 309 | 0:13:15 | 115 | 39 | 101 | 04:54 |
| 209 | 83 | Lim | Teck Keng | 1:03:08 | 40-49 | 56 | Male | 183 | 0:14:33 | 248 | 56 | 215 | 04:51 | 0:02:57 | 536 | 111 | 400 | 0:28:04 | 110 | 35 | 98 | 32.07 | 0:02:32 | 500 | 99 | 370 | 0:14:59 | 264 | 65 | 225 | 05:33 |
| 210 | 440 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|------------------|------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 224 | 190 | Wei Jie Jonathan | Boo | 1:04:05 | 20-29 | 41 | Male | 197 | 0:13:59 | 198 | 42 | 175 | 0:40:40 | 0:01:33 | 62 | 12 | 50 | 0:33:38 | 381 | 61 | 317 | 26.76 | 0:01:12 | 12 | 5 | 10 | 0:13:39 | 149 | 31 | 131 | 05:03 |
| 225 | 741 | Guan Hui Jun | Kenneth | 1:04:12 | <20 | 14 | Male | 198 | 0:14:10 | 210 | 18 | 185 | 0:44:33 | 0:02:07 | 285 | 18 | 223 | 0:33:50 | 391 | 20 | 325 | 26.60 | 0:01:48 | 233 | 17 | 185 | 0:12:17 | 49 | 8 | 43 | 04:33 |
| 226 | 97 | Win Sun | Choong | 1:04:15 | 20-29 | 42 | Male | 199 | 0:16:13 | 404 | 76 | 343 | 0:52:24 | 0:02:05 | 272 | 41 | 211 | 0:29:37 | 187 | 29 | 167 | 30.39 | 0:01:42 | 176 | 38 | 140 | 0:14:35 | 227 | 48 | 193 | 05:24 |
| 227 | 617 | Daniel | Polidano | 1:04:15 | 30-39 | 78 | Male | 200 | 0:14:57 | 287 | 100 | 243 | 0:45:59 | 0:02:13 | 337 | 105 | 262 | 0:29:31 | 182 | 69 | 163 | 30.49 | 0:02:04 | 340 | 105 | 262 | 0:15:28 | 305 | 106 | 257 | 05:44 |
| 228 | 267 | Yeo | Chien Min Conrad | 1:04:17 | 30-39 | 79 | Male | 201 | 0:14:16 | 216 | 74 | 190 | 0:44:45 | 0:02:54 | 530 | 171 | 394 | 0:29:46 | 196 | 73 | 172 | 30.24 | 0:02:43 | 536 | 171 | 398 | 0:14:36 | 231 | 75 | 197 | 05:24 |
| 229 | 67 | Fergus | Buckley | 1:04:24 | 30-39 | 80 | Male | 202 | 0:15:03 | 299 | 105 | 254 | 0:50:01 | 0:01:32 | 54 | 17 | 43 | 0:30:55 | 246 | 86 | 216 | 29.11 | 0:01:41 | 165 | 41 | 129 | 0:15:10 | 275 | 94 | 236 | 05:37 |
| 230 | 651 | Natasha | Prasad | 1:04:24 | 30-39 | 17 | Female | 24 | 0:14:29 | 246 | 16 | 24 | 0:45:50 | 0:02:09 | 306 | 32 | 53 | 0:30:54 | 244 | 21 | 27 | 29.13 | 0:02:20 | 438 | 56 | 96 | 0:14:29 | 214 | 15 | 23 | 05:22 |
| 231 | 145 | Lee | Wai Teck Victor | 1:04:26 | 30-39 | 81 | Male | 203 | 0:14:16 | 217 | 75 | 191 | 0:44:45 | 0:02:10 | 314 | 98 | 246 | 0:30:58 | 251 | 88 | 220 | 29.06 | 0:01:43 | 190 | 52 | 148 | 0:15:15 | 286 | 102 | 245 | 05:39 |
| 232 | 169 | Sze | Kian Chuan | 1:04:28 | 30-39 | 82 | Male | 204 | 0:15:02 | 295 | 102 | 250 | 0:50:01 | 0:02:20 | 374 | 117 | 289 | 0:29:30 | 180 | 68 | 161 | 30.51 | 0:02:28 | 476 | 153 | 353 | 0:15:05 | 268 | 90 | 229 | 05:35 |
| 233 | 814 | Mohamed Fhaizal | Bin Othman | 1:04:30 | 20-29 | 43 | Male | 205 | 0:14:33 | 249 | 47 | 216 | 0:45:51 | 0:02:05 | 270 | 40 | 209 | 0:30:20 | 225 | 33 | 197 | 29.67 | 0:01:46 | 217 | 46 | 171 | 0:15:43 | 227 | 56 | 270 | 05:49 |
| 234 | 122 | Yap | Leng Hua | 1:04:31 | 30-39 | 83 | Male | 206 | 0:14:17 | 222 | 77 | 194 | 0:44:46 | 0:02:18 | 360 | 113 | 279 | 0:29:59 | 205 | 77 | 181 | 30.02 | 0:02:43 | 537 | 172 | 399 | 0:15:12 | 283 | 99 | 242 | 05:38 |
| 235 | 788 | Stephen | Keane | 1:04:33 | 40-49 | 61 | Male | 207 | 0:14:59 | 291 | 65 | 247 | 0:50:00 | 0:02:22 | 386 | 84 | 297 | 0:29:10 | 160 | 51 | 144 | 30.86 | 0:02:28 | 475 | 93 | 352 | 0:15:33 | 309 | 75 | 260 | 05:46 |
| 236 | 999 | Team | Paul Rachmadi | 1:04:33 | Team | 5 | Team | 5 | 0:13:56 | 193 | 7 | 7 | 0:43:39 | 0:01:33 | 61 | 5 | 5 | 0:35:22 | 453 | 9 | 9 | 25.45 | 0:01:29 | 80 | 7 | 7 | 0:12:10 | 39 | 4 | 4 | 04:30 |
| 237 | 168 | Loh | Teckhua | 1:04:34 | 40-49 | 62 | Male | 208 | 0:13:26 | 148 | 36 | 132 | 0:42:29 | 0:02:36 | 454 | 95 | 341 | 0:31:57 | 302 | 79 | 259 | 28.17 | 0:02:29 | 485 | 96 | 360 | 0:14:03 | 174 | 43 | 153 | 05:12 |
| 238 | 754 | Revant | Singh | 1:04:40 | 20-29 | 44 | Male | 209 | 0:14:23 | 233 | 44 | 204 | 0:44:48 | 0:01:45 | 133 | 22 | 109 | 0:30:49 | 243 | 40 | 214 | 29.20 | 0:01:45 | 202 | 43 | 158 | 0:15:54 | 344 | 62 | 283 | 05:53 |
| 239 | 150 | Keng Chung | Wong | 1:04:42 | 30-39 | 84 | Male | 210 | 0:15:14 | 316 | 113 | 271 | 0:50:05 | 0:01:47 | 142 | 45 | 117 | 0:30:59 | 252 | 89 | 221 | 29.05 | 0:01:25 | 59 | 14 | 48 | 0:15:15 | 284 | 100 | 243 | 05:39 |
| 240 | 192 | Jin Wen | Loh | 1:04:43 | 20-29 | 45 | Male | 211 | 0:14:39 | 261 | 49 | 225 | 0:45:53 | 0:02:38 | 464 | 72 | 349 | 0:29:19 | 171 | 25 | 154 | 30.70 | 0:01:47 | 223 | 47 | 176 | 0:16:18 | 375 | 69 | 305 | 06:02 |
| 241 | 126 | Yeong | Weng Hong | 1:04:44 | 40-49 | 63 | Male | 212 | 0:15:30 | 347 | 80 | 297 | 0:50:10 | 0:01:52 | 176 | 48 | 143 | 0:32:17 | 319 | 82 | 273 | 27.88 | 0:01:28 | 72 | 15 | 60 | 0:13:34 | 144 | 31 | 126 | 05:01 |
| 242 | 619 | Ted | Wikstrom | 1:04:45 | 40-49 | 64 | Male | 213 | 0:15:20 | 330 | 75 | 284 | 0:50:07 | 0:01:35 | 71 | 16 | 59 | 0:31:23 | 270 | 74 | 238 | 28.68 | 0:01:38 | 138 | 31 | 109 | 0:14:46 | 242 | 59 | 208 | 05:28 |
| 243 | 183 | Soh | Tiam Kee | 1:04:47 | 30-39 | 85 | Male | 214 | 0:14:04 | 204 | 67 | 179 | 0:44:41 | 0:01:56 | 203 | 62 | 161 | 0:33:23 | 367 | 129 | 306 | 26.96 | 0:01:50 | 245 | 74 | 194 | 0:13:32 | 141 | 48 | 123 | 05:01 |
| 244 | 449 | Stuart | Mort | 1:04:52 | 30-39 | 86 | Male | 215 | 0:15:22 | 333 | 120 | 286 | 0:50:07 | 0:02:05 | 271 | 82 | 210 | 0:29:21 | 175 | 66 | 158 | 30.66 | 0:01:53 | 264 | 81 | 207 | 0:16:08 | 362 | 119 | 296 | 05:59 |
| 245 | 411 | Ko | Kelvin | 1:04:54 | 20-29 | 46 | Male | 216 | 0:13:44 | 179 | 40 | 160 | 0:43:35 | 0:02:19 | 367 | 57 | 284 | 0:32:00 | 305 | 48 | 262 | 28.13 | 0:02:28 | 478 | 75 | 354 | 0:14:22 | 201 | 43 | 172 | 05:19 |
| 246 | 203 | Maria | Green | 1:04:56 | 20-29 | 4 | Female | 25 | 0:14:36 | 256 | 5 | 26 | 0:45:52 | 0:01:43 | 117 | 3 | 14 | 0:32:24 | 326 | 6 | 42 | 27.78 | 0:01:39 | 146 | 5 | 23 | 0:14:32 | 217 | 4 | 24 | 05:23 |
| 247 | 720 | Desmond | Toh | 1:04:57 | 30-39 | 87 | Male | 217 | 0:15:49 | 368 | 130 | 315 | 0:50:16 | 0:02:17 | 358 | 112 | 278 | 0:30:25 | 329 | 82 | 201 | 29.59 | 0:01:49 | 239 | 72 | 191 | 0:14:35 | 228 | 73 | 194 | 05:24 |
| 248 | 574 | Jeanne | Smith | 1:04:59 | 50+ | 1 | Female | 26 | 0:15:48 | 367 | 1 | 43 | 0:50:16 | 0:02:14 | 344 | 1 | 62 | 0:29:26 | 178 | 1 | 16 | 30.58 | 0:02:19 | 429 | 1 | 92 | 0:15:10 | 277 | 1 | 31 | 05:37 |
| 249 | 5 | Han Hwa Henry | Tan | 1:05:02 | 30-39 | 88 | Male | 218 | 0:14:33 | 250 | 90 | 217 | 0:45:51 | 0:02:07 | 286 | 85 | 224 | 0:30:17 | 221 | 80 | 193 | 29.72 | 0:01:33 | 102 | 27 | 82 | 0:16:29 | 389 | 127 | 316 | 06:06 |
| 250 | 400 | Michael | Pear | 1:05:02 | 40-49 | 65 | Male | 219 | 0:15:44 | 362 | 87 | 311 | 0:50:15 | 0:02:03 | 257 | 66 | 199 | 0:28:15 | 118 | 38 | 105 | 31.86 | 0:02:26 | 467 | 91 | 347 | 0:16:33 | 397 | 92 | 320 | 06:08 |
| 251 | 275 | Anne | Nikkel | 1:05:03 | 30-39 | 18 | Female | 27 | 0:14:16 | 218 | 12 | 19 | 0:44:45 | 0:01:54 | 191 | 18 | 26 | 0:31:31 | 282 | 25 | 33 | 28.56 | 0:01:50 | 244 | 24 | 38 | 0:15:30 | 307 | 23 | 39 | 05:44 |
| 252 | 329 | Enrica | Nicolini | 1:05:03 | 30-39 | 19 | Female | 28 | 0:15:19 | 328 | 24 | 37 | 0:50:06 | 0:02:16 | 353 | 35 | 63 | 0:30:02 | 211 | 17 | 23 | 29.97 | 0:01:48 | 232 | 22 | 35 | 0:15:36 | 316 | 25 | 43 | 05:47 |
| 253 | 90 | Sylvia | Schroeter | 1:05:06 | 40-49 | 5 | Female | 29 | 0:14:55 | 284 | 7 | 34 | 0:45:58 | 0:02:03 | 256 | 7 | 45 | 0:32:10 | 315 | 7 | 40 | 27.98 | 0:01:35 | 110 | 2 | 15 | 0:14:20 | 197 | 4 | 20 | 05:19 |
| 254 | 158 | Nicholas | Fang | 1:05:10 | 30-39 | 89 | Male | 220 | 0:15:30 | 336 | 121 | 288 | 0:50:08 | 0:02:34 | 443 | 143 | 336 | 0:29:05 | 154 | 57 | 139 | 30.95 | 0:02:02 | 328 | 102 | 252 | 0:16:03 | 354 | 118 | 290 | 05:57 |
| 255 | 994 | Team | The Dudes | 1:05:13 | Team | 6 | Team | 6 | 0:14:16 | 219 | 9 | 9 | 0:44:45 | 0:02:19 | 369 | 17 | 17 | 0:31:28 | 278 | 4 | 4 | 28.60 | 0:01:42 | 178 | 12 | 13 | 0:15:26 | 302 | 10 | 10 | 05:43 |
| 256 | 559 | Andy | Wong | 1:05:14 | <20 | 15 | Male | 221 | 0:14:57 | 288 | 19 | 244 | 0:45:59 | 0:02:04 | 266 | 16 | 205 | 0:29:51 | 199 | 10 | 175 | 30.15 | 0:01:38 | 137 | 11 | 108 | 0:16:42 | 420 | 21 | 334 | 06:11 |
| 257 | 775 | Daxson | Tan | 1:05:15 | 20-29 | 47 | Male | 222 | 0:15:17 | 323 | 60 | 278 | 0:50:06 | 0:02:11 | 329 | 52 | 258 | 0:29:13 | 163 | 21 | 147 | 30.80 | 0:01:51 | 252 | 51 | 200 | 0:16:41 | 418 | 72 | 332 | 06:11 |
| 258 | 721 | Stuart | Bodden | 1:05:26 | 30-39 | 90 | Male | 223 | 0:15:14 | 317 | 114 | 272 | 0:50:05 | 0:02:09 | 310 | 97 | 242 | 0:29:10 | 159 | 60 | 143 | 30.86 | 0:02:11 | 385 | 123 | 295 | 0:16:40 | 415 | 135 | 329 | 06:10 |
| 259 | 378 | Tristan | Hockley | 1:05:29 | 20-29 | 48 | Male | 224 | 0:14:37 | 259 | 48 | 224 | 0:45:52 | 0:01:46 | 138 | 24 | 114 | 0:33:08 | 355 | 58 | 300 | 27.16 | 0:02:10 | 379 | 64 | 292 | 0:13:45 | 156 | 32 | 137 | 05:06 |
| 260 | 477 | Andrew | Campbell | 1:05:38 | 40-49 | 66 | Male | 225 | 0:15:38 | 354 | 85 | 304 | 0:50:13 | 0:02:24 | 395 | 87 | 304 | 0:30:03 | 213 | 60 | 186 | 29.95 | 0:02:07 | 360 | 75 | 278 | 0:15:23 | 299 | 71 | 254 | 05:42 |
| 261 | 522 | Heng | Ooi Khian | 1:05:39 | 50+ | 7 | Male | 226 | 0:16:00 | 385 | 10 | 327 | 0:50:20 | 0:02:03 | 258 | 5 | 200 | 0:30:01 | 207 | 8 | 183 | 29.98 | 0:02:23 | 455 | 11 | 339 | 0:15:09 | 273 | 8 | 234 | 05:37 |
| 262 | 157 | Jonathan | Gould | 1:05:40 | 50+ | 8 | Male | 227 | 0:14:47 | 272 | 7 | 232 | 0:45:56 | 0:02:54 | 531 | 12 | 395 | 0:29:54 | 202 | 7 | 178 | 30.10 | 0:03:27 | 597 | 15 | 438 | 0:14:36 | 232 | 5 | 198 | 05:24 |
| 263 | 54 | David | Duns | 1:05:43 | 40-49 | 67 | Male | 228 | 0:16:18 | 415 | 100 | 350 | 0:50:26 | 0:02:07 | 294 | 74 | 231 | 0:28:40 | 136 | 45 | 122 | 31.40 | 0:02:02 | 327 | 66 | 251 | 0:16:34 | 398 | 93 | 321 | 06:08 |
| 264 | 219 | Aqsa | Subhan | 1:05:44 | 30-39 | 91 | Male | 229 | 0:14:31 | 247 | 89 | 214 | 0:45:50 | 0:02:50 | 521 | 167 | 387 | 0:31:39 | 289 | 103 | 249 | 28.44 | 0:02:10 | 378 | 121 | 291 | 0:14:32 | 218 | 68 | 185 | 05:23 |
| 265 | 425 | Abel | Ng | 1:05:44 | <20 | 16 | Male | 230 | 0:13:11 | 121 | 15 | 107 | 0:42:24 | 0:01:44 | 123 | 10 | 102 | 0:35:51 | 468 | 22 | 379 | 25.10 | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|------------------|------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 279 | 700 | Robert | Johnson | 1:06:21 | 50+ | 9 | Male | 240 | 0:14:20 | 229 | 5 | 200 | 0:4:47 | 0:02:47 | 509 | 11 | 377 | 0:31:49 | 293 | 11 | 252 | 28.29 | 0:02:38 | 525 | 13 | 390 | 0:14:44 | 240 | 7 | 206 | 05:27 |
| 280 | 21 | Wei Seng Mark | Moh | 1:06:23 | 30-39 | 96 | Male | 241 | 0:14:18 | 225 | 79 | 197 | 0:4:46 | 0:02:22 | 385 | 121 | 296 | 0:32:11 | 316 | 112 | 270 | 27.96 | 0:01:52 | 257 | 79 | 204 | 0:15:37 | 318 | 110 | 265 | 05:47 |
| 281 | 374 | Eric | Pesik | 1:06:26 | 40-49 | 71 | Male | 242 | 0:13:56 | 194 | 46 | 171 | 0:4:39 | 0:03:06 | 560 | 113 | 417 | 0:30:30 | 234 | 68 | 206 | 29.51 | 0:02:46 | 546 | 109 | 403 | 0:16:06 | 358 | 82 | 293 | 05:58 |
| 282 | 467 | Christopher | Nikkel | 1:06:30 | 40-49 | 72 | Male | 243 | 0:14:21 | 231 | 54 | 202 | 0:4:47 | 0:02:23 | 390 | 86 | 301 | 0:31:12 | 259 | 72 | 228 | 28.85 | 0:02:59 | 568 | 113 | 417 | 0:15:33 | 310 | 76 | 261 | 05:46 |
| 283 | 341 | Faye | Fitzgibbon | 1:06:32 | 30-39 | 20 | Female | 32 | 0:14:45 | 269 | 20 | 31 | 0:4:55 | 0:02:10 | 317 | 34 | 55 | 0:32:05 | 311 | 28 | 39 | 28.05 | 0:02:14 | 402 | 48 | 41 | 0:15:15 | 288 | 20 | 33 | 05:39 |
| 284 | 441 | Pei Shan | Koh | 1:06:32 | 20-29 | 5 | Female | 33 | 0:15:52 | 377 | 7 | 46 | 0:5:17 | 0:01:59 | 228 | 7 | 41 | 0:31:29 | 279 | 2 | 31 | 28.59 | 0:01:49 | 241 | 7 | 37 | 0:15:21 | 294 | 6 | 35 | 05:41 |
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| 286 | 229 | Edmund | Tham | 1:06:41 | 20-29 | 51 | Male | 245 | 0:12:41 | 82 | 17 | 77 | 0:4:14 | 0:02:35 | 448 | 69 | 337 | 0:34:59 | 439 | 69 | 361 | 25.73 | 0:01:56 | 284 | 55 | 223 | 0:14:28 | 208 | 46 | 179 | 05:21 |
| 287 | 446 | Hann Ran | Lee | 1:06:41 | 30-39 | 97 | Male | 246 | 0:13:41 | 176 | 57 | 157 | 0:4:34 | 0:01:36 | 76 | 24 | 64 | 0:36:47 | 498 | 175 | 401 | 24.47 | 0:01:15 | 21 | 5 | 16 | 0:13:20 | 124 | 42 | 109 | 04:56 |
| 288 | 76 | Steve | Burton | 1:06:42 | 40-49 | 73 | Male | 247 | 0:15:49 | 369 | 88 | 316 | 0:5:16 | 0:02:07 | 291 | 72 | 229 | 0:30:17 | 222 | 64 | 194 | 29.72 | 0:02:06 | 348 | 73 | 269 | 0:16:20 | 379 | 87 | 308 | 06:03 |
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| 291 | 322 | Desmond | Yew | 1:07:05 | 30-39 | 98 | Male | 249 | 0:14:21 | 232 | 83 | 203 | 0:4:47 | 0:02:10 | 315 | 99 | 247 | 0:31:33 | 283 | 100 | 246 | 28.53 | 0:02:44 | 541 | 173 | 400 | 0:16:14 | 367 | 120 | 298 | 06:01 |
| 292 | 368 | Wang | Timothy | 1:07:05 | 20-29 | 53 | Male | 250 | 0:13:34 | 162 | 35 | 144 | 0:4:31 | 0:01:27 | 33 | 8 | 29 | 0:36:04 | 472 | 72 | 382 | 24.95 | 0:01:50 | 246 | 50 | 195 | 0:14:06 | 179 | 38 | 156 | 05:13 |
| 293 | 633 | Kit | Moller | 1:07:13 | 30-39 | 22 | Female | 35 | 0:15:59 | 384 | 28 | 48 | 0:5:20 | 0:01:40 | 104 | 8 | 12 | 0:31:57 | 301 | 27 | 37 | 28.17 | 0:01:36 | 123 | 11 | 19 | 0:15:59 | 349 | 32 | 52 | 05:55 |
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| 295 | 546 | Ross | Phiroze | 1:07:16 | 30-39 | 100 | Male | 252 | 0:14:35 | 254 | 92 | 220 | 0:4:52 | 0:02:42 | 483 | 153 | 361 | 0:33:34 | 380 | 134 | 316 | 26.81 | 0:02:08 | 367 | 116 | 284 | 0:14:13 | 187 | 58 | 161 | 05:16 |
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| 297 | 415 | Siang Hui Eugene | Oh | 1:07:17 | 30-39 | 102 | Male | 254 | 0:15:15 | 320 | 115 | 275 | 0:5:05 | 0:02:15 | 346 | 108 | 268 | 0:30:24 | 228 | 81 | 200 | 29.61 | 0:02:23 | 456 | 146 | 340 | 0:16:58 | 438 | 144 | 349 | 06:17 |
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| 302 | 660 | Michael | Williams | 1:07:27 | 40-49 | 74 | Male | 258 | 0:15:14 | 318 | 73 | 273 | 0:5:05 | 0:01:38 | 92 | 24 | 77 | 0:34:20 | 411 | 99 | 342 | 26.21 | 0:01:40 | 158 | 39 | 125 | 0:14:31 | 216 | 52 | 184 | 05:23 |
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| 306 | 172 | Chin | Shi Yin | 1:07:38 | 30-39 | 25 | Female | 38 | 0:16:10 | 396 | 30 | 51 | 0:5:23 | 0:02:43 | 489 | 63 | 108 | 0:29:42 | 193 | 14 | 20 | 30.30 | 0:02:30 | 489 | 64 | 112 | 0:16:30 | 392 | 40 | 64 | 06:07 |
| 307 | 243 | Wee Ming Joshua | Kooh | 1:07:39 | 20-29 | 56 | Male | 261 | 0:14:58 | 289 | 55 | 245 | 0:4:59 | 0:01:35 | 70 | 16 | 58 | 0:35:22 | 454 | 71 | 368 | 25.45 | 0:01:35 | 112 | 24 | 89 | 0:14:07 | 181 | 39 | 157 | 05:14 |
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| 309 | 51 | Ken | Chua | 1:07:46 | 30-39 | 104 | Male | 263 | 0:15:49 | 370 | 131 | 317 | 0:5:16 | 0:02:50 | 522 | 168 | 388 | 0:29:15 | 166 | 63 | 150 | 30.77 | 0:02:40 | 530 | 168 | 393 | 0:17:08 | 446 | 147 | 354 | 06:21 |
| 310 | 518 | Tian Jin | Lim | 1:07:47 | 30-39 | 105 | Male | 264 | 0:15:41 | 360 | 128 | 309 | 0:5:14 | 0:02:04 | 267 | 79 | 206 | 0:33:02 | 349 | 124 | 295 | 27.25 | 0:01:45 | 207 | 58 | 163 | 0:15:12 | 281 | 97 | 240 | 05:38 |
| 311 | 508 | Wouter Philip | Lindner | 1:07:48 | 40-49 | 76 | Male | 265 | 0:16:17 | 412 | 99 | 348 | 0:5:26 | 0:02:05 | 273 | 68 | 212 | 0:32:37 | 337 | 86 | 287 | 27.59 | 0:01:59 | 307 | 62 | 239 | 0:14:47 | 245 | 60 | 211 | 05:29 |
| 312 | 187 | Lianhan | Loh | 1:07:55 | <20 | 19 | Male | 266 | 0:12:35 | 72 | 12 | 69 | 0:4:12 | 0:01:40 | 101 | 8 | 86 | 0:39:30 | 558 | 25 | 431 | 22.78 | 0:01:56 | 287 | 19 | 225 | 0:12:11 | 44 | 7 | 38 | 04:31 |
| 313 | 364 | David | Currán | 1:07:58 | 40-49 | 77 | Male | 267 | 0:17:06 | 477 | 106 | 384 | 0:5:42 | 0:02:06 | 281 | 70 | 219 | 0:31:23 | 271 | 75 | 239 | 28.68 | 0:01:50 | 243 | 52 | 193 | 0:15:30 | 306 | 74 | 258 | 05:44 |
| 314 | 813 | Michael Scott | Mercer | 1:07:58 | 30-39 | 106 | Male | 268 | 0:15:02 | 296 | 103 | 251 | 0:5:01 | 0:01:54 | 193 | 59 | 156 | 0:33:58 | 399 | 142 | 332 | 26.50 | 0:02:00 | 313 | 97 | 240 | 0:15:02 | 266 | 88 | 227 | 05:34 |
| 315 | 235 | Aldrich | Lim | 1:07:59 | 30-39 | 107 | Male | 269 | 0:15:16 | 322 | 117 | 277 | 0:5:05 | 0:02:07 | 289 | 88 | 227 | 0:33:27 | 372 | 131 | 310 | 26.91 | 0:02:20 | 442 | 141 | 329 | 0:14:47 | 246 | 81 | 212 | 05:29 |
| 316 | 709 | Graham | Ross | 1:08:02 | 40-49 | 78 | Male | 270 | 0:14:07 | 207 | 51 | 182 | 0:4:42 | 0:01:59 | 223 | 55 | 173 | 0:33:31 | 375 | 91 | 312 | 26.85 | 0:01:51 | 253 | 54 | 201 | 0:16:31 | 393 | 91 | 317 | 06:07 |
| 317 | 48 | Chin Chye | Teo | 1:08:08 | 40-49 | 79 | Male | 271 | 0:14:49 | 277 | 62 | 236 | 0:4:56 | 0:02:00 | 234 | 57 | 180 | 0:34:48 | 432 | 102 | 354 | 25.86 | 0:01:28 | 73 | 16 | 61 | 0:15:00 | 265 | 66 | 226 | 05:33 |
| 318 | 72 | Adnan | Imsirovic | 1:08:13 | 40-49 | 80 | Male | 272 | 0:16:18 | 416 | 101 | 351 | 0:5:26 | 0:01:47 | 143 | 38 | 118 | 0:31:20 | 268 | 73 | 236 | 28.72 | 0:01:46 | 218 | 50 | 172 | 0:17:00 | 440 | 99 | 350 | 06:18 |
| 319 | 93 | Reuben | Cheang | 1:08:15 | 40-49 | 81 | Male | 273 | 0:13:38 | 169 | 42 | 151 | 0:4:33 | 0:02:07 | 284 | 71 | 222 | 0:34:59 | 438 | 104 | 360 | 25.73 | 0:02:01 | 325 | 65 | 249 | 0:15:28 | 304 | 73 | 256 | 05:44 |
| 320 | 309 | Sophie | Larregle | 1:08:15 | 30-39 | 26 | Female | 39 | 0:14:41 | 264 | 19 | 28 | 0:4:54 | 0:01:59 | 225 | 28 | 39 | 0:33:23 | 368 | 36 | | | | | | | | | | | |

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|---------------------|---------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 335 | 498 | Michael | Ng | 1:08:55 | 40-49 | 85 | Male | 285 | 0:17:30 | 504 | 110 | 399 | 05:50 | 0:01:50 | 169 | 47 | 137 | 0:32:28 | 331 | 85 | 283 | 27.72 | 0:01:38 | 140 | 32 | 111 | 0:15:26 | 301 | 72 | 255 | 05:43 |
| 336 | 679 | Charles | Ryan | 1:08:56 | 20-29 | 59 | Male | 286 | 0:15:23 | 338 | 63 | 290 | 05:08 | 0:02:00 | 235 | 37 | 181 | 0:36:36 | 494 | 75 | 298 | 24.59 | 0:01:42 | 182 | 39 | 142 | 0:13:11 | 108 | 23 | 94 | 04:53 |
| 337 | 280 | Francis Benjie L. | Castro | 1:08:59 | 30-39 | 115 | Male | 287 | 0:14:58 | 290 | 101 | 246 | 04:59 | 0:02:27 | 417 | 132 | 319 | 0:33:00 | 348 | 123 | 294 | 27.27 | 0:02:50 | 556 | 179 | 411 | 0:15:41 | 322 | 111 | 266 | 05:49 |
| 338 | 639 | Jason | Peng | 1:09:04 | 40-49 | 86 | Male | 288 | 0:14:36 | 257 | 58 | 222 | 04:52 | 0:02:10 | 316 | 75 | 248 | 0:33:33 | 379 | 92 | 315 | 26.83 | 0:01:55 | 280 | 59 | 220 | 0:16:48 | 426 | 96 | 338 | 06:13 |
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| 340 | 208 | Fahmy | Ismail | 1:09:06 | 30-39 | 117 | Male | 290 | 0:15:39 | 356 | 125 | 306 | 05:13 | 0:03:18 | 584 | 191 | 434 | 0:34:15 | 410 | 145 | 341 | 26.28 | 0:01:26 | 62 | 15 | 51 | 0:14:25 | 203 | 64 | 174 | 05:20 |
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| 354 | 380 | Seng Chye | Teo | 1:09:41 | 40-49 | 91 | Male | 298 | 0:15:22 | 334 | 76 | 287 | 05:07 | 0:02:22 | 387 | 85 | 298 | 0:36:31 | 492 | 113 | 396 | 24.65 | 0:02:00 | 318 | 63 | 242 | 0:13:23 | 129 | 29 | 114 | 04:57 |
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| 356 | 268 | Low | Teo Heng, Raymond | 1:09:44 | 40-49 | 92 | Male | 299 | 0:15:50 | 373 | 91 | 320 | 05:17 | 0:02:49 | 518 | 108 | 384 | 0:32:13 | 317 | 81 | 271 | 27.94 | 0:02:33 | 505 | 100 | 372 | 0:16:16 | 372 | 86 | 302 | 06:01 |
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| 360 | 305 | Yeow Kuan, Eddy | Lee | 1:09:53 | 40-49 | 93 | Male | 302 | 0:15:14 | 319 | 74 | 274 | 05:05 | 0:02:01 | 239 | 60 | 184 | 0:33:43 | 386 | 94 | 321 | 26.69 | 0:02:03 | 338 | 71 | 260 | 0:16:49 | 427 | 97 | 339 | 06:14 |
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| 371 | 820 | Eugene | Chow | 1:10:18 | <20 | 20 | Male | 311 | 0:16:28 | 430 | 23 | 359 | 05:29 | 0:02:10 | 322 | 19 | 252 | 0:32:09 | 313 | 16 | 268 | 27.99 | 0:01:56 | 283 | 18 | 222 | 0:17:31 | 469 | 22 | 371 | 06:29 |
| 372 | 128 | Tan | Junxiong John | 1:10:19 | 20-29 | 63 | Male | 312 | 0:14:50 | 278 | 53 | 237 | 04:57 | 0:02:47 | 510 | 78 | 378 | 0:34:56 | 436 | 68 | 358 | 25.76 | 0:01:41 | 168 | 36 | 132 | 0:16:03 | 353 | 64 | 289 | 05:57 |
| 373 | 456 | Tze Choong | Hew | 1:10:29 | 30-39 | 126 | Male | 313 | 0:15:13 | 314 | 111 | 269 | 05:04 | 0:02:56 | 534 | 172 | 398 | 0:35:10 | 444 | 156 | 365 | 25.59 | 0:01:44 | 200 | 56 | 156 | 0:15:23 | 298 | 105 | 253 | 05:42 |
| 374 | 170 | Samantha | Znetyniak | 1:10:32 | 30-39 | 33 | Female | 51 | 0:16:17 | 411 | 31 | 54 | 05:26 | 0:01:54 | 194 | 19 | 27 | 0:35:22 | 455 | 52 | 78 | 25.45 | 0:01:39 | 148 | 15 | 24 | 0:15:17 | 291 | 21 | 34 | 05:40 |
| 375 | 278 | Yap | Boon Leong | 1:10:32 | 20-29 | 64 | Male | 314 | 0:16:10 | 398 | 71 | 337 | 05:23 | 0:02:51 | 525 | 80 | 391 | 0:33:05 | 353 | 57 | 298 | 27.20 | 0:02:19 | 433 | 70 | 325 | 0:16:04 | 356 | 66 | 292 | 05:57 |
| 376 | 396 | Chern Chou | Yeow | 1:10:40 | 30-39 | 127 | Male | 315 | 0:14:51 | 281 | 98 | 239 | 04:57 | 0:01:48 | 155 | 49 | 127 | 0:39:06 | 551 | 187 | 427 | 23.02 | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|---------------------|------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 390 | 712 | Saifudin | Hussein | 1:11:16 | 40-49 | 96 | Male | 326 | 0:15:26 | 344 | 79 | 294 | 05:09 | 0:02:41 | 479 | 102 | 357 | 0:35:56 | 470 | 110 | 381 | 25.05 | 0:02:22 | 452 | 89 | 336 | 0:14:47 | 247 | 61 | 213 | 05:29 |
| 391 | 673 | Nicholas | De Cruz | 1:11:25 | <20 | 22 | Male | 327 | 0:17:33 | 506 | 25 | 401 | 05:51 | 0:03:12 | 571 | 25 | 423 | 0:31:24 | 272 | 14 | 240 | 28.66 | 0:02:31 | 494 | 23 | 365 | 0:16:41 | 419 | 20 | 333 | 06:11 |
| 392 | 776 | Ziliang | Ang | 1:11:25 | 20-29 | 68 | Male | 328 | 0:16:35 | 444 | 79 | 364 | 05:32 | 0:02:18 | 362 | 55 | 281 | 0:32:51 | 345 | 56 | 292 | 27.40 | 0:02:19 | 432 | 69 | 324 | 0:17:19 | 457 | 78 | 363 | 06:25 |
| 393 | 19 | Hung Wen | Ong | 1:11:33 | 30-39 | 134 | Male | 329 | 0:16:17 | 413 | 142 | 349 | 05:26 | 0:02:31 | 431 | 136 | 327 | 0:34:03 | 402 | 143 | 335 | 26.43 | 0:01:45 | 210 | 59 | 165 | 0:16:55 | 435 | 142 | 346 | 06:16 |
| 394 | 164 | Anna | Killick | 1:11:34 | 30-39 | 35 | Female | 55 | 0:16:56 | 466 | 47 | 78 | 05:39 | 0:02:33 | 441 | 52 | 90 | 0:33:12 | 356 | 32 | 50 | 27.11 | 0:02:12 | 293 | 45 | 78 | 0:16:39 | 412 | 45 | 37 | 06:10 |
| 395 | 718 | Jonathan | Lau | 1:11:35 | 30-39 | 135 | Male | 330 | 0:16:48 | 459 | 155 | 373 | 05:36 | 0:02:57 | 538 | 173 | 402 | 0:32:42 | 342 | 121 | 291 | 27.52 | 0:02:26 | 470 | 151 | 350 | 0:16:39 | 413 | 134 | 328 | 06:10 |
| 396 | 771 | Chew Teck | Chua | 1:11:35 | 50+ | 10 | Male | 331 | 0:16:21 | 422 | 11 | 355 | 05:27 | 0:02:15 | 349 | 8 | 271 | 0:34:22 | 413 | 13 | 344 | 26.19 | 0:02:03 | 339 | 6 | 261 | 0:16:31 | 394 | 11 | 318 | 06:07 |
| 397 | 464 | Krishna | Allavaru | 1:11:42 | 30-39 | 136 | Male | 332 | 0:16:36 | 446 | 150 | 366 | 05:32 | 0:02:15 | 350 | 109 | 272 | 0:36:14 | 483 | 170 | 391 | 24.84 | 0:02:00 | 316 | 98 | 241 | 0:14:34 | 224 | 71 | 190 | 05:24 |
| 398 | 834 | Wai Hong | Yip | 1:11:42 | 30-39 | 137 | Male | 333 | 0:14:46 | 271 | 96 | 231 | 04:55 | 0:02:10 | 318 | 100 | 249 | 0:37:38 | 521 | 181 | 413 | 23.91 | 0:01:48 | 234 | 68 | 186 | 0:15:17 | 292 | 103 | 249 | 05:40 |
| 399 | 339 | Tien Beng | Phua | 1:11:46 | 30-39 | 138 | Male | 334 | 0:15:13 | 315 | 112 | 270 | 05:04 | 0:01:55 | 198 | 60 | 159 | 0:37:02 | 507 | 177 | 405 | 24.30 | 0:01:58 | 299 | 94 | 234 | 0:15:35 | 313 | 108 | 262 | 05:46 |
| 400 | 510 | Kai Meng | Tang | 1:11:46 | 30-39 | 139 | Male | 335 | 0:15:15 | 321 | 116 | 276 | 05:05 | 0:02:20 | 375 | 118 | 290 | 0:35:17 | 449 | 157 | 366 | 25.51 | 0:02:14 | 405 | 128 | 308 | 0:16:38 | 409 | 133 | 326 | 06:10 |
| 401 | 715 | Tan | Jiayu | 1:11:48 | <20 | 23 | Male | 336 | 0:15:18 | 325 | 20 | 280 | 05:06 | 0:02:15 | 347 | 22 | 269 | 0:33:17 | 360 | 18 | 302 | 27.04 | 0:02:42 | 535 | 24 | 397 | 0:18:12 | 500 | 24 | 390 | 06:44 |
| 402 | 768 | Catherine | Chua | 1:11:49 | 30-39 | 36 | Female | 56 | 0:14:47 | 274 | 21 | 32 | 04:56 | 0:02:09 | 308 | 33 | 54 | 0:36:55 | 505 | 60 | 91 | 24.38 | 0:02:15 | 414 | 53 | 88 | 0:15:40 | 321 | 28 | 46 | 05:48 |
| 403 | 186 | Andrew | Pereira | 1:11:50 | 30-39 | 140 | Male | 337 | 0:17:53 | 519 | 173 | 409 | 05:58 | 0:01:58 | 221 | 67 | 171 | 0:32:27 | 330 | 117 | 282 | 27.73 | 0:01:41 | 167 | 43 | 131 | 0:17:49 | 484 | 164 | 382 | 06:36 |
| 404 | 335 | Marlene | Torrent Parker | 1:11:53 | 30-39 | 37 | Female | 57 | 0:18:17 | 534 | 66 | 109 | 06:06 | 0:02:08 | 303 | 31 | 52 | 0:33:14 | 359 | 34 | 52 | 27.08 | 0:02:23 | 457 | 59 | 102 | 0:15:48 | 334 | 30 | 48 | 05:51 |
| 405 | 250 | Kevin | Burke | 1:11:56 | 40-49 | 97 | Male | 338 | 0:15:36 | 352 | 83 | 302 | 05:12 | 0:02:16 | 354 | 80 | 275 | 0:32:18 | 321 | 83 | 274 | 27.86 | 0:02:33 | 506 | 101 | 373 | 0:19:10 | 541 | 115 | 415 | 07:06 |
| 406 | 410 | Gerald | Neo | 1:11:59 | 30-39 | 141 | Male | 339 | 0:16:02 | 389 | 134 | 330 | 05:21 | 0:02:08 | 301 | 94 | 237 | 0:36:09 | 479 | 168 | 387 | 24.90 | 0:01:54 | 273 | 85 | 214 | 0:15:43 | 328 | 113 | 271 | 05:49 |
| 407 | 680 | Maureen | Majeski | 1:11:59 | 30-39 | 38 | Female | 58 | 0:16:28 | 429 | 36 | 61 | 05:29 | 0:01:52 | 177 | 15 | 23 | 0:35:58 | 471 | 54 | 81 | 25.02 | 0:02:02 | 333 | 36 | 63 | 0:15:37 | 319 | 26 | 44 | 05:47 |
| 408 | 8 | Ravindran | Retnam | 1:12:00 | 40-49 | 98 | Male | 340 | 0:15:24 | 341 | 78 | 291 | 05:08 | 0:04:06 | 613 | 120 | 454 | 0:34:31 | 419 | 100 | 348 | 26.07 | 0:03:00 | 570 | 114 | 419 | 0:14:56 | 259 | 63 | 221 | 05:32 |
| 409 | 992 | Team | F-16 | 1:12:14 | Team | 11 | Team | 11 | 0:13:59 | 199 | 8 | 8 | 04:40 | 0:02:38 | 462 | 18 | 18 | 0:39:01 | 550 | 16 | 16 | 23.07 | 0:02:31 | 497 | 16 | 16 | 0:14:01 | 173 | 7 | 7 | 05:11 |
| 410 | 797 | Jeremy | Jaranilla | 1:12:15 | 30-39 | 142 | Male | 341 | 0:18:23 | 541 | 176 | 414 | 06:08 | 0:02:35 | 451 | 144 | 339 | 0:32:25 | 329 | 116 | 281 | 27.76 | 0:02:11 | 388 | 126 | 298 | 0:16:38 | 408 | 132 | 325 | 06:10 |
| 411 | 548 | Tay | Sing Guan Dennis | 1:12:17 | 20-29 | 69 | Male | 342 | 0:15:38 | 355 | 66 | 305 | 05:13 | 0:03:42 | 601 | 91 | 444 | 0:34:04 | 403 | 65 | 336 | 26.42 | 0:03:09 | 583 | 86 | 429 | 0:15:41 | 323 | 54 | 267 | 05:49 |
| 412 | 570 | Yelena | Savenkova | 1:12:18 | 40-49 | 11 | Female | 59 | 0:16:26 | 426 | 13 | 59 | 05:29 | 0:02:34 | 444 | 17 | 91 | 0:34:33 | 421 | 11 | 66 | 26.05 | 0:02:16 | 417 | 15 | 89 | 0:16:26 | 386 | 13 | 61 | 06:05 |
| 413 | 260 | Mark | Hemstedt | 1:12:20 | 40-49 | 99 | Male | 343 | 0:16:30 | 435 | 102 | 362 | 05:30 | 0:02:55 | 533 | 110 | 397 | 0:33:38 | 383 | 93 | 318 | 26.76 | 0:02:22 | 450 | 88 | 335 | 0:16:53 | 433 | 98 | 344 | 06:15 |
| 414 | 115 | Alice | Braesch | 1:12:24 | 20-29 | 9 | Female | 60 | 0:16:04 | 390 | 8 | 50 | 05:21 | 0:01:55 | 199 | 5 | 29 | 0:35:43 | 461 | 12 | 79 | 25.20 | 0:02:06 | 354 | 16 | 66 | 0:16:33 | 396 | 10 | 65 | 06:08 |
| 415 | 611 | Muhammad Redhwan | Mohamed Yusof | 1:12:25 | 20-29 | 70 | Male | 344 | 0:18:31 | 546 | 89 | 418 | 06:10 | 0:02:37 | 461 | 71 | 347 | 0:33:13 | 358 | 59 | 301 | 27.09 | 0:02:25 | 462 | 74 | 344 | 0:15:36 | 317 | 53 | 264 | 05:47 |
| 416 | 232 | Rahel | Probst | 1:12:26 | 30-39 | 39 | Female | 61 | 0:17:07 | 478 | 51 | 83 | 05:42 | 0:02:52 | 527 | 70 | 118 | 0:30:11 | 218 | 19 | 25 | 29.82 | 0:02:09 | 371 | 39 | 70 | 0:20:03 | 572 | 74 | 126 | 07:26 |
| 417 | 713 | Ying Whye Stephen | Choy | 1:12:28 | 40-49 | 100 | Male | 345 | 0:17:49 | 517 | 111 | 407 | 05:56 | 0:01:52 | 180 | 49 | 144 | 0:35:08 | 443 | 106 | 364 | 25.62 | 0:01:44 | 199 | 44 | 155 | 0:15:52 | 341 | 78 | 281 | 05:53 |
| 418 | 98 | Win Kiang | Choong | 1:12:38 | 20-29 | 71 | Male | 346 | 0:17:45 | 514 | 87 | 405 | 05:55 | 0:02:36 | 457 | 70 | 344 | 0:32:42 | 341 | 55 | 290 | 27.52 | 0:02:14 | 403 | 68 | 307 | 0:17:19 | 456 | 77 | 362 | 06:25 |
| 419 | 382 | Sofia | Leong | 1:12:39 | 30-39 | 40 | Female | 62 | 0:17:04 | 474 | 50 | 82 | 05:41 | 0:01:52 | 178 | 16 | 24 | 0:36:28 | 491 | 57 | 87 | 24.68 | 0:01:43 | 193 | 19 | 30 | 0:15:28 | 303 | 22 | 38 | 05:44 |
| 420 | 606 | Carolyn | Soemarjono | 1:12:40 | 40-49 | 12 | Female | 63 | 0:17:29 | 502 | 18 | 92 | 05:50 | 0:02:43 | 491 | 19 | 109 | 0:32:44 | 344 | 10 | 47 | 27.49 | 0:02:19 | 431 | 16 | 93 | 0:17:23 | 459 | 17 | 82 | 06:26 |
| 421 | 763 | Kin Loong | Tham | 1:12:41 | 30-39 | 143 | Male | 347 | 0:15:12 | 312 | 110 | 267 | 05:04 | 0:03:00 | 546 | 174 | 407 | 0:34:55 | 435 | 153 | 357 | 25.78 | 0:03:14 | 589 | 190 | 432 | 0:16:17 | 374 | 122 | 304 | 06:02 |
| 422 | 27 | Jahari | Omar | 1:12:42 | 50+ | 11 | Male | 348 | 0:15:25 | 342 | 9 | 292 | 05:08 | 0:02:55 | 532 | 13 | 396 | 0:35:49 | 465 | 14 | 376 | 25.13 | 0:02:10 | 380 | 8 | 293 | 0:16:20 | 381 | 10 | 310 | 06:03 |
| 423 | 366 | Tracey | Simpson | 1:12:43 | 30-39 | 41 | Female | 64 | 0:16:27 | 427 | 35 | 60 | 05:29 | 0:02:34 | 445 | 53 | 92 | 0:33:38 | 382 | 39 | 58 | 26.76 | 0:02:32 | 501 | 67 | 115 | 0:17:30 | 467 | 52 | 85 | 06:29 |
| 424 | 134 | Bonnie | Catlin | 1:12:46 | 30-39 | 42 | Female | 65 | 0:16:29 | 432 | 37 | 62 | 05:30 | 0:02:25 | 402 | 43 | 76 | 0:35:01 | 440 | 48 | 72 | 25.70 | 0:02:14 | 404 | 49 | 82 | 0:16:34 | 399 | 41 | 66 | 06:08 |
| 425 | 780 | Yap Chuan Henry | Kwang | 1:12:46 | <20 | 24 | Male | 349 | 0:15:46 | 366 | 22 | 314 | 05:15 | 0:03:24 | 587 | 26 | 436 | 0:31:16 | 265 | 13 | 234 | 28.78 | 0:02:48 | 551 | 25 | 407 | 0:19:30 | 556 | 25 | 424 | 07:13 |
| 426 | 743 | Joel | Cook | 1:12:49 | 30-39 | 144 | Male | 350 | 0:16:56 | 467 | 158 | 378 | 05:39 | 0:03:37 | 598 | 195 | 441 | 0:33:02 | 351 | 125 | 296 | 27.25 | 0:02:35 | 517 | 165 | 384 | 0:16:36 | 404 | 130 | 323 | 06:09 |
| 427 | 835 | Muhammad Imran | Bin Hassan | 1:12:49 | 20-29 | 72 | Male | 351 | 0:14:44 | 268 | 51 | 229 | 04:55 | 0:02:27 | 416 | 66 | 318 | 0:36:51 | 503 | 77 | 403 | 24.42 | 0:02:29 | 488 | 78 | 362 | 0:16:16 | 371 | 68 | 301 | 06:01 |
| 428 | 342 | Regine | Varone | 1:12:50 | 30-39 | 43 | Female | 66 | 0:18:17 | 535 | 67 | 110 | 06:06 | 0:02:16 | 355 | 36 | 64 | 0:33:13 | 357 | 33 | 51 | 27.09 | 0:02:15 | 410 | 51 | 85 | 0:16:47 | 424 | 47 | 76 | 06:13 |
| 429 | 658 | Hendra Indragunawan | Abdullah | 1:12:51 | 30-39 | 145 | Male | 352 | 0:15:40 | 358 | 126 | 307 | 05:13 | 0:02:07 | 290 | 89 | 228 | 0:37:39 | 523 | 182 | 415 | 23.90 | 0:01:47 | 228 | 65 | 181 | 0:15:36 | 315 | 109 | 263 | 05:47 |
| 430 | 671 | Sharon | Poh | 1:12:56 | 30-39 | 44 | Female | 67 | 0:16:59 | 469 | 49 | 80 | 05:40 | 0:02:40 | 474 | 58 | 102 | 0:34:24 | 414 | 43 | 63 | 26.16 | 0:01:42 | 181 | 18 | 28 | 0:17:09 | 447 | 50 | 80 | 06:21 |
| 431 | 600 | Ahmad | Hilmy | 1:13:07 | 30-39 | 146 | Male | 353 | 0:16:19 | 419 | 144 | 353 | 05:26 | 0:02:48 | 515 | 163 | 381 | 0:33:52 | 394 | 138 | 328 | | | | | | | | | | |

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|------------------|-------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 445 | 990 | Team | Bikerunner | 1:13:57 | Team | 12 | Team | 12 | 0:16:33 | 441 | 11 | 11 | 05:31 | 0:01:57 | 212 | 12 | 12 | 0:36:55 | 504 | 11 | 11 | 24.38 | 0:02:43 | 540 | 17 | 17 | 0:15:47 | 333 | 11 | 11 | 05:51 |
| 446 | 646 | Edwin | Tan | 1:13:59 | 30-39 | 150 | Male | 362 | 0:16:37 | 448 | 151 | 367 | 05:32 | 0:02:05 | 274 | 83 | 213 | 0:35:34 | 459 | 160 | 372 | 25.30 | 0:02:16 | 518 | 132 | 314 | 0:17:25 | 461 | 154 | 366 | 06:27 |
| 447 | 694 | Paul | De Cruz | 1:13:59 | 50+ | 13 | Male | 363 | 0:17:45 | 515 | 13 | 406 | 05:55 | 0:03:17 | 581 | 15 | 431 | 0:31:25 | 275 | 10 | 243 | 28.65 | 0:02:31 | 495 | 12 | 366 | 0:18:59 | 535 | 12 | 411 | 07:02 |
| 448 | 806 | Sang-Ha | Leigh | 1:14:02 | 40-49 | 102 | Male | 364 | 0:17:27 | 497 | 109 | 396 | 05:49 | 0:02:25 | 403 | 90 | 310 | 0:34:09 | 407 | 98 | 339 | 26.35 | 0:02:13 | 399 | 81 | 304 | 0:17:46 | 481 | 104 | 380 | 06:35 |
| 449 | 367 | Andre | Rampono | 1:14:09 | 30-39 | 151 | Male | 365 | 0:17:12 | 483 | 164 | 388 | 05:44 | 0:02:20 | 378 | 120 | 293 | 0:33:32 | 478 | 133 | 314 | 26.84 | 0:03:49 | 606 | 200 | 446 | 0:17:13 | 452 | 151 | 359 | 06:23 |
| 450 | 676 | Lee | Kian Ming | 1:14:10 | 20-29 | 76 | Male | 366 | 0:16:12 | 403 | 75 | 342 | 05:24 | 0:02:19 | 371 | 59 | 286 | 0:37:52 | 527 | 81 | 416 | 23.77 | 0:01:40 | 161 | 35 | 126 | 0:16:04 | 355 | 65 | 291 | 05:57 |
| 451 | 501 | Yeo | Kim Song | 1:14:14 | 30-39 | 152 | Male | 367 | 0:15:40 | 359 | 127 | 308 | 05:13 | 0:02:10 | 321 | 101 | 251 | 0:34:40 | 427 | 150 | 351 | 25.96 | 0:02:20 | 543 | 142 | 330 | 0:19:21 | 549 | 183 | 421 | 07:10 |
| 452 | 725 | Jeremy Seow Poh | Lee | 1:14:16 | 30-39 | 153 | Male | 368 | 0:19:30 | 576 | 184 | 432 | 06:30 | 0:02:46 | 506 | 161 | 374 | 0:29:58 | 203 | 75 | 179 | 30.03 | 0:02:33 | 504 | 158 | 371 | 0:19:26 | 552 | 185 | 423 | 07:12 |
| 453 | 515 | Chye Hwang | Yan | 1:14:19 | 40-49 | 103 | Male | 369 | 0:19:41 | 583 | 118 | 433 | 06:34 | 0:02:40 | 478 | 101 | 356 | 0:30:54 | 245 | 70 | 215 | 29.13 | 0:02:53 | 563 | 111 | 414 | 0:18:07 | 495 | 106 | 388 | 06:43 |
| 454 | 45 | Eliza | Hoh | 1:14:20 | 30-39 | 47 | Female | 73 | 0:17:37 | 508 | 58 | 94 | 05:52 | 0:02:42 | 485 | 61 | 106 | 0:33:29 | 374 | 37 | 56 | 26.88 | 0:01:58 | 297 | 31 | 52 | 0:18:31 | 517 | 62 | 102 | 06:51 |
| 455 | 808 | Louise | Wikstrom | 1:14:20 | 40-49 | 15 | Female | 74 | 0:15:51 | 375 | 11 | 45 | 05:17 | 0:02:02 | 247 | 6 | 44 | 0:37:51 | 526 | 16 | 99 | 23.78 | 0:01:58 | 301 | 9 | 54 | 0:16:35 | 401 | 15 | 68 | 06:09 |
| 456 | 156 | Siew Yoon | Chin | 1:14:22 | 40-49 | 16 | Female | 75 | 0:16:53 | 461 | 17 | 77 | 05:38 | 0:02:38 | 465 | 18 | 98 | 0:34:42 | 428 | 13 | 70 | 25.94 | 0:02:25 | 464 | 18 | 104 | 0:17:41 | 476 | 18 | 87 | 06:33 |
| 457 | 74 | Neo Weng Hoe | Jeremy | 1:14:27 | 30-39 | 154 | Male | 370 | 0:17:16 | 486 | 166 | 390 | 05:45 | 0:02:26 | 413 | 129 | 315 | 0:33:39 | 384 | 135 | 319 | 26.75 | 0:01:42 | 180 | 47 | 141 | 0:19:21 | 548 | 182 | 420 | 07:10 |
| 458 | 565 | Jerome | Tan | 1:14:28 | 20-29 | 77 | Male | 371 | 0:16:22 | 423 | 77 | 356 | 05:27 | 0:04:00 | 611 | 92 | 452 | 0:32:02 | 310 | 50 | 266 | 28.10 | 0:03:15 | 591 | 88 | 434 | 0:18:46 | 526 | 83 | 404 | 06:57 |
| 459 | 323 | Viviana | Rimoldi | 1:14:38 | 30-39 | 48 | Female | 76 | 0:16:30 | 434 | 38 | 63 | 05:30 | 0:02:44 | 496 | 64 | 110 | 0:34:05 | 404 | 41 | 61 | 26.41 | 0:02:43 | 538 | 71 | 123 | 0:18:32 | 518 | 63 | 103 | 06:52 |
| 460 | 132 | Tan | Ah Kow | 1:14:41 | 40-49 | 104 | Male | 372 | 0:16:05 | 391 | 96 | 331 | 05:22 | 0:02:07 | 292 | 73 | 230 | 0:36:10 | 480 | 111 | 388 | 24.88 | 0:02:36 | 522 | 105 | 387 | 0:17:41 | 477 | 103 | 377 | 06:33 |
| 461 | 716 | Lawrence | Ang | 1:14:48 | 40-49 | 105 | Male | 373 | 0:15:36 | 353 | 84 | 303 | 05:12 | 0:02:59 | 542 | 112 | 406 | 0:36:21 | 484 | 112 | 392 | 24.76 | 0:02:31 | 496 | 98 | 367 | 0:17:18 | 455 | 101 | 361 | 06:24 |
| 462 | 351 | Wai Peng, Steven | Mak | 1:14:49 | 30-39 | 155 | Male | 374 | 0:15:58 | 382 | 133 | 326 | 05:19 | 0:04:05 | 612 | 201 | 453 | 0:31:29 | 281 | 99 | 245 | 28.59 | 0:03:42 | 603 | 197 | 443 | 0:19:32 | 558 | 186 | 425 | 07:14 |
| 463 | 254 | Ng | Mona | 1:14:54 | 40-49 | 17 | Female | 77 | 0:16:32 | 440 | 15 | 68 | 05:31 | 0:02:12 | 334 | 12 | 59 | 0:38:04 | 530 | 17 | 100 | 23.64 | 0:01:57 | 291 | 8 | 51 | 0:16:05 | 357 | 12 | 54 | 05:57 |
| 464 | 347 | Francis | James | 1:14:59 | 40-49 | 106 | Male | 375 | 0:16:06 | 392 | 97 | 332 | 05:22 | 0:03:39 | 599 | 116 | 442 | 0:34:54 | 434 | 103 | 356 | 25.79 | 0:04:05 | 611 | 119 | 451 | 0:16:12 | 365 | 83 | 297 | 06:00 |
| 465 | 744 | Deborah | Riger | 1:15:00 | 20-29 | 11 | Female | 78 | 0:16:46 | 455 | 12 | 73 | 05:35 | 0:01:57 | 213 | 6 | 34 | 0:38:31 | 541 | 18 | 103 | 23.37 | 0:01:53 | 266 | 10 | 46 | 0:15:51 | 338 | 8 | 49 | 05:52 |
| 466 | 683 | Anna | Livingston | 1:15:12 | 40-49 | 18 | Female | 79 | 0:16:47 | 457 | 16 | 75 | 05:36 | 0:02:47 | 512 | 20 | 115 | 0:36:47 | 499 | 15 | 88 | 24.47 | 0:02:14 | 406 | 14 | 83 | 0:16:34 | 400 | 14 | 67 | 06:08 |
| 467 | 533 | Sok Teng | Tang | 1:15:13 | 30-39 | 49 | Female | 80 | 0:17:34 | 507 | 57 | 93 | 05:51 | 0:03:04 | 553 | 72 | 123 | 0:34:13 | 409 | 42 | 62 | 26.30 | 0:02:30 | 491 | 65 | 113 | 0:17:49 | 485 | 55 | 90 | 06:36 |
| 468 | 678 | Loma | Jones | 1:15:22 | 30-39 | 50 | Female | 81 | 0:16:21 | 421 | 33 | 57 | 05:27 | 0:01:58 | 219 | 25 | 36 | 0:38:39 | 543 | 67 | 104 | 23.29 | 0:01:52 | 258 | 26 | 41 | 0:16:30 | 391 | 39 | 63 | 06:07 |
| 469 | 688 | Christopher | Majeski | 1:15:24 | 30-39 | 156 | Male | 376 | 0:16:29 | 433 | 148 | 361 | 05:30 | 0:01:51 | 173 | 52 | 140 | 0:37:24 | 513 | 179 | 407 | 24.06 | 0:02:02 | 334 | 104 | 256 | 0:17:36 | 474 | 161 | 375 | 06:31 |
| 470 | 390 | Arnold | Leong | 1:15:29 | 30-39 | 157 | Male | 377 | 0:17:05 | 476 | 162 | 383 | 05:42 | 0:02:39 | 470 | 150 | 353 | 0:34:46 | 431 | 151 | 353 | 25.89 | 0:02:34 | 512 | 162 | 379 | 0:18:22 | 509 | 172 | 396 | 06:48 |
| 471 | 151 | Wilson | Chow | 1:15:34 | 40-49 | 107 | Male | 378 | 0:15:54 | 378 | 93 | 322 | 05:18 | 0:02:15 | 348 | 79 | 270 | 0:36:50 | 502 | 114 | 402 | 24.43 | 0:02:39 | 528 | 107 | 391 | 0:17:53 | 487 | 105 | 383 | 06:37 |
| 472 | 75 | Ong | Lena | 1:15:36 | 30-39 | 51 | Female | 82 | 0:16:53 | 460 | 46 | 76 | 05:38 | 0:02:26 | 411 | 45 | 80 | 0:35:21 | 451 | 51 | 77 | 25.46 | 0:02:12 | 395 | 46 | 79 | 0:18:41 | 524 | 65 | 107 | 06:55 |
| 473 | 691 | Kok Hon | Chiong | 1:15:39 | 40-49 | 108 | Male | 379 | 0:17:08 | 480 | 107 | 386 | 05:43 | 0:02:40 | 475 | 100 | 355 | 0:34:43 | 430 | 101 | 352 | 25.92 | 0:02:12 | 394 | 79 | 301 | 0:18:52 | 531 | 114 | 408 | 06:59 |
| 474 | 609 | Lee Tat, Joseph | Tan | 1:15:45 | 30-39 | 158 | Male | 380 | 0:15:57 | 381 | 132 | 325 | 05:19 | 0:02:04 | 268 | 80 | 207 | 0:36:07 | 475 | 165 | 384 | 24.92 | 0:03:14 | 590 | 191 | 433 | 0:18:21 | 508 | 171 | 395 | 06:48 |
| 475 | 202 | Marisa | Hall | 1:15:52 | 20-29 | 12 | Female | 83 | 0:18:50 | 554 | 22 | 117 | 06:17 | 0:02:03 | 259 | 9 | 46 | 0:33:18 | 361 | 8 | 53 | 27.03 | 0:02:20 | 441 | 21 | 98 | 0:19:19 | 546 | 23 | 113 | 07:09 |
| 476 | 494 | Zainal Abidin | Shukor | 1:15:57 | 40-49 | 109 | Male | 381 | 0:17:19 | 489 | 108 | 392 | 05:46 | 0:02:38 | 466 | 98 | 350 | 0:35:23 | 457 | 107 | 370 | 25.44 | 0:02:12 | 396 | 80 | 302 | 0:18:23 | 511 | 108 | 397 | 06:49 |
| 477 | 416 | Ute | Bottcher | 1:15:58 | 30-39 | 52 | Female | 84 | 0:17:48 | 516 | 59 | 97 | 05:56 | 0:01:48 | 156 | 11 | 19 | 0:36:06 | 474 | 55 | 82 | 24.93 | 0:01:53 | 265 | 28 | 45 | 0:18:21 | 507 | 60 | 99 | 06:48 |
| 478 | 421 | Hairil Akhmal | Sakroni | 1:16:01 | 30-39 | 159 | Male | 382 | 0:16:08 | 394 | 135 | 334 | 05:23 | 0:02:39 | 469 | 149 | 352 | 0:35:48 | 463 | 162 | 375 | 25.14 | 0:02:26 | 471 | 152 | 351 | 0:18:57 | 534 | 177 | 410 | 07:01 |
| 479 | 540 | Puay Han | Ong | 1:16:06 | 40-49 | 110 | Male | 383 | 0:18:45 | 553 | 116 | 423 | 06:15 | 0:02:46 | 504 | 106 | 373 | 0:31:56 | 300 | 78 | 258 | 28.18 | 0:02:54 | 565 | 112 | 415 | 0:19:43 | 563 | 116 | 426 | 07:18 |
| 480 | 541 | Lin | Kaixiang | 1:16:19 | 20-29 | 78 | Male | 384 | 0:18:32 | 548 | 91 | 420 | 06:11 | 0:01:54 | 195 | 33 | 157 | 0:38:36 | 542 | 84 | 424 | 23.32 | 0:01:32 | 97 | 21 | 78 | 0:15:42 | 324 | 55 | 268 | 05:49 |
| 481 | 70 | Irene Magdalena | Alisjahbana | 1:16:20 | 30-39 | 53 | Female | 85 | 0:17:26 | 495 | 56 | 88 | 05:49 | 0:01:58 | 220 | 26 | 37 | 0:38:17 | 537 | 65 | 101 | 23.51 | 0:01:59 | 309 | 33 | 56 | 0:16:37 | 406 | 43 | 70 | 06:09 |
| 482 | 996 | Team | R&V | 1:16:25 | Team | 13 | Team | 13 | 0:18:54 | 557 | 15 | 15 | 06:18 | 0:02:11 | 331 | 15 | 15 | 0:33:19 | 362 | 7 | 7 | 27.01 | 0:02:02 | 331 | 15 | 15 | 0:19:56 | 570 | 17 | 17 | 07:23 |
| 483 | 242 | Tan | Hui Li | 1:16:33 | 30-39 | 54 | Female | 86 | 0:17:10 | 481 | 52 | 84 | 05:43 | 0:02:26 | 412 | 46 | 81 | 0:36:49 | 501 | 59 | 90 | 24.45 | 0:01:56 | 286 | 30 | 49 | 0:18:10 | 498 | 57 | 95 | 06:44 |
| 484 | 534 | Tau Boon Edwin | Lim | 1:16:37 | 40-49 | 111 | Male | 385 | 0:18:24 | 542 | 113 | 415 | 06:08 | 0:03:12 | 572 | 114 | 424 | 0:33:27 | 373 | 90 | 311 | 26.91 | 0:03:06 | 580 | 116 | 426 | 0:18:25 | 513 | 109 | 399 | 06:49 |
| 485 | 224 | Nicola | Quinn | 1:16:38 | 30-39 | 55 | Female | 87 | 0:18:06 | 527 | 63 | 104 | 06:02 | 0:02:40 | 476 | 59 | 103 | 0:33:31 | 376 | 38 | 57 | 26.85 | 0:02:51 | 561 | 77 | 130 | 0:19:27 | 553 | 68 | 115 | 07:12 |
| 486 | 230 | Jeffrey Aaron | Hallmark | 1:16:38 | 30-39 | 160 | Male | 386 | 0:16:47 | 458 | 154 | 372 | 05:36 | 0:03:01 | 548 | 176 | 409 | 0:36:59 | 506 | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | | Transition 1 | | | | | Bike | | | | | Transition 2 | | | | | Run 2 | | | | |
|-----------|----------|------------------|-------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------|--------------|-------|-------|-------|---------|-------|-------|-------|-------|---------|--------------|-------|-------|---------|-------|-------|-------|--------|--|--|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km | | |
| 500 | 37 | Daniel | Gan | 1:17:20 | 30-39 | 163 | Male | 395 | 0:17:40 | 512 | 171 | 404 | 05:53 | 0:02:42 | 486 | 154 | 362 | 0:36:40 | 497 | 174 | 400 | 24.55 | 0:01:46 | 222 | 62 | 175 | 0:18:29 | 515 | 174 | 401 | 06:51 | | |
| 501 | 794 | Wen Piao | Ling | 1:17:22 | 30-39 | 164 | Male | 396 | 0:17:13 | 484 | 165 | 389 | 05:44 | 0:03:28 | 596 | 194 | 439 | 0:35:47 | 462 | 161 | 370 | 25.15 | 0:03:02 | 572 | 183 | 421 | 0:17:48 | 483 | 163 | 381 | 06:36 | | |
| 502 | 701 | Vishal | Boyro | 1:17:46 | 20-29 | 84 | Male | 397 | 0:14:50 | 280 | 54 | 238 | 04:57 | 0:01:44 | 125 | 21 | 104 | 0:42:37 | 589 | 90 | 444 | 21.12 | 0:01:48 | 235 | 49 | 187 | 0:16:45 | 422 | 73 | 336 | 06:12 | | |
| 503 | 195 | Govindasamy | Parthiban | 1:17:50 | 40-49 | 113 | Male | 398 | 0:15:51 | 376 | 92 | 321 | 05:17 | 0:03:41 | 600 | 117 | 443 | 0:41:22 | 580 | 119 | 442 | 21.76 | 0:02:23 | 459 | 90 | 342 | 0:14:30 | 215 | 51 | 183 | 05:22 | | |
| 504 | 44 | Inn Kien | Tiu | 1:17:51 | 30-39 | 165 | Male | 399 | 0:18:28 | 544 | 177 | 416 | 06:09 | 0:03:05 | 557 | 180 | 414 | 0:32:23 | 525 | 114 | 278 | 27.79 | 0:03:00 | 569 | 182 | 418 | 0:20:52 | 584 | 191 | 437 | 07:44 | | |
| 505 | 15 | Chin Sean | Goh | 1:17:54 | 30-39 | 166 | Male | 400 | 0:16:35 | 445 | 149 | 365 | 05:32 | 0:02:40 | 473 | 151 | 354 | 0:39:20 | 556 | 188 | 429 | 22.88 | 0:01:54 | 274 | 86 | 215 | 0:17:22 | 458 | 153 | 364 | 06:26 | | |
| 506 | 327 | Ng | Kian Loo | 1:17:57 | 30-39 | 167 | Male | 401 | 0:18:22 | 539 | 175 | 412 | 06:07 | 0:02:33 | 442 | 142 | 335 | 0:36:26 | 488 | 172 | 394 | 24.70 | 0:01:56 | 285 | 90 | 224 | 0:18:38 | 521 | 175 | 403 | 06:54 | | |
| 507 | 471 | Jiahong | Ma | 1:17:58 | 20-29 | 85 | Male | 402 | 0:16:11 | 402 | 74 | 341 | 05:24 | 0:03:14 | 575 | 88 | 427 | 0:34:08 | 406 | 66 | 338 | 26.37 | 0:03:55 | 608 | 90 | 448 | 0:20:28 | 577 | 89 | 432 | 07:35 | | |
| 508 | 331 | Jia En Grace | Wang | 1:18:02 | 20-29 | 14 | Female | 93 | 0:19:19 | 571 | 24 | 125 | 06:26 | 0:02:18 | 365 | 14 | 67 | 0:36:26 | 487 | 13 | 85 | 24.70 | 0:02:00 | 317 | 14 | 62 | 0:17:56 | 488 | 16 | 92 | 06:39 | | |
| 509 | 582 | Murugesu | Samarasian | 1:18:06 | 20-29 | 86 | Male | 403 | 0:17:01 | 471 | 82 | 380 | 05:40 | 0:02:02 | 249 | 39 | 192 | 0:40:39 | 571 | 88 | 438 | 22.14 | 0:01:57 | 292 | 56 | 228 | 0:16:25 | 385 | 70 | 313 | 06:05 | | |
| 510 | 986 | Team | =Montorfians= | 1:18:07 | Team | 14 | Team | 14 | 0:19:16 | 568 | 17 | 17 | 06:25 | 0:01:42 | 114 | 7 | 7 | 0:42:55 | 591 | 17 | 17 | 20.97 | 0:01:42 | 184 | 13 | 12 | 0:12:29 | 59 | 6 | 6 | 04:37 | | |
| 511 | 746 | Yee | Stephen | 1:18:15 | 30-39 | 168 | Male | 404 | 0:18:57 | 559 | 179 | 424 | 06:19 | 0:03:52 | 606 | 197 | 448 | 0:33:51 | 393 | 137 | 327 | 26.59 | 0:03:27 | 598 | 194 | 439 | 0:18:06 | 493 | 167 | 386 | 06:42 | | |
| 512 | 667 | Malcolm | Soh | 1:18:17 | 30-39 | 169 | Male | 405 | 0:16:27 | 428 | 147 | 358 | 05:29 | 0:03:14 | 576 | 187 | 428 | 0:33:56 | 397 | 141 | 331 | 26.52 | 0:05:28 | 617 | 205 | 456 | 0:19:10 | 542 | 179 | 416 | 07:06 | | |
| 513 | 165 | Chong | Kiat Meng | 1:18:22 | 30-39 | 170 | Male | 406 | 0:16:16 | 410 | 141 | 347 | 05:25 | 0:03:53 | 607 | 198 | 449 | 0:34:29 | 416 | 146 | 346 | 26.10 | 0:03:04 | 578 | 185 | 424 | 0:20:38 | 579 | 190 | 433 | 07:39 | | |
| 514 | 332 | Dacialyn Qiuling | Koh | 1:18:23 | 20-29 | 15 | Female | 94 | 0:19:38 | 579 | 27 | 130 | 06:33 | 0:03:24 | 589 | 29 | 135 | 0:36:26 | 490 | 14 | 86 | 24.70 | 0:02:15 | 413 | 19 | 87 | 0:16:37 | 407 | 11 | 71 | 06:09 | | |
| 515 | 748 | Peng Han | Siow | 1:18:25 | 40-49 | 114 | Male | 407 | 0:18:22 | 540 | 112 | 413 | 06:07 | 0:02:50 | 524 | 109 | 390 | 0:35:39 | 460 | 108 | 373 | 25.25 | 0:02:44 | 542 | 108 | 401 | 0:18:47 | 528 | 113 | 406 | 06:57 | | |
| 516 | 426 | Lim | Zheng Fang Audrey | 1:18:30 | 20-29 | 16 | Female | 95 | 0:17:27 | 496 | 14 | 89 | 05:49 | 0:02:10 | 323 | 12 | 57 | 0:39:32 | 559 | 20 | 112 | 22.77 | 0:01:52 | 259 | 8 | 42 | 0:17:26 | 465 | 13 | 84 | 06:27 | | |
| 517 | 466 | Ridzuan | Mohd Nor | 1:18:31 | 30-39 | 171 | Male | 408 | 0:25:38 | 612 | 198 | 451 | 08:33 | 0:03:05 | 559 | 182 | 416 | 0:31:47 | 291 | 104 | 250 | 28.32 | 0:03:08 | 582 | 188 | 428 | 0:14:52 | 254 | 85 | 218 | 05:30 | | |
| 518 | 512 | William | Teo | 1:18:38 | 30-39 | 172 | Male | 409 | 0:15:11 | 310 | 109 | 265 | 05:04 | 0:03:18 | 583 | 190 | 433 | 0:40:42 | 573 | 194 | 440 | 22.11 | 0:01:54 | 275 | 87 | 216 | 0:17:31 | 468 | 158 | 370 | 06:29 | | |
| 519 | 766 | Rishi | Saraswat | 1:18:40 | 20-29 | 87 | Male | 410 | 0:17:29 | 503 | 86 | 398 | 05:50 | 0:02:18 | 364 | 56 | 282 | 0:38:15 | 535 | 83 | 421 | 23.53 | 0:02:52 | 562 | 84 | 413 | 0:17:43 | 479 | 80 | 379 | 06:34 | | |
| 520 | 731 | Valentine | Bucher-Mermet | 1:18:45 | 30-39 | 60 | Female | 96 | 0:18:03 | 526 | 62 | 103 | 06:01 | 0:02:46 | 503 | 67 | 113 | 0:37:16 | 510 | 61 | 92 | 24.15 | 0:02:26 | 472 | 61 | 106 | 0:18:12 | 499 | 58 | 96 | 06:44 | | |
| 521 | 795 | Mohamad Zulkifli | Hanafi | 1:18:49 | 30-39 | 173 | Male | 411 | 0:24:39 | 608 | 196 | 448 | 08:13 | 0:01:53 | 189 | 57 | 153 | 0:35:07 | 442 | 155 | 363 | 25.63 | 0:01:57 | 290 | 92 | 227 | 0:15:10 | 276 | 95 | 237 | 05:37 | | |
| 522 | 528 | Van | Weng Koon | 1:18:50 | 50+ | 14 | Male | 412 | 0:18:59 | 561 | 14 | 426 | 06:20 | 0:02:57 | 539 | 14 | 403 | 0:32:02 | 308 | 12 | 264 | 28.10 | 0:02:41 | 532 | 14 | 395 | 0:22:09 | 600 | 14 | 446 | 08:12 | | |
| 523 | 350 | Wei Li Michelle | Han | 1:18:53 | 30-39 | 61 | Female | 97 | 0:16:02 | 388 | 29 | 49 | 05:21 | 0:03:06 | 561 | 74 | 126 | 0:41:03 | 576 | 75 | 120 | 21.92 | 0:02:11 | 391 | 44 | 77 | 0:16:29 | 390 | 38 | 62 | 06:06 | | |
| 524 | 152 | Kok Kiang | Lee | 1:18:58 | 30-39 | 174 | Male | 413 | 0:16:19 | 420 | 145 | 354 | 05:26 | 0:02:26 | 409 | 128 | 313 | 0:37:34 | 519 | 180 | 411 | 23.96 | 0:04:30 | 614 | 203 | 454 | 0:18:05 | 490 | 165 | 384 | 06:42 | | |
| 525 | 803 | Serah | Chubukoff | 1:18:58 | 30-39 | 62 | Female | 98 | 0:19:02 | 562 | 74 | 120 | 06:21 | 0:02:46 | 505 | 68 | 114 | 0:35:48 | 464 | 53 | 80 | 25.14 | 0:02:22 | 451 | 58 | 101 | 0:18:56 | 533 | 67 | 110 | 07:01 | | |
| 526 | 655 | Shanley | Chung | 1:19:04 | 20-29 | 17 | Female | 99 | 0:18:28 | 543 | 21 | 114 | 06:09 | 0:02:25 | 405 | 17 | 78 | 0:37:50 | 525 | 17 | 98 | 23.79 | 0:02:26 | 473 | 25 | 107 | 0:17:53 | 486 | 15 | 91 | 06:37 | | |
| 527 | 423 | Justine | Christie | 1:19:17 | 30-39 | 63 | Female | 100 | 0:14:56 | 286 | 22 | 35 | 04:59 | 0:01:55 | 197 | 20 | 28 | 0:44:16 | 595 | 81 | 131 | 20.33 | 0:01:52 | 260 | 27 | 43 | 0:16:15 | 368 | 36 | 58 | 06:01 | | |
| 528 | 481 | Chern Kai | Yap | 1:19:18 | 30-39 | 64 | Female | 101 | 0:18:43 | 552 | 71 | 116 | 06:14 | 0:03:02 | 551 | 71 | 122 | 0:36:47 | 500 | 58 | 89 | 24.47 | 0:02:25 | 466 | 60 | 105 | 0:18:18 | 504 | 59 | 98 | 06:47 | | |
| 529 | 993 | Team | Tcss | 1:19:18 | Team | 15 | Team | 15 | 0:17:28 | 501 | 13 | 13 | 05:49 | 0:02:13 | 339 | 16 | 16 | 0:38:07 | 532 | 14 | 14 | 23.61 | 0:01:59 | 308 | 14 | 14 | 0:19:28 | 554 | 16 | 16 | 07:13 | | |
| 530 | 99 | Tracey | Pickford | 1:19:21 | 30-39 | 65 | Female | 102 | 0:17:24 | 492 | 55 | 87 | 05:48 | 0:02:28 | 420 | 48 | 83 | 0:38:47 | 548 | 68 | 107 | 23.21 | 0:02:10 | 382 | 42 | 74 | 0:18:29 | 516 | 61 | 101 | 06:51 | | |
| 531 | 422 | Manoharan | Pariasamy | 1:19:21 | 30-39 | 175 | Male | 414 | 0:18:58 | 560 | 180 | 425 | 06:19 | 0:03:19 | 585 | 192 | 435 | 0:34:37 | 425 | 149 | 350 | 26.00 | 0:03:05 | 579 | 186 | 425 | 0:19:19 | 547 | 181 | 419 | 07:09 | | |
| 532 | 531 | Jiun Yit | Pan | 1:19:24 | 30-39 | 176 | Male | 415 | 0:17:16 | 487 | 167 | 391 | 05:45 | 0:01:59 | 230 | 69 | 176 | 0:39:58 | 564 | 192 | 435 | 22.52 | 0:01:50 | 248 | 75 | 196 | 0:18:18 | 503 | 169 | 392 | 06:47 | | |
| 533 | 61 | Daniel | Cheng | 1:19:29 | 30-39 | 177 | Male | 416 | 0:20:33 | 594 | 188 | 440 | 06:51 | 0:03:13 | 574 | 186 | 426 | 0:30:28 | 233 | 83 | 205 | 29.54 | 0:03:10 | 584 | 189 | 430 | 0:22:03 | 597 | 196 | 444 | 08:10 | | |
| 534 | 566 | Alice Yip | Chi Yan | 1:19:31 | 20-29 | 18 | Female | 103 | 0:18:07 | 528 | 19 | 105 | 06:02 | 0:03:57 | 609 | 30 | 141 | 0:35:11 | 445 | 10 | 73 | 25.58 | 0:03:31 | 599 | 30 | 141 | 0:18:42 | 525 | 20 | 108 | 06:56 | | |
| 535 | 755 | Alison Katherine | Maharaj | 1:19:33 | 30-39 | 66 | Female | 104 | 0:17:57 | 523 | 60 | 100 | 05:59 | 0:02:45 | 501 | 66 | 112 | 0:39:19 | 555 | 69 | 111 | 22.89 | 0:02:44 | 543 | 73 | 125 | 0:16:46 | 423 | 46 | 75 | 06:13 | | |
| 536 | 238 | Godfrey | Foo | 1:19:34 | 30-39 | 178 | Male | 417 | 0:17:04 | 475 | 161 | 382 | 05:41 | 0:03:01 | 549 | 177 | 410 | 0:38:15 | 536 | 185 | 422 | 23.53 | 0:02:04 | 343 | 107 | 265 | 0:19:07 | 540 | 178 | 414 | 07:05 | | |
| 537 | 312 | Hock Chai | Chong | 1:19:48 | 30-39 | 179 | Male | 418 | 0:16:18 | 417 | 143 | 352 | 05:26 | 0:05:38 | 617 | 204 | 457 | 0:40:39 | 572 | 193 | 439 | 22.14 | 0:02:00 | 319 | 99 | 243 | 0:15:09 | 272 | 92 | 233 | 05:37 | | |
| 538 | 504 | Wong | May Ling | 1:20:07 | 40-49 | 19 | Female | 105 | 0:20:44 | 596 | 25 | 139 | 06:55 | 0:03:07 | 565 | 22 | 128 | 0:32:39 | 340 | 8 | 45 | 27.57 | 0:03:10 | 585 | 24 | 136 | 0:20:25 | 576 | 23 | 128 | 07:34 | | |
| 539 | 732 | Sandy | Ng Foong Look | 1:20:09 | 30-39 | 67 | Female | 106 | 0:17:57 | 524 | 61 | 101 | 05:59 | 0:02:51 | 526 | 69 | 117 | 0:40:47 | 575 | 74 | 119 | 22.07 | 0:02:12 | 397 | 47 | 80 | 0:16:19 | 377 | 37 | 59 | 06:03 | | |
| 540 | 138 | Raymond | Tan | 1:20:44 | 40-49 | 115 | Male | 419 | 0:16:53 | 463 | 104 | 375 | 05:38 | 0:02:44 | 497 | 105 | 369 | 0:38:26 | 540 | 117 | 423 | 23.42 | 0:04:18 | 612 | 120 | 452 | 0:18:19 | 505 | 107 | 393 | 06:47 | | |
| 541 | 653 | Chen Kuo Ted | Low | 1:20:51 | 20-29 | 88 | Male | 420 | 0:16:39 | 450 | 80 | | | | | | | | | | | | | | | | | | | | | | |

Tribob Singapore Sprint Series 2009

Result Sprint Duathlon - Overall

Upper Seletar Reservoir Park, 15 March 2009

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | | |
|-----------|----------|----------------------|---------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|--------------|-------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 556 | 783 | Choon Mie | Ong | 1:21:55 | 20-29 | 90 | Female | 427 | 0:18:13 | 532 | 88 | 411 | 06:04 | 0:03:01 | 550 | 84 | 411 | 0:37:28 | 515 | 78 | 408 | 24.02 | 0:03:12 | 586 | 87 | 430 | 0:19:59 | 571 | 88 | 429 | 07:24 |
| 557 | 786 | Candice Dawn | Jensen | 1:22:00 | 30-39 | 72 | Female | 115 | 0:19:17 | 569 | 75 | 124 | 06:26 | 0:02:23 | 393 | 42 | 74 | 0:40:35 | 570 | 73 | 117 | 22.18 | 0:02:38 | 526 | 68 | 121 | 0:17:04 | 443 | 49 | 79 | 06:19 |
| 558 | 348 | Chin Chuan | Tan | 1:22:36 | 30-39 | 184 | Male | 428 | 0:17:51 | 518 | 172 | 408 | 05:57 | 0:02:47 | 513 | 162 | 380 | 0:39:47 | 562 | 191 | 433 | 22.62 | 0:02:55 | 567 | 181 | 416 | 0:19:14 | 545 | 180 | 418 | 07:07 |
| 559 | 684 | Bernadette | Bower | 1:22:40 | 40-49 | 21 | Female | 116 | 0:19:40 | 581 | 23 | 132 | 06:33 | 0:02:03 | 260 | 8 | 47 | 0:39:13 | 552 | 20 | 109 | 22.95 | 0:01:59 | 310 | 10 | 57 | 0:19:43 | 562 | 22 | 121 | 07:18 |
| 560 | 266 | Krishnamoorthy | Ramoo | 1:22:53 | 40-49 | 117 | Male | 429 | 0:18:41 | 551 | 115 | 422 | 06:14 | 0:03:17 | 582 | 115 | 432 | 0:37:33 | 517 | 115 | 409 | 23.97 | 0:02:30 | 492 | 97 | 364 | 0:20:50 | 582 | 119 | 436 | 07:43 |
| 561 | 564 | Ang | Lydia | 1:22:56 | 20-29 | 21 | Female | 117 | 0:17:28 | 500 | 15 | 91 | 05:49 | 0:02:25 | 404 | 16 | 77 | 0:41:20 | 579 | 22 | 122 | 21.77 | 0:02:19 | 435 | 20 | 95 | 0:19:22 | 550 | 24 | 114 | 07:10 |
| 562 | 690 | Xiuqing | Chen | 1:23:11 | 20-29 | 22 | Female | 118 | 0:17:54 | 520 | 18 | 98 | 05:58 | 0:02:59 | 545 | 26 | 121 | 0:37:46 | 524 | 16 | 97 | 23.83 | 0:03:12 | 587 | 29 | 137 | 0:21:18 | 591 | 28 | 133 | 07:53 |
| 563 | 308 | Jennifer | White | 1:23:18 | 30-39 | 73 | Female | 119 | 0:19:21 | 574 | 76 | 127 | 06:27 | 0:03:15 | 578 | 77 | 131 | 0:38:19 | 538 | 66 | 102 | 23.49 | 0:02:41 | 533 | 70 | 122 | 0:19:38 | 560 | 69 | 119 | 07:16 |
| 564 | 9 | Siew Ling | Tan | 1:23:25 | 30-39 | 74 | Female | 120 | 0:18:20 | 538 | 69 | 113 | 06:07 | 0:02:42 | 487 | 62 | 107 | 0:40:30 | 568 | 72 | 115 | 22.22 | 0:02:06 | 357 | 38 | 67 | 0:19:44 | 564 | 71 | 122 | 07:19 |
| 565 | 121 | Ramon | Zabarte | 1:23:27 | 30-39 | 185 | Male | 430 | 0:20:27 | 593 | 187 | 439 | 06:49 | 0:04:24 | 615 | 202 | 455 | 0:33:25 | 370 | 130 | 308 | 26.93 | 0:04:02 | 610 | 202 | 450 | 0:21:06 | 585 | 192 | 438 | 07:49 |
| 566 | 817 | Rangarajan | Srinivasan | 1:23:32 | 40-49 | 118 | Male | 431 | 0:20:22 | 591 | 120 | 437 | 06:47 | 0:02:41 | 482 | 104 | 360 | 0:35:53 | 469 | 109 | 380 | 25.08 | 0:03:17 | 593 | 117 | 435 | 0:21:15 | 587 | 120 | 439 | 07:52 |
| 567 | 345 | Akira | Nomura | 1:23:33 | 30-39 | 186 | Male | 432 | 0:23:43 | 606 | 195 | 447 | 07:54 | 0:01:35 | 72 | 22 | 60 | 0:43:14 | 592 | 197 | 446 | 20.82 | 0:01:31 | 92 | 25 | 73 | 0:13:28 | 136 | 46 | 119 | 04:59 |
| 568 | 736 | Anne | Macfadden | 1:23:36 | 50+ | 2 | Female | 121 | 0:19:02 | 563 | 2 | 121 | 06:21 | 0:02:31 | 433 | 2 | 88 | 0:40:47 | 574 | 2 | 118 | 22.07 | 0:02:35 | 519 | 2 | 118 | 0:18:39 | 522 | 2 | 105 | 06:54 |
| 569 | 22 | Nelson | Quek | 1:23:40 | 40-49 | 119 | Male | 433 | 0:19:22 | 575 | 117 | 431 | 06:27 | 0:02:29 | 423 | 91 | 322 | 0:40:30 | 567 | 118 | 437 | 22.22 | 0:02:28 | 481 | 94 | 356 | 0:18:47 | 527 | 112 | 405 | 06:57 |
| 570 | 823 | Kwan Kiat Benjamin | Lim | 1:23:40 | 30-39 | 187 | Male | 434 | 0:19:13 | 566 | 181 | 427 | 06:24 | 0:03:45 | 603 | 196 | 445 | 0:35:49 | 466 | 163 | 377 | 25.13 | 0:03:36 | 600 | 195 | 440 | 0:21:15 | 588 | 193 | 440 | 07:52 |
| 571 | 982 | Team | Mini | 1:24:12 | Team | 16 | Team | 16 | 0:18:54 | 558 | 16 | 16 | 06:18 | 0:07:46 | 618 | 19 | 19 | 0:36:38 | 496 | 10 | 10 | 24.57 | 0:01:38 | 141 | 9 | 9 | 0:19:13 | 543 | 15 | 15 | 07:07 |
| 572 | 991 | Team | Relax Lah | 1:24:34 | Team | 17 | Team | 17 | 0:17:55 | 522 | 14 | 14 | 05:58 | 0:01:47 | 144 | 10 | 10 | 0:43:51 | 594 | 18 | 18 | 20.52 | 0:02:50 | 559 | 19 | 19 | 0:18:08 | 496 | 14 | 14 | 06:43 |
| 573 | 304 | Isaiah | Lee | 1:24:51 | <20 | 25 | Male | 435 | 0:17:32 | 505 | 24 | 400 | 05:51 | 0:02:52 | 528 | 23 | 392 | 0:37:34 | 520 | 24 | 412 | 23.96 | 0:04:20 | 613 | 26 | 453 | 0:22:30 | 603 | 26 | 447 | 08:20 |
| 574 | 107 | Winston | Loh | 1:25:21 | 30-39 | 188 | Male | 436 | 0:25:01 | 609 | 197 | 449 | 08:20 | 0:02:03 | 261 | 76 | 201 | 0:28:19 | 120 | 39 | 107 | 31.78 | 0:02:20 | 436 | 138 | 326 | 0:27:36 | 619 | 205 | 458 | 10:13 |
| 575 | 589 | Harjit | Talwar | 1:25:34 | 30-39 | 75 | Female | 122 | 0:15:51 | 374 | 26 | 44 | 05:17 | 0:02:20 | 381 | 40 | 70 | 0:49:48 | 613 | 83 | 138 | 18.07 | 0:01:54 | 276 | 29 | 47 | 0:15:39 | 320 | 27 | 45 | 05:48 |
| 576 | 827 | Saravanan Vanan | Govindasamy | 1:25:40 | 30-39 | 189 | Male | 437 | 0:20:22 | 592 | 186 | 438 | 06:47 | 0:02:29 | 424 | 135 | 323 | 0:36:35 | 493 | 173 | 397 | 24.60 | 0:02:50 | 557 | 180 | 412 | 0:23:20 | 605 | 199 | 449 | 08:39 |
| 577 | 844 | Megha | Srinivasan | 1:26:00 | 20-29 | 23 | Female | 123 | 0:19:09 | 564 | 23 | 122 | 06:23 | 0:02:35 | 452 | 20 | 96 | 0:42:31 | 587 | 23 | 128 | 21.17 | 0:02:44 | 544 | 26 | 126 | 0:18:59 | 536 | 21 | 111 | 07:02 |
| 578 | 228 | Julie | Kenny | 1:26:03 | 30-39 | 76 | Female | 124 | 0:18:18 | 536 | 68 | 111 | 06:06 | 0:03:27 | 595 | 81 | 139 | 0:41:38 | 584 | 78 | 125 | 21.62 | 0:02:50 | 558 | 75 | 128 | 0:19:48 | 566 | 72 | 123 | 07:20 |
| 579 | 334 | Aidil | Idris | 1:26:16 | 30-39 | 190 | Male | 438 | 0:22:26 | 604 | 194 | 446 | 07:29 | 0:03:09 | 567 | 183 | 420 | 0:36:08 | 478 | 167 | 386 | 24.91 | 0:02:46 | 548 | 175 | 405 | 0:21:45 | 594 | 195 | 443 | 08:03 |
| 580 | 96 | Tan | Chee Wah | 1:26:17 | 30-39 | 191 | Male | 439 | 0:16:10 | 400 | 137 | 339 | 05:23 | 0:02:01 | 241 | 71 | 186 | 0:45:55 | 604 | 199 | 450 | 19.60 | 0:01:53 | 267 | 82 | 208 | 0:20:16 | 573 | 189 | 430 | 07:30 |
| 581 | 497 | Kelvin | Tan | 1:26:31 | 30-39 | 192 | Male | 440 | 0:21:01 | 597 | 189 | 441 | 07:00 | 0:03:05 | 558 | 181 | 415 | 0:32:39 | 339 | 120 | 289 | 27.57 | 0:03:47 | 605 | 199 | 445 | 0:25:57 | 617 | 203 | 456 | 09:37 |
| 582 | 500 | Beng Yew | Kok | 1:26:33 | 30-39 | 193 | Male | 441 | 0:21:39 | 600 | 192 | 444 | 07:13 | 0:03:15 | 579 | 189 | 430 | 0:31:54 | 299 | 109 | 257 | 28.21 | 0:03:43 | 604 | 198 | 444 | 0:25:59 | 618 | 204 | 457 | 09:37 |
| 583 | 695 | Kelly Lynn | Ross | 1:26:56 | 30-39 | 77 | Female | 125 | 0:19:53 | 585 | 78 | 134 | 06:38 | 0:02:25 | 406 | 44 | 79 | 0:40:26 | 566 | 71 | 114 | 22.26 | 0:02:17 | 426 | 54 | 90 | 0:21:52 | 595 | 79 | 135 | 08:06 |
| 584 | 502 | Bee Ngoh | Puah | 1:26:57 | 30-39 | 194 | Male | 442 | 0:28:16 | 616 | 202 | 455 | 09:25 | 0:02:15 | 351 | 110 | 273 | 0:36:25 | 486 | 171 | 393 | 24.71 | 0:03:07 | 581 | 187 | 427 | 0:16:51 | 431 | 140 | 342 | 06:14 |
| 585 | 240 | Chan | Gin Choong | 1:27:12 | 30-39 | 78 | Female | 126 | 0:18:51 | 556 | 73 | 119 | 06:17 | 0:03:20 | 586 | 79 | 133 | 0:41:30 | 582 | 77 | 124 | 21.69 | 0:02:14 | 407 | 50 | 84 | 0:21:15 | 586 | 78 | 131 | 07:52 |
| 586 | 376 | Annabel | Siow | 1:27:16 | 20-29 | 24 | Female | 127 | 0:17:42 | 513 | 17 | 96 | 05:54 | 0:03:04 | 554 | 27 | 124 | 0:45:48 | 603 | 26 | 135 | 19.65 | 0:02:54 | 566 | 28 | 132 | 0:17:46 | 482 | 14 | 89 | 06:35 |
| 587 | 987 | Team | Wild | 1:27:28 | Team | 18 | Team | 18 | 0:23:01 | 605 | 18 | 18 | 07:40 | 0:01:36 | 79 | 6 | 6 | 0:38:01 | 529 | 13 | 13 | 23.67 | 0:00:59 | 2 | 1 | 1 | 0:23:49 | 608 | 18 | 18 | 08:49 |
| 588 | 276 | K.Jayakumar | Kumar | 1:27:56 | 50+ | 15 | Male | 443 | 0:19:54 | 586 | 15 | 435 | 06:38 | 0:02:20 | 380 | 9 | 294 | 0:39:19 | 554 | 15 | 428 | 22.89 | 0:02:16 | 419 | 10 | 315 | 0:24:03 | 612 | 15 | 453 | 08:54 |
| 589 | 735 | Heenhiang | Hoh | 1:28:04 | 40-49 | 22 | Female | 128 | 0:18:14 | 533 | 21 | 108 | 06:05 | 0:03:25 | 593 | 25 | 137 | 0:44:19 | 596 | 23 | 132 | 20.31 | 0:02:32 | 502 | 21 | 116 | 0:19:31 | 557 | 20 | 117 | 07:14 |
| 590 | 298 | Abduragman | Harris | 1:28:15 | 30-39 | 195 | Male | 444 | 0:21:35 | 599 | 191 | 443 | 07:12 | 0:03:00 | 547 | 175 | 408 | 0:38:11 | 533 | 184 | 419 | 23.57 | 0:03:22 | 595 | 192 | 436 | 0:22:05 | 599 | 197 | 445 | 08:11 |
| 591 | 109 | Mohammad Firdaus | Wahid | 1:28:27 | 30-39 | 196 | Male | 445 | 0:28:47 | 617 | 203 | 456 | 09:36 | 0:05:02 | 616 | 203 | 456 | 0:32:53 | 346 | 122 | 293 | 27.37 | 0:02:48 | 553 | 176 | 408 | 0:18:55 | 532 | 176 | 409 | 07:00 |
| 592 | 163 | Spring | Tan | 1:28:43 | 40-49 | 23 | Female | 129 | 0:17:54 | 521 | 19 | 99 | 05:58 | 0:02:47 | 514 | 21 | 116 | 0:47:11 | 609 | 25 | 137 | 19.07 | 0:02:35 | 520 | 23 | 119 | 0:18:14 | 502 | 19 | 97 | 06:45 |
| 593 | 707 | Soh Mei | Siew | 1:29:06 | 40-49 | 24 | Female | 130 | 0:19:40 | 582 | 24 | 133 | 06:33 | 0:03:24 | 590 | 24 | 136 | 0:40:32 | 569 | 22 | 116 | 22.20 | 0:03:15 | 592 | 25 | 139 | 0:22:13 | 601 | 25 | 138 | 08:14 |
| 594 | 269 | Manisha | Seewal | 1:29:07 | 30-39 | 79 | Female | 131 | 0:20:22 | 590 | 80 | 137 | 06:47 | 0:03:43 | 602 | 82 | 140 | 0:39:43 | 561 | 70 | 113 | 22.66 | 0:03:13 | 588 | 81 | 138 | 0:22:03 | 598 | 81 | 137 | 08:10 |
| 595 | 677 | Muhd Luqman Nulhakim | Mohd Mohideen | 1:29:33 | <20 | 26 | Male | 446 | 0:25:21 | 610 | 26 | 450 | 08:27 | 0:01:56 | 207 | 14 | 164 | 0:44:31 | 597 | 26 | 447 | 20.22 | 0:01:35 | 115 | 10 | 92 | 0:16:08 | 361 | 19 | 295 | 05:59 |
| 596 | 28 | Curtis | Jensen | 1:30:19 | 30-39 | 197 | Male | 447 | 0:29:18 | 618 | 204 | 457 | 09:46 | 0:02:28 | 421 | 134 | 321 | 0:36:10 | 481 | 169 | 389 | 24.88 | 0:02:35 | 518 | 166 | 385 | 0:19:45 | 565 | 187 | 427 | 07:19 |
| 597 | 181 | Toni | Carroll | 1:30:24 | 30-39 | 80 | Female | 132 | 0:21:44 | 601 | 82 | 140 | 07:15 | 0:02:38 | 467 | 56 | 99 | | | | | | | | | | | | | | |

| Total Pos | Race No. | First Name | Last Name | Total Time | Category | | Gender | | Run 1 | | | | | Transition 1 | | | | Bike | | | | Transition 2 | | | | Run 2 | | | | | |
|-----------|----------|-----------------|-------------------|------------|----------|------|--------|------|---------|-------|-------|-------|--------|--------------|-------|-------|-------|----------|-------|-------|-------|--------------|---------|-------|-------|-------|---------|-------|-------|-------|--------|
| | | | | | Cat. | Pos. | Gen. | Pos. | Time | O.Pos | C.Pos | G.Pos | min/km | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | km/h | Time | O.Pos | C.Pos | G.Pos | Time | O.Pos | C.Pos | G.Pos | min/km |
| 611 | 816 | Siti Nurhajjah | Bte Azman | 1:36:18 | 20-29 | 28 | Female | 140 | 0:22:05 | 603 | 30 | 141 | 07:22 | 0:03:11 | 570 | 28 | 130 | 0:45:36 | 601 | 25 | 133 | 19.74 | 0:02:53 | 564 | 27 | 131 | 0:22:30 | 602 | 29 | 139 | 08:20 |
| 612 | 539 | Ong | Kar Rong Benjamin | 1:36:47 | 20-29 | 91 | Male | 453 | 0:19:13 | 567 | 92 | 428 | 06:24 | 0:03:06 | 563 | 86 | 419 | 0:39:52 | 563 | 86 | 434 | 22.58 | 0:10:39 | 618 | 91 | 457 | 0:23:55 | 609 | 91 | 451 | 08:51 |
| 613 | 175 | Celeste | Ong | 1:37:25 | 20-29 | 29 | Female | 141 | 0:19:19 | 572 | 25 | 126 | 06:26 | 0:02:59 | 543 | 24 | 119 | 0:51:55 | 616 | 29 | 141 | 17.34 | 0:01:52 | 261 | 9 | 44 | 0:21:17 | 589 | 27 | 132 | 07:53 |
| 614 | 603 | Woei Seng | Chionh | 1:38:44 | 30-39 | 202 | Male | 454 | 0:27:54 | 615 | 201 | 454 | 09:18 | 0:02:43 | 493 | 157 | 366 | 0:47:17 | 610 | 202 | 454 | 19.03 | 0:02:33 | 508 | 159 | 375 | 0:18:14 | 501 | 168 | 391 | 06:45 |
| 615 | 550 | Bee Hoon | Chan | 1:39:06 | 30-39 | 203 | Male | 455 | 0:31:52 | 619 | 205 | 458 | 10:37 | 0:02:42 | 488 | 155 | 363 | 0:37:55 | 528 | 183 | 417 | 23.74 | 0:02:21 | 448 | 144 | 333 | 0:24:13 | 613 | 201 | 454 | 08:58 |
| 616 | 825 | Wei Ching | Leong | 1:39:13 | 30-39 | 204 | Male | 456 | 0:21:02 | 598 | 190 | 442 | 07:01 | 0:02:36 | 458 | 147 | 345 | 0:48:02 | 612 | 203 | 456 | 18.74 | 0:03:58 | 609 | 201 | 449 | 0:23:33 | 606 | 200 | 450 | 08:43 |
| 617 | 632 | Jiahui | Cai | 1:40:00 | 20-29 | 30 | Female | 142 | 0:16:38 | 449 | 11 | 71 | 05:33 | 0:02:37 | 460 | 21 | 97 | 1:00:09 | 618 | 30 | 142 | 14.96 | 0:02:10 | 383 | 18 | 75 | 0:18:23 | 510 | 18 | 100 | 06:49 |
| 618 | 567 | Xiang Xun | Fu | 1:43:06 | 20-29 | 92 | Male | 457 | 0:16:08 | 395 | 70 | 335 | 05:23 | 0:03:36 | 597 | 90 | 440 | 0:46:30 | 606 | 92 | 452 | 19.35 | 0:12:49 | 619 | 92 | 458 | 0:24:01 | 610 | 92 | 452 | 08:54 |
| 619 | 592 | Tan | Dorcas | 1:45:36 | 30-39 | 205 | Male | 458 | 0:26:30 | 614 | 200 | 453 | 08:50 | 0:02:52 | 529 | 170 | 393 | 0:56:10 | 617 | 204 | 457 | 16.02 | 0:02:31 | 499 | 157 | 369 | 0:17:31 | 470 | 159 | 372 | 06:29 |
| DNF | 389 | Priya | Balchandani | 1:42:30 | 30-39 | | Female | | | | | | | | | | | 0:21:36 | | | | | 0:02:23 | | | | 1:14:17 | | | | |
| DNF | 770 | Rhonda | Crowder | 1:13:09 | 30-39 | | Female | | | | | | | | | | | | | | | | | | | | | | | | |
| DNF | 590 | Dilmini | Kalambaarachchi | 1:01:02 | 20-29 | | Female | | 0:18:21 | | | | | 0:02:36 | | | | 0:27:55 | | | | | 0:02:49 | | | | | | | | |
| DNF | 60 | Donna | McWilliams | | 30-39 | | Female | | 0:18:17 | | | | | 0:03:07 | | | | 0:35:20 | | | | | 0:04:09 | | | | | | | | |
| DNF | 81 | Emily | Loh | | 40-49 | | Female | | 0:25:15 | | | | | 0:03:53 | | | | | | | | | | | | | | | | | |
| DNF | 307 | Nirmal | Rajagopalan | 1:23:33 | 20-29 | | Male | | 0:28:54 | | | | | 0:02:09 | | | | 23:59:58 | | | | | 0:41:46 | | | | 0:10:43 | | | | |
| DNF | 3 | Lionel | Soo | | 20-29 | | Male | | 0:13:16 | | | | | 0:02:17 | | | | | | | | | | | | | | | | | |
| DNF | 31 | Danny Asmara | Rahman | | 20-29 | | Male | | 0:16:49 | | | | | 23:59:36 | | | | 0:07:23 | | | | | 0:02:25 | | | | | | | | |
| DNF | 69 | Arnaud | Magnier | | 30-39 | | Male | | 0:13:27 | | | | | 0:01:24 | | | | 0:27:23 | | | | | 0:02:07 | | | | | | | | |
| DNF | 10 | Kam Meng | Chan | | 30-39 | | Male | | | | | | | | | | | 0:07:01 | | | | | 0:02:07 | | | | | | | | |
| DNF | 832 | Md Hairul Nazwa | Dol | | 30-39 | | Male | | 0:11:52 | | | | | 0:01:27 | | | | 0:27:58 | | | | | 0:02:19 | | | | | | | | |
| DQ1 | 371 | Katherine | Ahn | 1:05:01 | 30-39 | | Female | | 0:19:35 | | | | | 0:03:10 | | | | 0:21:13 | | | | | 0:01:53 | | | | 0:19:08 | | | | |
| DQ1 | 146 | Chan | Keng Nee | 0:51:21 | 50+ | | Male | | 0:14:46 | | | | | 0:03:02 | | | | 0:17:25 | | | | | 0:02:24 | | | | 0:13:42 | | | | |
| DQ1 | 227 | Chuen Tak | Lam | 0:47:18 | 40-49 | | Male | | 0:14:41 | | | | | 0:02:21 | | | | 0:13:33 | | | | | 0:01:36 | | | | 0:15:04 | | | | |
| DQ1 | 82 | Seah | Eugene | 0:52:46 | 40-49 | | Male | | 0:15:21 | | | | | 0:02:55 | | | | 0:15:34 | | | | | 0:02:39 | | | | 0:16:14 | | | | |
| Q | 614 | Jael | Ang | 1:04:18 | 20-29 | | Female | | 0:18:08 | | | | | 0:02:46 | | | | 0:17:17 | | | | | 0:03:39 | | | | 0:22:25 | | | | |
| Q | 985 | Team | Acs(I) Ventures | 0:46:22 | Team | | Team | | | | | | | | | | | | | | | | 0:01:22 | | | | 0:12:16 | | | | |

Q = Query

DQ1 = only 1 lap on the bike