

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	1	Hseng Zjue	Neo	200	1	0:20:00	100	100	200										
Female	16-39	2	Jia Le	See	195	2	0:20:46	96	99	195										
Female	16-39	3	Donna	Mcwilliams	179	3	0:24:45	81	98	179										
Female	16-39	4	Seetoh	Su-Ying	176	4	0:25:24	79	97	176										
Female	16-39	5	Leng Hoe Jessica	Chia	171	5	0:26:36	75	96	171										
Female	16-39	6	Yumiko	Ueda	169	6	0:26:53	74	95	169										
Female	16-39	7	Zeng Huifeng	Zeng	166	7	0:27:47	72	94	166										
Female	16-39	8	Lee Meng	Koh	165	8	0:27:51	72	93	165										
Female	16-39	9	Sabine	Herrmannsdorfer	163	9	0:28:21	71	92	163										
Female	16-39	10	Joanne	Woodward	161	10	0:28:33	70	91	161										
Female	16-39	11	Wai Han Gene	Chan	159	11	0:28:49	69	90	159										
Female	16-39	12	Esther La	Kiswanto Leonardo	156	12	0:29:59	67	89	156										
Female	16-39	13	May Hua Sharon	Teo	155	13	0:30:01	67	88	155										
Female	16-39	14	Xue Li Jeanne	Lim	153	14	0:30:24	66	87	153										
Female	16-39	15	Haslinda	Hassan	151	15	0:30:43	65	86	151										
Female	16-39	16	Hui Min	Tan	150	16	0:30:43	65	85	150										
Female	16-39	17	Meihua	Chua	149	17	0:30:55	65	84	149										
Female	16-39	18	Gina Sok Hui	Lim	147	18	0:31:22	64	83	147										
Female	16-39	19	Suat Hua	Ong	146	19	0:31:25	64	82	146										
Female	16-39	20	Roberta Li Yuen	Burridge	144	20	0:31:38	63	81	144										
Female	16-39	21	Reahlyne	Tardio	143	21	0:31:56	63	80	143										
Female	16-39	22	Wei Ping Geraldine	Ng	141	22	0:32:31	62	79	141										
Female	16-39	23	Hayley	Pereira	139	23	0:33:00	61	78	139										
Female	16-39	24	Elijah	Osman	138	24	0:33:01	61	77	138										
Female	16-39	25	Godfroid	Gaelle	137	25	0:33:02	61	76	137										
Female	16-39	26	Joan	Teo	135	26	0:33:17	60	75	135										
Female	16-39	27	Amelia	Lim	133	27	0:33:37	59	74	133										
Female	16-39	28	Meei Lai	Wang	132	28	0:33:49	59	73	132										
Female	16-39	29	Pei En	Yee	131	29	0:33:50	59	72	131										
Female	16-39	30	Cherie	Tang	129	30	0:34:15	58	71	129										
Female	16-39	31	Vairi	Elliott	128	31	0:34:20	58	70	128										
Female	16-39	32	Xuan Ting	Toh	125	32	0:35:29	56	69	125										
Female	16-39	33	Joanna	Maneckji	123	33	0:36:03	55	68	123										
Female	16-39	34	Antonina	Odindo	122	34	0:36:04	55	67	122										
Female	16-39	35	Hong Jin	See	121	35	0:36:39	55	66	121										
Female	16-39	36	Maricris	Hernandez	118	36	0:37:32	53	65	118										
Female	16-39	37	Siti Noraini	Palli	117	37	0:37:57	53	64	117										
Female	16-39	38	Hui Khoon	Chua	115	38	0:38:24	52	63	115										
Female	16-39	39	Huong Giang	Tran	113	39	0:39:17	51	62	113										
Female	16-39	40	Gracita Buala	Manalac	112	40	0:39:35	51	61	112										
Female	16-39	41	Katherine Grace	Cabrera	109	41	0:40:30	49	60	109										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40+	1	Kim Eileen	Faure	200	1	0:23:20	100	100	200										
Female	40+	2	Angeline	Poon	198	2	0:23:36	99	99	198										
Female	40+	3	Wai Lee	Yang	192	3	0:24:47	94	98	192										
Female	40+	4	Vivian	Lee	187	4	0:25:48	90	97	187										
Female	40+	5	Susan	Smith	184	5	0:26:39	88	96	184										
Female	40+	6	Julia	He	180	6	0:27:19	85	95	180										
Female	40+	7	Valerie	Brett	177	7	0:28:03	83	94	177										
Female	40+	8	Kumiko	Kato	174	8	0:28:50	81	93	174										
Female	40+	9	Vicky	Binns	170	9	0:29:52	78	92	170										
Female	40+	10	Lisa	Horsington	167	10	0:30:32	76	91	167										
Female	40+	11	Camille	Gribble	166	11	0:30:33	76	90	166										
Female	40+	12	Jennifer	Sullivan	164	12	0:31:19	75	89	164										
Female	40+	13	Grace	Min Li Loo	160	13	0:32:34	72	88	160										
Female	40+	14	Lee Lee	Phay	157	14	0:33:21	70	87	157										
Female	40+	15	Bettina	Devan	156	15	0:33:29	70	86	156										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	1	Yao Zong	Oh	200	1	0:19:43	100	100	200										
Male	16-39	2	Joel Jun Jie	Wong	195	2	0:20:36	96	99	195										
Male	16-39	3	Brian	Tan	193	3	0:20:43	95	98	193										
Male	16-39	4	Noorhakem	Kamil	188	4	0:21:37	91	97	188										
Male	16-39	5	Nicholas	Lim	186	5	0:21:49	90	96	186										
Male	16-39	6	Vi Pin	Koa	180	6	0:23:19	85	95	180										
Male	16-39	7	Azrulnizam Shah	Sohaimi	177	7	0:23:42	83	94	177										
Male	16-39	8	Affandi	Aziz	175	8	0:23:59	82	93	175										
Male	16-39	9	Mohamad Luqman	Mohamad Zulkifli	171	9	0:25:00	79	92	171										
Male	16-39	10	Benjamin	Lee	170	10	0:25:02	79	91	170										
Male	16-39	11	Timothy	Barnes	167	11	0:25:28	77	90	167										
Male	16-39	12	Mingchang	Wang	164	12	0:26:09	75	89	164										
Male	16-39	13	Melvin	Foo Cheng Loong	163	13	0:26:10	75	88	163										
Male	16-39	14	Jiren	Long	162	14	0:26:22	75	87	162										
Male	16-39	15	Eng Hwoon	Ong	160	15	0:26:33	74	86	160										
Male	16-39	16	Kiew Hanwee	Kiew	159	16	0:26:38	74	85	159										
Male	16-39	17	Kien Seng	Yow	157	17	0:26:55	73	84	157										
Male	16-39	18	Kian Lum Derek	Khor	155	18	0:27:12	72	83	155										
Male	16-39	19	Vee Tat	Lam	154	19	0:27:29	72	82	154										
Male	16-39	20	Johann	Bin Johari	152	20	0:27:39	71	81	152										
Male	16-39	21	Xerxes Rui Xiang	Toh	150	21	0:28:22	70	80	150										
Male	16-39	22	Hua Shin	Ang	148	22	0:28:24	69	79	148										
Male	16-39	23	Winnepenninckx	Pierre	147	23	0:28:28	69	78	147										
Male	16-39	24	Reymond	Abad	146	24	0:28:47	69	77	146										
Male	16-39	25	Boon Piau	Koh	143	25	0:29:30	67	76	143										
Male	16-39	26	Nicholas Graham	Allcock	142	26	0:29:31	67	75	142										
Male	16-39	27	Donald	Hermoso	140	27	0:29:50	66	74	140										
Male	16-39	28	Dean	Imbong	139	28	0:29:50	66	73	139										
Male	16-39	29	Alvin	Choo	137	29	0:30:30	65	72	137										
Male	16-39	30	Fadhli	Ong	135	30	0:30:47	64	71	135										
Male	16-39	31	Cheng How	Tan	133	31	0:31:08	63	70	133										
Male	16-39	32	Faisal Reza Bin Raki	Faisal	130	32	0:32:31	61	69	130										
Male	16-39	33	Muhammad	Ashiq Chu	128	33	0:32:57	60	68	128										
Male	16-39	34	Mikhel	Yap	127	34	0:32:59	60	67	127										
Male	16-39	35	Chee Wei Eddie	Foo	123	35	0:34:35	57	66	123										
Male	16-39	36	Wei Wen	Boo	121	36	0:34:57	56	65	121										
Male	16-39	37	Shamim Ahmad	Abdul Wahid	120	37	0:35:04	56	64	120										
Male	16-39	38	Hon Hei	Mah	114	38	0:38:28	51	63	114										
Male	16-39	39	Wong Zhihan	Wong	109	39	0:42:15	47	62	109										
Male	16-39	40	Adrian	Ong	106	40	0:44:05	45	61	106										
Male	16-39	41	Subbaiah	Selvamuthukumar	103	41	0:46:00	43	60	103										
Male	16-39	42	Palaniyappan	Sivakkumar	102	42	0:46:01	43	59	102										
Male	16-39	43	Casper	Payongayong	100	43	0:47:03	42	58	100										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40+	1	Carl	Chan	200	1	0:18:12	100	100	200										
Male	40+	2	Don	Duttlinger	171	2	0:25:17	72	99	171										
Male	40+	3	Tuck Meng	Yang	167	3	0:26:15	69	98	167										
Male	40+	4	Andrew	Windheim	162	4	0:27:50	65	97	162										
Male	40+	5	Chee Koon	Chng	161	5	0:27:54	65	96	161										
Male	40+	6	Tar Choong Eric	Kok	160	6	0:28:11	65	95	160										
Male	40+	7	Yew Kuan	Wong	158	7	0:28:21	64	94	158										
Male	40+	8	Klaus-Juergen	Feikas	157	8	0:28:37	64	93	157										
Male	40+	9	Frederick James	Francis	154	9	0:29:16	62	92	154										
Male	40+	10	Siew Loong	Wong	152	10	0:29:45	61	91	152										
Male	40+	11	Wee Kwong	Yeo	151	11	0:29:57	61	90	151										
Male	40+	12	Alan Soo Yuen	Lee	147	12	0:31:12	58	89	147										
Male	40+	13	Lim Mong	Tan	145	13	0:31:52	57	88	145										
Male	40+	14	Rodney Vincent	Gardner	137	14	0:36:04	50	87	137										
Male	40+	15	Raymond	Chew	136	15	0:36:07	50	86	136										
Male	40+	16	Kyaw Htet	Maung	133	16	0:37:40	48	85	133										