

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Female	<20	1	Fung	Christel	0	400	400	1	0:36:24	100	100	200					0	1	1:20:46	100
Female	<20	2	Esther	Hoon	0	336	336	4	0:57:29	63	96	159					0	3	1:42:00	79
Female	<20	3	Yvonne	Zhen	0	200	200					0	1	1:06:00	100	100	200			
Female	<20	4	Seraphina	Chew	0	182	182					0					0	2	1:37:03	83
Female	<20	5	Jingyi	Lim	0	180	180					0	2	1:21:01	81	99	180			
Female	<20	6	Jazlyn	Ong	0	163	163	3	0:55:30	66	97	163					0			

Category			First Name	Last Name	Points	Total Points	Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Female	20-29	1	Ling Er	Choo	200	600	400	1	0:39:49	100	100	200	1	0:56:37	100	100	200	1	1:18:32	100
Female	20-29	2	Tan	Eliza	189	576	387	2	0:41:37	96	99	195	3	1:02:22	91	98	189	3	1:23:58	94
Female	20-29	3	Pei Shan	Koh	171	537	366	11	0:49:02	81	90	171	5	1:06:32	85	96	181	5	1:27:50	89
Female	20-29	4	Maria	Green	180	544	364	6	0:46:57	85	95	180	4	1:04:56	87	97	184	8	1:30:12	87
Female	20-29	5	Hwee Li	Tay	0	348	348	5	0:46:48	85	96	181					0	16	1:36:14	82
Female	20-29	6	Jayne	Mander	164	510	346	12	0:49:04	81	89	170	7	1:09:23	82	94	176	18	1:36:47	81
Female	20-29	7	Alice	Braesch	168	507	339	13	0:49:21	81	88	169	9	1:12:24	78	92	170	15	1:35:58	82
Female	20-29	8	Venus	Ng Ying Yi	0	339	339					0	6	1:08:40	82	95	177	20	1:37:21	81
Female	20-29	9	Lim	Zheng Fang Audrey	149	482	333	8	0:48:03	83	93	176	16	1:18:30	72	85	157	26	1:45:58	74
Female	20-29	10	Ellena	Quek	0	331	331					0	10	1:13:08	77	91	168	19	1:36:53	81
Female	20-29	11	Marisa	Hall	148	477	329	26	0:54:40	73	75	148	12	1:15:52	75	89	164	17	1:36:22	81
Female	20-29	12	Jia En Grace	Wang	151	468	317	23	0:54:24	73	78	151	14	1:18:02	73	87	160	22	1:40:43	78
Female	20-29	13	Ang	Lydia	0	305	305	19	0:52:47	75	82	157	21	1:22:56	68	80	148			
Female	20-29	14	Hui Yi	Tang	139	443	304	32	0:56:56	70	69	139	19	1:20:55	70	82	152	25	1:42:58	76
Female	20-29	15	Shanley	Chung	0	304	304					0	17	1:19:04	72	84	156	27	1:46:23	74
Female	20-29	16	Dacialyn Qiuling	Koh	0	302	302	28	0:55:43	71	73	144	15	1:18:23	72	86	158			
Female	20-29	17	Melissa Wai Yee	Mak	0	285	285	27	0:55:39	72	74	146					0	32	1:52:49	70
Female	20-29	18	Annabel	Siow	136	420	284	34	0:57:43	69	67	136	24	1:27:16	65	77	142	29	1:52:09	70
Female	20-29	19	Lim	Lee Huang Winnie	0	279	279	18	0:52:22	76	83	159					0	42	2:07:51	61
Female	20-29	20	Chong	Amanda	0	273	273	29	0:56:00	71	72	143					0	38	1:56:47	67
Female	20-29	21	Chong	Yvonne	0	261	261	30	0:56:00	71	71	142					0	43	2:09:37	61
Female	20-29	22	Valerie	Chiang	0	254	254	38	1:08:37	58	63	121					0	36	1:54:48	68
Female	20-29	23	Celeste	Ong	113	367	254	41	1:15:15	53	60	113	29	1:37:25	58	72	130	40	2:03:55	63
Female	20-29	24	Clarissa	Lim Cui-Ling	0	252	252	39	1:08:46	58	62	120					0	37	1:54:54	68
Female	20-29	25	Lee	Jer Ling Serene	0	196	196					0					0	2	1:21:17	97
Female	20-29	26	Miranda	Heck	0	194	194					0	2	0:59:43	95	99	194			
Female	20-29	27	Christelle	Bouquier	0	191	191	3	0:42:53	93	98	191					0			
Female	20-29	28	Run'Er	Lin	0	189	189	4	0:43:09	92	97	189					0			
Female	20-29	29	Katherine	Casellas	0	187	187					0					0	4	1:27:37	90
Female	20-29	30	Laura	Hanson	0	184	184					0					0	6	1:28:08	89
Female	20-29	31	Ong	Shuyin	0	182	182					0					0	7	1:29:33	88
Female	20-29	32	Deirdre	Devery	0	179	179					0					0	9	1:30:27	87
Female	20-29	33	Ali	Smith	0	178	178	7	0:47:13	84	94	178					0			
Female	20-29	34	Adrienne	Low	0	177	177					0					0	10	1:31:15	86
Female	20-29	35	Michelle	Spencer	0	174	174					0					0	11	1:34:02	84
Female	20-29	36	Jie Shi	Neo	0	174	174	9	0:48:41	82	92	174					0			
Female	20-29	37	Kristen	Lim Hui Yi	0	173	173					0	8	1:10:59	80	93	173			
Female	20-29	38	Rachel Vanessa	Er	0	172	172					0					0	12	1:34:51	83
Female	20-29	39	Adeline Fung-E	Goh	0	172	172	10	0:48:54	81	91	172					0			
Female	20-29	40	Hui Ying Lynnette	Tan	0	170	170					0					0	13	1:35:14	82
Female	20-29	41	Wee Chin; Trish	Tan	0	169	169					0					0	14	1:35:17	82
Female	20-29	42	Sarah Jane	Lin	0	167	167	14	0:49:41	80	87	167					0			
Female	20-29	43	Deborah	Riger	0	165	165					0	11	1:15:00	75	90	165			
Female	20-29	44	Carolina	Antonini	0	164	164	15	0:51:01	78	86	164					0			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat			
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Female	20-29	45	Susan	Oh	0	163	163	16	0:51:15	78	85	163				0			
Female	20-29	46	Joanne Wu Shunfeng	Wu	0	162	162					0	13	1:16:45	74	88	162		
Female	20-29	47	Sarah Hiu Fong	Lai	0	161	161	17	0:51:49	77	84	161				0			
Female	20-29	48	Soya	Ng	0	160	160					0				0	21	1:38:10	80
Female	20-29	49	Lee Siok Ying	Lee	0	156	156					0				0	23	1:41:10	78
Female	20-29	50	Magdalene	See	0	156	156	20	0:53:22	75	81	156				0			
Female	20-29	51	Caroline	Haas	0	154	154					0				0	24	1:42:30	77
Female	20-29	52	Alice Yip	Chi Yan	0	154	154					0	18	1:19:31	71	83	154		
Female	20-29	53	Joan	Lee	0	154	154	21	0:54:00	74	80	154				0			
Female	20-29	54	Matta	Eloise	0	152	152	22	0:54:20	73	79	152				0			
Female	20-29	55	Helen	Newman	0	151	151					0	20	1:21:17	70	81	151		
Female	20-29	56	Tay	Ya Dan	0	150	150	24	0:54:29	73	77	150				0			
Female	20-29	57	Wang	Cuijing	0	149	149	25	0:54:39	73	76	149				0			
Female	20-29	58	Xiuqing	Chen	0	147	147					0	22	1:23:11	68	79	147		
Female	20-29	59	Seri Wahyuni	Abdul Rahim	0	144	144					0				0	28	1:50:37	71
Female	20-29	60	Megha	Srinivasan	0	144	144					0	23	1:26:00	66	78	144		
Female	20-29	61	Diana Liew Huipei	Liew	0	141	141					0				0	30	1:52:23	70
Female	20-29	62	Rachel	Er	0	141	141	31	0:56:22	71	70	141				0			
Female	20-29	63	Susan	Perry	0	140	140					0				0	31	1:52:39	70
Female	20-29	64	Isa	Andres	0	138	138					0	25	1:31:18	62	76	138		
Female	20-29	65	Jialin	Ma	0	137	137					0				0	33	1:53:00	69
Female	20-29	66	Sze Ling	Chan	0	137	137	33	0:57:40	69	68	137				0			
Female	20-29	67	Ong Yew Wei	Marianne	0	136	136					0				0	34	1:53:43	69
Female	20-29	68	Lee Meng Joyce	Wee	0	136	136					0	26	1:33:06	61	75	136		
Female	20-29	69	Neo	Sally Neo Li Peng	0	135	135					0				0	35	1:54:20	69
Female	20-29	70	Agatha	Susila	0	135	135	35	0:57:46	69	66	135				0			
Female	20-29	71	Yan Ting	Yeo	0	134	134					0	27	1:34:11	60	74	134		
Female	20-29	72	Wei Ping Geraldine	Ng	0	133	133	36	0:58:30	68	65	133				0			
Female	20-29	73	Siti Nurhajjah	Bte Azman	0	132	132					0	28	1:36:18	59	73	132		
Female	20-29	74	Gina Sok Hui	Lim	0	132	132	37	0:58:50	68	64	132				0			
Female	20-29	75	Jiahui	Cai	0	128	128					0	30	1:40:00	57	71	128		
Female	20-29	76	Hsiao Hui;Joyce	Chai	0	127	127					0				0	39	2:01:11	65
Female	20-29	77	Samantha	Yeo Su Yun	0	123	123					0				0	41	2:04:00	63
Female	20-29	78	Janice	Lee	0	116	116					0				0	44	2:13:57	59
Female	20-29	79	Tasha	Tay	0	114	114	40	1:15:13	53	61	114				0			
Female	20-29	80	Yew	Poh Peng	0	111	111	42	1:16:51	52	59	111				0			
Female	20-29	81	Yu Ling	Koh	0	105	105					0				0	45	2:41:14	49

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Female	30-39	1	Trudy	Fawcett	200	600	400	1	0:34:52	100	100	200	1	0:52:30	100	100	200	1	1:11:05	100
Female	30-39	2	Nicole	Gallagher	0	380	380	4	0:38:28	91	97	188	2	0:56:43	93	99	192			
Female	30-39	3	Sharyn	Edwards	182	561	379	5	0:40:24	86	96	182	3	0:57:03	92	98	190	2	1:19:16	90
Female	30-39	4	Suk Han	Chiu	0	379	379	2	0:36:11	96	99	195					0	4	1:21:39	87
Female	30-39	5	Kelly	Ingham	175	550	375	8	0:42:43	82	93	175	4	0:57:40	91	97	188	3	1:19:30	89
Female	30-39	6	Mandy	Neil	0	369	369					0	5	0:58:32	90	96	186	5	1:22:01	87
Female	30-39	7	Donnelle	Glen	0	365	365					0	6	0:58:57	89	95	184	6	1:22:35	86
Female	30-39	8	Celine	Ragazzoni	176	539	363	7	0:42:34	82	94	176	7	0:59:04	89	94	183	7	1:22:36	86
Female	30-39	9	Elsebeth	Spangsborg	0	359	359					0	8	0:59:34	88	93	181	8	1:23:27	85
Female	30-39	10	Anne	Rozenauers	0	358	358	6	0:41:39	84	95	179	9	1:00:22	87	92	179			
Female	30-39	11	Megan	Kinder	171	523	352	9	0:44:24	79	92	171	11	1:01:16	86	90	176	9	1:24:43	84
Female	30-39	12	Nicole	Stanners	0	342	342					0	16	1:02:52	84	85	169	11	1:25:14	83
Female	30-39	13	Joanna	Morris	0	339	339	12	0:45:51	76	89	165	12	1:01:48	85	89	174			
Female	30-39	14	Ann	Jennes	0	334	334	14	0:46:00	76	87	163	14	1:02:46	84	87	171			
Female	30-39	15	Anne	Nikkel	164	492	328	13	0:45:58	76	88	164	18	1:05:03	81	83	164	17	1:28:19	80
Female	30-39	16	Orla	Gilmore	158	485	327	11	0:45:28	77	90	167	21	1:07:02	78	80	158	21	1:29:18	80
Female	30-39	17	Chin	Shi Yin	154	480	326	16	0:46:45	75	85	160	25	1:07:38	78	76	154	16	1:27:47	81
Female	30-39	18	Faye	Fitzgibbon	0	323	323					0	20	1:06:32	79	81	160	18	1:28:23	80
Female	30-39	19	Enrica	Nicolini	0	320	320	18	0:47:18	74	83	157	19	1:05:03	81	82	163			
Female	30-39	20	Elizabeth	Faber	0	307	307	21	0:47:35	73	80	153					0	25	1:31:26	78
Female	30-39	21	Angela Ruth	Locke	139	445	306	31	0:50:26	69	70	139	23	1:07:27	78	78	156	28	1:32:55	77
Female	30-39	22	Marta	Kast	145	445	300	27	0:49:06	71	74	145	31	1:10:12	75	70	145	24	1:31:21	78
Female	30-39	23	Elaine	Teale	0	300	300	26	0:48:44	72	75	147					0	26	1:31:36	78
Female	30-39	24	Marlene	Torrent Parker	137	437	300	20	0:47:34	73	81	154	37	1:11:53	73	64	137	30	1:34:44	75
Female	30-39	25	Emily	Lim	145	444	299	25	0:48:22	72	76	148	27	1:08:33	77	74	151	31	1:35:13	75
Female	30-39	26	Samantha	Znetyniak	142	437	295	28	0:49:17	71	73	144	33	1:10:32	74	68	142	27	1:32:12	77
Female	30-39	27	Lucie	Benito	0	291	291					0	32	1:10:13	75	69	144	29	1:34:15	75
Female	30-39	28	Kaoru	Parkinson	0	289	289					0	30	1:09:24	76	71	147	33	1:35:47	74
Female	30-39	29	Tracey	Simpson	127	410	283	23	0:48:05	73	78	151	41	1:12:43	72	60	132	45	1:39:57	71
Female	30-39	30	Justine	Christie	104	386	282	15	0:46:03	76	86	162	63	1:19:17	66	38	104	51	1:42:03	70
Female	30-39	31	Viviana	Rimoldi	123	404	281	30	0:50:16	69	71	140	48	1:14:38	70	53	123	34	1:36:20	74
Female	30-39	32	Audrey	D'Cotta	0	274	274					0	29	1:09:19	76	72	148	46	1:40:22	71
Female	30-39	33	Sofia	Leong	125	397	272	42	0:52:39	66	59	125	40	1:12:39	72	61	133	35	1:36:51	73
Female	30-39	34	Bonnie	Catlin	117	386	269	32	0:50:44	69	69	138	42	1:12:46	72	59	131	53	1:42:19	69
Female	30-39	35	Tania	R.R.C. Meulenberg	0	269	269	51	0:54:28	64	50	114	24	1:07:31	78	77	155			
Female	30-39	36	Chiew Guat	Tay	0	265	265	33	0:50:51	69	68	137					0	44	1:39:29	71
Female	30-39	37	Regine	Varone	130	393	263	38	0:51:34	68	63	131	43	1:12:50	72	58	130	41	1:38:49	72
Female	30-39	38	Donna Carmen	Distant	110	369	259	45	0:53:01	66	56	122	59	1:17:10	68	42	110	37	1:37:14	73
Female	30-39	39	Wei Li Michelle	Han	107	362	255	46	0:53:03	66	55	121	61	1:18:53	67	40	107	39	1:38:19	72
Female	30-39	40	Karen Lisa	Fallon	121	375	254	41	0:52:26	66	60	126	45	1:13:16	72	56	128	50	1:41:25	70
Female	30-39	41	Sharon	Poh	0	252	252					0	44	1:12:56	72	57	129	48	1:41:03	70
Female	30-39	42	Anna	Killick	107	359	252	56	0:56:14	62	45	107	35	1:11:34	73	66	139	56	1:43:56	68
Female	30-39	43	Lorna	Jones	0	251	251					0	50	1:15:22	70	51	121	43	1:39:20	72
Female	30-39	44	Ute	Botcher	103	351	248	39	0:51:34	68	62	130	52	1:15:58	69	49	118	64	1:47:05	66

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Female	30-39	45	Eliza	Hoh	106	353	247	57	0:56:27	62	44	106	47	1:14:20	71	54	125	49	1:41:21	70
Female	30-39	46	Donna	McWilliams	0	236	236	37	0:51:30	68	64	132					0	63	1:47:04	66
Female	30-39	47	Rahel	Probst	99	335	236	60	0:57:34	61	41	102	39	1:12:26	72	62	134	68	1:48:30	66
Female	30-39	48	Suzie	Mitchell	0	235	235					0	46	1:13:18	72	55	127	60	1:46:44	67
Female	30-39	49	Tracey	Pickford	102	337	235	40	0:51:54	67	61	128	65	1:19:21	66	36	102	61	1:46:49	67
Female	30-39	50	Arlene	Rosborough	100	325	225	61	0:57:42	60	40	100	56	1:16:39	68	45	113	57	1:44:29	68
Female	30-39	51	Candice	Jensen	0	224	224					0	72	1:22:00	64	29	93	42	1:38:50	72
Female	30-39	52	Jennifer	Clark	96	317	221	64	0:58:45	59	37	96	57	1:16:40	68	44	112	59	1:46:44	67
Female	30-39	53	Nicola	Quinn	92	313	221	67	0:59:44	58	34	92	55	1:16:38	69	46	115	62	1:46:49	67
Female	30-39	54	Ong	Lena	0	221	221					0	51	1:15:36	69	50	119	65	1:47:55	66
Female	30-39	55	Irene Magdalena	Alisjahbana	99	317	218	62	0:58:30	60	39	99	53	1:16:20	69	48	117	66	1:48:20	66
Female	30-39	56	Tetty Juliana	Sujono	0	217	217					0	68	1:20:53	65	33	98	52	1:42:16	70
Female	30-39	57	Chen Ping	Oon	96	311	215	58	0:57:05	61	43	104	58	1:16:53	68	43	111	70	1:49:12	65
Female	30-39	58	Harjit	Talwar	0	197	197	54	0:55:41	63	47	110	75	1:25:34	61	26	87			
Female	30-39	59	Kelley	Toy	0	194	194	3	0:36:21	96	98	194					0			
Female	30-39	60	Julie	Kenny	86	275	189	65	0:59:28	59	36	95	76	1:26:03	61	25	86	71	1:50:28	64
Female	30-39	61	Valentine	Bucher-Mermet	0	188	188					0	60	1:18:45	67	41	108	80	1:59:56	59
Female	30-39	62	Chern Kai	Yap	0	187	187					0	64	1:19:18	66	37	103	77	1:58:14	60
Female	30-39	63	Siew Ling	Tan	90	276	186	66	0:59:30	59	35	94	74	1:23:25	63	27	90	73	1:51:13	64
Female	30-39	64	Kelly Lynn	Ross	0	184	184					0	77	1:26:56	60	24	84	67	1:48:23	66
Female	30-39	65	Masami	Noro	0	177	177					0	10	1:00:56	86	91	177			
Female	30-39	66	Jennifer	White	0	175	175	73	1:02:39	56	28	84	73	1:23:18	63	28	91			
Female	30-39	67	Rowena Du Val	Scott	0	174	174					0					0	10	1:25:11	83
Female	30-39	68	Hannah	Sullivan	0	173	173					0	13	1:01:50	85	88	173			
Female	30-39	69	Sarah	Wheeler	0	172	172					0					0	12	1:25:18	83
Female	30-39	70	Yuen Lin	Leong	0	171	171					0					0	13	1:26:09	83
Female	30-39	71	Cinderella	Dermawan	0	170	170					0	15	1:02:47	84	86	170			
Female	30-39	72	Mai Chi	Tran	0	169	169					0					0	14	1:26:44	82
Female	30-39	73	Georgina	Jones	0	168	168	10	0:45:09	77	91	168					0			
Female	30-39	74	Ann	De Villiers	0	167	167					0					0	15	1:27:23	81
Female	30-39	75	Natasha	Prasad	0	166	166					0	17	1:04:24	82	84	166			
Female	30-39	76	Chin	Ching Yin	0	165	165	78	1:04:42	54	23	77					0	75	1:55:18	62
Female	30-39	77	Minhui	Chen	77	242	165	71	1:01:45	56	30	86	81	1:31:35	57	20	77	81	2:00:49	59
Female	30-39	78	Gemma Ann	Hollis	0	162	162					0					0	19	1:28:25	80
Female	30-39	79	Emma	Finnamore	0	161	161					0					0	20	1:29:13	80
Female	30-39	80	Manisha	Seewal	0	161	161	76	1:03:16	55	25	80	79	1:29:07	59	22	81			
Female	30-39	81	Toni	Carroll	0	161	161	74	1:03:03	55	27	82	80	1:30:24	58	21	79			
Female	30-39	82	Corinne	Doong	72	231	159	81	1:07:24	52	20	72	82	1:31:54	57	19	76	78	1:59:06	60
Female	30-39	83	Britt	Kneebone	0	158	158					0					0	22	1:30:21	79
Female	30-39	84	Christa	Craats	0	158	158	17	0:47:16	74	84	158					0			
Female	30-39	85	Kit	Moller	0	157	157					0	22	1:07:13	78	79	157			
Female	30-39	86	Beatrice	Joliot	0	156	156					0					0	23	1:31:19	78
Female	30-39	87	Yap	Leng Hua	0	155	155	19	0:47:32	73	82	155					0			
Female	30-39	88	Sophie	Larregle	0	152	152					0	26	1:08:15	77	75	152			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Female	30-39	89	Sonya	Mcknight	0	152	152	22	0:47:45	73	79	152					0			
Female	30-39	90	Caroline	Lim	0	150	150	79	1:06:25	52	22	74					0	83	2:01:47	58
Female	30-39	91	Stella	Chua	0	149	149					0	28	1:08:47	76	73	149			
Female	30-39	92	Chan	Gin Choong	0	149	149	83	1:12:06	48	18	66	78	1:27:12	60	23	83			
Female	30-39	93	Natalie	Atkinson	0	149	149	24	0:48:21	72	77	149					0			
Female	30-39	94	Sheila	Koh Soo Wan	0	145	145	82	1:08:46	51	19	70					0	84	2:03:04	58
Female	30-39	95	Laurent	Roux	0	143	143					0					0	32	1:35:36	74
Female	30-39	96	Jasmeet	Walia	0	143	143	80	1:07:23	52	21	73					0	86	2:08:52	55
Female	30-39	97	Amabel Joy	Francisco	0	142	142	29	0:50:09	70	72	142					0			
Female	30-39	98	Sanne	Lund	0	141	141					0	34	1:11:15	74	67	141			
Female	30-39	99	Cindy	Shammall	0	138	138					0					0	36	1:37:12	73
Female	30-39	100	Catherine	Chua	0	138	138					0	36	1:11:49	73	65	138			
Female	30-39	101	Allison	Singer	0	136	136					0					0	38	1:37:57	73
Female	30-39	102	Maureen	Majeski	0	136	136					0	38	1:11:59	73	63	136			
Female	30-39	103	Andrea	Yuen	0	135	135	34	0:51:04	68	67	135					0			
Female	30-39	104	Melissa	Cheah	0	134	134	35	0:51:06	68	66	134					0			
Female	30-39	105	Lee	Mcqueen	0	133	133					0					0	40	1:38:47	72
Female	30-39	106	Bonnie	Kwok	0	133	133	36	0:51:29	68	65	133					0			
Female	30-39	107	Amanda	Edelhart	0	124	124					0					0	47	1:41:00	70
Female	30-39	108	Maria	Luedeke	0	124	124	43	0:52:43	66	58	124					0			
Female	30-39	109	Oi Yee	Choo	0	123	123	44	0:52:49	66	57	123					0			
Female	30-39	110	Sok Teng	Tang	0	122	122					0	49	1:15:13	70	52	122			
Female	30-39	111	Christine	Tan	0	119	119	47	0:53:47	65	54	119					0			
Female	30-39	112	Karen	Taylor	0	118	118	48	0:53:49	65	53	118					0			
Female	30-39	113	Lena	Ong	0	117	117	49	0:53:52	65	52	117					0			
Female	30-39	114	Sally	Harrison Harlowe	0	116	116					0					0	54	1:42:41	69
Female	30-39	115	Tan	Hui Li	0	116	116					0	54	1:16:33	69	47	116			
Female	30-39	116	Desley	Khew	0	115	115					0					0	55	1:43:23	69
Female	30-39	117	Hsu-Yen Elaine	Tan	0	115	115	50	0:54:17	64	51	115					0			
Female	30-39	118	Ee Leen	Ng	0	112	112	52	0:55:13	63	49	112					0			
Female	30-39	119	Gwen	Lee Swee Ling	0	111	111	53	0:55:37	63	48	111					0			
Female	30-39	120	Annabelle	Duncan	0	110	110					0					0	58	1:46:31	67
Female	30-39	121	Ping Yue	Lee	0	109	109	55	0:55:46	63	46	109					0			
Female	30-39	122	Serah	Chubukoff	0	105	105					0	62	1:18:58	66	39	105			
Female	30-39	123	Melissa	Luffman	0	103	103	59	0:57:15	61	42	103					0			
Female	30-39	124	Alison Katherine	Maharaj	0	101	101					0	66	1:19:33	66	35	101			
Female	30-39	125	Sandy	Ng Foong Look	0	100	100					0	67	1:20:09	66	34	100			
Female	30-39	126	Diane	Chee	0	98	98	63	0:58:30	60	38	98					0			
Female	30-39	127	Rebecca	Lannin	0	97	97					0					0	69	1:48:57	65
Female	30-39	128	Suet Ting	Chong	0	97	97					0	69	1:21:22	65	32	97			
Female	30-39	129	Janise	Tan	0	96	96					0	70	1:21:22	65	31	96			
Female	30-39	130	Zuhailah	Kassim	0	94	94					0	71	1:21:27	64	30	94			
Female	30-39	131	Desiree	Koh	0	93	93					0					0	72	1:51:00	64
Female	30-39	132	Chantelle Sek Cheng	Wong	0	91	91	68	0:59:56	58	33	91					0			



Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triathlon			
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Female	30-39	133	Yin Ching	Wong	0	90	90					0				0	74	1:53:29	63
Female	30-39	134	Katherine	Ahn	0	89	89	69	1:00:54	57	32	89				0			
Female	30-39	135	Helen Bonny	Morris	0	88	88	70	1:01:33	57	31	88				0			
Female	30-39	136	Angela	Concenciao	0	86	86					0				0	76	1:56:20	61
Female	30-39	137	Olena V.	Noble	0	85	85	72	1:01:55	56	29	85				0			
Female	30-39	138	Li Ping	Tan	0	82	82					0				0	79	1:59:14	60
Female	30-39	139	Peck Lin	Yong	0	81	81	75	1:03:11	55	26	81				0			
Female	30-39	140	Stephanie Stze Hwa	Teo	0	78	78					0				0	82	2:00:51	59
Female	30-39	141	Monique	Little	0	78	78	77	1:04:19	54	24	78				0			
Female	30-39	142	Marie September	Silva	0	75	75					0	83	1:32:10	57	18	75		
Female	30-39	143	Tamara	Attalla	0	71	71					0				0	85	2:08:25	55
Female	30-39	144	Mylinh	Lee	0	68	68					0				0	87	2:11:14	54

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Female	40-49	1	Harriette	Purchas	186	586	400	5	0:44:12	90	96	186	1	0:56:33	100	100	200	1	1:22:01	100
Female	40-49	2	Wendy	Wilcox	171	569	398	1	0:39:59	100	100	200	2	0:56:52	99	99	198	16	1:35:35	86
Female	40-49	3	Sheena	Ashford-Tait	193	586	393	2	0:40:04	100	99	199	3	0:59:13	95	98	193	4	1:24:12	97
Female	40-49	4	Ruth	Stubbs	188	574	386	3	0:43:14	92	98	190	4	1:02:22	91	97	188	3	1:23:56	98
Female	40-49	5	Alisa	Burke	0	370	370	7	0:44:49	89	94	183					0	7	1:28:37	93
Female	40-49	6	Elizabeth	Reynolds	178	547	369	9	0:46:45	86	92	178	6	1:06:03	86	95	181	6	1:28:11	93
Female	40-49	7	Sylvia	Schroeter	179	544	365	8	0:46:31	86	93	179	5	1:05:06	87	96	183	10	1:29:56	91
Female	40-49	8	Tracy	Quin	165	519	354	6	0:44:44	89	95	184	13	1:13:32	77	88	165	17	1:35:37	86
Female	40-49	9	Kelly	Woodward	173	522	349	11	0:48:11	83	90	173	7	1:09:11	82	94	176	15	1:34:26	87
Female	40-49	10	Megan	Whittemore	164	511	347	15	0:51:20	78	86	164	9	1:09:50	81	92	173	14	1:34:14	87
Female	40-49	11	Louise	Wikstrom	0	328	328					0	15	1:14:20	76	86	162	18	1:38:44	83
Female	40-49	12	Siew Yoon	Chin	154	475	321	18	0:56:20	71	83	154	16	1:14:22	76	85	161	20	1:44:13	79
Female	40-49	13	May	Lee	0	319	319	14	0:51:18	78	87	165					0	23	1:48:34	76
Female	40-49	14	Ng	Mona	151	469	318	19	0:58:14	69	82	151	17	1:14:54	76	84	160	21	1:44:46	78
Female	40-49	15	Concetta	Arnese	0	309	309	22	1:00:03	67	79	146					0	19	1:41:11	81
Female	40-49	16	Tanneke	Zeeuw	0	301	301					0	20	1:21:28	69	81	150	24	1:50:36	74
Female	40-49	17	Bernadette	Bower	0	295	295	21	0:59:59	67	80	147	21	1:22:40	68	80	148			
Female	40-49	18	Heenhiang	Hoh	0	290	290					0	22	1:28:04	64	79	143	26	1:53:45	72
Female	40-49	19	Spring	Tan	141	431	290	20	0:59:34	67	81	148	23	1:28:43	64	78	142	27	2:02:01	67
Female	40-49	20	Mastura	Yaacob	136	409	273	23	1:08:26	58	78	136	25	1:33:29	60	76	136	28	2:08:40	64
Female	40-49	21	Michele	Swatton	0	198	198					0					0	2	1:22:33	99
Female	40-49	22	Pauline Mary	Yong	0	191	191					0					0	5	1:26:17	95
Female	40-49	23	Angeline	Poon	0	189	189	4	0:43:38	92	97	189					0			
Female	40-49	24	Claire	Kluyver	0	185	185					0					0	8	1:28:47	92
Female	40-49	25	Lorena	Ferreira	0	184	184					0					0	9	1:29:09	92
Female	40-49	26	Gillian	Kenny	0	181	181					0					0	11	1:30:08	91
Female	40-49	27	Melissa	Gibson	0	178	178					0					0	12	1:32:29	89
Female	40-49	28	Alison	Sharp	0	175	175					0					0	13	1:33:58	87
Female	40-49	29	Vanessa	Williams	0	175	175	10	0:47:39	84	91	175					0			
Female	40-49	30	Susan	Lewis	0	174	174					0	8	1:09:34	81	93	174			
Female	40-49	31	Judy	Harman	0	172	172	12	0:48:12	83	89	172					0			
Female	40-49	32	Elizabeth Anne	Ryan	0	171	171					0	10	1:11:06	80	91	171			
Female	40-49	33	Yelena	Savenkova	0	168	168					0	11	1:12:18	78	90	168			
Female	40-49	34	Maywan	Leong	0	168	168	13	0:50:03	80	88	168					0			
Female	40-49	35	Carolyn	Soemarjono	0	167	167					0	12	1:12:40	78	89	167			
Female	40-49	36	Patricia Mui Hoon	Pang	0	164	164					0	14	1:13:45	77	87	164			
Female	40-49	37	Bonnie	Guth	0	161	161	16	0:52:39	76	85	161					0			
Female	40-49	38	Anna	Livingston	0	158	158					0	18	1:15:12	75	83	158			
Female	40-49	39	Tracy	Ivinson	0	156	156					0					0	22	1:46:18	77
Female	40-49	40	Swan	Go	0	156	156	17	0:55:11	72	84	156					0			
Female	40-49	41	Wong	May Ling	0	153	153					0	19	1:20:07	71	82	153			
Female	40-49	42	Yen Yen	Tan	0	149	149					0					0	25	1:53:00	73
Female	40-49	43	Soh Mei	Siew	0	140	140					0	24	1:29:06	63	77	140			
Female	40-49	44	Emily	Loh	0	124	124	24	1:25:43	47	77	124					0			



Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triathlon				
Gen.	Cat.	Pos.						Pos.	Time	Points	Points	Total	Pos.	Time	Points	Points	Total	Pos.	Time	Points
Female	50+	1	Jeannie	Smith	200	600	400	1	0:46:44	100	100	200	1	1:04:59	100	100	200	1	1:27:46	100
Female	50+	2	Roslyn	Tuttle	0	178	178					0					0	2	1:51:35	79
Female	50+	3	Anne	Macfadden	0	177	177					0	2	1:23:36	78	99	177			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	<20	1	Halligan	Quin	196	596	400	1	0:30:17	100	100	200	2	0:51:01	97	99	196	1	1:06:35	100
Male	<20	2	Lianhan	Loh	155	515	360	3	0:35:15	86	98	184	19	1:07:55	73	82	155	5	1:23:37	80
Male	<20	3	Ryan	Chan	0	347	347					0	6	0:55:46	88	95	183	10	1:31:36	73
Male	<20	4	Thomas	Rees	0	341	341					0	11	1:00:49	81	90	171	7	1:27:03	76
Male	<20	5	Abel	Ng	160	490	330	7	0:43:02	70	94	164	16	1:05:44	75	85	160	9	1:30:22	74
Male	<20	6	Kenneth	Tan	0	322	322	8	0:49:45	61	93	154	13	1:01:54	80	88	168			
Male	<20	7	Nicholas	De Cruz	0	304	304					0	22	1:11:25	69	79	148	14	1:35:57	69
Male	<20	8	Isaiah	Lee	0	274	274					0	25	1:24:51	58	76	134	19	1:54:47	58
Male	<20	9	Ng	Zhaomu	0	200	200					0	1	0:49:20	100	100	200			
Male	<20	10	Raphael	Chew	0	194	194					0	3	0:51:08	96	98	194			
Male	<20	11	Travis Joshua	Woodford	0	191	191					0					0	2	1:12:16	92
Male	<20	12	Lee	Alvin	0	189	189					0	4	0:53:43	92	97	189			
Male	<20	13	Mun Wei En	Mun	0	186	186					0					0	3	1:15:53	88
Male	<20	14	Gerald	Soo	0	185	185					0	5	0:55:11	89	96	185			
Male	<20	15	Kong	Man Sheng	0	182	182	4	0:35:37	85	97	182					0			
Male	<20	16	Jie Wei Patrick	Yeo	0	178	178					0					0	4	1:21:43	81
Male	<20	17	Dominic	Tan	0	177	177					0	8	0:58:27	84	93	177			
Male	<20	18	Eugene Lim Yi Sheng	Lim	0	176	176					0	9	0:58:38	84	92	176			
Male	<20	19	Russell	Chan	0	174	174	5	0:38:41	78	96	174					0			
Male	<20	20	Jerome	Ng	0	173	173					0					0	6	1:25:53	78
Male	<20	21	Shane	Yeap	0	169	169					0	12	1:01:19	80	89	169			
Male	<20	22	Christopher Jia Wei	Koh	0	168	168					0					0	8	1:29:05	75
Male	<20	23	Thanasak	Hoontrakul	0	167	167	6	0:42:21	72	95	167					0			
Male	<20	24	Guan Hui Jun	Kenneth	0	164	164					0	14	1:04:12	77	87	164			
Male	<20	25	Xuanrong Michael	Shen	0	163	163					0					0	11	1:31:45	73
Male	<20	26	Andy	Wong	0	162	162					0	15	1:05:14	76	86	162			
Male	<20	27	Lenson	Sim	0	160	160					0					0	12	1:33:20	71
Male	<20	28	Leonard Thomas	Low	0	159	159					0	17	1:05:56	75	84	159			
Male	<20	29	Silas Abdul Karim	Silas	0	158	158					0					0	13	1:35:15	70
Male	<20	30	Lee	Ker Yih	0	156	156					0	18	1:07:26	73	83	156			
Male	<20	31	Alexander	Baey	0	154	154					0					0	15	1:37:45	68
Male	<20	32	Lim Tak Keet Leon	Lim	0	152	152					0					0	16	1:40:04	67
Male	<20	33	Eugene	Chow	0	151	151					0	20	1:10:18	70	81	151			
Male	<20	34	Muhd	Shafiiq	0	149	149					0					0	17	1:41:43	65
Male	<20	35	Lu Han	Tan	0	149	149					0	21	1:11:13	69	80	149			
Male	<20	36	Tan	Jiayu	0	147	147					0	23	1:11:48	69	78	147			
Male	<20	37	Ming Hui	Zheng	0	146	146					0					0	18	1:45:57	63
Male	<20	38	Yap Chuan Henry	Kwang	0	145	145					0	24	1:12:46	68	77	145			
Male	<20	39	Jeremy	Yu	0	140	140	9	1:03:03	48	92	140					0			
Male	<20	40	Muhd Luqman Nulhakim	Mohd Mohideen	0	130	130					0	26	1:29:33	55	75	130			

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	20-29	1	Chuan Rong	Loo	193	593	400	1	0:30:48	100	100	200	2	0:48:32	94	99	193	1	1:04:55	100
Male	20-29	2	Melvin	Wong	189	575	386	2	0:34:06	90	99	189	3	0:49:09	93	98	191	2	1:07:35	96
Male	20-29	3	Sungmoh Francis	Tan	0	375	375					0	4	0:51:46	88	97	185	3	1:10:36	92
Male	20-29	4	Tai	Chen Lye Andrew	164	523	359	13	0:40:17	76	88	164	5	0:53:36	85	96	181	7	1:17:15	84
Male	20-29	5	Chwee	Bo Ee Bernard	0	356	356	5	0:38:22	80	96	176	6	0:53:59	85	95	180			
Male	20-29	6	Daniel	Allender	175	530	355	6	0:38:27	80	95	175	8	0:54:44	83	93	176	6	1:17:02	84
Male	20-29	7	Siok Huan	Yeo	0	350	350	10	0:39:40	78	91	169					0	5	1:16:38	85
Male	20-29	8	Arnaud	Clement	161	500	339	15	0:40:55	75	86	161	10	0:55:59	82	91	173	14	1:21:50	79
Male	20-29	9	Ian	Hall	151	489	338	21	0:43:27	71	80	151	16	0:57:15	80	85	165	9	1:19:43	81
Male	20-29	10	Pan	Yancai	160	496	336	16	0:41:00	75	85	160	12	0:56:51	80	89	169	13	1:21:46	79
Male	20-29	11	Neal	Ching	150	482	332	22	0:43:28	71	79	150	9	0:55:19	82	92	174	20	1:23:49	77
Male	20-29	12	Michael	Irwin Vidal	0	330	330	11	0:40:08	77	90	167	17	0:57:59	79	84	163			
Male	20-29	13	Kao	David	0	327	327	14	0:40:46	76	87	163					0	16	1:22:29	79
Male	20-29	14	Thomas	Foster	135	460	325	34	0:45:36	68	67	135	13	0:57:01	80	88	168	21	1:24:27	77
Male	20-29	15	Daniel	Chandler	135	459	324	20	0:43:14	71	81	152	38	1:03:32	72	63	135	10	1:19:52	81
Male	20-29	16	Ooi Junming	Ronald	142	453	311	19	0:42:22	73	82	155	22	0:59:29	77	79	156	32	1:28:23	73
Male	20-29	17	Simon	Street	142	451	309	18	0:42:09	73	83	156	33	1:01:46	74	68	142	24	1:25:15	76
Male	20-29	18	Tsz Kit	Mang	0	309	309	9	0:39:38	78	92	170					0	35	1:28:59	73
Male	20-29	19	Adrian Francisco	Farolan	0	300	300	36	0:45:38	67	65	132					0	12	1:21:43	79
Male	20-29	20	Goh	Soon Lee	0	295	295					0	21	0:59:26	77	80	157	36	1:29:11	73
Male	20-29	21	Dwayne	Tan	114	407	293	28	0:44:37	69	73	142	25	1:00:33	75	76	151	57	1:32:24	70
Male	20-29	22	Tan	Xinwei	0	292	292	45	0:46:19	66	56	122					0	11	1:21:03	80
Male	20-29	23	Chian Jong	Chai	0	292	292	24	0:43:39	71	77	148					0	31	1:28:01	74
Male	20-29	24	Tan	Keng Boon	84	374	290	77	0:51:13	60	24	84	26	1:00:46	75	75	150	34	1:28:59	73
Male	20-29	25	Anthony	Tan	100	384	284	64	0:48:38	63	37	100	36	1:02:48	73	65	138	29	1:27:49	74
Male	20-29	26	Tan	Gary	90	373	283	32	0:45:18	68	69	137	29	1:01:38	74	72	146	77	1:38:21	66
Male	20-29	27	Lee	Ian Lee Jun Wei	116	394	278	35	0:45:38	67	66	133	30	1:01:39	74	71	145	56	1:31:58	71
Male	20-29	29	Cheng Kiang	Teo	110	384	274	37	0:45:53	67	64	131	32	1:01:42	74	69	143	61	1:33:20	70
Male	20-29	30	Mohd Zulkifli Masri	Masri	103	377	274	43	0:46:08	67	58	125	27	1:00:50	75	74	149	67	1:34:31	69
Male	20-29	31	Tristan	Hockley	123	395	272	33	0:45:20	68	68	136	48	1:05:29	70	53	123	38	1:29:16	73
Male	20-29	32	Kevin	Poh Chu Kiat	0	271	271					0	35	1:02:20	73	66	139	41	1:29:50	72
Male	20-29	33	Yuvaraj	Turiahdassu	104	374	270	61	0:48:23	64	40	104	34	1:01:48	74	67	141	44	1:30:12	72
Male	20-29	34	Ong	Boon Han	120	384	264	47	0:46:23	66	54	120	37	1:02:50	73	64	137	46	1:30:28	72
Male	20-29	35	Yee	Pin Yi Joshua	70	333	263	23	0:43:29	71	78	149	55	1:07:32	68	46	114	93	1:43:57	62
Male	20-29	36	Chen	Sherman	0	262	262	46	0:46:21	66	55	121					0	33	1:28:29	73
Male	20-29	37	Rui Fu	Ng	0	258	258	55	0:47:38	65	46	111					0	28	1:27:48	74
Male	20-29	38	Win Sun	Choong	101	359	258	63	0:48:35	63	38	101	42	1:04:15	71	59	130	45	1:30:12	72
Male	20-29	39	Jin Wen	Loh	86	343	257	38	0:45:54	67	63	130	45	1:04:43	71	56	127	80	1:39:11	65
Male	20-29	40	Edmund	Tham	0	246	246	40	0:45:58	67	61	128	51	1:06:41	68	50	118			
Male	20-29	41	Wenbin	Wong	111	354	243	42	0:46:03	67	59	126	57	1:07:41	67	44	111	55	1:31:57	71
Male	20-29	42	Wei Jie Jonathan	Boo	108	350	242	57	0:47:56	64	44	108	41	1:04:05	71	60	131	60	1:32:56	70
Male	20-29	43	Wee Ming Joshua	Kooh	0	236	236					0	56	1:07:39	67	45	112	49	1:30:42	72
Male	20-29	44	Cedric	Si Poh Nguan	0	233	233	41	0:46:00	67	60	127	60	1:09:44	65	41	106			
Male	20-29	45	Teck Heong	Tay	99	328	229	65	0:48:46	63	36	99	52	1:07:02	68	49	117	59	1:32:55	70

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	20-29	46	Tan Boon Leong	Gregory	0	223	223	71	0:50:27	61	30	91	40	1:04:03	71	61	132			
Male	20-29	47	Muhammad Sallehan	Zainuddin	55	277	222	99	0:58:16	53	2	55	28	1:01:29	74	73	147	89	1:42:28	63
Male	20-29	48	Kenneth	Teo	0	219	219	49	0:46:38	66	52	118					0	68	1:35:17	68
Male	20-29	49	Chew Sern	Chia	0	213	213	56	0:47:47	64	45	109	62	1:10:16	65	39	104			
Male	20-29	50	Ko	Kelvin	78	288	210	83	0:51:35	60	18	78	46	1:04:54	70	55	125	81	1:40:12	65
Male	20-29	51	Wang	Jie	0	202	202					0	79	1:16:51	59	22	81	51	1:31:03	71
Male	20-29	52	Daniel	Plews	0	200	200					0	1	0:45:38	100	100	200			
Male	20-29	53	Wei Jun Kenneth	Low	0	197	197					0	61	1:10:12	65	40	105	75	1:37:41	66
Male	20-29	54	Farron	Blanc	0	194	194	54	0:47:35	65	47	112					0	84	1:40:32	65
Male	20-29	55	Yingming	Wong	0	189	189					0					0	4	1:10:48	92
Male	20-29	56	Rayyan	Toh	0	186	186	95	0:56:24	55	6	61					0	48	1:30:36	72
Male	20-29	57	Geok Wei	Hue	0	186	186					0	73	1:13:18	62	28	90	72	1:36:52	67
Male	20-29	58	Kok Siong	Yeap	69	251	182	78	0:51:15	60	23	83	66	1:11:01	64	35	99	94	1:44:32	62
Male	20-29	59	Wang	Timothy	0	180	180					0	53	1:07:05	68	48	116	98	1:46:13	61
Male	20-29	60	Yi Peng	Teoh	0	180	180	3	0:37:34	82	98	180					0			
Male	20-29	61	Brian	Tan	0	178	178					0	7	0:54:21	84	94	178			
Male	20-29	62	Kumaravel	Thangavel	0	177	177	4	0:38:19	80	97	177					0			
Male	20-29	63	Tee Ann	Tan	0	175	175					0					0	8	1:19:15	82
Male	20-29	64	Tan	Junxiong John	0	174	174	88	0:52:39	58	13	71	63	1:10:19	65	38	103			
Male	20-29	65	Wei Sian	Soh	0	173	173	7	0:39:10	79	94	173					0			
Male	20-29	66	Wai Lim	Fong	0	172	172	8	0:39:10	79	93	172					0			
Male	20-29	67	Jiahong	Ma	75	246	171	73	0:51:00	60	28	88	85	1:17:58	59	16	75	83	1:40:15	65
Male	20-29	68	Toh	Yongming	0	171	171					0	11	0:56:24	81	90	171			
Male	20-29	69	Win Kiang	Choong	53	223	170	100	0:59:16	52	1	53	71	1:12:38	63	30	93	88	1:41:52	64
Male	20-29	70	Jerome	Tan	0	169	169					0	77	1:14:28	61	24	85	82	1:40:13	65
Male	20-29	71	Ming Yao	Lim	0	167	167					0	14	0:57:02	80	87	167			
Male	20-29	72	Scott	Bales	0	166	166					0	15	0:57:12	80	86	166			
Male	20-29	73	Arvind	K Kumar	0	166	166	12	0:40:15	77	89	166					0			
Male	20-29	74	David	Ng	0	165	165					0					0	15	1:21:58	79
Male	20-29	75	Mark	Foo	0	163	163	86	0:51:59	59	15	74					0	78	1:38:26	66
Male	20-29	76	Wei Hoong	Siow	0	162	162					0					0	17	1:22:45	78
Male	20-29	77	John Lim Kian Hong	Lim	0	161	161					0					0	18	1:22:51	78
Male	20-29	78	Eugene	Pek	0	161	161					0	18	0:58:28	78	83	161			
Male	20-29	79	Thomas Joseph	Treadwell	0	160	160					0					0	19	1:23:29	78
Male	20-29	80	Weisong	Toh	0	160	160					0	19	0:58:30	78	82	160			
Male	20-29	81	Lee	Tong Loon	0	158	158					0	20	0:58:58	77	81	158			
Male	20-29	82	Yap	Boon Leong	0	158	158	98	0:58:02	53	3	56	64	1:10:32	65	37	102			
Male	20-29	83	Ong	Seng Lee Alex	0	158	158	17	0:41:32	74	84	158					0			
Male	20-29	84	Jonathan Cheng Liang	Tan	0	157	157	82	0:51:29	60	19	79					0	87	1:41:50	64
Male	20-29	85	Wenxiong Mike	Cheong	0	156	156					0					0	22	1:24:46	77
Male	20-29	86	Scott	Wilson	0	155	155					0	23	0:59:36	77	78	155			
Male	20-29	87	Aaron	Fu	0	154	154					0					0	23	1:25:15	76
Male	20-29	88	Lee	Jiahe Steven	0	153	153					0	24	1:00:17	76	77	153			
Male	20-29	89	Horng Sheng	Tan	0	152	152	76	0:51:11	60	25	85					0	96	1:45:20	62

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat			
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Male	20-29	90	Yisong	Gian	0	151	151					0				0	25	1:26:31	75
Male	20-29	91	Mohd Mizan	Marican	0	149	149					0				0	26	1:27:33	74
Male	20-29	92	John	Newman	0	148	148					0				0	27	1:27:36	74
Male	20-29	93	Tan	Chen Chong	0	146	146	25	0:43:47	70	76	146				0			
Male	20-29	94	Joshua	Guam	0	145	145					0				0	30	1:27:49	74
Male	20-29	95	Lionel	Lee	0	145	145	26	0:43:53	70	75	145				0			
Male	20-29	96	Benedikt	Heintel	0	144	144					0	31	1:01:41	74	70	144		
Male	20-29	97	Daryl	Chan	0	144	144	27	0:44:08	70	74	144				0			
Male	20-29	98	Chun Wei	Tan	0	141	141	29	0:44:40	69	72	141				0			
Male	20-29	99	Denesh	Thulasidharan	0	139	139	30	0:45:06	68	71	139				0			
Male	20-29	100	Lee	Kian Ming	0	138	138	101	0:59:54	51		51	76	1:14:10	62	25	87		
Male	20-29	101	Martin	Tang	0	138	138	31	0:45:07	68	70	138				0			
Male	20-29	102	Shengwei; Ervine	Lin	0	137	137					0				0	37	1:29:16	73
Male	20-29	103	Joseph	Tan	0	134	134					0				0	39	1:29:36	72
Male	20-29	104	Goh	Shi Hai	0	133	133					0				0	40	1:29:36	72
Male	20-29	105	Muhammad Ridwan	Zakaria	0	133	133					0	39	1:03:54	71	62	133		
Male	20-29	106	Kai Hoe	Ong	0	131	131					0				0	42	1:30:06	72
Male	20-29	107	Akmal	Abdul Rahman	0	130	130					0				0	43	1:30:10	72
Male	20-29	108	Adnan Bin Mohd Said	Adnan Bin Mohd Said	0	130	130	87	0:52:05	59	14	73				0	106	1:53:39	57
Male	20-29	109	Mohamed Fhaizal	Bin Othman	0	129	129					0	43	1:04:30	71	58	129		
Male	20-29	110	Yap	Wei Liang Aloysius	0	129	129	39	0:45:55	67	62	129				0			
Male	20-29	111	Revant	Singh	0	128	128					0	44	1:04:40	71	57	128		
Male	20-29	112	Qing Feng Joel	Jiang	0	126	126					0				0	47	1:30:33	72
Male	20-29	113	Danny Asmara	Rahman	0	124	124	102	1:00:20	51		51				0	91	1:43:27	63
Male	20-29	114	Daxson	Tan	0	124	124					0	47	1:05:15	70	54	124		
Male	20-29	115	Chin Choy Elvin	Low	0	124	124	44	0:46:10	67	57	124				0			
Male	20-29	116	Koh	Kok Keng	0	122	122					0				0	50	1:31:00	71
Male	20-29	117	Iswadi	Zaba	0	121	121					0	49	1:05:55	69	52	121		
Male	20-29	118	Benjamin	Lim	0	120	120					0				0	52	1:31:05	71
Male	20-29	119	Rowdy	Boeyink	0	119	119					0				0	53	1:31:13	71
Male	20-29	120	Weikang	Lin	0	119	119					0	50	1:06:38	68	51	119		
Male	20-29	121	Kah Loon	Yeo	0	119	119	48	0:46:25	66	53	119				0			
Male	20-29	122	Boon Yaw	Ang	0	118	118					0				0	54	1:31:52	71
Male	20-29	123	Teo	Zhiguang	0	116	116	106	1:03:33	48		48	89	1:21:05	56	12	68		
Male	20-29	124	Yu Ho Marco	Kwong	0	116	116	50	0:47:17	65	51	116				0			
Male	20-29	125	Clement	Zhao	0	115	115					0	54	1:07:19	68	47	115		
Male	20-29	126	Lim	Run Cheng Delwyn	0	115	115	51	0:47:18	65	50	115				0			
Male	20-29	127	Damien	Su	0	114	114	52	0:47:20	65	49	114				0			
Male	20-29	128	Koh	Kah Wei	0	113	113					0				0	58	1:32:45	70
Male	20-29	129	Lionel	Soo	0	113	113	53	0:47:24	65	48	113				0			
Male	20-29	130	Marco Weipeng	Ong	0	111	111	103	1:00:29	51		51				0	101	1:48:28	60
Male	20-29	131	Xiang Xun	Fu	0	111	111	97	0:57:31	54	4	58	92	1:43:06	44	9	53		
Male	20-29	132	Lim	Wee Huat	0	110	110					0	58	1:08:24	67	43	110		
Male	20-29	133	Daniel	Wyss	0	108	108					0				0	62	1:33:42	69

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	20-29	134	Charles	Ryan	0	108	108					0	59	1:08:56	66	42	108			
Male	20-29	135	Gregory	Tan	0	107	107					0					0	63	1:33:49	69
Male	20-29	136	Chan	Jian Guang	0	107	107	58	0:48:01	64	43	107					0			
Male	20-29	137	Khair Bin Muhd Yunus	Muhammad	0	106	106					0					0	64	1:33:54	69
Male	20-29	138	Mark	Godson	0	106	106	59	0:48:10	64	42	106					0			
Male	20-29	139	Foo	Cher Li	0	105	105					0					0	65	1:33:58	69
Male	20-29	140	Junrong	Lim	0	105	105	60	0:48:12	64	41	105					0			
Male	20-29	141	Fahmi Mahony	Muhammad	0	104	104					0					0	66	1:34:04	69
Male	20-29	142	Tan	Boon Tee	0	103	103	62	0:48:23	64	39	103					0			
Male	20-29	143	Muhammad Helmi	Abdul Ghaffa	0	100	100					0					0	69	1:35:50	68
Male	20-29	144	Benjamin	Ho	0	100	100					0	65	1:10:59	64	36	100			
Male	20-29	145	Bruce	Dierl	0	99	99					0					0	70	1:36:08	68
Male	20-29	146	Hoong Khit	Wong	0	98	98					0	67	1:11:02	64	34	98			
Male	20-29	147	Khairul	Amri	0	98	98	66	0:49:00	63	35	98					0			
Male	20-29	148	Leon	Matthews	0	97	97					0					0	71	1:36:40	67
Male	20-29	149	Ziliang	Ang	0	97	97					0	68	1:11:25	64	33	97			
Male	20-29	150	Heng kang	Chong	0	97	97	67	0:49:03	63	34	97					0			
Male	20-29	151	Wee Keong Isaac	Lee	0	96	96	68	0:49:14	63	33	96					0			
Male	20-29	152	Wenyao	Huang	0	95	95					0					0	73	1:36:55	67
Male	20-29	153	Tay	Sing Guan Dennis	0	95	95					0	69	1:12:17	63	32	95			
Male	20-29	154	Muhammad Redhwan	Mohamed Yusof	0	94	94					0	70	1:12:25	63	31	94			
Male	20-29	155	Cheng Seng	Leo	0	94	94	69	0:49:45	62	32	94					0			
Male	20-29	28	Francis	Tan	0	93	93					0					0	74	1:37:39	66
Male	20-29	156	Muhammad Imran	Bin Hassan	0	92	92					0	72	1:12:49	63	29	92			
Male	20-29	157	Jasper	Ong	0	92	92	70	0:50:07	61	31	92					0			
Male	20-29	158	Weikang	Huang	0	91	91					0					0	76	1:37:46	66
Male	20-29	159	Quek	Tze Meng Benson	0	90	90	72	0:50:37	61	29	90					0			
Male	20-29	160	Wong	Pi Yang	0	89	89					0	74	1:13:28	62	27	89			
Male	20-29	161	Kia Song	Huan	0	88	88					0					0	79	1:38:41	66
Male	20-29	162	Kumaran	Kumaran	0	88	88					0	75	1:13:32	62	26	88			
Male	20-29	163	Tan	Yu Lun	0	87	87	74	0:51:05	60	27	87					0			
Male	20-29	164	Benjamin	Choo	0	86	86	75	0:51:06	60	26	86					0			
Male	20-29	165	Lin	Kaixiang	0	83	83					0	78	1:16:19	60	23	83			
Male	20-29	166	Kiran	Chandran	0	82	82	79	0:51:15	60	22	82					0			
Male	20-29	167	Wan Chiang James Pi	Tan	0	81	81	80	0:51:24	60	21	81					0			
Male	20-29	168	Too Sheng	Tan	0	80	80					0					0	85	1:41:11	64
Male	20-29	169	Maheswaran S/O Jayab	Maheswaran	0	80	80					0	80	1:16:53	59	21	80			
Male	20-29	170	Jason	Li	0	80	80	81	0:51:25	60	20	80					0			
Male	20-29	171	Almahdi	Anuar	0	79	79					0					0	86	1:41:22	64
Male	20-29	172	Ce-Wei	Foo	0	79	79					0	81	1:16:53	59	20	79			
Male	20-29	173	Clifford	Lam	0	78	78					0	82	1:16:54	59	19	78			
Male	20-29	174	Syafiq	Yusoff	0	77	77					0	83	1:17:02	59	18	77			



Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	20-29	175	Vishal	Boyro	0	76	76					0	84	1:17:46	59	17	76			
Male	20-29	176	Ken	Yuktasevi	0	76	76	84	0:51:48	59	17	76					0			
Male	20-29	177	Chua	Yan Yi	0	75	75	85	0:51:52	59	16	75					0			
Male	20-29	178	Sien Wee	Yue	0	74	74					0					0	90	1:42:45	63
Male	20-29	179	Murugesu	Samarasan	0	73	73					0	86	1:18:06	58	15	73			
Male	20-29	180	Toh	Zhi Sen	0	72	72					0					0	92	1:43:45	63
Male	20-29	181	Rishi	Saraswat	0	72	72					0	87	1:18:40	58	14	72			
Male	20-29	182	Joshua	Lau	0	70	70	89	0:52:39	58	12	70					0			
Male	20-29	183	Chen Kuo Ted	Low	0	69	69					0	88	1:20:51	56	13	69			
Male	20-29	184	Jean-Philippe	Lionnet	0	68	68					0					0	95	1:44:47	62
Male	20-29	185	Peng Teng Jason	Ng	0	68	68	90	0:53:35	57	11	68					0			
Male	20-29	186	Choon Mie	Ong	0	67	67					0	90	1:21:55	56	11	67			
Male	20-29	187	Lee	Shang Loong	0	67	67	91	0:53:53	57	10	67					0			
Male	20-29	188	Soon Huat Jonathan	Lim	0	66	66	92	0:54:03	57	9	66					0			
Male	20-29	189	Jit Khoo; Nicholas	Ang	0	65	65					0					0	97	1:45:59	61
Male	20-29	190	Yixian	Ong	0	63	63					0					0	99	1:46:26	61
Male	20-29	191	Dominic Hui Han	Leong	0	63	63	93	0:55:46	55	8	63					0			
Male	20-29	192	Reginald	Mittlesdorf	0	62	62					0					0	100	1:46:48	61
Male	20-29	193	Bernard	Oh	0	62	62	94	0:56:02	55	7	62					0			
Male	20-29	194	Zhenrui	Sin	0	60	60	96	0:56:27	55	5	60					0			
Male	20-29	195	Wei Yang; Daniel	Heng	0	58	58					0					0	102	1:51:16	58
Male	20-29	196	Ming Shan Samuel	Eak	0	58	58					0					0	103	1:51:48	58
Male	20-29	197	Yong Ern Paul	Tan	0	57	57					0					0	104	1:53:18	57
Male	20-29	198	Leslie Cher Yeow	Foo	0	57	57					0					0	105	1:53:24	57
Male	20-29	199	Ong	Kar Rong Benjamin	0	57	57					0	91	1:36:47	47	10	57			
Male	20-29	200	Hong Huat	Tan	0	55	55					0					0	107	1:58:02	55
Male	20-29	201	Feng	Zheng	0	54	54					0					0	108	2:00:45	54
Male	20-29	202	Kar Yen	Cheong	0	51	51	104	1:00:29	51		51					0			
Male	20-29	203	Kok Fei	Wong	0	49	49					0					0	109	2:13:43	49
Male	20-29	204	Jeffrey	Jiang	0	49	49	105	1:03:09	49		49					0			
Male	20-29	205	Ashish	Chokhani	0	48	48	107	1:04:13	48		48					0			
Male	20-29	206	Jared	Wong	0	47	47	108	1:04:55	47		47					0			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	1	Sebastien	Calle	0	400	400	1	0:32:14	100	100	200				0	1	1:05:38	100	
Male	30-39	2	David	Edwards	197	595	398	2	0:32:30	99	99	198	1	0:48:18	100	100	200	2	1:06:39	98
Male	30-39	3	Robert	Hensby	187	573	386	6	0:35:13	92	95	187	4	0:50:34	96	97	193	3	1:09:11	95
Male	30-39	4	Dean	Pearce	188	572	384	5	0:34:59	92	96	188	3	0:50:14	96	98	194	4	1:10:33	93
Male	30-39	5	Lawrence	Ng	175	548	373	13	0:36:36	88	87	175	8	0:52:09	93	93	186	5	1:11:46	91
Male	30-39	6	Arjan	Roukema	180	552	372	9	0:35:59	90	92	182	5	0:51:34	94	96	190	9	1:14:33	88
Male	30-39	7	Donald	Bain	0	367	367	11	0:36:04	89	90	179	6	0:51:43	93	95	188			
Male	30-39	8	Desmond	Kao	0	367	367	10	0:36:01	89	91	180	7	0:51:49	93	94	187			
Male	30-39	9	Neil	Van Heerden	0	365	365	8	0:35:48	90	93	183	9	0:53:25	90	92	182			
Male	30-39	10	Kyle	Williams	0	363	363	3	0:36:14	89	89	178				0	6	1:12:32	90	
Male	30-39	11	Oliver	Jung	0	354	354	16	0:37:34	86	84	170				0	7	1:12:46	90	
Male	30-39	12	Trent	Standen	165	518	353	19	0:38:36	84	81	165	10	0:53:33	90	91	181	15	1:16:35	86
Male	30-39	13	Duncan	Semmens	171	521	350	15	0:37:34	86	85	171	17	0:54:46	88	84	172	11	1:15:00	88
Male	30-39	14	Cameron	Bryant	0	348	348	12	0:36:19	89	88	177				0	16	1:16:45	86	
Male	30-39	15	Daniel	Stephens	57	394	337	176	0:56:55	57		57	20	0:55:35	87	81	168	17	1:16:51	85
Male	30-39	16	Paride	Della Rosa	126	463	337	48	0:43:32	74	52	126	12	0:53:58	89	89	178	25	1:19:25	83
Male	30-39	17	Gregoire	Sauve	152	487	335	22	0:39:41	81	78	159	14	0:54:13	89	87	176	31	1:20:03	82
Male	30-39	18	Atsushi	Tamura	162	493	331	18	0:38:29	84	82	166	22	0:56:06	86	79	165	23	1:18:03	84
Male	30-39	19	Arnaud	Magnier	0	328	328	32	0:41:06	78	68	146				0	8	1:13:29	89	
Male	30-39	20	Slava	Krimatat	145	473	328	33	0:41:07	78	67	145	13	0:54:10	89	88	177	32	1:20:05	82
Male	30-39	21	Bransby	Whitton	160	483	323	20	0:38:45	83	80	163	26	0:57:00	85	75	160	24	1:18:58	83
Male	30-39	22	Brett	Verschoor	107	429	322	36	0:41:34	78	64	142	11	0:53:48	90	90	180	70	1:26:15	76
Male	30-39	23	Jeremy	Finnamore	0	319	319	25	0:39:52	81	75	156				0	22	1:17:59	84	
Male	30-39	24	Gregory	Reynen	0	319	319	31	0:40:43	79	69	148	18	0:54:48	88	83	171			
Male	30-39	25	Jonathan Leonard	Pereira	0	317	317	23	0:39:42	81	77	158	27	0:57:00	85	74	159			
Male	30-39	26	Muhammad	Bin Abd Rahman	0	314	314	29	0:40:33	79	71	150				0	21	1:17:53	84	
Male	30-39	27	Oh	Hee Peng	0	311	311	26	0:39:58	81	74	155				0	28	1:19:31	83	
Male	30-39	28	Alex	Monck	145	455	310	28	0:40:09	80	72	152	28	0:57:02	85	73	158	37	1:20:48	81
Male	30-39	29	Tate	Van Hamburg	0	306	306	27	0:40:03	80	73	153				0	30	1:19:53	82	
Male	30-39	30	Mark	Lyons	0	303	303	21	0:39:28	82	79	161				0	40	1:21:20	81	
Male	30-39	31	Federico	D'Inca	114	412	298	58	0:44:40	72	42	114	43	0:58:59	82	58	140	26	1:19:28	83
Male	30-39	32	Daniel	Geary	144	440	296	34	0:41:09	78	66	144	37	0:58:23	83	64	147	34	1:20:23	82
Male	30-39	33	Paul	Absalom	91	382	291	77	0:46:34	69	22	91	32	0:57:44	84	69	153	43	1:21:51	80
Male	30-39	34	Paul	Dalton	113	404	291	59	0:44:43	72	41	113	29	0:57:03	85	72	157	47	1:22:21	80
Male	30-39	35	Steve	Knabl	84	374	290	84	0:46:57	69	15	84	41	0:58:49	82	60	142	35	1:20:24	82
Male	30-39	36	Tommi	Pitka	0	288	288					0	39	0:58:37	82	62	144	38	1:21:09	81
Male	30-39	37	Andrew	Gillan	0	284	284	24	0:39:47	81	76	157				0	53	1:23:20	79	
Male	30-39	38	S78275211	Lim	96	379	283	41	0:42:24	76	59	135	36	0:58:19	83	65	148	80	1:27:36	75
Male	30-39	39	Hendrik	Liebenberg	104	385	281	37	0:42:04	77	63	140	73	1:03:26	76	28	104	41	1:21:20	81
Male	30-39	40	Graham	Ford	0	281	281					0	38	0:58:34	82	63	145	45	1:22:11	80
Male	30-39	41	Anthony	Edgar	0	279	279					0	35	0:58:05	83	66	149	50	1:22:54	79
Male	30-39	42	Darren	Tham	112	391	279	55	0:44:19	73	45	118	25	0:56:57	85	76	161	66	1:25:37	77
Male	30-39	43	Byron	Rienstra	0	278	278					0	24	0:56:43	85	77	162	62	1:24:59	77
Male	30-39	44	Marc	Probst	108	385	277	30	0:40:37	79	70	149	53	1:00:37	80	48	128	69	1:26:01	76

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	45	Patrick	Moulay	79	346	267	50	0:43:36	74	50	124	95	1:06:12	73	6	79	39	1:21:19	81
Male	30-39	46	David	Perring	118	385	267	35	0:41:16	78	65	143	61	1:01:44	78	40	118	55	1:24:02	78
Male	30-39	47	Vincent	Tan Choon Yong	109	374	265	61	0:44:50	72	39	111	31	0:57:17	84	70	154	68	1:25:59	76
Male	30-39	48	Jason	Humphries	120	382	262	47	0:43:20	74	53	127	59	1:01:37	78	42	120	46	1:22:19	80
Male	30-39	49	Michael	Pizel	72	333	261	95	0:47:28	68	4	72	23	0:56:15	86	78	164	79	1:27:35	75
Male	30-39	50	Luke	Millar	0	257	257	57	0:44:24	73	43	116	42	0:58:50	82	59	141			
Male	30-39	51	Edouard	Goetgheluck	103	357	254	38	0:42:15	76	62	138	63	1:01:52	78	38	116	74	1:26:36	76
Male	30-39	52	Ben	Mitchell	73	327	254	51	0:43:38	74	49	123	50	1:00:20	80	51	131	101	1:29:48	73
Male	30-39	53	Todd	Steele	119	367	248	54	0:44:04	73	46	119	55	1:01:00	79	46	125	56	1:24:06	78
Male	30-39	54	Justin	Hotton	99	346	247	62	0:44:50	72	38	110	45	0:59:43	81	56	137	77	1:27:30	75
Male	30-39	55	Pablo	Belgeri	0	246	246	44	0:43:08	75	56	131				0	63	1:25:06	77	
Male	30-39	56	Matthew	De Plater	0	246	246				0	48	1:00:07	80	53	133	65	1:25:11	77	
Male	30-39	57	Alvin	Lim	108	352	244	64	0:44:53	72	36	108	56	1:01:02	79	45	124	58	1:24:48	77
Male	30-39	58	Jorge	Maluquer De Motes	117	361	244	49	0:43:36	74	51	125	60	1:01:41	78	41	119	61	1:24:57	77
Male	30-39	59	Willie	Smit	0	242	242	81	0:46:48	69	18	87	30	0:57:16	84	71	155			
Male	30-39	60	Tay	Kian Mong	81	316	235	63	0:44:50	72	37	109	54	1:00:59	79	47	126	94	1:29:14	74
Male	30-39	61	Gomoiu	Alexandru	86	320	234	82	0:46:53	69	17	86	66	1:02:25	77	35	112	57	1:24:38	78
Male	30-39	62	Peng Joo	Lee	104	332	228	12	0:45:16	71	33	104	68	1:02:36	77	33	110	60	1:24:52	77
Male	30-39	63	Pascal	Loux	0	228	228					0	65	1:02:08	78	36	114	64	1:25:09	77
Male	30-39	64	Dennis	Tee	0	228	228					0	51	1:00:34	80	50	130	78	1:27:33	75
Male	30-39	65	Kam Meng	Chan	0	227	227	68	0:45:27	71	31	102				0	54	1:23:48	78	
Male	30-39	66	Brett	Frazer	0	227	227					0	44	0:59:08	82	57	139	87	1:28:41	74
Male	30-39	67	Lee	Wai Teck Victor	0	227	227	43	0:43:06	75	57	132	81	1:04:26	75	20	95			
Male	30-39	68	Bastiaan	Van Buuren	83	299	216	69	0:45:41	71	30	101	64	1:01:53	78	37	115	92	1:29:09	74
Male	30-39	69	Berend	Deiters	0	215	215					0	34	0:58:03	83	67	150	195	1:41:26	65
Male	30-39	70	Sarvin	Patel	87	300	213	73	0:46:12	70	26	96	62	1:01:46	78	39	117	88	1:28:48	74
Male	30-39	71	Paul	Comerford	0	202	202					0	67	1:02:30	77	34	111	84	1:28:12	74
Male	30-39	72	Jay	Chan	74	271	197	67	0:45:25	71	32	103	99	1:07:16	72	2	74	82	1:27:50	75
Male	30-39	73	Muhammad	Ash'Ari	0	197	197	74	0:46:21	70	25	95	75	1:03:41	76	26	102			
Male	30-39	74	Seah	Chang Hong Victor	0	196	196	90	0:47:08	68	9	77				0	59	1:24:50	77	
Male	30-39	75	Anton	Kort	0	195	195					0	2	0:50:06	96	99	195			
Male	30-39	76	Luke	Barnett	0	195	195	3	0:33:20	97	98	195				0				
Male	30-39	77	Hyung Joo (Robert)	Kim	64	258	194	121	0:50:15	64		64	69	1:02:37	77	32	109	90	1:29:00	74
Male	30-39	78	Tomoya	Tsuruta	0	189	189	4	0:34:57	92	97	189				0				
Male	30-39	79	Andrew	Fallon	0	187	187	56	0:44:22	73	44	117	111	1:08:41	70		70			
Male	30-39	80	Stuart	Mort	78	264	186	72	0:46:06	70	27	97	86	1:04:52	74	15	89	96	1:29:20	73
Male	30-39	81	Yeo	Chien Min Conrad	76	261	185	80	0:46:47	69	19	88	79	1:04:17	75	22	97	98	1:29:37	73
Male	30-39	82	Peter	Beer	0	184	184	7	0:35:46	90	94	184				0				
Male	30-39	83	Maynard	Mckeagan	72	252	180	92	0:47:20	68	7	75	72	1:03:22	76	29	105	114	1:31:40	72
Male	30-39	84	Fabien	Dugue	0	179	179					0				0	10	1:14:44	88	
Male	30-39	85	Tan	Chee Wah	56	233	177	60	0:44:49	72	40	112	191	1:26:17	56		56	189	1:40:55	65
Male	30-39	86	Ashley	Mcintyre	0	176	176					0				0	12	1:15:17	87	
Male	30-39	87	Lucas	Shannon	0	175	175					0				0	13	1:15:42	87	
Male	30-39	88	Daniel	Guter	0	175	175	75	0:46:23	69	24	93				0	93	1:29:11	74	

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	89	Sze	Kian Chuan	68	243	175	87	0:47:02	69	12	81	82	1:04:28	75	19	94	155	1:36:02	68
Male	30-39	90	Victor	Seah	0	175	175					0	15	0:54:15	89	86	175			
Male	30-39	91	Olivier	Maigniez	0	173	173					0					0	14	1:16:33	86
Male	30-39	92	Damian	Barrett	0	173	173					0	16	0:54:42	88	85	173			
Male	30-39	93	Lee	Kah Sheng	0	173	173	14	0:37:03	87	86	173					0			
Male	30-39	94	Hse Minh	Lim	0	171	171					0	77	1:03:53	76	24	100	121	1:32:04	71
Male	30-39	95	Shuhrawardi	Hussain	0	169	169					0	19	0:55:26	87	82	169			
Male	30-39	96	Jozsef	Zopcsak	0	168	168					0					0	18	1:16:57	85
Male	30-39	97	Philip	Russell	0	168	168	17	0:37:45	85	83	168					0			
Male	30-39	98	Arnt	Bayer	0	167	167					0					0	19	1:17:28	85
Male	30-39	99	Siang Hui Eugene	Oh	66	233	167	105	0:49:04	66		66	102	1:07:17	72		72	81	1:27:50	75
Male	30-39	100	Sean Danny Tan	Tan	0	167	167					0	21	0:55:35	87	80	167			
Male	30-39	101	Louis	Legault	0	166	166					0					0	20	1:17:36	85
Male	30-39	102	Yap	Leng Hua	0	163	163					0	83	1:04:31	75	18	93	135	1:33:20	70
Male	30-39	103	Soh	Tiam Kee	65	227	162	112	0:49:28	65		65	85	1:04:47	75	16	91	128	1:32:26	71
Male	30-39	104	Keng Chung	Wong	54	215	161	188	0:59:09	54		54	84	1:04:42	75	17	92	153	1:35:44	69
Male	30-39	105	Nicholas	Fang	0	160	160					0	89	1:05:10	74	12	86	100	1:29:42	73
Male	30-39	106	Fergus	Buckley	0	159	159	127	0:50:56	63		63	80	1:04:24	75	21	96			
Male	30-39	107	Han Hwa Henry	Tan	67	225	158	100	0:48:20	67		67	88	1:05:02	74	13	87	130	1:32:36	71
Male	30-39	108	Krishna	Allavaru	67	225	158	79	0:46:39	69	20	89	136	1:11:42	67		67	141	1:34:27	69
Male	30-39	109	Per	Lindeberg	0	157	157					0					0	27	1:19:29	83
Male	30-39	110	Roger Dean Mcgregor	Grant	62	217	155	139	0:52:02	62		62	121	1:09:45	69		69	89	1:28:51	74
Male	30-39	111	Lim Ts'Ung Marc	Lim	0	154	154					0					0	29	1:19:51	82
Male	30-39	112	Fahmy	Ismail	67	221	154	99	0:47:59	67		67	117	1:09:06	70		70	91	1:29:07	74
Male	30-39	113	Dan	Bennett	0	151	151					0	33	0:57:52	83	68	151			
Male	30-39	114	Mark	Weis	0	150	150					0					0	33	1:20:15	82
Male	30-39	115	Mohd Dzar Shahrullah	Mohd Shafi	66	216	150	101	0:48:32	66		66	93	1:06:08	73	8	81	148	1:35:13	69
Male	30-39	116	Hann Ran	Lee	67	217	150	93	0:47:20	68	6	74	97	1:06:41	72	4	76	173	1:38:37	67
Male	30-39	117	Stuart	Bodden	0	150	150	118	0:49:53	65		65	90	1:05:26	74	11	85			
Male	30-39	118	Pascal	Van Den Nieuwendijk	0	149	149					0	119	1:09:22	70		70	95	1:29:18	73
Male	30-39	119	Jeremy	Round	0	146	146					0					0	36	1:20:40	81
Male	30-39	120	Wei Seng Mark	Mu	65	211	146	114	0:49:33	65		65	96	1:06:23	73	5	78	163	1:37:06	68
Male	30-39	121	Dean	Gilbert	0	146	146	123	0:50:19	64		64	92	1:06:06	73	9	82			
Male	30-39	122	Alexander	Ballard	0	145	145	94	0:47:24	68	5	73					0	118	1:31:47	72
Male	30-39	123	Desmond	Yew	60	204	144	154	0:54:01	60		60	98	1:07:05	72	3	75	144	1:34:42	69
Male	30-39	124	Tatsuya	Goto	0	144	144					0	94	1:06:10	73	7	80	199	1:41:58	64
Male	30-39	125	Gerald	Neo	62	205	143	91	0:47:10	68	8	76	141	1:11:59	67		67	220	1:45:49	62
Male	30-39	126	Raditya	Soemarjono	0	143	143					0	40	0:58:47	82	61	143			
Male	30-39	127	Tan	Kim Kiang	68	209	141	98	0:47:51	67	1	68	116	1:09:06	70		70	133	1:33:01	71
Male	30-39	128	Khng	Kim San	66	207	141	102	0:48:37	66		66	118	1:09:08	70		70	134	1:33:02	71
Male	30-39	129	Mark	Laming	65	206	141	115	0:49:34	65		65	113	1:08:43	70		70	124	1:32:06	71
Male	30-39	130	Kian Soon	Lee	61	202	141	145	0:52:54	61		61	101	1:07:17	72		72	150	1:35:30	69
Male	30-39	131	Ross	Phiroze	0	141	141					0	100	1:07:16	72	1	73	160	1:36:43	68



Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	132	Steve	Scola	0	140	140				0	124	1:10:06	69		69	126	1:32:20	71	
Male	30-39	133	Chern Chou	Yeow	68	208	140	97	0:47:48	67	2	69	127	1:10:40	68		68	129	1:32:27	71
Male	30-39	134	Kai Wing	Shiu	63	203	140	128	0:50:57	63		63	112	1:08:42	70		70	140	1:34:25	70
Male	30-39	135	Robert-Jan	Berg	62	202	140	136	0:51:51	62		62	108	1:08:19	71		71	147	1:35:12	69
Male	30-39	136	Ken	Chua	60	200	140	156	0:54:10	60		60	104	1:07:46	71		71	142	1:34:35	69
Male	30-39	137	Johannes	Van Der Broek	0	139	139					0					0	42	1:21:47	80
Male	30-39	138	Michael Scott	Mercer	0	139	139					0	106	1:07:58	71		71	157	1:36:13	68
Male	30-39	139	Jonathon	Cocks	0	137	137					0					0	44	1:21:57	80
Male	30-39	140	Jonathan	Lau	0	137	137					0	135	1:11:35	67		67	137	1:33:46	70
Male	30-39	141	Kok Pin	Tan	65	202	137	111	0:49:27	65		65	129	1:10:54	68		68	149	1:35:17	69
Male	30-39	142	Sbordone	Andrea	0	137	137	39	0:42:16	76	61	137					0			
Male	30-39	143	Peter	Wan	59	195	136	162	0:54:49	59		59	133	1:11:16	68		68	159	1:36:39	68
Male	30-39	144	Aldrich	Lim	59	195	136	160	0:54:38	59		59	107	1:07:59	71		71	196	1:41:31	65
Male	30-39	145	Andrew	Kwok	0	136	136					0	46	0:59:47	81	55	136			
Male	30-39	146	Fran?Ois	Jancloes	0	136	136	40	0:42:22	76	60	136					0			
Male	30-39	147	Wai Hong	Yip	0	135	135					0	137	1:11:42	67		67	156	1:36:04	68
Male	30-39	148	Hung Wen	Ong	59	194	135	161	0:54:39	59		59	134	1:11:33	68		68	165	1:37:26	67
Male	30-39	149	Wendel	Medina	0	135	135					0	47	0:59:53	81	54	135			
Male	30-39	150	Tian Beng	Ng	0	134	134	124	0:50:20	64		64					0	138	1:34:10	70
Male	30-39	151	Tan	Eng Wee	58	192	134	164	0:55:06	58		58	125	1:10:09	69		69	188	1:40:40	65
Male	30-39	152	Bok Hui	Ong	0	134	134					0	114	1:08:51	70		70	205	1:42:29	64
Male	30-39	153	Koon Wee Jeremy	Lim	0	134	134	117	0:49:53	65		65	122	1:09:55	69		69			
Male	30-39	154	Francis Benjie L	Castro	0	133	133					0	115	1:08:59	70		70	213	1:44:02	63
Male	30-39	155	Mark	Woodruff	0	133	133	42	0:42:58	75	58	133					0			
Male	30-39	156	Gassmann	Andreas	0	132	132					0					0	48	1:22:37	79
Male	30-39	157	Joel	Cook	0	132	132					0	144	1:12:49	66		66	177	1:38:54	66
Male	30-39	158	Tan	Liang	63	195	132	130	0:51:21	63		63	130	1:11:03	68		68	203	1:42:22	64
Male	30-39	159	Tien Beng	Phua	63	195	132	116	0:49:52	65		65	138	1:11:46	67		67	216	1:44:25	63
Male	30-39	160	Christopher	Chng	0	132	132					0	49	1:00:08	80	52	132			
Male	30-39	161	Erich	Heilemann	0	131	131					0					0	49	1:22:49	79
Male	30-39	162	Lim	Chee Hoe	0	131	131	137	0:51:52	62		62					0	152	1:35:43	69
Male	30-39	163	Hairil Akhmal	Sakroni	59	190	131	163	0:54:57	59		59	159	1:16:01	64		64	168	1:38:10	67
Male	30-39	164	Ridzuan	Mohd Nor	62	193	131	120	0:50:11	64		64	171	1:18:31	62		62	164	1:37:22	67
Male	30-39	165	Bram	Clincke	0	131	131	122	0:50:19	64		64					0	172	1:38:31	67
Male	30-39	166	Neo Weng Hoe	Jeremy	0	131	131					0	154	1:14:27	65		65	179	1:39:31	66
Male	30-39	167	Gabriel	Ong Kah Leong	58	189	131	165	0:55:15	58		58	148	1:13:27	66		66	184	1:40:16	65
Male	30-39	168	Andre	Rampono	65	196	131	103	0:48:41	66		66	151	1:14:09	65		65	192	1:41:16	65
Male	30-39	169	Yong Hui Addy	Tan	61	192	131	144	0:52:38	61		61	123	1:10:06	69		69	223	1:46:10	62
Male	30-39	170	Robert	Fry	0	130	130	170	0:55:52	58		58					0	110	1:30:47	72
Male	30-39	171	Jiun Yit	Pan	0	130	130					0	176	1:19:24	61		61	143	1:34:36	69
Male	30-39	172	Lee Tat, Joseph	Tan	0	130	130					0	158	1:15:45	64		64	178	1:39:20	66
Male	30-39	173	Steven	Hunter	0	129	129					0					0	51	1:22:59	79
Male	30-39	174	Patrick Nanik Alcuaz	Metharam	0	129	129					0	52	1:00:34	80	49	129			
Male	30-39	175	Yip	Tuck Soon	0	129	129	45	0:43:17	74	55	129					0			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triathlon				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	176	Ben	Munroe	0	128	128					0				0	52	1:23:19	79	
Male	30-39	177	Jonathan	Roe	0	128	128	46	0:43:20	74	54	128				0				
Male	30-39	178	Chong	Kiat Meng	60	187	127	155	0:54:04	60		60	170	1:18:22	62		62	194	1:41:19	65
Male	30-39	179	Kok Kiang	Lee	61	188	127	119	0:49:55	65		65	174	1:18:58	61		61	225	1:46:40	62
Male	30-39	180	Leslie	Tan	0	127	127	147	0:52:59	61		61	147	1:13:24	66		66			
Male	30-39	181	Wai Peng, Steven	Mak	0	127	127	133	0:51:47	62		62	155	1:14:49	65		65			
Male	30-39	182	Paul	Simons	0	126	126	168	0:55:39	58		58				0	162	1:36:55	68	
Male	30-39	183	Niccolo	Reiser	0	126	126	151	0:53:28	60		60				0	175	1:38:48	66	
Male	30-39	184	Manoharan	Pariasamy	0	126	126					0	175	1:19:21	61		61	186	1:40:22	65
Male	30-39	185	Inn Kien	Tiu	54	180	126	191	0:59:53	54		54	165	1:17:51	62		62	209	1:42:55	64
Male	30-39	186	Kevin	Luffman	57	183	126	172	0:56:27	57		57	128	1:10:40	68		68	240	1:52:59	58
Male	30-39	187	Mohamad Zulkifli	Hanafi	0	125	125					0	173	1:18:49	61		61	197	1:41:56	64
Male	30-39	188	Malcolm	Soh	0	125	125					0	169	1:18:17	62		62	212	1:43:47	63
Male	30-39	189	Tze Choong	Hew	52	177	125	198	1:01:53	52		52	126	1:10:29	69		69	247	1:56:58	56
Male	30-39	190	Daniel	Cheng	55	179	124	187	0:58:46	55		55	177	1:19:29	61		61	218	1:44:42	63
Male	30-39	191	Chin Chuan	Tan	58	182	124	143	0:52:28	61		61	184	1:22:36	58		58	214	1:44:13	63
Male	30-39	192	Andrew	Pereira	47	171	124	205	1:08:45	47		47	140	1:11:50	67		67	245	1:55:17	57
Male	30-39	193	Curtis	Jensen	53	176	123	182	0:58:20	55		55	197	1:30:19	53		53	154	1:35:52	68
Male	30-39	194	Daniel	Gan	55	178	123	181	0:58:19	55		55	163	1:17:20	62		62	228	1:47:20	61
Male	30-39	195	Jeffrey Aaron	Hallmark	54	177	123	192	0:59:58	54		54	160	1:16:38	63		63	236	1:50:18	60
Male	30-39	196	Horatius	Hwang	0	123	123					0	57	1:01:16	79	44	123			
Male	30-39	197	Akira	Nomura	0	123	123	110	0:49:24	65		65	186	1:23:33	58		58			
Male	30-39	198	Hock Chai	Chong	59	181	122	157	0:54:11	59		59	179	1:19:48	61		61	227	1:47:04	61
Male	30-39	199	Vijandran	Rathakrishnan	0	122	122	148	0:53:15	61		61				0	230	1:47:32	61	
Male	30-39	200	Chin Sean	Goh	57	179	122	175	0:56:54	57		57	166	1:17:54	62		62	233	1:48:36	60
Male	30-39	201	Marc Olivier	Franco	0	122	122					0	58	1:01:30	79	43	122			
Male	30-39	202	Ng	Kian Loo	57	178	121	174	0:56:43	57		57	167	1:17:57	62		62	238	1:50:36	59
Male	30-39	203	Christopher	Sandford	0	121	121	52	0:43:52	73	48	121				0				
Male	30-39	204	Paul	Cowie	0	120	120	53	0:43:58	73	47	120				0				
Male	30-39	205	Chee Wah	Tang	0	119	119	177	0:57:06	56		56	162	1:17:11	63		63			
Male	30-39	206	Christy	Desa	0	118	118	202	1:03:54	50		50				0	158	1:36:24	68	
Male	30-39	207	Ng	Seng Keat	0	118	118	197	1:01:42	52		52				0	180	1:39:37	66	
Male	30-39	208	Mohammad Firdaus	Wahid	55	173	118	180	0:57:58	56		56	196	1:28:27	55		55	224	1:46:30	62
Male	30-39	209	Eng Pheng	Siau	55	173	118	183	0:58:23	55		55	182	1:21:49	59		59	237	1:50:25	59
Male	30-39	210	Emmanuelle	Neuprez	51	169	118	141	0:52:15	62		62	200	1:33:58	51		51	248	1:57:29	56
Male	30-39	211	Arnold	Leong	0	117	117	194	1:00:28	53		53	157	1:15:29	64		64			
Male	30-39	212	Godfrey	Foo	0	116	116	186	0:58:36	55		55	178	1:19:34	61		61			
Male	30-39	213	Matthew	Dobson	0	116	116	173	0:56:39	57		57	181	1:21:24	59		59			
Male	30-39	214	Aidil	Idris	51	165	114	199	1:02:55	51		51	190	1:26:16	56		56	241	1:53:15	58
Male	30-39	215	Keith	Woo	0	113	113	195	1:01:01	53		53	180	1:20:52	60		60			
Male	30-39	216	Abduragman	Harris	52	164	112	196	1:01:36	52		52	195	1:28:15	55		55	243	1:54:16	57
Male	30-39	217	James	Brodie	0	110	110					0				0	67	1:25:55	76	
Male	30-39	218	Winston	Loh	48	157	109	204	1:06:37	48		48	188	1:25:21	57		57	251	2:07:13	52
Male	30-39	219	Chee Hock	Tan	0	108	108					0	70	1:02:59	77	31	108			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	220	Johan Weihe	Esbensen	0	107	107					0	71	1:03:02	77	30	107			
Male	30-39	221	San	Lo	0	107	107	65	0:45:03	72	35	107					0			
Male	30-39	222	Timothy	Dillon	0	106	106					0					0	71	1:26:19	76
Male	30-39	223	Yew Fu	Chan	0	105	105					0					0	72	1:26:22	76
Male	30-39	224	Boon Huat	Koh	48	153	105	193	1:00:17	53		53	199	1:32:46	52		52	252	2:16:36	48
Male	30-39	225	Nicholas	Smith	0	105	105	66	0:45:08	71	34	105					0			
Male	30-39	226	Richard	King	0	104	104					0					0	73	1:26:36	76
Male	30-39	227	Mark Andrew	Stanton	0	103	103					0	74	1:03:38	76	27	103			
Male	30-39	228	Julian	Chester	0	101	101					0					0	75	1:27:02	75
Male	30-39	229	Arthur	Tjandra	0	101	101					0	76	1:03:42	76	25	101			
Male	30-39	230	Desmond	Seah	0	100	100					0					0	76	1:27:11	75
Male	30-39	231	Mark	Deery	0	100	100	70	0:45:42	71	29	100					0			
Male	30-39	232	Daniel	Polidano	0	98	98					0	78	1:04:15	75	23	98			
Male	30-39	233	Kia Liang	Fua	0	98	98	71	0:45:49	70	28	98					0			
Male	30-39	234	Davin	Leong	0	93	93					0					0	83	1:27:53	75
Male	30-39	235	Charles Paul	Meredith	0	92	92	76	0:46:27	69	23	92					0			
Male	30-39	236	Yee Hian	Phua	0	90	90					0					0	85	1:28:26	74
Male	30-39	237	Carlos	Ng	0	90	90	78	0:46:35	69	21	90					0			
Male	30-39	238	Angel	Machado	0	89	89					0					0	86	1:28:36	74
Male	30-39	239	Desmond	Toh	0	88	88					0	87	1:04:57	74	14	88			
Male	30-39	240	Sim	P. K. David	0	85	85	83	0:46:55	69	16	85					0			
Male	30-39	241	Aqsa	Subhan	0	83	83					0	91	1:05:44	73	10	83			
Male	30-39	242	Shantanu	Shete	0	83	83	85	0:46:58	69	14	83					0			
Male	30-39	243	Kelvin	Kaw	0	82	82	86	0:46:59	69	13	82					0			
Male	30-39	244	Patrick	Blattmann	0	80	80	88	0:47:03	69	11	80					0			
Male	30-39	245	Hue Tat Ronnie	Teo	0	78	78	89	0:47:06	68	10	78					0			
Male	30-39	246	Jonathan	Murphy	0	77	77					0					0	97	1:29:34	73
Male	30-39	247	Brian	Dean	0	75	75					0					0	99	1:29:37	73
Male	30-39	248	Christopher	Sandford	0	73	73					0					0	102	1:29:55	73
Male	30-39	249	Eric	Canale	0	73	73					0					0	103	1:30:23	73
Male	30-39	250	Collin	Leong	0	73	73					0					0	104	1:30:25	73
Male	30-39	251	Chris	Smith	0	73	73					0					0	105	1:30:27	73
Male	30-39	252	Tim	Jones	0	73	73					0					0	106	1:30:31	73
Male	30-39	253	Boon Kim; Lyonel	Cha	0	72	72					0					0	107	1:30:34	72
Male	30-39	254	Allister	Thom	0	72	72					0					0	108	1:30:37	72
Male	30-39	255	Yam Kay Ted	Chan	0	72	72					0					0	109	1:30:40	72
Male	30-39	256	Duncan	Black	0	72	72					0					0	111	1:31:09	72
Male	30-39	257	Stanley	Poh	0	72	72					0					0	112	1:31:12	72
Male	30-39	258	Kok Leong Ivan	Tan	0	72	72					0					0	113	1:31:20	72
Male	30-39	259	Kay Kiat	Lim	0	72	72					0					0	115	1:31:41	72
Male	30-39	260	Huay Hin	Goh	0	72	72					0					0	116	1:31:43	72
Male	30-39	261	Chian Hon; Danny	Chan	0	72	72					0					0	117	1:31:45	72
Male	30-39	262	Yusuf	Kay	0	72	72					0	103	1:07:22	72		72			
Male	30-39	263	Simon	Dando	0	71	71					0					0	119	1:31:54	71

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat			
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Male	30-39	264	Pierre Paul Jean-Lou	Vignaud	0	71	71					0				0	120	1:32:02	71
Male	30-39	265	Shahrin	Sapar	0	71	71					0				0	122	1:32:05	71
Male	30-39	266	David	Conway	0	71	71					0				0	123	1:32:05	71
Male	30-39	267	Nicholas	Bacchus	0	71	71					0				0	125	1:32:09	71
Male	30-39	268	David Paul	Bell	0	71	71					0				0	127	1:32:22	71
Male	30-39	269	Mohammad Yusri	Abu Bakar	0	71	71					0				0	131	1:32:40	71
Male	30-39	270	Stuart	Fenwick	0	71	71					0				0	132	1:32:46	71
Male	30-39	271	Tian Jin	Lim	0	71	71					0	105	1:07:47	71	71			
Male	30-39	272	Tian Seng Kenny	Lim	0	71	71	96	0:47:44	68	3	71				0			
Male	30-39	273	Fabien	Siouffi	0	70	70					0				0	136	1:33:26	70
Male	30-39	274	Keno	Tan	0	70	70					0				0	139	1:34:15	70
Male	30-39	275	Rama	Chandran	0	70	70					0	110	1:08:39	70	70			
Male	30-39	276	Herman Prasetya	Sutanto	0	70	70					0	109	1:08:33	70	70			
Male	30-39	277	Giles Wyndham	Heyring	0	69	69					0				0	145	1:35:05	69
Male	30-39	278	Sze King Damian	Lim	0	69	69					0				0	146	1:35:06	69
Male	30-39	279	Roman	Tuma	0	69	69					0				0	151	1:35:34	69
Male	30-39	280	Mazlan	Jenal	0	69	69					0	120	1:09:39	69	69			
Male	30-39	281	Clinton	Wee	0	68	68					0				0	161	1:36:51	68
Male	30-39	282	Yew Ming Andre	Chong	0	68	68					0	132	1:11:10	68	68			
Male	30-39	283	Rasol	Saptu	0	68	68					0	131	1:11:06	68	68			
Male	30-39	284	Tongleong	Peng	0	67	67					0				0	166	1:37:38	67
Male	30-39	285	Yow Wee	Siu	0	67	67					0				0	167	1:37:43	67
Male	30-39	286	Goh	Kwee Seng Alvin	0	67	67					0				0	169	1:38:11	67
Male	30-39	287	Kin Seng James	Hong	0	67	67					0				0	170	1:38:14	67
Male	30-39	288	Warren	Lim	0	67	67					0				0	171	1:38:18	67
Male	30-39	289	Jeremy	Jaranilla	0	67	67					0	142	1:12:15	67	67			
Male	30-39	290	Kai Meng	Tang	0	67	67					0	139	1:11:46	67	67			
Male	30-39	291	Ivan	Wee	0	66	66					0				0	174	1:38:42	66
Male	30-39	292	Gurkan	Tasoren	0	66	66					0				0	176	1:38:52	66
Male	30-39	293	Teck Nguong	Tang	0	66	66					0				0	181	1:39:48	66
Male	30-39	294	Kok Yong	Lim	0	66	66					0				0	182	1:39:56	66
Male	30-39	295	Mark	Fisher	0	66	66					0				0	183	1:40:01	66
Male	30-39	296	Hendra Indragunawan	Abdullah	0	66	66					0	145	1:12:51	66	66			
Male	30-39	297	Ahmad	Hilmy	0	66	66					0	146	1:13:07	66	66			
Male	30-39	298	Kin Loong	Tham	0	66	66					0	143	1:12:41	66	66			
Male	30-39	299	Ong	Clement	0	66	66	104	0:49:02	66		66				0			
Male	30-39	300	Yau	Heng Ho	0	66	66	106	0:49:08	66		66				0			
Male	30-39	301	Hsia Yang	Hsu	0	66	66	107	0:49:10	66		66				0			
Male	30-39	302	Ngun Chiang Galen	Yeo	0	65	65					0				0	185	1:40:18	65
Male	30-39	303	Brandon	Blau	0	65	65					0				0	187	1:40:22	65
Male	30-39	304	Sun Yih Sunny	Yang	0	65	65					0				0	190	1:41:01	65
Male	30-39	305	Richard	Ireland	0	65	65					0				0	191	1:41:03	65
Male	30-39	306	Christopher	Ivinson	0	65	65					0				0	193	1:41:18	65
Male	30-39	307	Yeo	Kim Song	0	65	65					0	152	1:14:14	65	65			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	30-39	308	Jeremy Seow Poh	Lee	0	65	65					0	153	1:14:16	65		65			
Male	30-39	309	Shahrain	Mahmood	0	65	65					0	149	1:13:57	65		65			
Male	30-39	310	Edwin	Tan	0	65	65					0	150	1:13:59	65		65			
Male	30-39	311	Shing Howe	Cheam	0	65	65	113	0:49:31	65		65					0			
Male	30-39	312	Hsia Khai	Hsu	0	65	65	109	0:49:22	65		65					0			
Male	30-39	313	Noorhakem	Kamil	0	65	65	108	0:49:14	65		65					0			
Male	30-39	314	Chng Eng Yew; Danny	Chng	0	64	64					0					0	198	1:41:57	64
Male	30-39	315	Alex	Chua	0	64	64					0					0	200	1:41:59	64
Male	30-39	316	Cheong	Roland	0	64	64					0					0	201	1:42:03	64
Male	30-39	317	Kevin	Bennett	0	64	64					0					0	202	1:42:10	64
Male	30-39	318	Kok Hwee	Tay	0	64	64					0					0	204	1:42:25	64
Male	30-39	319	Cheng Piew	Phua	0	64	64					0					0	206	1:42:33	64
Male	30-39	320	Lui	Hwee Boon	0	64	64					0					0	207	1:42:40	64
Male	30-39	321	Wei Reng Galven	Tan	0	64	64					0					0	208	1:42:49	64
Male	30-39	322	Christopher	Lee	0	64	64					0					0	210	1:42:58	64
Male	30-39	323	Christopher	Majeski	0	64	64					0	156	1:15:24	64		64			
Male	30-39	324	Georg	Burmeier	0	64	64	126	0:50:40	64		64					0			
Male	30-39	325	Ng	Chuan	0	64	64	125	0:50:23	64		64					0			
Male	30-39	326	Keith	Neo	0	63	63					0					0	211	1:43:29	63
Male	30-39	327	Alvin Aloysius	Goh	0	63	63					0					0	215	1:44:15	63
Male	30-39	328	Shahrul	Abd Razak	0	63	63					0					0	217	1:44:38	63
Male	30-39	329	Aswira	A'Sat	0	63	63					0					0	219	1:44:45	63
Male	30-39	330	Raymond	Ng	0	63	63					0	161	1:16:47	63		63			
Male	30-39	331	Qi Wei	Fong	0	63	63	129	0:51:08	63		63					0			
Male	30-39	332	Antony	Lomas	0	63	63	131	0:51:23	63		63					0			
Male	30-39	333	Kok Liang	Teo	0	63	63	132	0:51:28	63		63					0			
Male	30-39	334	Eng Hong	Soh	0	62	62					0					0	221	1:45:53	62
Male	30-39	335	Russell	Toop	0	62	62					0					0	222	1:45:56	62
Male	30-39	336	Anderson	Lee	0	62	62					0					0	226	1:46:41	62
Male	30-39	337	Wen Piao	Ling	0	62	62					0	164	1:17:22	62		62			
Male	30-39	338	Yee	Stephen	0	62	62					0	168	1:18:15	62		62			
Male	30-39	339	Tan	Ah Keong	0	62	62	142	0:52:20	62		62					0			
Male	30-39	340	Michael	Fritz	0	62	62	140	0:52:07	62		62					0			
Male	30-39	341	Han Yong	Goh	0	62	62	135	0:51:50	62		62					0			
Male	30-39	342	Puay Wee	Leo	0	62	62	138	0:51:58	62		62					0			
Male	30-39	343	Daryl	Tam	0	62	62	134	0:51:50	62		62					0			
Male	30-39	344	Colin	Ip	0	61	61					0					0	229	1:47:29	61
Male	30-39	345	Meng Kwan	Tan	0	61	61					0					0	231	1:47:49	61
Male	30-39	346	William	Teo	0	61	61					0	172	1:18:38	61		61			
Male	30-39	347	Andrew	Thake	0	61	61	146	0:52:57	61		61					0			
Male	30-39	348	Tsen Tat	Tang	0	60	60					0					0	232	1:48:33	60
Male	30-39	349	Liwen	Ong	0	60	60					0					0	234	1:48:59	60
Male	30-39	350	Lorencz; Kit Yui	Yuen	0	60	60					0					0	235	1:49:18	60
Male	30-39	351	Andre	Ratos	0	60	60	150	0:53:19	60		60					0			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Points	Pos.	Time	Points	Points	Total	Pos.	Time	Points	Points	Total	Pos.	Time
Male	30-39	352	Laurent	Roux	0	60	60	153	0:53:59	60		60					0			
Male	30-39	353	Jasper	Tan	0	60	60	152	0:53:46	60		60					0			
Male	30-39	354	Chee Wai	Wong	0	60	60	149	0:53:17	60		60					0			
Male	30-39	355	Sean	Seah	0	59	59					0	183	1:21:50	59		59			
Male	30-39	356	Casey	Tan	0	59	59	159	0:54:17	59		59					0			
Male	30-39	357	Richard	Tierney	0	59	59	158	0:54:15	59		59					0			
Male	30-39	358	Timo	Predoehl	0	58	58					0					0	239	1:52:42	58
Male	30-39	359	Yeok Hien	Lim	0	58	58					0					0	242	1:53:27	58
Male	30-39	360	Kwan Kiat Benjamin	Lim	0	58	58					0	187	1:23:40	58		58			
Male	30-39	361	Ramon	Zabarte	0	58	58					0	185	1:23:27	58		58			
Male	30-39	362	Joseph	Kwek	0	58	58	167	0:55:30	58		58					0			
Male	30-39	363	Loo	Liat Liang	0	58	58	169	0:55:45	58		58					0			
Male	30-39	364	Wee Keong	Low	0	58	58	166	0:55:18	58		58					0			
Male	30-39	365	Yeow Meng	Koh	0	57	57					0					0	244	1:54:18	57
Male	30-39	366	Mark Tan	Chin Yong	0	57	57					0					0	246	1:55:56	57
Male	30-39	367	Rohit	Narang	0	57	57	171	0:56:18	57		57					0			
Male	30-39	368	Saravanan Vanan	Govindasamy	0	56	56					0	189	1:25:40	56		56			
Male	30-39	369	Beng Yew	Kok	0	56	56					0	193	1:26:33	56		56			
Male	30-39	370	Bee Ngoh	Puah	0	56	56					0	194	1:26:57	56		56			
Male	30-39	371	Kelvin	Tan	0	56	56					0	192	1:26:31	56		56			
Male	30-39	372	Kok Wai	Chang	0	56	56	178	0:57:18	56		56					0			
Male	30-39	373	Wai Kheng	Tan	0	56	56	179	0:57:49	56		56					0			
Male	30-39	374	Trevor	Lim	0	55	55	184	0:58:32	55		55					0			
Male	30-39	375	Fan	Siew Boon	0	55	55	64	0:58:27	55		55					0			
Male	30-39	376	Boon Teck Jerry	Tan	0	55	55	185	0:58:35	55		55					0			
Male	30-39	377	Holger	Gossmann	0	54	54	190	0:59:14	54		54					0			
Male	30-39	378	Eng Chong	Lim	0	54	54	189	0:59:10	54		54					0			
Male	30-39	379	Chong Yee Kenny	Wong	0	53	53					0					0	249	2:03:39	53
Male	30-39	380	Kim Hung, Jeremy	Ee	0	53	53					0	198	1:30:36	53		53			
Male	30-39	381	Chick Suan	Kwek	0	52	52					0					0	250	2:06:24	52
Male	30-39	382	Anthony	Fernandez Jr	0	51	51					0	201	1:34:33	51		51			
Male	30-39	383	Seah	Chee Keong	0	51	51	201	1:03:46	51		51					0			
Male	30-39	384	Choon Seng George	Lam	0	51	51	200	1:03:11	51		51					0			
Male	30-39	385	Felix	Abraham	0	50	50	203	1:04:09	50		50					0			
Male	30-39	386	Bee Hoon	Chan	0	49	49					0	203	1:39:06	49		49			
Male	30-39	387	Woei Seng	Chionh	0	49	49					0	202	1:38:44	49		49			
Male	30-39	388	Wei Ching	Leong	0	49	49					0	204	1:39:13	49		49			
Male	30-39	389	Tan	Dorcas	0	46	46					0	205	1:45:36	46		46			

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	40-49	1	Kevin	Timmons	193	593	400	1	0:33:01	100	100	200	5	0:51:01	97	96	193	1	1:07:34	100
Male	40-49	2	Arnaud	Selukov	0	391	391					0	4	0:50:33	97	97	194	2	1:08:54	98
Male	40-49	3	Kalevi	Kostiainen	181	558	377	2	0:35:23	93	99	192	11	0:54:22	91	90	181	8	1:13:22	92
Male	40-49	4	Mark	Jones	0	375	375					0	9	0:53:41	92	92	184	4	1:11:51	94
Male	40-49	5	John	Tomnay	180	555	375	8	0:37:49	87	93	180	7	0:53:19	92	94	186	6	1:12:04	94
Male	40-49	6	Richard	Hunt	0	371	371	9	0:38:21	86	92	178					0	3	1:11:27	95
Male	40-49	7	Emanuele	Baroni	173	537	364	6	0:36:23	91	95	186	16	0:55:56	88	85	173	12	1:15:43	89
Male	40-49	8	Fraser	Morrison	0	364	364	7	0:37:24	88	94	182	10	0:53:58	91	91	182			
Male	40-49	9	Sante	Scartozzi	166	525	359	18	0:40:01	83	83	166	6	0:52:25	94	95	189	17	1:18:15	86
Male	40-49	10	Juergen	Doerr	0	352	352	17	0:39:48	83	84	167	8	0:53:26	92	93	185			
Male	40-49	11	Steven	Joyce	159	508	349	22	0:41:10	80	79	159	20	0:56:41	87	81	168	11	1:14:33	91
Male	40-49	12	Massimo	Nanni	122	469	347	12	0:39:28	84	89	173	15	0:55:43	88	86	174	56	1:27:37	77
Male	40-49	13	Scott	Mckenzie	160	506	346	21	0:41:05	80	80	160	12	0:54:31	90	89	179	20	1:19:00	86
Male	40-49	14	Glenn	De Buf	162	507	345	20	0:40:53	81	81	162	17	0:56:07	88	84	172	16	1:16:49	88
Male	40-49	15	David	Gurney	0	344	344	15	0:39:44	83	86	169	14	0:55:41	88	87	175			
Male	40-49	16	James	Mccurrach	0	341	341	19	0:40:37	81	82	163	13	0:54:56	90	88	178			
Male	40-49	17	Allan	Norton	167	506	339	13	0:39:37	83	88	171	21	0:56:52	87	80	167	19	1:18:28	86
Male	40-49	18	Carlos	Monterde Millan	153	485	332	27	0:41:36	79	74	153	19	0:56:25	87	82	169	22	1:20:09	84
Male	40-49	19	Edward	Sadler	128	458	330	47	0:44:46	74	54	128	22	0:57:18	86	79	165	21	1:19:47	85
Male	40-49	20	Andrew	Dawson	137	467	330	10	0:39:01	85	91	176	45	1:00:57	81	56	137	29	1:22:44	82
Male	40-49	21	Dirk	Nicolay	0	328	328	24	0:41:16	80	77	157	18	0:56:11	88	83	171			
Male	40-49	22	Mark	Rees	150	476	326	30	0:42:00	79	71	150	23	0:57:29	86	78	164	23	1:20:22	84
Male	40-49	23	Bobby	Bostic	0	326	326	48	0:45:11	73	53	126	1	0:49:16	100	100	200			
Male	40-49	24	Matthew	Quin	145	462	317	23	0:41:13	80	78	158	27	0:58:17	85	74	159	37	1:23:28	81
Male	40-49	25	Franciscus	Delnoij	148	462	314	31	0:42:09	78	70	148	29	0:58:21	84	72	156	25	1:22:04	82
Male	40-49	26	Warren	Sperry	0	308	308					0	25	0:57:51	85	76	161	35	1:23:16	81
Male	40-49	27	Mark	Cross	0	306	306	11	0:39:18	84	90	174					0	47	1:26:24	78
Male	40-49	28	Laurus	Meulenberg	0	306	306	29	0:41:45	79	72	151	30	0:58:36	84	71	155			
Male	40-49	29	Wei Feng Eric	So	138	443	305	36	0:43:06	77	65	142	24	0:57:30	86	77	163	42	1:25:00	79
Male	40-49	30	Duncan	Ashford	0	303	303					0	33	0:59:13	83	68	151	31	1:22:51	82
Male	40-49	31	Jit Khoon	Tan	144	446	302	34	0:42:57	77	67	144	37	0:59:49	82	64	146	27	1:22:09	82
Male	40-49	32	Lawrence	Byrne	132	428	296	26	0:41:30	80	75	155	49	1:01:14	80	52	132	40	1:24:26	80
Male	40-49	33	Andrew	Robertson	135	431	296	40	0:43:56	75	61	136	26	0:57:55	85	75	160	45	1:25:50	79
Male	40-49	34	Luis	Suarez	0	296	296	35	0:43:04	77	66	143	31	0:59:02	83	70	153			
Male	40-49	35	Phillip	Lynch	145	438	293	32	0:42:35	78	69	147	38	0:59:57	82	63	145	36	1:23:26	81
Male	40-49	36	Christophe	Le Yoanc	124	413	289	37	0:43:10	76	64	140	55	1:02:53	78	46	124	33	1:23:11	81
Male	40-49	37	Colin	Ryan	132	416	284	43	0:44:21	74	58	132	41	1:00:19	82	60	142	39	1:23:57	80
Male	40-49	38	Richard	Nicholas	0	283	283					0	40	1:00:10	82	61	143	41	1:24:45	80
Male	40-49	39	Winston	Cervantes	49	331	282	117	1:06:55	49		49	28	0:58:20	84	73	157	53	1:27:30	77
Male	40-49	40	Lim	Tong Peng	0	279	279					0	54	1:02:32	79	47	126	30	1:22:50	82
Male	40-49	41	Christoph	Kaerer	0	276	276	28	0:41:45	79	73	152					0	54	1:27:31	77
Male	40-49	42	Malcolm	Harrow	133	406	273	41	0:43:59	75	60	135	44	1:00:55	81	57	138	46	1:26:08	78
Male	40-49	43	Brian	Sheehan	82	348	266	55	0:46:53	70	46	116	34	0:59:33	83	67	150	92	1:32:14	73
Male	40-49	44	Yang	Changxing	106	368	262	64	0:48:03	69	37	106	35	0:59:40	83	66	149	64	1:28:47	76

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	40-49	45	Yeong	Weng Hong	114	369	255	46	0:44:43	74	55	129	63	1:04:44	76	38	114	52	1:27:25	77
Male	40-49	46	Michael	Hilzinger	107	357	250	51	0:46:20	71	50	121	51	1:02:00	79	50	129	69	1:29:34	75
Male	40-49	47	Gregory	Pong	0	249	249					0	39	1:00:03	82	62	144	71	1:29:37	75
Male	40-49	48	Loh	Teckhua	94	343	249	42	0:44:18	75	59	134	62	1:04:34	76	39	115	81	1:31:06	74
Male	40-49	49	Steve	Burton	102	350	248	54	0:46:50	70	47	117	73	1:06:42	74	28	102	48	1:26:33	78
Male	40-49	50	Jonathan	Grosvenor	102	347	245	50	0:45:49	72	51	123	57	1:03:10	78	44	122	74	1:29:57	75
Male	40-49	51	Mark	Lewis	95	338	243	62	0:47:57	69	39	108	47	1:01:06	81	54	135	80	1:31:06	74
Male	40-49	52	Stephen	Barnes	0	241	241	57	0:47:03	70	44	114	53	1:02:28	79	48	127			
Male	40-49	53	Paul	Hughes	0	236	236	63	0:47:59	69	38	107					0	50	1:27:09	78
Male	40-49	54	Raymond	Howe	105	340	235	65	0:48:09	69	36	105	68	1:05:46	75	33	108	51	1:27:12	77
Male	40-49	55	Kah Whye	Lee	101	335	234	68	0:48:24	68	33	101	59	1:03:35	77	42	119	62	1:28:39	76
Male	40-49	56	Brian	Eisenach	94	326	232	74	0:49:15	67	27	94	60	1:03:52	77	41	118	63	1:28:44	76
Male	40-49	57	Stephen	Carr	77	305	228	78	0:50:06	66	23	89	43	1:00:51	81	58	139	96	1:33:18	72
Male	40-49	58	Lim	Teck Keng	75	300	225	67	0:48:22	68	34	102	56	1:03:08	78	45	123	98	1:33:57	72
Male	40-49	59	Eric	Pesik	67	290	223	53	0:46:43	71	48	119	71	1:06:26	74	30	104	130	1:41:33	67
Male	40-49	60	Luc	Serviant	0	218	218					0	52	1:02:28	79	49	128	85	1:31:35	74
Male	40-49	61	Lian Hoe	Ong	0	213	213					0	69	1:06:05	75	32	107	70	1:29:37	75
Male	40-49	62	Andrew	Campbell	71	278	207	72	0:48:52	68	29	97	66	1:05:38	75	35	110	102	1:35:01	71
Male	40-49	63	Reuben	Cheang	70	275	205	58	0:47:15	70	43	113	81	1:08:15	72	20	92	108	1:36:05	70
Male	40-49	64	William	Johnston	73	272	199	61	0:47:55	69	40	109	83	1:08:38	72	18	90	100	1:34:17	72
Male	40-49	65	Ted	Wikstrom	0	197	197					0	64	1:04:45	76	37	113	90	1:32:03	73
Male	40-49	66	Dirk	Sandrock	0	197	197					0	2	0:50:03	98	99	197			
Male	40-49	67	William	Allen	0	196	196					0	3	0:50:30	98	98	196			
Male	40-49	68	Adnan	Imsirovic	0	194	194					0	80	1:08:13	72	21	93	75	1:29:59	75
Male	40-49	69	Rutger-Jan	Oudejans	69	262	193	60	0:47:36	69	41	110	89	1:09:35	71	12	83	112	1:37:54	69
Male	40-49	70	Christian	Biehl	0	190	190					0					0	5	1:11:55	94
Male	40-49	71	Erik	Forkink	0	190	190	3	0:35:49	92	98	190					0			
Male	40-49	72	Christopher	Nikkel	79	267	188	81	0:50:32	65	20	85	72	1:06:30	74	29	103	95	1:33:00	73
Male	40-49	73	Aidan	Hay	68	256	188	66	0:48:15	68	35	103	87	1:09:15	71	14	85	121	1:39:50	68
Male	40-49	74	Thorsten	Bals	0	188	188	4	0:36:06	91	97	188					0			
Male	40-49	75	James	Clarke	0	187	187	5	0:36:08	91	96	187					0			
Male	40-49	76	Ned	Phillips	0	186	186					0					0	7	1:13:20	92
Male	40-49	77	Chin Chye	Teo	69	254	185	76	0:50:00	66	25	91	79	1:08:08	72	22	94	113	1:38:06	69
Male	40-49	78	Martin	Reynolds	0	183	183					0					0	9	1:14:09	91
Male	40-49	79	Chan Eng Tiong Carl	Chan	0	182	182					0					0	10	1:14:15	91
Male	40-49	80	David	Curran	0	182	182	80	0:50:29	65	21	86	77	1:07:58	72	24	96			
Male	40-49	81	Ian	Wright	0	177	177					0					0	13	1:16:20	89
Male	40-49	82	David	Duns	58	235	177	108	0:57:06	58		58	67	1:05:43	75	34	109	117	1:39:08	68
Male	40-49	83	Paul John	Scott	0	175	175					0					0	14	1:16:27	88
Male	40-49	84	Geoff	Thomas	0	174	174					0					0	15	1:16:48	88
Male	40-49	85	Seng Chye	Teo	64	238	174	75	0:49:21	67	26	93	91	1:09:41	71	10	81	146	1:45:54	64
Male	40-49	86	Simon	Dale	0	173	173	82	0:50:41	65	19	84	84	1:08:50	72	17	89			
Male	40-49	87	Frank	Courtney-Jay	0	172	172					0	82	1:08:24	72	19	91	93	1:32:32	73
Male	40-49	88	Koju	Okano	0	170	170	14	0:39:43	83	87	170					0			



Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	40-49	89	Stephen	Swatton	0	169	169					0				0	18	1:18:18	86	
Male	40-49	90	Martin	Henz	0	169	169	71	0:48:48	68	30	98				0	105	1:35:41	71	
Male	40-49	91	Michael	Connolly	0	169	169					0	75	1:07:30	73	26	99	109	1:36:20	70
Male	40-49	92	Peter	Harvey	0	168	168	16	0:39:45	83	85	168				0				
Male	40-49	93	Graham	Ross	0	167	167					0	78	1:08:02	72	23	95	101	1:34:24	72
Male	40-49	94	Wouter Philip	Lindner	0	167	167					0	76	1:07:48	73	25	98	115	1:38:29	69
Male	40-49	95	Andy	Lim	70	236	166	84	0:50:49	65	17	82	88	1:09:21	71	13	84	110	1:36:39	70
Male	40-49	96	Christoph	Koelnsperger	0	165	165	86	0:51:05	65	15	80				0	89	1:31:58	73	
Male	40-49	97	Jose	Alberto	0	165	165	73	0:49:08	67	28	95				0	106	1:35:58	70	
Male	40-49	98	Govindasamy	Parthiban	0	163	163	69	0:48:26	68	32	100	113	1:17:50	63		63			
Male	40-49	99	James	Instone	0	161	161					0				0	24	1:20:22	84	
Male	40-49	100	Low	Teo Heng, Raymond	76	237	161	85	0:50:59	65	16	81	92	1:09:44	71	9	80	97	1:33:55	72
Male	40-49	101	Richard	Offer	0	157	157					0				0	26	1:22:09	82	
Male	40-49	102	Graeme	Seed	0	156	156	25	0:41:20	80	76	156				0				
Male	40-49	103	Yohei	Murase	0	155	155					0				0	28	1:22:43	82	
Male	40-49	104	Ivan	Ng	0	154	154	83	0:50:48	65	18	83				0	103	1:35:13	71	
Male	40-49	105	Seow Eng	Ong	0	153	153	96	0:53:46	61	5	66				0	88	1:31:54	74	
Male	40-49	106	Azman	Johan	0	153	153	87	0:52:11	63	14	77	95	1:10:04	70	6	76			
Male	40-49	107	Lim Kian Leong	Henry	60	212	152	101	0:55:14	60		60	90	1:09:40	71	11	82	107	1:36:00	70
Male	40-49	108	Russell	Gripper	0	152	152					0	32	0:59:10	83	69	152			
Male	40-49	109	Nicholas	Mace	0	150	150					0				0	32	1:22:58	81	
Male	40-49	110	James	Wood	0	148	148					0				0	34	1:23:15	81	
Male	40-49	111	Sze Min	Yue	0	148	148					0	36	0:59:40	83	65	148			
Male	40-49	112	Yeow Kuan, Eddy	Lee	0	145	145					0	93	1:09:53	70	8	78	129	1:41:29	67
Male	40-49	113	Hideki	Tokunaga	0	145	145	33	0:42:40	77	68	145				0				
Male	40-49	114	William	Crowthier	0	144	144					0				0	38	1:23:40	81	
Male	40-49	115	Michael	Ng	0	144	144	110	0:58:23	57		57	85	1:08:55	71	16	87			
Male	40-49	116	Saifudin	Hussein	68	211	143	94	0:53:44	61	7	68	96	1:11:16	69	5	74	111	1:37:42	69
Male	40-49	117	Ravindran	Retnam	67	210	143	91	0:53:29	62	10	72	98	1:12:00	68	3	71	123	1:40:10	67
Male	40-49	118	Wilson	Chow	65	207	142	88	0:52:45	63	13	76	107	1:15:34	65		65	136	1:42:28	66
Male	40-49	119	David Wai Lun	Ng	0	141	141					0	42	1:00:21	82	59	141			
Male	40-49	120	Reginald	Evans	0	139	139	38	0:43:11	76	63	139				0				
Male	40-49	121	Ng	Boon Hwee Nelson	0	137	137					0				0	43	1:25:36	79	
Male	40-49	122	Ying Whye Stephen	Choy	0	137	137					0	100	1:12:28	68	1	69	118	1:39:19	68
Male	40-49	123	Christopher	Sykes	0	137	137	39	0:43:46	75	62	137				0				
Male	40-49	124	Yue	Sze Min	0	136	136					0				0	44	1:25:49	79	
Male	40-49	125	Kevin	Burke	60	196	136	102	0:55:21	60		60	97	1:11:56	68	4	72	147	1:46:08	64
Male	40-49	126	Stephen	Cunningham	0	136	136					0	46	1:01:05	81	55	136			
Male	40-49	127	Mark	Hemstedt	0	135	135	97	0:53:47	61	4	65	99	1:12:20	68	2	70			
Male	40-49	128	Tony	Horne	0	134	134					0	48	1:01:09	81	53	134			
Male	40-49	129	Francis	James	59	191	132	104	0:55:55	59		59	106	1:14:59	66		66	131	1:41:40	66
Male	40-49	130	Lawrence	Ang	0	132	132					0	105	1:14:48	66		66	132	1:41:51	66
Male	40-49	131	Zainal Abidin	Shukor	58	189	131	106	0:56:36	58		58	109	1:15:57	65		65	133	1:42:05	66
Male	40-49	132	Jonathan	Grundty	0	131	131					0	50	1:01:26	80	51	131			

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	40-49	133	Bengt Joakim	Moller	0	131	131	44	0:44:35	74	57	131					0			
Male	40-49	134	Paul	Tynan	0	130	130					0					0	49	1:26:54	78
Male	40-49	135	Siew Chuan	Phoon	0	130	130	99	0:53:51	61	2	63					0	125	1:40:19	67
Male	40-49	136	Tan	Ah Kow	0	130	130					0	104	1:14:41	66		66	142	1:44:50	64
Male	40-49	137	Duncan	Cameron	0	130	130	45	0:44:40	74	56	130					0			
Male	40-49	138	Brian	Verlaan	0	124	124	49	0:45:42	72	52	124					0			
Male	40-49	139	S6904669Z	Voon	0	123	123					0					0	55	1:27:32	77
Male	40-49	140	Krishnamoorthy	Ramoo	55	178	123	112	1:00:25	55		55	117	1:22:53	59		59	144	1:45:29	64
Male	40-49	141	Khai Weng	Phoon	0	121	121					0					0	57	1:27:53	77
Male	40-49	142	Nelson	Quek	59	180	121	103	0:55:42	59		59	119	1:23:40	59		59	150	1:49:33	62
Male	40-49	143	Tian Teck	Chua	0	121	121					0	58	1:03:33	78	43	121			
Male	40-49	144	Douglas	Halkett	0	120	120					0					0	58	1:28:01	77
Male	40-49	145	Bradley	Wright	0	120	120	52	0:46:25	71	49	120					0			
Male	40-49	146	John	Liljequist	0	119	119					0					0	59	1:28:03	77
Male	40-49	147	David	Gledhill	0	117	117					0					0	60	1:28:21	76
Male	40-49	148	Stefan	Herde	0	116	116					0					0	61	1:28:30	76
Male	40-49	149	Stephen	Keane	0	116	116					0	61	1:04:33	76	40	116			
Male	40-49	150	Mykolaj	Znetyniak	0	116	116	116	1:03:11	52		52	112	1:17:12	64		64			
Male	40-49	151	Douglas	Lum	0	115	115	56	0:46:55	70	45	115					0			
Male	40-49	152	Raymond	Tan	49	162	113	118	1:07:14	49		49	115	1:20:44	61		61	156	2:10:03	52
Male	40-49	153	Gregory	Sullivan	0	112	112					0					0	65	1:28:55	76
Male	40-49	154	Michael	Pear	0	112	112					0	65	1:05:02	76	36	112			
Male	40-49	155	Gareth	Williams	0	112	112	59	0:47:25	70	42	112					0			
Male	40-49	156	Robert	Nash	0	111	111					0					0	66	1:29:18	76
Male	40-49	157	Say Chong	Koh	0	110	110					0					0	67	1:29:25	76
Male	40-49	158	Ian	Huggins	0	108	108					0					0	68	1:29:30	75
Male	40-49	159	Daniel	Best	0	105	105					0	70	1:06:11	74	31	105			
Male	40-49	160	Iain	Maidment	0	104	104					0					0	72	1:29:44	75
Male	40-49	161	Gary	Hall	0	103	103					0					0	73	1:29:46	75
Male	40-49	162	Eng Kwang; Daniel	Ho	0	100	100					0					0	76	1:30:00	75
Male	40-49	163	Michael	Williams	0	100	100					0	74	1:07:27	73	27	100			
Male	40-49	164	Charles	Reed	0	99	99	70	0:48:30	68	31	99					0			
Male	40-49	165	Sian Leng	Chan	0	98	98					0					0	77	1:30:58	74
Male	40-49	166	Patric	Nivet	0	97	97					0					0	78	1:30:58	74
Male	40-49	167	Ranjith	Wijayaratna	0	96	96					0					0	79	1:31:05	74
Male	40-49	168	Michael	Little	0	93	93					0					0	82	1:31:08	74
Male	40-49	169	Edward	Webb	0	92	92					0					0	83	1:31:08	74
Male	40-49	170	Chua	Eng Kee	0	91	91					0					0	84	1:31:17	74
Male	40-49	171	Richard	Schroeter	0	90	90	77	0:50:04	66	24	90					0			
Male	40-49	172	Kenneth Chwee Guan	Chan	0	89	89					0					0	86	1:31:35	74
Male	40-49	173	Chua Siew Meng Eric	Chua	0	88	88					0					0	87	1:31:45	74
Male	40-49	174	Choo	Yeow Kiang	0	88	88	79	0:50:19	66	22	88					0			
Male	40-49	175	Jason	Peng	0	86	86					0	86	1:09:04	71	15	86			

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat			
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Male	40-49	176	Weng Seong Jemmy	Ong	0	83	83					0				0	91	1:32:14	73
Male	40-49	177	Craig	Johnson	0	80	80					0				0	94	1:32:37	73
Male	40-49	178	Chow Wah	Kong	0	77	77					0	94	1:09:58	70	7	77		
Male	40-49	179	David	Waller	0	74	74					0				0	99	1:34:14	72
Male	40-49	180	Gillian	Lim	0	74	74	89	0:52:59	62	12	74				0			
Male	40-49	181	Quek	Teong Seng	0	73	73	90	0:53:21	62	11	73				0			
Male	40-49	182	Lawrence	Quek	0	71	71					0				0	104	1:35:16	71
Male	40-49	183	Phang	Kong Fo	0	71	71	92	0:53:30	62	9	71				0			
Male	40-49	184	Richard	Huggins	0	69	69					0				0	114	1:38:22	69
Male	40-49	185	Tiang Ser	Teo	0	69	69	93	0:53:42	61	8	69				0			
Male	40-49	186	James	Chadam	0	68	68					0				0	116	1:38:41	68
Male	40-49	187	Chuang Kok	Wong	0	68	68					0				0	119	1:39:30	68
Male	40-49	188	Anthony	Payne	0	68	68					0				0	120	1:39:47	68
Male	40-49	189	Jacob	Lieu	0	68	68					0				0	122	1:39:52	68
Male	40-49	190	Ee Koon	Chua	0	67	67					0				0	124	1:40:14	67
Male	40-49	191	Wan Khim	Lee	0	67	67					0				0	126	1:40:43	67
Male	40-49	192	Hsin Shan	Liu	0	67	67					0				0	127	1:41:02	67
Male	40-49	193	Swee Seng Paul	Lim	0	67	67					0				0	128	1:41:11	67
Male	40-49	194	Benjamin	Encarnacion	0	67	67					0	101	1:13:41	67	67			
Male	40-49	195	Sang-Ha	Leigh	0	67	67					0	102	1:14:02	67	67			
Male	40-49	196	Anthony	Campbell-Brown	0	67	67	95	0:53:45	61	6	67				0			
Male	40-49	197	Robert David	Knapp	0	66	66					0				0	134	1:42:13	66
Male	40-49	198	Han	Kuan	0	66	66					0				0	135	1:42:20	66
Male	40-49	199	Niels	De Boer	0	66	66					0				0	137	1:42:37	66
Male	40-49	200	Frans	Kok	0	66	66					0				0	138	1:42:39	66
Male	40-49	201	Chye Hwang	Yan	0	66	66					0	103	1:14:19	66	66			
Male	40-49	202	Beng Leong	Lim	0	65	65					0				0	139	1:43:41	65
Male	40-49	203	John	Sim	0	65	65					0				0	140	1:44:22	65
Male	40-49	204	Yee	Chee Khuan Francis	0	65	65					0				0	141	1:44:45	65
Male	40-49	205	Kok Hon	Chiong	0	65	65					0	108	1:15:39	65	65			
Male	40-49	206	Puay Han	Ong	0	65	65					0	110	1:16:06	65	65			
Male	40-49	207	Terence Hoe Pang	Wong	0	64	64					0				0	143	1:44:59	64
Male	40-49	208	Yiu Wa	Lo	0	64	64					0				0	145	1:45:47	64
Male	40-49	209	Tau Boon Edwin	Lim	0	64	64					0	111	1:16:37	64	64			
Male	40-49	210	Wong	Kwong Meng	0	64	64	98	0:53:49	61	3	64				0			
Male	40-49	211	Lee	Soon Hwa; Eric	0	63	63					0				0	148	1:46:51	63
Male	40-49	212	Peng Han	Siow	0	63	63					0	114	1:18:25	63	63			
Male	40-49	213	Dominic	Volpato	0	62	62					0				0	149	1:48:12	62
Male	40-49	214	Laurent Benoit	Auzanneau	0	61	61					0				0	151	1:50:09	61
Male	40-49	215	Anthony	King	0	61	61					0	116	1:20:57	61	61			
Male	40-49	216	Michael	Orefice	0	61	61	100	0:54:58	60	1	61				0			
Male	40-49	217	Chor Chai	Teo	0	59	59					0				0	152	1:53:57	59
Male	40-49	218	Gilles	Depardieu	0	59	59					0				0	153	1:54:56	59
Male	40-49	219	Rangarajan	Srinivasan	0	59	59					0	118	1:23:32	59	59			



Category			First Name	Last Name			Total	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.					Points	Pos.	Time	Points	Points	Total	Pos.	Time	Points	Points	Total	Pos.	Time	Points
Male	40-49	220	Chris	Chandler	0	58	58	105	0:56:32	58		58					0			
Male	40-49	221	Gerard	Teo	0	58	58	107	0:56:43	58		58					0			
Male	40-49	222	Jeffrey	Inkpen	0	57	57					0					0	154	1:57:40	57
Male	40-49	223	Timothy John	Taylor	0	57	57					0					0	155	1:58:30	57
Male	40-49	224	Andrew	Loh	0	57	57	109	0:57:51	57		57					0			
Male	40-49	225	Dilip	Mistry	0	56	56	111	0:59:12	56		56					0			
Male	40-49	226	Cheng Huat	Lim	0	54	54					0	120	1:30:47	54		54			
Male	40-49	227	Ho	Kim Yee	0	54	54	113	1:00:57	54		54					0			
Male	40-49	228	Kay Teck	Lim	0	53	53	115	1:02:44	53		53					0			
Male	40-49	229	Alvin	Toh	0	53	53	114	1:01:44	53		53					0			



Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Male	50+	1	Malcolm	Elley	200	600	400	1	0:37:55	100	100	200	1	0:53:54	100	100	200	1	1:14:00	100
Male	50+	2	Michael	Lyons	168	550	382	5	0:52:39	72	96	168	3	1:00:06	90	98	188	2	1:17:34	95
Male	50+	3	Richard	Reid	180	553	373	2	0:46:58	81	99	180	4	1:00:50	89	97	186	3	1:23:18	89
Male	50+	4	Colin	Alexander	0	361	361					0	6	1:02:05	87	95	182	4	1:29:58	82
Male	50+	5	Robert	Johnson	0	347	347	3	0:49:53	76	98	174	9	1:06:21	81	92	173			
Male	50+	6	Chew Teck	Chua	0	339	339					0	10	1:11:35	75	91	166	6	1:34:54	78
Male	50+	7	Chan	Keng Nee	0	337	337	4	0:52:12	73	97	170					0	9	1:38:53	75
Male	50+	8	Jahari	Omar	159	485	326	7	0:56:10	68	94	162	11	1:12:42	74	90	164	12	1:45:46	70
Male	50+	9	K.Jayakumar	Kumar	0	288	288	9	1:17:10	49	92	141	15	1:27:56	61	86	147			
Male	50+	10	Christian	Werner	0	195	195					0	2	0:56:03	96	99	195			
Male	50+	11	Joachim	Diederich	0	184	184					0	5	1:01:11	88	96	184			
Male	50+	12	Jeffrey Melbourne	Bradford	0	178	178					0					0	5	1:30:06	82
Male	50+	13	Heng	Ooi Khian	0	176	176					0	7	1:05:39	82	94	176			
Male	50+	14	Jonathon	Gould	0	175	175					0	8	1:05:40	82	93	175			
Male	50+	15	John Simpson	Adams	0	171	171					0					0	7	1:36:09	77
Male	50+	16	Charles	La Fratta	0	168	168					0					0	8	1:38:48	75
Male	50+	17	Patrick	Dorgan	0	163	163					0					0	10	1:43:10	72
Male	50+	18	Yee Wah On	Philip	0	163	163	6	0:55:27	68	95	163					0			
Male	50+	19	Kee Kng	Chua	0	162	162					0	12	1:13:47	73	89	162			
Male	50+	20	Samuel	Chew Hew Suan	0	161	161					0					0	11	1:44:43	71
Male	50+	21	Paul	De Cruz	0	161	161					0	13	1:13:59	73	88	161			
Male	50+	22	Van	Weng Koon	0	155	155					0	14	1:18:50	68	87	155			
Male	50+	23	Chin	Kee Tek	0	154	154	8	1:02:16	61	93	154					0			
Male	50+	24	David Paul	Tuttle	0	153	153					0					0	13	1:54:39	65
Male	50+	25	Peter Tang	Tang	0	147	147					0					0	14	2:02:23	60
Male	50+	26	Sean	Murray	0	137	137					0					0	15	2:25:30	51

Category			First Name	Last Name			Total Points	Sprint Aquathlon					Sprint Duathlon					Sprint Triat		
Gen.	Cat.	Pos.						Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time
Team	Team	1	Team	Loi Huat	184	584	400	6	0:33:39	89	95	184	1	0:53:11	100	100	200	1	1:08:40	100
Team	Team	2	Team	Crack	0	388	388					0	2	0:55:31	96	99	195	3	1:12:16	95
Team	Team	3	Team	Paul Rachmadi	158	523	365	15	0:41:20	72	86	158	5	1:04:33	82	96	178	4	1:16:41	90
Team	Team	4	Team	E.T.	0	343	343	9	0:36:08	83	92	175	9	1:09:36	76	92	168			
Team	Team	5	Team	Caitlin Muller	147	476	329	19	0:45:50	65	82	147	8	1:06:00	81	93	174	17	1:36:06	71
Team	Team	6	Team	Chiu Fui Wong	0	327	327					0	10	1:09:41	76	91	167	15	1:32:41	74
Team	Team	7	Team	Ngee Ann Poly	0	200	200	1	0:29:53	100	100	200					0			
Team	Team	8	Team	Ke Rong	0	198	198	2	0:30:10	99	99	198					0			
Team	Team	9	Team	Acjc Team 6	0	195	195	3	0:30:46	97	98	195					0			
Team	Team	10	Team	Jon Woon	0	194	194					0					0	2	1:12:00	95
Team	Team	11	Team	Gt	0	191	191					0	3	0:57:03	93	98	191			
Team	Team	12	Team	Acjc Team 4	0	189	189	4	0:32:27	92	97	189					0			
Team	Team	13	Team	Acjc Team 8	0	185	185	5	0:33:28	89	96	185					0			
Team	Team	14	Team	360 Consulting	0	184	184					0					0	5	1:17:40	88
Team	Team	15	Team	6H	0	181	181					0	4	1:03:21	84	97	181			
Team	Team	16	Team	Jun Yan	0	180	180	7	0:34:52	86	94	180					0			
Team	Team	17	Team	First Try	0	177	177					0					0	6	1:23:31	82
Team	Team	18	Team	The Dudes	0	177	177					0	6	1:05:13	82	95	177			
Team	Team	19	Team	Acjc Team 9	0	177	177	8	0:35:30	84	93	177					0			
Team	Team	20	Team	S.H.E.E.P.S	0	176	176					0					0	7	1:23:59	82
Team	Team	21	Team	Tbs	0	175	175					0	7	1:05:48	81	94	175			
Team	Team	22	Team	Tian Jin Lim	0	173	173					0					0	8	1:25:30	80
Team	Team	23	Team	Shu Xian	0	173	173	10	0:36:15	82	91	173					0			
Team	Team	24	Team	Acjc Team 7	0	172	172	11	0:36:28	82	90	172					0			
Team	Team	25	Team	Krysflyer	0	171	171					0					0	9	1:27:00	79
Team	Team	26	Team	Has I	0	169	169					0					0	10	1:27:49	78
Team	Team	27	Team	Acjc Team 5	0	169	169	12	0:37:16	80	89	169					0			
Team	Team	28	Team	We Tri	0	167	167					0					0	11	1:29:36	77
Team	Team	29	Team	Nhob	0	166	166					0					0	12	1:29:43	77
Team	Team	30	Team	Newman	0	165	165	13	0:38:37	77	88	165					0			
Team	Team	31	Team	F-16	0	164	164					0	11	1:12:14	74	90	164			
Team	Team	32	Team	Action For Aids	0	163	163					0					0	13	1:31:11	75
Team	Team	33	Team	Has li	0	161	161					0					0	14	1:32:41	74
Team	Team	34	Team	Bikerunner	0	161	161					0	12	1:13:57	72	89	161			
Team	Team	35	Team	Newman	0	160	160	14	0:40:45	73	87	160					0			
Team	Team	36	Team	Phoenix	0	159	159					0					0	16	1:33:25	74
Team	Team	37	Team	R&V	0	158	158					0	13	1:16:25	70	88	158			
Team	Team	38	Team	=Montfortians=	0	155	155					0	14	1:18:07	68	87	155			
Team	Team	39	Team	Chan	0	155	155	16	0:42:51	70	85	155					0			
Team	Team	40	Team	X2K	0	154	154					0					0	18	1:36:49	71
Team	Team	41	Team	Awwa2	0	153	153					0					0	19	1:37:08	71
Team	Team	42	Team	Tcss	0	153	153					0	15	1:19:18	67	86	153			
Team	Team	43	Team	Typicaleos	0	153	153	17	0:43:01	69	84	153					0			
Team	Team	44	Team	Costa Lot 2	0	150	150					0					0	20	1:39:12	69

Category			First Name	Last Name			Total Points	Sprint Aquathlon				Sprint Duathlon				Sprint Triat				
Gen.	Cat.	Pos.						Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time	Points Rank	Total Points	Pos.	Time	Points Time
Team	Team	45	Team	Team D.B.S.	0	148	148					0					21	1:40:32	68	
Team	Team	46	Team	Mini	0	148	148					0	16	1:24:12	63	85	148			
Team	Team	47	Team	Kang Ting Ling	0	148	148	18	0:45:48	65	83	148					0			
Team	Team	48	Team	Relax Lah	0	147	147					0	17	1:24:34	63	84	147			
Team	Team	49	Team	Can-Can	0	146	146					0					0	22	1:42:28	67
Team	Team	50	Team	Evil Duo	0	146	146	20	0:45:59	65	81	146					0			
Team	Team	51	Team	Lua	0	145	145	21	0:46:00	65	80	145					0			
Team	Team	52	Team	Huffel Jay	0	144	144					0					0	23	1:43:53	66
Team	Team	53	Team	Wild	0	144	144					0	18	1:27:28	61	83	144			
Team	Team	54	Team	Fantastic 3	0	140	140					0					0	24	1:48:58	63
Team	Team	55	Team	Paya Lebar Boyz	0	139	139					0	19	1:33:38	57	82	139			
Team	Team	56	Team	Bss	0	138	138					0					0	25	1:50:33	62
Team	Team	57	Team	Chia	0	138	138	22	0:50:16	59	79	138					0			
Team	Team	58	Team	Campeining	0	137	137					0					0	26	1:51:01	62
Team	Team	59	Team	Fabulous	0	136	136					0					0	27	1:51:35	62
Team	Team	60	Team	Chia	0	134	134	23	0:53:03	56	78	134					0			
Team	Team	61	Team	Triathletes Of Awwa	0	133	133					0					0	28	1:54:09	60
Team	Team	62	Team	Jff	0	132	132					0					0	29	1:54:59	60
Team	Team	63	Team	Arinc Woodlanders	0	131	131	24	0:55:12	54	77	131					0			
Team	Team	64	Team	Dream Team	0	129	129					0					0	30	1:57:29	58
Team	Team	65	Team	Ops 1	0	128	128					0					0	31	1:58:10	58
Team	Team	66	Team	Hammerhead	0	127	127					0					0	32	1:58:53	58
Team	Team	67	Team	Cool Duo	0	124	124	25	1:01:51	48	76	124					0			
Team	Team	68	Team	Angelic Twins	0	123	123	26	1:02:17	48	75	123					0			
Team	Team	69	Team	H2	0	119	119	27	1:06:11	45	74	119					0			
Team	Team	70	Team	Kew	0	117	117					0					0	33	2:19:01	49

Champion	
Points Rank	Total Points
100	200
98	177
	0
99	182
	0
	0

Champion	
Points Rank	Total Points
100	200
98	192
96	185
93	180
85	167
83	164
86	168
81	162
75	149
82	163
84	165
79	157
	0
76	152
74	148
	0
69	139
72	142
59	120
63	130
58	119
65	133
61	124
64	132
99	196
	0
	0
	0
97	187
95	184
94	182
92	179
	0
91	177
90	174
	0
	0
89	172
	0
88	170
87	169
	0
	0
	0

Champion	
Points Rank	Total Points
	0
	0
	0
80	160
78	156
	0
77	154
	0
	0
	0
	0
	0
	0
73	144
	0
71	141
	0
70	140
	0
68	137
	0
67	136
	0
66	135
	0
	0
	0
	0
	0
62	127
60	123
57	116
	0
	0
56	105

Champion	
Points Rank	Total Points
100	200
	0
99	189
97	184
98	187
96	183
95	181
94	180
93	178
	0
92	176
90	173
	0
	0
84	164
80	160
85	166
83	163
	0
76	154
73	150
77	155
75	153
71	146
70	145
74	151
72	147
68	142
56	127
50	120
67	141
55	126
66	139
48	117
	0
57	128
60	132
64	137
62	134
51	121
53	123
45	113
58	130
37	103

Champion	
Points Rank	Total Points
52	122
38	104
33	99
41	108
40	107
44	112
59	131
42	109
39	106
36	102
35	101
49	119
31	96
	0
	0
30	94
21	80
24	84
28	92
34	100
	0
	0
91	174
	0
89	172
88	171
	0
87	169
	0
86	167
	0
26	88
20	79
82	162
81	161
	0
	0
23	83
79	158
	0
	0
78	156
	0
	0

Champion	
Points Rank	Total Points
	0
18	76
	0
	0
	0
17	75
69	143
15	70
	0
	0
65	138
	0
63	136
	0
	0
	0
61	133
	0
54	124
	0
	0
	0
	0
	0
47	116
	0
46	115
	0
	0
	0
43	110
	0
	0
	0
	0
	0
	0
32	97
	0
	0
	0
29	93
	0

Champion	
Points Rank	Total Points
27	90
	0
	0
25	86
	0
22	82
	0
19	78
	0
	0
16	71
14	68

Champion	
Points Rank	Total Points
100	200
85	171
97	194
98	196
94	187
95	188
91	182
84	170
86	173
87	174
83	166
81	160
78	154
80	158
82	163
77	151
	0
75	147
74	141
73	137
99	198
96	191
	0
93	185
92	184
90	181
89	178
88	175
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
79	156
	0
	0
76	149
	0
	0

Champion	
Points Rank	Total Points
100	200
99	178
	0

Champion	
Points Rank	Total Points
100	200
96	176
91	164
94	170
92	166
	0
87	156
82	140
	0
	0
99	191
	0
98	186
	0
	0
97	178
	0
	0
	0
95	173
	0
93	168
	0
	0
90	163
	0
89	160
	0
88	158
	0
86	154
85	152
	0
84	149
	0
	0
83	146
	0
	0
	0

Champion	
Points Rank	Total Points
100	200
99	195
98	190
94	178
	0
95	179
96	181
87	166
92	173
88	167
81	158
	0
85	164
80	157
91	172
69	142
77	153
66	139
89	168
65	138
44	114
90	170
70	144
67	140
72	146
24	90
45	116
40	110
34	103
63	136
60	132
57	129
55	127
8	70
68	141
73	147
56	128
21	86
	0
46	117
41	111
52	124
	0
42	112

Champion	
Points Rank	Total Points
	0
12	75
33	101
	0
20	85
50	121
	0
26	92
17	82
97	189
53	125
29	96
7	69
3	64
	0
	0
	0
93	175
	0
	0
	0
18	83
	0
13	77
19	84
	0
	0
	0
86	165
23	89
84	162
83	161
	0
82	160
	0
	0
	0
14	78
79	156
	0
78	154
	0
5	67

Champion	
Points Rank	Total Points
76	151
75	149
74	148
	0
71	145
	0
	0
	0
	0
	0
	0
64	137
62	134
61	133
	0
59	131
58	130
	57
	0
	0
	0
54	126
10	73
	0
	0
51	122
	0
49	120
48	119
	0
	0
47	118
	0
	0
	0
	0
43	113
	0
	60
	0
	0
39	108

Champion	
Points Rank	Total Points
	0
38	107
	0
37	106
	0
36	105
	0
35	104
	0
32	100
	0
31	99
	0
	0
30	97
	0
	0
	0
28	95
	0
	0
	0
27	93
	0
	0
25	91
	0
	0
22	88
	0
	0
	0
	0
	0
16	80
	0
	0
15	79
	0
	0
	0

Champion	
Points Rank	Total Points
	0
	0
	0
11	74
	0
9	72
	0
	0
	0
6	68
	0
	0
	0
	0
4	65
2	63
	0
1	62
	0
	0
	58
	58
	57
	57
	0
	55
	54
	0
	49
	0
	0
	0

Champion	
Points Rank	Total Points
100	200
99	197
98	193
97	190
96	187
92	180
	0
	0
	0
95	185
94	184
86	172
90	178
85	171
84	169
76	159
70	152
78	162
93	182
69	151
77	160
31	107
79	163
	0
	0
80	164
73	156
64	145
71	153
61	142
75	158
67	149
58	138
54	134
66	148
63	144
48	127
21	96
60	141
56	136
51	130
35	112
39	116
32	108

Champion	
Points Rank	Total Points
62	143
46	124
33	109
55	135
22	97
	0
27	103
	73
45	123
24	99
38	115
36	113
43	120
40	117
	0
7	81
44	122
41	118
37	114
23	98
47	125
14	88
	0
9	83
	65
13	87
17	91
19	94
	0
42	119
	0
	0
11	85
	0
	0
5	78
3	76
	0
	72
91	179
	65
89	176
88	175
8	82

Champion	
Points Rank	Total Points
	68
	0
87	173
	0
	0
	71
	0
83	168
	0
82	167
20	95
	0
81	166
	70
	71
	69
1	74
	0
	71
	69
74	157
12	86
72	154
10	84
	0
68	150
	69
	67
	0
6	79
65	146
	68
	0
	72
	69
	64
	62
	0
	71
	71
	71
	69
	68

Champion	
Points Rank	Total Points
	71
	71
	70
	69
	69
59	139
	68
57	137
	70
	69
	0
	68
	65
	0
	0
	68
	67
	0
	70
	65
	64
	0
	63
	0
53	132
	66
	64
	63
	0
52	131
	69
	67
	67
	67
	66
	65
	65
	62
	72
	69
	66
50	129
	0
	0

Champion	
Points Rank	Total Points
49	128
	0
	65
	62
	0
	0
	68
	66
	65
	64
	58
	64
	63
	56
	63
	63
	57
	68
	61
	60
	0
	0
	61
	61
	60
	0
	59
	0
	0
	0
	68
	66
	62
	59
	56
	0
	0
	0
	58
	0
	57
34	110
	52
	0

Champion	
Points Rank	Total Points
	0
	0
30	106
29	105
	48
	0
28	104
	0
26	101
	0
25	100
	0
	0
	0
18	93
	0
16	90
	0
15	89
	0
	0
	0
	0
	0
	0
	0
4	77
2	75
	73
	73
	73
	73
	73
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	72
	0
	71

Champion	
Points Rank	Total Points
	71
	71
	71
	71
	71
	71
	71
	0
	0
	70
	70
	0
	0
	69
	69
	69
	0
	68
	0
	0
	67
	67
	67
	67
	67
	0
	0
	66
	66
	66
	66
	66
	0
	0
	0
	0
	0
	0
	0
	65
	65
	65
	65
	65
	0

Champion	
Points Rank	Total Points
	0
	0
	0
	0
	0
	0
	64
	64
	64
	64
	64
	64
	64
	64
	64
	0
	0
	0
	63
	63
	63
	63
	0
	0
	0
	0
	62
	62
	62
	0
	0
	0
	0
	0
	0
	0
	0
	61
	61
	0
	0
	60
	60
	60
	0

Points Rank	Total Points
	0
	0
	0
	0
	0
	0
	58
	58
	0
	0
	0
	0
	0
	57
	57
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0
	53
	0
	52
	0
	0
	0
	0
	0
	0
	0
	0
	0
	0

Champion	
Points Rank	Total Points
100	200
99	197
93	185
97	191
95	189
98	193
89	178
	0
84	170
	0
90	181
45	122
81	167
85	173
	0
	0
82	168
79	163
80	165
72	154
	0
78	162
	0
64	145
76	158
66	147
54	132
	0
59	138
70	152
74	156
61	141
56	135
	0
65	146
68	149
62	142
60	140
48	125
71	153
47	124
55	133
9	82
37	113

Champion	
Points Rank	Total Points
49	126
32	107
30	105
20	94
53	131
27	102
21	95
	0
51	129
50	127
39	115
38	114
5	77
3	75
	67
16	90
31	106
	71
	70
1	73
11	84
	0
	0
26	101
	69
96	190
	0
6	79
	68
	0
	0
94	186
	69
92	183
91	182
	0
88	177
	68
87	175
86	174
	64
	0
8	81
	0

Champion	
Points Rank	Total Points
83	169
	71
	70
	0
	72
	69
	70
12	85
	70
	0
77	161
4	76
75	157
	0
73	155
	71
13	87
	0
	70
	0
69	150
67	148
	0
	67
	0
63	144
	0
	69
	67
	66
	0
	0
58	137
	68
57	136
	64
	0
	0
	0
	66
	66
	66
	0

Champion	
Points Rank	Total Points
	0
52	130
	67
	64
	0
	0
46	123
	64
44	121
	62
	0
43	120
	0
42	119
41	117
40	116
	0
	0
	0
	52
36	112
	0
	0
35	111
34	110
33	108
	0
29	104
28	103
25	100
	0
	0
24	98
23	97
22	96
19	93
18	92
17	91
	0
15	89
14	88
	0
	0

Champion	
Points Rank	Total Points
10	83
7	80
	0
2	74
	0
	0
	71
	0
	69
	0
	68
	68
	68
	68
	67
	67
	67
	67
	0
	0
	0
	66
	66
	66
	66
	0
	65
	65
	65
	0
	0
	64
	64
	0
	0
	63
	0
	62
	61
	0
	0
	59
	59
	0

Champion	
Points Rank	Total Points
	0
	0
	57
	57
	0
	0
	0
	0
	0
	0
	0

Champion	
Points Rank	Total Points
100	200
99	194
98	187
97	179
	0
95	173
92	167
89	159
	0
	0
	0
96	178
	0
	0
94	171
93	168
91	163
	0
	0
90	161
	0
	0
	0
88	153
87	147
86	137

Champion	
Points Rank	Total Points
100	200
98	193
97	187
	0
84	155
86	160
	0
	0
	0
99	194
	0
	0
	0
96	184
	0
	0
95	177
	0
	0
94	176
	0
93	173
	0
	0
92	171
91	169
	0
90	167
89	166
	0
	0
88	163
87	161
	0
	0
85	159
	0
	0
	0
83	154
82	153
	0
	0
81	150

Champion	
Points Rank	Total Points
80	148
	0
	0
	0
79	146
	0
	0
78	144
	0
77	140
	0
76	138
	0
75	137
74	136
	0
73	133
72	132
	0
71	129
70	128
69	127
	0
	0
	0
68	117