

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	1	Yumiko	Ueda	374	9	0:17:49	75	92	167	2	0:45:22	94	99	193	11	0:52:52	91	90	181
Female	16-39	2	Geok pheng	Tan	361	8	0:17:36	76	93	169						5	0:49:41	96	96	192
Female	16-39	3	Hui ting	Lim	361	7	0:17:28	77	94	171						6	0:50:33	95	95	190
Female	16-39	4	Abigail	Beynon	360	16	0:19:21	69	85	154	9	0:53:46	80	92	172	7	0:51:07	94	94	188
Female	16-39	5	Helen	Kay	359	5	0:17:27	77	96	173	3	0:47:27	90	98	188	18	0:54:30	88	83	171
Female	16-39	6	Katherine	Boardman	348	10	0:18:13	74	91	165	6	0:51:17	83	95	178	19	0:54:35	88	82	170
Female	16-39	7	Mary siobhan	Gillier	342	20	0:20:00	67	81	148	13	0:53:58	79	88	167	15	0:53:35	89	86	175
Female	16-39	8	Julia claire	Wallace	340	31	0:21:06	64	70	134	7	0:52:16	82	94	176	22	0:56:08	85	79	164
Female	16-39	9	Alexandra	Weir	306	14	0:19:02	70	87	157	16	0:55:42	77	85	162	36	1:00:40	79	65	144
Female	16-39	10	Linda	Lim	303	23	0:20:16	66	78	144						25	0:58:01	83	76	159
Female	16-39	11	Lin hui	Soh	290	19	0:19:59	67	82	149	29	1:02:50	68	72	140	38	1:01:30	78	63	141
Female	16-39	12	Kai ling mitchell	Tan	277	32	0:21:39	62	69	131	21	0:59:20	72	80	152	46	1:08:16	70	55	125
Female	16-39	13	Jingyi	Lim	277	34	0:21:43	62	67	129						33	0:59:51	80	68	148
Female	16-39	14	Wei kee	Teo	270	36	0:21:49	61	65	126	27	1:02:00	69	74	143	45	1:07:53	71	56	127
Female	16-39	15	Karina	Rodrick	267	26	0:20:33	65	75	140	25	1:00:32	71	76	147	49	1:10:34	68	52	120
Female	16-39	16	Tian	Hui	258						35	1:06:47	64	66	130	44	1:07:34	71	57	128
Female	16-39	17	Jia le	See	200	1	0:13:25	100	100	200										
Female	16-39	18	Donna	McWilliams	200											1	0:47:55	100	100	200
Female	16-39	19	Samantha qian wei	Ho	200	2	0:14:01	96	99	195	1	0:42:49	100	100	200					
Female	16-39	20	Chua	Kah Kah	198											2	0:48:17	99	99	198
Female	16-39	21	Shih jia janice	Tan	196											3	0:49:00	98	98	196
Female	16-39	22	Anneli	Munkholm	194											4	0:49:33	97	97	194
Female	16-39	23	Priscilla	Khong	186											8	0:51:34	93	93	186
Female	16-39	24	Bee yen	Ang	185	13	0:18:51	71	88	159	4	0:48:27	88	97	185					
Female	16-39	25	Seetoh	Su-Ying	184											9	0:51:55	92	92	184
Female	16-39	26	Andrea yan	Yuen	182											10	0:52:50	91	91	182
Female	16-39	27	Natasha	Watson	181	3	0:16:11	83	98	181										
Female	16-39	28	Wan nghee	Eng	180						5	0:50:43	84	96	180					
Female	16-39	29	Siew yuen	Kee	179											12	0:53:15	90	89	179
Female	16-39	30	Rachel	Oon	178	4	0:16:32	81	97	178										
Female	16-39	31	Carin	Hoogerboord	178											13	0:53:27	90	88	178
Female	16-39	32	Paula	Shannon	177											14	0:53:30	90	87	177
Female	16-39	33	Joanne	Woodward	174											16	0:53:37	89	85	174
Female	16-39	34	Chi wen	Hoe	173											17	0:54:00	89	84	173
Female	16-39	35	Grace leonora	Cornelius	173						8	0:53:44	80	93	173					
Female	16-39	36	Gillian	Gunn	172	6	0:17:28	77	95	172										
Female	16-39	37	Imilda	Sutanto	171						10	0:53:46	80	91	171					
Female	16-39	38	Amanda	Wicken	170	28	0:20:45	65	73	138	11	0:53:47	80	90	170					
Female	16-39	39	Felicia	Chia	169						12	0:53:50	80	89	169					
Female	16-39	40	Shu ling eveleen	Sng	168											20	0:54:51	87	81	168
Female	16-39	41	Julianne	Walker	166											21	0:55:29	86	80	166
Female	16-39	42	Cheryl	Bowler	166						14	0:54:10	79	87	166					
Female	16-39	43	Ai lin diane	Tan	164	11	0:18:14	74	90	164										
Female	16-39	44	Siow hwee	Tan	163						15	0:55:33	77	86	163					
Female	16-39	45	Birgit	Hoelscher	163											23	0:56:26	85	78	163
Female	16-39	46	Irah	Haryanto	162											24	0:56:36	85	77	162

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon					
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	
Female	16-39	47	Aydee	Cruz	160	12	0:18:46	71	89	160											

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	48	Min en	Phang	159						17	0:56:50	75	84	159					
Female	16-39	49	Cheah ling	Ho	158											26	0:58:01	83	75	158
Female	16-39	50	Carolyn	De souza	158	27	0:20:38	65	74	139	18	0:56:54	75	83	158					
Female	16-39	51	Geraldine	Ng	156	22	0:20:14	66	79	145	19	0:57:39	74	82	156					
Female	16-39	52	Yin may	Cheok	156	15	0:19:06	70	86	156										
Female	16-39	53	Aslinda	Ali	156											27	0:58:10	82	74	156
Female	16-39	54	Karlina	Karlina	154											28	0:58:49	81	73	154
Female	16-39	55	Debbie	Martin	153											29	0:58:55	81	72	153
Female	16-39	56	Xueling	Lee	153	48	0:25:56	52	53	105	20	0:59:10	72	81	153					
Female	16-39	57	Merilyn	Umboh	152	17	0:19:52	68	84	152										
Female	16-39	58	Trish	Lim	152											30	0:59:14	81	71	152
Female	16-39	59	Katrina	Fernandez	151	33	0:21:39	62	68	130	22	0:59:20	72	79	151					
Female	16-39	60	Kim fong	Cheng	151											31	0:59:23	81	70	151
Female	16-39	61	Sabine	Herrmannsdorfer	150	18	0:19:57	67	83	150										
Female	16-39	62	Yujing	Sun	149											32	0:59:45	80	69	149
Female	16-39	63	Eliyah	Osman	149						23	1:00:14	71	78	149					
Female	16-39	64	Foong har	Moo	148						24	1:00:31	71	77	148					
Female	16-39	65	Shuning	Chang	147	21	0:20:08	67	80	147										
Female	16-39	66	Zahirah	Shaik Khan	146											34	1:00:19	79	67	146
Female	16-39	67	Yu ling	Chan	145											35	1:00:32	79	66	145
Female	16-39	68	Gui hua	Hoong	144						26	1:01:43	69	75	144					
Female	16-39	69	Wan ling	Ow	143	24	0:20:20	66	77	143										
Female	16-39	70	Wee seng	Long	142											37	1:01:17	78	64	142
Female	16-39	71	Elaine	Chua	142	25	0:20:21	66	76	142										
Female	16-39	72	Cheryl	Tan	141	29	0:20:46	65	72	137	28	1:02:42	68	73	141					
Female	16-39	73	Naeyaert	Catherine	139						30	1:02:50	68	71	139					
Female	16-39	74	Wendy	Seow	138						31	1:02:51	68	70	138					
Female	16-39	75	Cindy evelyn	Kurniawan	137											39	1:03:45	75	62	137
Female	16-39	76	Faye marie	Dy-liacco	137						32	1:03:05	68	69	137					
Female	16-39	77	Nicole	Cheong	136											40	1:04:09	75	61	136
Female	16-39	78	Cheryl	Ong	135	30	0:20:55	64	71	135										
Female	16-39	79	Shelley	Verbeeren	134						33	1:05:17	66	68	134					
Female	16-39	80	Ruth sasha	Sambasivan	133											41	1:05:52	73	60	133
Female	16-39	81	Dhalia	Maccallum	132						34	1:06:04	65	67	132					
Female	16-39	82	Salawaty	Buzari	132											42	1:05:54	73	59	132
Female	16-39	83	Xuefen	Ng	130											43	1:06:41	72	58	130
Female	16-39	84	Christine wen nie	Goh	129						36	1:06:50	64	65	129					
Female	16-39	85	Haslinda bte hassan	Na	128	35	0:21:43	62	66	128										
Female	16-39	86	Sher-lin	Mak	125	40	0:23:02	58	61	119	37	1:10:30	61	64	125					
Female	16-39	87	Gina	Lim	125	37	0:22:04	61	64	125										
Female	16-39	88	Siew lee	Thong	124											47	1:08:45	70	54	124
Female	16-39	89	Khalijah	Masud	123	38	0:22:26	60	63	123										
Female	16-39	90	Li li	Wong	122						38	1:12:37	59	63	122					
Female	16-39	91	Maureen	Bouda	122											48	1:09:10	69	53	122
Female	16-39	92	Meiqi	Huang	121	39	0:22:45	59	62	121										
Female	16-39	93	Lau hui san	Lau	120						39	1:13:20	58	62	120					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	94	Shu yun	Ong	117										50	1:12:22	66	51	117	
Female	16-39	95	Sri	Muljadi	117	41	0:23:43	57	60	117										
Female	16-39	96	Wanzhen	Ng	116										51	1:12:22	66	50	116	
Female	16-39	97	Salena	Zainuddin	115	42	0:23:53	56	59	115										
Female	16-39	98	Hwee peng	Sim	114						40	1:20:32	53	61	114					
Female	16-39	99	Manisha	Seewal	114	43	0:23:55	56	58	114										
Female	16-39	100	Rossidah bte	Dawood	112	44	0:24:21	55	57	112										
Female	16-39	101	Roxanne yingwei	Toh	111										52	1:16:46	62	49	111	
Female	16-39	102	Jasmine	Lee	111	45	0:24:30	55	56	111										
Female	16-39	103	Jennifer	Non	108	46	0:25:10	53	55	108										
Female	16-39	104	Hui khoon	Chua	107	47	0:25:18	53	54	107										
Female	16-39	105	Wei qi	Zhang	102	49	0:26:56	50	52	102										
Female	16-39	106	Johanna marie	Canlas	100	50	0:27:28	49	51	100										
Female	16-39	107	Lonna	Mclaughlin	98										53	1:36:00	50	48	98	
Female	16-39	108	Esther	James	97	51	0:28:47	47	50	97										
Female	16-39	109	Rowena	Buenaventura	96	52	0:28:51	47	49	96										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40+	1	Anna louise	Thompson	400	2	0:16:56	99	99	198	1	0:44:24	100	100	200	1	0:46:49	100	100	200
Female	40+	2	Annabel	McGovern	397	1	0:16:50	100	100	200	3	0:50:23	88	98	186	2	0:47:55	98	99	197
Female	40+	3	Ann marie	Williams	373	4	0:18:08	93	97	190						5	0:53:57	87	96	183
Female	40+	4	Theresa	Wakamatsu	372	7	0:19:09	88	94	182	4	0:50:56	87	97	184	3	0:52:18	90	98	188
Female	40+	5	Effi	Jono	356	5	0:18:44	90	96	186						12	0:57:41	81	89	170
Female	40+	6	Lorinne	Kon	354	8	0:19:56	84	93	177						7	0:56:12	83	94	177
Female	40+	7	Suet kian	Chua	326	10	0:21:20	79	91	170						19	1:03:40	74	82	156
Female	40+	8	Devi	Sambandan	295	11	0:25:02	67	90	157						21	1:21:19	58	80	138
Female	40+	9	Emily	Loh	195	3	0:17:17	97	98	195										
Female	40+	10	Louise	Bentley	192						2	0:47:38	93	99	192					
Female	40+	11	Lynette	Ong	186											4	0:52:49	89	97	186
Female	40+	12	Nicola	Riswadkar	184	6	0:18:54	89	95	184										
Female	40+	13	Hwee koon	Chua	182											6	0:53:59	87	95	182
Female	40+	14	Miew ngan diana	Tham	178						5	0:54:12	82	96	178					
Female	40+	15	Joanna	Lin	176											8	0:56:13	83	93	176
Female	40+	16	Huey lih	Heng	175											9	0:56:38	83	92	175
Female	40+	17	Anja	Winther	174											10	0:56:39	83	91	174
Female	40+	18	Ruth	Eldridge	172						6	0:57:57	77	95	172					
Female	40+	19	Rachel	Conejos Yap	172											11	0:57:12	82	90	172
Female	40+	20	Robyn	Rudd	171	9	0:21:13	79	92	171										
Female	40+	21	Nyuk yin heather	Lim	168											13	0:58:27	80	88	168
Female	40+	22	Vivian chen	Pei	166											14	0:59:27	79	87	166
Female	40+	23	Ee vei	Loo	164											15	0:59:45	78	86	164
Female	40+	24	Lee yeon	Ling	164						7	1:03:02	70	94	164					
Female	40+	25	Chee yoong hua	Chee	161											16	1:01:18	76	85	161
Female	40+	26	Celedonia macatangay	Sto domingo	160						8	1:06:13	67	93	160					
Female	40+	27	Valerie	Brett	158											17	1:03:15	74	84	158
Female	40+	28	Claire	Tidy	157											18	1:03:21	74	83	157
Female	40+	29	Siew koon francine	Lim	149											20	1:09:03	68	81	149

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	1	Tingfu	Goh	392	2	0:13:01	95	99	194	1	0:39:06	100	100	200	4	0:39:24	95	97	192
Male	16-39	2	Lovelino jr	Arboleda	373	4	0:13:36	91	97	188	2	0:39:34	99	99	198	13	0:42:48	87	88	175
Male	16-39	3	Michael	Venzke	356	7	0:14:56	83	94	177						10	0:42:15	88	91	179
Male	16-39	4	Farhan bin aidil	Farhan	332	8	0:15:29	80	93	173	7	0:43:17	90	94	184	30	0:48:44	77	71	148
Male	16-39	5	Chow xi long jeremy	Chow	330	37	0:20:32	60	64	124	6	0:43:12	91	95	186	33	0:49:23	76	68	144
Male	16-39	6	Ryan	Fong jun yen	316	17	0:17:39	70	84	154	11	0:45:20	86	90	176	36	0:49:56	75	65	140
Male	16-39	7	Eric	Pauchet	309						18	0:48:24	81	83	164	32	0:49:19	76	69	145
Male	16-39	8	Muhammad	Ashiq chu	307	34	0:20:07	62	67	129	14	0:47:05	83	87	170	38	0:50:15	74	63	137
Male	16-39	9	Kien seng	Yow	302	18	0:17:41	70	83	153	9	0:44:56	87	92	179	49	0:52:38	71	52	123
Male	16-39	10	Jonathan	Ng	302	51	0:33:48	37	50	87	12	0:45:28	86	89	175	46	0:51:47	72	55	127
Male	16-39	11	Fadhli	Ong	285	16	0:17:32	71	85	156	24	0:51:06	77	77	154	44	0:51:45	72	57	129
Male	16-39	12	Wen jun hector	Phan	266	22	0:18:04	69	79	148	30	0:54:56	71	71	142	53	0:53:39	70	48	118
Male	16-39	13	Mermet	Gregory	258	50	0:24:30	51	51	102	37	1:01:33	64	64	128	43	0:51:39	72	58	130
Male	16-39	14	Wei bang	Siew	252	35	0:20:10	61	66	127	27	0:53:06	74	74	148	63	0:56:19	66	38	104
Male	16-39	15	Kok kwang	Seah	252	39	0:20:48	60	62	122	28	0:53:39	73	73	146	62	0:56:04	67	39	106
Male	16-39	16	Cheng cheong	Wong	241	30	0:19:38	63	71	134	29	0:54:18	72	72	144	68	0:58:14	64	33	97
Male	16-39	17	Sufyan tsuri	Chik latif	231	25	0:18:17	68	76	144	34	0:59:17	66	67	133	74	1:02:05	60	27	87
Male	16-39	18	Siew kwan	Tang	216	41	0:21:00	59	60	119	33	0:58:39	67	68	135	79	1:03:11	59	22	81
Male	16-39	19	Adrian	Chng	211	32	0:19:49	62	69	131	32	0:58:14	67	69	136	82	1:06:32	56	19	75
Male	16-39	20	Ming kwok	Leong	210	40	0:20:59	59	61	120						72	1:01:22	61	29	90
Male	16-39	21	Ming rong gary	Yeo	202	42	0:21:06	59	59	118	36	1:01:17	64	65	129	83	1:07:43	55	18	73
Male	16-39	22	Brian	Tan	200											1	0:37:23	100	100	200
Male	16-39	23	Goh	Soon lee	200	1	0:12:23	100	100	200										
Male	16-39	24	Jens	Poehlker	195	9	0:15:45	79	92	171	3	0:40:15	97	98	195					
Male	16-39	25	Joel jun jie	Wong	194											2	0:39:19	95	99	194
Male	16-39	26	Qi zhi	Tan	193	3	0:13:03	95	98	193										
Male	16-39	27	Thomas lee	Lee	193											3	0:39:23	95	98	193
Male	16-39	28	Joel wong jun jie	Wong	192						4	0:41:11	95	97	192					
Male	16-39	29	Litai jeremiah	Chen	190											5	0:39:36	94	96	190
Male	16-39	30	Matthew	Pinkston	189											6	0:39:40	94	95	189
Male	16-39	31	Goh yu chen	Goh	188						5	0:42:29	92	96	188					
Male	16-39	32	Jiayu	Tan	187											7	0:40:17	93	94	187
Male	16-39	33	Zhong junyuan		186	5	0:13:48	90	96	186										
Male	16-39	34	Chin en	Wee	183											8	0:41:44	90	93	183
Male	16-39	35	Alan	Chu	183	6	0:14:08	88	95	183										
Male	16-39	36	Chee yeong	Thng	182						8	0:44:00	89	93	182					
Male	16-39	37	Denesh	Thulasidharan	181											9	0:42:06	89	92	181
Male	16-39	38	Atticus	Yeo	178											11	0:42:27	88	90	178
Male	16-39	39	Christopher	Cockburn	178						10	0:45:12	87	91	178					
Male	16-39	40	Jonathan	Mok	177											12	0:42:35	88	89	177
Male	16-39	41	Tai hong	Tan	173						13	0:45:49	85	88	173					
Male	16-39	42	Hock leong	Quek	173											14	0:43:20	86	87	173
Male	16-39	43	Ashok	Loganathan	173	48	0:23:52	52	53	105						85	1:11:18	52	16	68
Male	16-39	44	Jason	Wells	172											15	0:43:26	86	86	172
Male	16-39	45	Tan	Gary	170											16	0:43:58	85	85	170
Male	16-39	46	Choon hock	Ong	169	10	0:15:48	78	91	169										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	47	David	Lui	169						15	0:47:08	83	86	169					
Male	16-39	48	Bernard	Johnson	169											17	0:44:09	85	84	169
Male	16-39	49	Sheng yung	Ho	168						16	0:47:09	83	85	168					
Male	16-39	50	Matthieu	Chapeleau	168	11	0:15:54	78	90	168										
Male	16-39	51	Chern meng	Chong	167											18	0:44:22	84	83	167
Male	16-39	52	Akmal	Omar	166						17	0:47:33	82	84	166					
Male	16-39	53	Chiu	Kiao hao	165	12	0:16:23	76	89	165										
Male	16-39	54	Alvin	Tham	164											19	0:45:42	82	82	164
Male	16-39	55	Shafiq saini	Muhd	163	26	0:18:22	67	75	142	19	0:48:27	81	82	163					
Male	16-39	56	Kian hao	Chiu	163											20	0:45:51	82	81	163
Male	16-39	57	Mohammad ally	Hersoo	162	28	0:19:29	64	73	137	20	0:48:27	81	81	162					
Male	16-39	58	Khairul anwar	Muhammad	161	29	0:19:36	63	72	135	21	0:48:28	81	80	161					
Male	16-39	59	Dominic	Heng	161											21	0:46:09	81	80	161
Male	16-39	60	Melvin	Foo cheng loong	161	13	0:16:53	73	88	161										
Male	16-39	61	Vi pin	Koa	160											22	0:46:11	81	79	160
Male	16-39	62	Junyuan	Zhong	159											23	0:46:12	81	78	159
Male	16-39	63	Tan	Jun wei	159	14	0:17:14	72	87	159										
Male	16-39	64	Alex	Lim	158						22	0:49:42	79	79	158					
Male	16-39	65	Lin hong	Choo	158											24	0:46:14	81	77	158
Male	16-39	66	Cheok foong	Wong	157	15	0:17:28	71	86	157										
Male	16-39	67	Jonathan ching loong	Woon	155											25	0:47:32	79	76	155
Male	16-39	68	Mas yani bin mohamed	Mohamed	155						23	0:50:56	77	78	155					
Male	16-39	69	Sebastien	Lay	154											26	0:47:37	79	75	154
Male	16-39	70	Kartai	Koh	152											27	0:48:01	78	74	152
Male	16-39	71	Luke	Donnelly	152	19	0:17:45	70	82	152										
Male	16-39	72	Alexander	Vayl	151	20	0:17:45	70	81	151										
Male	16-39	73	Kuok siong richard	Wong	150											28	0:48:24	77	73	150
Male	16-39	74	Eric	Quijano sto domingo	150						25	0:52:34	74	76	150					
Male	16-39	75	Teck leong clarke	Wan	149											29	0:48:35	77	72	149
Male	16-39	76	Michael james	Sepulveda	149	44	0:21:11	58	57	115	26	0:53:04	74	75	149					
Male	16-39	77	Imran	Mohd hashim	149	21	0:17:59	69	80	149										
Male	16-39	78	Kok yang gideon	Sim	146											31	0:49:17	76	70	146
Male	16-39	79	Doobee	Chan	146	23	0:18:05	68	78	146										
Male	16-39	80	Hong sheng	Ng	145	24	0:18:16	68	77	145										
Male	16-39	81	Ray	Xie	142											34	0:49:33	75	67	142
Male	16-39	82	Andreas	Uhde	141											35	0:49:34	75	66	141
Male	16-39	83	Peter james	Maccallum	141						31	0:54:58	71	70	141					
Male	16-39	84	Qian	Tao	139											37	0:50:01	75	64	139
Male	16-39	85	Yu qi	Ong	139	27	0:19:00	65	74	139										
Male	16-39	86	Goh hong kiat	Goh	136											39	0:50:30	74	62	136
Male	16-39	87	Xavier	Faurens	135											40	0:50:46	74	61	135
Male	16-39	88	Winston	Soh	133											41	0:51:29	73	60	133
Male	16-39	89	Yin khiam	Chua	133	31	0:19:47	63	70	133										
Male	16-39	90	Adam	Mokhti Abas	132											42	0:51:31	73	59	132
Male	16-39	91	Daniel	Kalai	131						35	0:59:51	65	66	131					
Male	16-39	92	Adrian kok wui	Tan	130	33	0:19:52	62	68	130										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	93	Jit ern jonathan	Tan	128										45	0:51:45	72	56	128	
Male	16-39	94	Alvin	Pang	126										47	0:52:16	72	54	126	
Male	16-39	95	Alvin	Choo	126	36	0:20:19	61	65	126										
Male	16-39	96	Arrow	Chan	126						38	1:02:18	63	63	126					
Male	16-39	97	Bin	Dong	124										48	0:52:21	71	53	124	
Male	16-39	98	Bharatesh	Kumar	123	38	0:20:43	60	63	123										
Male	16-39	99	Alex	Budiman	123						39	1:03:48	61	62	123					
Male	16-39	100	Kian loong	Ang	122										50	0:52:50	71	51	122	
Male	16-39	101	Lee	Rivera	121										51	0:52:59	71	50	121	
Male	16-39	102	Hock seng	Lim	119										52	0:53:11	70	49	119	
Male	16-39	103	Yu veng dominic	Cheong	117	43	0:21:07	59	58	117										
Male	16-39	104	Vikram	Balsubramanian	117										54	0:53:45	70	47	117	
Male	16-39	105	Ramesh pulandaran	Pulandaran	115										55	0:53:51	69	46	115	
Male	16-39	106	Justin	Gan	114										56	0:53:55	69	45	114	
Male	16-39	107	Ying kai	Chua	113	45	0:21:50	57	56	113										
Male	16-39	108	Marcos	Boado	113										57	0:54:13	69	44	113	
Male	16-39	109	Yue sun	Yiu	111										58	0:55:01	68	43	111	
Male	16-39	110	"hsiang ann, basil"	Lee	111	46	0:22:17	56	55	111										
Male	16-39	111	Iskandarzulkarnain	Raman	109						40	1:22:03	48	61	109					
Male	16-39	112	See chian	Lim	109										59	0:55:23	67	42	109	
Male	16-39	113	Seng chuan	Tham	108										60	0:55:28	67	41	108	
Male	16-39	114	Heruarto	Salim	107	47	0:23:32	53	54	107										
Male	16-39	115	Kris aidil abduallah	Abdullah	107										61	0:55:47	67	40	107	
Male	16-39	116	Faizul	Dzulkifli	104	49	0:23:57	52	52	104										
Male	16-39	117	Fariz husna sajani	Sajani	103										64	0:56:33	66	37	103	
Male	16-39	118	Lim	Seow Lye	102										65	0:56:52	66	36	102	
Male	16-39	119	Joshi	Kuntal	100										66	0:57:40	65	35	100	
Male	16-39	120	Chen	Jiadong	98										67	0:58:09	64	34	98	
Male	16-39	121	Muhammad azhar	Azhar	96										69	0:58:21	64	32	96	
Male	16-39	122	Michael	Distel	94										70	0:59:24	63	31	94	
Male	16-39	123	John boon lim	Tey	91										71	1:01:08	61	30	91	
Male	16-39	124	Aidil	Idris	88										73	1:01:48	60	28	88	
Male	16-39	125	Teng seah	Chua	86										75	1:02:15	60	26	86	
Male	16-39	126	Wilson	Lee	85	52	0:34:13	36	49	85										
Male	16-39	127	Anil andre	Ratos	84										76	1:02:54	59	25	84	
Male	16-39	128	Chee koon	Chng	83										77	1:03:01	59	24	83	
Male	16-39	129	Chieh	Hsu	82										78	1:03:04	59	23	82	
Male	16-39	130	Yoon chun	Ng	79										80	1:04:10	58	21	79	
Male	16-39	131	Wilky	Purwadarwinto	78										81	1:04:21	58	20	78	
Male	16-39	132	Eric	Purwoko	72										84	1:08:27	55	17	72	
Male	16-39	133	Feng rong kenneth	Quek	67										86	1:12:08	52	15	67	

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40+	1	Carl	Chan	400	1	0:12:37	100	100	200	1	0:37:31	100	100	200	1	0:37:06	100	100	200
Male	40+	2	Yuen chee	Kiong	320	9	0:19:47	64	96	160	2	0:50:36	74	99	173	20	0:56:19	66	81	147
Male	40+	3	Sambandan	V gyana	273	11	0:24:01	53	94	147						31	1:06:33	56	70	126
Male	40+	4	Hong yew	Lok	183											2	0:44:16	84	99	183
Male	40+	5	Kian boon	Chua	179											3	0:46:02	81	98	179
Male	40+	6	Jit shiew	Han	176											4	0:46:52	79	97	176
Male	40+	7	Sean chee hong	Chong	174											5	0:47:37	78	96	174
Male	40+	8	Joseph	Grant	171											6	0:48:50	76	95	171
Male	40+	9	Cesar enrique	Larriva rosales	170	2	0:17:46	71	99	170										
Male	40+	10	Kum wah	Loh	169											7	0:49:24	75	94	169
Male	40+	11	Kok tar choong eric	Kok	168	3	0:18:06	70	98	168										
Male	40+	12	William	Chew	168	5	0:18:35	68	100	168	4	0:56:19	67	97	164					
Male	40+	13	Peng cheng	Loo	167											8	0:50:01	74	93	167
Male	40+	14	Lim mong	Tan	166	6	0:18:56	67	99	166										
Male	40+	15	Kai lim	Loy	166						3	0:55:08	68	98	166					
Male	40+	16	Fang peng	Kow	166											9	0:50:07	74	92	166
Male	40+	17	Siew teng clement	Chong	166	4	0:18:25	69	97	166										
Male	40+	18	Paul	Rudd	165	7	0:18:57	67	98	165										
Male	40+	19	Sweeyin	Koh	164											10	0:50:46	73	91	164
Male	40+	20	Brian	Mccann	163											11	0:51:05	73	90	163
Male	40+	21	Eugene	Chin	163	8	0:19:09	66	97	163										
Male	40+	22	Chee koon	Chng	162	10	0:20:18	62	95	157	5	0:56:46	66	96	162					
Male	40+	23	Eng wah francis	Tan	160											12	0:52:26	71	89	160
Male	40+	24	Dennis	Lim	158											13	0:52:45	70	88	158
Male	40+	25	Sang soon	Chew	157											14	0:52:48	70	87	157
Male	40+	26	Say hoch	Tan	156											15	0:52:57	70	86	156
Male	40+	27	Asnadi	Robani	156						6	1:01:23	61	95	156					
Male	40+	28	Chih ming	Lam	155											16	0:53:10	70	85	155
Male	40+	29	Christopher	Salmon	153											17	0:53:53	69	84	153
Male	40+	30	Tan bin chiang	Tan	151											18	0:54:16	68	83	151
Male	40+	31	Alan soo yuen	Lee	148											19	0:56:08	66	82	148
Male	40+	32	Jimmy hwee kim	Ng	145											21	0:56:54	65	80	145
Male	40+	33	Lars	Biese	144											22	0:57:15	65	79	144
Male	40+	34	Swee chong	Heng	143											23	0:57:26	65	78	143
Male	40+	35	Teong soon	Chuah	141											24	0:58:13	64	77	141
Male	40+	36	Kan min	Liew	139											25	0:58:54	63	76	139
Male	40+	37	Sui liang jeffrey	Tan	136											26	1:00:23	61	75	136
Male	40+	38	Manikam	Athian	135											27	1:01:18	61	74	135
Male	40+	39	Kevin	Jones	132											28	1:03:20	59	73	132
Male	40+	40	Chee kong	Woo	129											29	1:05:10	57	72	129
Male	40+	41	Paul	Heavey	128											30	1:05:37	57	71	128
Male	40+	42	Rodney	Gardner	124											32	1:07:15	55	69	124