

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Female	1	0078	Tia	Roberts	57	40-49	1	0:12:51	5	0:01:07	18	0:35:00	6	0:01:01	16	0:13:48	1	1:03:49	100.0
Female	2	0001	Winona	Howe	72	16-19	1	0:12:25	1	0:00:53	3	0:35:42	7	0:00:58	13	0:14:54	6	1:04:54	98.3
Female	3	0098	Winnifred	Selukov	76	30-39	1	0:12:51	6	0:00:57	7	0:35:58	9	0:00:53	6	0:14:23	3	1:05:04	98.1
Female	4	1092	Wendy	Wilcox	78	50-59	1	0:13:54	17	0:00:53	4	0:34:46	5	0:01:04	21	0:14:38	5	1:05:17	97.8
Female	5	0149	Fabiana	Pizzali	84	30-39	2	0:12:50	4	0:01:03	12	0:35:49	8	0:01:02	17	0:15:02	8	1:05:48	97.0
Female	6	0115	Sarah	Clark	90	30-39	3	0:13:50	15	0:01:22	51	0:34:30	4	0:01:06	26	0:15:14	11	1:06:03	96.6
Female	7	1030	Amandine	Fetaud	125	30-39	4	0:12:49	2	0:00:54	5	0:39:17	29	0:00:50	4	0:14:22	2	1:08:14	93.5
Female	8	0132	Rowena Jayne	De Belligny	131	30-39	5	0:13:24	8	0:01:05	16	0:37:20	13	0:01:19	58	0:15:12	10	1:08:22	93.3
Female	9	0053	Beatrice	Joliot	138	40-49	2	0:14:04	21	0:01:01	9	0:36:02	10	0:01:07	31	0:16:20	25	1:08:36	93.0
Female	10	0100	Victoria	Hill	140	30-39	6	0:13:25	9	0:01:20	45	0:38:11	24	0:01:18	54	0:14:29	4	1:08:45	92.8
Female	11	0057	Vanessa	Lodge	149	40-49	3	0:13:39	13	0:01:14	28	0:37:46	18	0:01:08	33	0:15:16	12	1:09:04	92.4
Female	12	0037	Judith	Clemie	160	40-49	4	0:13:55	18	0:01:05	14	0:37:41	17	0:01:15	50	0:15:47	15	1:09:44	91.5
Female	13	1071	Anne	Lavandon	164	40-49	5	0:13:58	19	0:01:23	55	0:37:31	14	0:01:19	57	0:15:37	14	1:09:49	91.4
Female	14	0122	Juliet	Otto	181	30-39	7	0:13:27	10	0:01:23	54	0:37:54	20	0:01:35	94	0:16:06	19	1:10:26	90.6
Female	15	0063	Megan	Kinder	184	40-49	6	0:15:12	38	0:01:18	39	0:36:26	11	0:01:07	30	0:16:37	27	1:10:41	90.3
Female	16	0004	Su Yin Denise	Chia	185	16-19	2	0:13:35	12	0:00:45	1	0:38:44	27	0:00:46	2	0:16:54	29	1:10:45	90.2
Female	17	1005	Yiwei	Luo	190	20-29	1	0:13:59	20	0:01:08	19	0:38:29	25	0:01:06	29	0:16:17	23	1:11:00	89.9
Female	18	0012	Elizabeth	Hodges	192	20-29	2	0:14:35	29	0:01:17	37	0:37:47	19	0:01:06	27	0:16:24	26	1:11:10	89.7
Female	19	0114	Gemma	Needham	193	30-39	8	0:13:23	7	0:01:06	17	0:40:47	42	0:00:56	9	0:15:05	9	1:11:18	89.5
Female	20	0061	Teresa Marie	Soh	196	40-49	7	0:15:01	34	0:01:13	25	0:37:57	21	0:01:05	23	0:16:06	20	1:11:23	89.4
Female	21	0033	J-Ing	Goh	201	20-29	3	0:13:29	11	0:01:10	22	0:40:27	36	0:00:48	3	0:15:51	17	1:11:48	88.9
Female	22	0046	Natalie	Anderson	212	40-49	8	0:14:42	31	0:01:11	23	0:37:38	16	0:01:19	60	0:17:19	36	1:12:10	88.4
Female	23	0007	Ling Zhi Grace	Wee	213	20-29	4	0:13:46	14	0:01:34	79	0:39:01	28	0:01:30	85	0:16:18	24	1:12:10	88.4
Female	24	0135	Petra	Schuler	218	30-39	9	0:14:29	26	0:01:01	8	0:38:42	26	0:00:54	7	0:17:15	35	1:12:21	88.2
Female	25	0045	Belinda	Sircombe-Jellett	227	40-49	9	0:14:19	24	0:01:14	27	0:39:55	33	0:00:56	11	0:16:16	22	1:12:42	87.8
Female	26	0136	Alice	Mckay	233	30-39	10	0:12:50	3	0:01:23	56	0:42:02	56	0:01:37	102	0:15:02	7	1:12:56	87.5
Female	27	1003	Thaddea	Chua	236	16-19	3	0:13:52	16	0:00:52	2	0:40:55	44	0:00:42	1	0:16:49	28	1:13:12	87.2
Female	28	0059	Pel Nam	Low	239	40-49	10	0:14:54	32	0:00:54	6	0:39:43	32	0:00:51	5	0:17:01	32	1:13:25	86.9
Female	29	0065	Megan	Gray	243	40-49	11	0:14:22	25	0:01:15	31	0:40:40	40	0:01:09	37	0:16:11	21	1:13:39	86.6
Female	30	0090	Ruth	Stubbs	259	40-49	12	0:15:47	48	0:01:27	64	0:36:53	12	0:01:29	83	0:18:33	56	1:14:11	86.0
Female	31	1018	Nina	Pearse - Hawkins	274	20-29	5	0:14:36	30	0:01:36	87	0:41:16	48	0:01:41	105	0:15:47	16	1:14:58	85.1
Female	32	1009	Claire	Davis	284	20-29	6	0:14:11	22	0:01:33	75	0:41:15	47	0:01:04	22	0:17:10	33	1:15:15	84.8
Female	33	0108	Joanna	Morris	303	30-39	11	0:15:50	52	0:01:20	41	0:39:22	30	0:01:06	28	0:18:22	49	1:16:01	84.0
Female	34	1029	Theresa	Hudson	304	30-39	12	0:16:09	58	0:02:08	129	0:38:11	23	0:01:31	86	0:18:02	45	1:16:02	83.9
Female	35	0112	Rebecca	Lewis	307	30-39	13	0:15:31	45	0:01:05	15	0:40:03	34	0:01:08	34	0:18:19	46	1:16:08	83.8
Female	36	1080	Kim Eileen	Faure	308	40-49	13	0:15:05	36	0:01:28	68	0:37:36	15	0:01:42	106	0:20:17	86	1:16:10	83.8
Female	37	0047	Judy	Harman	328	40-49	14	0:15:15	39	0:01:41	100	0:40:39	39	0:01:25	75	0:17:52	41	1:16:54	83.0
Female	38	0110	Chin	Shi Yin	329	30-39	14	0:17:26	92	0:01:35	84	0:38:09	22	0:01:23	68	0:18:22	48	1:16:57	82.9
Female	39	0075	Geok Pheng	Tan	342	40-49	15	0:14:30	27	0:01:25	60	0:44:28	74	0:01:40	104	0:15:19	13	1:17:22	82.5
Female	40	0086	Emma Louise	Jeffery	344	40-49	16	0:15:34	46	0:01:14	29	0:41:26	49	0:01:15	49	0:17:54	42	1:17:24	82.5
Female	41	0016	Helen	Cooke	346	20-29	7	0:15:48	50	0:01:34	80	0:40:37	37	0:01:36	99	0:17:49	39	1:17:27	82.4
Female	42	0040	Khoon Hsing	Ling	379	40-49	17	0:16:06	57	0:01:37	92	0:40:50	43	0:01:25	74	0:18:31	54	1:18:29	81.3
Female	43	0022	Elaine	Gallacher	382	20-29	8	0:15:07	37	0:02:00	120	0:41:54	54	0:01:36	97	0:17:51	40	1:18:30	81.3
Female	44	0095	Lara	Boyd	384	30-39	15	0:15:01	33	0:01:32	74	0:42:06	58	0:01:13	44	0:18:43	58	1:18:37	81.2

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Gender		Race		Total	Category			Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Female	45	0056	Maureen	Thomson	389	40-49	18	0:15:47	49	0:01:38	94	0:41:05	45	0:01:46	112	0:18:27	51	1:18:44	81.1
Female	46	0113	Pauline	Chong	390	30-39	16	0:15:23	41	0:02:07	127	0:40:06	35	0:01:30	84	0:19:37	74	1:18:46	81.0
Female	47	0147	Amanda	Barros	391	30-39	17	0:14:32	28	0:01:24	59	0:44:54	77	0:01:00	14	0:16:55	30	1:18:47	81.0
Female	48	0096	Meredith	Overbury	418	30-39	18	0:17:02	81	0:01:28	66	0:41:33	52	0:01:15	48	0:18:28	53	1:19:47	80.0
Female	49	0060	Lina	Yeo	420	40-49	19	0:15:29	43	0:01:41	99	0:42:51	63	0:01:20	62	0:18:27	52	1:19:50	79.9
Female	50	0009	Gemma	Wolfe	423	20-29	9	0:15:23	40	0:01:22	47	0:43:03	66	0:01:19	56	0:18:54	62	1:20:02	79.7
Female	51	1086	Poh Kuan	Toh	427	40-49	20	0:16:39	75	0:01:14	30	0:41:13	46	0:00:58	12	0:20:00	80	1:20:05	79.7
Female	52	1041	Melissa	Baron	434	30-39	19	0:15:02	35	0:01:35	86	0:42:40	62	0:01:25	76	0:19:40	76	1:20:24	79.4
Female	53	0027	Shi Qi Veronica	Tang	435	20-29	10	0:16:13	61	0:01:59	118	0:40:41	41	0:01:27	81	0:20:02	83	1:20:25	79.4
Female	54	0070	Louise	Sarup	440	40-49	21	0:16:25	72	0:01:45	104	0:41:55	55	0:01:20	63	0:19:18	65	1:20:45	79.0
Female	55	0076	Louisa	Gregory	441	40-49	22	0:16:36	74	0:01:59	117	0:42:56	65	0:01:33	90	0:17:44	38	1:20:49	79.0
Female	56	0085	Audrey	Gentry	446	50-59	2	0:17:38	98	0:01:16	36	0:41:29	50	0:01:24	72	0:19:21	66	1:21:09	78.6
Female	57	0042	Lee Lian	Ang	452	40-49	23	0:16:24	71	0:01:52	110	0:43:10	67	0:01:19	55	0:18:50	61	1:21:36	78.2
Female	58	1056	Carolyn	Levin	464	30-39	20	0:16:04	56	0:01:50	108	0:41:30	51	0:01:19	59	0:21:11	96	1:21:56	77.9
Female	59	0029	Gin Ni	Chan	470	20-29	11	0:16:23	70	0:01:36	90	0:43:39	69	0:01:09	36	0:19:22	67	1:22:11	77.7
Female	60	1094	Ellen Dee	Smith	471	60+	1	0:15:30	44	0:01:02	10	0:46:28	87	0:01:12	42	0:17:59	44	1:22:13	77.6
Female	61	0083	Caryn	Dawson	476	50-59	3	0:17:13	89	0:01:58	116	0:41:48	53	0:01:57	126	0:19:28	71	1:22:25	77.4
Female	62	1089	Karen	Taylor	488	40-49	24	0:16:22	68	0:01:16	35	0:43:40	70	0:01:14	46	0:20:14	85	1:22:47	77.1
Female	63	1091	Sian	Brook Gillies	492	50-59	4	0:15:54	53	0:01:08	20	0:46:57	90	0:01:21	67	0:17:35	37	1:22:57	76.9
Female	64	1039	Deirdre	Sim	493	30-39	21	0:17:31	96	0:01:35	85	0:42:27	60	0:01:21	64	0:20:02	84	1:22:58	76.9
Female	65	1084	Susie	Nesbitt	495	40-49	25	0:14:13	23	0:01:16	34	0:49:20	105	0:01:05	25	0:17:13	34	1:23:08	76.8
Female	66	0084	Debra	Hampton	499	50-59	5	0:17:43	102	0:01:16	33	0:42:26	59	0:01:18	52	0:20:39	91	1:23:22	76.5
Female	67	1083	Yukari	Takesawa	502	40-49	26	0:16:55	78	0:02:10	131	0:44:39	76	0:01:18	53	0:18:24	50	1:23:28	76.5
Female	68	1011	Carly	Pearl	503	20-29	12	0:16:42	77	0:01:03	13	0:46:10	84	0:00:56	10	0:18:48	59	1:23:41	76.3
Female	69	0146	Lena	Brantmark	509	30-39	22	0:16:22	69	0:01:20	43	0:45:40	81	0:01:03	18	0:19:25	69	1:23:51	76.1
Female	70	0062	Alexandra	Collingridge	513	40-49	27	0:15:58	54	0:01:34	78	0:46:53	89	0:01:13	43	0:18:21	47	1:24:00	76.0
Female	71	1073	Karen	Fallon	515	40-49	28	0:16:56	79	0:01:22	50	0:44:27	73	0:01:26	77	0:19:52	78	1:24:05	75.9
Female	72	0032	Xin Yin	Chin	516	20-29	13	0:17:26	93	0:02:42	145	0:40:38	38	0:01:57	125	0:21:21	100	1:24:06	75.9
Female	73	0048	Eleonora	Ghivarello	534	40-49	29	0:17:28	94	0:01:44	103	0:43:42	71	0:01:40	103	0:20:23	88	1:24:58	75.1
Female	74	0087	Claire	Leetham	535	40-49	30	0:18:05	107	0:01:27	63	0:39:32	31	0:01:45	109	0:24:14	121	1:25:05	75.0
Female	75	0131	Jasmine	Tan	536	30-39	23	0:17:41	99	0:01:08	21	0:42:38	61	0:01:04	19	0:22:38	111	1:25:11	74.9
Female	76	0120	Sonoko	Mamiya	546	30-39	24	0:16:19	67	0:01:38	95	0:45:01	79	0:01:55	123	0:20:45	92	1:25:40	74.5
Female	77	0002	Fiona	Toh	561	16-19	4	0:17:34	97	0:02:29	138	0:42:03	57	0:02:06	132	0:22:13	104	1:26:28	73.8
Female	78	1058	Alison Marion	Snodgrass	562	30-39	25	0:16:01	55	0:01:03	11	0:51:32	119	0:00:55	8	0:16:59	31	1:26:31	73.8
Female	79	0030	Marianne	Wong	563	20-29	14	0:17:09	87	0:01:33	76	0:47:47	94	0:01:33	89	0:18:32	55	1:26:37	73.7
Female	80	1012	Cheryl May Guzman	Ng	566	20-29	15	0:18:38	116	0:02:24	137	0:43:17	68	0:01:51	120	0:20:39	89	1:26:51	73.5
Female	81	0051	Ah Hong	Sng	571	40-49	31	0:18:01	106	0:02:32	141	0:42:53	64	0:02:12	137	0:21:18	97	1:26:58	73.4
Female	82	0055	Helen Elizabeth	Soulsby	574	40-49	32	0:16:57	80	0:01:27	65	0:47:49	95	0:01:14	47	0:19:33	73	1:27:03	73.3
Female	83	0118	Helen Bonny	Morris	583	30-39	26	0:17:08	86	0:01:13	26	0:48:27	98	0:01:04	20	0:19:38	75	1:27:31	72.9
Female	84	1036	Kamun	Cheong	585	30-39	27	0:16:16	63	0:01:53	111	0:48:34	100	0:01:37	101	0:19:14	64	1:27:36	72.9
Female	85	0148	Siti Nurhidayati	Mohd Said	592	30-39	28	0:17:06	84	0:01:42	102	0:47:42	93	0:01:34	92	0:19:53	79	1:27:58	72.5
Female	86	1016	Renette	Thom	595	20-29	16	0:17:42	101	0:01:24	58	0:46:15	86	0:01:11	40	0:21:37	102	1:28:11	72.4
Female	87	0023	Julianne	Webster	596	20-29	17	0:16:41	76	0:01:20	42	0:48:45	101	0:01:10	39	0:20:19	87	1:28:17	72.3
Female	88	0079	Nicola	Quinn	601	40-49	33	0:18:28	112	0:01:30	71	0:45:37	80	0:01:49	115	0:21:20	99	1:28:47	71.9

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Gender		Race		Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Female	89	1081	Suzanne	Sweerman	605	40-49	34	0:17:03	82	0:01:19	40	0:48:22	97	0:01:26	79	0:20:50	93	1:29:02	71.7
Female	90	1079	Lucy Tarina	Lee	613	40-49	35	0:17:30	95	0:01:55	115	0:47:07	91	0:01:26	78	0:21:54	103	1:29:54	71.0
Female	91	1065	Foong Har	Moo	616	30-39	29	0:18:34	115	0:01:36	88	0:46:00	82	0:01:36	95	0:22:21	106	1:30:09	70.8
Female	92	0137	Amelia Justina	Lim	620	30-39	30	0:16:33	73	0:01:34	81	0:49:42	110	0:01:43	108	0:20:59	95	1:30:33	70.5
Female	93	0080	Joanna	Barron	624	40-49	36	0:16:12	59	0:01:28	67	0:52:16	122	0:01:26	80	0:19:26	70	1:30:49	70.3
Female	94	0021	Elaine	Young	625	20-29	18	0:15:25	42	0:01:33	77	0:53:29	126	0:01:35	93	0:18:48	60	1:30:52	70.2
Female	95	0014	Lee Yoong	Ch Ng	626	20-29	19	0:17:04	83	0:01:40	97	0:52:05	120	0:01:11	41	0:18:54	63	1:30:56	70.2
Female	96	0082	Elizabeth Jane	Greenwood	627	50-59	6	0:16:13	60	0:01:15	32	0:49:35	108	0:01:24	70	0:22:35	110	1:31:03	70.1
Female	97	0017	Christina	Raplinger	631	20-29	20	0:15:38	47	0:01:22	48	0:55:02	132	0:01:10	38	0:17:56	43	1:31:10	70.0
Female	98	0107	Geraldine	Tey	633	30-39	31	0:19:12	122	0:01:55	113	0:44:37	75	0:02:36	142	0:22:57	112	1:31:20	69.9
Female	99	0081	Diana	Fox	638	50-59	7	0:17:17	90	0:02:04	124	0:50:33	114	0:02:07	133	0:19:51	77	1:31:53	69.5
Female	100	0099	Adriana	Viejo	640	30-39	32	0:16:18	66	0:01:30	70	0:54:16	129	0:01:17	51	0:18:34	57	1:31:57	69.4
Female	101	0141	Dilmini	Kalambaarachchi	644	30-39	33	0:19:20	124	0:01:50	109	0:50:11	113	0:01:24	71	0:19:22	68	1:32:08	69.3
Female	102	1026	Low Lin Da Haslinda	Low Bte Roslan	647	30-39	34	0:18:22	109	0:02:08	128	0:44:57	78	0:01:50	118	0:25:06	130	1:32:25	69.1
Female	103	1023	Alicia	Chia	649	30-39	35	0:18:40	117	0:01:29	69	0:51:28	118	0:01:09	35	0:20:01	82	1:32:48	68.8
Female	104	0052	Jane	Barron	651	40-49	37	0:19:38	129	0:01:25	61	0:49:32	107	0:01:33	88	0:20:39	90	1:32:49	68.8
Female	105	1082	Vanessa	Bossino	653	40-49	38	0:18:25	110	0:01:31	73	0:48:02	96	0:01:47	113	0:23:19	115	1:33:06	68.5
Female	106	0140	Maelle Marie	Ternot	655	30-39	36	0:18:47	118	0:02:22	136	0:46:04	83	0:01:50	116	0:24:08	120	1:33:12	68.5
Female	107	0102	Teik Sim	Chan	658	30-39	37	0:19:06	121	0:02:00	121	0:46:13	85	0:01:53	121	0:24:23	124	1:33:37	68.2
Female	108	1019	Danielle	Nesbitt	659	20-29	21	0:19:18	123	0:01:21	46	0:47:27	92	0:01:28	82	0:24:02	119	1:33:38	68.2
Female	109	1044	May Ling Yvonne	Low	660	30-39	38	0:18:09	108	0:02:04	125	0:51:06	116	0:01:24	73	0:20:56	94	1:33:41	68.1
Female	110	1008	Jennifer	Macapagal	661	20-29	22	0:17:48	103	0:01:20	44	0:48:30	99	0:01:21	65	0:24:47	129	1:33:47	68.0
Female	111	0116	Sunita	Mudeliar	666	30-39	39	0:19:55	131	0:01:22	53	0:49:09	103	0:01:33	91	0:22:28	109	1:34:29	67.5
Female	112	0015	Janlex	Tan	668	20-29	23	0:20:47	135	0:02:06	126	0:44:17	72	0:01:51	119	0:25:41	132	1:34:43	67.4
Female	113	1014	Nadhirah	Ahmad Naser	672	20-29	24	0:17:51	104	0:02:20	134	0:49:53	111	0:01:20	61	0:23:55	117	1:35:21	66.9
Female	114	1025	Sze Sze	Ong	674	30-39	40	0:17:18	91	0:01:36	89	0:49:17	104	0:02:02	129	0:25:16	131	1:35:32	66.8
Female	115	1028	Keryn	Zambrowski	677	30-39	41	0:18:52	119	0:01:23	57	0:52:14	121	0:01:07	32	0:22:28	108	1:36:06	66.4
Female	116	1017	Catherine	Tannos	682	20-29	25	0:19:04	120	0:01:31	72	0:53:08	125	0:01:23	69	0:21:18	98	1:36:26	66.2
Female	117	1077	Catherine	Yohn	691	40-49	39	0:19:47	130	0:01:55	114	0:49:25	106	0:02:23	141	0:24:00	118	1:37:32	65.4
Female	118	1006	Jennifer	Lien	693	20-29	26	0:17:10	88	0:01:22	52	0:58:51	143	0:01:01	15	0:19:28	72	1:37:54	65.2
Female	119	0130	Victoria	Alexander	699	30-39	42	0:17:52	105	0:01:26	62	0:58:00	141	0:01:05	24	0:20:00	81	1:38:25	64.8
Female	120	1004	Norsafinaz	Samsudin	708	20-29	27	0:19:31	127	0:03:03	146	0:46:36	88	0:06:39	145	0:24:15	123	1:40:05	63.8
Female	121	1043	Zahrina	Abdullah	709	30-39	43	0:19:32	128	0:03:04	147	0:51:09	117	0:02:03	131	0:24:14	122	1:40:05	63.8
Female	122	1060	Yoko	Jane	711	30-39	44	0:15:49	51	0:01:49	107	0:56:00	136	0:02:00	127	0:24:41	127	1:40:21	63.6
Female	123	1040	Junainah	Binte Mohamed Eusuff	712	30-39	45	0:21:26	139	0:02:21	135	0:48:59	102	0:01:45	110	0:25:48	134	1:40:21	63.6
Female	124	1051	Li Ling Sarah	Ee	715	30-39	46	0:18:29	113	0:02:29	139	0:55:52	135	0:02:03	130	0:21:36	101	1:40:30	63.5
Female	125	1048	Charlene	Fang	726	30-39	47	0:21:30	140	0:01:34	82	0:50:00	112	0:01:13	45	0:27:56	138	1:42:16	62.4
Female	126	1093	Veronica	Mccann	727	50-59	8	0:17:41	100	0:01:11	24	0:59:58	144	0:01:21	66	0:22:16	105	1:42:29	62.3
Female	127	1031	Xing	Ji	728	30-39	48	0:17:06	85	0:02:32	140	0:55:32	133	0:01:45	111	0:25:53	135	1:42:49	62.1
Female	128	0011	Shirlene Nepacina	Liew	729	20-29	28	0:22:19	142	0:03:09	148	0:50:41	115	0:02:13	138	0:24:26	126	1:42:50	62.1
Female	129	1173	Lay Hong	Pang	732	20-29	29	0:21:32	141	0:02:09	130	0:52:19	123	0:01:50	117	0:25:45	133	1:43:37	61.6
Female	130	1034	G6202059N	Polestico	733	30-39	49	0:19:27	126	0:01:37	93	0:57:22	139	0:01:43	107	0:23:35	116	1:43:46	61.5
Female	131	1078	Elisabeth	Low	734	40-49	40	0:20:30	132	0:01:41	101	0:54:50	130	0:02:09	135	0:24:43	128	1:43:55	61.4
Female	132	0024	Xinyi	Lim	737	20-29	30	0:20:44	134	0:01:46	105	0:54:59	131	0:04:03	144	0:23:09	114	1:44:44	60.9

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Female	133	1055	Aurelia Irina	Miu	739	30-39	50	0:20:37	133	0:01:18	38	0:53:06	124	0:01:54	122	0:28:04	139	1:45:01	60.8
Female	134	0119	Schmoker	Claire	740	30-39	51	0:20:54	136	0:01:22	49	0:54:01	128	0:01:37	100	0:27:34	137	1:45:30	60.5
Female	135	0073	Lene	Ho	745	40-49	41	0:19:25	125	0:02:40	144	0:57:40	140	0:02:08	134	0:24:25	125	1:46:20	60.0
Female	136	1075	Christine Joy	Vargas	747	40-49	42	0:21:05	137	0:01:41	98	0:53:39	127	0:02:15	139	0:28:41	142	1:47:22	59.4
Female	137	1063	Jack	Chan	751	30-39	52	0:21:19	138	0:02:00	119	0:56:51	137	0:02:01	128	0:26:45	136	1:48:58	58.6
Female	138	1067	Lillian	Wang	753	40-49	43	0:22:31	143	0:01:35	83	0:57:07	138	0:01:36	96	0:28:23	141	1:51:13	57.4
Female	139	0134	Kavita	Rajput	756	30-39	53	0:18:33	114	0:01:55	112	1:01:10	145	0:02:17	140	0:28:13	140	1:52:10	56.9
Female	140	0028	Huifang	Chen	758	20-29	31	0:24:43	148	0:02:16	133	0:55:49	134	0:02:10	136	0:29:38	143	1:54:39	55.7
Female	141	0044	Hwee Mian Doreen	Go	762	40-49	44	0:22:50	145	0:02:37	143	0:58:04	142	0:01:48	114	0:33:18	145	1:58:38	53.8
Female	142	1024	Willyn	Goh	765	30-39	54	0:22:42	144	0:01:48	106	1:03:52	146	0:01:36	98	0:30:05	144	2:00:05	53.1
Female		1070	Jeynelle	Lee		40-49		0:16:17	64	0:02:03	123	0:28:18	3	0:01:57	124	0:16:01	18	1:04:37	
Female		1062	Ee Wei Ling Rachel	Ee		30-39		0:23:38	147	0:02:01	122	1:12:59	147						
Female		1032	Ee Swee Li Marlene	Ee		30-39		0:23:02	146	0:02:34	142								
Female		1307	Rohani Binte	Mohamed Ibrahim		30-39		0:16:14	62	0:01:37	91	0:21:24	1	0:01:31	87	0:22:22	107	1:03:10	
Female		0117	Jody	Perkins		30-39		0:16:17	65	0:02:11	132	0:23:40	2	0:03:46	143	0:23:07	113	1:09:03	
Female		0151	Annalissa	Devos		30-39		0:18:26	111	0:01:39	96	0:49:39	109						

# Result Sprint Duathlon - by Gender

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	1	0334	Arnaud	Selukov	1	40-49	1	0:10:14	2	0:00:38	13	0:30:16	11	0:00:41	31	0:12:39	16	0:54:29	100.0
Male	2	0176	James	Middleditch	2	40-49	2	0:10:39	8	0:00:55	124	0:30:32	12	0:00:50	88	0:12:04	5	0:55:01	99.0
Male	3	0384	Aj	Anderson	3	30-39	1	0:10:25	3	0:00:41	20	0:32:26	22	0:00:50	91	0:11:09	1	0:55:32	98.1
Male	4	1192	Gen Lin	Foo	4	30-39	2	0:10:05	1	0:00:37	9	0:32:52	29	0:00:39	26	0:11:39	2	0:55:54	97.5
Male	5	0616	Dex	Cheong	5	20-29	1	0:10:40	10	0:00:32	1	0:32:21	20	0:00:36	11	0:12:05	6	0:56:16	96.8
Male	6	1477	Timothy	Kelsall	6	30-39	3	0:10:39	9	0:00:59	157	0:32:39	26	0:00:53	117	0:11:48	4	0:56:59	95.6
Male	7	0444	Clifford	Scott	7	30-39	4	0:10:33	5	0:00:38	14	0:33:12	35	0:00:41	30	0:12:21	10	0:57:27	94.8
Male	8	1108	Rikigoro	Shinozuka	8	16-19	1	0:10:34	6	0:00:44	39	0:33:10	34	0:00:49	86	0:12:09	7	0:57:28	94.8
Male	9	0435	Derek	Li	9	30-39	5	0:10:58	14	0:00:48	63	0:32:38	25	0:00:48	77	0:12:22	12	0:57:35	94.6
Male	10	0301	Ned	Phillips	10	40-49	3	0:10:56	12	0:00:53	98	0:32:32	24	0:00:49	85	0:12:42	17	0:57:54	94.1
Male	11	0206	Kyle	Williams	11	40-49	4	0:10:52	11	0:00:42	31	0:33:06	31	0:00:38	19	0:13:03	22	0:58:23	93.3
Male	12	0631	Jeremy	Snoad	12	50-59	1	0:12:01	50	0:00:48	70	0:32:06	18	0:00:47	70	0:12:53	19	0:58:38	92.9
Male	13	0330	Richard	Waddington	13	40-49	5	0:11:15	22	0:00:43	34	0:33:08	33	0:01:01	181	0:12:33	15	0:58:41	92.8
Male	14	0386	Sylvain	Labattu	14	30-39	6	0:11:11	19	0:00:43	36	0:33:33	37	0:00:37	12	0:12:44	18	0:58:49	92.6
Male	15	1228	Timothy	Cosulich	15	30-39	7	0:11:44	36	0:00:51	91	0:32:21	21	0:00:45	58	0:13:14	23	0:58:57	92.4
Male	16	0647	Gavin	Mortlock	16	50-59	2	0:12:02	51	0:00:47	57	0:32:06	17	0:00:43	47	0:13:23	27	0:59:02	92.3
Male	17	0351	Alan	Grant	17	40-49	6	0:11:56	44	0:01:10	245	0:30:53	13	0:01:02	193	0:14:10	52	0:59:13	92.0
Male	18	1138	Ng	Zhaomu	18	20-29	2	0:11:39	33	0:00:41	23	0:34:19	58	0:00:48	74	0:11:47	3	0:59:15	92.0
Male	19	0238	Stefan	Leijdekkers	19	40-49	7	0:11:57	45	0:00:43	33	0:31:40	14	0:00:43	43	0:14:21	59	0:59:25	91.7
Male	20	1105	Bret	Izzo	20	16-19	2	0:10:30	4	0:00:41	19	0:35:01	82	0:00:59	166	0:12:20	9	0:59:32	91.5
Male	21	0577	Francis	Tan	21	20-29	3	0:11:44	37	0:00:38	12	0:31:57	15	0:01:01	190	0:14:14	57	0:59:35	91.4
Male	22	0352	Jan	Zastera	22	40-49	8	0:11:54	42	0:00:51	89	0:32:48	27	0:00:44	50	0:13:33	31	0:59:51	91.0
Male	23	1111	Shern Mun Benedict J	Lee	23	16-19	3	0:11:12	20	0:01:08	232	0:32:00	16	0:00:52	110	0:14:49	78	1:00:04	90.7
Male	24	0385	James	Clark	24	30-39	8	0:11:54	43	0:00:58	149	0:33:07	32	0:00:43	44	0:13:39	33	1:00:22	90.3
Male	25	0377	Philip	Le Pelley	25	30-39	9	0:12:31	77	0:00:34	2	0:32:11	19	0:00:34	4	0:14:48	77	1:00:40	89.8
Male	26	1135	Bi'ao Brandon	Tung	26	20-29	4	0:11:33	30	0:00:41	22	0:33:54	45	0:00:46	66	0:13:49	36	1:00:45	89.7
Male	27	0310	Dai	Matsui	27	40-49	9	0:12:47	92	0:00:34	3	0:32:32	23	0:00:41	29	0:14:11	53	1:00:47	89.6
Male	28	0602	Zhongyi Joshua	Li	28	20-29	5	0:10:36	7	0:00:35	4	0:36:41	140	0:00:38	20	0:12:25	14	1:00:56	89.4
Male	29	0188	Dean	Pearce	29	40-49	10	0:11:52	41	0:00:38	11	0:34:31	65	0:00:36	10	0:13:19	25	1:00:58	89.4
Male	30	1266	Michael	Baulch	30	30-39	10	0:11:18	25	0:00:53	100	0:34:37	69	0:00:41	33	0:13:28	28	1:00:58	89.4
Male	31	0515	Jonathan	Calver	31	30-39	11	0:11:30	28	0:00:39	16	0:34:54	80	0:00:36	8	0:13:22	26	1:01:03	89.2
Male	32	0547	Peter	Beer	32	30-39	12	0:11:32	29	0:00:45	44	0:35:09	90	0:00:44	53	0:12:55	21	1:01:07	89.1
Male	33	0466	Julien	Guienne	33	30-39	13	0:11:21	26	0:01:08	233	0:33:47	42	0:00:44	54	0:14:07	49	1:01:09	89.1
Male	34	0675	Eden	Kang	34	20-29	6	0:10:58	15	0:00:42	29	0:35:47	111	0:00:39	25	0:13:16	24	1:01:24	88.7
Male	35	0549	Trent	Standen	35	30-39	14	0:12:42	89	0:00:44	37	0:32:50	28	0:00:45	57	0:14:26	61	1:01:29	88.6
Male	36	0570	Benn	Wilson	36	30-39	15	0:11:25	27	0:01:01	174	0:34:33	66	0:01:01	182	0:13:48	35	1:01:49	88.1
Male	37	0169	Colin	Ives	37	40-49	11	0:12:17	65	0:00:35	5	0:34:08	52	0:00:36	9	0:14:12	56	1:01:50	88.1
Male	38	1161	Cheng Gui	Lim	38	20-29	7	0:12:07	57	0:00:54	119	0:33:43	39	0:00:55	142	0:14:11	54	1:01:53	88.0
Male	39	0307	Dean	Campbell	39	40-49	12	0:12:22	67	0:01:04	207	0:33:49	44	0:00:48	81	0:13:57	40	1:02:03	87.8
Male	40	0312	Sante	Scartozzi	40	40-49	13	0:11:15	23	0:00:49	80	0:35:30	102	0:00:52	111	0:13:34	32	1:02:03	87.8
Male	41	0662	Tan Zhong Ching	Tan	41	16-19	4	0:11:12	21	0:00:44	40	0:35:28	100	0:00:41	32	0:14:05	44	1:02:12	87.6
Male	42	0280	John Gregor	Tomnay	42	40-49	14	0:12:13	61	0:00:36	8	0:33:48	43	0:00:43	46	0:14:59	85	1:02:21	87.4
Male	43	0476	Johan	Dulat	43	30-39	16	0:12:06	56	0:00:47	61	0:34:30	63	0:00:50	93	0:14:08	50	1:02:24	87.3
Male	44	0419	Daryl	Chan	44	30-39	17	0:12:18	66	0:00:44	42	0:33:34	38	0:00:39	22	0:15:07	89	1:02:25	87.3

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category			Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	45	0398	Patrik	Pizzali	45	30-39	18	0:11:36	32	0:01:07	223	0:34:52	77	0:00:52	112	0:14:01	42	1:02:31	87.2
Male	46	0542	Andrew	Ward Curran	46	30-39	19	0:12:17	64	0:00:45	43	0:34:39	70	0:00:42	35	0:14:17	58	1:02:41	86.9
Male	47	0186	Robert	Flynn	47	40-49	15	0:13:28	145	0:00:38	15	0:33:55	48	0:00:37	17	0:14:02	43	1:02:43	86.9
Male	48	1207	Kenneth	Gan	48	30-39	20	0:12:41	87	0:00:50	82	0:32:54	30	0:00:52	104	0:15:35	115	1:02:54	86.6
Male	49	0676	Dwayne	Stewart	49	20-29	8	0:12:23	68	0:00:40	17	0:33:45	41	0:00:44	48	0:15:30	110	1:03:03	86.4
Male	50	0640	Joern	Lunde	50	50-59	3	0:12:33	78	0:01:15	303	0:34:28	61	0:01:00	178	0:13:47	34	1:03:05	86.4
Male	51	0556	Donald	Bain	51	30-39	21	0:11:46	40	0:00:47	59	0:34:17	55	0:00:47	68	0:15:31	111	1:03:09	86.3
Male	52	1139	Gerald	Soo	52	20-29	9	0:11:34	31	0:01:07	225	0:34:04	50	0:01:15	308	0:15:19	99	1:03:21	86.0
Male	53	0309	Martin	Reynolds	53	40-49	16	0:12:51	94	0:00:56	137	0:34:40	71	0:01:04	210	0:13:52	38	1:03:25	85.9
Male	54	1188	Enping	Cheow	54	20-29	10	0:12:02	54	0:00:58	153	0:33:55	47	0:01:07	238	0:15:28	109	1:03:32	85.8
Male	55	1437	Stephen	Blakeman	55	40-49	17	0:11:45	39	0:00:51	87	0:35:49	113	0:01:03	194	0:14:07	48	1:03:36	85.7
Male	56	0406	Daniel	Allender	56	30-39	22	0:11:17	24	0:00:35	6	0:39:09	271	0:00:27	1	0:12:17	8	1:03:47	85.4
Male	57	1334	Plichard	Christophe	58	40-49	18	0:12:13	62	0:00:42	30	0:34:44	72	0:00:42	34	0:15:27	107	1:03:50	85.4
Male	58	1246	Vijay	Gk	59	30-39	23	0:11:58	46	0:01:20	346	0:34:49	76	0:01:34	446	0:14:08	51	1:03:51	85.3
Male	59	1298	Paul	Baron	60	30-39	24	0:12:36	82	0:00:46	49	0:35:03	83	0:00:54	127	0:14:37	69	1:03:57	85.2
Male	60	0161	Po Yu	Huang	61	40-49	19	0:12:12	60	0:00:58	146	0:34:53	79	0:00:52	107	0:15:01	86	1:03:58	85.2
Male	61	0666	Tang Jing Yuan Ivan	Tang	62	16-19	5	0:12:02	52	0:00:55	125	0:36:26	125	0:00:37	16	0:14:05	45	1:04:07	85.0
Male	62	0584	Donald	Piret	63	20-29	11	0:13:32	151	0:00:55	126	0:34:45	74	0:00:54	132	0:14:00	41	1:04:08	85.0
Male	63	1168	Andy	Lordianto	64	20-29	12	0:13:34	156	0:01:03	190	0:35:10	91	0:00:54	131	0:13:30	30	1:04:13	84.8
Male	64	0607	Lemin	Liang	65	20-29	13	0:12:05	55	0:00:40	18	0:36:12	117	0:00:31	2	0:14:44	72	1:04:13	84.8
Male	65	1136	Thomas Hamilton	Chia	66	20-29	14	0:12:00	49	0:00:44	38	0:36:24	122	0:00:35	6	0:14:32	67	1:04:17	84.8
Male	66	0209	Alexander	Kolb	67	40-49	20	0:13:37	161	0:00:52	97	0:33:45	40	0:00:51	97	0:15:11	94	1:04:18	84.7
Male	67	1389	Steve	Davidson	68	40-49	21	0:12:57	107	0:01:02	187	0:34:19	57	0:01:15	314	0:14:50	80	1:04:26	84.6
Male	68	1414	Roberto	Forzese	69	40-49	22	0:12:47	91	0:01:24	380	0:34:20	60	0:01:07	236	0:14:47	76	1:04:26	84.6
Male	69	1120	Hafiz	Muhamad Bin Fe	70	20-29	15	0:11:45	38	0:01:11	256	0:35:27	99	0:01:09	261	0:15:05	87	1:04:39	84.3
Male	70	0416	David	Watson	71	30-39	25	0:12:07	58	0:01:05	210	0:37:48	196	0:00:50	92	0:12:54	20	1:04:46	84.1
Male	71	1121	Yi Heng	Chew	73	20-29	16	0:13:40	170	0:00:46	55	0:34:44	73	0:00:55	138	0:14:50	79	1:04:58	83.9
Male	72	0407	Ian	Lee	74	30-39	26	0:12:42	88	0:01:19	337	0:36:17	121	0:01:13	297	0:13:28	29	1:05:01	83.8
Male	73	1374	Javier	De La Flor	75	40-49	23	0:13:10	127	0:01:02	186	0:35:09	88	0:00:57	148	0:14:42	71	1:05:02	83.8
Male	74	0365	Marcin	Szot	77	30-39	27	0:12:55	102	0:00:57	143	0:34:19	59	0:00:57	153	0:16:05	152	1:05:15	83.5
Male	75	0195	Mark Denis	Lyons	79	40-49	24	0:12:30	76	0:00:37	10	0:34:53	78	0:00:48	72	0:16:36	182	1:05:26	83.3
Male	76	0285	Jervis	Tilly	80	40-49	25	0:13:44	176	0:00:42	28	0:35:06	87	0:00:39	27	0:15:27	108	1:05:40	83.0
Male	77	1209	Gerald	Manceau	81	30-39	28	0:12:34	80	0:01:08	231	0:36:28	128	0:01:04	206	0:14:27	62	1:05:43	82.9
Male	78	0430	Kian Chong	Tan	82	30-39	29	0:12:46	90	0:01:13	279	0:34:33	67	0:01:07	237	0:16:03	151	1:05:44	82.9
Male	79	0447	Richard	Mason	83	30-39	30	0:11:41	34	0:00:50	83	0:36:47	150	0:00:46	65	0:15:39	118	1:05:45	82.9
Male	80	1116	Faias	F Muhammad	85	16-19	6	0:12:08	59	0:00:51	93	0:36:27	127	0:00:39	21	0:15:43	125	1:05:50	82.8
Male	81	1382	Hisashi	Miyagawa	86	40-49	26	0:13:22	134	0:00:47	62	0:33:55	46	0:00:58	156	0:16:47	196	1:05:51	82.7
Male	82	1235	John Carl	Roldan	87	30-39	31	0:13:04	116	0:01:13	275	0:34:04	51	0:01:11	287	0:16:18	166	1:05:53	82.7
Male	83	1144	Muhammad Irsyad	Marican Bin Abdullah	88	20-29	17	0:13:51	182	0:01:01	175	0:34:48	75	0:01:13	300	0:14:59	84	1:05:54	82.7
Male	84	0634	David	Marren	89	50-59	4	0:12:34	79	0:00:59	159	0:35:54	114	0:01:01	184	0:15:33	112	1:06:03	82.5
Male	85	1099	Wei Zen	Chong	91	16-19	7	0:12:57	106	0:01:02	181	0:34:04	49	0:01:36	463	0:16:24	171	1:06:04	82.5
Male	86	0434	Scott	Larsen	92	30-39	32	0:12:28	72	0:00:35	7	0:35:23	96	0:00:53	125	0:16:45	195	1:06:07	82.4
Male	87	1143	Ee Loong	Lim	93	20-29	18	0:11:08	18	0:01:09	240	0:38:59	261	0:01:00	171	0:13:51	37	1:06:09	82.4
Male	88	0202	Arran	Brennan	94	40-49	27	0:13:23	136	0:00:52	96	0:37:27	177	0:00:41	28	0:14:06	46	1:06:30	81.9

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total		Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	89	1256	Choon Hong Sebastian	Teo	95	30-39	33	0:13:08	123	0:00:54	106	0:34:18	56	0:01:03	196	0:17:06	223	1:06:31	81.9
Male	90	0324	Boon Tiong	Low	96	40-49	28	0:13:38	164	0:01:17	321	0:35:09	89	0:01:36	457	0:14:56	83	1:06:38	81.8
Male	91	0212	Anthony	Barr	97	40-49	29	0:13:10	126	0:01:06	216	0:36:57	153	0:00:43	45	0:14:44	74	1:06:42	81.7
Male	92	0485	Derek	Too	98	30-39	34	0:12:56	104	0:01:00	171	0:35:24	98	0:01:38	471	0:15:45	131	1:06:45	81.6
Male	93	0361	Recordon	Simon	99	30-39	35	0:11:42	35	0:01:27	401	0:36:41	141	0:01:40	486	0:15:14	96	1:06:46	81.6
Male	94	0392	Simon	Jones	100	30-39	36	0:12:00	48	0:01:11	259	0:37:52	199	0:01:03	202	0:14:39	70	1:06:47	81.6
Male	95	0235	Brett	Woodwiss	101	40-49	30	0:12:55	101	0:01:30	425	0:35:42	107	0:01:06	228	0:15:35	114	1:06:49	81.5
Male	96	1387	Chris	Faddy	102	40-49	31	0:12:02	53	0:01:44	513	0:37:44	187	0:01:05	214	0:14:12	55	1:06:49	81.5
Male	97	1314	Sek Horng	Ho	103	30-39	37	0:12:52	99	0:01:39	493	0:33:31	36	0:01:27	400	0:17:23	244	1:06:55	81.4
Male	98	0227	Sebastien	Normand	104	40-49	32	0:13:34	157	0:00:57	139	0:36:25	124	0:01:08	246	0:14:51	81	1:06:56	81.4
Male	99	0565	James	Heffernan	105	30-39	38	0:13:26	142	0:00:56	135	0:36:12	118	0:01:01	186	0:15:19	101	1:06:57	81.4
Male	100	1290	Mark	Barnett	106	30-39	39	0:12:52	98	0:01:12	274	0:34:35	68	0:01:22	371	0:16:54	207	1:06:57	81.4
Male	101	1415	John	Fullick	107	40-49	33	0:13:23	137	0:01:23	367	0:35:05	85	0:01:17	335	0:15:50	136	1:07:00	81.3
Male	102	1118	Muhammad Azhar	Muhammad	108	16-19	8	0:12:16	63	0:00:42	27	0:38:08	214	0:00:37	13	0:15:26	105	1:07:10	81.1
Male	103	1134	Sean	Lau	109	20-29	19	0:13:01	110	0:00:54	108	0:37:04	161	0:00:51	99	0:15:22	102	1:07:13	81.1
Male	104	0400	Matthew	King	110	30-39	40	0:13:03	112	0:01:03	194	0:35:16	93	0:01:30	423	0:16:31	177	1:07:25	80.8
Male	105	0240	Nathan	Slack	111	40-49	34	0:13:05	118	0:01:00	160	0:35:39	106	0:00:57	147	0:16:45	192	1:07:27	80.8
Male	106	1441	Peter Lees	Nesbitt	112	40-49	35	0:13:02	111	0:01:43	510	0:36:36	134	0:01:36	461	0:14:27	63	1:07:27	80.8
Male	107	0278	Mathias Benno Lothar	Deubel	113	40-49	36	0:13:07	119	0:01:29	417	0:36:36	133	0:01:13	299	0:15:14	95	1:07:41	80.5
Male	108	0328	John	Stewart	114	40-49	37	0:14:22	243	0:00:48	73	0:35:45	109	0:01:00	173	0:15:44	126	1:07:41	80.5
Male	109	1417	Danilo	Balandra	115	40-49	38	0:13:57	191	0:01:04	205	0:35:59	115	0:00:47	71	0:15:53	140	1:07:42	80.5
Male	110	0686	Javier	Goh	116	20-29	20	0:12:29	73	0:00:46	54	0:37:47	193	0:00:45	60	0:15:57	147	1:07:46	80.4
Male	111	1224	David	Perry	117	30-39	41	0:13:08	125	0:01:18	323	0:36:38	136	0:01:04	208	0:15:44	128	1:07:54	80.2
Male	112	1156	Jean Roger Rene	Vendange	118	20-29	21	0:13:03	113	0:00:49	79	0:37:52	200	0:00:44	49	0:15:25	104	1:07:55	80.2
Male	113	1132	Bi Jie	Lim	119	20-29	22	0:12:51	95	0:00:55	122	0:37:09	169	0:00:54	129	0:16:06	155	1:07:57	80.2
Male	114	0648	Mark	Wakeford	120	50-59	5	0:13:33	154	0:01:01	178	0:36:49	152	0:00:59	168	0:15:38	117	1:08:02	80.1
Male	115	0504	Michael	Schubert	121	30-39	42	0:12:38	85	0:01:24	377	0:36:43	145	0:01:00	170	0:16:16	162	1:08:02	80.1
Male	116	0182	Stephen	Boyd	122	40-49	39	0:12:51	96	0:01:13	281	0:37:03	160	0:01:06	225	0:15:48	133	1:08:02	80.1
Male	117	0337	Daniel	Geary	123	40-49	40	0:13:25	140	0:01:18	329	0:35:06	86	0:01:34	445	0:16:42	190	1:08:06	80.0
Male	118	0619	Muhammad Nabil	Bin Samhudi	124	20-29	23	0:14:50	287	0:00:48	69	0:35:49	112	0:00:37	14	0:16:03	150	1:08:08	80.0
Male	119	1240	Damien	Lavin	126	30-39	43	0:12:35	81	0:00:50	84	0:37:58	204	0:01:05	213	0:15:44	130	1:08:14	79.8
Male	120	1154	Syed Muhammad	Haffizullah	127	20-29	24	0:11:59	47	0:01:00	168	0:39:02	264	0:01:08	251	0:15:05	88	1:08:16	79.8
Male	121	0229	Charles	Mckenna	128	40-49	41	0:14:31	257	0:01:12	264	0:35:15	92	0:01:22	376	0:15:54	141	1:08:16	79.8
Male	122	0269	Nicholas	Price	129	40-49	42	0:13:00	108	0:01:13	287	0:37:41	185	0:00:57	152	0:15:25	103	1:08:18	79.8
Male	123	0589	Alan	Chiang	130	20-29	25	0:12:24	71	0:00:54	120	0:38:06	213	0:01:00	174	0:15:54	142	1:08:21	79.7
Male	124	1195	Owen Joseph	Belliveau	132	30-39	44	0:12:48	93	0:00:51	86	0:39:19	286	0:00:49	87	0:14:34	68	1:08:23	79.7
Male	125	0408	Cyril	Daccord	133	30-39	45	0:14:49	285	0:01:13	283	0:36:47	148	0:01:07	242	0:14:28	64	1:08:27	79.6
Male	126	0395	Shou Qin	Phoon	134	30-39	46	0:13:30	148	0:01:02	182	0:38:02	208	0:00:44	55	0:15:11	92	1:08:30	79.5
Male	127	1391	Kimberly	Douglas	135	40-49	43	0:14:11	219	0:01:13	286	0:35:33	105	0:00:58	155	0:16:36	181	1:08:32	79.5
Male	128	0393	Martin	King	136	30-39	47	0:13:40	169	0:01:03	195	0:36:47	147	0:01:26	399	0:15:36	116	1:08:34	79.5
Male	129	1117	Choong He Rong Samue	Choong	137	16-19	9	0:13:07	122	0:00:58	147	0:36:44	146	0:00:53	120	0:16:51	203	1:08:35	79.4
Male	130	0174	Patrick	Cohen	139	40-49	44	0:14:14	227	0:01:11	258	0:34:12	53	0:01:17	331	0:17:47	272	1:08:43	79.3
Male	131	0596	Hilmar	Hahn	141	20-29	26	0:13:37	162	0:00:46	53	0:36:38	135	0:00:39	23	0:17:04	218	1:08:45	79.2
Male	132	0532	Wouter	Van Rij	142	30-39	48	0:13:07	121	0:01:15	305	0:37:06	166	0:01:05	220	0:16:12	159	1:08:48	79.2

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	133	0166	Choon Meng	Boo	143	40-49	45	0:13:54	186	0:00:49	76	0:37:08	168	0:00:50	89	0:16:06	154	1:08:48	79.2
Male	134	1469	Michael	Lyons	144	50-59	6	0:15:06	313	0:00:51	90	0:35:20	95	0:00:50	96	0:16:40	188	1:08:49	79.2
Male	135	0247	Steven	Baxter	145	40-49	46	0:14:07	212	0:00:57	141	0:36:27	126	0:01:34	444	0:15:44	129	1:08:51	79.1
Male	136	0239	Eric	Aubry	146	40-49	47	0:14:12	221	0:01:20	342	0:35:43	108	0:01:15	305	0:16:26	173	1:08:56	79.0
Male	137	0389	Craig	Lygoe	147	30-39	49	0:14:15	230	0:01:07	226	0:35:32	104	0:01:20	352	0:16:40	187	1:08:56	79.0
Male	138	1107	Chuah	Junler	148	16-19	10	0:13:00	109	0:01:12	263	0:34:30	64	0:01:18	340	0:19:02	349	1:09:04	78.9
Male	139	1338	Andrew Nathan Harris	Patterson	150	40-49	48	0:14:11	220	0:01:22	360	0:37:24	175	0:01:17	328	0:14:53	82	1:09:08	78.8
Male	140	0540	Thomas	Rindlisbacher	151	30-39	50	0:13:25	141	0:01:12	273	0:37:46	191	0:01:03	198	0:15:41	122	1:09:09	78.8
Male	141	0512	Micheal	Lim	152	30-39	51	0:13:12	128	0:01:30	422	0:37:37	180	0:01:07	244	0:15:56	144	1:09:23	78.5
Male	142	1392	Andrew	Harris	153	40-49	49	0:12:24	70	0:02:12	600	0:39:01	263	0:01:50	529	0:13:55	39	1:09:24	78.5
Male	143	0368	Razali	Rahim	154	30-39	52	0:12:36	83	0:01:18	333	0:39:52	319	0:00:52	108	0:14:47	75	1:09:27	78.4
Male	144	1462	Michael	Davies	155	50-59	7	0:13:46	177	0:01:27	402	0:36:41	143	0:01:24	388	0:16:13	160	1:09:33	78.3
Male	145	1270	Andrew	Gillan	156	30-39	53	0:12:23	69	0:01:04	204	0:39:54	322	0:00:55	135	0:15:17	98	1:09:35	78.3
Male	146	0528	Alan James	Koh	157	30-39	54	0:14:47	283	0:01:13	284	0:35:32	103	0:01:07	240	0:16:57	211	1:09:38	78.2
Male	147	0331	Dominic	Johnson	158	40-49	50	0:14:20	238	0:00:56	134	0:37:40	183	0:00:51	98	0:15:51	137	1:09:38	78.2
Male	148	0440	Jason	Lin	159	30-39	55	0:13:16	129	0:01:23	366	0:37:17	172	0:01:08	247	0:16:36	183	1:09:41	78.2
Male	149	0192	Chester	Sullivan-Manders	161	40-49	51	0:14:24	247	0:00:46	50	0:36:47	149	0:00:42	38	0:17:05	221	1:09:46	78.1
Male	150	1131	Ming Quan Alson	Tay	162	20-29	27	0:13:04	115	0:00:45	47	0:40:09	342	0:00:37	15	0:15:10	91	1:09:46	78.1
Male	151	0468	Samuel	Carew-Jones	163	30-39	56	0:14:29	254	0:01:12	270	0:35:18	94	0:01:32	436	0:17:15	231	1:09:48	78.1
Male	152	0472	Stuart	Jones	165	30-39	57	0:14:13	225	0:01:22	355	0:36:14	119	0:01:18	343	0:16:45	193	1:09:54	77.9
Male	153	1346	Leong Yeow	Lee	166	40-49	52	0:14:00	196	0:01:14	297	0:34:29	62	0:01:20	351	0:18:50	332	1:09:54	77.9
Male	154	0668	Leo	Sirieux	167	16-19	11	0:13:32	153	0:00:57	138	0:37:14	171	0:00:56	144	0:17:19	238	1:10:00	77.8
Male	155	0216	Paul	Young	168	40-49	53	0:13:53	185	0:01:21	352	0:37:48	195	0:01:23	380	0:15:39	119	1:10:06	77.7
Male	156	1113	Ray	Kiew	169	16-19	12	0:13:07	120	0:00:54	117	0:37:40	184	0:00:50	94	0:17:34	254	1:10:07	77.7
Male	157	0273	Christophe	Petitjean	170	40-49	54	0:13:35	159	0:01:18	328	0:36:59	154	0:01:12	291	0:17:06	222	1:10:12	77.6
Male	158	0333	Michael	Williams	171	40-49	55	0:14:17	234	0:00:43	35	0:37:45	189	0:00:36	7	0:16:50	200	1:10:12	77.6
Male	159	1476	Renze	Banawa	172	20-29	28	0:13:31	149	0:01:16	312	0:39:51	318	0:01:06	222	0:14:29	65	1:10:15	77.6
Male	160	0292	Carlos	Monterde Millan	173	40-49	56	0:14:08	213	0:01:20	344	0:36:39	138	0:00:48	80	0:17:20	239	1:10:17	77.5
Male	161	0363	Thiam Poh	Yow	174	30-39	58	0:12:54	100	0:01:37	483	0:37:59	205	0:01:23	379	0:16:22	170	1:10:17	77.5
Male	162	1473	Alastair	Morrison	175	50-59	8	0:14:10	217	0:01:27	404	0:37:05	165	0:01:39	476	0:15:56	145	1:10:18	77.5
Male	163	0170	Boon Loong David	Ho	176	40-49	57	0:14:06	207	0:01:14	291	0:35:46	110	0:01:17	332	0:17:55	281	1:10:19	77.5
Male	164	1122	Tang Yi Fan	Derwin	177	20-29	29	0:13:41	172	0:00:57	142	0:37:04	164	0:00:48	73	0:17:53	279	1:10:24	77.4
Male	165	0574	Alister	Beck	178	30-39	59	0:14:55	294	0:01:21	353	0:36:39	137	0:01:11	283	0:16:16	164	1:10:24	77.4
Male	166	0687	Christopher	Brook	179	20-29	30	0:14:13	224	0:01:43	509	0:37:58	203	0:01:10	280	0:15:19	100	1:10:25	77.4
Male	167	0231	Michiel	Van Selm	180	40-49	58	0:13:51	181	0:01:11	262	0:38:34	239	0:01:01	187	0:15:47	132	1:10:26	77.4
Male	168	0480	Souvan	Kim	182	30-39	60	0:14:59	305	0:01:24	379	0:36:24	123	0:01:27	407	0:16:21	168	1:10:38	77.1
Male	169	0291	Mun Chong	Wong	183	40-49	59	0:14:33	261	0:01:14	294	0:38:48	248	0:00:46	63	0:15:17	97	1:10:40	77.1
Male	170	1163	Kang Han	Chng	186	20-29	31	0:13:08	124	0:01:06	217	0:39:57	325	0:01:00	176	0:15:35	113	1:10:48	77.0
Male	171	0418	Jimin	Toh	187	30-39	61	0:13:24	138	0:00:57	140	0:38:46	247	0:00:52	105	0:16:49	198	1:10:50	76.9
Male	172	0343	David	Phillips	188	40-49	60	0:13:49	179	0:00:42	26	0:40:01	329	0:00:39	24	0:15:39	120	1:10:52	76.9
Male	173	0275	John	Patava	189	40-49	61	0:14:22	244	0:00:53	103	0:37:45	188	0:00:54	130	0:16:57	212	1:10:54	76.8
Male	174	1308	Declan	Starrs	191	30-39	62	0:14:35	264	0:01:20	347	0:37:04	163	0:01:28	409	0:16:39	186	1:11:08	76.6
Male	175	1413	Kent	Chaplin	194	40-49	62	0:14:57	298	0:01:18	327	0:37:01	158	0:01:10	273	0:16:53	206	1:11:21	76.4
Male	176	0336	Peter	Richardson	195	40-49	63	0:15:16	329	0:00:44	41	0:36:41	142	0:00:43	40	0:17:57	285	1:11:23	76.3



**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	177	1150	Zonghao	Ong	197	20-29	32	0:14:14	228	0:01:58	574	0:38:14	218	0:01:49	524	0:15:08	90	1:11:24	76.3
Male	178	1167	Ahmad Syaadiq	Mohammed Musni	198	20-29	33	0:13:40	171	0:01:37	484	0:37:38	181	0:01:53	541	0:16:36	184	1:11:26	76.3
Male	179	0489	Paul	Judge	199	30-39	63	0:12:29	74	0:01:43	511	0:41:09	378	0:01:32	433	0:14:32	66	1:11:28	76.2
Male	180	0254	Harland	Baraquero	200	40-49	64	0:14:41	272	0:00:51	92	0:37:54	202	0:00:55	141	0:17:19	237	1:11:42	76.0
Male	181	0601	Ahmad Ridhwan	Dahlan	202	20-29	34	0:14:00	197	0:01:05	209	0:39:37	304	0:01:10	271	0:15:57	146	1:11:51	75.8
Male	182	0609	Muhammad Shahrul	Pungut	203	20-29	35	0:13:58	193	0:01:13	280	0:39:19	284	0:01:20	356	0:16:02	148	1:11:54	75.8
Male	183	1271	Choon Tat Sean	Tan	204	30-39	64	0:13:43	175	0:01:19	340	0:36:01	116	0:01:14	303	0:19:36	381	1:11:55	75.8
Male	184	0250	Andrew	Western	205	40-49	65	0:14:01	200	0:01:25	385	0:39:10	276	0:01:01	188	0:16:19	167	1:11:59	75.7
Male	185	0422	Chai Kee	Lim	206	30-39	65	0:13:27	143	0:01:22	358	0:37:46	192	0:01:09	263	0:18:13	298	1:11:59	75.7
Male	186	1283	Yi Yu	Low	207	30-39	66	0:14:16	232	0:01:04	202	0:38:01	207	0:01:01	183	0:17:36	257	1:12:00	75.7
Male	187	1140	Daryl	Ang	208	20-29	36	0:12:56	105	0:01:20	349	0:36:41	139	0:02:12	586	0:18:53	335	1:12:04	75.6
Male	188	0252	Lawrence	Remedios	209	40-49	66	0:14:27	252	0:01:30	430	0:37:42	186	0:01:34	450	0:16:53	205	1:12:08	75.5
Male	189	0523	Carl	Chua	210	30-39	67	0:14:14	226	0:00:46	52	0:36:43	144	0:00:53	113	0:19:31	378	1:12:09	75.5
Male	190	1178	Lian Qui Alan	Sim	211	20-29	37	0:13:32	152	0:00:46	51	0:41:17	381	0:00:42	37	0:15:51	138	1:12:10	75.5
Male	191	0451	Christopher	Hewett	214	30-39	68	0:14:12	223	0:01:28	412	0:39:50	316	0:01:11	286	0:15:27	106	1:12:10	75.5
Male	192	0482	Scott	Gorman	215	30-39	69	0:14:21	242	0:01:16	311	0:37:53	201	0:01:07	239	0:17:34	255	1:12:13	75.4
Male	193	0510	Hanns	Valentin	216	30-39	70	0:14:20	240	0:01:09	239	0:36:28	129	0:01:25	392	0:18:50	333	1:12:14	75.4
Male	194	1301	Peh Khee	Tan	217	30-39	71	0:12:41	86	0:01:36	472	0:42:07	415	0:01:10	276	0:14:44	73	1:12:19	75.3
Male	195	0493	Lee Robert	Boden	219	30-39	72	0:13:37	163	0:00:56	132	0:39:42	311	0:01:22	368	0:16:43	191	1:12:21	75.3
Male	196	0664	Goh Koon Wei	David	220	16-19	13	0:13:34	158	0:00:45	48	0:41:30	396	0:00:51	101	0:15:41	124	1:12:23	75.3
Male	197	0569	Jonjasper	Quevada	221	30-39	73	0:14:45	279	0:00:50	85	0:36:33	132	0:01:16	319	0:19:02	348	1:12:28	75.2
Male	198	0608	Alexander	Bagdasaryan	222	20-29	38	0:13:22	133	0:00:49	78	0:41:37	402	0:00:33	3	0:16:10	157	1:12:33	75.1
Male	199	1375	Damien	Artru	223	40-49	67	0:13:04	114	0:01:54	554	0:40:02	331	0:01:37	468	0:15:55	143	1:12:34	75.1
Male	200	0245	Byron	Rienstra	224	40-49	68	0:15:18	334	0:01:16	313	0:36:16	120	0:01:10	270	0:18:34	318	1:12:36	75.0
Male	201	0522	Phang Hei	Wong	225	30-39	74	0:13:42	174	0:01:27	397	0:40:00	328	0:01:21	360	0:16:06	156	1:12:37	75.0
Male	202	0344	Nathan	Cowen	226	40-49	69	0:13:53	184	0:01:31	435	0:39:27	292	0:01:24	386	0:16:25	172	1:12:41	75.0
Male	203	0638	Daniel	Ong	228	50-59	9	0:13:17	130	0:02:07	589	0:41:00	373	0:01:57	553	0:14:22	60	1:12:44	74.9
Male	204	1423	Eddi	Apriyadi	229	40-49	70	0:13:57	189	0:00:41	24	0:39:07	270	0:01:04	209	0:17:56	282	1:12:46	74.9
Male	205	0452	Avet	Bagdasaryan	230	30-39	75	0:13:22	135	0:01:35	469	0:41:30	395	0:01:07	232	0:15:11	93	1:12:47	74.9
Male	206	0290	Simon	Allen	231	40-49	71	0:16:05	407	0:01:40	494	0:34:58	81	0:01:49	521	0:18:20	305	1:12:54	74.7
Male	207	0685	Edwin	Liam	232	20-29	39	0:13:39	168	0:00:42	25	0:38:05	212	0:02:44	617	0:17:44	265	1:12:55	74.7
Male	208	1455	Chi Meng Colli	Ng	234	50-59	10	0:14:02	202	0:00:54	118	0:38:45	246	0:01:08	256	0:18:12	297	1:13:03	74.6
Male	209	0270	Toby	Forrest	235	40-49	72	0:14:01	199	0:00:58	155	0:40:03	332	0:01:09	267	0:16:55	209	1:13:08	74.5
Male	210	0586	Chai Jian	Lye	237	20-29	40	0:13:27	144	0:01:42	505	0:39:25	289	0:01:21	364	0:17:20	241	1:13:18	74.3
Male	211	1219	Jundeb Andre	Esquivel	238	30-39	76	0:15:24	345	0:01:03	196	0:35:29	101	0:01:01	180	0:20:23	433	1:13:22	74.3
Male	212	0428	Willem Jan	Peters	240	30-39	77	0:14:02	201	0:03:35	641	0:36:33	131	0:01:24	382	0:17:51	276	1:13:26	74.2
Male	213	0595	Alvin		241	20-29	41	0:15:25	347	0:00:54	113	0:39:09	272	0:00:55	136	0:17:12	229	1:13:37	74.0
Male	214	0597	Yu Poh	Foo	242	20-29	42	0:15:21	339	0:01:09	238	0:38:14	219	0:01:05	216	0:17:47	271	1:13:38	74.0
Male	215	0348	David Andrew	Brandt	244	40-49	73	0:15:33	359	0:00:57	145	0:39:29	295	0:01:04	205	0:16:38	185	1:13:44	73.9
Male	216	0644	Sek Tim	Tan	245	50-59	11	0:14:55	292	0:01:30	423	0:37:45	190	0:01:38	474	0:17:56	283	1:13:46	73.9
Male	217	1450	Wee Kwang	Koh	246	50-59	12	0:15:17	331	0:01:48	530	0:38:25	228	0:01:16	317	0:16:59	213	1:13:46	73.9
Male	218	1384	Anthony	Clairmont	247	40-49	74	0:15:43	378	0:01:10	252	0:38:08	215	0:01:16	323	0:17:31	251	1:13:50	73.8
Male	219	0276	Matthew Nicholas	Cannon	248	40-49	75	0:14:15	229	0:01:23	373	0:40:14	345	0:01:29	417	0:16:29	175	1:13:52	73.8
Male	220	1325	James	Bastock	249	30-39	78	0:14:46	282	0:01:10	244	0:39:59	327	0:01:06	224	0:16:50	202	1:13:53	73.7

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total	
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	221	0681	Ganeshkumar	M	250	20-29	43	0:14:11	218	0:01:49	533	0:39:26	291	0:02:37	612	0:15:50	134	1:13:54	73.7
Male	222	1294	Yong Meng Leslie	Lon	251	30-39	79	0:15:04	311	0:01:42	500	0:37:49	198	0:01:18	339	0:18:02	287	1:13:56	73.7
Male	223	0603	Martin	Hein	252	20-29	44	0:14:43	275	0:01:38	486	0:38:09	216	0:01:21	359	0:18:04	290	1:13:57	73.7
Male	224	0268	Matthew James	Hansard	253	40-49	76	0:14:18	236	0:00:54	109	0:39:04	267	0:00:45	59	0:18:56	340	1:13:59	73.6
Male	225	0380	Lee Wei John	Ng	254	30-39	80	0:13:57	190	0:00:58	156	0:41:31	397	0:00:49	82	0:16:45	194	1:14:02	73.6
Male	226	1147	Lee Rui Zhi Daniel	Lee	255	20-29	45	0:13:57	188	0:01:00	164	0:38:27	232	0:00:48	79	0:19:50	397	1:14:03	73.6
Male	227	0605	Arthur	Tong	256	20-29	46	0:15:10	320	0:01:07	224	0:37:39	182	0:00:53	114	0:19:13	360	1:14:04	73.6
Male	228	0517	Wei Seng Mark	Mu	257	30-39	81	0:14:45	280	0:01:12	268	0:39:42	309	0:01:01	185	0:17:26	246	1:14:07	73.5
Male	229	0667	Jonathan	Tay	258	16-19	14	0:13:32	150	0:00:54	114	0:42:24	425	0:01:05	217	0:16:13	161	1:14:10	73.5
Male	230	0599	Thomas	Grau	260	20-29	47	0:14:43	277	0:01:33	448	0:35:24	97	0:01:22	370	0:21:08	469	1:14:12	73.4
Male	231	0288	Olivier	De Poulpiquet	261	40-49	77	0:14:58	301	0:01:35	464	0:39:38	305	0:01:22	374	0:16:42	189	1:14:16	73.4
Male	232	1115	Chin Yen Bing Arthur	Chin	262	16-19	15	0:14:27	253	0:01:31	441	0:39:11	277	0:00:58	154	0:18:11	296	1:14:21	73.3
Male	233	0349	Stuart	Harrison	263	40-49	78	0:15:41	375	0:01:14	300	0:38:34	240	0:01:33	439	0:17:18	234	1:14:21	73.3
Male	234	0600	Jeff Russell	Sandoval	264	20-29	48	0:14:43	276	0:01:24	381	0:40:19	348	0:01:27	401	0:16:30	176	1:14:25	73.2
Male	235	1171	Norhalim	Nordin	265	20-29	49	0:14:21	241	0:01:46	528	0:39:13	278	0:01:11	284	0:17:56	284	1:14:29	73.1
Male	236	1343	Andrew John	Aubry	266	40-49	79	0:15:31	356	0:01:49	536	0:39:14	279	0:01:44	501	0:16:16	163	1:14:36	73.0
Male	237	0253	Peter	Mutton	267	40-49	80	0:14:07	210	0:00:56	136	0:41:23	387	0:00:53	122	0:17:17	233	1:14:39	73.0
Male	238	1339	Sven	Hergemoeller	268	40-49	81	0:15:40	374	0:01:18	335	0:37:01	157	0:01:17	330	0:19:22	368	1:14:41	73.0
Male	239	1205	Jian Wen Colin	Chu	269	30-39	82	0:14:17	233	0:01:26	390	0:38:51	254	0:01:06	227	0:19:00	346	1:14:41	73.0
Male	240	0651	Wen Hsian	Han	270	50-59	13	0:15:18	332	0:00:47	58	0:40:29	355	0:00:48	78	0:17:22	243	1:14:46	72.9
Male	241	0456	Sheng Min	Wong	271	30-39	83	0:13:33	155	0:01:00	165	0:41:13	380	0:01:33	440	0:17:28	249	1:14:49	72.8
Male	242	0296	Meng Chye	Teo	272	40-49	82	0:15:19	335	0:01:10	253	0:38:26	229	0:01:35	453	0:18:18	302	1:14:50	72.8
Male	243	1181	Zainal	Agus	273	20-29	50	0:12:30	75	0:01:36	480	0:42:06	413	0:01:07	241	0:17:35	256	1:14:57	72.7
Male	244	0652	Jun Wei Joseph	Ng	275	20-29	51	0:14:57	297	0:01:41	498	0:36:48	151	0:01:40	485	0:19:51	399	1:14:59	72.7
Male	245	0329	Nicholas	Mace	276	40-49	83	0:15:36	366	0:00:56	130	0:39:03	266	0:00:58	159	0:18:26	310	1:15:01	72.6
Male	246	1124	Ng Kang Jie Bervyn	Ng	277	20-29	52	0:13:39	166	0:00:41	21	0:38:04	211	0:01:08	255	0:21:29	481	1:15:03	72.6
Male	247	1421	Sin Soon	Lim	278	40-49	84	0:14:05	206	0:01:13	278	0:42:05	412	0:01:07	245	0:16:32	178	1:15:04	72.6
Male	248	0415	Jia Chuen	Ho	279	30-39	84	0:13:38	165	0:01:26	391	0:41:39	403	0:01:02	192	0:17:24	245	1:15:11	72.5
Male	249	0450	Arnon	Wee	280	30-39	85	0:14:56	296	0:01:14	292	0:40:32	356	0:01:38	472	0:16:49	197	1:15:11	72.5
Male	250	0267	Gil Michael	Perez	281	40-49	85	0:15:06	314	0:01:16	310	0:39:30	296	0:01:10	274	0:18:07	293	1:15:11	72.5
Male	251	0604	Bjorn Wei Loong	Wong	282	20-29	53	0:16:04	406	0:01:25	383	0:37:08	167	0:00:59	164	0:19:37	383	1:15:14	72.4
Male	252	0225	Stuart	Walker	283	40-49	86	0:13:58	194	0:00:54	111	0:39:19	285	0:01:18	341	0:19:44	393	1:15:15	72.4
Male	253	0299	Lim	Tong Peng	285	40-49	87	0:15:55	397	0:01:18	326	0:37:04	162	0:01:04	204	0:19:53	402	1:15:15	72.4
Male	254	0593	Maguet	Rémi	286	20-29	54	0:13:52	183	0:00:47	56	0:39:36	303	0:00:52	109	0:20:07	418	1:15:17	72.4
Male	255	1406	Damien	Fitzpatrick	287	40-49	88	0:15:42	376	0:01:58	570	0:39:21	288	0:01:51	532	0:16:28	174	1:15:21	72.3
Male	256	0669	Koon Hong Daniel	Goh	288	16-19	16	0:15:13	324	0:00:42	32	0:40:18	346	0:00:46	62	0:18:29	313	1:15:29	72.2
Male	257	0503	Benjamin	Jones	289	30-39	86	0:14:01	198	0:01:42	502	0:40:37	366	0:01:51	534	0:17:18	235	1:15:31	72.1
Male	258	1386	Chian Haur	Teo	290	40-49	89	0:16:06	409	0:02:08	593	0:37:12	170	0:01:37	467	0:18:31	316	1:15:36	72.1
Male	259	0575	Bahiyudin	Abas	291	20-29	55	0:13:55	187	0:01:13	289	0:42:13	419	0:00:58	157	0:17:15	232	1:15:37	72.1
Male	260	0553	Jesper	Lindgaard Soerensen	292	30-39	87	0:15:20	338	0:01:31	440	0:38:19	224	0:01:28	413	0:18:57	343	1:15:38	72.0
Male	261	0345	Daniel	Morris	293	40-49	90	0:15:29	351	0:01:36	474	0:39:53	320	0:00:55	137	0:17:45	267	1:15:40	72.0
Male	262	1248	Mohamed Hanafi	Rahim	294	30-39	88	0:15:27	350	0:01:58	569	0:39:10	275	0:01:51	535	0:17:13	230	1:15:40	72.0
Male	263	1112	Fraser	Morrison	295	16-19	17	0:12:52	97	0:01:08	229	0:43:05	450	0:01:17	327	0:17:19	236	1:15:42	72.0
Male	264	0410	Theodorus Johannes	Oostinjen	296	30-39	89	0:14:48	284	0:01:36	479	0:38:15	221	0:01:20	354	0:19:49	395	1:15:50	71.8

# Result Sprint Duathlon - by Gender

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	265	1379	David Michael	Hickman	297	40-49	91	0:15:40	371	0:01:10	242	0:38:14	220	0:01:22	373	0:19:24	370	1:15:51	71.8
Male	266	0204	Wun-Li Mark Spencer	Looi	298	40-49	92	0:14:37	266	0:01:12	266	0:39:44	313	0:01:09	266	0:19:07	354	1:15:51	71.8
Male	267	0623	Colin	Swan	299	50-59	14	0:14:19	237	0:01:52	545	0:38:59	260	0:01:51	536	0:18:48	330	1:15:51	71.8
Male	268	1300	Choon Kiat	Ang	300	30-39	90	0:13:39	167	0:01:18	332	0:42:04	411	0:01:05	218	0:17:47	269	1:15:55	71.8
Male	269	1245	Mohammad Zaki	As'at	301	30-39	91	0:15:16	330	0:01:10	243	0:38:49	250	0:01:14	301	0:19:26	372	1:15:56	71.8
Male	270	0233	Albert	Roux	302	40-49	93	0:14:38	268	0:01:26	392	0:40:35	361	0:00:55	133	0:18:24	309	1:15:59	71.7
Male	271	1263	Jarkko	Hautamaki	305	30-39	92	0:16:42	466	0:01:35	463	0:39:34	300	0:01:20	353	0:16:50	201	1:16:02	71.7
Male	272	0279	William	Johnston	306	40-49	94	0:15:30	354	0:00:54	112	0:39:05	268	0:01:08	258	0:19:25	371	1:16:05	71.6
Male	273	1320	Tiong Hin Alan	Ler	309	30-39	93	0:15:51	389	0:01:34	456	0:37:27	176	0:02:07	580	0:19:11	358	1:16:12	71.5
Male	274	1365	Jit Yaw	Lim	310	40-49	95	0:14:32	260	0:02:07	592	0:39:25	290	0:01:46	510	0:18:21	307	1:16:13	71.5
Male	275	0492	Heath	Dacre	311	30-39	94	0:16:06	410	0:01:28	407	0:38:32	237	0:01:26	397	0:18:40	325	1:16:14	71.5
Male	276	1200	Sien Hee	Wong	312	30-39	95	0:14:26	250	0:01:43	507	0:38:26	230	0:01:24	387	0:20:14	423	1:16:15	71.5
Male	277	1371	John	Livingstone	313	40-49	96	0:14:29	256	0:01:06	215	0:39:43	312	0:01:22	369	0:19:36	382	1:16:18	71.4
Male	278	0649	Gregory	Pong	314	50-59	15	0:14:56	295	0:01:08	235	0:38:54	255	0:01:42	491	0:19:37	384	1:16:18	71.4
Male	279	0620	Keng Nee	Chan	315	50-59	16	0:14:27	251	0:01:53	549	0:42:22	423	0:01:52	538	0:15:44	127	1:16:19	71.4
Male	280	1459	Christopher	Sykes	316	50-59	17	0:16:56	485	0:01:14	293	0:36:29	130	0:01:24	389	0:20:16	427	1:16:20	71.4
Male	281	1317	Wayne	Goh	317	30-39	96	0:16:10	418	0:00:50	81	0:35:03	84	0:01:28	412	0:22:53	525	1:16:25	71.3
Male	282	1373	Graham	Owens	318	40-49	97	0:16:38	456	0:01:34	460	0:37:47	194	0:01:07	235	0:19:20	366	1:16:27	71.3
Male	283	0184	Adrian	Dharsan	319	40-49	98	0:14:04	204	0:01:52	541	0:40:18	347	0:02:06	577	0:18:08	295	1:16:30	71.2
Male	284	0373	Bradley	Lodge	320	30-39	97	0:14:52	291	0:00:51	88	0:42:50	444	0:00:48	76	0:17:08	226	1:16:31	71.2
Male	285	1331	Csaba Viktor	Eber	321	30-39	98	0:15:04	312	0:01:00	161	0:42:26	427	0:00:53	121	0:17:07	225	1:16:32	71.2
Male	286	0673	Muhd Afiq Sharhan	Afiq	322	20-29	56	0:14:37	267	0:01:04	203	0:41:23	390	0:00:51	102	0:18:37	322	1:16:34	71.2
Male	287	0372	Fendilato	Mohamad Tahir	323	30-39	99	0:15:37	367	0:01:25	388	0:38:31	236	0:01:56	548	0:19:06	352	1:16:37	71.1
Male	288	0326	Axel	Johansson	324	40-49	99	0:16:36	452	0:01:01	177	0:39:54	323	0:01:19	348	0:17:47	270	1:16:39	71.1
Male	289	1137	Amir	Yusof	325	20-29	57	0:15:15	328	0:01:08	230	0:42:34	434	0:00:51	100	0:16:54	208	1:16:44	71.0
Male	290	0544	Jean Francois	Michel	326	30-39	100	0:14:23	245	0:01:31	433	0:40:04	334	0:02:28	605	0:18:19	304	1:16:47	71.0
Male	291	0654	Bohan	Wu	327	20-29	58	0:14:17	235	0:01:45	522	0:43:01	449	0:01:43	498	0:16:02	149	1:16:51	70.9
Male	292	1225	Tobias	Wilson	330	30-39	101	0:16:30	443	0:01:32	442	0:39:28	293	0:01:19	344	0:18:08	294	1:16:58	70.8
Male	293	0438	Jonathan Leo	Ng	331	30-39	102	0:15:40	373	0:01:19	336	0:37:35	179	0:01:41	487	0:20:42	447	1:16:59	70.8
Male	294	1253	Hai Wei	Poh	332	30-39	103	0:15:54	393	0:00:55	123	0:41:49	407	0:00:53	116	0:17:28	250	1:17:00	70.8
Male	295	0277	Chun Guan	Lek	333	40-49	100	0:16:31	444	0:00:55	128	0:38:35	241	0:00:42	39	0:20:16	426	1:17:01	70.7
Male	296	1237	Pierre-Etienne	De Montgrand	334	30-39	104	0:16:27	439	0:01:31	437	0:38:58	259	0:01:47	514	0:18:21	306	1:17:05	70.7
Male	297	1222	Chue Meng	Teo	335	30-39	105	0:13:05	117	0:01:00	172	0:45:37	510	0:01:01	191	0:16:21	169	1:17:06	70.7
Male	298	1460	Simon	Grose-Hodge	336	50-59	18	0:16:10	419	0:01:26	396	0:38:25	227	0:01:10	277	0:19:56	409	1:17:10	70.6
Male	299	0356	Sanjay	Gour	337	30-39	106	0:14:40	271	0:01:30	426	0:42:39	436	0:01:16	321	0:17:04	217	1:17:11	70.6
Male	300	1269	Alfonso	Lopez	338	30-39	107	0:13:50	180	0:00:58	154	0:43:48	470	0:00:57	151	0:17:36	260	1:17:12	70.6
Male	301	0396	Zhi Wei	Huang	339	30-39	108	0:15:13	325	0:01:02	183	0:42:50	445	0:00:59	165	0:17:09	227	1:17:15	70.5
Male	302	1390	Halimi	Ramli	340	40-49	101	0:14:15	231	0:01:14	299	0:42:38	435	0:01:30	425	0:17:40	263	1:17:19	70.5
Male	303	1145	Md Ridzuan B Malik Y	Yee	341	20-29	59	0:14:03	203	0:01:40	495	0:43:35	462	0:01:01	179	0:17:02	216	1:17:22	70.4
Male	304	0177	Matthew	Barron	343	40-49	102	0:15:15	326	0:01:12	272	0:38:31	235	0:01:10	281	0:21:13	473	1:17:24	70.4
Male	305	1254	Kwok Hong Jimmy	Wong	345	30-39	109	0:15:35	362	0:01:38	485	0:38:37	244	0:01:18	342	0:20:16	428	1:17:26	70.4
Male	306	1475	Hans	Bock	347	60+	1	0:15:55	396	0:01:04	197	0:42:27	430	0:00:56	145	0:17:04	219	1:17:27	70.3
Male	307	0230	Matthew	Moody	348	40-49	103	0:16:42	465	0:01:10	249	0:38:50	251	0:01:13	296	0:19:31	377	1:17:28	70.3
Male	308	1433	Michael	Hogan	349	40-49	104	0:14:57	299	0:01:15	304	0:40:47	370	0:01:15	312	0:19:16	363	1:17:32	70.3

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	309	0445	Yao Yang	Toong	350	30-39	110	0:13:58	192	0:01:13	276	0:44:22	487	0:01:22	375	0:16:35	180	1:17:32	70.3
Male	310	1289	Stephen	Carroll	351	30-39	111	0:15:09	318	0:01:56	565	0:40:08	341	0:01:33	443	0:18:44	328	1:17:32	70.3
Male	311	0488	Nicholas	Cordeiro	352	30-39	112	0:15:32	358	0:01:36	475	0:38:16	223	0:01:15	309	0:20:53	455	1:17:33	70.3
Male	312	1291	Faizal	Bin Zainal	353	30-39	113	0:15:20	336	0:01:00	167	0:40:55	371	0:01:37	466	0:18:41	327	1:17:34	70.2
Male	313	0674	Junsheng	Lee	354	20-29	60	0:15:42	377	0:01:12	265	0:38:57	257	0:01:47	513	0:19:57	411	1:17:36	70.2
Male	314	0246	Markus	Hartmann	355	40-49	105	0:15:30	353	0:01:32	443	0:40:32	357	0:01:21	366	0:18:40	326	1:17:37	70.2
Male	315	0382	Tiang Wo	Sim	356	30-39	114	0:15:09	316	0:01:40	496	0:41:04	375	0:02:07	579	0:17:36	258	1:17:38	70.2
Male	316	0217	Alexander	Patterson	357	40-49	106	0:16:24	435	0:01:23	369	0:38:36	242	0:01:18	337	0:19:55	406	1:17:38	70.2
Male	317	0576	Chi Choy Sean	Chan	358	20-29	61	0:14:05	205	0:02:24	616	0:41:23	389	0:02:34	611	0:17:11	228	1:17:38	70.2
Male	318	0498	Budi Aditya	Akbarsjah	359	30-39	115	0:15:51	388	0:01:24	378	0:37:48	197	0:01:34	447	0:21:01	464	1:17:40	70.2
Male	319	0563	Michael Chris	Wenceslao	360	30-39	116	0:15:03	310	0:01:34	462	0:38:27	231	0:01:45	508	0:20:52	454	1:17:43	70.1
Male	320	0663	Xuan You	Tan	361	16-19	18	0:16:16	425	0:01:31	434	0:39:09	273	0:01:31	426	0:19:15	362	1:17:43	70.1
Male	321	1191	Heng Feng	Lim	362	30-39	117	0:16:25	438	0:01:55	562	0:38:14	217	0:01:13	298	0:19:56	408	1:17:44	70.1
Male	322	1432	Paul	Hughes	363	40-49	107	0:12:56	103	0:01:18	325	0:46:14	520	0:01:24	385	0:15:52	139	1:17:45	70.1
Male	323	0242	Jeffrey Aaron	Hallmark	364	40-49	108	0:15:53	392	0:02:16	606	0:38:28	234	0:01:39	481	0:19:27	375	1:17:45	70.1
Male	324	1151	Muhammad Bukhary	Abu Bakar	365	20-29	62	0:13:46	178	0:01:12	269	0:40:33	359	0:01:17	329	0:20:59	460	1:17:49	70.0
Male	325	0439	Hsien Ming	Ang	366	30-39	118	0:14:39	269	0:01:26	393	0:41:19	384	0:01:40	483	0:18:47	329	1:17:52	70.0
Male	326	0628	Jonathan Guy	Grundy	367	50-59	19	0:15:27	349	0:01:07	221	0:42:14	420	0:01:25	390	0:17:43	264	1:17:56	69.9
Male	327	1454	Yoichi	Takesawa	368	50-59	20	0:15:56	398	0:01:07	219	0:42:30	433	0:00:57	150	0:17:27	247	1:17:58	69.9
Male	328	1436	Michael	Zink	369	40-49	109	0:14:36	265	0:01:17	315	0:43:32	459	0:01:30	419	0:17:04	220	1:18:00	69.9
Male	329	0257	Adil	Limbuwalla	370	40-49	110	0:15:12	323	0:01:45	517	0:39:38	307	0:01:29	415	0:19:56	407	1:18:02	69.8
Male	330	1357	Md. Khusni	Jumadi	371	40-49	111	0:17:19	514	0:00:53	101	0:38:24	225	0:01:12	288	0:20:15	425	1:18:04	69.8
Male	331	0256	Brian Sze Hien	Sim	372	40-49	112	0:17:05	496	0:00:48	72	0:39:09	274	0:00:43	42	0:20:22	431	1:18:09	69.7
Male	332	1329	Ian	Willis	373	30-39	119	0:14:50	290	0:01:37	482	0:38:51	253	0:01:54	546	0:21:01	462	1:18:15	69.6
Male	333	0688	Shahaizan	Jamal	374	20-29	63	0:14:42	274	0:01:10	255	0:41:21	386	0:01:08	249	0:19:52	400	1:18:15	69.6
Male	334	0501	Astapura	Ibrahim	375	30-39	120	0:17:14	507	0:01:22	359	0:38:02	209	0:01:01	189	0:20:37	445	1:18:18	69.6
Male	335	1310	Shun Yan	Yu	376	30-39	121	0:16:55	484	0:01:46	526	0:37:31	178	0:01:26	398	0:20:39	446	1:18:18	69.6
Male	336	0610	Clement	Monnet	377	20-29	64	0:13:36	160	0:00:49	77	0:47:39	547	0:00:35	5	0:15:40	121	1:18:20	69.6
Male	337	0518	Hoong Man	Ng	378	30-39	122	0:15:20	337	0:01:22	361	0:42:12	418	0:01:08	257	0:18:23	308	1:18:29	69.4
Male	338	0244	Teck Nguong	Tang	380	40-49	113	0:17:20	517	0:00:58	148	0:40:14	344	0:00:50	95	0:19:06	351	1:18:30	69.4
Male	339	0441	Chunrui	Fu	381	30-39	123	0:16:00	404	0:01:33	452	0:39:54	321	0:01:04	203	0:19:58	413	1:18:30	69.4
Male	340	1316	Bertrand	Chupin	383	30-39	124	0:17:18	513	0:01:04	201	0:41:41	406	0:01:21	362	0:17:06	224	1:18:32	69.4
Male	341	0427	Junxiang	Wang	385	30-39	125	0:14:32	259	0:00:54	105	0:43:19	453	0:01:14	304	0:18:38	323	1:18:38	69.3
Male	342	0321	Abdul Aziz	Agil	386	40-49	114	0:14:50	289	0:01:09	237	0:44:03	475	0:01:10	269	0:17:27	248	1:18:41	69.2
Male	343	0539	Yucheng Eugene	Lin	387	30-39	126	0:16:16	426	0:01:14	295	0:40:06	339	0:01:22	372	0:19:41	387	1:18:42	69.2
Male	344	0520	Aiden	Hopfner	388	30-39	127	0:13:29	147	0:00:48	75	0:43:22	455	0:00:50	90	0:20:11	420	1:18:42	69.2
Male	345	1287	Joshua	Knowles	392	30-39	128	0:15:31	357	0:00:48	65	0:43:21	454	0:01:09	260	0:17:59	286	1:18:50	69.1
Male	346	0659	Say Chong	Koh	393	50-59	21	0:16:50	477	0:01:22	362	0:39:00	262	0:01:39	478	0:19:58	414	1:18:51	69.1
Male	347	1362	Whun Chee	Tan	394	40-49	115	0:14:58	304	0:01:06	213	0:44:53	495	0:01:06	229	0:16:50	199	1:18:55	69.0
Male	348	0226	Aik Kiat Kelvin	Teh	395	40-49	116	0:13:25	139	0:01:50	537	0:45:10	503	0:01:32	437	0:16:59	214	1:18:58	69.0
Male	349	1159	Hamritpal Singh	Singh	396	20-29	65	0:16:20	432	0:01:44	514	0:41:36	401	0:01:36	464	0:17:44	266	1:19:03	68.9
Male	350	0516	Tan	Wee Lee	397	30-39	129	0:15:55	395	0:01:16	309	0:42:23	424	0:01:03	195	0:18:26	311	1:19:04	68.9
Male	351	0197	Derek	Spychalski	398	40-49	117	0:15:47	384	0:01:07	222	0:39:36	302	0:01:21	365	0:21:13	472	1:19:07	68.9
Male	352	0678	Nicholas Eugenius	Eugenius	399	20-29	66	0:14:29	255	0:01:37	481	0:45:01	500	0:01:05	215	0:16:56	210	1:19:10	68.8

# Result Sprint Duathlon - by Gender

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013



Gender		Race		Total	Category			Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	353	0388	Edward	Barrow	400	30-39	130	0:13:28	146	0:00:45	46	0:49:51	576	0:00:59	161	0:14:07	47	1:19:12	68.8
Male	354	0449	Justin	Wong	401	30-39	131	0:15:24	344	0:01:58	573	0:40:33	358	0:01:36	458	0:19:40	386	1:19:13	68.8
Male	355	1141	Kamarulzaman	Kamal	402	20-29	67	0:16:23	434	0:01:27	400	0:39:16	280	0:01:18	338	0:20:49	450	1:19:14	68.8
Male	356	1377	Shane	Hall	403	40-49	118	0:15:47	382	0:01:25	387	0:40:36	363	0:02:25	601	0:19:01	347	1:19:16	68.7
Male	357	0526	Alexander	Alejaga	404	30-39	132	0:16:32	446	0:02:15	604	0:38:51	252	0:02:27	603	0:19:17	365	1:19:24	68.6
Male	358	1255	Marlon	Ancheta	405	30-39	133	0:15:18	333	0:02:05	585	0:41:19	383	0:01:32	435	0:19:09	355	1:19:24	68.6
Male	359	0658	David Andrew	Malligan	406	50-59	22	0:16:30	442	0:01:38	487	0:40:37	365	0:01:31	430	0:19:07	353	1:19:25	68.6
Male	360	1424	Kiat Seng	Lim	407	40-49	119	0:16:17	427	0:00:48	67	0:39:05	269	0:01:03	197	0:22:10	500	1:19:25	68.6
Male	361	0305	Samuel Yiap Seng	Wee	408	40-49	120	0:16:19	431	0:01:23	370	0:39:51	317	0:01:19	347	0:20:32	441	1:19:26	68.6
Male	362	0318	David	Duns	409	40-49	121	0:17:11	501	0:01:03	188	0:40:34	360	0:01:08	253	0:19:33	379	1:19:30	68.5
Male	363	0262	Richard	Duncan	410	40-49	122	0:14:32	258	0:01:30	431	0:43:26	458	0:01:28	411	0:18:32	317	1:19:30	68.5
Male	364	0313	Rijk	Broekhuis	411	40-49	123	0:16:12	422	0:01:20	343	0:42:59	448	0:01:09	262	0:17:51	275	1:19:32	68.5
Male	365	0350	Marc	Pelet	412	40-49	124	0:14:55	293	0:01:52	546	0:39:50	315	0:01:56	549	0:20:58	458	1:19:33	68.5
Male	366	0375	James	Mythen	413	30-39	134	0:14:35	262	0:02:38	626	0:40:03	333	0:02:04	570	0:20:11	421	1:19:33	68.5
Male	367	1259	Alvin	Tan	414	30-39	135	0:15:10	319	0:01:52	543	0:42:26	429	0:02:00	560	0:18:04	289	1:19:33	68.5
Male	368	1385	Xavier	Lee	415	40-49	125	0:16:21	433	0:01:29	418	0:40:24	349	0:01:30	422	0:19:48	394	1:19:34	68.5
Male	369	0327	Richard	Leenheer	416	40-49	126	0:16:35	451	0:01:34	459	0:37:01	156	0:01:50	528	0:22:35	518	1:19:38	68.4
Male	370	0293	Jonathan	Chua	417	40-49	127	0:15:39	370	0:01:33	449	0:40:04	335	0:01:27	406	0:20:58	459	1:19:44	68.3
Male	371	2004	Jason	Humphreys	419	40-49	128	0:16:40	461	0:01:21	354	0:40:28	354	0:01:24	383	0:19:54	404	1:19:49	68.3
Male	372	0093	Luck Choon	Chew	421	30-39	136	0:16:40	460	0:01:59	575	0:39:35	301	0:02:15	589	0:19:27	374	1:19:56	68.2
Male	373	0403	Aylwin	Chee	422	30-39	137	0:16:51	480	0:01:28	410	0:40:28	352	0:01:43	497	0:19:29	376	1:20:01	68.1
Male	374	1220	Paul	Banday	424	30-39	138	0:17:01	491	0:01:22	364	0:41:23	388	0:01:27	403	0:18:48	331	1:20:03	68.1
Male	375	0214	Edward	Mcshane	425	40-49	129	0:18:20	568	0:01:46	523	0:39:29	294	0:01:52	537	0:18:36	320	1:20:04	68.0
Male	376	1425	Hiroshi	Okumura	426	40-49	130	0:16:29	440	0:02:05	582	0:38:00	206	0:02:18	594	0:21:11	470	1:20:04	68.0
Male	377	1223	Wen Kai	Chan	428	30-39	139	0:16:11	420	0:01:46	529	0:41:57	408	0:01:39	482	0:18:30	314	1:20:05	68.0
Male	378	0179	Garry Jason	Kersey	429	40-49	131	0:14:58	302	0:01:17	319	0:42:03	410	0:01:23	378	0:20:24	435	1:20:06	68.0
Male	379	0255	Kok Leong Ivan	Tan	430	40-49	132	0:17:00	490	0:01:10	248	0:41:34	398	0:01:24	384	0:18:59	344	1:20:08	68.0
Male	380	0443	Zhenyao Anthony	Li	431	30-39	140	0:15:36	364	0:01:46	524	0:39:45	314	0:02:17	593	0:20:49	451	1:20:14	67.9
Male	381	0426	Rothschild	Chee	432	30-39	141	0:15:11	322	0:01:10	254	0:42:40	438	0:01:31	427	0:19:43	389	1:20:17	67.9
Male	382	0683	Khairulanwar	Abdul Rahim	433	20-29	68	0:15:59	403	0:01:54	555	0:39:31	298	0:01:42	489	0:21:12	471	1:20:19	67.8
Male	383	1398	Wan Mahmood	Wan Hussin	436	40-49	133	0:16:34	450	0:01:11	257	0:39:18	283	0:00:58	160	0:22:28	517	1:20:31	67.7
Male	384	0381	Mohamed Fhaizal	Bin Othman	437	30-39	142	0:15:38	369	0:01:34	457	0:41:04	374	0:01:17	325	0:21:01	463	1:20:35	67.6
Male	385	0495	Desmond	Lim	438	30-39	143	0:16:08	414	0:00:58	150	0:40:06	338	0:01:15	310	0:22:07	498	1:20:36	67.6
Male	386	0680	Jian Kai Josias	Goh	439	20-29	69	0:15:11	321	0:01:22	365	0:39:19	287	0:01:38	470	0:23:10	531	1:20:42	67.5
Male	387	1208	Marcus	Too	442	30-39	144	0:14:07	208	0:01:31	439	0:47:47	550	0:01:25	393	0:16:11	158	1:21:02	67.2
Male	388	0258	Roger Dean Mcgregor	Grant	443	40-49	134	0:19:25	601	0:00:48	71	0:39:33	299	0:01:32	438	0:19:43	391	1:21:03	67.2
Male	389	0613	Franz	Dakoykoy	444	20-29	70	0:16:10	417	0:01:01	176	0:43:44	467	0:00:55	134	0:19:17	364	1:21:08	67.2
Male	390	1451	Isao	Komoriya	445	50-59	23	0:15:51	387	0:01:52	542	0:43:17	452	0:01:50	527	0:18:18	301	1:21:09	67.1
Male	391	0657	Cheng Hung	Chang	447	20-29	71	0:14:45	278	0:01:17	317	0:46:04	517	0:01:10	275	0:18:03	288	1:21:20	67.0
Male	392	1340	Mohamad Norizan Bin	Salim	448	40-49	135	0:16:32	445	0:00:54	121	0:40:44	369	0:01:00	172	0:22:15	507	1:21:27	66.9
Male	393	0362	Ping Foong Alvin	Chia	449	30-39	145	0:15:23	342	0:00:56	131	0:44:19	484	0:00:54	128	0:19:54	405	1:21:28	66.9
Male	394	1306	Gilles	Pascual	450	30-39	146	0:15:01	307	0:01:23	372	0:41:12	379	0:01:27	404	0:22:24	511	1:21:29	66.9
Male	395	0502	Wei Siang	Chua	451	30-39	147	0:16:56	486	0:01:04	198	0:38:48	249	0:01:16	316	0:23:28	538	1:21:33	66.8
Male	396	1395	Liang Piak Richard	Tan	453	40-49	136	0:17:27	523	0:01:29	419	0:37:00	155	0:01:26	396	0:24:15	561	1:21:38	66.7

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	397	0272	Mark Geong Yeow	Poh	454	40-49	137	0:16:43	467	0:01:39	492	0:40:05	337	0:01:30	421	0:21:39	489	1:21:38	66.7
Male	398	0425	Matthew	Nortcliff	455	30-39	148	0:17:18	512	0:01:55	561	0:41:40	405	0:01:31	428	0:19:15	361	1:21:40	66.7
Male	399	0507	Jens	Poehlker	456	30-39	149	0:17:05	497	0:02:13	602	0:41:25	391	0:01:47	515	0:19:09	356	1:21:41	66.7
Male	400	1442	Alexandre	Gentot	457	40-49	138	0:17:40	537	0:02:09	594	0:42:00	409	0:01:59	558	0:17:53	280	1:21:43	66.7
Male	401	1405	Joo Teck Marvin	Wee	458	40-49	139	0:17:24	520	0:01:39	489	0:34:12	54	0:01:43	499	0:26:44	599	1:21:44	66.7
Male	402	0446	Muhammad Alif	Bin Abu Bakar	459	30-39	150	0:13:19	132	0:00:45	45	0:46:59	533	0:00:47	67	0:19:53	403	1:21:45	66.6
Male	403	1396	Hai Teck	Goh	460	40-49	140	0:16:54	482	0:01:00	170	0:40:24	350	0:01:19	346	0:22:09	499	1:21:48	66.6
Male	404	0317	Ross	Syminton	461	40-49	141	0:15:52	391	0:00:48	68	0:46:21	524	0:00:53	119	0:17:53	278	1:21:49	66.6
Male	405	0554	Kenni	Goldenbeck	462	30-39	151	0:15:02	308	0:01:56	567	0:39:16	281	0:02:08	581	0:23:27	537	1:21:51	66.6
Male	406	0249	Nelson	Pomentil	463	40-49	142	0:15:22	341	0:01:51	540	0:44:23	488	0:01:48	519	0:18:28	312	1:21:54	66.5
Male	407	0560	Sow Wee Alex	Tan	465	30-39	152	0:15:07	315	0:01:54	556	0:43:33	460	0:02:28	604	0:18:54	338	1:21:58	66.5
Male	408	1074	Gordon	Hirons	466	40-49	143	0:14:42	273	0:01:14	298	0:45:16	505	0:01:11	285	0:19:38	385	1:22:04	66.4
Male	409	0637	Siew Hong	Lam	467	50-59	24	0:15:54	394	0:01:03	192	0:42:40	439	0:01:28	410	0:20:57	456	1:22:04	66.4
Male	410	1262	Chee Mun	Yuen	468	30-39	153	0:16:14	424	0:01:50	538	0:42:21	421	0:02:18	595	0:19:21	367	1:22:06	66.4
Male	411	1322	Saharudin	Abu	469	30-39	154	0:16:13	423	0:02:07	590	0:39:17	282	0:01:44	505	0:22:43	523	1:22:07	66.3
Male	412	1286	Terry	Steele	472	30-39	155	0:15:21	340	0:01:26	395	0:43:26	457	0:01:38	473	0:20:23	434	1:22:16	66.2
Male	413	0094	Pramod	Balakrishnan	473	40-49	144	0:17:14	506	0:01:27	399	0:41:29	392	0:01:45	506	0:20:25	437	1:22:21	66.2
Male	414	1102	Danial	Eddie	474	16-19	19	0:14:07	209	0:01:54	558	0:45:01	499	0:01:20	357	0:19:57	412	1:22:21	66.2
Male	415	1261	Kok Kiong	Seah	475	30-39	156	0:14:46	281	0:01:44	515	0:47:12	536	0:01:07	234	0:17:33	252	1:22:23	66.1
Male	416	0470	Wei Loong	Lee	477	30-39	157	0:19:01	583	0:01:24	376	0:38:27	233	0:01:14	302	0:22:18	509	1:22:26	66.1
Male	417	1457	Lawrence	Lee	478	50-59	25	0:17:35	532	0:01:39	491	0:41:40	404	0:01:27	402	0:20:09	419	1:22:31	66.0
Male	418	0546	Lars Fredrik	Karlsson	479	30-39	158	0:18:19	567	0:02:06	587	0:38:03	210	0:01:40	484	0:22:23	510	1:22:34	66.0
Male	419	1106	Bryan	Lee	480	16-19	20	0:14:09	214	0:01:43	506	0:44:28	489	0:01:43	496	0:20:33	442	1:22:36	66.0
Male	420	1478	David	Tyndall	481	40-49	145	0:17:20	515	0:01:28	409	0:42:39	437	0:01:19	349	0:19:50	398	1:22:38	65.9
Male	421	1458	Boon Leong	Neo	482	50-59	26	0:15:36	365	0:01:07	228	0:43:37	463	0:01:12	292	0:21:03	466	1:22:39	65.9
Male	422	1098	Joseph	Vitoria	483	16-19	21	0:15:57	399	0:01:06	218	0:45:28	507	0:00:55	140	0:19:12	359	1:22:41	65.9
Male	423	1443	Koon Leong	Goh	484	40-49	146	0:17:40	538	0:01:44	512	0:40:36	364	0:01:37	465	0:21:02	465	1:22:41	65.9
Male	424	0190	Pierre	Laurent	485	40-49	147	0:14:23	246	0:01:28	413	0:46:32	527	0:01:23	381	0:18:54	337	1:22:42	65.9
Male	425	1324	Jeffre	Albarracin	486	30-39	159	0:16:37	454	0:02:59	635	0:37:02	159	0:02:32	608	0:23:31	540	1:22:42	65.9
Male	426	1217	Jia	Xu	487	30-39	160	0:15:03	309	0:01:03	193	0:53:25	604	0:00:52	106	0:12:21	11	1:22:46	65.8
Male	427	0598	Raymund	Tienzo	489	20-29	72	0:17:18	510	0:01:38	488	0:40:09	343	0:01:13	294	0:22:28	514	1:22:47	65.8
Male	428	1380	Kee Tar	Lee	490	40-49	148	0:17:44	539	0:01:30	429	0:38:58	258	0:01:30	424	0:23:04	528	1:22:48	65.8
Male	429	1467	Soon Hin	Tay	491	50-59	27	0:18:04	557	0:01:25	386	0:39:55	324	0:01:03	200	0:22:24	512	1:22:52	65.7
Male	430	0281	Wah Soon	Tan	494	40-49	149	0:16:32	447	0:01:34	461	0:42:47	441	0:01:34	448	0:20:32	440	1:23:02	65.6
Male	431	0302	Gim Ann	Tan	496	40-49	150	0:15:58	400	0:00:55	129	0:47:04	534	0:00:42	36	0:18:30	315	1:23:11	65.5
Male	432	1130	Kaixin	Zhang	497	20-29	73	0:15:09	317	0:00:55	127	0:48:42	562	0:01:06	230	0:17:20	240	1:23:14	65.5
Male	433	1125	Zhiming	Zhang	498	20-29	74	0:14:10	215	0:01:17	314	0:50:06	578	0:00:53	118	0:16:53	204	1:23:19	65.4
Male	434	0656	Liew Pok Ming Marcus	Liew	500	20-29	75	0:15:47	383	0:01:54	557	0:42:06	414	0:01:51	531	0:21:43	492	1:23:22	65.4
Male	435	1110	Muhd Shazry	Azman	501	16-19	22	0:16:04	405	0:01:07	227	0:44:17	483	0:01:21	361	0:20:34	444	1:23:25	65.3
Male	436	0477	Julian	Seah	504	30-39	161	0:17:04	494	0:01:00	166	0:40:08	340	0:01:08	250	0:24:25	563	1:23:47	65.0
Male	437	0661	Brett	Van Norman	505	30-39	162	0:17:35	533	0:00:54	116	0:43:55	471	0:01:08	259	0:20:12	422	1:23:47	65.0
Male	438	0632	Brian	Gillies	506	50-59	28	0:17:24	519	0:02:56	633	0:40:05	336	0:01:56	550	0:21:25	478	1:23:48	65.0
Male	439	1260	Zainal Abidin	Amat	507	30-39	163	0:15:45	381	0:02:20	611	0:46:21	523	0:01:32	432	0:17:52	277	1:23:51	65.0
Male	440	1400	Jae H	Park	508	40-49	151	0:16:07	412	0:03:34	640	0:42:49	443	0:03:58	632	0:17:22	242	1:23:51	65.0

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race			Total	Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	441	1234	Mohd Taufikh B Hamid	Taufikh	510	30-39	164	0:15:29	352	0:01:18	324	0:44:46	492	0:02:03	569	0:20:18	429	1:23:56	64.9
Male	442	0414	Guan Hang Reuben	Phng	511	30-39	165	0:15:01	306	0:01:03	191	0:48:18	557	0:01:00	175	0:18:35	319	1:23:59	64.9
Male	443	1347	Michael	Hickey	512	40-49	152	0:16:39	459	0:02:48	631	0:37:24	174	0:03:18	625	0:23:49	550	1:23:59	64.9
Male	444	0187	Roy	Lim Wu Tick	514	40-49	153	0:17:12	504	0:01:30	427	0:41:18	382	0:04:08	633	0:19:52	401	1:24:02	64.8
Male	445	1231	Arne	Smemo	517	30-39	166	0:17:25	522	0:01:15	301	0:44:57	496	0:01:05	219	0:19:24	369	1:24:07	64.8
Male	446	1214	Yong Chong	Tang	518	30-39	167	0:17:34	529	0:02:17	607	0:40:42	368	0:02:16	590	0:21:17	475	1:24:08	64.8
Male	447	1337	Mikhail	Dilag	519	40-49	154	0:17:04	495	0:01:18	334	0:43:38	464	0:01:36	462	0:20:33	443	1:24:11	64.7
Male	448	1420	Guan Bee	Yeo	520	40-49	155	0:16:45	470	0:02:06	586	0:44:04	476	0:02:06	578	0:19:09	357	1:24:12	64.7
Male	449	1293	Mohamed	Nur Azli	521	30-39	168	0:16:47	473	0:01:24	382	0:43:33	461	0:02:00	561	0:20:29	439	1:24:15	64.7
Male	450	0364	Dominic	Say	522	30-39	169	0:17:06	498	0:01:41	499	0:39:40	308	0:01:51	533	0:24:02	557	1:24:22	64.6
Male	451	1174	Muhammad Idris	Bin Ismail	523	20-29	76	0:18:14	564	0:01:27	406	0:40:27	351	0:01:29	418	0:22:45	524	1:24:24	64.6
Male	452	0261	Johannes	Greve	524	40-49	156	0:15:33	360	0:01:04	206	0:44:02	474	0:01:06	226	0:22:37	521	1:24:25	64.5
Male	453	0672	Xuan Fan	Tan	525	20-29	77	0:13:42	173	0:01:19	339	0:50:15	580	0:01:06	231	0:18:05	292	1:24:29	64.5
Male	454	0578	Mario	Acchiardo	526	20-29	78	0:14:39	270	0:01:36	476	0:48:25	559	0:02:01	564	0:17:48	273	1:24:30	64.5
Male	455	1466	Yong Nang	Tan	527	50-59	29	0:16:41	463	0:02:05	584	0:43:59	472	0:01:33	441	0:20:22	432	1:24:42	64.3
Male	456	0157	Chee Siang	Tan	528	30-39	170	0:15:48	385	0:01:23	368	0:44:05	478	0:01:49	523	0:21:37	485	1:24:44	64.3
Male	457	1148	Adam James	Dunn	529	20-29	79	0:17:47	540	0:01:19	338	0:42:09	417	0:01:17	334	0:22:10	502	1:24:45	64.3
Male	458	0164	Young	Huh	530	40-49	157	0:16:58	488	0:01:12	271	0:42:30	432	0:01:05	212	0:23:02	527	1:24:48	64.2
Male	459	1172	Shiva	Raj	531	20-29	80	0:14:35	263	0:01:39	490	0:50:44	586	0:01:32	434	0:16:17	165	1:24:49	64.2
Male	460	1313	Antony	Linden	532	30-39	171	0:16:47	475	0:01:19	341	0:45:55	513	0:01:06	223	0:19:43	388	1:24:52	64.2
Male	461	1244	Barry	Headridge	533	30-39	172	0:17:18	511	0:01:20	350	0:46:41	529	0:01:43	500	0:17:50	274	1:24:54	64.2
Male	462	1345	Ahmad	Hilmy	537	40-49	158	0:17:59	554	0:01:32	446	0:38:37	243	0:01:52	539	0:25:10	573	1:25:12	63.9
Male	463	0529	Siew Kwan	Tang	538	30-39	173	0:16:18	430	0:01:18	322	0:47:16	538	0:01:16	315	0:19:06	350	1:25:15	63.9
Male	464	0460	Alisdair	Gillies	539	30-39	174	0:15:30	355	0:01:02	180	0:49:35	575	0:00:53	123	0:18:14	299	1:25:16	63.9
Male	465	1309	Siang How Terence	Lim	540	30-39	175	0:17:52	545	0:01:42	504	0:39:58	326	0:01:47	516	0:23:54	554	1:25:16	63.9
Male	466	1258	Hong Kia	Ang	541	30-39	176	0:14:20	239	0:02:20	612	0:51:46	594	0:00:49	83	0:16:05	153	1:25:21	63.8
Male	467	0374	James	Marshall	542	30-39	177	0:17:03	493	0:01:03	189	0:44:01	473	0:01:42	493	0:21:39	490	1:25:30	63.7
Male	468	1341	Craig	Norwood	543	40-49	159	0:16:44	469	0:01:00	163	0:47:54	551	0:00:59	163	0:18:56	339	1:25:34	63.7
Male	469	0594	Mads	Holm	544	20-29	81	0:17:53	546	0:01:43	508	0:37:22	173	0:01:59	559	0:26:37	596	1:25:36	63.6
Male	470	0475	James	Hutchison	545	30-39	178	0:16:50	478	0:01:49	535	0:40:58	372	0:01:49	526	0:24:11	560	1:25:39	63.6
Male	471	0545	Ming Xi	Tong	547	30-39	179	0:18:02	555	0:01:53	548	0:41:20	385	0:02:14	588	0:22:11	503	1:25:41	63.6
Male	472	0314	Bryan	Shillabeer	548	40-49	160	0:19:09	589	0:01:32	444	0:40:38	367	0:01:19	345	0:23:10	530	1:25:49	63.5
Male	473	0371	Chin Joo	Chua	549	30-39	180	0:15:40	372	0:01:11	261	0:48:12	555	0:01:47	512	0:18:59	345	1:25:51	63.5
Male	474	1297	Kim Song	Yeo	550	30-39	181	0:16:44	468	0:01:33	447	0:44:20	486	0:01:36	460	0:21:39	488	1:25:54	63.4
Male	475	1323	Sadikin	Chekman	551	30-39	182	0:17:08	499	0:01:41	497	0:39:30	297	0:02:01	565	0:25:34	580	1:25:55	63.4
Male	476	1276	Muhammad Faizal	Bin Abdul Rahman	552	30-39	183	0:16:06	408	0:01:55	563	0:45:00	498	0:01:35	454	0:21:25	477	1:26:02	63.3
Male	477	0458	Zhihao Sky	Khoo	553	30-39	184	0:14:00	195	0:01:18	331	0:52:30	597	0:01:16	324	0:17:01	215	1:26:06	63.3
Male	478	0298	Lawrence	Ang	554	40-49	161	0:16:17	428	0:01:27	398	0:46:45	531	0:01:16	320	0:20:26	438	1:26:13	63.2
Male	479	0274	Seow San Sidney	Lim	555	40-49	162	0:16:53	481	0:02:25	617	0:38:57	256	0:02:05	573	0:25:52	586	1:26:13	63.2
Male	480	1311	Voon Ching Terence	Lee	556	30-39	185	0:18:46	577	0:01:55	559	0:41:07	377	0:01:49	520	0:22:36	520	1:26:14	63.2
Male	481	1422	Wei Cheng Dict	Koh	557	40-49	163	0:16:10	416	0:01:29	421	0:44:05	477	0:02:05	575	0:22:25	513	1:26:17	63.1
Male	482	0306	Chu Sing	Lee	558	40-49	164	0:16:39	458	0:02:12	601	0:41:29	393	0:02:00	563	0:23:57	555	1:26:19	63.1
Male	483	1366	Fong Swee Alvin	Cheong	559	40-49	165	0:16:18	429	0:02:43	629	0:42:22	422	0:02:41	615	0:22:17	508	1:26:23	63.1
Male	484	1175	Alvin	Manahan	560	20-29	82	0:17:29	525	0:02:03	581	0:39:38	306	0:02:04	572	0:25:10	574	1:26:26	63.0

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category			Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	485	0592	Joo Song	Low	564	20-29	83	0:16:36	453	0:02:01	578	0:43:48	469	0:01:44	503	0:22:28	516	1:26:39	62.9
Male	486	0325	Anthony	Campbell-Brown	565	40-49	166	0:16:55	483	0:02:31	621	0:42:29	431	0:03:34	629	0:21:17	474	1:26:47	62.8
Male	487	1158	Sebastian	Yeo Koh	567	20-29	84	0:15:51	390	0:01:54	553	0:47:27	540	0:01:15	307	0:20:24	436	1:26:53	62.7
Male	488	1426	Dominique	Albero	568	40-49	167	0:17:35	530	0:01:55	564	0:40:28	353	0:01:58	554	0:24:56	571	1:26:53	62.7
Male	489	1119	Hiang Teck	Ng	569	20-29	85	0:17:55	549	0:01:25	384	0:42:52	446	0:01:18	336	0:23:22	535	1:26:54	62.7
Male	490	0633	Christian	Kleeborg	570	50-59	30	0:18:41	575	0:01:53	550	0:38:16	222	0:01:54	545	0:26:10	589	1:26:56	62.7
Male	491	0506	Mark	Needham	572	30-39	186	0:16:41	462	0:01:07	220	0:42:47	442	0:01:10	278	0:25:12	575	1:26:59	62.6
Male	492	1149	Mitchell	Yeo	573	20-29	86	0:17:08	500	0:01:15	308	0:48:44	564	0:00:54	126	0:18:56	341	1:27:00	62.6
Male	493	0342	Win Hong	Mah	575	40-49	168	0:16:49	476	0:02:32	622	0:46:18	521	0:02:30	606	0:18:54	336	1:27:05	62.6
Male	494	0223	Matthew	Collingridge	576	40-49	169	0:18:04	558	0:00:59	158	0:46:19	522	0:00:49	84	0:20:52	453	1:27:06	62.6
Male	495	0205	Teck King	Lim	577	40-49	170	0:16:38	455	0:01:36	471	0:47:57	552	0:02:02	567	0:18:57	342	1:27:11	62.5
Male	496	0621	Philip	Hall	578	50-59	31	0:18:32	570	0:01:31	432	0:43:39	465	0:01:53	542	0:21:38	486	1:27:14	62.5
Male	497	1431	Chee Kong	Cheah	579	40-49	171	0:16:33	448	0:00:57	144	0:51:09	591	0:01:03	199	0:17:33	253	1:27:16	62.4
Male	498	1352	Johnny Song Hui	Ng	580	40-49	172	0:16:25	437	0:00:54	110	0:44:16	482	0:01:08	254	0:24:35	565	1:27:20	62.4
Male	499	0236	Gregory	Karpinski	581	40-49	173	0:26:10	643	0:02:10	595	0:38:25	226	0:01:10	268	0:19:27	373	1:27:22	62.4
Male	500	1243	William	Berney	582	30-39	187	0:19:56	613	0:01:51	539	0:40:02	330	0:01:53	543	0:23:40	544	1:27:25	62.3
Male	501	1361	Limozin	Jerome	584	40-49	174	0:17:57	553	0:01:34	453	0:38:45	245	0:02:11	585	0:27:06	606	1:27:34	62.2
Male	502	0635	Tan	Ah Kow	586	50-59	32	0:16:11	421	0:02:02	580	0:44:43	491	0:03:49	630	0:20:51	452	1:27:38	62.2
Male	503	1452	Foo Onn	Yong	587	50-59	33	0:17:25	521	0:01:27	405	0:44:15	480	0:01:21	358	0:23:14	533	1:27:43	62.1
Male	504	0455	Zayed Bin Abdul Aziz	Talib	588	30-39	188	0:16:47	474	0:01:05	208	0:45:30	508	0:00:59	162	0:23:29	539	1:27:51	62.0
Male	505	0467	Rajasekhar	Vuppu	589	30-39	189	0:18:12	563	0:01:44	516	0:40:35	362	0:02:31	607	0:24:47	569	1:27:52	62.0
Male	506	0448	Cheng How	Tan	590	30-39	190	0:16:09	415	0:01:58	571	0:44:52	494	0:01:15	306	0:23:41	545	1:27:57	61.9
Male	507	1274	Danny	Lee	591	30-39	191	0:18:23	569	0:01:45	521	0:42:24	426	0:01:44	504	0:23:40	543	1:27:57	61.9
Male	508	0650	Richard H.	Pollard	593	50-59	34	0:18:54	580	0:02:46	630	0:39:03	265	0:02:33	610	0:24:46	568	1:28:03	61.9
Male	509	1304	Gautam	Khurana	594	30-39	192	0:17:00	489	0:00:54	115	0:50:17	581	0:01:16	318	0:18:40	324	1:28:08	61.8
Male	510	1335	Fabrice P.A.P.M.	Marcotty	597	40-49	175	0:16:46	472	0:01:08	234	0:43:41	466	0:01:21	363	0:25:26	578	1:28:23	61.6
Male	511	1199	Reggie	Maraviles	598	30-39	193	0:14:58	303	0:01:02	184	0:53:14	602	0:00:53	124	0:18:19	303	1:28:29	61.6
Male	512	1359	Christopher	Marquez	599	40-49	176	0:18:55	581	0:02:31	619	0:42:26	428	0:02:16	591	0:22:28	515	1:28:38	61.5
Male	513	0629	Cary	Pang	600	50-59	35	0:17:12	502	0:01:31	438	0:46:11	519	0:01:49	522	0:21:59	493	1:28:44	61.4
Male	514	1372	Ridzwan	Idris	602	40-49	177	0:18:05	559	0:01:02	185	0:47:31	543	0:00:59	169	0:21:08	468	1:28:47	61.4
Male	515	0499	Miinhov	Lee	603	30-39	194	0:15:58	402	0:01:22	357	0:48:30	560	0:01:29	416	0:21:32	483	1:28:53	61.3
Male	516	0555	Yoong Hao Gabriel	Lim	604	30-39	195	0:18:43	576	0:01:31	436	0:42:55	447	0:01:48	517	0:24:03	558	1:29:01	61.2
Male	517	1353	Ernest	Lim	606	40-49	178	0:17:35	534	0:01:29	420	0:44:51	493	0:01:25	395	0:23:49	548	1:29:11	61.1
Male	518	1465	Matthew	Vitoria	607	50-59	36	0:15:58	401	0:01:10	246	0:50:47	588	0:01:22	367	0:20:00	416	1:29:18	61.0
Male	519	0429	Shengwei Ervine	Lin	608	30-39	196	0:19:31	603	0:01:53	547	0:44:19	485	0:01:30	420	0:22:10	501	1:29:25	60.9
Male	520	1204	Christian Ernel	Regoso	609	30-39	197	0:17:54	547	0:01:12	267	0:46:29	526	0:05:45	634	0:18:05	291	1:29:25	60.9
Male	521	0694	Matthew	Sim	610	20-29	87	0:20:26	619	0:01:02	179	0:39:42	310	0:01:15	311	0:27:01	605	1:29:27	60.9
Male	522	0220	Marius	Weehuizen	611	40-49	179	0:17:52	544	0:03:45	643	0:41:30	394	0:02:44	616	0:23:47	547	1:29:39	60.8
Male	523	1393	Kah Wu Paul	Lim	612	40-49	180	0:19:41	605	0:02:36	625	0:43:16	451	0:02:40	614	0:21:30	482	1:29:46	60.7
Male	524	0591	Karim	Cherhabil	614	20-29	88	0:15:35	361	0:00:52	94	0:51:14	592	0:09:49	635	0:12:25	13	1:29:55	60.6
Male	525	0511	Jatin	Rajput	615	30-39	198	0:15:48	386	0:01:13	288	0:48:07	554	0:01:31	429	0:23:21	534	1:30:03	60.5
Male	526	0178	Shing Howe	Cheam	617	40-49	181	0:18:49	578	0:01:46	525	0:47:24	539	0:02:08	582	0:20:02	417	1:30:11	60.4
Male	527	1408	Yong Soon	Jang	618	40-49	182	0:17:40	536	0:01:28	414	0:48:48	566	0:01:16	322	0:21:00	461	1:30:14	60.4
Male	528	1164	Kok Loong	Shue	619	20-29	89	0:19:11	592	0:01:46	527	0:42:08	416	0:01:45	507	0:25:23	577	1:30:15	60.4



**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total		Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	529	1126	Zhengyi	Zhou	621	20-29	90	0:14:24	248	0:01:22	363	0:53:14	601	0:01:17	333	0:20:15	424	1:30:34	60.2
Male	530	1202	Yiliang	Ore	622	30-39	199	0:16:08	413	0:01:56	566	0:47:38	546	0:03:09	624	0:21:42	491	1:30:34	60.2
Male	531	0463	Nicholas	Reynolds	623	30-39	200	0:15:15	327	0:01:49	534	0:53:24	603	0:01:42	494	0:18:37	321	1:30:49	60.0
Male	532	0611	Mohamed Ridzuan Bin	Haron	628	20-29	91	0:16:24	436	0:00:53	104	0:49:12	571	0:00:46	64	0:23:49	549	1:31:06	59.8
Male	533	1447	Asbjoern	Bakke	629	50-59	37	0:18:41	574	0:02:10	597	0:41:35	400	0:02:06	576	0:26:35	595	1:31:09	59.8
Male	534	1187	Dustin	Harbert	630	20-29	92	0:16:06	411	0:02:32	624	0:50:28	584	0:02:11	584	0:19:50	396	1:31:09	59.8
Male	535	1367	Kai Meng	Tang	632	40-49	183	0:16:50	479	0:02:42	628	0:46:00	516	0:02:09	583	0:23:27	536	1:31:10	59.8
Male	536	1155	Rosanno Jc	De Dios	634	20-29	93	0:17:49	541	0:01:09	241	0:47:38	545	0:01:12	290	0:23:37	542	1:31:27	59.6
Male	537	1239	Raymond	Tan	635	30-39	201	0:17:57	552	0:01:36	470	0:49:57	577	0:01:42	492	0:20:19	430	1:31:32	59.5
Male	538	0536	Ju Jin John Albert	Gaw	636	30-39	202	0:19:07	588	0:01:24	375	0:42:45	440	0:01:58	555	0:26:26	592	1:31:42	59.4
Male	539	1401	Zainudin	Ismail	637	40-49	184	0:20:12	615	0:01:54	552	0:41:04	376	0:02:01	566	0:26:35	594	1:31:47	59.4
Male	540	0402	Chee How Lanx	Goh	639	30-39	203	0:17:22	518	0:02:14	603	0:48:47	565	0:01:57	552	0:21:33	484	1:31:54	59.3
Male	541	1394	Muliadi	Mohammed Said	641	40-49	185	0:18:07	561	0:01:27	403	0:45:10	504	0:02:39	613	0:24:36	566	1:32:02	59.2
Male	542	1162	Adam	Bin Abdul Rahman	642	20-29	94	0:18:18	566	0:01:48	531	0:47:35	544	0:00:38	18	0:23:42	546	1:32:03	59.2
Male	543	1470	Peter	Hodgson	643	40-49	186	0:17:54	548	0:01:00	162	0:52:45	598	0:00:44	52	0:19:43	392	1:32:08	59.1
Male	544	1419	Lindsay	Maddock	645	40-49	187	0:15:43	379	0:01:58	572	0:50:51	589	0:01:31	431	0:22:04	497	1:32:10	59.1
Male	545	1402	Chee Seng	Wong	646	40-49	188	0:18:52	579	0:01:28	408	0:48:00	553	0:00:59	167	0:22:57	526	1:32:18	59.0
Male	546	1277	Seah	Su-Hong	648	30-39	204	0:16:33	449	0:00:48	64	0:54:09	607	0:01:13	293	0:19:57	410	1:32:40	58.8
Male	547	1428	Matthew	Cross	650	40-49	189	0:17:35	531	0:01:53	551	0:43:45	468	0:01:44	502	0:27:50	610	1:32:48	58.7
Male	548	1471	Tee Kwong Steve	Wong	652	50-59	38	0:20:43	622	0:01:14	290	0:47:43	549	0:01:46	511	0:21:27	479	1:32:54	58.6
Male	549	0265	Emerson Duncan	Howard	654	40-49	190	0:19:48	607	0:00:56	133	0:44:30	490	0:01:00	177	0:26:53	603	1:33:09	58.5
Male	550	0527	Tay Cheng Hong	Tay	656	30-39	205	0:20:49	623	0:02:21	614	0:41:35	399	0:01:48	518	0:26:47	602	1:33:22	58.4
Male	551	0287	Ping Boon	Chia	657	40-49	191	0:19:56	612	0:03:03	636	0:44:58	497	0:02:32	609	0:23:05	529	1:33:35	58.2
Male	552	1446	Jacobus	Van Lint	662	40-49	192	0:17:20	516	0:01:59	576	0:47:31	542	0:02:47	620	0:24:09	559	1:33:48	58.1
Male	553	1196	Chris	San Buenaventura	663	30-39	206	0:19:03	585	0:01:32	445	0:49:10	570	0:02:02	568	0:22:01	494	1:33:50	58.1
Male	554	0347	Tzu Kiat	Tan	664	40-49	193	0:15:45	380	0:00:48	74	0:56:58	616	0:00:47	69	0:19:35	380	1:33:55	58.0
Male	555	1114	Marshall	Teo	665	16-19	23	0:17:14	508	0:01:22	356	0:50:33	585	0:01:19	350	0:23:54	553	1:34:24	57.7
Male	556	0696	Zia Ul Hakim	Bin Mahmud Said	667	20-29	95	0:19:20	599	0:01:17	318	0:48:17	556	0:00:52	103	0:24:48	570	1:34:36	57.6
Male	557	1336	Elmer	Flores	669	40-49	194	0:19:21	600	0:01:45	519	0:46:40	528	0:01:23	377	0:25:36	582	1:34:47	57.5
Male	558	0354	Darren	Geldard	670	40-49	195	0:17:31	527	0:01:55	560	0:46:22	525	0:02:25	599	0:26:44	600	1:34:59	57.4
Male	559	1342	Philippe	Chomienne	671	40-49	196	0:16:57	487	0:02:19	608	0:53:05	599	0:02:04	571	0:20:48	449	1:35:15	57.2
Male	560	1474	Siew Meng Steven	Lee	673	50-59	39	0:17:30	526	0:03:17	639	0:47:31	541	0:02:27	602	0:24:35	564	1:35:22	57.1
Male	561	0583	Michael James	Sepulveda	675	20-29	96	0:18:40	573	0:01:06	214	0:50:45	587	0:01:15	313	0:23:49	551	1:35:38	57.0
Male	562	0636	David	Lim	676	50-59	40	0:15:35	363	0:01:11	260	1:00:15	623	0:01:09	264	0:17:36	259	1:35:49	56.9
Male	563	1315	Wawan	Setiawan	678	30-39	207	0:19:17	595	0:02:59	634	0:45:59	515	0:02:22	596	0:25:42	584	1:36:21	56.5
Male	564	1264	Dennis	Ocampo	679	30-39	208	0:16:42	464	0:01:34	454	0:56:44	612	0:01:39	479	0:19:43	390	1:36:23	56.5
Male	565	1284	Louie Andrew	Hernandez	680	30-39	209	0:17:52	543	0:01:26	389	0:54:00	606	0:01:04	207	0:22:01	495	1:36:24	56.5
Male	566	1472	Bruce Leonard	Gorchitza	681	50-59	41	0:19:17	594	0:02:31	620	0:52:08	595	0:01:08	248	0:21:18	476	1:36:25	56.5
Male	567	0612	Clint Mark	Gono	683	20-29	97	0:19:11	591	0:00:53	99	0:46:10	518	0:00:46	61	0:29:31	623	1:36:31	56.4
Male	568	1358	Yusman	Mat Sidik	684	40-49	197	0:18:34	572	0:01:28	411	0:49:23	574	0:01:34	451	0:25:29	579	1:36:31	56.4
Male	569	1456	Kevin	Bossino	685	50-59	42	0:18:02	556	0:01:36	478	0:47:13	537	0:02:22	597	0:27:16	608	1:36:31	56.4
Male	570	0497	Eric	Sto Domingo	686	30-39	210	0:19:52	610	0:01:06	212	0:48:38	561	0:01:07	243	0:25:49	585	1:36:34	56.4
Male	571	1330	Kian Meng	Ong	687	30-39	211	0:20:25	618	0:01:14	296	0:45:30	509	0:01:12	289	0:28:20	614	1:36:43	56.3
Male	572	0264	Daniel	Gan	688	40-49	198	0:21:35	627	0:01:29	415	0:48:21	558	0:01:42	490	0:23:53	552	1:37:01	56.2

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total		Category		Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	573	0162	Kenneth	Tay	689	40-49	199	0:19:04	587	0:01:17	316	0:49:18	572	0:00:56	143	0:26:44	601	1:37:20	56.0
Male	574	1212	Gregor	Thomson	690	30-39	212	0:18:33	571	0:01:06	211	0:51:00	590	0:01:10	272	0:25:35	581	1:37:25	55.9
Male	575	1399	Mark Alan	Revita	692	40-49	200	0:20:29	620	0:02:11	598	0:44:16	481	0:03:01	623	0:27:54	611	1:37:54	55.7
Male	576	1440	David	Jane	694	40-49	201	0:19:18	597	0:01:10	251	0:46:43	530	0:01:56	551	0:28:44	617	1:37:54	55.7
Male	577	0320	Ban Hock	Neo	695	40-49	202	0:22:05	633	0:02:28	618	0:45:51	512	0:01:39	480	0:26:08	588	1:38:13	55.5
Male	578	1170	Muhammad Fa'iz	Bin Malik	696	20-29	98	0:19:25	602	0:01:04	199	0:45:50	511	0:00:45	56	0:31:13	631	1:38:19	55.4
Male	579	1412	Wai How	Yew	697	40-49	203	0:16:45	471	0:01:04	200	0:53:39	605	0:00:55	139	0:25:57	587	1:38:22	55.4
Male	580	0682	Elliott Chen Liang	Tan	698	20-29	99	0:27:04	644	0:02:05	583	0:46:53	532	0:01:34	449	0:20:45	448	1:38:22	55.4
Male	581	1197	Edward John	Tumaneng	700	30-39	213	0:19:51	609	0:01:34	455	0:50:25	583	0:01:50	530	0:24:46	567	1:38:27	55.3
Male	582	0698	Toh Ming Chong Kenne	Toh	701	20-29	100	0:17:57	550	0:01:20	345	0:56:48	614	0:01:03	201	0:21:38	487	1:38:48	55.1
Male	583	1179	Edwin	Vivek	702	20-29	101	0:17:01	492	0:02:20	613	0:55:41	609	0:01:54	544	0:22:14	506	1:39:12	54.9
Male	584	1333	Kai Loon Jasper	Tan	703	30-39	214	0:21:02	624	0:02:02	579	0:47:41	548	0:01:54	547	0:26:43	598	1:39:23	54.8
Male	585	1177	Muhamad Azri	Subari	704	20-29	102	0:17:15	509	0:01:18	330	0:52:27	596	0:01:59	557	0:26:25	591	1:39:26	54.8
Male	586	0376	Zurairi	Bin Samsuddin	705	30-39	215	0:21:30	626	0:02:10	596	0:48:44	563	0:02:05	574	0:25:17	576	1:39:47	54.6
Male	587	0411	Mun Yu Fabian	Hui	706	30-39	216	0:21:15	625	0:01:45	518	0:45:06	502	0:02:59	621	0:28:55	619	1:40:01	54.5
Male	588	1376	Jer Huei	Choa	707	40-49	204	0:19:02	584	0:01:36	473	0:56:51	615	0:01:04	211	0:21:27	480	1:40:02	54.5
Male	589	0622	Steven	Baggott	710	50-59	43	0:17:33	528	0:01:42	503	0:57:40	617	0:01:05	221	0:22:13	504	1:40:15	54.3
Male	590	1438	Vincent Vinu Edward	Edward	713	40-49	205	0:22:14	634	0:02:41	627	0:45:04	501	0:02:25	598	0:28:01	612	1:40:27	54.2
Male	591	0260	Christopher	Lee	714	40-49	206	0:21:54	632	0:02:00	577	0:45:55	514	0:01:25	394	0:29:13	620	1:40:29	54.2
Male	592	0283	Stephen	Conway	716	40-49	207	0:19:18	596	0:02:11	599	0:49:08	569	0:03:18	626	0:26:41	597	1:40:38	54.1
Male	593	1189	Andree Lukito	Lukito	717	30-39	217	0:14:50	288	0:01:35	467	1:04:35	632	0:00:53	115	0:18:51	334	1:40:46	54.1
Male	594	1184	Yee Vui	Wong	718	20-29	103	0:14:25	249	0:00:58	151	1:02:52	627	0:01:09	265	0:22:03	496	1:41:29	53.7
Male	595	1206	Jeremy	Aruldoss	719	30-39	218	0:19:17	593	0:01:15	307	0:56:08	611	0:01:35	456	0:23:13	532	1:41:29	53.7
Male	596	1193	Hun Kok	Loo	720	30-39	219	0:18:07	560	0:01:24	374	0:51:29	593	0:01:10	279	0:29:20	622	1:41:31	53.7
Male	597	1257	Kean Choun	Koh	721	30-39	220	0:15:26	348	0:01:10	250	0:56:46	613	0:00:56	146	0:27:11	607	1:41:31	53.7
Male	598	1250	Gim Lee	Lim	722	30-39	221	0:17:38	535	0:01:20	348	0:59:47	621	0:01:45	509	0:21:06	467	1:41:38	53.6
Male	599	1185	Dominic	Heng	723	20-29	104	0:17:12	503	0:01:10	247	0:50:15	579	0:01:28	414	0:31:35	632	1:41:42	53.6
Male	600	0203	Yee Hern	Lee	724	40-49	208	0:21:46	629	0:01:52	544	0:48:58	567	0:02:16	592	0:26:53	604	1:41:47	53.5
Male	601	0646	Terence	Goh	725	50-59	44	0:25:24	641	0:03:39	642	0:44:10	479	0:02:25	600	0:26:30	593	1:42:10	53.3
Male	602	1449	Hee Toon Richard	Foo	730	50-59	45	0:24:03	640	0:02:06	588	0:43:24	456	0:02:45	618	0:30:44	627	1:43:06	52.8
Male	603	1370	Choong Yew	Wong	731	40-49	209	0:17:28	524	0:03:08	637	0:57:55	618	0:01:59	556	0:22:42	522	1:43:13	52.8
Male	604	1190	Dzahri	Dzulkifly	735	30-39	222	0:19:36	604	0:01:00	169	0:53:08	600	0:00:44	51	0:29:51	625	1:44:20	52.2
Male	605	1123	Weng Lum	Wong	736	20-29	105	0:19:09	590	0:01:17	320	0:58:11	619	0:00:48	75	0:25:03	572	1:44:30	52.1
Male	606	0221	Daniel	Cheng	738	40-49	210	0:23:47	637	0:02:21	615	0:45:26	506	0:02:12	587	0:31:04	628	1:44:52	52.0
Male	607	0660	Ngiap Kui	Ng	741	60+	2	0:31:25	645	0:01:21	351	0:47:09	535	0:01:41	488	0:23:57	556	1:45:35	51.6
Male	608	1236	Mohammad Zubir	Samsudin	742	30-39	223	0:21:46	628	0:02:19	609	0:50:19	582	0:03:00	622	0:28:19	613	1:45:45	51.5
Male	609	1321	Lip Wui	Chee	743	30-39	224	0:19:55	611	0:01:30	424	1:01:41	626	0:01:49	525	0:20:57	457	1:45:54	51.4
Male	610	1285	Antony Sahayaraj	Singarayar	744	30-39	225	0:16:29	441	0:01:23	371	1:02:52	628	0:01:42	495	0:23:32	541	1:46:01	51.4
Male	611	1242	Aaron	Costello	746	30-39	226	0:17:50	542	0:01:36	477	1:01:15	624	0:01:28	408	0:24:20	562	1:46:30	51.2
Male	612	1203	Wai Pang	Chow	748	30-39	227	0:20:32	621	0:01:15	306	0:55:14	608	0:01:20	355	0:29:13	621	1:47:36	50.6
Male	613	1326	Johnny Jojo	Taguam	749	30-39	228	0:20:12	616	0:03:16	638	0:55:52	610	0:03:20	627	0:25:39	583	1:48:21	50.3
Male	614	1201	Teck Hooi	Yap	750	30-39	229	0:18:17	565	0:01:15	302	1:04:22	631	0:02:00	562	0:22:36	519	1:48:33	50.2
Male	615	1238	Indra Zareen	Bin Mortar	752	30-39	230	0:18:09	562	0:01:29	416	1:03:16	629	0:01:08	252	0:26:20	590	1:50:23	49.4
Male	616	1303	Kannan	S/O Kalliya Perumal	754	30-39	231	0:17:57	551	0:01:48	532	1:01:40	625	0:01:27	405	0:28:27	615	1:51:21	48.9

**Result Sprint Duathlon - by Gender**  
**Sengkang Riverside Park, Sengkang, Sunday 24 March 2013**

Gender		Race		Total	Category			Run 1		Transition 1		Cycle		Transition 2		Run 2		Total	Total
Gender	Pos.	No.	First Name	Last Name	Pos	Cat.	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Pos.	Time	Points
Male	617	1369	Narendra Kumar	Bansod	755	40-49	211	0:21:52	631	0:01:35	468	0:58:42	620	0:01:13	295	0:28:40	616	1:52:04	48.6
Male	618	1381	Mohammed Nazim	Elmi	757	40-49	212	0:25:27	642	0:02:15	605	0:49:21	573	0:03:28	628	0:32:07	633	1:52:40	48.4
Male	619	0196	Andrew J	Hill	759	40-49	213	0:23:14	636	0:01:34	458	1:00:12	622	0:01:36	459	0:29:46	624	1:56:24	46.8
Male	620	0695	Wai Sing	Ong	760	20-29	106	0:19:03	586	0:01:58	568	1:07:01	637	0:00:58	158	0:27:42	609	1:56:44	46.7
Male	621	1230	Gnana Seela Rao	Pooli	761	30-39	232	0:19:50	608	0:01:33	450	1:04:10	630	0:01:37	469	0:29:55	626	1:57:07	46.5
Male	622	1233	Eric	Kuah	763	30-39	233	0:20:11	614	0:01:30	428	1:04:48	633	0:01:39	475	0:31:06	630	1:59:15	45.7
Male	623	1218	Cynthia	Tjong	764	30-39	234	0:20:13	617	0:01:26	394	1:04:57	634	0:01:33	442	0:31:06	629	1:59:16	45.7
Male	624	1407	John Martin R.	Nieva	766	40-49	214	0:13:19	131	0:02:54	632	1:11:34	638	0:03:57	631	0:34:22	636	2:06:08	43.2
Male	625	1182	Vikneshwaran	Veeran	767	20-29	107	0:24:02	639	0:05:25	644	1:05:05	635	0:01:39	477	0:33:21	634	2:09:34	42.1
Male	626	1186	Sharan Kumar	Stephen	768	20-29	108	0:24:00	638	0:05:28	645	1:05:07	636	0:01:35	455	0:33:23	635	2:09:35	42.0
Male		1176	Md Abdul Alim	Alim		20-29		0:14:12	222	0:00:48	66	0:28:21	8	0:00:43	41	0:17:39	262	1:01:44	
Male		1095	Gabriel	Gay		16-19		0:19:01	582	0:01:42	501	0:38:34	238						
Male		0671	Bryce	Chong		16-19		0:10:58	16	0:00:52	95								
Male		0653	Chen Hwee Edwin	Chua		20-29		0:14:57	300	0:01:35	465	0:22:11	4	0:01:07	233	0:22:13	505	1:02:05	
Male		0645	Keith	Moore		50-59		0:19:19	598	0:02:07	591								
Male		0642	Matthew	Kuhn		50-59		0:17:13	505	0:01:13	285	0:02:49	1	0:34:50	636	0:17:39	261	1:13:45	
Male		0606	Jeanchristophe	Cavanna		20-29		0:10:59	17	0:00:54	107								
Male		1439	Vannaan	V R		40-49		0:21:50	630	0:02:20	610								
Male		1434	Anastasios	Galantomos		40-49		0:14:10	216	0:01:45	520	0:19:04	2	0:01:35	452	0:15:50	135	0:52:26	
Male		1226	Archie	Cancio		30-39		0:16:38	457	0:02:32	623	0:21:13	3	0:02:47	619	0:19:58	415	1:03:10	
Male		1251	Paulo Bien	Mercado		30-39		0:19:45	606	0:00:58	152	0:27:59	7	0:00:57	149	0:28:48	618	1:18:28	
Male		1280	Robert	White		30-39		0:14:50	286	0:01:08	236								
Male		1265	Saravanan	Govindasamy		30-39		0:22:54	635	0:01:35	466								
Male		1312	Raymond	Alina		30-39		1:13:10	646	743:08:31		0:49:05	568					0:19:29	
Male		0295	Seng Hoe	Tan		40-49		0:15:38	368	0:01:33	451	0:28:44	10	0:01:53	540	0:16:34	179	1:04:24	
Male		0413	Ewin	Teo		30-39		0:10:57	13	0:00:47	60								
Male		0417	Wing Fung	Tse		30-39		0:15:25	346	0:01:13	282	0:28:35	9	0:01:17	326	0:17:46	268	1:04:18	
Male		0340	Andrea	Geat		40-49		0:15:24	343	0:00:53	102	0:22:45	5	0:01:25	391	0:18:16	300	0:58:45	
Male		0319	Miles	Griffiths		40-49		0:14:07	211	0:01:01	173	0:26:40	6	0:01:10	282	0:15:41	123	0:58:41	
Male		0533	John	O'shea		30-39		0:12:38	84	0:01:13	277								