

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total | |
|----------|-------|------|-------|--------------------|-------------|-------|---------|--------------|---------|-------|---------|--------------|---------|-------|---------|-------|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Female | 16-39 | 1 | D0859 | Elsemieke | Marren | 14 | 0:05:37 | 1 | 0:00:38 | 2 | 0:20:10 | 6 | 0:00:35 | 3 | 0:08:09 | 4 | 0:35:11 | 100.0 |
| Female | 16-39 | 2 | D1587 | Cheryl | Chan | 15 | 0:05:37 | 2 | 0:01:01 | 12 | 0:21:00 | 7 | 0:00:34 | 2 | 0:07:09 | 3 | 0:35:23 | 99.4 |
| Female | 16-39 | 3 | D0861 | Joelyn | Goh | 28 | 0:06:47 | 5 | 0:00:36 | 1 | 0:22:39 | 10 | 0:00:32 | 1 | 0:08:57 | 7 | 0:39:33 | 89.0 |
| Female | 16-39 | 4 | D0842 | Paola | Unda | 45 | 0:07:03 | 6 | 0:00:49 | 6 | 0:24:25 | 16 | 0:00:42 | 4 | 0:08:46 | 6 | 0:41:46 | 84.2 |
| Female | 16-39 | 5 | D1642 | Katie | Manning | 46 | 0:08:22 | 21 | 0:01:23 | 32 | 0:21:36 | 8 | 0:01:46 | 54 | 0:08:41 | 5 | 0:41:49 | 84.1 |
| Female | 16-39 | 6 | D0845 | Kristine Marie | Gumabay | 58 | 0:08:03 | 12 | 0:01:11 | 19 | 0:23:25 | 12 | 0:00:56 | 14 | 0:09:56 | 10 | 0:43:32 | 80.8 |
| Female | 16-39 | 7 | D0839 | Joyce Yii Li | Tan | 60 | 0:08:04 | 14 | 0:01:08 | 18 | 0:23:36 | 14 | 0:01:03 | 19 | 0:09:49 | 9 | 0:43:42 | 80.5 |
| Female | 16-39 | 8 | D0850 | Mei Kee | Wong | 66 | 0:08:46 | 26 | 0:01:07 | 17 | 0:22:43 | 11 | 0:00:49 | 7 | 0:10:56 | 19 | 0:44:23 | 79.3 |
| Female | 16-39 | 9 | D0866 | Claire | Lim | 70 | 0:06:23 | 3 | 0:00:44 | 4 | 0:26:40 | 24 | 0:00:51 | 11 | 0:10:29 | 16 | 0:45:09 | 77.9 |
| Female | 16-39 | 10 | D0836 | Julianne | Walker | 73 | 0:08:35 | 24 | 0:01:04 | 13 | 0:24:13 | 15 | 0:01:04 | 21 | 0:10:21 | 13 | 0:45:18 | 77.7 |
| Female | 16-39 | 11 | D1593 | Sophia | Sim | 78 | 0:09:29 | 34 | 0:02:09 | 65 | 0:16:14 | 4 | 0:01:50 | 59 | 0:15:53 | 55 | 0:45:37 | 77.1 |
| Female | 16-39 | 12 | D1618 | Leslie | Dela Torre | 85 | 0:08:15 | 17 | 0:01:18 | 26 | 0:24:25 | 17 | 0:01:22 | 38 | 0:10:52 | 17 | 0:46:14 | 76.1 |
| Female | 16-39 | 13 | D1599 | Nurulhuda | Zaibarudin | 86 | 0:07:56 | 11 | 0:00:56 | 10 | 0:25:46 | 20 | 0:01:16 | 27 | 0:10:27 | 15 | 0:46:23 | 75.9 |
| Female | 16-39 | 14 | D0846 | Cynthia Sue Yen | Luo | 88 | 0:07:29 | 7 | 0:00:57 | 11 | 0:27:37 | 31 | 0:00:58 | 16 | 0:09:31 | 8 | 0:46:34 | 75.6 |
| Female | 16-39 | 15 | D0863 | Jordyn | Gray | 92 | 0:07:45 | 10 | 0:00:50 | 7 | 0:26:39 | 23 | 0:00:47 | 6 | 0:10:53 | 18 | 0:46:55 | 75.0 |
| Female | 16-39 | 16 | D0837 | Wan Nghee | Eng | 94 | 0:08:16 | 18 | 0:01:25 | 34 | 0:26:04 | 21 | 0:01:02 | 18 | 0:10:24 | 14 | 0:47:13 | 74.5 |
| Female | 16-39 | 17 | D1612 | Nurhafiza | Mohamad | 96 | 0:09:37 | 35 | 0:00:49 | 5 | 0:23:31 | 13 | 0:00:51 | 10 | 0:12:33 | 29 | 0:47:22 | 74.3 |
| Female | 16-39 | 18 | D1596 | Li Xian Bliss | Tan | 97 | 0:08:43 | 25 | 0:01:05 | 14 | 0:24:57 | 19 | 0:00:50 | 8 | 0:11:47 | 24 | 0:47:23 | 74.3 |
| Female | 16-39 | 19 | D1597 | Nur Yasmin | Hussein | 105 | 0:08:26 | 22 | 0:01:16 | 25 | 0:24:48 | 18 | 0:01:16 | 30 | 0:12:44 | 30 | 0:48:32 | 72.5 |
| Female | 16-39 | 20 | D1641 | Ping Ting Marilyn | Lam | 114 | 0:08:18 | 19 | 0:00:53 | 8 | 0:29:02 | 35 | 0:00:45 | 5 | 0:10:58 | 20 | 0:49:58 | 70.4 |
| Female | 16-39 | 21 | D0851 | Ying Jamie | Soh | 115 | 0:09:28 | 33 | 0:01:25 | 35 | 0:26:52 | 26 | 0:01:10 | 23 | 0:11:06 | 21 | 0:50:03 | 70.3 |
| Female | 16-39 | 22 | D1598 | Wen Xiu | Heng | 116 | 0:08:06 | 15 | 0:01:48 | 59 | 0:29:04 | 36 | 0:01:08 | 22 | 0:10:15 | 11 | 0:50:23 | 69.8 |
| Female | 16-39 | 23 | D0841 | Sihui | Yang | 120 | 0:09:02 | 29 | 0:01:47 | 57 | 0:27:11 | 28 | 0:01:12 | 25 | 0:12:25 | 28 | 0:51:37 | 68.2 |
| Female | 16-39 | 24 | D1611 | Carolyn | Hurley | 123 | 0:08:12 | 16 | 0:01:40 | 50 | 0:28:57 | 34 | 0:01:23 | 39 | 0:12:07 | 25 | 0:52:20 | 67.2 |
| Female | 16-39 | 25 | D1638 | Lin Li | Lim | 126 | 0:09:39 | 36 | 0:01:52 | 62 | 0:27:13 | 29 | 0:01:27 | 42 | 0:12:19 | 27 | 0:52:31 | 67.0 |
| Female | 16-39 | 26 | D1605 | Chi Ching | Leung | 129 | 0:08:57 | 27 | 0:01:44 | 55 | 0:27:10 | 27 | 0:01:28 | 45 | 0:13:23 | 38 | 0:52:44 | 66.7 |
| Female | 16-39 | 27 | D1600 | Sock Ming | Yeoh | 134 | 0:09:58 | 39 | 0:01:16 | 24 | 0:27:52 | 32 | 0:01:16 | 28 | 0:12:57 | 31 | 0:53:20 | 66.0 |
| Female | 16-39 | 28 | D0838 | Margarita | Baraquero | 135 | 0:09:26 | 32 | 0:01:13 | 22 | 0:28:31 | 33 | 0:01:20 | 37 | 0:13:05 | 34 | 0:53:37 | 65.6 |
| Female | 16-39 | 29 | D1585 | Claire | Carter | 141 | 0:07:37 | 9 | 0:01:05 | 15 | 0:31:45 | 41 | 0:01:11 | 24 | 0:12:18 | 26 | 0:53:59 | 65.2 |
| Female | 16-39 | 30 | D1591 | Huai Yue | Teo | 142 | 0:09:44 | 37 | 0:01:27 | 36 | 0:26:45 | 25 | 0:03:11 | 65 | 0:13:00 | 33 | 0:54:09 | 65.0 |
| Female | 16-39 | 31 | D1623 | Jia Jia | Sim | 143 | 0:08:34 | 23 | 0:01:06 | 16 | 0:32:36 | 42 | 0:00:53 | 12 | 0:11:17 | 22 | 0:54:26 | 64.6 |
| Female | 16-39 | 32 | D1639 | Dyah | Puspitasari | 145 | 0:10:06 | 41 | 0:01:48 | 60 | 0:27:18 | 30 | 0:01:46 | 56 | 0:13:48 | 42 | 0:54:48 | 64.2 |
| Female | 16-39 | 33 | D1636 | Bernadette | Dino | 146 | 0:12:59 | 68 | 0:01:41 | 52 | 0:19:16 | 5 | 0:02:12 | 62 | 0:19:40 | 67 | 0:55:51 | 63.0 |
| Female | 16-39 | 34 | D1644 | Hwee Theng | Lee | 147 | 0:09:02 | 30 | 0:00:55 | 9 | 0:33:40 | 48 | 0:00:54 | 13 | 0:11:21 | 23 | 0:55:54 | 62.9 |
| Female | 16-39 | 35 | D1615 | Healy | Sabharwal | 148 | 0:11:28 | 63 | 0:01:28 | 38 | 0:35:26 | 55 | 0:01:35 | 52 | 0:06:01 | 2 | 0:56:00 | 62.8 |
| Female | 16-39 | 36 | D0847 | Insiyah Mansoor S. | Amiruddeen | 149 | 0:10:09 | 43 | 0:01:42 | 53 | 0:29:44 | 38 | 0:01:28 | 44 | 0:13:18 | 37 | 0:56:23 | 62.4 |
| Female | 16-39 | 37 | D1629 | Joo Cheng | Chhua | 150 | 0:10:27 | 53 | 0:01:29 | 39 | 0:29:20 | 37 | 0:00:59 | 17 | 0:15:10 | 49 | 0:57:27 | 61.2 |
| Female | 16-39 | 38 | D1633 | Li Fang | Han | 151 | 0:10:22 | 50 | 0:01:12 | 21 | 0:30:46 | 40 | 0:01:16 | 29 | 0:14:17 | 44 | 0:57:55 | 60.7 |
| Female | 16-39 | 39 | D1609 | Pei Sun | Teoh | 153 | 0:10:16 | 45 | 0:01:24 | 33 | 0:32:43 | 43 | 0:02:22 | 63 | 0:12:57 | 32 | 0:59:44 | 58.9 |
| Female | 16-39 | 40 | D1586 | Siti Nur Musyirah | Hamdan | 154 | 0:09:05 | 31 | 0:01:43 | 54 | 0:33:03 | 45 | 0:00:58 | 15 | 0:14:56 | 47 | 0:59:48 | 58.8 |

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total |
|----------|-------|------|-------|----------------------|-------------------|-------|---------|-----|--------------|-----|---------|-----|--------------|-----|---------|-----|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Female | 16-39 | 41 | D1608 | Kuah Shi Lei | Kuah Shi Lei | 156 | 0:10:18 | 47 | 0:01:32 | 43 | 0:33:20 | 47 | 0:01:41 | 53 | 0:13:14 | 35 | 1:00:06 | 58.5 |
| Female | 16-39 | 42 | D1634 | Bie Tju | Oey | 157 | 0:11:09 | 62 | 0:01:22 | 28 | 0:32:53 | 44 | 0:01:34 | 51 | 0:14:01 | 43 | 1:01:01 | 57.7 |
| Female | 16-39 | 43 | D1614 | Siew Lan Cindy | Koh | 158 | 0:09:00 | 28 | 0:01:32 | 44 | 0:35:42 | 57 | 0:01:33 | 48 | 0:13:17 | 36 | 1:01:05 | 57.6 |
| Female | 16-39 | 44 | D1613 | Men Yin | Cheong | 162 | 0:11:03 | 61 | 0:01:22 | 27 | 0:33:12 | 46 | 0:01:17 | 31 | 0:15:11 | 50 | 1:02:06 | 56.7 |
| Female | 16-39 | 45 | D1603 | Koh Shi Hui Michelle | Koh | 165 | 0:09:46 | 38 | 0:01:35 | 47 | 0:35:06 | 54 | 0:01:24 | 40 | 0:14:44 | 46 | 1:02:38 | 56.2 |
| Female | 16-39 | 46 | D1628 | Jennifer | Picones | 167 | 0:10:13 | 44 | 0:01:30 | 42 | 0:35:40 | 56 | 0:01:27 | 43 | 0:15:14 | 51 | 1:04:06 | 54.9 |
| Female | 16-39 | 47 | D1645 | Kuek Hsiao Feng | Kuek | 168 | 0:10:44 | 58 | 0:01:29 | 41 | 0:33:44 | 49 | 0:03:01 | 64 | 0:15:06 | 48 | 1:04:07 | 54.9 |
| Female | 16-39 | 48 | D1610 | Mylene | Laygo | 169 | 0:10:58 | 60 | 0:01:11 | 20 | 0:34:29 | 53 | 0:01:17 | 32 | 0:16:32 | 57 | 1:04:29 | 54.6 |
| Female | 16-39 | 49 | D1607 | Ng Shy Zing | Ng Shy Zing | 170 | 0:10:19 | 48 | 0:01:34 | 46 | 0:34:25 | 52 | 0:01:25 | 41 | 0:17:14 | 59 | 1:04:59 | 54.1 |
| Female | 16-39 | 50 | D1620 | Siew Ling | Tan | 171 | 0:10:21 | 49 | 0:01:27 | 37 | 0:33:55 | 51 | 0:01:57 | 61 | 0:17:22 | 60 | 1:05:04 | 54.1 |
| Female | 16-39 | 51 | D1601 | Hui Wen | Tay | 172 | 0:10:07 | 42 | 0:01:38 | 48 | 0:35:50 | 58 | 0:01:19 | 35 | 0:16:14 | 56 | 1:05:09 | 54.0 |
| Female | 16-39 | 52 | D1606 | An Lian | Ang | 173 | 0:10:39 | 57 | 0:02:44 | 70 | 0:26:22 | 22 | 0:07:59 | 67 | 0:17:56 | 62 | 1:05:42 | 53.6 |
| Female | 16-39 | 53 | D1617 | Radiah | Bte Md Ali Jinnah | 174 | 0:10:38 | 56 | 0:02:43 | 69 | 0:30:24 | 39 | 0:03:59 | 66 | 0:17:56 | 61 | 1:05:42 | 53.6 |
| Female | 16-39 | 54 | D1631 | Jessy | Chng | 175 | 0:10:24 | 51 | 0:01:55 | 64 | 0:38:33 | 60 | 0:01:51 | 60 | 0:13:42 | 39 | 1:06:27 | 52.9 |
| Female | 16-39 | 55 | D1602 | Wang Bieng | Ling | 177 | 0:11:31 | 64 | 0:01:23 | 30 | 0:38:03 | 59 | 0:01:12 | 26 | 0:14:29 | 45 | 1:06:39 | 52.8 |
| Female | 16-39 | 56 | D1627 | Elaine | Yap Wen Li | 179 | 0:10:37 | 55 | 0:01:39 | 49 | 0:38:43 | 61 | 0:01:48 | 58 | 0:15:42 | 54 | 1:08:30 | 51.4 |
| Female | 16-39 | 57 | D1626 | Pei Ying | Yap | 180 | 0:10:48 | 59 | 0:01:29 | 40 | 0:38:45 | 62 | 0:01:46 | 55 | 0:15:40 | 53 | 1:08:31 | 51.4 |
| Female | 16-39 | 58 | D1637 | Wei Ling | Wang | 181 | 0:10:17 | 46 | 0:02:29 | 67 | 0:41:49 | 63 | 0:01:31 | 46 | 0:13:48 | 40 | 1:09:56 | 50.3 |
| Female | 16-39 | 59 | D1646 | Lay Chin | Kue | 182 | 0:10:06 | 40 | 0:02:39 | 68 | 0:33:47 | 50 | 0:09:36 | 68 | 0:13:48 | 41 | 1:09:57 | 50.3 |
| Female | 16-39 | 60 | D1717 | Lorena | Martin | 185 | 0:10:25 | 52 | 0:01:40 | 51 | 0:43:55 | 64 | 0:01:32 | 47 | 0:18:16 | 63 | 1:15:50 | 46.4 |
| Female | 16-39 | 61 | D0849 | Norisa | Daim | 188 | 0:12:20 | 66 | 0:01:33 | 45 | 0:48:27 | 65 | 0:01:47 | 57 | 0:15:35 | 52 | 1:19:44 | 44.1 |
| Female | 16-39 | 62 | D1590 | Suganthi | Gunasagaran | 189 | 0:12:15 | 65 | 0:01:23 | 29 | 0:49:49 | 66 | 0:01:03 | 20 | 0:16:52 | 58 | 1:21:25 | 43.2 |
| Female | 16-39 | 63 | D1595 | Farhanah Aziemah | Jailani | 190 | 0:14:22 | 69 | 0:01:23 | 31 | 0:51:31 | 67 | 0:01:18 | 33 | 0:19:40 | 68 | 1:28:16 | 39.9 |
| Female | 16-39 | 64 | D1622 | Swee Ting | Leong | 191 | 0:15:12 | 70 | 0:01:47 | 58 | 0:55:50 | 68 | 0:01:33 | 50 | 0:19:27 | 64 | 1:33:51 | 37.5 |
| Female | 16-39 | 65 | D1619 | Man Peng | Low | 192 | 0:15:12 | 71 | 0:01:45 | 56 | 0:56:04 | 69 | 0:01:20 | 36 | 0:19:27 | 65 | 1:33:51 | 37.5 |
| Female | 16-39 | 66 | D1625 | Ung Sarina | Lee | 193 | 0:12:45 | 67 | 0:01:14 | 23 | 0:58:49 | 70 | 0:01:33 | 49 | 0:19:30 | 66 | 1:33:52 | 37.5 |
| Female | 16-39 | | D1624 | Ayoung | Song | | 0:07:29 | 8 | 0:02:17 | 66 | 0:13:19 | 2 | 0:00:50 | 9 | 0:01:00 | 1 | 0:24:58 | |
| Female | 16-39 | | D1632 | Michelle | Ng | | 0:08:04 | 13 | 0:01:49 | 61 | 0:22:00 | 9 | | | | | | |
| Female | 16-39 | | D1594 | Ling Jia | Gue | | 0:08:21 | 20 | 0:03:25 | 71 | 0:14:07 | 3 | 0:01:18 | 34 | 0:10:17 | 12 | 0:37:30 | |
| Female | 16-39 | | D1592 | Siti Hajjar | Zainal Abidin | | 0:10:35 | 54 | 0:01:53 | 63 | 0:02:13 | 1 | | | | | | |
| Female | 16-39 | | D1583 | Isabella | Fisher | | 0:06:34 | 4 | 0:00:41 | 3 | | | | | | | | |

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total | |
|----------|------|------|-------|------------------|----------------|-------|---------|--------------|---------|-------|---------|--------------|---------|-------|---------|-------|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Female | 40+ | 1 | D0855 | Lai Man | Chow | 49 | 0:06:23 | 1 | 0:00:52 | 1 | 0:26:11 | 5 | 0:00:42 | 1 | 0:08:13 | 1 | 0:42:22 | 100.0 |
| Female | 40+ | 2 | D0854 | Jennifer | Swift | 67 | 0:07:04 | 2 | 0:01:13 | 9 | 0:26:10 | 4 | 0:00:59 | 3 | 0:08:58 | 2 | 0:44:26 | 95.3 |
| Female | 40+ | 3 | D1650 | Norizan | Mohamed Yusoff | 68 | 0:07:36 | 3 | 0:01:01 | 3 | 0:24:29 | 1 | 0:01:31 | 11 | 0:10:20 | 4 | 0:44:59 | 94.2 |
| Female | 40+ | 4 | D1661 | Bettina | Devan | 95 | 0:08:33 | 7 | 0:01:43 | 15 | 0:24:57 | 2 | 0:01:10 | 8 | 0:10:57 | 6 | 0:47:22 | 89.4 |
| Female | 40+ | 5 | D0858 | Lan Fong | Foo | 99 | 0:08:28 | 6 | 0:01:03 | 4 | 0:26:36 | 6 | 0:01:05 | 5 | 0:10:55 | 5 | 0:48:09 | 88.0 |
| Female | 40+ | 6 | D1664 | Janet | Snoad | 112 | 0:09:59 | 13 | 0:01:25 | 11 | 0:25:40 | 3 | 0:01:19 | 10 | 0:11:30 | 9 | 0:49:54 | 84.9 |
| Female | 40+ | 7 | D1657 | Jenny | Teo | 119 | 0:07:51 | 4 | 0:01:07 | 5 | 0:30:58 | 11 | 0:01:04 | 4 | 0:09:51 | 3 | 0:50:53 | 83.3 |
| Female | 40+ | 8 | D1663 | Sharon | Vitoria | 122 | 0:09:14 | 10 | 0:01:13 | 7 | 0:29:14 | 9 | 0:01:08 | 7 | 0:11:12 | 7 | 0:52:03 | 81.4 |
| Female | 40+ | 9 | D1652 | Louise | Pike | 128 | 0:08:07 | 5 | 0:00:52 | 2 | 0:30:47 | 10 | 0:01:32 | 12 | 0:11:21 | 8 | 0:52:41 | 80.4 |
| Female | 40+ | 10 | D1666 | Sally | Wilkinson | 132 | 0:08:56 | 8 | 0:01:13 | 8 | 0:28:43 | 8 | 0:01:17 | 9 | 0:12:51 | 10 | 0:53:02 | 79.9 |
| Female | 40+ | 11 | D1655 | Rita Tan Bee Lin | Tan | 164 | 0:09:20 | 11 | 0:01:25 | 12 | 0:35:31 | 13 | 0:01:33 | 13 | 0:14:47 | 14 | 1:02:37 | 67.7 |
| Female | 40+ | 12 | D1660 | Ho Foong Yue | Ho | 166 | 0:09:14 | 9 | 0:01:28 | 13 | 0:34:12 | 12 | 0:01:55 | 15 | 0:16:13 | 15 | 1:03:05 | 67.2 |
| Female | 40+ | 13 | D1665 | Miaw Fen | Chua | 176 | 0:10:21 | 14 | 0:01:51 | 16 | 0:39:08 | 14 | 0:01:38 | 14 | 0:13:31 | 12 | 1:06:30 | 63.7 |
| Female | 40+ | 14 | D1651 | Yong Ru | Foo | 178 | 0:12:12 | 16 | 0:01:21 | 10 | 0:27:59 | 7 | 0:01:58 | 16 | 0:24:10 | 16 | 1:07:41 | 62.6 |
| Female | 40+ | 15 | D1659 | Hua Choo | Ong | 183 | 0:12:03 | 15 | 0:01:09 | 6 | 0:45:38 | 15 | 0:00:58 | 2 | 0:14:27 | 13 | 1:14:17 | 57.0 |
| Female | 40+ | 16 | D1649 | Klara Anita | Suherman | 186 | 0:09:21 | 12 | 0:01:38 | 14 | 0:51:47 | 16 | 0:01:06 | 6 | 0:12:55 | 11 | 1:16:48 | 55.2 |

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total | |
|----------|-------|------|-------|----------------------|--------------|-------|---------|--------------|---------|-------|---------|--------------|---------|-------|---------|-------|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Male | 16-39 | 1 | D0797 | Kai Wen John | Chew | 1 | 0:04:55 | 1 | 0:00:33 | 1 | 0:17:50 | 7 | 0:00:32 | 3 | 0:05:58 | 1 | 0:29:50 | 100.0 |
| Male | 16-39 | 2 | D0800 | Glenn | Victor | 2 | 0:05:08 | 3 | 0:00:45 | 8 | 0:17:19 | 6 | 0:00:39 | 6 | 0:07:44 | 11 | 0:31:38 | 94.3 |
| Male | 16-39 | 3 | D1709 | Quek | Hock Leong | 3 | 0:05:22 | 7 | 0:00:45 | 9 | 0:18:09 | 8 | 0:00:45 | 16 | 0:07:03 | 6 | 0:32:05 | 93.0 |
| Male | 16-39 | 4 | D0805 | Wey Han | Wong | 4 | 0:05:10 | 4 | 0:00:49 | 13 | 0:18:34 | 11 | 0:00:46 | 18 | 0:06:54 | 5 | 0:32:15 | 92.5 |
| Male | 16-39 | 5 | D0804 | Chow Chin | Chen | 5 | 0:05:12 | 5 | 0:00:48 | 11 | 0:18:57 | 12 | 0:00:41 | 11 | 0:06:46 | 3 | 0:32:27 | 91.9 |
| Male | 16-39 | 6 | D0802 | Nicholas | Lim | 6 | 0:04:57 | 2 | 0:00:49 | 12 | 0:19:01 | 13 | 0:00:49 | 21 | 0:07:08 | 7 | 0:32:46 | 91.0 |
| Male | 16-39 | 7 | D1701 | Zhongjie | Chen | 7 | 0:05:53 | 9 | 0:00:54 | 17 | 0:18:29 | 9 | 0:00:56 | 37 | 0:06:38 | 2 | 0:32:53 | 90.7 |
| Male | 16-39 | 8 | D1733 | Brian | Tan | 9 | 0:06:08 | 12 | 0:00:44 | 6 | 0:18:29 | 10 | 0:00:35 | 4 | 0:08:09 | 15 | 0:34:07 | 87.4 |
| Male | 16-39 | 9 | D1688 | Bryan | Teo | 10 | 0:06:08 | 11 | 0:00:39 | 2 | 0:19:25 | 14 | 0:00:30 | 2 | 0:07:42 | 10 | 0:34:24 | 86.7 |
| Male | 16-39 | 10 | D0799 | Kian Lum Derek | Khor | 13 | 0:05:17 | 6 | 0:00:39 | 3 | 0:21:51 | 28 | 0:00:28 | 1 | 0:06:52 | 4 | 0:35:09 | 84.9 |
| Male | 16-39 | 11 | D1732 | Siang Wei | Ow | 17 | 0:06:32 | 24 | 0:00:47 | 10 | 0:19:42 | 16 | 0:00:52 | 28 | 0:07:53 | 12 | 0:35:48 | 83.3 |
| Male | 16-39 | 12 | D0793 | Royston | Lim | 20 | 0:06:12 | 14 | 0:00:43 | 5 | 0:21:14 | 22 | 0:00:42 | 12 | 0:08:01 | 13 | 0:36:53 | 80.9 |
| Male | 16-39 | 13 | D1719 | Junyu | Lin | 21 | 0:05:23 | 8 | 0:00:44 | 7 | 0:22:52 | 33 | 0:00:37 | 5 | 0:07:37 | 9 | 0:37:15 | 80.1 |
| Male | 16-39 | 14 | D0788 | Fabian | Siew | 22 | 0:06:29 | 22 | 0:00:58 | 21 | 0:21:37 | 26 | 0:00:43 | 14 | 0:08:19 | 17 | 0:38:08 | 78.2 |
| Male | 16-39 | 15 | D1685 | Ryan | Chay | 23 | 0:07:13 | 42 | 0:01:08 | 39 | 0:19:38 | 15 | 0:00:58 | 39 | 0:09:23 | 29 | 0:38:22 | 77.8 |
| Male | 16-39 | 16 | D1689 | Jacob | Low | 26 | 0:06:18 | 16 | 0:01:06 | 34 | 0:19:45 | 17 | 0:00:56 | 36 | 0:11:19 | 51 | 0:39:27 | 75.6 |
| Male | 16-39 | 17 | D0784 | Mikko | Sopanen | 30 | 0:06:28 | 21 | 0:02:50 | 79 | 0:20:08 | 18 | 0:02:00 | 77 | 0:08:26 | 18 | 0:39:53 | 74.8 |
| Male | 16-39 | 18 | D1705 | Shi Jie Martin | Chew | 31 | 0:07:02 | 37 | 0:01:13 | 48 | 0:20:33 | 21 | 0:01:20 | 58 | 0:10:21 | 41 | 0:40:31 | 73.6 |
| Male | 16-39 | 19 | D0785 | Justin | Regan | 32 | 0:06:14 | 15 | 0:00:59 | 23 | 0:23:31 | 38 | 0:01:12 | 53 | 0:08:39 | 20 | 0:40:36 | 73.5 |
| Male | 16-39 | 20 | D1687 | Marcus Gabriel | Chow | 33 | 0:06:31 | 23 | 0:01:19 | 54 | 0:21:43 | 27 | 0:01:17 | 56 | 0:09:52 | 34 | 0:40:45 | 73.2 |
| Male | 16-39 | 21 | D0803 | Justin | Liu | 35 | 0:06:25 | 20 | 0:00:40 | 4 | 0:23:54 | 40 | 0:00:41 | 9 | 0:09:21 | 28 | 0:41:02 | 72.7 |
| Male | 16-39 | 22 | D1724 | Tze Chiang | Nyang | 36 | 0:08:09 | 60 | 0:01:10 | 41 | 0:17:06 | 5 | 0:00:59 | 40 | 0:13:37 | 68 | 0:41:03 | 72.7 |
| Male | 16-39 | 23 | D1720 | Weiqian Hendri | Zhang | 37 | 0:06:06 | 10 | 0:01:16 | 53 | 0:24:30 | 44 | 0:01:10 | 50 | 0:08:11 | 16 | 0:41:15 | 72.3 |
| Male | 16-39 | 24 | D1739 | Joseph Christian | David | 38 | 0:07:26 | 48 | 0:01:12 | 46 | 0:23:10 | 36 | 0:00:42 | 13 | 0:08:51 | 21 | 0:41:23 | 72.1 |
| Male | 16-39 | 25 | D1727 | Chia Peng | Tan | 40 | 0:06:24 | 19 | 0:00:57 | 19 | 0:23:08 | 35 | 0:00:50 | 24 | 0:10:12 | 39 | 0:41:33 | 71.8 |
| Male | 16-39 | 26 | D1677 | Chow Khung | Chan | 42 | 0:06:53 | 30 | 0:00:53 | 14 | 0:22:32 | 31 | 0:00:39 | 8 | 0:10:43 | 48 | 0:41:40 | 71.6 |
| Male | 16-39 | 27 | D0781 | Francis | Tan | 43 | 0:07:36 | 53 | 0:01:02 | 26 | 0:22:10 | 30 | 0:00:46 | 19 | 0:10:06 | 36 | 0:41:42 | 71.5 |
| Male | 16-39 | 28 | D1675 | U-Hui Gideon | Ng | 44 | 0:06:53 | 29 | 0:01:03 | 31 | 0:24:19 | 43 | 0:00:52 | 26 | 0:08:35 | 19 | 0:41:44 | 71.5 |
| Male | 16-39 | 29 | D1681 | David | Teng Tai Wei | 47 | 0:06:11 | 13 | 0:01:33 | 63 | 0:20:22 | 20 | 0:01:57 | 76 | 0:12:03 | 57 | 0:42:07 | 70.8 |
| Male | 16-39 | 30 | D1682 | Vincent | Balakrishnan | 52 | 0:06:48 | 27 | 0:01:20 | 56 | 0:21:19 | 23 | 0:01:37 | 68 | 0:12:00 | 56 | 0:43:07 | 69.2 |
| Male | 16-39 | 31 | D1684 | Amoz | Wong | 53 | 0:06:45 | 26 | 0:01:21 | 57 | 0:24:34 | 46 | 0:00:41 | 10 | 0:09:46 | 32 | 0:43:09 | 69.1 |
| Male | 16-39 | 32 | D1683 | Reuben Jun Liang | Tan | 54 | 0:07:25 | 47 | 0:01:06 | 33 | 0:22:08 | 29 | 0:00:55 | 33 | 0:11:47 | 55 | 0:43:22 | 68.8 |
| Male | 16-39 | 33 | D1730 | Hon Wai | Yan | 55 | 0:07:18 | 45 | 0:01:36 | 66 | 0:21:19 | 24 | 0:01:03 | 44 | 0:12:06 | 58 | 0:43:23 | 68.8 |
| Male | 16-39 | 34 | D1713 | Mahesh | Kandedgedara | 56 | 0:07:12 | 40 | 0:01:02 | 29 | 0:25:16 | 48 | 0:01:00 | 41 | 0:08:53 | 22 | 0:43:24 | 68.7 |
| Male | 16-39 | 35 | D1669 | Clement | Yang | 57 | 0:09:33 | 68 | 0:01:58 | 75 | 0:15:23 | 3 | 0:01:42 | 71 | 0:14:46 | 73 | 0:43:25 | 68.7 |
| Male | 16-39 | 36 | D1725 | Peng Joo | Koh | 61 | 0:06:42 | 25 | 0:01:37 | 68 | 0:25:24 | 49 | 0:00:54 | 30 | 0:09:04 | 25 | 0:43:42 | 68.3 |
| Male | 16-39 | 37 | D1723 | Liang Seh Siang Desm | Liang | 63 | 0:07:21 | 46 | 0:01:09 | 40 | 0:24:09 | 41 | 0:00:54 | 32 | 0:10:29 | 45 | 0:44:03 | 67.7 |
| Male | 16-39 | 38 | D1691 | Pei Wen | Poon | 72 | 0:08:21 | 62 | 0:01:08 | 38 | 0:24:31 | 45 | 0:00:50 | 23 | 0:10:24 | 42 | 0:45:15 | 65.9 |
| Male | 16-39 | 39 | D0787 | Seng Jin | Soh | 74 | 0:09:27 | 67 | 0:01:40 | 70 | 0:21:23 | 25 | 0:01:44 | 74 | 0:11:04 | 49 | 0:45:19 | 65.8 |
| Male | 16-39 | 40 | D1672 | Harold | Teng | 75 | 0:06:58 | 35 | 0:01:08 | 36 | 0:27:26 | 60 | 0:00:39 | 7 | 0:09:09 | 26 | 0:45:21 | 65.8 |

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total | |
|----------|-------|------|-------|----------------------|------------------|-------|---------|--------------|---------|-------|---------|--------------|---------|-------|---------|-------|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Male | 16-39 | 41 | D1695 | Jackson Soong Huat | Sim | 76 | 0:07:11 | 39 | 0:01:15 | 52 | 0:26:39 | 57 | 0:01:04 | 45 | 0:09:14 | 27 | 0:45:24 | 65.7 |
| Male | 16-39 | 42 | D1706 | Uthayakumaran | Arumugam | 77 | 0:06:51 | 28 | 0:01:12 | 44 | 0:26:37 | 56 | 0:00:51 | 25 | 0:10:01 | 35 | 0:45:34 | 65.5 |
| Male | 16-39 | 43 | D1721 | Mohammad Nizam | Abdul Wahid | 79 | 0:07:34 | 52 | 0:01:27 | 61 | 0:23:31 | 39 | 0:01:25 | 62 | 0:11:40 | 54 | 0:45:39 | 65.4 |
| Male | 16-39 | 44 | D1680 | Akshay | Nayak | 81 | 0:06:56 | 33 | 0:01:02 | 28 | 0:26:56 | 58 | 0:01:18 | 57 | 0:09:45 | 31 | 0:45:59 | 64.9 |
| Male | 16-39 | 45 | D1674 | Asurlekar | Aalap Rajesh | 82 | 0:06:55 | 32 | 0:01:02 | 27 | 0:27:32 | 61 | 0:00:45 | 15 | 0:09:49 | 33 | 0:46:04 | 64.8 |
| Male | 16-39 | 46 | D1679 | Aravind | Srinivasan | 87 | 0:06:56 | 34 | 0:01:03 | 30 | 0:27:19 | 59 | 0:00:57 | 38 | 0:10:08 | 37 | 0:46:25 | 64.3 |
| Male | 16-39 | 47 | D1726 | Alvin | Foo | 89 | 0:07:16 | 44 | 0:00:54 | 16 | 0:27:48 | 62 | 0:01:00 | 42 | 0:09:36 | 30 | 0:46:36 | 64.0 |
| Male | 16-39 | 48 | D1707 | Zi Jian | Ho | 90 | 0:10:54 | 77 | 0:01:37 | 69 | 0:16:03 | 4 | 0:01:31 | 64 | 0:16:40 | 75 | 0:46:47 | 63.8 |
| Male | 16-39 | 49 | D1703 | Chik Ching | Hay | 91 | 0:07:31 | 49 | 0:00:57 | 20 | 0:26:02 | 52 | 0:00:55 | 34 | 0:11:22 | 52 | 0:46:50 | 63.7 |
| Male | 16-39 | 50 | D1740 | Raphael | Martinez | 93 | 0:08:39 | 63 | 0:01:33 | 64 | 0:22:50 | 32 | 0:01:11 | 51 | 0:12:52 | 63 | 0:47:06 | 63.3 |
| Male | 16-39 | 51 | D1686 | Jandej | Goh | 98 | 0:09:20 | 65 | 0:01:01 | 24 | 0:22:58 | 34 | 0:01:09 | 48 | 0:13:08 | 64 | 0:47:38 | 62.6 |
| Male | 16-39 | 52 | D0783 | Kang Hao | Yak | 100 | 0:08:12 | 61 | 0:02:08 | 77 | 0:26:16 | 53 | 0:01:28 | 63 | 0:10:11 | 38 | 0:48:17 | 61.8 |
| Male | 16-39 | 53 | D0789 | Clint Kristoffer | Junsay | 101 | 0:07:12 | 41 | 0:00:55 | 18 | 0:26:18 | 54 | 0:01:06 | 46 | 0:12:46 | 61 | 0:48:19 | 61.7 |
| Male | 16-39 | 54 | D0796 | Muhammad Ashraf | Noor Hussain | 103 | 0:07:36 | 54 | 0:02:06 | 76 | 0:24:15 | 42 | 0:01:33 | 65 | 0:12:50 | 62 | 0:48:23 | 61.7 |
| Male | 16-39 | 55 | D1715 | Guojiang | Hu | 107 | 0:06:20 | 18 | 0:00:58 | 22 | 0:32:01 | 73 | 0:01:44 | 73 | 0:08:02 | 14 | 0:49:07 | 60.7 |
| Male | 16-39 | 56 | D1671 | Lee Peng Xiang Evans | Lee | 108 | 0:06:20 | 17 | 0:01:34 | 65 | 0:31:32 | 71 | 0:00:47 | 20 | 0:08:56 | 23 | 0:49:11 | 60.7 |
| Male | 16-39 | 57 | D1734 | Carlo | Dino | 109 | 0:07:54 | 57 | 0:01:45 | 73 | 0:24:45 | 47 | 0:01:38 | 69 | 0:13:09 | 66 | 0:49:12 | 60.6 |
| Male | 16-39 | 58 | D0801 | Kar Wei | Yeo | 110 | 0:07:40 | 55 | 0:01:07 | 35 | 0:25:39 | 51 | 0:01:17 | 55 | 0:13:49 | 69 | 0:49:34 | 60.2 |
| Male | 16-39 | 59 | D1728 | Dexian Jeremy | Lu | 113 | 0:09:24 | 66 | 0:01:25 | 60 | 0:23:27 | 37 | 0:01:23 | 59 | 0:14:13 | 71 | 0:49:55 | 59.8 |
| Male | 16-39 | 60 | D1690 | Justin | Cheang | 117 | 0:08:05 | 59 | 0:01:01 | 25 | 0:29:14 | 65 | 0:01:02 | 43 | 0:11:09 | 50 | 0:50:32 | 59.0 |
| Male | 16-39 | 61 | D1735 | Gary | Yeo | 118 | 0:09:53 | 71 | 0:01:11 | 43 | 0:20:18 | 19 | 0:01:10 | 49 | 0:18:07 | 79 | 0:50:40 | 58.9 |
| Male | 16-39 | 62 | D0791 | Avinash Muthuswamy | Kalyana Sundaram | 121 | 0:08:03 | 58 | 0:01:14 | 51 | 0:30:08 | 67 | 0:02:03 | 78 | 0:10:29 | 46 | 0:51:59 | 57.4 |
| Male | 16-39 | 63 | D1708 | Weiliang | Lim | 124 | 0:07:34 | 51 | 0:01:08 | 37 | 0:32:24 | 74 | 0:00:54 | 31 | 0:10:19 | 40 | 0:52:21 | 57.0 |
| Male | 16-39 | 64 | D1676 | Kai Jie | Ng | 125 | 0:07:00 | 36 | 0:00:53 | 15 | 0:33:11 | 77 | 0:00:56 | 35 | 0:10:27 | 43 | 0:52:28 | 56.9 |
| Male | 16-39 | 65 | D1718 | Soon Huat | Wong | 127 | 0:07:33 | 50 | 0:01:11 | 42 | 0:32:27 | 75 | 0:00:53 | 29 | 0:10:28 | 44 | 0:52:33 | 56.8 |
| Male | 16-39 | 66 | D1729 | Adrian | Pridgeon | 130 | 0:10:14 | 74 | 0:01:41 | 71 | 0:25:28 | 50 | 0:01:09 | 47 | 0:14:14 | 72 | 0:52:48 | 56.5 |
| Male | 16-39 | 67 | D1698 | Mohamad Hafis | Mohamed Alifi | 133 | 0:09:45 | 70 | 0:02:12 | 78 | 0:26:20 | 55 | 0:02:31 | 79 | 0:12:13 | 59 | 0:53:03 | 56.2 |
| Male | 16-39 | 68 | D1668 | Andre | Yeo | 136 | 0:09:15 | 64 | 0:01:44 | 72 | 0:27:56 | 63 | 0:01:36 | 67 | 0:13:11 | 67 | 0:53:44 | 55.5 |
| Male | 16-39 | 69 | D0792 | Yen Hock | Tan | 139 | 0:09:53 | 72 | 0:01:29 | 62 | 0:28:01 | 64 | 0:01:43 | 72 | 0:12:44 | 60 | 0:53:52 | 55.4 |
| Male | 16-39 | 70 | D1704 | Kai Cheong | Koh | 140 | 0:07:42 | 56 | 0:01:22 | 59 | 0:33:23 | 78 | 0:00:49 | 22 | 0:10:40 | 47 | 0:53:58 | 55.3 |
| Male | 16-39 | 71 | D1731 | Steven | Ding | 144 | 0:07:14 | 43 | 0:01:13 | 50 | 0:31:25 | 69 | 0:01:39 | 70 | 0:13:08 | 65 | 0:54:41 | 54.6 |
| Male | 16-39 | 72 | D1694 | Joanne | Ho | 152 | 0:10:05 | 73 | 0:01:37 | 67 | 0:30:58 | 68 | 0:01:51 | 75 | 0:14:05 | 70 | 0:58:37 | 50.9 |
| Male | 16-39 | 73 | D1737 | Rahul | Sinha | 159 | 0:17:00 | 79 | 0:01:50 | 74 | 0:29:24 | 66 | 0:01:35 | 66 | 0:11:29 | 53 | 1:01:20 | 48.6 |
| Male | 16-39 | 74 | D1711 | Suen Chiet | Chong | 160 | 0:10:48 | 76 | 0:01:13 | 49 | 0:31:26 | 70 | 0:01:24 | 60 | 0:16:40 | 74 | 1:01:32 | 48.5 |
| Male | 16-39 | 75 | D1710 | Hang Por | Eng | 161 | 0:10:46 | 75 | 0:01:12 | 45 | 0:31:36 | 72 | 0:01:15 | 54 | 0:16:43 | 76 | 1:01:34 | 48.5 |
| Male | 16-39 | 76 | D1702 | Muhamad Azman | Bin Abd Kadir | 163 | 0:09:38 | 69 | 0:01:13 | 47 | 0:32:33 | 76 | 0:01:25 | 61 | 0:17:43 | 78 | 1:02:34 | 47.7 |
| Male | 16-39 | 77 | D1697 | Ananth | Sampath Kumar | 187 | 0:10:56 | 78 | 0:01:22 | 58 | 0:48:10 | 79 | 0:01:12 | 52 | 0:17:23 | 77 | 1:19:04 | 37.7 |
| Male | 16-39 | | D1673 | Dermawan | Susanto | | 0:06:53 | 31 | 0:01:20 | 55 | 0:14:45 | 2 | 0:00:52 | 27 | 0:07:10 | 8 | 0:31:02 | |
| Male | 16-39 | | D1736 | Melvin Timothy | Koh | | 0:07:09 | 38 | 0:01:03 | 32 | 0:09:58 | 1 | 0:00:46 | 17 | 0:08:58 | 24 | 0:27:56 | |

Result Discovery Duathlon - by Category

Sengkang Riverside Park, Sengkang, Sunday 24 March 2013

| Category | | | Race | | | Total | Run 1 | | Transition 1 | | Cycle | | Transition 2 | | Run 2 | | Total | Total |
|----------|------|------|-------|----------------------|---------------|-------|---------|-----|--------------|-----|---------|-----|--------------|-----|---------|-----|---------|--------|
| Gender | Cat. | Pos. | No. | First Name | Last Name | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Pos | Time | Points |
| Male | 40+ | 1 | D1752 | Loi Huat | Yong | 8 | 0:05:44 | 1 | 0:01:11 | 25 | 0:17:59 | 2 | 0:00:50 | 9 | 0:07:24 | 1 | 0:33:10 | 100.0 |
| Male | 40+ | 2 | D0821 | Chong Jeng | How | 11 | 0:06:11 | 3 | 0:00:38 | 1 | 0:19:03 | 5 | 0:00:29 | 2 | 0:08:05 | 3 | 0:34:28 | 96.2 |
| Male | 40+ | 3 | D0822 | Rik | Oberoi | 12 | 0:06:47 | 10 | 0:00:41 | 2 | 0:18:33 | 3 | 0:00:27 | 1 | 0:08:32 | 7 | 0:35:01 | 94.7 |
| Male | 40+ | 4 | D1761 | Paterno | Porte | 16 | 0:06:16 | 5 | 0:01:10 | 22 | 0:18:52 | 4 | 0:01:05 | 19 | 0:08:12 | 4 | 0:35:36 | 93.2 |
| Male | 40+ | 5 | D0809 | Ong Cheng Tat Rupert | Ong | 18 | 0:06:49 | 11 | 0:00:45 | 4 | 0:19:31 | 7 | 0:00:42 | 4 | 0:08:31 | 6 | 0:36:20 | 91.3 |
| Male | 40+ | 6 | D1757 | Ganshof | Geoffroy | 19 | 0:06:30 | 7 | 0:00:44 | 3 | 0:19:58 | 8 | 0:00:57 | 13 | 0:08:25 | 5 | 0:36:36 | 90.6 |
| Male | 40+ | 7 | D0813 | Wayne | Hutchins | 24 | 0:06:13 | 4 | 0:00:48 | 5 | 0:21:06 | 11 | 0:01:01 | 17 | 0:09:16 | 9 | 0:38:26 | 86.3 |
| Male | 40+ | 8 | D0818 | Tan Kai Peng | Tan | 25 | 0:06:37 | 8 | 0:01:00 | 14 | 0:22:22 | 14 | 0:00:46 | 7 | 0:08:03 | 2 | 0:38:49 | 85.4 |
| Male | 40+ | 9 | D0815 | Andrew | Windheim | 27 | 0:06:41 | 9 | 0:01:12 | 26 | 0:21:29 | 12 | 0:01:06 | 21 | 0:09:02 | 8 | 0:39:32 | 83.9 |
| Male | 40+ | 10 | D0812 | Yoke Chang | Tan | 29 | 0:07:10 | 14 | 0:01:01 | 16 | 0:19:09 | 6 | 0:01:14 | 26 | 0:11:03 | 24 | 0:39:39 | 83.6 |
| Male | 40+ | 11 | D0828 | Don | Duttlinger | 34 | 0:08:04 | 22 | 0:00:54 | 7 | 0:20:26 | 9 | 0:01:06 | 22 | 0:10:26 | 17 | 0:40:58 | 81.0 |
| Male | 40+ | 12 | D1753 | Tiong Hua | Pang | 39 | 0:06:54 | 12 | 0:01:23 | 31 | 0:20:33 | 10 | 0:01:00 | 16 | 0:11:39 | 28 | 0:41:31 | 79.9 |
| Male | 40+ | 13 | D1758 | Kennard | Lim Hung Chye | 41 | 0:06:21 | 6 | 0:01:11 | 23 | 0:22:23 | 15 | 0:01:07 | 23 | 0:10:30 | 19 | 0:41:34 | 79.8 |
| Male | 40+ | 14 | D0816 | Alan Soo Yuen | Lee | 48 | 0:07:21 | 15 | 0:00:57 | 10 | 0:21:38 | 13 | 0:00:44 | 6 | 0:11:36 | 27 | 0:42:19 | 78.4 |
| Male | 40+ | 15 | D1756 | Elson | Lee Hoon Wee | 50 | 0:06:55 | 13 | 0:01:00 | 15 | 0:22:32 | 17 | 0:01:19 | 28 | 0:10:47 | 22 | 0:42:34 | 77.9 |
| Male | 40+ | 16 | D1763 | Weng Keong | Liew | 51 | 0:08:16 | 26 | 0:00:58 | 12 | 0:22:49 | 20 | 0:00:44 | 5 | 0:09:49 | 12 | 0:42:39 | 77.8 |
| Male | 40+ | 17 | D1762 | Keen Mann | Moy | 59 | 0:08:15 | 25 | 0:00:58 | 11 | 0:23:00 | 21 | 0:00:54 | 10 | 0:10:26 | 16 | 0:43:34 | 76.1 |
| Male | 40+ | 18 | D1750 | Ko Joon | Tong | 62 | 0:08:06 | 23 | 0:00:57 | 9 | 0:23:44 | 22 | 0:00:49 | 8 | 0:10:15 | 15 | 0:43:53 | 75.6 |
| Male | 40+ | 19 | D1746 | Benizardo | Tabang | 64 | 0:08:37 | 29 | 0:01:04 | 17 | 0:22:33 | 19 | 0:00:57 | 12 | 0:10:51 | 23 | 0:44:04 | 75.3 |
| Male | 40+ | 20 | D0819 | Hian Guan | Wee | 65 | 0:08:20 | 27 | 0:00:56 | 8 | 0:24:23 | 24 | 0:00:37 | 3 | 0:09:51 | 13 | 0:44:08 | 75.2 |
| Male | 40+ | 21 | D1760 | Tomasito | Magbanua | 69 | 0:08:00 | 21 | 0:01:07 | 20 | 0:23:50 | 23 | 0:01:00 | 15 | 0:11:04 | 25 | 0:45:03 | 73.6 |
| Male | 40+ | 22 | D0808 | Henry | Goh | 71 | 0:08:22 | 28 | 0:02:01 | 32 | 0:22:29 | 16 | 0:01:35 | 30 | 0:10:45 | 21 | 0:45:15 | 73.3 |
| Male | 40+ | 23 | D1764 | Moghan | S | 80 | 0:07:31 | 17 | 0:03:25 | 34 | 0:22:32 | 18 | 0:01:46 | 31 | 0:10:36 | 20 | 0:45:53 | 72.3 |
| Male | 40+ | 24 | D0823 | Chee Seng | Ong | 83 | 0:07:23 | 16 | 0:01:13 | 27 | 0:26:11 | 29 | 0:01:06 | 20 | 0:10:12 | 14 | 0:46:06 | 71.9 |
| Male | 40+ | 25 | D1749 | Mohamed Juraimi | Abdul Muhin | 84 | 0:07:49 | 18 | 0:01:06 | 19 | 0:25:47 | 27 | 0:00:59 | 14 | 0:10:27 | 18 | 0:46:10 | 71.8 |
| Male | 40+ | 26 | D0827 | Amit | Prakash | 102 | 0:09:05 | 31 | 0:01:00 | 13 | 0:25:57 | 28 | 0:01:01 | 18 | 0:11:16 | 26 | 0:48:21 | 68.6 |
| Male | 40+ | 27 | D1754 | Chin Keong | Mak | 104 | 0:07:55 | 19 | 0:01:05 | 18 | 0:25:18 | 25 | 0:01:10 | 25 | 0:13:00 | 30 | 0:48:30 | 68.4 |
| Male | 40+ | 28 | D1755 | Matthew | Gray | 106 | 0:07:57 | 20 | 0:01:14 | 28 | 0:25:47 | 26 | 0:01:08 | 24 | 0:12:24 | 29 | 0:48:33 | 68.3 |
| Male | 40+ | 29 | D1742 | Shigeaki | Morioka | 111 | 0:08:41 | 30 | 0:01:11 | 24 | 0:28:39 | 33 | 0:01:29 | 29 | 0:09:33 | 10 | 0:49:34 | 66.9 |
| Male | 40+ | 30 | D1767 | Kheng Siang | Ng | 131 | | | | | 0:28:06 | 32 | | | | | 0:52:57 | 62.6 |
| Male | 40+ | 31 | D1766 | Chuan Tiong | Chew | 137 | 0:09:10 | 32 | 0:01:20 | 30 | 0:27:59 | 31 | 0:01:57 | 32 | 0:13:21 | 31 | 0:53:49 | 61.6 |
| Male | 40+ | 32 | D1744 | Poh Wah | Sim | 138 | 0:09:11 | 33 | 0:01:20 | 29 | 0:27:55 | 30 | 0:02:01 | 33 | 0:13:22 | 32 | 0:53:51 | 61.6 |
| Male | 40+ | 33 | D0817 | Stuart | Foo Yong Kan | 155 | 0:11:40 | 34 | 0:01:09 | 21 | 0:28:58 | 34 | 0:01:18 | 27 | 0:16:51 | 33 | 0:59:58 | 55.3 |
| Male | 40+ | 34 | D1747 | Wai Kean | Chan | 184 | 0:08:11 | 24 | 0:03:04 | 33 | 0:36:09 | 35 | 0:07:10 | 34 | 0:19:56 | 34 | 1:14:31 | 44.5 |
| Male | 40+ | | D1745 | Chong Peng Adrian | Koh | | 0:06:03 | 2 | 0:00:49 | 6 | 0:11:55 | 1 | 0:00:54 | 11 | 0:09:43 | 11 | 0:29:26 | |