

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	1	Samantha qian wei	Ho	200	2	0:14:01	96	99	195	1	0:42:49	100	100	200					
Female	16-39	1	Jia le	See	200	1	0:13:25	100	100	200										
Female	16-39	3	Yumiko	Ueda	193	9	0:17:49	75	92	167	2	0:45:22	94	99	193					
Female	16-39	4	Helen	Kay	188	5	0:17:27	77	96	173	3	0:47:27	90	98	188					
Female	16-39	5	Bee yen	Ang	185	13	0:18:51	71	88	159	4	0:48:27	88	97	185					
Female	16-39	6	Natasha	Watson	181	3	0:16:11	83	98	181										
Female	16-39	7	Wan nghee	Eng	180						5	0:50:43	84	96	180					
Female	16-39	8	Katherine	Boardman	178	10	0:18:13	74	91	165	6	0:51:17	83	95	178					
Female	16-39	9	Rachel	Oon	178	4	0:16:32	81	97	178										
Female	16-39	10	Julia claire	Wallace	176	31	0:21:06	64	70	134	7	0:52:16	82	94	176					
Female	16-39	11	Grace leonora	Cornelius	173						8	0:53:44	80	93	173					
Female	16-39	12	Abigail	Beynon	172	16	0:19:21	69	85	154	9	0:53:46	80	92	172					
Female	16-39	13	Gillian	Gunn	172	6	0:17:28	77	95	172										
Female	16-39	14	Hui ting	Lim	171	7	0:17:28	77	94	171										
Female	16-39	15	Imilda	Sutanto	171						10	0:53:46	80	91	171					
Female	16-39	16	Amanda	Wicken	170	28	0:20:45	65	73	138	11	0:53:47	80	90	170					
Female	16-39	17	Felicia	Chia	169						12	0:53:50	80	89	169					
Female	16-39	18	Geok pheng	Tan	169	8	0:17:36	76	93	169	B1	0:37:37								
Female	16-39	19	Mary siobhan	Gillier	167	20	0:20:00	67	81	148	13	0:53:58	79	88	167					
Female	16-39	20	Cheryl	Bowler	166						14	0:54:10	79	87	166					
Female	16-39	21	Ai lin diane	Tan	164	11	0:18:14	74	90	164										
Female	16-39	22	Siow hwee	Tan	163						15	0:55:33	77	86	163					
Female	16-39	23	Alexandra	Weir	162	14	0:19:02	70	87	157	16	0:55:42	77	85	162					
Female	16-39	24	Aydee	Cruz	160	12	0:18:46	71	89	160										
Female	16-39	25	Min en	Phang	159						17	0:56:50	75	84	159					
Female	16-39	26	Carolyn	De souza	158	27	0:20:38	65	74	139	18	0:56:54	75	83	158					
Female	16-39	27	Yin may	Cheok	156	15	0:19:06	70	86	156										
Female	16-39	28	Wei ping geraldine	Ng	156						19	0:57:39	74	82	156					
Female	16-39	29	Xueling	Lee	153	48	0:25:56	52	53	105	20	0:59:10	72	81	153					
Female	16-39	30	Kai ling mitchell	Tan	152	32	0:21:39	62	69	131	21	0:59:20	72	80	152					
Female	16-39	31	Merilyn	Umboh	152	17	0:19:52	68	84	152										
Female	16-39	32	Katrina	Fernandez	151	33	0:21:39	62	68	130	22	0:59:20	72	79	151					
Female	16-39	33	Sabine	Herrmannsdorfer	150	18	0:19:57	67	83	150										
Female	16-39	34	Eliyah	Osman	149						23	1:00:14	71	78	149					
Female	16-39	35	Lin hui	Soh	149	19	0:19:59	67	82	149										
Female	16-39	36	Foong har	Moo	148						24	1:00:31	71	77	148					
Female	16-39	37	Shuning	Chang	147	21	0:20:08	67	80	147										
Female	16-39	38	Karina	Rodrick	147	26	0:20:33	65	75	140	25	1:00:32	71	76	147					
Female	16-39	39	Geraldine	Ng	145	22	0:20:14	66	79	145										
Female	16-39	40	Gui hua	Hoong	144						26	1:01:43	69	75	144					
Female	16-39	41	Linda	Lim	144	23	0:20:16	66	78	144										
Female	16-39	42	Wan ling	Ow	143	24	0:20:20	66	77	143										
Female	16-39	43	Wei kee	Teo	143	36	0:21:49	61	65	126	27	1:02:00	69	74	143					
Female	16-39	44	Elaine	Chua	142	25	0:20:21	66	76	142										
Female	16-39	45	Cheryl	Tan	141	29	0:20:46	65	72	137	28	1:02:42	68	73	141					
Female	16-39	46	Lin hui	Soh	140						29	1:02:50	68	72	140					
Female	16-39	47	Naeyaert	Catherine	139						30	1:02:50	68	71	139					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	48	Wendy	Seow	138						31	1:02:51	68	70	138					
Female	16-39	49	Faye marie	Dy-liacco	137						32	1:03:05	68	69	137					
Female	16-39	50	Cheryl	Ong	135	30	0:20:55	64	71	135										
Female	16-39	51	Shelley	Verbeeren	134						33	1:05:17	66	68	134					
Female	16-39	52	Dhalia	Maccallum	132						34	1:06:04	65	67	132					
Female	16-39	53	Tian	Hui	130						35	1:06:47	64	66	130					
Female	16-39	54	Christine wen nie	Goh	129						36	1:06:50	64	65	129					
Female	16-39	55	Jingyi	Lim	129	34	0:21:43	62	67	129										
Female	16-39	56	Haslinda bte hassan	Na	128	35	0:21:43	62	66	128										
Female	16-39	57	Gina	Lim	125	37	0:22:04	61	64	125										
Female	16-39	58	Sher-lin	Mak	125	40	0:23:02	58	61	119	37	1:10:30	61	64	125					
Female	16-39	59	Khalijah	Masud	123	38	0:22:26	60	63	123										
Female	16-39	60	Li li	Wong	122						38	1:12:37	59	63	122					
Female	16-39	61	Meiqi	Huang	121	39	0:22:45	59	62	121										
Female	16-39	62	Lau hui san	Lau	120						39	1:13:20	58	62	120					
Female	16-39	63	Sri	Muljadi	117	41	0:23:43	57	60	117										
Female	16-39	64	Salena	Zainuddin	115	42	0:23:53	56	59	115										
Female	16-39	65	Manisha	Seewal	114	43	0:23:55	56	58	114										
Female	16-39	66	Hwee peng	Sim	114						40	1:20:32	53	61	114					
Female	16-39	67	Rossidah bte	Dawood	112	44	0:24:21	55	57	112										
Female	16-39	68	Jasmine	Lee	111	45	0:24:30	55	56	111										
Female	16-39	69	Jennifer	Non	108	46	0:25:10	53	55	108										
Female	16-39	70	Hui khoon	Chua	107	47	0:25:18	53	54	107										
Female	16-39	71	Wei qi	Zhang	102	49	0:26:56	50	52	102										
Female	16-39	72	Johanna marie	Canlas	100	50	0:27:28	49	51	100										
Female	16-39	73	Esther	James	97	51	0:28:47	47	50	97										
Female	16-39	74	Rowena	Buenaventura	96	52	0:28:51	47	49	96										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40+	1	Annabel	McGovern	200	1	0:16:50	100	100	200	3	0:50:23	88	98	186					
Female	40+	1	Anna louise	Thompson	200	2	0:16:56	99	99	198	1	0:44:24	100	100	200					
Female	40+	3	Emily	Loh	195	3	0:17:17	97	98	195										
Female	40+	4	Louise	Bentley	192						2	0:47:38	93	99	192					
Female	40+	5	Ann marie	Williams	190	4	0:18:08	93	97	190										
Female	40+	6	Effi	Jono	186	5	0:18:44	90	96	186										
Female	40+	7	Nicola	Riswadkar	184	6	0:18:54	89	95	184										
Female	40+	8	Theresa	Wakamatsu	184	7	0:19:09	88	94	182	4	0:50:56	87	97	184					
Female	40+	9	Miew ngan diana	Tham	178						5	0:54:12	82	96	178					
Female	40+	10	Lorinne	Kon	177	8	0:19:56	84	93	177										
Female	40+	11	Ruth	Eldridge	172						6	0:57:57	77	95	172					
Female	40+	12	Robyn	Rudd	171	9	0:21:13	79	92	171										
Female	40+	13	Suet kian	Chua	170	10	0:21:20	79	91	170										
Female	40+	14	Lee yean	Ling	164						7	1:03:02	70	94	164					
Female	40+	15	Celedonia macatangay	Sto domingo	160						8	1:06:13	67	93	160					
Female	40+	16	Devi	Sambandan	157	11	0:25:02	67	90	157										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	1	Tingfu	Goh	200	2	0:13:01	95	99	194	1	0:39:06	100	100	200					
Male	16-39	1	Goh	Soon lee	200	1	0:12:23	100	100	200										
Male	16-39	3	Lovelino jr	Arboleda	198	4	0:13:36	91	97	188	2	0:39:34	99	99	198					
Male	16-39	4	Jens	Poehlker	195	9	0:15:45	79	92	171	3	0:40:15	97	98	195					
Male	16-39	5	Qi zhi	Tan	193	3	0:13:03	95	98	193										
Male	16-39	6	Joel wong jun jie	Wong	192						4	0:41:11	95	97	192					
Male	16-39	7	Goh yu chen	Goh	188						5	0:42:29	92	96	188					
Male	16-39	8	Chow xi long jeremy	Chow	186	37	0:20:32	60	64	124	6	0:43:12	91	95	186					
Male	16-39	9	Zhong junyuan		186	5	0:13:48	90	96	186										
Male	16-39	10	Farhan bin aidil	Farhan	184	8	0:15:29	80	93	173	7	0:43:17	90	94	184					
Male	16-39	11	Alan	Chu	183	6	0:14:08	88	95	183										
Male	16-39	12	Chee yeong	Thng	182						8	0:44:00	89	93	182					
Male	16-39	13	Kien seng	Yow	179	18	0:17:41	70	83	153	9	0:44:56	87	92	179					
Male	16-39	14	Christopher	Cockburn	178						10	0:45:12	87	91	178					
Male	16-39	15	Michael	Venzke	177	7	0:14:56	83	94	177										
Male	16-39	16	Ryan	Fong jun yen	176	17	0:17:39	70	84	154	11	0:45:20	86	90	176					
Male	16-39	17	Jonathan	Ng	175	51	0:33:48	37	50	87	12	0:45:28	86	89	175					
Male	16-39	18	Tai hong	Tan	173						13	0:45:49	85	88	173					
Male	16-39	19	Muhammad	Ashiq chu	170	34	0:20:07	62	67	129	14	0:47:05	83	87	170					
Male	16-39	20	David	Lui	169						15	0:47:08	83	86	169					
Male	16-39	21	Choon hock	Ong	169	10	0:15:48	78	91	169										
Male	16-39	22	Matthieu	Chapeleau	168	11	0:15:54	78	90	168										
Male	16-39	23	Sheng yung	Ho	168						16	0:47:09	83	85	168					
Male	16-39	24	Akmal	Omar	166						17	0:47:33	82	84	166					
Male	16-39	25	Chiu	Kiao hao	165	12	0:16:23	76	89	165										
Male	16-39	26	Eric	Pauchet	164						18	0:48:24	81	83	164					
Male	16-39	27	Shafiq sains	Muhd	163	26	0:18:22	67	75	142	19	0:48:27	81	82	163					
Male	16-39	28	Mohammad ally	Hersoo	162	28	0:19:29	64	73	137	20	0:48:27	81	81	162					
Male	16-39	29	Melvin	Foo cheng loong	161	13	0:16:53	73	88	161										
Male	16-39	30	Khairul anwar	Muhammad	161	29	0:19:36	63	72	135	21	0:48:28	81	80	161					
Male	16-39	31	Tan	Jun wei	159	14	0:17:14	72	87	159										
Male	16-39	32	Alex	Lim	158						22	0:49:42	79	79	158					
Male	16-39	33	Cheok foong	Wong	157	15	0:17:28	71	86	157										
Male	16-39	34	Fadhli	Ong	156	16	0:17:32	71	85	156	24	0:51:06	77	77	154					
Male	16-39	35	Mas yani bin mohamed	Mohamed	155						23	0:50:56	77	78	155					
Male	16-39	36	Luke	Donnelly	152	19	0:17:45	70	82	152										
Male	16-39	37	Alexander	Vayl	151	20	0:17:45	70	81	151										
Male	16-39	38	Eric	Quijano sto domingo	150						25	0:52:34	74	76	150					
Male	16-39	39	Imran	Mohd hashim	149	21	0:17:59	69	80	149										
Male	16-39	40	Michael james	Sepulveda	149	44	0:21:11	58	57	115	26	0:53:04	74	75	149					
Male	16-39	41	Wen jun hector	Phan	148	22	0:18:04	69	79	148	30	0:54:56	71	71	142					
Male	16-39	42	Wei bang	Siew	148	35	0:20:10	61	66	127	27	0:53:06	74	74	148					
Male	16-39	43	Doobee	Chan	146	23	0:18:05	68	78	146										
Male	16-39	44	Kok kwang	Seah	146	39	0:20:48	60	62	122	28	0:53:39	73	73	146					
Male	16-39	45	Hong sheng	Ng	145	24	0:18:16	68	77	145										
Male	16-39	46	Sufyan tsuri	Chik latif	144	25	0:18:17	68	76	144	34	0:59:17	66	67	133					
Male	16-39	47	Cheng cheong	Wong	144	30	0:19:38	63	71	134	29	0:54:18	72	72	144					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	48	Peter james	Maccallum	141						31	0:54:58	71	70	141					
Male	16-39	49	Yu qi	Ong	139	27	0:19:00	65	74	139										
Male	16-39	50	Adrian	Chng	136	32	0:19:49	62	69	131	32	0:58:14	67	69	136					
Male	16-39	51	Siew kwan	Tang	135	41	0:21:00	59	60	119	33	0:58:39	67	68	135					
Male	16-39	52	Yin khiam	Chua	133	31	0:19:47	63	70	133										
Male	16-39	53	Daniel	Kalai	131						35	0:59:51	65	66	131					
Male	16-39	54	Adrian kok wui	Tan	130	33	0:19:52	62	68	130										
Male	16-39	55	Ming rong gary	Yeo	129	42	0:21:06	59	59	118	36	1:01:17	64	65	129					
Male	16-39	56	Mermet	Gregory	128	50	0:24:30	51	51	102	37	1:01:33	64	64	128					
Male	16-39	57	Arrow	Chan	126						38	1:02:18	63	63	126					
Male	16-39	58	Alvin	Choo	126	36	0:20:19	61	65	126										
Male	16-39	59	Alex	Budiman	123						39	1:03:48	61	62	123					
Male	16-39	60	Bharatesh	Kumar	123	38	0:20:43	60	63	123										
Male	16-39	61	Ming kwok	Leong	120	40	0:20:59	59	61	120										
Male	16-39	62	Yu veng dominic	Cheong	117	43	0:21:07	59	58	117										
Male	16-39	63	Ying kai	Chua	113	45	0:21:50	57	56	113										
Male	16-39	64	"hsiang ann, basil"	Lee	111	46	0:22:17	56	55	111										
Male	16-39	65	Iskandarzulkarnain	Raman	109						40	1:22:03	48	61	109					
Male	16-39	66	Heruarto	Salim	107	47	0:23:32	53	54	107										
Male	16-39	67	Ashok	Loganathan	105	48	0:23:52	52	53	105										
Male	16-39	68	Faizul	Dzulkifli	104	49	0:23:57	52	52	104										
Male	16-39	69	Wilson	Lee	85	52	0:34:13	36	49	85										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40+	1	Carl	Chan	200	1	0:12:37	100	100	200	1	0:37:31	100	100	200					
Male	40+	2	Yuen chee	Kiong	173	9	0:19:47	64	96	160	2	0:50:36	74	99	173					
Male	40+	3	Cesar enrique	Larriva rosales	170	2	0:17:46	71	99	170										
Male	40+	4	William	Chew	168	5	0:18:35	68	100	168	4	0:56:19	67	97	164					
Male	40+	5	Kok tar choong eric	Kok	168	3	0:18:06	70	98	168										
Male	40+	6	Siew teng clement	Chong	166	4	0:18:25	69	97	166										
Male	40+	7	Kai lim	Loy	166						3	0:55:08	68	98	166					
Male	40+	8	Lim mong	Tan	166	6	0:18:56	67	99	166										
Male	40+	9	Paul	Rudd	165	7	0:18:57	67	98	165										
Male	40+	10	Eugene	Chin	163	8	0:19:09	66	97	163										
Male	40+	11	Chee koon	Chng	162	10	0:20:18	62	95	157	5	0:56:46	66	96	162					
Male	40+	12	Asnadi	Robani	156						6	1:01:23	61	95	156					
Male	40+	13	Sambandan	V gyana	147	11	0:24:01	53	94	147										